

MSABC MENS LONG COURSE RECORDS AS OF AUG 2016

| AGE | 18-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |
|------------------|---|---|--|--|---|--|
| Free 50m | K.DEE HYAK/NAT MAY10 25.58 | G.WELBOURN UBC/TOK JUL 86 24.60 | M.OLDHAM EBSC/Sydney Nov02 24.97 | M.OLDHAM EBSC/Worlds 06 25.14 | G.WELBOURN UNAT/NAT MAY04 26.11 | C.ERICKSON UBC/World Aug14 26.11 |
| Free 100m | B.HUTTON VIC/WRW MAR08 57.49 | G.WELBOURN UBC/TOK JUL 86 54.01 | M.OLDHAM EBSC/SK MAY02 54.68 | M.OLDHAM EBSC/NAT MAY04 55.59 | G.WELBOURN NVR/Sussie Oct02 56.61 | C.ERICKSON UBC/World Aug14 57.86 |
| Free 200m | T.RUSHTON WIN/VIC MAR02 1:56.71 | G.WELBOURN UBC/TOK JUL 86 1:58.95 | M.OLDHAM EBSC/RICH APR00 2:02.97 | R.CHARLAND HSSC/WorldAug14 2:03.65 | G.WELBOURN NVR/Aussie Oct02 2:03.53 | R.CRAIG NVM/NAN APR05 2:08.92 |
| Free 400m | T.RUSHTON WIN/VIC MAR02 4:07.79 | K.DEE HSSC/WORLDS 14 4:28.98 | M.OLDHAM EBSC/RICH APR00 4:27.11 | M.OLDHAM EBSC/Italy JUN04 4:34.83 | G.WELBOURN NVR/Aussie Oct02 4:22.55 | R.CRAIG NVM/NAN APR05 4:36.91 |
| Free 800m | J.MONK WIN/NAN MAY10 9:52.72 | K.DEE HSSC/VIC MAR14 9:46.80 | M.OLDHAM EBSC/Sydney Nov02 9:29.75 | M.OLDHAM, EBSC/Italy JUN04 9:36.96 | G.WELBOURN NVR/Aussie Oct02 9:07.53 | R.CRAIG NVM/NAN APR05 09:42.79 |
| Free 1500 | B.TRAJAN NEBB/NAN APR05 18:38.49 | S.REID VIC/VIC DEC00 18:37.72 | M.OLDHAM EBSC/WASH AUG03 18:53.31 | M.OLDHAM EBSC/NAT MAY04 18:59.96 | B.HOBBS OKM/NAN May10 18:07.70 | B.HOBBS OKM/US NatJul12 18:28.01 |
| Back 50m | D.VandenDungen COWI/VIC MAR03 29.78 | J.ORAM UBC/EDM MAY98 29.97 | K.BATES WIN/NAN APR05 29.39 | J.MARKEY EBSC/VIC MAR11 30.84 | CHARLAND/COLLINS GT/WRM/VIC15 30.99 | J/VanBUUREN VDMSC/SK May02 31.02 |
| Back 100m | D.VandenDungen COWI/VIC MAR03 1:04.82 | D.VandenDungen COWI/VIC MAR07 1:04.60 | J.ORAM UBC/RICH APR00 1:07.00 | J.MARKEY EBSC/VIC MAR11 1:07.56 | D.BOTSFORD CRGW/NAN May10 1:01.09 | J.VanBUUREN VDMSC/SK May02 1:10.11 |
| Back 200m | B.TRAJAN NEBB/NAN APR05 2:23.43 | K.DEE HSSC/VIC JAN15 2:24.67 | J.BISHOP UBC/NAN APR05 2:26.17 | G.HAMILTON UBC/VIC FEB99 2:31.81 | D.BOTSFORD CRGW/NAN May10 2:14.71 | M.STAMHUIS CRGW/RICH APR00 2:41.94 |
| Brst 50m | J.GORDON UBC/RICH NOV00 31.65 | V.SHIROKOV PNWM/WIN NOV16 30.95 | E.KERASIoTIS VIC/EDM MAY98 33.06 | R.CHARLAND HSSC/WorldAug14 30.65 | R.CHARLAND GT/VIC JAN15 32.03 | J.HOOPER UBCEVIC APR 16 32.43 |
