

MSABC MENS SHORT COURSE RECORDS AS OF JUNE 2016

AGE	18-24	25-29	30-34	35-39	40-44	45-49	50-54
Free 50m	V.SHIROKOV PNW/Nat MAY13 24.11	R.LAURIN TAS/NAT MAY03 22.80	P.WILKINS UBC/NAT May12 23.90	O.POIRIER-LEROY NAN/NAN APR15 24.45	R.LAURIN NSM/Prov APR16 24.40	M.McINTYRE UNAT/UBC MAR02 25.26	M.McINTRYE NVR/Hyac FEB04 25.42
Free 100m	V.SHIROKOV PNW/Prov Apr13 54.61	G.WELBOURN UBC/ETO May87 51.85	M.OLDHAM EBSC/TO JULY01 52.23	M.OLDHAM EBSC/ChicJUL06 54.26	R.LAURIN NSM/Prov APR16 53.93	G.WELBOURN GYTBS/Nat May06 55.03	J.VanBUUREN VDM/NAT MAY05 55.95
Free 200m	D.CUTLER UBC/VAN Apr87 2:02.67	G.WELBOURN UBC/ETO May87 1:55.71	M.OLDHAM EBSC/TO JULY01 1:56.54	R.CHARLAND HSSC/PROV APR14 1:59.76	R.CHARLAND GYTB/NAN APR15 1:57.93	G.WELBOURN GYTB/NAT May08 2:01.98	G.WELBOURN HYAC/Prov Apr14 2:04.12
Free 400m	T.RUSHTON Wave/Prov Apr03 4:13.83	G.WELBOURN UBC/ NOV87 4:04.50	T.RUSHTON WIN/PROV APR09 4:10.25	R.CHARLAND HSSC/PROV APR14 4:24.49	G.WELBOURN TAS/NAT MAY03 4:11.94	G.WELBOURN GYTB/BelvFEB08 4:20.74	G.WELBOURN UNA/NAT MAY12 4:23.19
Free 800m	J.MONK WIN/Prov Apr09 8:53.10	G.WELBOURN UBC/ Mar87 8:49.03	T.RUSHTON WIN/PROV APR09 8:40.25	S. SCORE ISM/SFU APR96 9:13.96	G.WELBOURN TAS/NAT MAY03 8:46.43	G.WELBOURN GYTBS/Prov Apr07 9:09.29	G.WELBOURN UNA/NAT MAY11 9:17.99
Free 1500	J. CATHERS LADY/VIC May95 17:59.00	G.WELBOURN UBC/ETO May87 16:41.55	T.RUSHTON WIN/WIN APR09 17:16.33	R.HUTTON UBC/ETO May87 17:35.29	B.HOBBS OMSC/Prov08 17:38.70	R.CRAIG NVM/NAT MAY05 18:00.53	R.CRAIG NSM/PROV APR13 18:26.64
Back 50m	T.RUSHTON WRW/Prov Apr03 27.85	W.FLEMONS WVAN/VAN May88 27.64	K.BATES WIN/NAT MAY05 28.58	J.MARKEY EBSC/PROV Apr11 28.67	D. BOTSFORD CRGW/ProvApr10 27.77	M.McINTYRE UNAT/UBC MAR02 29.27	M.McINTRYE NVR/Hyac FEB04 29.20
Back 100m	T.RUSHTON WIN/Tsaw FEB02 57.49	W.FLEMONS WVAN/VAN May88 59.57	T.RUSHTON WIN/PROV APR10 59.52	K.BATES WIN/NAT MAY06 1:01.79	D. BOTSFORD CRGW/ProvApr10 59.42	J.VanBUUREN VDM/PROV APR02 1:09.36	J.VanBUUREN VDM/NAT MAY05 1:04.52
Back 200m	T.RUSHTON WIN/PROV 02 2:04.04	B.COOTE WIN/CALG MAY01 2:13.42	T.RUSHTON WIN/PROV APR09 2:04.76	N.HARVEY ISM/VIC MAY95 2:17.27	D. BOTSFORD CRGW/ProvApr10 2:09.30	G.HAMILTON VDUK/Prov Apr07 2:29.52	M.McINTYRE NVM/Prov Apr04 2:22.12
