

## MSC Nationals 2009 Nationaux MNC

## Results

**Women 18-24 50 SC Meter Freestyle**

1	Arthur, Jennifer	24	CMSC	27.42	20
2	Petrone, Juli	20	ETOB	28.77	17
3	Palmer, Serena	20	CFST	29.75	16
4	Shallhorn, Rachael	21	CFST	29.90	15
5	Perron, Kathleen	20	TECH	30.48	14
6	MacLennan, Caroleene	20	BURL	31.11	13
7	Mazalica, Antonija	20	UTMM	31.23	12
8	Chong, Lori	21	UTMM	32.55	11
9	Kellenberger, Lisa	23	GMM	32.64	9
10	McKenna, Tracey	20	THOR	33.71	7
11	Hlevca, Raluca	23	MARK	33.88	6
12	Grodzevich, Olena	24	TYMS	36.36	5

**Women 18-24 100 SC Meter Freestyle**

1	Petrone, Juli	20	ETOB	1:01.78	20
	29.83	1:01.78			
2	Arthur, Jennifer	24	CMSC	1:03.10	17
	27.95	1:03.10			
3	Palmer, Serena	20	CFST	1:03.37	16
	30.35	1:03.37			
4	Shallhorn, Rachael	21	CFST	1:03.76	15
	30.48	1:03.76			
5	Chan, Sarah	23	TYMS	1:06.21	14
	31.28	1:06.21			
6	Perron, Kathleen	20	TECH	1:06.56	13
	31.99	1:06.56			
7	MacLennan, Caroleene	20	BURL	1:07.24	12
	32.22	1:07.24			
8	Mazalica, Antonija	20	UTMM	1:08.71	11
	32.70	1:08.71			
9	Courtemanche, Amy	20	AURO	1:09.91	9
	32.55	1:09.91			
10	Rivest, Audrey	24	UNNS	1:10.79	7
	34.33	1:10.79			
11	Kellenberger, Lisa	23	GMM	1:11.74	6
	34.38	1:11.74			
12	Coley, Blaire	20	AURO	1:11.87	5
	33.88	1:11.87			
13	McKenna, Tracey	20	THOR	1:13.82	4
	36.78	1:13.82			
14	Paton, Erin	23	UTMM	1:14.54	3
	35.02	1:14.54			
15	Hlevca, Raluca	23	MARK	1:15.48	2
	36.42	1:15.48			
16	Furlong, Kali	24	LSD	1:20.14	1
	39.36	1:20.14			
17	Grodzevich, Olena	24	TYMS	1:22.32	
	38.80	1:22.32			

**Women 18-24 200 SC Meter Freestyle**

1	Bigelow, Stephanie	23	CFST	2:16.76	20
	30.62	1:04.44	1:40.02	2:16.76	
2	Palmer, Serena	20	CFST	2:19.62	17
	31.77	1:07.41	1:44.28	2:19.62	
3	van Warmerdam, Christine	19	BURL	2:22.89	16
	32.52	1:08.53	1:45.67	2:22.89	

4	Ostojic, Aleksandra	19	TECH	2:28.02	15
	32.76	1:09.86	1:49.02	2:28.02	
5	Chan, Sarah	23	TYMS	2:29.72	14
	21.13	1:08.94	1:48.09	2:29.72	
6	Rivest, Audrey	24	UNNS	2:32.42	13
	35.26	1:13.91	1:53.72	2:32.42	
7	Mazalica, Antonija	20	UTMM	2:33.06	12
	33.58	1:11.87	1:52.11	2:33.06	
8	Coley, Blaire	20	AURO	2:38.00	11
	34.73	1:15.22	1:57.35	2:38.00	
9	Furlong, Kali	24	LSD	2:58.50	9
	37.49	1:21.17	2:08.68	2:58.50	

**Women 18-24 400 SC Meter Freestyle**

1	van Warmerdam, Christine	19	BURL	4:55.50	20
	33.11	1:09.36	1:46.73	2:24.58	
	3:02.34	3:40.38	4:18.40	4:55.50	
2	Fowler, Stephanie	23	UTMM	4:56.77	17
	35.11	1:12.92	1:50.94	2:28.89	
	3:06.09	3:43.41	4:20.20	4:56.77	
3	Ostojic, Aleksandra	19	TECH	5:10.96	16
	34.49	1:12.81	1:52.47	2:32.45	
	3:12.34	3:52.64	4:32.72	5:10.96	
4	MacLennan, Caroleene	20	BURL	5:14.49	15
	35.45	1:14.07	1:53.73	2:33.43	
	3:13.72	3:54.05	4:34.81	5:14.49	
5	Campbell, Jocelyn	20	ETOB	5:22.37	14
	34.84	1:13.36	1:53.01	2:33.94	
	3:15.75	3:58.31	4:40.90	5:22.37	
6	Salmon, Bailey	21	LSD	5:29.95	13
	37.07	1:17.71	1:59.40	2:40.99	
	3:23.28	4:05.75	4:48.51	5:29.95	
7	Furlong, Kali	24	LSD	6:27.27	12
	42.35	1:29.22	3:08.48		
	3:58.44	4:49.38	5:37.53	6:27.27	

**Women 18-24 800 SC Meter Freestyle**

1	van Warmerdam, Christine	19	BURL	10:08.52	20
	33.63	1:11.24	1:49.46	2:27.90	
	3:06.49	3:45.29	4:23.82	5:02.43	
	5:40.95	6:19.73	6:58.04	7:36.93	
	8:14.88	8:53.17	9:31.58	10:08.52	
2	Fowler, Stephanie	23	UTMM	10:15.03	17
	35.61	1:14.19	1:53.15	2:32.34	
	3:11.71	3:50.91	4:29.86	5:08.65	
	5:46.52	6:24.85	7:02.97	7:41.13	
	8:19.17	8:57.86	9:36.61	10:15.03	
3	Salmon, Bailey	21	LSD	11:35.59	16
	39.17	1:22.60	2:06.83	2:51.38	
	3:35.87	4:20.25	5:04.31	5:48.23	
	6:31.66	7:15.22	7:58.80	8:42.30	
	9:25.96	10:09.87	10:53.25	11:35.59	
4	Pearce, Anne Marie	23	TECH	11:54.42	15
	37.85	1:19.04	2:02.38	2:46.95	
	3:32.33	4:18.39	5:04.96	5:50.82	
	6:37.87	7:24.76	8:11.55	8:57.88	
	9:43.91	10:29.08	11:13.31	11:54.42	

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 18-24 800 SC Meter Freestyle)**

5	Furlong, Kali	24	LSD	13:00.38	14
	42.47	1:28.54	2:17.17	3:05.91	
	3:54.62	4:44.19	5:34.06	6:23.26	
	7:12.29	8:01.66	8:51.49	9:41.61	
	10:32.68	11:23.44	12:14.58	13:00.38	

**Women 18-24 1500 SC Meter Freestyle**

1	Salmon, Bailey	21	LSD	21:53.33	20
	38.71	1:20.99	2:04.02	2:46.95	
	3:29.98	4:13.66	4:56.87	5:40.65	
	6:24.49	7:07.70	7:51.71	8:35.64	
	9:19.57	10:03.81	10:47.72	11:32.53	
	12:16.94	13:00.56	13:43.67	14:28.27	
	15:14.00	15:57.80	16:40.69	17:25.21	
	18:09.52	18:53.59	19:38.77	20:23.55	
	21:53.33				
2	Pearce, Anne Marie	23	TECH	23:01.32	17
	39.11	1:22.34	2:06.88	2:51.57	
	3:36.94	4:23.13	5:09.53	5:56.28	
		7:29.85	8:18.13	9:05.25	
	9:52.66	10:39.28	11:26.34	12:13.19	
	13:00.28	13:48.85	14:36.31	15:23.69	
	16:11.41	16:57.69	17:44.25	18:30.44	
	19:17.03	20:04.91	20:50.63	21:36.44	
	22:22.07	23:01.32			
3	Furlong, Kali	24	LSD	25:40.08	16
	44.36	1:32.40	2:21.19	3:11.63	
	4:02.06	4:57.70	5:43.96		
	7:28.64	8:21.14	9:13.81	10:06.63	
	10:56.43	11:49.26	12:41.26	13:33.84	
	14:25.98	15:18.88	16:11.74	17:05.56	
	17:55.97	18:49.84	19:42.00	20:33.85	
	21:26.55	22:18.99	23:10.34	24:02.17	
	24:52.74	25:40.08			

**Women 18-24 50 SC Meter Backstroke**

1	Arthur, Jennifer	24	CMSC	31.87	20
2	Petrone, Juli	20	ETOB	32.53	17
3	Perron, Kathleen	20	TECH	32.90	16
4	Robinson, Caitlin	18	UTMM	33.70	15
5	Mitchell, Kirsten	19	AURO	34.46	14
6	Paton, Erin	23	UTMM	35.83	13
7	Courtemanche, Amy	20	AURO	38.76	12
8	McKenna, Tracey	20	THOR	39.56	11
9	Hlevca, Raluca	23	MARK	44.11	9

**Women 18-24 100 SC Meter Backstroke**

1	Robinson, Caitlin	18	UTMM	1:10.81	20
	34.71	1:10.81			
2	Perron, Kathleen	20	TECH	1:12.28	17
	35.71	1:12.28			
3	Shallhorn, Rachael	21	CFST	1:13.46	16
	35.60	1:13.46			
4	Paton, Erin	23	UTMM	1:15.88	15
	35.56	1:15.88			
5	Kellenberger, Lisa	23	GMM	1:23.93	14
	40.97	1:23.93			

**Women 18-24 200 SC Meter Backstroke**

1	Robinson, Caitlin	18	UTMM	2:31.47	20
	36.15	1:14.45	1:53.34	2:31.47	
2	van Warmerdam, Christine	19	BURL	2:34.13	17
	36.21	1:15.35	1:54.83	2:34.13	
3	Fowler, Stephanie	23	UTMM	2:34.86	16
	37.03	1:16.74	1:55.94	2:34.86	
4	Pearce, Anne Marie	23	TECH	2:56.62	15
	40.52	1:24.26	2:10.49	2:56.62	

**Women 18-24 50 SC Meter Breaststroke**

1	Arthur, Jennifer	24	CMSC	36.64	20
2	Palmer, Serena	20	CFST	38.32	17
3	Lee, Jorgina	23	UTMM	39.04	16
4	Campbell, Jocelyn	20	ETOB	39.66	15
5	MacLennan, Caroleene	20	BURL	39.97	14
6	Shallhorn, Rachael	21	CFST	40.73	13
7	Kellenberger, Lisa	23	GMM	41.58	12
8	Pearce, Anne Marie	23	TECH	41.79	11
9	Chong, Lori	21	UTMM	42.19	9
10	Grodzevich, Olena	24	TYMS	43.98	7
11	Hlevca, Raluca	23	MARK	47.14	6

**Women 18-24 100 SC Meter Breaststroke**

1	Bigelow, Stephanie	23	CFST	1:23.26	20
	38.85	1:23.26			
2	Campbell, Jocelyn	20	ETOB	1:25.00	17
	40.64	1:25.00			
3	Wu, Lucy	21	UTMM	1:25.31	16
	40.56	1:25.31			
4	Lee, Jorgina	23	UTMM	1:26.65	15
	39.55	1:26.65			
5	Palmer, Serena	20	CFST	1:27.49	14
	41.11	1:27.49			
6	Chong, Lori	21	UTMM	1:29.08	13
	42.25	1:29.08			
7	Chan, Sarah	23	TYMS	1:31.49	12
	43.23	1:31.49			
8	Kellenberger, Lisa	23	GMM	1:32.23	11
	43.12	1:32.23			
9	Coley, Blaire	20	AURO	1:35.44	9
	44.27	1:35.44			
10	Rich, Kristi	23	LSD	1:38.02	7
	45.87	1:38.02			
11	Furlong, Kali	24	LSD	1:40.97	6
	48.29	1:40.97			

**Women 18-24 200 SC Meter Breaststroke**

1	Wu, Lucy	21	UTMM	2:58.88	20
	41.44	1:26.85	2:12.46	2:58.88	
2	Campbell, Jocelyn	20	ETOB	3:02.76	17
	41.00	1:26.16	2:13.95	3:02.76	
3	Chong, Lori	21	UTMM	3:07.34	16
	42.20	1:29.42	2:18.91	3:07.34	
4	Pearce, Anne Marie	23	TECH	3:14.24	15
	44.27	1:33.17	2:23.50	3:14.24	
5	Furlong, Kali	24	LSD	3:34.51	14
	49.95	1:43.66	2:39.65	3:34.51	