| Brst 100m | C.SMIRL GVAC/VIC MAR98 1:15.59 | V.SHIROKOV PNWM/VIC MAR14 1:08.62 | A.SWEET VIC/VIC JAN13 1:13.14 | R.CHARLAND HSSC/WorldAug14 1:08.82 | R.CHARLAND GT/VIC JAN15 1:09.73 | J.HOOPER UBC/VIC APR16 1:14.82 |
| Brst 200m | B.TRAJAN NEBB/NAN APR05 2:40.06 | M.McCUSKER UBC/EDM MAY98 2:41.90 | M.TSE UBC/World's Jun12 2:45.12 | R.CHARLAND HSSC/WorldAug14 2:32.28 | R.CHARLAND GT/VIC JAN15 2:35.52 | P.HRD LITSCHKA VDMS/SK May02 2:53.54 |
| Fly 50m | D.VandenDungen COWI/VIC MAR03 27.57 | MIKEDA UBC/VIC MAR00 26.21 | Paul Wilkins UBC/VIC JAN13 27.31 | J.MARKEY EBSC/VIC MAR11 27.56 | D.BOTSFORD CRGW/NAT May10 27.06 | J.VanBUUREN VDMSC/SK May02 29.14 |
| Fly 100m | J.MONK WIN/NAN MAY10 1:07.51 | D.VandenDungen COWI/VIC MAR07 1:01.09 | K.LAWRENCE WIN/NAN APR05 1:03.39 | J.MARKEY EBSC/VIC MAR11 1:02.70 | D.BOTSFORD CRGW/NAN May10 59.17 | J.VanBUUREN VDMSC/SK May02 1:05.93 |
| Fly 200m | J.MONK WIN/NAN MAY10 2:40.08 | C.TORRANCE UBC/VAN APR95 2:25.08 | M.OLDHAM EBSC/WASH AUG03 2:29.57 | J.MARKEY EBSC/VIC FEB10 2:26.01 | T.KEMPLE EBSC/SK MAY02 2:27.61 | B.BATCHELOR VDMSC/SK May02 2:33.94 |
| IM 200m | B.TRAJAN NEBB/NAN APR05 2:20.96 | K.DEE HSSC/WORLDS 14 2:18.91 | K.BATES WIN/NAN APR05 2:21.80 | R.CHARLAND HSSC/WorldAug14 2:19.80 | D.BOTSFORD CRGW/NAN May10 2:15.78 | B.BATCHELOR VDMSC/SK May02 2:31.03 |
| IM 400M | B.TRAJAN NEBB/PROV Apr05 5:07.15 | K.DEE HSSC/WORLDS 14 5:07.49 | M.OLDHAM EBSC/SK MAY02 5:16.80 | P.LeBIHAN EBSC/VIC MAR11 5:23.69 | V.FOMINE HYAC/COQ JUN05 5:16.22 | B.BATCHELOR VDMSC/SK May02 5:25.09 |

MSABC MENS LONG COURSE RECORDS AS OF NOV 2016

| AGE | 50-54 | 55-59 | 60-64 | 65-69 | 70-74 | 75-79 |
|------------------|---|--|--|---|---|--|
| Free 50m | J.VanBUUREN VDM/NAT MAY04 26.82 | M.STAMHUIS OMSC/NAT MAY10 28.60 | J.KELSO UBC/RICH APR00 28.96 | J.KELSO UBC/NAN APR05 29.96 | J.KELSO UBC/NAN MAY10 30.51 | J.GRAVE UNAT/ORE AUG08 33.89 |
| Free 100m | J.VanBUUREN VDM/ITALY JUN04 56.37 | M.STAMHUIS OMSC/VIC MAR08 1:02.21 | M.STAMHUIS VMSC/MON AUG14 1:04.19 | J.KELSO UBC/NAN APR05 1:06.86 | J.KELSO UBC/NAN MAY10 1:08.64 | J.GRAVE UNAT/ORE AUG08 1:21.11 |
| Free 200m | G.WELBOURN UNAT/VIC MAR11 2:13.01 | R.CRAIG CDM/VIC APR16 2:19.66 | M.STAMHUIS VMSC/MON AUG14 2:22.62 | K.DNOGHUE UNAT/EDM JULY05 2:36.17 | K.DONOGHUE OKM/Worlds JUL10 2:45.90 | K.DONOGHUE DM/Worlds AUG15 2:58.79 |
| Free 400m | R.CRAIG GT/NAT MAY10 4:45.63 | R.CRAIG CDM/VIC APR16 4:55.43 | M.LANGDON VIC/VIC APR16 5:00.59 | R.CARMICHAEL VIC/ORE AUG16 5:26.88 | K.DONOGHUE OKM/Worlds JUL10 6:01.18 | K.DONOGHUE DM/Worlds AUG15 6:29.51 |