Brst 50m	V.SHIROKOV PNW/Nat MAY13 29.72	V.SHIROKOV EBSC/NAN APR15 29.70	S. SCORE ISM/VIC MAY95 30.74	S. SCORE ISM/SFU MAY96 30.94	R.CHARLAND GYTB/NAN APR15 30.67	J.HOOPER UBC/ONT MAY16 30.96	D.HAMILTON VDUK/Prov Apr07 33.11
Brst 100m	T.RUSHTON WIN/TsawFEB02 1:08.78	V.SHIROKOV EBSC/NAN APR15 1:04.41	A.SWEET VIC/NAN APR15 1:04.70	S. SCORE ISM/SFU APR96 1:06.55	R.CHARLAND GYTB/NAN APR15 1:06.21	J.HOOPER UBC/ONT MAY16 1:08.61	P.HRDLITSCHKA VDM/NAT MAY05 1:14.94
Brst 200m	B.TRAJAN NEBB/Nan Dec05 2:33.43	S. SCORE Unat/WOR Apr91 2:26.84	S. SCORE ISM/VIC MAY95 2:24.52	S. SCORE ISM/SFU APR96 2:22.64	R.CHARLAND GYTB/NAN Apr15 2:26.36	J.HOOPER UBC/ONT MAY16 2:39.67	D.DOYLEY EBSC/EBSC FEB09 2:44.47
Fly 50m	D. CUTLER UBC/VAN Apr87 26.73	D.PAYNE WIN/Prov Apr13 25.83	P.WILKINS UBC/EBSC Feb12 26.13	J.MARKEY EBSC/PROV APR11 26.54	W.KELLY VIC/DUN JAN05 27.23	D.BOTSFORD CRGW/Nat May12 26.45	J.VanBUUREN VDM/HYAC FEB04 27.30
Fly 100m	D. CUTLER UBC/VAN Apr87 59.94	G.WELBOURN UBC/ETO May87 58.64	J.CHO HYAC/Nat May 06 58.32	J.MARKEY EBSC/Prov Apr11 59.42	M.OLDHAM EBSC/NAT May09 1:00.75	D.BOTSFORD CRGW/Nat May12 56.78	J.VanBUUREN VDM/NAT MAY05 1:00.82
Fly 200m	T.RUSHTON WIN/Tsaw FEB02 2:08.59	B.COOTE WIN/CALG MAY01 2:13.10	T.RUSHTON WIN/PROV APR10 2:08.23	J.,MARKEY EBSC/Prov Apr11 2:18.83	M.OLDHAM EBSC/NAT May09 2:19.11	D.BOTSFORD CRGW/Nat May12 2:10.72	R.CRAIG NSM/Nvan Oct14 2:28.46
IM 100m	T.RUSHTON WIN/Twas FEB02 59.68	V.SHIRKOV EBSC/NAN APR15 59.50	A.SWEET VIC/PROV APR15 58.95	K.BATES WIN/NAT MAY06 1:02.14	D. BOTSFORD CRGW/Prov Apr10 1:01.36	D.BOTSFORD CRGW/Prov Apr14 1:00.48	J.VanBUUREN VDM/NAT MAY05 1:03.61
IM 200m	T.RUSHTON Wave/Prov Apr03 2:13.66	W.FLEMONS WVAN/VAN May88 2:13.33	M.OLDHAM EBSC/TO JLY01 2:13.96	K.BATES WIN/NAT MAY06 2:15.35	D. BOTSFORD CRGW/ProvApr10 2:11.82	D.BOTSFORD CRGW/Prov Apr14 2:16.45	J.VanBUUREN VDM/WIN MAR04 2:27.09
IM 400m	T.RUSHTON WIN/PROV 02 4:35.01	YI-KHY SAW ST/PROV APR11 4:46.75	T.RUSHTON WIN/PROV APR10 4:37.10	M.OLDHAM EBSC/Prov Apr04 5:03.82	M.OLDHAM EBSC/NAT MAY11 5:00.95	D.BOTSFORD CRGW/Prov Apr14 4:51.51	D.DOYLEY EBSC/EBSC FEB09 5:33.94