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## Results

Women 18-24 50 SC Meter Butterfly				
1	Bigelow, Stephanie	23	CFST	30.37 20
2	Petrone, Juli	20	ETOB	30.56 17
3	Gonzalez, Juliana	23	AURO	31.41 16
4	Shallhorn, Rachael	21	CFST	32.08 15
5	Campbell, Jocelyn	20	ETOB	32.89 14
6	Perron, Kathleen	20	TECH	33.17 13
7	Lee, Jorgina	23	UTMM	33.57 12
8	Ostojic, Aleksandra	19	TECH	33.93 11
9	Chan, Sarah	23	TYMS	34.64 9
10	Kellenberger, Lisa	23	GMM	36.24 7
11	Rich, Kristi	23	LSD	36.74 6
12	Salmon, Bailey	21	LSD	37.22 5
13	Mazalica, Antonija	20	UTMM	37.44 4
14	Rivest, Audrey	24	UNNS	37.78 3
15	Hlevca, Raluca	23	MARK	39.19 2
16	Coley, Blaire	20	AURO	39.72 1
17	Grodzevich, Olena	24	TYMS	40.49
18	McKenna, Tracey	20	THOR	41.98
---	Arthur, Jennifer	24	CMSC	X29.07

  

Women 18-24 100 SC Meter Butterfly				
1	Petrone, Juli	20	ETOB	1:06.56 20
	30.91	1:06.56		
2	Wu, Lucy	21	UTMM	1:10.09 17
	32.32	1:10.09		
3	Campbell, Jocelyn	20	ETOB	1:11.70 16
	32.92	1:11.70		
4	van Warmerdam, Christine	19	BURL	1:15.96 15
	34.82	1:15.96		
5	Perron, Kathleen	20	TECH	1:18.43 14
	35.26	1:18.43		
6	Mazalica, Antonija	20	UTMM	1:27.97 13
	38.22	1:27.97		

  

Women 18-24 200 SC Meter Butterfly				
1	Bigelow, Stephanie	23	CFST	2:31.40 20
	33.40	1:11.42	1:51.86	2:31.40
2	Wu, Lucy	21	UTMM	2:32.70 17
	35.17	1:13.71	1:52.41	2:32.70
3	Ostojic, Aleksandra	19	TECH	2:42.00 16
	36.53	1:18.41	2:00.88	2:42.00
4	Salmon, Bailey	21	LSD	3:23.10 15
	43.78	1:36.72	2:31.09	3:23.10

  

Women 18-24 100 SC Meter IM				
1	Bigelow, Stephanie	23	CFST	1:10.22 20
	32.53	1:10.22		
2	Gonzalez, Juliana	23	AURO	1:12.46 17
	33.40	1:12.46		
3	Fowler, Stephanie	23	UTMM	1:13.35 16
	33.63	1:13.35		
4	Robinson, Caitlin	18	UTMM	1:14.74 15
	34.39	1:14.74		
5	Palmer, Serena	20	CFST	1:15.88 14
	35.42	1:15.88		
6	Perron, Kathleen	20	TECH	1:16.28 13
	34.51	1:16.28		

  

7	van Warmerdam, Christine	19	BURL	1:16.67 12
	35.01	1:16.67		
8	Ostojic, Aleksandra	19	TECH	1:17.30 11
	35.90	1:17.30		
9	Lee, Jorgina	23	UTMM	1:20.76 9
	36.50	1:20.76		
10	Kellenberger, Lisa	23	GMM	1:23.11 7
	38.64	1:23.11		
11	Rivest, Audrey	24	UNNS	1:24.19 6
	38.90	1:24.19		
12	Coley, Blaire	20	AURO	1:25.59 5
	39.19	1:25.59		
13	Rich, Kristi	23	LSD	1:26.82 4
	40.05	1:26.82		
14	McKenna, Tracey	20	THOR	1:27.10 3
	41.21	1:27.10		
15	Hlevca, Raluca	23	MARK	1:28.62 2
	41.51	1:28.62		
16	Grodzevich, Olena	24	TYMS	1:30.79 1
	41.70	1:30.79		

  

Women 18-24 200 SC Meter IM				
1	Bigelow, Stephanie	23	CFST	2:34.93 20
	32.26	1:13.23	1:58.45	2:34.93
2	Fowler, Stephanie	23	UTMM	2:36.07 17
	34.99	1:13.89	2:00.44	2:36.07
3	Shallhorn, Rachael	21	CFST	2:37.00 16
	33.36	1:12.46	1:59.33	2:37.00
4	Gonzalez, Juliana	23	AURO	2:37.33 15
	33.48	1:12.50	1:59.11	2:37.33
5	Wu, Lucy	21	UTMM	2:37.72 14
	33.54	1:14.76	2:01.59	2:37.72
6	Robinson, Caitlin	18	UTMM	2:38.42 13
	34.93	1:12.95	2:02.43	2:38.42
7	van Warmerdam, Christine	19	BURL	2:41.92 12
	35.18	1:14.55	2:05.36	2:41.92
8	Ostojic, Aleksandra	19	TECH	2:45.38 11
	34.97	1:17.58	2:06.94	2:45.38
9	Mazalica, Antonija	20	UTMM	2:57.50 9
	38.64	1:24.41	2:17.54	2:57.50
10	Pearce, Anne Marie	23	TECH	3:02.00 7
	43.06	1:28.03	2:20.30	3:02.00
11	Rich, Kristi	23	LSD	3:13.10 6
	40.34	1:31.67	2:28.69	3:13.10
---	Salmon, Bailey	21	LSD	DQ
	41.95	1:29.76	2:24.26	DQ

  

Women 18-24 400 SC Meter IM				
1	Bigelow, Stephanie	23	CFST	5:24.68 20
	32.43	1:10.31	1:52.56	2:34.14
	3:18.93	4:06.32	4:46.36	5:24.68
2	Ostojic, Aleksandra	19	TECH	5:49.35 17
	35.78	1:17.22	2:02.58	2:47.09
	3:37.81	4:28.50	5:09.17	5:49.35
3	Pearce, Anne Marie	23	TECH	6:21.29 16
	43.07	1:33.89	2:20.59	3:07.33
	4:00.45	4:53.63	5:38.15	6:21.29

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**(Women 18-24 400 SC Meter IM)**

4	Salmon, Bailey	21	LSD	6:26.78	15
	43.41	1:36.02	2:24.89	3:13.11	
	4:05.98	5:00.84	5:44.13	6:26.78	

**Women 25-29 50 SC Meter Freestyle**

1	Gordon, Michelle	27	CFST	27.41	20
2	Stephenson, Frances	25	TYMS	29.05	17
3	Zarins, Stephanie	29	WIND	29.70	16
4	Sliekers, Stephanie	25	NT	30.14	15
5	Baird, Haelie	27	NT	30.39	14
6	Wells, Lauren	27	AURO	30.52	13
7	Gritke, Jenny	27	LSD	30.73	12
8	Westernacher, Eileen	27	THOR	32.68	11
9	Bowie, Alison	25	MASC	34.35	9
10	Hansen, Johanna	26	KING	35.70	7
11	Martin, Laetitia	27	TECH	43.59	6
12	Stepanians, Alina	29	MASC	1:01.51	5

**Women 25-29 100 SC Meter Freestyle**

1	Gordon, Michelle	27	CFST	1:01.62	20
	29.47	1:01.62			
2	Stephenson, Frances	25	TYMS	1:02.21	17
	30.07	1:02.21			
3	Zarins, Stephanie	29	WIND	1:04.34	16
	30.94	1:04.34			
4	Sliekers, Stephanie	25	NT	1:06.21	15
	32.38	1:06.21			
5	Baird, Haelie	27	NT	1:06.28	14
	31.52	1:06.28			
6	Abgarov, Alisa	26	NT	1:06.49	13
	32.16	1:06.49			
7	Black-Allen, Caitlin	28	NT	1:06.97	12
	31.74	1:06.97			
8	Gritke, Jenny	27	LSD	1:07.98	11
	32.39	1:07.98			
9	Houston, Colleen	28	EMSC	1:08.74	9
	33.15	1:08.74			
10	Reid, Kathryn	27	NT	1:09.31	7
	33.42	1:09.31			
11	Kwok, Heather	29	NT	1:09.60	6
	33.54	1:09.60			
12	Fraser, Amanda	26	BURL	1:10.41	5
	34.14	1:10.41			
13	Evans, Meredith	26	YMCA	1:11.19	4
	33.95	1:11.19			
14	Wilson, Katherine	25	NYG	1:14.27	3
	35.35	1:14.27			
15	Randall, Kristine	28	TECH	1:17.58	2
	37.03	1:17.58			
16	Hansen, Johanna	26	KING	1:17.75	1
	37.25	1:17.75			
17	Camacho, Liliana	25	NYG	1:26.61	
	40.93	1:26.61			
18	Buyamusky, Laura	25	THOR	1:31.55	
	41.18	1:31.55			
19	Martin, Laetitia	27	TECH	1:41.13	
	48.26	1:41.13			

20	Ross, Erin	28	AURO	1:42.54	
	48.15	1:42.54			
21	Bates, Sharon	26	AURO	1:52.87	
	51.68	1:52.87			

**Women 25-29 200 SC Meter Freestyle**

1	Zarins, Stephanie	29	WIND	2:19.13	20
	31.85	1:06.88	1:43.08	2:19.13	
2	Kwok, Heather	29	NT	2:25.97	17
	34.35	1:10.64	1:47.86	2:25.97	
3	Wells, Lauren	27	AURO	2:28.90	16
	34.39	1:11.51	1:50.02	2:28.90	
4	Sliekers, Stephanie	25	NT	2:28.92	15
	34.23	1:11.37	1:50.11	2:28.92	
5	Houston, Colleen	28	EMSC	2:30.75	14
	34.48	1:12.19	1:51.37	2:30.75	
6	Gritke, Jenny	27	LSD	2:30.84	13
	33.67	1:11.62	1:51.57	2:30.84	
7	Reid, Kathryn	27	NT	2:31.39	12
	34.76	1:12.70	1:51.63	2:31.39	
8	Fraser, Amanda	26	BURL	2:35.81	11
	35.82	1:13.96	1:55.38	2:35.81	
9	Moe, Birget	26	EMSC	2:38.05	9
	37.35	1:17.87	1:59.16	2:38.05	
10	Key, Amber	25	CLAR	2:39.01	7
	35.67	1:15.74	1:57.10	2:39.01	
11	Skipper, Victoria	26	NT	2:43.82	6
	34.94	1:15.45	1:58.54	2:43.82	
12	Wilson, Katherine	25	NYG	2:45.85	5
	41.02	1:23.34	2:05.16	2:45.85	
13	Pus, Laura	26	LSD	2:50.55	4
	38.35	1:21.10	2:06.31	2:50.55	
14	Robinson, Larissa	29	ANC	3:01.34	3
	39.71	1:24.55	2:13.14	3:01.34	
15	Brown, Carolyn	25	TECH	3:16.20	2
	45.05	1:35.44	2:26.94	3:16.20	

**Women 25-29 400 SC Meter Freestyle**

1	Stephenson, Frances	25	TYMS	4:46.68	20
	32.81	1:08.02	1:44.45	2:21.29	
	2:58.48	3:35.70	4:12.19	4:46.68	
2	Zarins, Stephanie	29	WIND	4:47.12	17
	32.81	1:08.04	1:44.12	2:20.59	
	2:57.01	3:33.84	4:11.21	4:47.12	
3	Chin, Lisa	28	MASC	5:05.45	16
	35.54	1:13.77	1:52.88	2:32.00	
	3:11.10	3:50.17	4:28.96	5:05.45	
4	Kwok, Heather	29	NT	5:08.88	15
	35.50	1:13.56	1:51.89	2:31.02	
	3:10.38	3:50.06	4:29.62	5:08.88	
5	Wells, Lauren	27	AURO	5:28.76	14
	37.16	1:17.52	1:59.05	2:41.02	
	3:22.67	4:04.94	4:46.97	5:28.76	
6	Moe, Birget	26	EMSC	5:33.67	13
	38.57	1:20.35	2:03.07	2:46.06	
	3:28.73	4:11.54	4:53.85	5:33.67	
7	Key, Amber	25	CLAR	5:38.87	12
	38.58	1:20.87	2:05.08	2:49.19	
	3:31.30	4:13.85	4:57.19	5:38.87	

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 25-29 400 SC Meter Freestyle)**

8 Skipper, Victoria	26 NT	5:42.74	11
37.70	1:19.61	2:03.26	2:47.16
3:30.60	4:14.81	4:58.71	5:42.74
9 Westernacher, Eileen	27 THOR	6:00.63	9
37.14	1:18.69	2:03.25	2:48.92
3:35.51	4:24.79	5:13.83	6:00.63
10 Robinson, Larissa	29 ANC	6:25.15	7
11 Desmarais, Catherine	29 TECH	6:28.44	6
42.26	1:29.21	2:18.38	3:08.85
3:59.40	4:50.17	5:41.43	6:28.44
12 Brown, Carolyn	25 TECH	6:49.21	5
45.66	1:38.47	2:32.33	3:24.85
4:17.65	5:10.07	6:01.49	6:49.21

