



March Madness Swim Meet

March 14, 2020

Sanctioned by Swim BC: #34878

COMPETITION HOSTS: Chilliwack Masters Swim Club

VENUE: • Chilliwack Leisure Landing Center, #1 - 9145 Corbould Street, Chilliwack BC. V2P 4A7 Phone: (604) 793-7946

Ample Free parking

POOL: 8 lane 25m pool and a Colorado touch pad system will be used

MEET MANAGER: Neil Reeder

MEET REFEREE: Larry Hine

OFFICIALS COORDINATOR: Neil Reeder

WARM UP AND SESSION TIMES

Saturday March 14, 2020

Session #1	Warm-up	12:00 pm - 12:45 pm
	Competition	1:00 pm - 5:30pm

Note: Session completion time is approximate

ELIGIBILITY

1. All swimmers must be registered with a Swim BC, SNC, or other FINA recognized club.
2. Proof of registration may be required for International Masters swimmers.
3. Age groups for individual events will be: 18-24, 25-29, 30-34, 35-39 etc (five-year age groups increments)
4. Swimmer age is as of December 31st.
5. The meet will be limited to 150. Entries will be considered a first-come-first-serve basis.

ENTRIES

1. Swimmers are limited to a max of **FOUR** individual entries plus relays.
2. Swimmers must submit an entry time for each event. Entries with NT will not be accepted.
3. Meet Fees are \$45.00 per swimmer.
4. Registration Methods:
 - a. **Online:**
https://www.ClubAssistant.com/club/meet_information.cfm?c=2195&smid=8521
 - b. **Deadline:** March 9th, 2020
5. All meet fees **MUST** accompany all entries.
6. **Late and/or deck entries will not be accepted. No refunds.**
7. Psych Sheets will be posted on the MSABC website as soon as possible after the entry deadline.
8. Heat Sheets will be available on Chilliwack Masters Swim Club web site www.chilliwackmastersswimming.weebly.com Please print out and bring your own copy.

GENERAL MEET RULES

1. This meet will observe the FINA Technical Rules as outlined in the current FINA Masters Rulebook as well as:
 - a. From the deep end: Starts shall be permitted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.
2. The FINA one start rule and SNC warm up procedures will be in effect
3. Current SNC Swim Suit policy will be in effect at this meet.
4. All events will be swum as TIME FINALS.
5. Events will be swum slowest to fastest with all age groups and genders swimming together.
 - a. In the results, swimmers will be separated into the different genders and age groups.
6. The 400 Free event will be limited to 5 heats (the first 40 swimmers)

- a. Clubs/Swimmers will be notified in advance and will have 24 hours to re-submit entries.

7. Meet management reserves the right to reduce this number of entries for all events if the meet time lines do not fit a reasonable time frame. Clubs/swimmers will be notified in advance and will have 24 hours to re-submit entries if needed.
8. Coaches are asked to check in with the Meet Manager immediately upon arrival to pay outstanding entry fees, pick up Meet Info packages and receive information regarding any changes.
9. Any act of theft, vandalism or similar action will result in immediate disqualification from the meet.
10. All participants are to respect the facility rules including: no deck changing and no outside shoes on deck.

RELAYS

1. Age groups for relay events will be: 72-99, 100-119, 120-159, 160-199, 200-239 (forty year increments as high as necessary)
2. Women's, Men's and Mixed relays events will be combined. Swimmers may only swim either on the men's, women's or mixed team in the relay events.
 - a. The Relay events will be separated out in the results.
3. Mixed relay teams **MUST** have 2 females and 2 males per team.
4. Deadline for relay name/order changes will be:
 - a. Relays - events 3 & 4: **12:15 pm**
 - b. Relays events 17 & 24: at the beginning of 15 minute break after event 12
 - c. The Relay card form is attached to this meet package. Clubs are responsible to bringing their own copies to the meet and submitting them to the Clerk of Course/office.

SCORING

1. Individual scoring: 20-17-16-15-14-13-12-11
Relay scoring: 40-34-32-30-28-26-24-22
2. Scores from this meet will be included in the League Trophy Award as per the MSABC League Trophy policy.