MSABC MEN'S SHORT COURSE RECORDS AS OF JUNE 2016

MSABC M

AGE	55-59	60-64	65-69	70-74	75-79	80-84	85-89
Free 50m	M.McINTYRE OKM/Prov Apr11 26.85	M.STAMHUIS VERN/Prov Apr14 28.03	R.CARMICHAEL VIC/Prov APR16 29.41	J.KELSO UBC/ProvApr09 29.87	J.KELSO UBC/Prov Apr14 31.15	G.HALL CSS/NAN APR15 39.52	P.GILCHRIST WCM/KELO MAR10 45.78
Free 100m	M.McINTYRE OKM/Prov Apr11 1:00.48	M.STAMHUIS VERN/Prov Apr14 1:02.29	K.DONOGHUE UNAT/NAT MAY05 1:06.52	J.KELSO UBC/ProvApr10 1:07.71	J.KELSO UBC/Prov Apr14 1:09.15	G.HALL CSS/NAN APR15 1:28.47	H.McGREGOR UNAT/DUN JAN04 1:49.97
Free 200m	R.CRAIG CDSC/NAN APR15 2:09.63	M.STAMHUIS VERN/Prov Apr14 2:16.10	R.CARMICHAEL VIC/NAN JAN16 2:29.19	J.KELSO UBC/PROV Apr10 2:34.79	K.DONOGHUE DM/NAT MAY15 2:54.37	G.HALL CSS/NAN APR15 3:23.31	P.LOFTS CSS/PROV APR08 4:24.19
Free 400m	R.CRAIG NSM/Prov APR16 4:38.56	M.STAMHUIS VERN/Prov Apr14 4:52.68	R.CARMICHAEL VIC/NAN JAN16 5:11.19	K.DONOGHUE OKO/Prov Apr10 5:46.96	K.DONOGHUE DM/NAT MAY15 6:13.13	J.PORTELANCE VCSS/PROV APR12 7:43.33	H.McGREGOR UNAT/DUN JAN04 9:10.48
Free 800m	G.CARLSEN KISU/Prov APR16 9:44.10	M.STAMHUIS OKM/PROV APR13 10:23.39	R.CARMICHAEL VIC/VAN FEB16 11:12.27	K.DONOGHUE UNA/Nat May12 12:09.79	K.DONOGHUE DM/NAT MAY15 12:35.73	J.PORTELANCE VCSS/PROV APR12 15:45.61	H.McGREGOR CSS/PROV APR04 19:11.96
Free 1500	G.CARLSEN KISU/Prov APR16 18:33.66	M.STAMHUIS OKM/PROV APR13 19:54.43	R.CARMICHAEL VIC/Prov APR16 21:12.08	K.DONOGHUE KISU/Prov Apr13 23:19.36	K.DONOGHUE DM/Prov APR16 24:12.42	J.PORTELANCE VCSS/PROV APR12 30:05.50	H.McGREGOR CSS/PROV APR04 36:30.92
Back 50m	M.McINTYRE OKM/Prov Apr11 30.33	J.KELSO UBC/ONT MAY99 34.20	K.DONOGHUE UNAT/NAT MAY05 34.71	J.KELSO UBC/PROV Apr09 37.65	K.DONOGHUE DM/NAT MAY15 39.26	R.CARVIEL WCM/KELO MAR10 49.50	R.CARVIEL OKM/Prov APR16 51.56
Back 100m	M.McINTYRE OKM/ProvApr11 1:08.24	M.STAMHUIS OKM/PENT Mar13 1:15.32	K.DONOGHUE UNAT/NAT MAY05 1:18.03	K.DONOGHUE OKM/Kelo Mar10 1:21.68	K.DONOGHUE DM/NAT MAY15 1:28.22	H.McGREGOR UNAT/UBC JAN99 1:55.56	A.SCHULHOF NVM/PROV APR04 2:00.92
Back 200m	M.McINTYRE OKM/Prov Apr11 2:26.54	M.STAMHUIS VERN/Prov Apr14 2:39.51	K.DONOGHUE UNAT/NAT MAY05 2:52.11	K.DONOGHUE OKM/PENT Jan10 2:58.07	K.DONOGHUE DM/NAT MAY15 3:04.84	H.McGREGOR UNAT/UBC JAN99 4:12.27	A.SCHULHOF NVM/NAN DEC05 4:28.71
Brst 50m	J. KELSO UBC/SFU APR96 34.99	J.KELSO UBC/ONT MAY99 35.86	N.TEMPLEMAN NVR/DUN JAN96 36.33	P.BELL NVM/NAT May08 38.39	J.KELSO UBC/Prov Apr15 39.84	P.BELL NSM/NAT MAY15 43.89	R.CARVIEL VIC/NAT MAY15 52.59
Brst 100m	S.SCORE LOSC/Prov APR16 1:13.52	J.KELSO UBC/ONT MAY99 1:17.85	N.TEMPLEMAN NVR/DUN JAN96 1:21.34	J.KELSO UBC/PROV Apr10 1:24.85	J.KELSO UBC/PROV APR14 1:29.66	P.BELL NSM/NAT MAY15 1:38.22	A.SCHULHOF NVM/PROV APR04 2:07.15
Brst 200m	S.SCORE LOSC/Prov APR16 2:40.90	P. BELL NVR/CRANMAY97 3:04.94	P.BELL NVR/HAL MAY00 3:05.24	P.BELL NVM/NAT May05 3:09.86	P.BELL NSM/NAT MAY11 3:32.41	P.BELL NSM/NAN APR15 3:45.76	A.SCHULHOF NVM/UBC DEC04 4:49.45
Fly 50m	A.SZIRMAI RMSC/NAT May12 30.52	J.KELSO UBC/ONT MAY99 31.21	I.BURVILL NAN/PROV APR12 33.81	J.KELSO UBC/Prov Apr10 33.77	J.KELSO UBC/Prov Apr14 35.74	G.HALL CSS/NAN APR15 50.26	
Fly 100m	A.SZIRMAI RMSC/Prov Apr12 1:09.03	D.READ WT/NAT MAY13 1:12.16	N.TEMPLEMAN NVR/SFU APR96 1:24.24	J.KELSO UBC/WIN APR09 1:22.54	I.SZASZ UBC/EBSC FEB11 1:50.45	O.MINOVITZ UNAT/UBC MAR02 4:53.05	
Fly 200m	R.CRAIG CDSC/NAN APR15 2:28.33	D.READ WT/NAT MAY13 2:45.86	B.SUTHERLAND UBC/UBC NOV13 3:05.19	G.HALL CSS/NAN DEC06 4:09.00	I.SZASZ UBC/EBSC FEB11 4:17.72		
IM 100m	A.SZIRMAI RMSC/Nat May12 1:08.44	J.KELSO UBC/ONT MAY99 1:09.93	J.KELSO UBC/PROV APR07 1:14.93	J.KELSO UBC/PROV Apr09 1:14.73	J.KELSO UBC/Prov Apr15 1:20.43	P.GILCHRIST OKAN/PROV 06 1:53.38	P.GILCHRIST WCM/PROV APR10 2:08.19
IM 200m	J. KELSO UBC/VIC MAY95 2:34.42	J.KELSO UBC/ONT MAY99 2:35.04	J.KELSO UBC/PROV APR07 2:49.00	J.KELSO UBC/PROV APR09 2:49.43	J.KELSO UBC/NAN APR15 3:03.21	L.COVERDALE CSS/PROV 06 5:15.08	
IM 400m	G.CARLSEN KISU/Prov APR16 5:32.12	J.KELSO UBC/ONT MAY99 5:49.45	R.WILKINS SARM/Prov Apr15 6:52.02	J.KELSO UBC/WIN APR09 6:21.47	A.DYKSTRA HCM/NAN JAN16 8:53.68	O.MINOVITZ UNAT/UBC MAR02 17:10.43	

