

**NWM Pentathlon - 9/23/2007****Results****Event 1 Women 35-39 1500 SC Meter Freestyle**

Name	Age	Team	Finals Time	Points			
1 Lassen, Megan B	37	Bellingham Masters Swim Club	23:31.52	20			
42.94	46.10	47.05	47.24	47.58	47.49	47.70	47.86
48.55	47.30	47.77	47.89	48.10	48.45	47.62	47.55
47.76	47.43	47.53	47.45	47.37	46.91	46.31	47.61
47.13	46.92	45.77	46.56	46.18	43.40		

**Event 1 Women 50-54 1500 SC Meter Freestyle**

1 Gallo, Debbie	53	North Whidbey Masters	27:36.01	20			
51.59	55.52	54.15	55.66	55.80	56.68	55.70	56.00
55.98	55.45	54.98	57.61	55.20	55.62	55.40	55.88
55.04	53.92	57.04	55.43	56.60	55.66	55.83	55.17
55.22	55.06	54.38	54.64	53.29	51.51		

**Event 1 Women 60-64 1500 SC Meter Freestyle**

1 Delgado, Joan	62	North Whidbey Masters	27:15.78	20			
48.84	52.21	54.31	53.63	52.93	56.25	54.27	54.82
55.66	54.16	54.68	56.08	55.81	54.69	53.96	54.71
54.06	55.71	54.84	54.34	54.27	55.97	54.61	54.58
56.13	55.97	54.94	55.81	55.80	51.74		

**Event 1 Men 18-24 1500 SC Meter Freestyle**

1 Cleary, Kevin	24	Oregon Masters	21:52.39	20			
40.24	44.12	45.65	45.37	45.19	45.22	44.26	44.85
44.26	44.06	44.65	45.10	44.35	43.74	44.07	44.01
44.02	44.08	43.64	43.74	43.73	43.73	43.78	42.78
43.12	42.81	43.42	43.08	42.24	39.08		

**Event 1 Men 35-39 1500 SC Meter Freestyle**

1 Margrave, David	36	Samena Masters	21:57.23	20			
36.05	37.96	39.84	40.87	42.09	42.22	43.35	44.02
43.90	44.15	43.87	44.59	44.51	44.33	45.16	44.90
44.74	45.19	45.93	46.45	45.29	45.40	45.52	45.67
46.06	46.72	46.30	46.36	44.31	41.48		
2 Lassen, Jason	35	Bellingham Masters Swim Club	26:48.87	17			
47.22	53.10	53.54	52.99	54.47	54.30	54.51	55.42
53.73	54.96	53.68	54.84	53.44	54.30	54.30	53.90
54.73	53.22	54.14	52.48	54.66	53.27	53.45	53.47
54.82	53.66	53.93	53.92	53.54	50.88		

**Event 1 Men 45-49 1500 SC Meter Freestyle**

1 Ikeda, Paul	48	ORCA Swim Team	25:11.13	20			
44.13	49.30	50.03	50.48	49.63	50.60	51.90	51.27
50.38	50.39	50.82	51.18	50.86	50.86	51.66	49.69
51.05	50.25	51.14	51.52	52.17	51.46	51.04	51.60
51.34	51.35	51.05	50.41	47.87	45.70		

**Event 1 Men 55-59 1500 SC Meter Freestyle**

1 Penn, William J	56	Tumwater Valley Aquatics	19:10.28	20			
37.52	39.36	39.38	39.11	39.58	39.22	38.92	39.57
39.33	39.38	38.79	38.70	38.52	38.86	38.45	38.19
38.17	38.53	38.17	38.31	38.03	38.35	38.21	38.00
37.75	37.88	37.35	37.43	36.50	34.72		



**NWM Pentathlon - 9/23/2007****Results****Event 3 Men 60-64 100 SC Meter Butterfly**

1	Peterson, Steven B	61	Old Olympic Peninsula Swimmers	1:26.80	20
	39.72 47.08				

**Event 3 Men 75-79 100 SC Meter Butterfly**

1	Prosser, Harvey	79	North Whidbey Masters	2:25.45	20
	1:04.31 1:21.14				

**Event 4 Women 25-29 50 SC Meter Butterfly**

1	Lochner, Lauren	29	Swim Seattle Redhawk Masters	42.07	20
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**Event 4 Women 35-39 50 SC Meter Butterfly**

1	Antilla, Kristine	39	Ohana Swim Team	42.12	20
2	Eager, Kristi	35	South Whidbey Island Masters	43.43	17
3	Verbarendse, Krysta	37	Thunderbird Aquatic Club Maste	50.90	16
4	McCullough, Janae	37	Ohana Swim Team	53.55	15