**Women 25-29 800 SC Meter Freestyle**

1 Chin, Lisa	28 MASC	10:18.39	20
35.53	1:13.97	1:52.97	2:32.37
3:11.80	3:51.12	4:30.47	5:09.53
5:48.52	6:27.84	7:06.70	7:45.70
8:24.46	9:03.44	9:42.07	10:18.39
2 Key, Amber	25 CLAR	11:27.38	17
38.78	1:21.83	2:04.42	2:46.76
3:29.23	4:13.42	4:57.03	5:40.77
6:23.92	7:07.28	7:51.10	8:34.56
9:17.53	10:01.15	10:44.89	11:27.38
3 Bell, Katie	25 ETOB	11:32.66	16
39.15	1:22.69	2:07.21	2:52.22
3:37.27	4:21.64	5:06.06	5:50.11
6:33.90	7:17.05	8:00.28	8:43.45
9:26.74	10:09.84	10:52.76	11:32.66
4 Randall, Kristine	28 TECH	12:31.37	15
40.87	1:27.08	2:14.05	3:01.47
3:49.47	4:37.28	5:25.47	6:13.92
7:01.83	7:49.57	8:38.26	9:26.31
10:13.84	11:01.14	11:47.92	12:31.37
5 Tipler, Allison	27 ETOB	12:48.93	14
45.60	1:35.07	2:25.17	3:14.87
4:04.28	4:53.21	5:42.55	6:31.64
7:19.67	8:08.08	8:56.31	9:43.58
10:29.68	11:16.68	12:04.28	12:48.93
6 Robinson, Larissa	29 ANC	13:21.09	13
43.28	1:30.28	2:19.52	3:09.67
4:00.23	4:51.19	5:42.23	6:33.83
7:24.32	8:15.42	9:05.81	9:56.82
10:48.03	11:39.76	12:29.62	13:21.09
7 Desmarais, Catherine	29 TECH	13:26.76	12
43.22	1:31.04	2:21.18	3:12.49
4:04.25	4:55.65	5:47.04	6:38.46
7:30.18	8:21.89	9:13.86	10:05.73
10:57.39	11:49.77	12:40.63	13:26.76
8 Ferguson, Amelia	28 OSAC	13:55.46	11
45.60	1:35.58	2:27.79	3:19.87
4:12.32	5:05.06	5:58.58	6:51.96
7:45.06	8:39.04	9:31.46	10:25.44
11:19.49	12:12.99	13:07.27	13:55.46

9 Martin, Laetitia	27 TECH	17:08.22	9
55.87	1:59.71	3:04.95	4:11.89
5:18.45	6:26.85	7:33.72	8:41.12
9:48.80	10:55.40	12:02.13	13:07.39
14:12.01	15:16.87	16:17.22	17:08.22

**Women 25-29 1500 SC Meter Freestyle**

1 Chin, Lisa	28 MASC	19:54.55	20
36.31	1:15.77	1:55.73	2:35.67
3:15.73	3:55.90	4:36.19	5:16.64
5:57.02	6:37.61	7:17.89	7:57.93
8:37.87	9:18.00	9:58.11	10:37.77
11:17.81	11:57.85	12:38.09	13:18.22
13:58.14	14:38.20	15:18.09	15:58.68
16:38.58	17:18.69	17:58.68	18:38.37
19:17.56	19:54.55		
2 Moe, Birget	26 EMSC	21:42.10	17
38.48		2:03.67	2:47.14
3:30.52	4:13.08	4:57.26	5:40.68
6:24.20	7:07.84	7:51.14	8:34.78
9:18.37	10:02.13	10:45.81	11:29.27
12:12.91	12:56.57	13:40.32	14:23.92
15:08.15	15:52.28	16:36.37	
18:04.57	18:48.42	19:32.77	20:16.59
21:42.10			
3 Key, Amber	25 CLAR	22:05.25	16
40.03	1:23.57	2:07.13	2:51.37
3:35.03	4:18.78	5:02.69	5:47.34
6:31.57	7:16.31	8:00.16	8:43.57
9:27.53	10:11.47	10:56.66	11:40.57
12:27.03	13:11.50	13:57.03	14:41.97
15:25.25	16:09.37	16:53.75	17:38.03
18:22.22	19:06.91	19:51.72	20:37.57
21:22.41	22:05.25		
4 Tipler, Allison	27 ETOB	25:00.17	15
45.58	1:35.11	2:25.73	3:17.52
4:08.27	4:59.99	5:51.43	6:42.36
7:33.58	8:25.27	9:16.77	10:06.87
10:51.67	11:48.02	12:38.70	13:28.77
14:18.96	15:09.87	16:00.64	16:51.55
17:41.96	18:30.93	19:20.11	20:09.96
20:59.23	21:48.80	22:37.36	23:27.02
24:14.99	25:00.17		
5 Brown, Carolyn	25 TECH	25:20.28	14
44.85	1:36.66	2:27.28	3:17.87
4:09.05	5:00.11	5:50.88	6:41.58
7:32.69	8:23.72	9:14.11	10:05.31
10:56.46	11:47.39	12:37.94	13:27.95
14:19.02	15:10.59	16:01.36	16:51.90
17:43.25	18:14.07	19:25.52	20:17.28
21:08.20	21:59.89	22:52.03	23:41.41
24:31.96	25:20.28		

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**(Women 25-29 1500 SC Meter Freestyle)**

6	Martin, Laetitia	27	TECH	32:15.15	13
	52.66	1:53.91	2:57.87	4:02.77	
	5:07.72	6:12.05	7:15.88	8:21.15	
	9:24.22	10:28.00	11:32.19	12:36.57	
	13:42.03	14:47.04	15:51.85	16:56.20	
	18:00.09	19:04.65	20:10.41	21:15.95	
	22:23.50	23:32.56	24:39.38	25:46.30	
	26:53.00	27:58.91	29:05.77	30:13.66	
	31:19.28	32:15.15			
7	Bates, Sharon	26	AURO	34:23.27	12
	55.26	2:00.39	3:05.97	4:13.23	
	5:22.18	6:32.59	7:42.45	8:52.61	
	10:03.75	11:13.56	12:22.70	13:31.95	
	14:42.88	15:54.06	17:03.60	18:13.29	
	19:22.00	20:32.16	21:41.15	22:52.65	
	24:00.47	25:11.34	26:22.81	27:32.73	
	28:41.66	29:51.78	31:02.02	32:10.93	
	33:19.31	34:23.27			

**Women 25-29 50 SC Meter Backstroke**

1	Abgarov, Alisa	26	NT	33.58	20
2	Sodonis, Andrea	26	AURO	35.43	17
3	Sliekers, Stephanie	25	NT	35.46	16
4	Houston, Colleen	28	EMSC	36.57	15
5	Evans, Meredith	26	YMCA	36.96	14
6	Bowie, Alison	25	MASC	38.33	13
7	Westernacher, Eileen	27	THOR	38.44	12
8	Wilson, Katherine	25	NYG	40.07	11
9	Hansen, Johanna	26	KING	40.23	9
10	Camacho, Liliana	25	NYG	47.71	7
11	Buyamusky, Laura	25	THOR	51.67	6
12	Martin, Laetitia	27	TECH	1:03.30	5

**Women 25-29 100 SC Meter Backstroke**

1	Gordon, Michelle	27	CFST	1:12.62	20
	35.62	1:12.62			
2	Abgarov, Alisa	26	NT	1:12.78	17
	36.10	1:12.78			
3	Sodonis, Andrea	26	AURO	1:16.30	16
	37.30	1:16.30			
4	Houston, Colleen	28	EMSC	1:19.33	15
	38.64	1:19.33			
5	Evans, Meredith	26	YMCA	1:20.17	14
	37.98	1:20.17			
6	Reid, Kathryn	27	NT	1:21.73	13
	40.55	1:21.73			
7	Bowie, Alison	25	MASC	1:24.63	12
	41.69	1:24.63			
8	Randall, Kristine	28	TECH	1:28.43	11
	43.58	1:28.43			

**Women 25-29 200 SC Meter Backstroke**

1	Nichols, Laura	27	LSD	2:40.94	20
	37.35	1:17.98	1:59.33	2:40.94	
2	Houston, Colleen	28	EMSC	2:41.37	17
	36.99	1:17.65	1:59.62	2:41.37	

3	Wedlake, Julie	26	LSD	2:51.69	16
	39.43	1:22.72	2:07.54	2:51.69	
4	Ferguson, Amelia	28	OSAC	3:21.15	15
	48.83	1:39.96	2:31.18	3:21.15	
5	Martin, Laetitia	27	TECH	4:43.51	14
	2:17.76	3:32.98	4:43.51		

**Women 25-29 50 SC Meter Breaststroke**

1	Gritke, Jenny	27	LSD	40.73	20
2	Westernacher, Eileen	27	THOR	42.40	17
3	Desmarais, Catherine	29	TECH	44.46	16
4	Martin, Laetitia	27	TECH	58.13	15
5	Stepanians, Alina	29	MASC	1:00.00	14

**Women 25-29 100 SC Meter Breaststroke**

1	Gordon, Michelle	27	CFST	1:20.85	20
	38.39	1:20.85			
2	Wedlake, Julie	26	LSD	1:27.40	17
	41.64	1:27.40			
3	Desmarais, Catherine	29	TECH	1:36.60	16
	45.72	1:36.60			
4	Brown, Carolyn	25	TECH	1:39.15	15
	46.36	1:39.15			

**Women 25-29 200 SC Meter Breaststroke**

1	Wedlake, Julie	26	LSD	3:08.98	20
	42.57	1:29.76	2:19.04	3:08.98	
2	Black-Allen, Caitlin	28	NT	3:09.50	17
	43.56	1:32.32	2:21.81	3:09.50	
3	Brown, Carolyn	25	TECH	3:32.28	16
	48.69	1:43.48	2:38.90	3:32.28	
4	Evans, Meredith	26	YMCA	3:32.46	15
	50.78	1:45.30	2:40.30	3:32.46	
5	Desmarais, Catherine	29	TECH	3:34.72	14
	50.16	1:45.19	2:41.53	3:34.72	
6	Ferguson, Amelia	28	OSAC	4:01.10	13
	57.06	1:57.75	2:58.83	4:01.10	

**Women 25-29 50 SC Meter Butterfly**

1	Gordon, Michelle	27	CFST	29.67	20
2	Moran, Erika	26	LSD	30.68	17
3	Stephenson, Frances	25	TYMS	31.74	16
4	Wedlake, Julie	26	LSD	33.49	15
5	Gritke, Jenny	27	LSD	34.04	14
6	Baird, Haelie	27	NT	34.45	13
7	Fraser, Amanda	26	BURL	34.68	12
8	Kwok, Heather	29	NT	34.91	11
9	Bowie, Alison	25	MASC	37.46	9
10	Robinson, Larissa	29	ANC	41.56	7
11	Desmarais, Catherine	29	TECH	41.95	6
12	Brown, Carolyn	25	TECH	42.64	5
13	Buyamusky, Laura	25	THOR	46.68	4

**Women 25-29 100 SC Meter Butterfly**

1	Moran, Erika	26	LSD	1:11.49	20
		1:05.52	1:05.38	1:11.49	
2	Baird, Haelie	27	NT	1:14.90	17
		1:13.42	1:14.90		
3	Sodonis, Andrea	26	AURO	1:16.30	16
		1:07.47	1:07.47	1:16.30	