| Free 800m | M.LANGDON VIC/VIC MAR09 9:51.92 | M.STAMHUIS OMS/SYD OCT09 10:02.69 | M.LANGDON VIC/VIC APR16 10:26.85 | R.CARMICHAEL VIC/VIC APR16 11:27.71 | K.DONOGHUE KISU/VIC JAN13 12:37.00 | K.DONOGHUE DWM/VIC APR16 13:26.43 |
| Free 1500 | R.CRAIG GT/VIC FEB10 19:10.04 | M.STAMHUIS OMSC/VIC MAR08 19:35.60 | M.STAMHUIS OKM/VIC JAN13 20:26.92 | R.CARMICHAEL VIC/ORE AUG16 21:57.73 | K.DONOGHUE KISU/VIC JAN13 24:07.65 | K.DONOGHUE OSC/WIN NOV16 25:56.54 |
| Back 50m | J.VanBUUREN VDM/NAT MAY04 29.95 | K.DONOGHUE UNAT/SHEF JUN96 34.83 | J.KELSO UBC/RICH APR00 35.24 | K.DONOGHUE UNAT/EDM JULY05 36.23 | K.DONOGHUE OKM/Worlds JUL10 37.52 | K.DONOGHUE DM/PanAmJun15 40.01 |
| Back 100m | J.VanBUUREN VDM/NAT MAY04 1:06.91 | M.STAMHUIS OM/VIC MAR09 1:16.43 | K.DONOGHUE UNAT/RICH APR00 1:21.10 | K.DONOGHUE UNAT/EDM JULY05 1:21.39 | K.DONOGHUE OKM/Worlds JUL10 1:22.40 | K.DONOGHUE DMSC/VIC JAN15 1:27.57 |
| Back 200m | A.SZIRMAI REVL/VIC MAR11 2:41.64 | M.STAMHUIS OMSC/VIC MAR08 2:42.15 | M.STAMHUIS VMSC/MON AUG14 2:46.47 | K.DONOGHUE UNAT/EDM JULY05 2:57.51 | K.DONOGHUE OKM/Worlds JUL10 3:01.03 | K.DONOGHUE DMSC/VIC JAN15 3:10.36 |
| Brst 50m | D.DOYLEY EBSC/AUS APR08 35.96 | J.KELSO UBC/WPG MAY96 36.21 | J.KELSO UBC/RICH APR00 36.29 | N.TEMPLEMAN NVR/WPG MAY96 37.38 | J.KELSO UBC/NAN MAY10 38.28 | P.BELL NSM/NAN MAY10 41.35 |
| Brst 100m | D.DOYLEY EBSC/AUS APR08 1:19.21 | G.BEAUDIN EBSC/NAN MAY10 1:21.46 | NICK TEMPLEMAN NVR/ORE AUG95 1:25.85 | N.TEMPLEMAN NVR/WPG MAY96 1:26.06 | P.BELL NVM/NAN APR05 1:28.27 | P.BELL NSM/NAN MAY10 1:32.46 |
| Brst 200m | D.DOYLEY EBSC/AUS APR08 2:52.97 | G.BEAUDIN EBSC/NAN MAY10 2:56.63 | P.BELL NVR/EDM MAY98 3:12.25 | P.BELL NVM/VIC MAR01 3:13.59 | P.BELL NVM/EDM JULY05 3:18.11 | P.BELL NSM/NAN MAY10 3:30.58 |
| Fly 50m | J.VanBUUREN VDM/ITALY JUN04 27.39 | R.KELL WIN/VIC MAR14 31.53 | J.KELSO UBC/RICH APR00 32.90 | I.BURVILL NAN/VIC JAN13 35.34 | J.KELSO UBC/NAN MAY10 34.09 | J.KELSO UBC/WIN NOV14 39.49 |
| Fly 100m | J.VanBUUREN VDM/ITALY JUN04 1:01.43 | R.CRAIG CDM/VIC APR16 1:09.48 | D.COOPER EBSC/NAN May10 1:26.73 | N.TEMPLEMAN NVR/WPG MAY96 1:31.07 | P.BELL NVM/COQ JUN05 1:41.96 | G.HALL CSS/VIC FEB10 1:55.04 |
| Fly 200m | C.COOPER SHU/NAN MAY10 2:37.45 | J.HODSON NAVY/VIC APR16 3:19.77 | S.WALLACE VIC/VIC MAR09 3:24.21 | M.DOWLING NSM/VIC JAN13 4:04.58 | I.SZASZ UBC/CA AUG06 4:11.19 | I.SZASZ UBC/VIC MAR11 4:25.96 |