**Event 4 Women 40-44 50 SC Meter Butterfly**

1	Rogers, Kathy	40	South Whidbey Island Masters	41.62	20
2	Masters, Ruth	40	Thunderbird Aquatic Club Maste	46.07	17

**Event 4 Women 45-49 50 SC Meter Butterfly**

1	Pipes-Neilsen, Karlyn	45	San Diego Swim Masters	29.98	20
2	Dahl, Lisa	46	Bainbridge Area Masters	30.95	17
3	Anslow, Rhonda	49	British Columbia Masters	41.51	16

**Event 4 Women 50-54 50 SC Meter Butterfly**

1	Vega, Mirtha	52	Unattached	1:17.75	20
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**Event 4 Women 55-59 50 SC Meter Butterfly**

1	Blackburn, Jean	56	Federal Way Masters	43.99	20
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**Event 4 Women 60-64 50 SC Meter Butterfly**

1	Ensign, Jeanne	61	Greenlake Aquaducks	1:07.91	20
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**Event 4 Women 65-69 50 SC Meter Butterfly**

1	Pronk, Bonnie	65	British Columbia Masters	41.78	20
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**Event 4 Women 75-79 50 SC Meter Butterfly**

1	Kavadas, Janet	76	North End Otters	1:51.61	20
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**Event 4 Men 18-24 50 SC Meter Butterfly**

1	Rice, Jordan	23	Rice Athletic Team	30.69	20
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**Event 4 Men 25-29 50 SC Meter Butterfly**

1	Connolly, Nick	29	North Whidbey Masters	30.98	20
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**Event 4 Men 35-39 50 SC Meter Butterfly**

1	Margrave, David	36	Samena Masters	33.08	20
2	Allen, Ronald C	38	Unattached	35.07	17
3	Ness, Kerry	38	Skagit Valley YMCA	40.20	16
4	Lassen, Jason	35	Bellingham Masters Swim Club	42.88	15

**Event 4 Men 40-44 50 SC Meter Butterfly**

1	Cassady, Sean	41	Issaquah Swim Team Masters	42.83	20
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**Event 4 Men 45-49 50 SC Meter Butterfly**

1	Ikeda, Paul	48	ORCA Swim Team	38.16	20
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**NWM Pentathlon - 9/23/2007****Results****Event 4 Men 50-54 50 SC Meter Butterfly**

1	Wellman, Keith	50	South Whidbey Island Masters	35.08	20
2	Mathisen, Chris	51	British Columbia Masters	37.56	17
3	Hartwig, Bob	52	Federal Way Masters	39.73	16
4	Morrison, Jeff	52	Thunderbird Aquatic Club Maste	47.41	15

**Event 4 Men 55-59 50 SC Meter Butterfly**

1	Spence, Michael	56	North Whidbey Masters	1:09.75	20
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**Event 4 Men 60-64 50 SC Meter Butterfly**

1	Monohon, Paul	62	Thunderbird Aquatic Club Maste	32.98	20
2	Staton, Brian	60	British Columbia Masters	33.60	17
3	Jacobsen, Jeff	63	South Whidbey Island Masters	50.84	16

**Event 4 Men 65-69 50 SC Meter Butterfly**

1	Carlson, Lee	67	Thunderbird Aquatic Club Maste	47.67	20
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**Event 4 Men 70-74 50 SC Meter Butterfly**

1	Rehfeldt, Don	73	Unattached	59.44	20
2	Fritz, Jack R	74	Unattached	1:00.74	17

**Event 5 Women 40-44 200 SC Meter Backstroke**

1	Klieman, Becky	44	North Whidbey Masters	3:15.85	20
	45.53	48.66	50.65	51.01	

**Event 5 Women 45-49 200 SC Meter Backstroke**

1	Spence, Debby	45	North Whidbey Masters	3:05.19	20
	44.50	46.05	47.65	46.99	

**Event 5 Men 35-39 200 SC Meter Backstroke**

1	Lassen, Jason	35	Bellingham Masters Swim Club	3:25.00	20
	50.19	52.41	53.22	49.18	

**Event 5 Men 40-44 200 SC Meter Backstroke**

1	Kays, David	40	Pro Sports Club	2:37.03	20
	38.40	40.90	39.54	38.19	

**Event 5 Men 50-54 200 SC Meter Backstroke**

1	McManus, John	53	Navy Masters British Columbia	3:01.09	20
	42.24	45.37	47.30	46.18	

**Event 5 Men 65-69 200 SC Meter Backstroke**

1	Nordby, Michael	66	North End Otters	3:18.69	20
	48.00	50.67	50.66	49.36	

**Event 6 Women 30-34 100 SC Meter Backstroke**

1	Newman, Deb	31	British Columbia Masters	1:23.43	20
	41.20	42.23			

**Event 6 Women 45-49 100 SC Meter Backstroke**

1	Pipes-Neilsen, Karlyn	45	San Diego Swim Masters	1:06.44	20
	32.89	33.55			
2	Graham, Kathy	49	British Columbia Masters	1:27.74	17
	40.99	46.75			
3	Hoffman, Wendy	45	MICC	1:35.44	16
	47.63	47.81			