AWARDS

1. Each swimmer will receive a Participation Certificate with space for result labels to be added.
2. An envelope will be mailed to each club with the Participation Certificate along with result labels for each swimmer.

RECORD ATTEMPTS

1. Record attempt forms are attached to this meet package. It is the swimmer and/or coach's responsibility to fill out the form and submit to the Clerk of Course/office prior to the start of the session.
2. It is the swimmer and/or coach's responsibility to supply required timers and stop watches for the event.

Schedule of Events

Event Number		Event Name	Event Number		Event Name
1	Mixed	400 Free	13	Mixed	25 Backstroke
2	Mixed	400 Medley Relay	14	Mixed	200 Butterfly
3	Women	200 Medley Relay	15	Mixed	200 Breaststroke
4	Male	200 Medley Relay	16	Mixed	50 Freestyle
5	Mixed	50 Backstroke	17	Mixed	200 Medley Relay
6	Mixed	100 Breaststroke	18	Mixed	100 Butterfly
7	Mixed	25 Butterfly	19	Mixed	200 Freestyle
8	Mixed	200 Backstroke	20	Mixed	50 Breaststroke
9	Mixed	50 Butterfly	21	Mixed	100 Backstroke
10	Mixed	25 Breaststroke	22	Mixed	25 Freestyle
11	Mixed	200 IM	23	Mixed	100 IM
12	Mixed	100 Freestyle	24	Mixed	200 Freestyle Relay

THERE WILL BE A 15 MINUTE BREAK AT THE END OF EVENT 12.

MID MEET BREAK WILL BE AT THE DISCRETION OF THE MEET MANAGER.

BC, CANADIAN, & WORLD RECORD APPLICATION FORM

BC Record

Canadian Record

World Record

Distance: _____ Stroke: _____ Pool Length: 25 metres _____ 50 metres _____

Official Time: ____ : ____ . ____ Event # _____ Date of Swim _____ (yy/mm/dd) Sanction # _____

Electronic: ____ : ____ . ____ Manual: 1) ____ : ____ . ____ 2) ____ : ____ . ____ 3) ____ : ____ . ____ **Time**

cards and/or Electronic Tape must be attached.

Swimmer's Name: _____ Male _____ Female _____

Swimmer's Address: _____ City, Province _____

Postal Code _____ Birthdate (yy/mm/dd) ____ / ____ / ____ Age (as of Dec 31) _____

Name of Club: _____ Club Code _____

Location of Meet: _____ Name of Pool _____

RELAY EVENT:

Team Name: _____ Club Code _____

AGE GROUP: _____

☐ Name: _____ Male _____ Female _____ Birthdate: ____ / ____ / ____ (yy/mm/dd)

☐ Name: _____ Male _____ Female _____ Birthdate: ____ / ____ / ____ (yy/mm/dd)

☐ Name: _____ Male _____ Female _____ Birthdate: ____ / ____ / ____ (yy/mm/dd)

☐ Name: _____ Male _____ Female _____ Birthdate: ____ / ____ / ____ (yy/mm/dd)

Certifying Official: Name Date Signature

Referee OR Chief Timer: _____

Provincial Recorder: _____

National Recorder: Christian Berger
1130 rue Emma
Longueuil, Quebec
J4J 3A3

FINA Bureau Date Signature

Ratification: Yes _____ no _____

Reason for non-ratification:

WORLD RECORD ONLY:

☐ Copy of Birth Certificate or Passport Attached _____ or on file _____

☐ Pool Length Certification Attached _____ or on file _____

Masters Relay Entry Forms

Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age	Swimmer	
1.				3.	
2.				4.	
Total Age:					

Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
Club:			Club Code:		
Swimmer			Age	Swimmer	
1.				3.	
2.				4.	
Total Age:					

Event #:	200 / 400	Free / Medley	Men / Women / Mixed	Age Group:	Entry Time:
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Swimmer			Age	Swimmer	
1.				3.	
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Club:			Club Code:		
Swimmer			Age	Swimmer	
1.				3.	
2.				4.	
Total Age:					

COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."