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PLUS DON'T FORGET TO VISIT OUR BRAND NEW WEB SITE. WE'VE LAUNCHED A NEW WEB SITE TO BETTER SERVE THE MEMBERS OF OUR ASSOCIATION AND TO HELP PROMOTE THE SPORT WE ALL LOVE. GO TO:

<http://www.mastersswimming.bc.ca>

### Master Athlete

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It is with great pleasure to announce that the Board of Directors of MSABC has nominated **Avila Rhodes** as a nominee for the **Sports BC Master Athlete of the Year**.

### Nominations

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## AWARDS OF MERIT

### Ted Simpson Achievement Award

This award will go to the registered MSABC Masters Swimmer who has achieved distinguished results in the 2006/2007 swim season. Results from Worlds, Nationals, Provincials, and local meets, improvement in personal best times, overcoming injury, illness and/or disability will be considered for this award.

This award is presented in memory of Ted Simpson. Ted was a valued coach of the Vancouver Y Torpedoes from 1960 - 67. Ted continued his coaching and in later years, coached Masters Swimmers. Ted was a valued as a coach who made swimming fun and made swimmers feel good about themselves. Ted was interested in all who came under his tutelage. As Ted valued achievement in all forms, this award is a fitting memorial to Ted and how he lived his life.

The lucky recipient will get their name on the Ted Simpson trophy and will receive a framed MSABC limited edition print.

### Stan Powell Memorial Service Award

This award will go to the person who has contributed to the betterment of Masters Swimming in

British Columbia and/or service to Masters Swimming, (e.g. past service on the MSABC Board, club official, club or event organizer, meet volunteer and/or coach).

This award is in memory of Stan Powell who died in November 1999. Stan played most sports throughout his lifetime and coached many at the secondary school level for more than thirty years. Nearest and dearest to his heart was swimming and so it was upon Stan's death, his family requested donations to establish a suitable memorial, which is a large oak perpetual shield, with a similar smaller plaque given to the lucky recipient.

It was Stan's belief one should give something back to the community for the enjoyment received by participating in sports. With this in mind, Stan was personally involved with swimming, water polo, basketball and baseball. Stan gave so freely of his time by volunteering for sport. Stan embodied Masters swimming as a lifestyle; the Stan Powell Memorial Service Award is a fitting tribute to his memory.

### **THE DEADLINE FOR NOMINATIONS IS MARCH 31, 2007**

If you know someone deserving of these awards, please send your nominations with a few lines about why they are qualified. Please send your nominations to: Keith Kendall – e-mail: [treasurer@mastersswimming.bc.ca](mailto:treasurer@mastersswimming.bc.ca)

Awards will be presented at the Provincial Championships Banquet in April.

### *PREVIOUS STAN POWELL RECIPIENTS*

Mary Lou Monteith - 1999/2000  
Alex Muir - 2000/2001  
Bonnie Pronk - 2001/2002  
Vanda Stocks - 2002/2003  
Suzanne Scriven - 2003/2004  
Norma Powell - 2004/2005

### **New Swimmer #'s**

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### **NEW SWIMMER REGISTRATION NUMBERS**

Effective September 1, 2006 all sanctioned swim meets in Canada required meet entries to be accompanied by a 9-digit registration number. This is why all Master swimmers have been issued a new 9-digit number since we fall under this new ruling by our association with Swim BC and Swimming Canada (SNC). All swimmers registered on Swim Direct this year were assigned a new number; this number can be obtained from your club registrar. Keith Kendall has taken on the task of getting all swimmers their cards in the very near future.

### **Meets & Results**

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### **SWIM MEETS AND SWIM MEET RESULTS**

In order for swimmers to be ranked on the Masters Swimming Canada website all meet

managers must submit their swim meet results to MSC. On the MSC website under the “Meet Results Header” there is a link on “How to submit results”. Will all meet manager’s review this process and submit all results at the conclusion of your meet, please.

We would still like you to submit your results to the MSABC webmaster so we can also post the results on our webpage.

### **Club Registration**

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As a registered Masters Club in BC there is an annual Club fee of \$25, some clubs have failed to forward this fee to the MSABC registrar maybe due to confusion on how to register the club on Swim Direct or possibly not knowing there is a fee. We ask that all clubs that have not forwarded the annual fee to do so as soon as possible. Keith Kendal will be contacting all clubs in default.

### **Insurance**

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The Board of Directors would like to clarify for the registered clubs of MSABC the policy regarding insurance coverage for master swimmers:

- All registered masters swimmers with MSABC are covered by general liability and accidental insurance through an insurance policy with Swim BC/SNC. This policy is posted on our website
- All swimmers must register who train or compete with any Swim BC member club, with includes MSABC, allowing swimmers who have alternate insurance is not permissible. Clubs allowing non-members to participate in training and competitive activities are putting their swimmers, their organization and the entire Swim BC community at risk. Failure by any club to follow these guidelines will void your insurance and insurance for the MSABC board as well as all meet sanctioning abilities. This would not allow our swimmers to record BC, National or World records. (Ouch)
- Each club needs to review how they are structured in order to comply with the insurance requirements.
- Community based programs that offer “Master Swim Programs” and provide trained instructors are not considered to be “MSABC”sanctioned events. While there may be registered MSABC swimmers in the pool under the Community based programs they are covered by the Community Centre insurance while training. The MSABC swimmers will only be covered by Swim BC insurance at sanctioned MSABC events and all members of their Club must be registered members.
- MSABC clubs renting pool time and/or hiring their own coaches must ensure all members training or competing with their club are registered MSABC members without exceptions
- The Board of Directors considers this a serious matter and anyone wishing to discuss this further please feel free to contact us.