**NWM Pentathlon - 9/23/2007****Results****Event 6 Women 60-64 100 SC Meter Backstroke**

1	Welch, Sarah	60	Bainbridge Area Masters	1:40.12	20
	49.13 50.99				
2	Litt, Arni H	61	Greenlake Aquaducks	2:00.75	17
	58.78 1:01.97				

**Event 6 Men 18-24 100 SC Meter Backstroke**

1	Bronson, Alex	24	Navy Masters British Columbia	1:09.23	20
	34.06 35.17				
2	Ji, Andy	24	British Columbia Masters	1:15.67	17
	37.24 38.43				

**Event 6 Men 40-44 100 SC Meter Backstroke**

1	Butcher, Gano	43	Oregon Masters	1:08.40	20
	33.63 34.77				

**Event 6 Men 45-49 100 SC Meter Backstroke**

1	Hodson, John	48	Navy Masters British Columbia	1:24.16	20
	40.51 43.65				
2	Chinn, Colin	49	North Whidbey Masters	1:25.40	17
	42.11 43.29				

**Event 6 Men 50-54 100 SC Meter Backstroke**

1	Wellman, Keith	50	South Whidbey Island Masters	1:21.93	20
	1:22.15				
2	Murphy, Patrick	53	Swim Seattle Redhawk Masters	1:33.92	17
	47.30 46.62				

**Event 6 Men 60-64 100 SC Meter Backstroke**

1	Peterson, Steven B	61	Old Olympic Peninsula Swimmers	1:32.62	20
	44.10 48.52				

**Event 6 Men 75-79 100 SC Meter Backstroke**

1	Prosser, Harvey	79	North Whidbey Masters	2:08.47	20
	1:02.79 1:05.68				

**Event 7 Women 25-29 50 SC Meter Backstroke**

1	Lochner, Lauren	29	Swim Seattle Redhawk Masters	43.82	20
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**Event 7 Women 35-39 50 SC Meter Backstroke**

1	Lassen, Megan B	37	Bellingham Masters Swim Club	38.02	20
2	Eager, Kristi	35	South Whidbey Island Masters	43.76	17
3	Antilla, Kristine	39	Ohana Swim Team	45.65	16
4	Verbarendse, Krysta	37	Thunderbird Aquatic Club Maste	47.07	15
5	McCullough, Janae	37	Ohana Swim Team	50.08	14

**Event 7 Women 40-44 50 SC Meter Backstroke**

1	Masters, Ruth	40	Thunderbird Aquatic Club Maste	46.59	20
2	Rogers, Kathy	40	South Whidbey Island Masters	46.87	17

**Event 7 Women 45-49 50 SC Meter Backstroke**

1	Dahl, Lisa	46	Bainbridge Area Masters	34.16	20
2	Anslow, Rhonda	49	British Columbia Masters	49.33	17

**Event 7 Women 50-54 50 SC Meter Backstroke**

1	Vega, Mirtha	52	Unattached	1:08.75	20
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**Event 7 Women 55-59 50 SC Meter Backstroke**

1	Blackburn, Jean	56	Federal Way Masters	49.49	20
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**NWM Pentathlon - 9/23/2007****Results****Event 7 Women 60-64 50 SC Meter Backstroke**

1	Ensign, Jeanne	61	Greenlake Aquaducks	1:02.47	20
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**Event 7 Women 75-79 50 SC Meter Backstroke**

1	Kavadas, Janet	76	North End Otters	1:10.13	20
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**Event 7 Men 18-24 50 SC Meter Backstroke**

1	Rice, Jordan	23	Rice Athletic Team	34.30	20
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**Event 7 Men 25-29 50 SC Meter Backstroke**

1	Connolly, Nick	29	North Whidbey Masters	34.85	20
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**Event 7 Men 35-39 50 SC Meter Backstroke**

1	Allen, Ronald C	38	Unattached	38.88	20
2	Ness, Kerry	38	Skagit Valley YMCA	48.48	17

**Event 7 Men 40-44 50 SC Meter Backstroke**

1	Cassady, Sean	41	Issaquah Swim Team Masters	42.08	20
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**Event 7 Men 45-49 50 SC Meter Backstroke**

1	Kendal, Keith	46	British Columbia Masters	38.62	20
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**Event 7 Men 50-54 50 SC Meter Backstroke**

1	Mathisen, Chris	51	British Columbia Masters	37.69	20
2	Hartwig, Bob	52	Federal Way Masters	46.29	17
3	Morrison, Jeff	52	Thunderbird Aquatic Club Maste	47.20	16