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<b>(Women 25-29 100 SC Meter Butterfly)</b>					16 Desmarais, Catherine	29 TECH	1:31.38	1
4 Black-Allen, Caitlin	28 NT		1:16.98	15	44.56	1:31.38		
	1:10.66	1:10.62	1:16.98		<b>Women 25-29 200 SC Meter IM</b>			
5 Wedlake, Julie	26 LSD		1:17.43	14	1 Zarins, Stephanie	29 WIND	2:35.20	20
	1:09.13	1:09.20	1:17.43		34.20	1:13.79	2:00.09	2:35.20
6 Pus, Laura	26 LSD		1:29.75	13	2 Stephenson, Frances	25 TYMS	2:35.70	17
	41.60	1:29.75			32.92	1:13.49	2:00.94	2:35.70
7 Bowie, Alison	25 MASC		1:30.20	12	3 Sodonis, Andrea	26 AURO	2:45.65	16
	1:14.77	1:14.62	1:30.20		35.65	1:17.85	2:07.90	2:45.65
8 Wilson, Katherine	25 NYG		1:36.31	11	4 Black-Allen, Caitlin	28 NT	2:48.09	15
	1:19.97	1:19.86	1:36.31		36.56	1:21.16	2:10.35	2:48.09
<b>Women 25-29 200 SC Meter Butterfly</b>					5 Nichols, Laura	27 LSD	2:50.06	14
1 Baird, Haelie	27 NT		2:50.43	20	36.94	1:18.52	2:09.29	2:50.06
	36.06	1:17.04	2:02.78	2:50.43	6 Kwok, Heather	29 NT	2:50.39	13
2 Moe, Birget	26 EMSC		3:05.74	17	36.49	1:20.41	2:11.08	2:50.39
	42.25	1:29.41	2:17.85	3:05.74	7 Gritke, Jenny	27 LSD	2:51.61	12
3 Black-Allen, Caitlin	28 NT		3:06.54	16	35.81	1:21.93	2:12.58	2:51.61
	39.32	1:25.62	2:16.35	3:06.54	8 Wedlake, Julie	26 LSD	2:52.03	11
4 Key, Amber	25 CLAR		3:11.15	15	35.92	1:20.86	2:10.59	2:52.03
	43.26	1:32.48	2:24.26	3:11.15	9 Moran, Erika	26 LSD	2:52.74	9
5 Hansen, Johanna	26 KING		3:38.84	14	35.48	1:20.99	2:11.82	2:52.74
	45.55	1:42.67	2:42.47	3:38.84	10 Moe, Birget	26 EMSC	2:59.21	7
6 Ferguson, Amelia	28 OSAC		3:57.58	13	40.33	1:27.50	2:19.79	2:59.21
	52.57	1:51.98	2:55.23	3:57.58	11 Evans, Meredith	26 YMCA	3:00.88	6
<b>Women 25-29 100 SC Meter IM</b>					39.51	1:23.47	2:18.79	3:00.88
1 Sodonis, Andrea	26 AURO		1:16.35	20	12 Key, Amber	25 CLAR	3:04.25	5
	34.99	1:16.35			39.32	1:27.04	2:21.55	3:04.25
2 Moran, Erika	26 LSD		1:16.70	17	13 Randall, Kristine	28 TECH	3:14.45	4
	35.70	1:16.70			43.32	1:32.34	2:27.77	3:14.45
3 Abgarov, Alisa	26 NT		1:17.10	16	14 Brown, Carolyn	25 TECH	3:30.92	3
	35.79	1:17.10			44.52	1:45.45	2:39.60	3:30.92
4 Sliemers, Stephanie	25 NT		1:17.75	15	--- Fraser, Amanda	26 BURL	DQ	
	34.70	1:17.75			37.31	1:22.74	2:15.97	DQ
5 Gritke, Jenny	27 LSD		1:17.92	14	<b>Women 25-29 400 SC Meter IM</b>			
	37.90	1:17.92			1 Stephenson, Frances	25 TYMS	5:29.37	20
6 Wedlake, Julie	26 LSD		1:19.16	13	34.47	1:14.24	1:57.03	2:39.01
	36.62	1:19.16			3:28.15	4:17.76	4:54.74	5:29.37
7 Kwok, Heather	29 NT		1:19.60	12	2 Zarins, Stephanie	29 WIND	5:29.43	17
	37.24	1:19.60			35.41	1:16.53	1:58.78	2:41.17
8 Fraser, Amanda	26 BURL		1:19.70	11	3:28.83	4:17.11	4:53.95	5:29.43
	36.57	1:19.70			3 Moran, Erika	26 LSD	6:10.83	16
9 Wells, Lauren	27 AURO		1:20.45	9	35.54	1:18.37	2:08.11	2:57.03
	38.35	1:20.45			3:48.97	4:42.12	5:27.70	6:10.83
10 Evans, Meredith	26 YMCA		1:23.65	7	4 Moe, Birget	26 EMSC	6:21.48	15
	37.64	1:23.65			41.90	1:29.96	2:19.58	3:08.78
11 Westernacher, Eileen	27 THOR		1:24.00	6	4:03.16	4:58.10	5:40.83	6:21.48
	38.54	1:24.00			5 Key, Amber	25 CLAR	6:28.24	14
12 Randall, Kristine	28 TECH		1:27.53	5	40.88	1:30.27	2:22.06	3:10.99
	41.08	1:27.53			4:06.12	5:03.26	5:46.54	6:28.24
13 Pus, Laura	26 LSD		1:28.47	4	<b>Women 30-34 50 SC Meter Freestyle</b>			
	41.97	1:28.47			1 Primorac, Marijana	30 NT	28.58	20
14 Bowie, Alison	25 MASC		1:28.92	3	2 Samkova, Zuzana	33 NT	29.16	17
	39.52	1:28.92			3 Tummonds, Jennifer	33 HALT	29.62	16
15 Wilson, Katherine	25 NYG		1:29.88	2	4 Hutchings, Holly	30 NEP	29.93	15
	42.94	1:29.88			5 Wortley, Michelle	33 CMSC	30.15	14
					6 Alain, Nicole	33 STAL	30.24	13

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<b>(Women 30-34 50 SC Meter Freestyle)</b>					23	Al Hertani, Walla	31	TECH	1:55.72		
7	Mascherin, Lindsay	30	TMU	30.32	12	54.36	1:55.72				
8	Simonetti, Suzy	32	NT	30.89	11						
9	Blakelock, Joanna	31	MASC	31.00	9						
10	Webb, Jenaya	34	TMU	32.66	7						
11	Gregson, Sabrina	34	LSD	33.10	6						
12	Rey, Irene	32	AURO	34.10	5						
13	Bayne, Kate	31	AURO	34.49	4						
14	Ayotte, Nathalie	34	TECH	37.07	3						
15	Goode, Miranda	30	LSD	37.16	2						
16	Heuft, Jennifer	34	BURL	42.15	1						
<b>Women 30-34 100 SC Meter Freestyle</b>					<b>Women 30-34 200 SC Meter Freestyle</b>						
1	Bertelink, Cindy	34	ETOB	1:00.15	20	1	Bertelink, Cindy	34	ETOB	2:08.98	20
	29.61	1:00.15					30.23	1:02.74	1:35.91	2:08.98	
2	Huggins, Nikki	30	BRCK	1:02.80	17	2	Charron, Christine	32	CMDG	2:15.68	17
	30.48	1:02.80					31.63	1:05.68	1:40.98	2:15.68	
3	Primorac, Marijana	30	NT	1:03.09	16	3	Woodworth, Amy	33	NT	2:16.01	16
	30.15	1:03.09					32.33	1:06.84	1:41.23	2:16.01	
4	Samkova, Zuzana	33	NT	1:04.11	15	4	Kerr, Jenn	30	BURL	2:23.72	15
	30.26	1:04.11					32.95	1:09.76	1:46.75	2:23.72	
5	Tummonds, Jennifer	33	HALT	1:05.05	14	5	Huggins, Nikki	30	BRCK	2:24.29	14
	30.83	1:05.05					31.98	1:07.37	1:45.47	2:24.29	
6	Charron, Christine	32	CMDG	1:05.47	13	6	Tummonds, Jennifer	33	HALT	2:25.60	13
	32.02	1:05.47					32.40	1:08.53	1:47.07	2:25.60	
7	Simonetti, Suzy	32	NT	1:07.03	12	7	Newman, Deb	33	WIN	2:26.15	12
	32.45	1:07.03					34.51	1:11.60	1:49.08	2:26.15	
8	Mascherin, Lindsay	30	TMU	1:07.06	11	8	Pietschmann, Suzanne	31	NYG	2:26.41	11
	32.20	1:07.06					32.23	1:08.61	1:47.69	2:26.41	
9	St John, Meaghan	34	LSD	1:10.57	9	9	Simonetti, Suzy	32	NT	2:27.68	9
	33.69	1:10.57					32.49	1:08.67	1:47.88	2:27.68	
10	Cameron, Nina	31	MASC	1:10.66	7	10	Wortley, Michelle	33	CMSC	2:28.82	7
	34.78	1:10.66					34.04	1:10.83	1:50.02	2:28.82	
11	Banton, Erin	32	TRAY	1:10.89	6	11	Blakelock, Joanna	31	MASC	2:33.68	6
	34.74	1:10.89					33.85	1:11.41	1:51.68	2:33.68	
12	Driediger, Molly	31	LSD	1:11.20	5	12	O'Keefe, Erin	32	NT	2:38.19	5
	34.11	1:11.20					35.98	1:15.83	1:57.09	2:38.19	
13	Bayne, Kate	31	AURO	1:15.06	4	13	Illingworth, Clare	30	GMM	2:41.52	4
	35.91	1:15.06					37.27	1:17.22	1:59.05	2:41.52	
14	Wahbe, Andrea	32	NT	1:15.28	3	14	Piccioli, Michelle	34	BURL	2:42.09	3
	35.85	1:15.28					36.45	1:17.44	1:59.79	2:42.09	
15	Rey, Irene	32	AURO	1:15.97	2	15	St John, Meaghan	34	LSD	2:43.76	2
	36.52	1:15.97					35.40	1:15.53	1:59.19	2:43.76	
16	Prebble, Carolyn	34	FMSC	1:16.11	1	16	Prebble, Carolyn	34	FMSC	2:46.44	1
	36.61	1:16.11					38.72	1:20.49	2:03.68	2:46.44	
17	Bandelj, Regina	34	MASC	1:17.42		17	Bayne, Kate	31	AURO	2:53.24	
	36.89	1:17.42					39.22	1:23.45	2:09.59	2:53.24	
18	Hall, Kate	32	YMCA	1:21.92		18	Hall, Kate	32	YMCA	3:00.33	
	39.09	1:21.92					44.35	1:30.48	2:17.10	3:00.33	
19	Ayotte, Nathalie	34	TECH	1:22.04		19	Ayotte, Nathalie	34	TECH	3:11.29	
	38.99	1:22.04					44.03	1:35.08	2:25.86	3:11.29	
20	Cheng, Yvonne	32	YMCA	1:27.89		20	Goode, Miranda	30	LSD	3:18.41	
	42.33	1:27.89					43.72	1:34.00	2:26.77	3:18.41	
21	Goode, Miranda	30	LSD	1:28.01		21	Cheng, Yvonne	32	YMCA	3:22.41	
	39.90	1:28.01					42.65	1:31.01	2:24.15	3:22.41	
22	Heuft, Jennifer	34	BURL	1:36.42		<b>Women 30-34 400 SC Meter Freestyle</b>					
	46.39	1:36.42				1	Bertelink, Cindy	34	ETOB	4:28.10	20
							30.94	1:04.64	1:39.02	2:13.30	
							2:47.23	3:20.99	3:54.69	4:28.10	
						2	Charron, Christine	32	CMDG	4:41.42	17
							32.50	1:07.52	1:43.16	2:18.88	
							2:54.72	3:30.50	4:06.24	4:41.42	
						3	Woodworth, Amy	33	NT	4:46.83	16
							32.59	1:07.68	1:43.52	2:19.57	
							2:56.18	3:33.20	4:10.29	4:46.83	



## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 30-34 400 SC Meter Freestyle)**

4	Kerr, Jenn	30	BURL	4:54.65	15
	34.92	1:12.60	1:50.87	2:28.77	
	3:06.26	3:43.29	4:19.75	4:54.65	
5	Newman, Deb	33	WIN	5:05.21	14
	35.07	1:13.18	1:52.01	2:30.85	
	3:10.20	3:49.40	4:28.18	5:05.21	
6	Brown, Angela	34	KING	5:10.80	13
	34.45	1:12.50	1:51.77	2:31.44	
	3:11.46	3:51.61	4:31.72	5:10.80	
7	Simonetti, Suzy	32	NT	5:19.22	12
	35.85	1:15.40	1:55.93	2:37.58	
	3:19.51	4:01.59	4:40.87	5:19.22	
8	O'Keefe, Erin	32	NT	5:28.77	11
	36.13	1:16.24	1:57.94	2:40.03	
	3:22.23	4:04.83	4:47.73	5:28.77	
9	St John, Meaghan	34	LSD	5:46.19	9
	36.28	1:17.88	2:02.20	2:47.20	
	3:32.57	4:18.49	5:04.09	5:46.19	
10	Illingworth, Clare	30	GMM	5:46.96	7
	20.31	1:23.27	2:06.91	2:51.55	
	3:35.82	4:20.09	5:04.25	5:46.96	
11	Prebble, Carolyn	34	FMSC	5:56.62	6
	40.53	1:25.00	2:09.82	2:54.90	
	3:39.43	4:25.22	5:11.06	5:56.62	
12	Bandelj, Regina	34	MASC	5:57.48	5
13	Ayotte, Nathalie	34	TECH	6:50.79	4
	47.31	1:40.56	2:33.72	3:27.50	
	4:20.12	5:12.70	6:04.71	6:50.79	
14	Dixon, Trudy	34	THOR	6:55.72	3
	44.40	1:33.72	2:26.83	3:20.43	
	4:16.06	5:11.09	6:05.12	6:55.72	