## **Upcoming AGM**

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### **ANNUAL GENERAL MEETING**

### **MASTERS SWIMMING ASSOCIATION OF BRITISH COLUMBIA**

#### ***NOTICE OF ELECTIONS***

The 2007-2008 election of Directors will be held at the Annual General Meeting Saturday, April 21, 2007 at the Surrey Sport and Leisure Complex, 16555 Fraser Hwy (168 St) Surrey, BC. There are 5 vacancies (\*) to be filled. Directors shall be elected for a term for two years [Bylaw 25(1)], expiring at the Annual General Meeting. If a successor is not elected, the previous officer continues in the office [Bylaw 25(4)].

#### ***CURRENT 2006-2007 BOARD OF DIRECTORS***

**Glen Mehus** (Okanagan Masters) President 2007\*

**Diane Ruffell** (Cowichan Aquannis) Vice President 2008

**Stephen Ricketts** (Nanaimo Ebbtides) Secretary 2007\*

**Keith Kendall** (Victoria Masters) Treasurer 2008

**Tony Zezza** (Marpac Masters) Registrar 2008

Vacant Editor 2007\*

**Leon Politano** (Crystal Silver Streaks) Member at Large 2008

Vacant Member at Large 2008\*

Vacant Member at Large 2007\*

#### ***DUTIES OF THE DIRECTORS***

On behalf of the membership, the Directors are responsible for planning and guiding the overall affairs of MSABC. The Board establishes committees which directors chair. There are six Board meetings a year. While engaged in the affairs of MSABC, board members shall be reimbursed for approved expenses that are necessarily and reasonably incurred. [Bylaw 29]

#### ***NOMINATIONS OF CANDIDATES***

MSABC members in good standing may nominate candidates for the positions that expire at the 2007 Annual General Meeting. Candidates must be MSABC members in good standing. Nominations may be made in advance of the AGM by notifying Stephen Ricketts at [secretary@mastersswimming.bc.ca](mailto:secretary@mastersswimming.bc.ca) or (250) 751-1506. Nominations may also be given to any Director and will be taken from the floor during the AGM. Candidates may be requested to give a brief (1 min) statement supporting their nomination.

#### ***VOTING***

A member in good standing is entitled to one vote [Bylaw 21(3)]. Voting is by show of hands.

Proxies are not permitted [Bylaw 22(1) and (2)].

## **MASTERS SWIMMING ASSOCIATION OF BRITISH COLUMBIA**

### ***NOTICE OF ANNUAL GENERAL MEETING***

**Location:** Surrey Sport and Leisure Complex, 16555 Fraser Hwy (168 St) Surrey, BC.

**Date:** April 21, 2007

**Time:** Approx. 4:30 pm (1/2 hour after completion of day's swim events)

### ***AGENDA***

- Call to Order
  - Adoption of Rules of Order
  - Adoption of Agenda
  - Auditor's Report
  - Appointment of Auditor
  - Reports of the Directors
  - Setting fees Swim Year 2007-2008
  - Awards
- o Ted Simpson Trophy - Achievement
- o Stan Powell Memorial Service Award
- Election of Directors
  - Question Period
  - Adjournment

### **2008 Provincials**

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The Board of Director's request Club's interested in hosting the 2008 MSABC Provincial Swim Meet to submit confirmation of interest to **Glen Mehus** at [president@mastersswimming.bc.ca](mailto:president@mastersswimming.bc.ca). We require the host club to have an 8 lane pool with warm up/cool down facilities.

### **Coaches Clinics**

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We would like to remind all coaches that Swim BC conducts skills courses throughout the year, details can be found on the SwimBC website for up and coming courses.

SwimBC is offering a Level III coaching clinic during the Spring Nationals meet in Victoria, March 22 – 25, 2007, contact Mike at SwimBC if you are interested.

A reminder, anyone completing the Level I NCCP program and 30 hours of coaching with a registered Masters Swim Club in British Columbia is reimbursed \$150 upon producing a completed and valid application. The applications are ordinarily posted on the MSABC website.

## **Cowichan Meet**

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On Sunday, January 28, 2007 90 master swimmers from Vancouver and Vancouver Island descended on Duncan to meet with old friends and swim fast. Well, Bonnie Pronk moved into a new age group and four World records fell to the speed demon, well done Bonnie. Sarah McDonald raced to a national record in the 200 Breast, Grant Hall broke a 100 fly provincial record, Avila Rhodes broke the 50 free provincial record and Brian Stanton broke the 100 freestyle provincial record. Congratulations to you all.

(picture here)

This wonderful team of Steve Baker, Jim Portelance, Hugh McGregor and Peter Lofts took 20 seconds off the national record in the 320 category for the 4x50 freestyle relay. Congratulations!!!!

(picture here)

**A VERY HAPPY COACH (AND FELLOW SWIMMER)**