**Event 7 Men 55-59 50 SC Meter Backstroke**

1	Spence, Michael	56	North Whidbey Masters	1:00.81	20
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**Event 7 Men 60-64 50 SC Meter Backstroke**

1	Staton, Brian	60	British Columbia Masters	36.51	20
2	Monohon, Paul	62	Thunderbird Aquatic Club Maste	38.97	17
3	Jacobsen, Jeff	63	South Whidbey Island Masters	52.19	16

**Event 7 Men 65-69 50 SC Meter Backstroke**

1	Carlson, Lee	67	Thunderbird Aquatic Club Maste	46.26	20
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**Event 7 Men 70-74 50 SC Meter Backstroke**

1	Rehfeldt, Don	73	Unattached	1:00.26	20
2	Fritz, Jack R	74	Unattached	1:05.76	17

**Event 8 Women 40-44 200 SC Meter Breaststroke**

1	Klieman, Becky	44	North Whidbey Masters	3:35.89	20
	48.02	54.00	57.25	56.62	

**Event 8 Women 45-49 200 SC Meter Breaststroke**

1	Spence, Debby	45	North Whidbey Masters	3:23.21	20
	46.26	51.76	53.01	52.18	

**Event 8 Women 65-69 200 SC Meter Breaststroke**

1	Pronk, Bonnie	65	British Columbia Masters	3:25.23	20
	46.01	52.73	53.74	52.75	

**Event 8 Men 40-44 200 SC Meter Breaststroke**

1	Kays, David	40	Pro Sports Club	2:48.87	20
	39.09	43.25	43.55	42.98	

**NWM Pentathlon - 9/23/2007****Results****Event 8 Men 50-54 200 SC Meter Breaststroke**

1	McManus, John	53	Navy Masters British Columbia	3:19.70	20
	44.98 50.83 51.98 51.91				

**Event 8 Men 65-69 200 SC Meter Breaststroke**

1	Nordby, Michael	66	North End Otters	3:40.94	20
	51.66 56.94 56.50 55.84				

**Event 9 Women 30-34 100 SC Meter Breaststroke**

1	Newman, Deb	31	British Columbia Masters	1:35.31	20
	46.25 49.06				

**Event 9 Women 45-49 100 SC Meter Breaststroke**

1	Graham, Kathy	49	British Columbia Masters	1:44.27	20
	49.67 54.60				
2	Hoffman, Wendy	45	MICC	1:45.78	17
	49.74 56.04				

**Event 9 Women 60-64 100 SC Meter Breaststroke**

1	Litt, Arni H	61	Greenlake Aquaducks	1:47.91	20
	51.79 56.12				
2	Welch, Sarah	60	Bainbridge Area Masters	1:48.30	17
	53.22 55.08				

**Event 9 Men 18-24 100 SC Meter Breaststroke**

1	Bronson, Alex	24	Navy Masters British Columbia	1:17.52	20
	36.79 40.73				
2	Ji, Andy	24	British Columbia Masters	1:18.08	17
	37.50 40.58				

**Event 9 Men 40-44 100 SC Meter Breaststroke**

1	Butcher, Gano	43	Oregon Masters	1:26.41	20
	41.02 45.39				

**Event 9 Men 45-49 100 SC Meter Breaststroke**

1	Chinn, Colin	49	North Whidbey Masters	1:24.49	20
	40.30 44.19				
2	Hodson, John	48	Navy Masters British Columbia	1:30.97	17
	42.82 48.15				

**Event 9 Men 50-54 100 SC Meter Breaststroke**

1	Murphy, Patrick	53	Swim Seattle Redhawk Masters	1:40.16	20
	48.55 51.61				

**Event 9 Men 60-64 100 SC Meter Breaststroke**

1	Peterson, Steven B	61	Old Olympic Peninsula Swimmers	1:23.29	20
	40.00 43.29				

**Event 9 Men 75-79 100 SC Meter Breaststroke**

1	Prosser, Harvey	79	North Whidbey Masters	2:14.72	20
	1:05.36 1:09.36				

**Event 10 Women 25-29 50 SC Meter Breaststroke**

1	Lochner, Lauren	29	Swim Seattle Redhawk Masters	46.27	20
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**Event 10 Women 35-39 50 SC Meter Breaststroke**

1	Lassen, Megan B	37	Bellingham Masters Swim Club	42.65	20
2	Antilla, Kristine	39	Ohana Swim Team	47.38	17
3	Eager, Kristi	35	South Whidbey Island Masters	49.40	16