**Women 30-34 800 SC Meter Freestyle**

1	Newman, Deb	33	WIN	10:23.49	20
	34.75	1:12.62	1:51.21	2:30.08	
	3:09.44	3:49.03	4:28.92	5:08.99	
	5:48.63	6:28.23	7:07.71	7:47.11	
	8:26.53	9:06.03	9:45.53	10:23.49	
2	Tummonds, Jennifer	33	HALT	10:30.85	17
	34.67	1:12.71	1:51.41	2:30.66	
	3:10.64	3:50.50	4:30.76	5:11.09	
	5:51.43	6:31.90	7:11.95	7:52.39	
	8:32.88	9:13.70	9:54.20	10:30.85	
3	Brown, Angela	34	KING	10:31.45	16
	34.93	1:13.34	1:52.51	2:32.18	
	3:12.02	3:51.83	4:31.79	5:11.79	
	5:51.91	6:32.00	7:12.37	7:52.79	
	8:33.23	9:13.29	9:52.98	10:31.45	
4	Klostranec, Natalie	30	RMM	10:39.67	15
	34.76	1:13.44	1:53.37	2:33.63	
	3:14.20	3:55.06	4:36.02	5:16.68	
	5:57.51	6:38.03	7:18.82	7:59.34	
	8:40.29	9:21.23	10:01.58	10:39.67	

5	O'Keefe, Erin	32	NT	11:27.98	14
	36.13	1:17.23	1:59.10	2:41.63	
	3:25.14	4:09.19	4:53.65	5:38.54	
	6:23.07	7:06.29	7:49.81	8:34.17	
	9:18.11	10:01.46	10:45.54	11:27.98	
6	Wahbe, Andrea	32	NT	12:26.72	13
	39.49	1:24.30	2:10.85	2:57.79	
	3:44.82	4:32.41	5:19.85	6:07.26	
	6:54.85	7:42.34	8:30.19	9:18.35	
	10:05.64	10:53.71	11:41.64	12:26.72	
7	Ayotte, Nathalie	34	TECH	13:16.88	12
	45.29	1:36.26	2:25.90	3:16.41	
	4:07.70	4:59.05	5:50.63	6:41.50	
	7:32.40	8:22.09	9:13.51	10:04.03	
	10:54.84	11:44.43	12:33.85	13:16.88	
8	Dixon, Trudy	34	THOR	15:00.50	11
	45.55	1:37.00	2:30.81	3:28.41	
	4:28.77	5:26.41	6:24.98	7:21.89	
	8:20.51	9:20.81	10:21.24	11:18.50	
	12:15.64	13:11.52	14:07.40	15:00.50	

**Women 30-34 1500 SC Meter Freestyle**

1	Kerr, Jenn	30	BURL	19:26.61	20
	34.97	1:12.42	1:50.25	2:28.16	
	3:06.13	3:44.01	4:22.05	4:59.89	
	5:37.96	6:16.18	6:54.83	7:33.44	
	8:12.26	8:50.90	9:29.44	10:08.06	
	10:46.59	11:25.21	12:04.30	12:43.40	
	13:22.44	14:01.83	14:41.31	15:20.95	
	16:01.16	16:41.66	17:22.83	18:03.98	
	18:45.26	19:26.61			
2	Klostranec, Natalie	30	RMM	20:24.61	17
	35.85	1:15.60	1:56.17	2:37.07	
	3:17.62	3:58.58	4:39.63	5:21.09	
	6:02.10	6:43.26	7:24.14	8:05.57	
	8:47.05	9:28.39	10:09.74	10:50.91	
	11:32.28	12:13.51	12:54.90	13:36.16	
	14:17.45	14:58.76	15:39.79	16:21.27	
	17:02.41	17:43.62	18:24.84	19:05.90	
	19:46.32	20:24.61			
3	Illingworth, Clare	30	GMM	23:06.21	16
	40.53	1:23.22	2:06.73	2:51.20	
	3:36.80	4:21.82	5:07.90	5:54.50	
	6:41.16	7:26.88	8:12.67	9:00.37	
	9:48.32	10:33.68	11:20.88	12:08.32	
	12:55.60	13:43.93	14:30.65	15:17.77	
	16:04.54	16:51.66	17:38.09	18:25.83	
	19:13.43	20:00.38	20:48.14	21:35.07	
	22:29.96	23:06.21			
4	Ayotte, Nathalie	34	TECH	27:41.37	15
	48.10	1:43.39	2:39.88	3:34.33	
	4:29.53	5:26.49	6:22.02	7:18.69	
	8:13.66	9:09.41	10:06.12	11:01.98	
	11:57.62	12:53.57	13:50.41	14:47.24	
	15:45.09	16:44.93	17:41.99	18:38.22	
	19:35.20	20:29.99	21:25.99	22:20.88	
	23:16.69	24:10.74	25:05.25	26:00.32	
	26:54.27	27:41.37			

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**(Women 30-34 1500 SC Meter Freestyle)**

5	Dixon, Trudy	34	THOR	28:33.63	14
	47.02	1:39.14	2:33.61	3:29.64	
	4:24.58	5:20.23	6:17.33	7:12.93	
	8:10.64	9:09.02	10:07.08	11:06.02	
	12:05.20	13:02.05	14:00.73		
	15:54.80	16:52.36	17:50.93	18:48.23	
	19:48.43	20:45.64	21:45.96	22:45.64	
	23:45.83	24:47.36	25:46.02	26:43.27	
	27:39.70	28:33.63			

**Women 30-34 50 SC Meter Backstroke**

1	Hadd, Valerie	31	EBSC	32.14	20
2	Kerr, Jenn	30	BURL	33.26	17
3	Huggins, Nikki	30	BRCK	33.55	16
4	Alain, Nicole	33	STAL	34.02	15
5	Haneberry, Petra	34	BURL	34.34	14
6	Woodford, Shareen	30	GRAN	34.62	13
7	Mascherin, Lindsay	30	TMU	35.72	12
8	Driediger, Molly	31	LSD	39.07	11
9	St John, Meaghan	34	LSD	40.04	9
10	Wahbe, Andrea	32	NT	42.53	7
11	Cheng, Yvonne	32	YMCA	55.85	6
12	Al Hertani, Walla	31	TECH	1:03.81	5

**Women 30-34 100 SC Meter Backstroke**

1	Hadd, Valerie	31	EBSC	1:06.59	20
	33.00	1:06.59			
2	Burke, Sarah	31	NT	1:10.83	17
	34.59	1:10.83			
3	Haneberry, Petra	34	BURL	1:12.64	16
	35.15	1:12.64			
4	Alain, Nicole	33	STAL	1:15.21	15
	36.83	1:15.21			
5	Berry, Lesley	32	ATB	1:15.87	14
	36.75	1:15.87			
6	Woodford, Shareen	30	GRAN	1:16.53	13
	36.26	1:16.53			
7	Brown, Angela	34	KING	1:18.32	12
	37.82	1:18.32			
8	Newman, Deb	33	WIN	1:18.67	11
	38.80	1:18.67			
9	Mascherin, Lindsay	30	TMU	1:19.47	9
	38.25	1:19.47			
10	O'Keefe, Erin	32	NT	1:26.44	7
	42.57	1:26.44			
11	St John, Meaghan	34	LSD	1:27.70	6
	42.90	1:27.70			
12	Prebble, Carolyn	34	FMSC	1:29.27	5
	43.10	1:29.27			

**Women 30-34 200 SC Meter Backstroke**

1	Hadd, Valerie	31	EBSC	2:21.41	20
	34.66	1:10.45	1:45.38	2:21.41	
2	Kerr, Jenn	30	BURL	2:30.08	17
	35.82	1:13.91	1:51.98	2:30.08	
3	Haneberry, Petra	34	BURL	2:35.43	16
	36.40	1:15.74	1:55.42	2:35.43	

4	Newman, Deb	33	WIN	2:45.98	15
	39.44	1:21.39	2:04.14	2:45.98	
5	Alain, Nicole	33	STAL	2:46.64	14
	39.08	1:20.83	2:04.22	2:46.64	
6	Berry, Lesley	32	ATB	2:47.12	13
	38.01	1:19.72	2:03.87	2:47.12	
7	O'Keefe, Erin	32	NT	3:07.79	12
	42.91	1:30.39	2:19.55	3:07.79	

**Women 30-34 50 SC Meter Breaststroke**

1	Hutchings, Holly	30	NEP	36.34	20
2	Bauer, Kristin	33	MSBC	36.92	17
3	Samkova, Zuzana	33	NT	37.24	16
4	Primorac, Marijana	30	NT	37.72	15
5	Blakelock, Joanna	31	MASC	39.31	14
6	Wortley, Michelle	33	CMSC	39.60	13
7	Gregson, Sabrina	34	LSD	41.32	12
8	Webb, Jenaya	34	TMU	41.36	11
9	Newman, Deb	33	WIN	43.22	9
10	Hall, Kate	32	YMCA	44.98	7
11	Heuft, Jennifer	34	BURL	52.23	6

**Women 30-34 100 SC Meter Breaststroke**

1	Bauer, Kristin	33	MSBC	1:21.30	20
	37.79	1:21.30			
2	Primorac, Marijana	30	NT	1:21.82	17
	39.06	1:21.82			
3	Blakelock, Joanna	31	MASC	1:24.77	16
	39.99	1:24.77			
4	Samkova, Zuzana	33	NT	1:25.30	15
	40.79	1:25.30			
5	Wortley, Michelle	33	CMSC	1:27.06	14
	40.51	1:27.06			
6	Gregson, Sabrina	34	LSD	1:29.19	13
	42.30	1:29.19			
7	Weind, Sarah	32	GRAN	1:29.60	12
	42.88	1:29.60			
8	Driediger, Molly	31	LSD	1:33.14	11
	43.18	1:33.14			
9	Piccioli, Michelle	34	BURL	1:39.58	9
	47.43	1:39.58			
10	Hall, Kate	32	YMCA	1:40.95	7
	48.25	1:40.95			
11	Dixon, Trudy	34	THOR	1:45.20	6
	48.12	1:45.20			
12	Lausman, Andrea	33	NT	1:53.00	5
	49.64	1:53.00			
13	Heuft, Jennifer	34	BURL	1:53.59	4
	52.92	1:53.59			
14	Cheng, Yvonne	32	YMCA	2:13.72	3
	1:03.63	2:13.72			
---	Hutchings, Holly	30	NEP	DQ	
	38.11	DQ			

**Women 30-34 200 SC Meter Breaststroke**

1	Charron, Christine	32	CMDG	2:53.93	20
	40.49	1:24.83	2:09.51	2:53.93	
2	Wortley, Michelle	33	CMSC	3:07.89	17
	43.31	1:31.29	2:19.67	3:07.89	