| IM 200m | J.VanBUUREN VDM/NAT MAY04 2:27.73 | M.STAMHUIS OMSC/NAT MAY10 2:42.44 | J.KELSO UBC/RICH APR00 2:47.02 | J.KELSO UBC/NAN APR05 2:56.53 | J.KELSO UBC/NAN MAY10 2:58.81 | A.JOHNSON CSS/VIC MAR06 4:08.43 |
| IM 400M | D.DOYLEY EBSC/AUS APR08 5:48.82 | R.ZAJCHOWSKI VIC/VIC MAR05 5:59.13 | J.McMANUS NAVY/VIC MAR14 6:56.02 | B.WILKINS SMST/VIC JAN13 7:03.83 | P.BELL NVM/PROV APR05 7:14.14 | A.DYKSTRA HCM/WIN NOV16 9:11.38 |

MSABC MENS LONG COURSE RECORDS AS OF NOV 2016

| AGE | 80-84 | 85-89 | 90-94 | 95-99 |
|------------------|--|---|---|---|
| Free 50m | G.HALL VIC/VIC JAN15 38.42 | P.GILCHRIST WCM/NAN MAY10 47.00 | P.LOFTS CSS/VIC JAN13 51.00 | H.McGREGOR CSS/VIC MAR14 1:16.19 |
| Free 100m | G.HALL VIC/VIC JAN15 1:32.87 | P.GILCHRIST WCM/NAN MAY10 1:56.27 | P.LOFTS CSS/VIC JAN13 2:10.14 | H.McGREGOR CSS/VIC MAR14 2:41.83 |
| Free 200m | G.HALL VIC/VIC JAN15 3:36.96 | P.LOFTS CSS/VIC MAR08 4:15.72 | H.McGREGOR CSS/NAN MAY10 4:54.77 | H.McGREGOR CSS/VIC MAR14 6:30.27 |
| Free 400m | J.PORTELANCE CSS/VIC JAN13 8:23.22 | P.LOFTS CSS/VIC MAR08 9:23.06 | H.McGREGOR CSS/NAN MAY10 10:37.09 | H.McGREGOR CSS/VIC MAR14 13:19.19 |
| Free 800m | R.MacMILLEN COWI/COQ JUN05 17:22.37 | H.McGREGOR CSS/NAT MAY04 20:05.76 | H.McGREGOR CSS/VIC MAR09 21:55.42 | H.McGREGOR CSS/VIC MAR14 28:40.69 |
| Free 1500 | R.MacMILLEN COWI/NAN APR 05 33:03.39 | H.McGREGOR CSS/NAT MAY04 37:09.82 | H.McGREGOR CSS/NAN MAY10 43:02:08 | |
| Back 50m | R.CARVIEL WCM/NAN MAY10 49.20 | F.SCHULHOF NVM/NAN APR05 52.02 | F.SCHULHOF NVM/NAN MAY10 58.96 | F.SCHULHOF NSM/WIN NOV4 1:07.47 |
| Back 100m | H.McGREGOR UNAT/VIC FEB99 1:54.49 | F.SCHULHOF NVM/EDM JULY05 1:58.47 | F.SCHULHOF NVM/VIC FEB10 2:15.97 | F.SCHULHOF NSM/WIN NOV14 2:41.42 |
| Back 200m | H.McGREGOR UNAT/VIC FEB99 4:10.55 | F.SCHULHOF NVM/NAN APR05 4:24.30 | F.SCHULHOF NVM/NAN MAY10 4:54.50 | |
| Brst 50m | R.CARVIEL WCM/NAN MAY10 51.36 | F.SCHULHOF NVM/EDM JULY05 52.32 | F.SCHULHOF NVM/NAN MAY10 1:02.56 | F.SCHULHOF NSM/WIN NOV14 1:16.52 |
| Brst 100m | F.SCHULHOF NVM/VIC MAR03 2:03.30 | F.SCHULHOF NVM/VIC MAR04 2:03.77 | F.SCHULHOF NVM/NAN MAY10 2:30.45 | |
| Brst 200m | F.SCHULHOF NVM/VIC MAR03 4:44.73 | F.SCHULHOF NVM/NAN APR05 4:24.30 | R.SCHULHOF NVM/NAN May10 6:04.55 | |
| Fly 50m | G.HALL CSS/VIC JAN15 0:51.87 | | | |
| Fly 100m | | | | |
| Fly 200m | | | | |
| IM 200m | L.COVERDALE CSS/VIC MAR05 5:02.64 | | | |
| IM 400M | | | | |