**NWM Pentathlon - 9/23/2007****Results****(Event 10 Women 35-39 50 SC Meter Breaststroke)**

4	Verbarendse, Krysta	37	Thunderbird Aquatic Club Maste	51.03	15
5	McCullough, Janae	37	Ohana Swim Team	55.58	14

**Event 10 Women 40-44 50 SC Meter Breaststroke**

1	Rogers, Kathy	40	South Whidbey Island Masters	50.57	20
2	Masters, Ruth	40	Thunderbird Aquatic Club Maste	1:03.24	17

**Event 10 Women 45-49 50 SC Meter Breaststroke**

1	Dahl, Lisa	46	Bainbridge Area Masters	37.82	20
2	Anslow, Rhonda	49	British Columbia Masters	52.20	17

**Event 10 Women 50-54 50 SC Meter Breaststroke**

1	Vega, Mirtha	52	Unattached	1:19.61	20
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**Event 10 Women 55-59 50 SC Meter Breaststroke**

1	Blackburn, Jean	56	Federal Way Masters	52.02	20
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**Event 10 Women 60-64 50 SC Meter Breaststroke**

1	Ensign, Jeanne	61	Greenlake Aquaducks	1:18.89	20
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**Event 10 Women 75-79 50 SC Meter Breaststroke**

1	Kavadas, Janet	76	North End Otters	1:14.81	20
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**Event 10 Men 18-24 50 SC Meter Breaststroke**

1	Rice, Jordan	23	Rice Athletic Team	34.47	20
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**Event 10 Men 25-29 50 SC Meter Breaststroke**

1	Paramonov, Dimitri	29	Unattached	35.40	20
2	Connolly, Nick	29	North Whidbey Masters	39.09	17

**Event 10 Men 35-39 50 SC Meter Breaststroke**

1	Margrave, David	36	Samena Masters	41.02	20
2	Allen, Ronald C	38	Unattached	41.82	17
3	Ness, Kerry	38	Skagit Valley YMCA	42.16	16

**Event 10 Men 40-44 50 SC Meter Breaststroke**

1	Cassady, Sean	41	Issaquah Swim Team Masters	44.84	20
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**Event 10 Men 45-49 50 SC Meter Breaststroke**

1	Kendal, Keith	46	British Columbia Masters	39.69	20
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**Event 10 Men 50-54 50 SC Meter Breaststroke**

1	Mathisen, Chris	51	British Columbia Masters	42.31	20
2	Morrison, Jeff	52	Thunderbird Aquatic Club Maste	46.33	17
3	Hartwig, Bob	52	Federal Way Masters	46.67	16

**Event 10 Men 55-59 50 SC Meter Breaststroke**

1	Spence, Michael	56	North Whidbey Masters	54.22	20
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**Event 10 Men 60-64 50 SC Meter Breaststroke**

1	Monohon, Paul	62	Thunderbird Aquatic Club Maste	39.00	20
2	Staton, Brian	60	British Columbia Masters	41.83	17
3	Jacobsen, Jeff	63	South Whidbey Island Masters	52.28	16

**Event 10 Men 65-69 50 SC Meter Breaststroke**

1	Carlson, Lee	67	Thunderbird Aquatic Club Maste	49.73	20
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**NWM Pentathlon - 9/23/2007****Results****Event 10 Men 70-74 50 SC Meter Breaststroke**

1	Rehfeldt, Don	73	Unattached	51.07	20
2	Fritz, Jack R	74	Unattached	1:04.46	17

**Event 11 Women 35-39 200 SC Meter Freestyle**

1	Lassen, Megan B	37	Bellingham Masters Swim Club	2:34.08	20
	36.19	39.54	39.99	38.36	

**Event 11 Women 40-44 200 SC Meter Freestyle**

1	Klieman, Becky	44	North Whidbey Masters	2:44.42	20
	37.39	42.16	43.14	41.73	

**Event 11 Women 45-49 200 SC Meter Freestyle**

1	Spence, Debby	45	North Whidbey Masters	2:44.25	20
	38.59	42.56	41.86	41.24	

**Event 11 Men 35-39 200 SC Meter Freestyle**

1	Lassen, Jason	35	Bellingham Masters Swim Club	3:01.25	20
	42.73	46.03	46.74	45.75	

**Event 11 Men 40-44 200 SC Meter Freestyle**

1	Kays, David	40	Pro Sports Club	2:07.39	20
	29.87	32.19	32.61	32.72	

**Event 11 Men 50-54 200 SC Meter Freestyle**

1	McManus, John	53	Navy Masters British Columbia	2:29.77	20
	34.18	37.00	39.28	39.31	

**Event 11 Men 65-69 200 SC Meter Freestyle**

1	Nordby, Michael	66	North End Otters	3:03.43	20
	42.39	47.15	48.00	45.89	

**Event 12 Women 45-49 100 SC Meter Freestyle**

1	Hoffman, Wendy	45	MICC	1:20.18	20
	38.82	41.36			
2	Graham, Kathy	49	British Columbia Masters	1:21.31	17
	38.33	42.98			

**Event 12 Women 60-64 100 SC Meter Freestyle**

1	Welch, Sarah	60	Bainbridge Area Masters	1:19.44	20
	38.44	41.00			
2	Litt, Arni H	61	Greenlake Aquaducks	1:30.22	17
	42.85	47.37			