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<b>(Women 30-34 200 SC Meter Breaststroke)</b>						2	Woodworth, Amy	33	NT	1:10.84	17
3	Gregson, Sabrina	34	LSD	3:17.67	16		33.59	1:10.84			
	43.30	1:32.70	2:25.00	3:17.67		3	Bauer, Kristin	33	MSBC	1:12.88	16
4	Bandelj, Regina	34	MASC	3:17.73	15		33.60	1:12.88			
	46.23	1:36.22	2:27.11	3:17.73		4	Primorac, Marijana	30	NT	1:13.03	15
5	Illingworth, Clare	30	GMM	3:22.77	14		33.30	1:13.03			
	47.57	1:38.70	2:31.32	3:22.77		5	Hutchings, Holly	30	NEP	1:13.37	14
6	Banton, Erin	32	TRAY	3:26.27	13		35.63	1:13.37			
	48.78	1:40.62	2:34.39	3:26.27		6	Haneberry, Petra	34	BURL	1:16.06	13
7	Hall, Kate	32	YMCA	3:35.91	12		34.50	1:16.06			
	49.95	1:44.62	2:41.31	3:35.91		7	Tummonds, Jennifer	33	HALT	1:16.86	12
							36.17	1:16.86			
<b>Women 30-34 50 SC Meter Butterfly</b>						8	Wortley, Michelle	33	CMSC	1:17.01	11
1	Primorac, Marijana	30	NT	30.64	20		36.94	1:17.01			
2	Samkova, Zuzana	33	NT	31.08	17		37.59	1:18.31			
3	Bauer, Kristin	33	MSBC	31.71	16	9	Blakelock, Joanna	31	MASC	1:18.31	9
4	Pietschmann, Suzanne	31	NYG	32.33	15		37.33	1:19.37			
5	Huggins, Nikki	30	BRCK	32.56	14	10	Cameron, Nina	31	MASC	1:19.37	7
6	Alain, Nicole	33	STAL	33.14	13		37.47	1:21.39			
7	Woodford, Shareen	30	GRAN	33.74	12	11	Berry, Lesley	32	ATB	1:21.39	6
8	Cameron, Nina	31	MASC	33.86	11		40.38	1:23.57			
9	Haneberry, Petra	34	BURL	34.21	9	12	Gregson, Sabrina	34	LSD	1:23.57	5
10	Simonetti, Suzy	32	NT	34.93	7		40.86	1:24.11			
11	Banton, Erin	32	TRAY	36.29	6	13	Bandelj, Regina	34	MASC	1:24.11	4
12	Piccioli, Michelle	34	BURL	39.16	5		41.35	1:27.21			
13	Goode, Miranda	30	LSD	44.42	4	14	Piccioli, Michelle	34	BURL	1:27.21	3
14	Ayotte, Nathalie	34	TECH	50.70	3		41.17	1:27.62			
<b>Women 30-34 100 SC Meter Butterfly</b>						15	St John, Meaghan	34	LSD	1:27.62	2
1	Bertelink, Cindy	34	ETOB	1:05.29	20		41.65	1:28.24			
	31.34	1:05.29				16	Bayne, Kate	31	AURO	1:28.24	1
2	Hadd, Valerie	31	EBSC	1:07.36	17		44.62	1:31.17			
	32.52	1:07.36				17	Illingworth, Clare	30	GMM	1:31.17	
3	Charron, Christine	32	CMDG	1:09.09	16		44.98	1:35.60			
	32.80	1:09.09				18	Hall, Kate	32	YMCA	1:35.60	
4	Burke, Sarah	31	NT	1:10.56	15		52.74	1:53.79			
	32.96	1:10.56				19	Cheng, Yvonne	32	YMCA	1:53.79	
5	Primorac, Marijana	30	NT	1:12.35	14	<b>Women 30-34 200 SC Meter IM</b>					
	33.02	1:12.35				1	Hadd, Valerie	31	EBSC	2:25.85	20
6	Samkova, Zuzana	33	NT	1:13.26	13		31.25	1:07.41	1:51.60	2:25.85	
	33.69	1:13.26				2	Bertelink, Cindy	34	ETOB	2:27.60	17
7	Bauer, Kristin	33	MSBC	1:14.53	12		31.87	1:10.66	1:53.58	2:27.60	
	33.93	1:14.53				3	Woodworth, Amy	33	NT	2:32.52	16
8	Haneberry, Petra	34	BURL	1:19.83	11		32.77	1:11.88	1:56.34	2:32.52	
	36.22	1:19.83				4	Charron, Christine	32	CMDG	2:34.45	15
9	Banton, Erin	32	TRAY	1:25.26	9		33.24	1:13.46	1:59.06	2:34.45	
	40.58	1:25.26				5	Hutchings, Holly	30	NEP	2:39.07	14
10	Prebble, Carolyn	34	FMSC	1:28.60	7		34.62	1:16.16	2:00.83	2:39.07	
	40.19	1:28.60				6	Bauer, Kristin	33	MSBC	2:39.43	13
<b>Women 30-34 200 SC Meter Butterfly</b>							33.43	1:13.93	2:00.27	2:39.43	
1	Kerr, Jenn	30	BURL	2:43.15	20	7	Haneberry, Petra	34	BURL	2:44.38	12
	36.22	1:17.65	2:00.79	2:43.15			35.37	1:15.56	2:05.80	2:44.38	
2	Banton, Erin	32	TRAY	3:33.29	17	8	Alain, Nicole	33	STAL	2:53.97	11
	47.45	1:42.48	2:40.57	3:33.29			35.32	1:17.59	2:09.32	2:53.97	
<b>Women 30-34 100 SC Meter IM</b>						9	Cameron, Nina	31	MASC	2:54.93	9
1	Hadd, Valerie	31	EBSC	1:08.16	20		36.53	1:24.55	2:14.55	2:54.93	
	32.28	1:08.16				10	Weind, Sarah	32	GRAN	2:57.43	7
							38.85	1:26.00	2:15.54	2:57.43	

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 30-34 200 SC Meter IM)**

11	Bandelj, Regina	34	MASC	3:04.23	6
	42.48	1:36.37	2:21.77	3:04.23	
12	Piccioli, Michelle	34	BURL	3:05.41	5
	40.15	1:28.82	2:22.52	3:05.41	
13	St John, Meaghan	34	LSD	3:06.31	4
	41.30	1:29.26	2:23.92	3:06.31	
14	Prebble, Carolyn	34	FMSC	3:16.45	3
	40.38	1:30.32	2:29.36	3:16.45	
15	Spencer, Sarah	30	BRDN	3:23.64	2
	41.81	1:33.02	2:32.86	3:23.64	

**Women 30-34 400 SC Meter IM**

1	Bertelink, Cindy	34	ETOB	5:11.57	20
	33.34	1:09.15	1:51.36	2:32.20	
	3:17.04	4:03.10	4:37.60	5:11.57	
2	Hadd, Valerie	31	EBSC	5:15.45	17
	35.03	1:12.74	1:52.17	2:32.06	
	3:18.01	4:04.23	4:40.11	5:15.45	
3	Charron, Christine	32	CMDG	5:21.30	16
	34.61	1:13.01	1:54.25	2:36.63	
	3:23.73	4:10.28	4:46.21	5:21.30	
4	Kerr, Jenn	30	BURL	5:37.13	15
	35.13	1:17.23	2:00.58	2:42.93	
	3:30.73	4:18.81	4:58.18	5:37.13	
5	Alain, Nicole	33	STAL	6:12.81	14
	38.86	1:25.74	2:11.84	2:55.99	
	3:48.58	4:42.84	5:29.77	6:12.81	
6	Banton, Erin	32	TRAY	6:36.77	13
	42.06	1:31.52	2:25.52	3:17.60	
	4:12.68	5:09.26	5:54.71	6:36.77	

**Women 35-39 50 SC Meter Freestyle**

1	Freixa, Julia	38	AURO	28.30	20
2	Godfrey, Andrea	38	UTMM	29.46	17
3	Archambeault, Lianne	38	WIND	30.03	16
4	Haws, Lori	38	AURO	31.05	15
5	Vasilescu, Alina	38	NMKT	31.29	14
6	Poot, Corinne	36	BURL	32.61	13
7	Bruce, Heather	39	NYG	32.96	12
8	De Laat, Marcela	37	DOR	33.56	11
9	McIlwaine, Tracey	38	TECH	33.57	9
10	Charette, Genevieve	38	BRDN	34.35	7
11	Lemieux, Valerie	36	TECH	35.50	6
12	Teague, Melony	38	AURO	36.57	5
13	Stewart, Jennifer	38	NYG	37.73	4
14	Allison, Jennifer	38	TECH	38.46	3
15	Hill, Angela	35	ATB	38.80	2
16	Koloditzky, Susan	36	BURL	39.38	1
17	Evans, Janice	37	LSD	40.26	
18	So, Angelina	35	ETOB	42.98	
19	Spicer, Christine	35	AURO	43.70	
20	Heim, Karen	36	MASC	48.77	

**Women 35-39 100 SC Meter Freestyle**

1	Freixa, Julia	38	AURO	1:02.33	20
	30.47	1:02.33			

2	Hansler, Christine	38	EMSC	1:03.12	17
	30.98	1:03.12			
3	Godfrey, Andrea	38	UTMM	1:04.17	16
	31.05	1:04.17			
4	Chiki, Colleen	36	BURL	1:05.11	15
	31.31	1:05.11			
5	Bond, Whitney	39	TECH	1:06.35	14
	32.55	1:06.35			
6	Archambeault, Lianne	38	WIND	1:08.63	13
	31.63	1:08.63			
7	Parkhill, Nancy	37	MUSK	1:11.10	12
	34.34	1:11.10			
8	Bruce, Heather	39	NYG	1:11.29	11
	34.12	1:11.29			
9	Greenwood, Shelagh	37	AURO	1:13.00	9
	34.80	1:13.00			
10	McIlwaine, Tracey	38	TECH	1:13.39	7
	35.73	1:13.39			
11	Cowling, Denyse	37	BURL	1:13.47	6
	35.22	1:13.47			
12	Poot, Corinne	36	BURL	1:14.02	5
	34.65	1:14.02			
13	Woods, Tanya	37	BURL	1:14.42	4
	35.76	1:14.42			
14	Lemieux, Valerie	36	TECH	1:14.53	3
	35.04	1:14.53			
15	De Laat, Marcela	37	DOR	1:16.39	2
	37.14	1:16.39			
16	Charette, Genevieve	38	BRDN	1:17.89	1
	36.55	1:17.89			
17	Harvie, Andrea	37	GMM	1:18.67	
	36.85	1:18.67			
18	Levett, Jennifer	37	YMCA	1:19.11	
	38.05	1:19.11			
19	Parkhill, Yvonne	37	MUSK	1:19.41	
	38.45	1:19.41			
20	Teague, Melony	38	AURO	1:24.25	
	38.67	1:24.25			
21	Cullen, Wendy	35	LSD	1:24.70	
	40.50	1:24.70			
22	Stewart, Jennifer	38	NYG	1:25.11	
	40.53	1:25.11			
23	Allison, Jennifer	38	TECH	1:27.56	
	41.36	1:27.56			
24	So, Angelina	35	ETOB	1:44.96	
	46.88	1:44.96			

**Women 35-39 200 SC Meter Freestyle**

1	Chiki, Colleen	36	BURL	2:21.37	20
	32.78	1:08.06	1:44.90	2:21.37	
2	Godfrey, Andrea	38	UTMM	2:21.52	17
	32.50	1:08.14	1:45.35	2:21.52	
3	Bond, Whitney	39	TECH	2:27.07	16
	34.93	1:12.48	1:49.96	2:27.07	
4	Power-Hawrylak, Jennifer	38	SMO	2:38.67	15
	36.10	1:16.35	1:57.83	2:38.67	
5	Bruce, Heather	39	NYG	2:41.30	14
	35.59	1:15.85	1:59.34	2:41.30	