WOMEN'S SHORT COURSE RECORDS AS OF JUNE 2016

AGE	90-94	95-99
Free 50m	H.McGREGOR CSS/NAT May12 1:01.81	H.McGREGOR CSS/NAN JAN14 1:08.48
Free 100m	H.McGREGOR CSS/NAT MAY09 2:11.09	H.McGREGOR CSS/NAN JAN14 2:31.83
Free 200m	H.McGREGOR CSS/DUN JAN09 4:46.74	H.McGREGOR CSS/NAN JAN14 5:46.73
Free 400m	H.McGREGOR CSS/NAT MAY09 10:05.85	H.McGREGOR CSS/NAN JAN14 12:08.80
Free 800m	H.McGREGOR CSS/NAT MAY09 20:33.27	
Free 1500	H.McGREGOR CSS/PROV APR09 38:53.33	
Back 50m	F.SCHULHOF NVM/SR SEPT09 57.42	F.SCHULHOF NSM/Nvan Oct14 1:05.82
Back 100m	F.SCHULHOF NVM/Prov APR11 2:12.11	F.SCHULHOF NVM/NAN JAN14 2:33.97
Back 200m	F.SCHULHOF NVR/SR SEPT10 4:54.70	F.SCHULHOF NVM/NAN JAN14 5:29.49
Brst 50m	F.SCHULHOF NVM/SR SEPT10 1:00.37	F.SCHULHOF NSM/Nvan Oct14 1:11.36
Brst 100m	F.SCHULHOF NVR/SR SEPT10 2:33.67	F.SCHULHOF NSM/Nvan Oct14 3:01.83
Brst 200m	F.SCHULHOF NVR/NAN NOV09 6:05.47	
Fly 50m		
Fly 100m		
Fly 200m		
IM 100m	F.SCHULHOF NSM/PROV APR11 2:59.18	
IM 200m		
IM 400m		