**Event 12 Men 18-24 100 SC Meter Freestyle**

1	Ji, Andy	24	British Columbia Masters	1:01.97	20
	29.31	32.66			
2	Bronson, Alex	24	Navy Masters British Columbia	1:06.31	17
	30.74	35.57			

**Event 12 Men 30-34 100 SC Meter Freestyle**

1	Rosaria, Steven	33	Pro Sports Club	1:03.52	20
	30.25	33.27			

**Event 12 Men 40-44 100 SC Meter Freestyle**

1	Butcher, Gano	43	Oregon Masters	59.69	20
	28.92	30.77			

**NWM Pentathlon - 9/23/2007****Results****Event 12 Men 45-49 100 SC Meter Freestyle**

1	Chinn, Colin	49 North Whidbey Masters	1:03.35	20
	30.55	32.80		
2	Hodson, John	48 Navy Masters British Columbia	1:12.50	17
	35.09	37.41		

**Event 12 Men 50-54 100 SC Meter Freestyle**

1	Wellman, Keith	50 South Whidbey Island Masters	1:06.87	20
	32.27	34.60		
2	Murphy, Patrick	53 Swim Seattle Redhawk Masters	1:14.80	17
	36.98	37.82		

**Event 12 Men 60-64 100 SC Meter Freestyle**

1	Peterson, Steven B	61 Old Olympic Peninsula Swimmers	1:13.81	20
	35.91	37.90		

**Event 12 Men 70-74 100 SC Meter Freestyle**

1	King, Bill	74 Oregon Masters	1:27.18	20
	42.04	45.14		

**Event 12 Men 75-79 100 SC Meter Freestyle**

1	Prosser, Harvey	79 North Whidbey Masters	1:33.29	20
	45.81	47.48		

**Event 13 Women 25-29 50 SC Meter Freestyle**

1	Lochner, Lauren	29 Swim Seattle Redhawk Masters	34.42	20
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**Event 13 Women 35-39 50 SC Meter Freestyle**

1	Eager, Kristi	35 South Whidbey Island Masters	36.29	20
2	Antilla, Kristine	39 Ohana Swim Team	36.86	17
3	Verbarendse, Krysta	37 Thunderbird Aquatic Club Maste	39.40	16
4	McCullough, Janae	37 Ohana Swim Team	42.47	15

**Event 13 Women 40-44 50 SC Meter Freestyle**

1	Rogers, Kathy	40 South Whidbey Island Masters	35.33	20
2	Masters, Ruth	40 Thunderbird Aquatic Club Maste	40.93	17

**Event 13 Women 45-49 50 SC Meter Freestyle**

1	Dahl, Lisa	46 Bainbridge Area Masters	28.63	20
2	Anslow, Rhonda	49 British Columbia Masters	38.69	17

**Event 13 Women 50-54 50 SC Meter Freestyle**

1	Vega, Mirtha	52 Unattached	54.88	20
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**Event 13 Women 55-59 50 SC Meter Freestyle**

1	Blackburn, Jean	56 Federal Way Masters	38.14	20
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**Event 13 Women 60-64 50 SC Meter Freestyle**

1	Ensign, Jeanne	61 Greenlake Aquaducks	48.69	20
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**Event 13 Women 75-79 50 SC Meter Freestyle**

1	Kavadas, Janet	76 North End Otters	1:03.23	20
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**Event 13 Men 18-24 50 SC Meter Freestyle**

1	Rice, Jordan	23 Rice Athletic Team	27.04	20
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**Event 13 Men 25-29 50 SC Meter Freestyle**

1	Paramonov, Dimitri	29 Unattached	27.31	20
2	Connolly, Nick	29 North Whidbey Masters	27.57	17

**NWM Pentathlon - 9/23/2007****Results****Event 13 Men 35-39 50 SC Meter Freestyle**

1	Margrave, David	36	Samena Masters	29.09	20
2	Allen, Ronald C	38	Unattached	32.06	17
3	Ness, Kerry	38	Skagit Valley YMCA	37.09	16

**Event 13 Men 40-44 50 SC Meter Freestyle**

1	Cassady, Sean	41	Issaquah Swim Team Masters	32.66	20
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**Event 13 Men 45-49 50 SC Meter Freestyle**

1	Kendal, Keith	46	British Columbia Masters	30.41	20
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**Event 13 Men 50-54 50 SC Meter Freestyle**