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## Results

<b>(Women 35-39 200 SC Meter Freestyle)</b>						<b>Women 35-39 800 SC Meter Freestyle</b>					
6	Poot, Corinne	36	BURL	2:45.11	13	15	McDermid, Sue	38	BURL	6:23.34	2
	35.52	1:16.93	2:01.08	2:45.11		16	Allison, Jennifer	38	TECH	7:38.62	1
7	Seawright, Cheryl	36	ETOB	2:46.34	12		51.82	1:49.48	2:46.91	3:45.13	
	38.76	1:20.29	2:03.66	2:46.34			4:44.55	5:44.14	6:49.22	7:38.62	
8	McIlwaine, Tracey	38	TECH	2:47.26	11	<b>Women 35-39 800 SC Meter Freestyle</b>					
	39.36	1:22.05	2:05.88	2:47.26		1	Chiki, Colleen	36	BURL	10:06.20	20
9	De Laat, Marcela	37	DOR	2:47.41	9		34.16	1:11.40	1:49.60	2:27.75	
	37.96	1:20.88	2:04.70	2:47.41			3:05.95	3:44.10	4:21.98	5:00.06	
10	Levett, Jennifer	37	YMCA	2:49.08	7		5:38.49	6:16.83	6:55.37	7:33.93	
	39.37	1:22.72	2:06.29	2:49.08			8:12.44	8:50.72	9:28.66	10:06.20	
11	Lemieux, Valerie	36	TECH	2:53.11	6	2	Hansler, Christine	38	EMSC	10:22.83	17
	35.17	1:17.44	2:04.42	2:53.11			33.65	1:10.01	1:47.02	2:24.70	
12	Edwards, Tania	38	AURO	2:53.72	5		3:03.15	3:42.60	4:22.47	5:02.26	
	40.26	1:25.79	2:11.78	2:53.72			5:42.28	6:22.70	7:03.32	7:43.54	
13	Garlough, Joanne	37	CSLM	3:00.07	4		8:23.84	9:04.37	9:44.91	10:22.83	
	40.53	1:25.30	2:13.39	3:00.07		3	Rodgers, Lynn	38	BURL	10:46.07	16
14	Allison, Jennifer	38	TECH	3:34.03	3		36.37	1:15.14	1:54.83	2:35.08	
	45.89	1:40.63	2:44.78	3:34.03			3:15.53	3:56.12	4:36.84	5:17.83	
<b>Women 35-39 400 SC Meter Freestyle</b>							5:58.86	6:39.84	7:20.71	8:02.11	
1	Chiki, Colleen	36	BURL	4:56.12	20		8:43.17	9:24.12	10:05.25	10:46.07	
	33.77	1:09.99	1:47.45	2:25.58		4	Parkhill, Nancy	37	MUSK	11:23.96	15
	3:03.94	3:42.33	4:20.29	4:56.12			39.75	1:22.85	2:06.45	2:50.52	
2	Bond, Whitney	39	TECH	5:09.68	17		3:34.43	4:18.30	5:02.28	5:45.78	
	36.39	1:14.93	1:54.17	2:33.81			6:29.18	7:12.50	7:55.43	8:38.22	
	3:13.06	3:52.35	4:31.23	5:09.68			9:21.07	10:03.81	10:45.49	11:23.96	
3	Rodgers, Lynn	38	BURL	5:14.30	16	5	Woods, Tanya	37	BURL	12:03.18	14
	35.96	1:14.13	1:53.69	2:33.89			38.51	1:22.54	2:07.81	2:54.20	
	3:13.96	3:54.21	4:34.58	5:14.30			3:40.61	4:26.96	5:13.67	5:59.83	
4	Clapp, Suzanne	39	NT	5:27.59	15		6:46.11	7:31.95	8:18.28	9:04.59	
	37.15	1:17.64	1:58.43	2:40.51			9:50.23	10:35.66	11:20.54	12:03.18	
	3:22.44	4:04.48	4:46.15	5:27.59		6	Garlough, Joanne	37	CSLM	12:29.35	13
5	Parkhill, Nancy	37	MUSK	5:27.80	14		42.88	1:28.58	2:15.16	3:02.34	
	38.40	1:19.62	2:01.68	2:43.25			3:50.09	4:37.90	5:25.80	6:13.59	
	3:25.03	4:06.79	4:48.17	5:27.80			7:01.30	7:49.08	8:36.57	9:23.73	
6	Power-Hawrylak, Jennifer	38	SMO	5:38.75	13		10:11.30	10:59.20	11:46.54	12:29.35	
	38.15	1:20.52	2:03.89	2:47.67		7	McIlwaine, Tracey	38	TECH	12:40.14	12
	3:31.01	4:14.33	4:57.54	5:38.75			42.17	1:27.56	2:14.33	3:02.19	
7	Greenwood, Shelagh	37	AURO	5:46.23	12		3:50.49	4:38.99	5:28.88	6:17.23	
	37.06	1:19.67	2:04.75	2:50.19			7:05.79	7:54.68	8:42.79	9:31.71	
	3:35.00	4:20.94	5:06.32	5:46.23			10:20.23	11:08.73	11:56.94	12:40.14	
8	De Laat, Marcela	37	DOR	5:47.85	11	8	McDermid, Sue	38	BURL	12:59.41	11
	38.08	1:21.68	2:06.83	2:52.50			43.82	1:31.04	2:19.52	3:08.62	
	3:37.48	4:22.68	5:07.29	5:47.85			3:57.68	4:47.38	5:36.43	6:25.83	
9	Rosevear, Lena	36	AURO	5:48.40	9		7:15.73	8:06.51	8:56.84	9:47.71	
	39.14	1:21.65	2:05.52	2:49.56			10:38.19	11:27.62	12:15.57	12:59.41	
	3:33.91	4:19.29	5:04.55	5:48.40		9	Koloditzky, Susan	36	BURL	13:53.08	9
10	Levett, Jennifer	37	YMCA	5:52.45	7		43.98	1:35.03	2:27.05	3:20.16	
	40.51	1:24.70	2:09.51	2:53.97			4:13.04	5:05.92	5:59.70	6:52.70	
	3:38.81	4:23.70	5:08.83	5:52.45			7:45.99	8:40.44	9:32.52	10:25.29	
11	Woods, Tanya	37	BURL	6:03.36	6		11:20.18	12:14.12	13:05.77	13:53.08	
	39.38	1:24.81	2:11.02	2:58.86		10	Allison, Jennifer	38	TECH	15:49.70	7
	3:46.10	4:33.15	5:19.66	6:03.36			1:11.50	2:08.97	3:08.93	4:08.12	
12	McIlwaine, Tracey	38	TECH	6:12.29	5		5:06.52	6:08.85	7:08.55	8:08.45	
13	Cowling, Denyse	37	BURL	6:13.04	4		9:08.46	10:07.24	11:06.66	12:04.86	
14	Garlough, Joanne	37	CSLM	6:15.88	3		13:05.38		15:01.54	15:49.70	

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Results

Women 35-39 1500 SC Meter Freestyle				
1	Crawford, Lianne	37 NT	19:07.54	20
	35.00	1:12.13	1:49.49	2:27.17
	3:04.96	3:43.35	4:21.80	5:00.20
	5:38.68	6:17.39	6:56.11	7:34.64
	8:13.05	8:51.59	9:30.36	10:09.37
	10:48.15	11:26.57	12:05.50	12:44.40
	13:23.27	14:02.29	14:41.33	15:19.63
	15:57.90	16:36.12	17:14.37	17:52.37
	18:30.13	19:07.54		
2	Rodgers, Lynn	38 BURL	20:43.48	17
	37.63	1:17.62	1:58.62	2:39.81
	3:21.33	4:02.58	4:44.34	5:26.29
	6:08.12	6:50.15	7:31.95	8:13.38
	8:54.70	9:36.25	10:17.38	10:55.88
	11:40.99	12:22.66	13:03.97	13:45.89
	14:27.47	15:09.25	15:53.96	16:32.77
	17:14.95	17:57.34	18:39.13	19:20.94
	20:02.04	20:43.48		
3	Clapp, Suzanne	39 NT	21:21.53	16
	38.38	1:20.22	2:02.24	2:45.41
	3:28.40	4:11.00	4:53.57	5:37.35
	6:20.91	7:03.53	7:47.31	8:30.49
	9:13.83	9:56.86	10:40.26	11:22.93
	12:05.61	12:48.74	13:31.98	14:14.75
	14:57.73	15:40.31	16:23.34	17:06.74
	17:50.00	18:37.49	19:15.16	19:58.08
	20:30.95	21:21.53		
4	Allan, Paolina	39 AURO	21:40.18	15
	38.86	1:21.19	2:03.85	2:46.66
	3:28.88	4:13.19	4:57.25	5:40.53
	6:24.16	7:07.31	7:51.34	8:35.25
	9:19.22	10:03.25	10:47.22	11:32.25
	12:16.34	12:59.41	13:41.88	14:23.85
	15:07.41	15:51.75	16:35.91	17:19.31
	18:02.97	18:46.66	19:29.78	20:13.66
	20:58.59	21:40.18		
5	Haws, Lori	38 AURO	22:09.23	14
	37.55	1:17.94	1:59.80	2:42.56
	3:25.90	4:09.99	4:53.77	5:37.70
	6:21.15	7:04.91	7:49.16	8:33.21
	9:18.22	10:02.44	10:47.30	11:33.12
	12:18.63	13:04.88	13:50.31	14:35.70
	15:20.27	16:05.88	16:50.60	17:35.27
	18:21.03	19:08.11	19:54.27	20:40.63
	21:25.96	22:09.23		
6	Power-Hawrylak, Jennifer	38 SMO	22:18.42	13
	39.38	1:22.16	2:07.48	2:52.23
	3:37.53	4:22.86	5:07.93	5:52.44
	6:37.81	7:22.27	8:07.20	8:52.13
	9:37.25	10:22.12	11:07.25	11:51.84
	12:37.30	13:22.41	14:07.55	14:52.85
	15:37.95	16:23.00	17:07.68	17:52.46
	18:37.37	19:22.22	20:06.44	20:58.16
	21:34.77	22:18.42		
7	De Laat, Marcela	37 DOR	22:48.68	12
	38.25	1:21.53	2:06.69	2:52.72
	3:38.41	4:22.78	5:08.78	5:54.75
	6:40.50	7:27.72	8:13.91	9:00.85
	9:46.97	10:33.63	11:19.85	12:05.85
	12:51.94	13:38.78	14:25.25	15:12.10
	15:57.60	16:44.13	17:31.66	18:17.25
	19:03.67	19:49.75	20:35.03	21:20.94
	22:05.91	22:48.68		
8	Greenwood, Shelagh	37 AURO	23:01.99	11
	40.03	1:23.03	2:07.25	2:52.53
	3:38.37	4:24.57	5:10.31	5:56.50
	6:42.47	7:29.31	8:15.28	9:02.19
	9:48.57	10:35.07	11:21.72	12:09.16
	12:56.41	13:43.82	14:31.19	15:18.82
	16:05.72	16:53.07	17:40.69	18:28.22
	19:14.63	20:02.03	20:48.75	21:35.69
	22:20.94	23:01.99		
9	Levett, Jennifer	37 YMCA	23:17.40	9
	41.90	1:27.01	2:13.16	2:59.96
	3:46.48	4:33.36	5:20.48	6:06.87
	6:54.01	7:40.66	8:27.11	9:14.78
	10:01.84	10:49.30	11:36.66	12:23.50
	13:10.31	13:56.80	14:44.01	15:30.44
	16:17.05	17:03.58	17:50.40	18:37.27
		20:11.86	20:58.95	21:46.37
	22:32.37	23:17.40		
10	Woods, Tanya	37 BURL	23:37.32	7
	42.52	1:27.70	2:15.70	3:04.71
	3:53.32	4:41.39	5:30.80	6:19.43
	7:10.00	7:58.94	8:46.76	9:35.13
	10:22.67	11:08.88	11:54.97	12:42.50
	13:29.83	14:17.33	15:03.90	15:49.95
	16:36.69	17:23.66	18:10.65	18:57.32
	19:44.70	20:31.01	21:19.00	22:06.01
	22:53.04	23:37.32		
11	Garlough, Joanne	37 CSLM	24:06.62	6
	42.84	1:29.27	2:16.46	3:04.68
	3:53.08	4:41.24	5:29.92	6:18.52
	7:06.91	7:55.02	8:43.53	9:32.09
	10:20.72	11:09.03	11:57.89	12:46.83
	13:35.51	14:23.95	15:17.35	16:01.16
	16:50.06		18:27.52	19:15.77
	20:04.63	20:54.46	21:43.07	22:32.63
	24:06.62			
12	McDermid, Sue	38 BURL	25:37.62	5
	46.31	1:35.65	2:26.16	3:17.84
	4:09.59	5:01.26	5:53.31	6:45.67
	7:38.23	8:30.55	9:22.49	10:14.17
	11:05.73	11:57.38	12:50.00	13:41.67
	14:33.61	15:25.87	16:17.31	17:09.84
	18:01.34	18:52.73	19:43.74	20:35.49
	21:27.49	22:18.68	23:10.20	24:01.42
	25:37.62			

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 35-39 1500 SC Meter Freestyle)**

13	McCue, Mary	37	AURO	26:02.18	4
	46.11	1:35.74	2:26.76	3:18.54	
	4:10.31	5:01.88	5:52.93	6:44.41	
	7:36.58	8:28.99	9:22.09	10:15.30	
	11:07.73	12:00.85	12:52.68	13:45.27	
	14:38.31	15:30.30	16:22.59	17:15.50	
	18:08.84	19:02.00	19:56.17	20:49.24	
	21:42.04	22:35.56	23:27.31	24:19.88	
	25:12.73	26:02.18			
14	Koloditzky, Susan	36	BURL	26:42.19	3
	48.05	1:38.12	2:31.02	3:23.75	
	4:16.58	5:09.93	6:02.99	6:57.28	
	7:51.24	8:45.69	9:39.54	10:33.61	
	11:26.83	12:20.74	13:14.08	14:07.26	
	15:02.00	15:55.37	16:49.81	17:43.63	
	18:37.61	19:32.31	20:27.48	21:20.78	
	22:15.69	23:09.77	24:03.74	24:56.99	
	25:51.81	26:42.19			
15	Pignatelli, Nicole	35	AURO	29:18.71	2
	49.07	1:44.17	2:42.01	3:39.72	
	4:37.10	5:36.15	6:34.18	7:32.86	
	8:32.08	9:31.06	10:30.45	11:29.96	
	12:29.96	13:27.92	14:26.85	15:25.20	
	16:24.51	17:23.03	18:22.01	19:21.91	
	20:20.94		22:21.54	23:21.54	
	24:21.42	25:19.99	26:20.01	27:20.61	
	28:21.29	29:18.71			
16	Allison, Jennifer	38	TECH	30:04.85	1
	53.57	1:50.79	2:50.98	3:51.14	
	4:50.03	5:50.52	6:51.93	7:54.62	
	8:55.07	9:54.11	10:54.95	11:56.83	
	12:57.38	13:57.75	14:59.66	16:02.75	
	17:04.56	18:07.58	19:10.16	20:12.95	
	21:14.63	22:15.12	23:15.81	24:15.45	
	25:15.74	26:15.94	27:15.78	28:15.44	
	29:13.02	30:04.85			
17	Stonehouse, Christy	35	ATB	32:44.37	
	50.53	1:49.57	2:52.61	3:56.33	
	4:59.64	6:04.17	7:07.80	8:13.57	
	9:10.49	10:24.49	11:29.61	12:35.61	
	13:42.72	14:49.08	15:55.08	17:02.61	
	18:08.87	19:15.43	20:23.05	21:30.87	
	22:38.02	23:46.39	24:55.17	26:04.23	
	27:12.36	28:19.27	29:27.23	30:34.49	
	31:42.55	32:44.37			
18	Lavallee, Elaine	37	NT	34:29.85	
	1:00.56	2:07.87	3:16.13	4:24.85	
	5:33.88	6:42.89	7:51.11	8:59.08	
	10:08.62	11:17.39	12:25.65	13:34.11	
	14:42.27	15:51.30	17:00.11	18:09.19	
	19:18.57	20:20.03	21:37.49	22:47.59	
	23:57.98	25:08.09	26:18.84	27:28.91	
	28:38.84	29:49.17	31:00.24	32:10.47	
	33:21.43	34:29.85			