1	Wellman, Keith	50	South Whidbey Island Masters	30.59	20
2	Morrison, Jeff	52	Thunderbird Aquatic Club Maste	31.59	17
3	Mathisen, Chris	51	British Columbia Masters	32.68	16
4	Hartwig, Bob	52	Federal Way Masters	33.69	15

**Event 13 Men 55-59 50 SC Meter Freestyle**

1	Spence, Michael	56	North Whidbey Masters	42.59	20
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**Event 13 Men 60-64 50 SC Meter Freestyle**

1	Staton, Brian	60	British Columbia Masters	29.52	20
2	Monohon, Paul	62	Thunderbird Aquatic Club Maste	32.76	17
3	Jacobsen, Jeff	63	South Whidbey Island Masters	38.94	16

**Event 13 Men 65-69 50 SC Meter Freestyle**

1	Carlson, Lee	67	Thunderbird Aquatic Club Maste	40.07	20
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**Event 13 Men 70-74 50 SC Meter Freestyle**

1	Rehfeldt, Don	73	Unattached	43.60	20
2	Fritz, Jack R	74	Unattached	45.01	17

**Event 14 Women 40-44 400 SC Meter IM**

1	Klieman, Becky	44	North Whidbey Masters	6:40.79	20						
				43.44	53.18	52.66	51.27	57.31	56.68	44.05	42.20

**Event 14 Women 45-49 400 SC Meter IM**

1	Pipes-Neilsen, Karlyn	45	San Diego Swim Masters	5:09.02	20						
				32.94	37.72	40.51	40.22	43.70	44.46	35.40	34.07
2	Spence, Debby	45	North Whidbey Masters	6:30.02	17						
				42.28	47.99	50.47	49.56	54.48	55.26	46.02	43.96

**Event 14 Men 18-24 400 SC Meter IM**

1	Cleary, Kevin	24	Oregon Masters	6:06.50	20						
				33.60	38.09	53.26	52.17	54.36	51.89	43.11	40.02

**Event 14 Men 40-44 400 SC Meter IM**

1	Kays, David	40	Pro Sports Club	5:13.39	20						
				33.10	38.62	44.13	42.63	44.13	44.04	33.98	32.76

**Event 14 Men 50-54 400 SC Meter IM**

1	McManus, John	53	Navy Masters British Columbia	6:19.96	20						
				40.71	49.25	49.87	49.96	54.39	55.07	41.51	39.20

**Event 14 Men 65-69 400 SC Meter IM**

1	Nordby, Michael	66	North End Otters	7:09.14	20						
				51.80	58.30	53.56	52.33	1:00.28	59.33	47.27	46.27

**NWM Pentathlon - 9/23/2007****Results****Event 15 Women 30-34 200 SC Meter IM**

1 Newman, Deb	31 British Columbia Masters	3:17.56	20
42.28	43.91	51.02	1:00.35

**Event 15 Women 45-49 200 SC Meter IM**

1 Graham, Kathy	49 British Columbia Masters	3:15.89	20
43.12	50.17	56.98	45.62
2 Hoffman, Wendy	45 MICC	3:19.33	17
46.91	50.52	57.19	44.71

**Event 15 Women 60-64 200 SC Meter IM**

1 Welch, Sarah	60 Bainbridge Area Masters	3:22.07	20
44.80	54.06	57.86	45.35
2 Litt, Arni H	61 Greenlake Aquaducks	3:51.97	17
56.14	1:04.73	1:00.32	50.78

**Event 15 Women 65-69 200 SC Meter IM**

1 Pronk, Bonnie	65 British Columbia Masters	3:14.96	20
43.96	50.77	54.45	45.78

**Event 15 Men 18-24 200 SC Meter IM**

1 Bronson, Alex	24 Navy Masters British Columbia	2:30.34	20
32.04	39.53	44.38	34.39
2 Ji, Andy	24 British Columbia Masters	2:37.00	17
33.52	42.24	44.35	36.89

**Event 15 Men 35-39 200 SC Meter IM**

1 Lassen, Jason	35 Bellingham Masters Swim Club	3:12.05	20
44.15	50.81	49.75	47.34

**Event 15 Men 45-49 200 SC Meter IM**

1 Hodson, John	48 Navy Masters British Columbia	2:51.95	20
37.31	44.96	50.71	38.97
2 Chinn, Colin	49 North Whidbey Masters	2:53.27	17
37.34	47.48	49.26	39.19

**Event 15 Men 50-54 200 SC Meter IM**

1 Murphy, Patrick	53 Swim Seattle Redhawk Masters	3:12.16	20
43.07	51.58	55.79	41.72

**Event 15 Men 60-64 200 SC Meter IM**

1 Peterson, Steven B	61 Old Olympic Peninsula Swimmers	2:59.37	20
39.94	51.22	47.46	40.75

**Event 15 Men 75-79 200 SC Meter IM**

1 Prosser, Harvey	79 North Whidbey Masters	4:16.97	20
1:02.67	1:05.34	1:18.30	50.66

**Event 16 Women 25-29 100 SC Meter IM**

1 Lochner, Lauren	29 Swim Seattle Redhawk Masters	1:30.32	20
43.12	47.20		

**Event 16 Women 35-39 100 SC Meter IM**

1 Lassen, Megan B	37 Bellingham Masters Swim Club	1:21.03	20
38.22	42.81		
2 Antilla, Kristine	39 Ohana Swim Team	1:33.92	17
44.92	49.00		
3 Eager, Kristi	35 South Whidbey Island Masters	1:34.84	16
43.95	50.89		

**NWM Pentathlon - 9/23/2007****Results****(Event 16 Women 35-39 100 SC Meter IM)**

4	Verbarendse, Krysta	37	Thunderbird Aquatic Club Maste	1:41.04	15
	48.20 52.84				
5	McCullough, Janae	37	Ohana Swim Team	1:47.90	14
	50.49 57.41				

**Event 16 Women 40-44 100 SC Meter IM**

1	Rogers, Kathy	40	South Whidbey Island Masters	1:35.74	20
	46.20 49.54				
2	Masters, Ruth	40	Thunderbird Aquatic Club Maste	1:45.19	17
	46.78 58.41				

**Event 16 Women 45-49 100 SC Meter IM**

1	Dahl, Lisa	46	Bainbridge Area Masters	1:13.58	20
	34.29 39.29				
2	Anslow, Rhonda	49	British Columbia Masters	1:38.11	17
	45.75 52.36				

**Event 16 Women 50-54 100 SC Meter IM**

1	Vega, Mirtha	52	Unattached	2:29.08	20
	1:13.39 1:15.69				

**Event 16 Women 55-59 100 SC Meter IM**

1	Blackburn, Jean	56	Federal Way Masters	1:39.52	20
	47.31 52.21				

**Event 16 Women 60-64 100 SC Meter IM**

1	Ensign, Jeanne	61	Greenlake Aquaducks	2:22.17	20
	1:03.28 1:18.89				

**Event 16 Women 75-79 100 SC Meter IM**

1	Kavadas, Janet	76	North End Otters	2:44.62	20
	1:28.57 1:16.05				

**Event 16 Men 18-24 100 SC Meter IM**

1	Rice, Jordan	23	Rice Athletic Team	1:09.32	20
	32.70 36.62				

**Event 16 Men 25-29 100 SC Meter IM**

1	Connolly, Nick	29	North Whidbey Masters	1:15.36	20
	33.43 41.93				

**Event 16 Men 35-39 100 SC Meter IM**

1	Margrave, David	36	Samena Masters	1:16.87	20
	35.47 41.40				
2	Allen, Ronald C	38	Unattached	1:22.52	17
	37.15 45.37				
3	Ness, Kerry	38	Skagit Valley YMCA	1:33.77	16
	45.88 47.89				

**Event 16 Men 40-44 100 SC Meter IM**

1	Cassady, Sean	41	Issaquah Swim Team Masters	1:32.50	20
	44.08 48.42				

**Event 16 Men 45-49 100 SC Meter IM**

1	Kendal, Keith	46	British Columbia Masters	1:18.52	20
	36.69 41.83				

**NWM Pentathlon - 9/23/2007****Results****Event 16 Men 50-54 100 SC Meter IM**

1	Wellman, Keith	50	South Whidbey Island Masters	1:17.24	20
	35.97 41.27				
2	Mathisen, Chris	51	British Columbia Masters	1:24.95	17
	39.07 45.88				
3	Hartwig, Bob	52	Federal Way Masters	1:30.63	16
	41.47 49.16				
4	Morrison, Jeff	52	Thunderbird Aquatic Club Maste	1:36.70	15
	44.85 51.85				

**Event 16 Men 55-59 100 SC Meter IM**

1	Spence, Michael	56	North Whidbey Masters	2:19.79	20
	1:02.34 1:17.45				

**Event 16 Men 60-64 100 SC Meter IM**

1	Staton, Brian	60	British Columbia Masters	1:20.83	20
	38.80 42.03				
2	Monohon, Paul	62	Thunderbird Aquatic Club Maste	1:24.43	17
	37.71 46.72				
3	Jacobsen, Jeff	63	South Whidbey Island Masters	1:45.03	16
	50.84 54.19				

**Event 16 Men 65-69 100 SC Meter IM**

1	Carlson, Lee	67	Thunderbird Aquatic Club Maste	1:42.69	20
	45.89 56.80				

**Event 16 Men 70-74 100 SC Meter IM**

1	Rehfeldt, Don	73	Unattached	1:53.31	20
	57.86 55.45				
2	Fritz, Jack R	74	Unattached	2:16.15	17
	1:05.49 1:10.66				