**Women 35-39 50 SC Meter Backstroke**

1	Hansler, Christine	38	EMSC	34.01	20
2	Archambeault, Lianne	38	WIND	34.05	17
3	Haws, Lori	38	AURO	34.41	16
4	Poot, Corinne	36	BURL	38.62	15
5	Bond, Whitney	39	TECH	40.12	14
6	Seawright, Cheryl	36	ETOB	40.70	13
7	Charette, Genevieve	38	BRDN	40.79	12
8	McIlwaine, Tracey	38	TECH	42.07	11
9	Greenwood, Shelagh	37	AURO	42.65	9
10	Teague, Melony	38	AURO	42.91	7
11	Harvie, Andrea	37	GMM	47.80	6
12	Spicer, Christine	35	AURO	50.57	5
---	Cullen, Wendy	35	LSD	DQ	

**Women 35-39 100 SC Meter Backstroke**

1	Hansler, Christine	38	EMSC	1:12.03	20
	35.59	1:12.03			
2	Gribben, Nancy	38	ETOB	1:14.56	17
	36.09	1:14.56			
3	Archambeault, Lianne	38	WIND	1:14.57	16
	35.70	1:14.57			
4	Haws, Lori	38	AURO	1:14.74	15
	35.85	1:14.74			
5	Poot, Corinne	36	BURL	1:24.21	14
	40.01	1:24.21			
6	Charette, Genevieve	38	BRDN	1:27.38	13
	42.00	1:27.38			
7	Seawright, Cheryl	36	ETOB	1:28.29	12
	42.88	1:28.29			
8	Levett, Jennifer	37	YMCA	1:33.04	11
	45.83	1:33.04			
9	McIlwaine, Tracey	38	TECH	1:34.88	9
	47.32	1:34.88			

**Women 35-39 200 SC Meter Backstroke**

1	Hansler, Christine	38	EMSC	2:36.90	20
	36.36	1:15.66	1:57.44	2:36.90	
2	Gribben, Nancy	38	ETOB	2:41.96	17
	36.72	1:17.03	1:59.22	2:41.96	
3	Haws, Lori	38	AURO	2:42.74	16
	37.18	1:17.24	2:00.06	2:42.74	
4	Poot, Corinne	36	BURL	2:59.17	15
	40.60	1:25.94	2:12.46	2:59.17	
5	Rosevear, Lena	36	AURO	3:00.25	14
	43.33	1:28.79	2:15.50	3:00.25	
6	Seawright, Cheryl	36	ETOB	3:02.24	13
	44.20	1:31.29	2:17.51	3:02.24	
7	Vasilescu, Alina	38	NMKT	3:19.10	12
	45.64	1:36.15	2:28.43	3:19.10	
8	Edwards, Tania	38	AURO	3:23.58	11
	45.98	1:36.88	2:30.81	3:23.58	

**Women 35-39 50 SC Meter Breaststroke**

1	Thompson-Edwards, Meredith	36	OOPS	35.65	20
2	Price, Melanie	37	BURL	39.90	17
3	Bruce, Heather	39	NYG	41.89	16
4	Parkhill, Yvonne	37	MUSK	42.99	15
5	Charette, Genevieve	38	BRDN	46.21	14





## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 35-39 100 SC Meter IM)**

16	Sedgewick, Shauna	36	AURO	1:32.61	1
	45.61	1:32.61			
17	Koloditzky, Susan	36	BURL	1:43.95	
	51.89	1:43.95			
18	Hill, Angela	35	ATB	1:44.11	
	48.49	1:44.11			

**Women 35-39 200 SC Meter IM**

1	Hansler, Christine	38	EMSC	2:42.15	20
	33.91	1:14.18	2:04.52	2:42.15	
2	Nolan, Kara	37	LSD	2:48.73	17
	37.01	1:20.42	2:08.10	2:48.73	
3	Rodgers, Lynn	38	BURL	2:51.61	16
	37.56	1:22.41	2:11.59	2:51.61	
4	Bond, Whitney	39	TECH	2:51.77	15
	38.08	1:22.69	2:13.21	2:51.77	
5	Price, Melanie	37	BURL	3:00.65	14
	37.83	1:26.67	2:16.39	3:00.65	
6	Seawright, Cheryl	36	ETOB	3:08.92	13
	44.13	1:31.95	2:26.85	3:08.92	
7	Edwards, Tania	38	AURO	3:24.35	12
	45.02	1:36.73	2:35.62	3:24.35	
8	Sedgewick, Shauna	36	AURO	3:26.37	11
	49.04	1:43.04	2:40.02	3:26.37	

**Women 35-39 400 SC Meter IM**

1	Rodgers, Lynn	38	BURL	6:06.63	20
	38.52	1:23.74	2:11.63	3:00.49	
	3:50.44	4:43.28	5:25.22	6:06.63	
2	Price, Melanie	37	BURL	6:38.48	17
	39.16	1:26.53	2:21.25	3:15.17	
	4:07.85	5:01.87	5:51.42	6:38.48	
3	Levett, Jennifer	37	YMCA	6:45.97	16
	47.00	1:39.12	2:33.50	3:25.12	
	4:21.47	5:16.45	6:03.13	6:45.97	
4	Vasilescu, Alina	38	NMKT	6:49.39	15
	40.38	1:30.38	2:27.68	3:20.54	
	4:18.85	5:17.97	6:05.33	6:49.39	

**Women 40-44 50 SC Meter Freestyle**

1	Tremblay, Sylvie	43	OAK	29.74	20
2	Roman, Marisha	42	TECH	30.73	17
3	Newbold, Ellen	40	ETOB	31.69	16
4	Simpson, Betsy	44	TECH	32.42	15
5	Pidhayny, Wilma	43	BB	33.69	14
6	Spence, Nancy	40	BURL	36.13	13
7	Barnet, Louanna	44	UNON	36.25	12
8	Jessop, Katie	40	ATB	37.03	11
9	Mason, Alanna	40	HALT	38.58	9
10	Dawson, Anne	40	CLIP	40.32	7
11	Fisher, Jennifer	44	BURL	42.30	6
12	Pagani, Sandra	43	BURL	46.62	5

**Women 40-44 100 SC Meter Freestyle**

1	Brndiar, Carolyn	40	NS	1:03.36	20
	29.66	1:03.36			
2	Harmer, Annelle	41	EBSC	1:05.77	17
	32.14	1:05.77			

3	Babits, Wendy	40	TYMS	1:05.87	16
	31.97	1:05.87			
4	Tremblay, Sylvie	43	OAK	1:06.86	15
	32.01	1:06.86			
5	Roman, Marisha	42	TECH	1:07.66	14
	32.54	1:07.66			
6	Wood, Karen	42	MUSK	1:08.16	13
	32.35	1:08.16			
7	Macdonald, Cathy	43	LSD	1:08.84	12
	33.05	1:08.84			
8	Simpson, Betsy	44	TECH	1:14.79	11
	34.13	1:14.79			
9	Wood, Sheila	41	TECH	1:15.60	9
	35.80	1:15.60			
10	Kofman, Irina	43	NYG	1:16.01	7
	35.70	1:16.01			
11	Ingleton, Sarah	44	ETOB	1:20.32	6
	38.58	1:20.32			
12	Spence, Nancy	40	BURL	1:20.42	5
	37.93	1:20.42			
13	Kearney, Susan	44	AURO	1:27.72	4
	40.33	1:27.72			
14	Dhanvantari, Savita	44	LSD	1:28.35	3
	42.36	1:28.35			
15	Dawson, Anne	40	CLIP	1:32.53	2
	44.28	1:32.53			
16	Douglas, Joanna	44	AURO	1:33.59	1
	42.85	1:33.59			
17	Campbell, Donna	41	BRNT	1:34.43	
	41.13	1:34.43			
18	Foy, Donna	43	AURO	1:36.47	
	44.25	1:36.47			
19	Bawden, Susan	42	LSD	1:51.53	
	52.96	1:51.53			

**Women 40-44 200 SC Meter Freestyle**

1	Babits, Wendy	40	TYMS	2:21.13	20
	32.62	1:08.18	1:44.57	2:21.13	
2	Harmer, Annelle	41	EBSC	2:22.15	17
	32.86	1:09.05	1:45.94	2:22.15	
3	Brndiar, Carolyn	40	NS	2:23.80	16
	32.00	1:07.49	1:45.18	2:23.80	
4	Sinden, Kathy	40	SWAM	2:28.33	15
	33.59	1:10.40	1:49.34	2:28.33	
5	Macdonald, Cathy	43	LSD	2:36.74	14
	36.28	1:15.56	1:56.20	2:36.74	
6	Newbold, Ellen	40	ETOB	2:39.26	13
	34.65	1:13.46	1:55.86	2:39.26	
7	Simpson, Betsy	44	TECH	2:53.07	12
	37.15	1:21.08	2:06.87	2:53.07	
8	Murphy, Katrina	42	MILT	2:53.89	11
	41.05	1:24.48	2:09.22	2:53.89	
9	Ingleton, Sarah	44	ETOB	3:00.13	9
	39.80	1:24.91	2:12.50	3:00.13	
10	Campbell, Donna	41	BRNT	3:18.04	7
	43.30	1:33.03	2:25.80	3:18.04	
11	Dhanvantari, Savita	44	LSD	3:21.71	6
	45.21	1:36.59	2:29.25	3:21.71	

## MSC Nationals 2009 Nationaux MNC

## Results

**Women 40-44 400 SC Meter Freestyle**

1	Harmer, Annelle	41	EBSC	4:58.83	20
	34.51	1:11.98	1:49.96	2:28.15	
	3:06.66	3:45.07	4:22.63	4:58.83	
2	McArton, Jennifer	41	TECH	5:10.49	17
	34.99	1:13.01	1:52.51	2:32.24	
	3:12.38	3:52.22	4:31.94	5:10.49	
3	Wallace, Laurie	40	CMSC	5:13.85	16
	34.67	1:13.35	1:53.33	2:33.79	
	3:13.75	3:54.35	4:34.45	5:13.85	
4	Jacob, Casey	44	AURO	5:39.05	15
	38.33	1:20.88	2:04.49	2:47.97	
	3:31.00	4:14.11	4:57.36	5:39.05	
5	Wood, Sheila	41	TECH	6:05.35	14
	39.55	1:23.27	2:09.32	2:57.49	
	3:46.13	4:34.25	5:21.89	6:05.35	
6	Lowrie, Deborah	41	LSD	6:42.83	13
	43.80	1:32.79	2:23.69	3:15.51	
	4:07.75	4:59.97	5:52.34	6:42.83	
7	Temple, Karen	43	AURO	6:47.87	12
	45.18	1:35.64	2:27.75	3:19.17	
	4:11.12	5:03.38	5:55.38	6:47.87	
8	Dhanvantari, Savita	44	LSD	7:36.61	11
	48.54	1:41.84	2:40.44	3:40.39	
	4:40.20	5:40.91	6:40.02	7:36.61	
9	Fisher, Jennifer	44	BURL	7:48.76	9
	48.65	1:46.12	2:44.04	3:44.34	
	4:44.63	5:48.44	6:49.11	7:48.76	

**Women 40-44 800 SC Meter Freestyle**

1	Harmer, Annelle	41	EBSC	10:10.70	20
	34.87	1:12.32	1:50.41	2:28.69	
	3:07.57	3:46.58	4:25.80	5:05.25	
	5:44.23	6:23.12	7:01.93	7:40.43	
	8:18.94	8:57.27	9:34.87	10:10.70	
2	Babits, Wendy	40	TYMS	10:12.15	17
	33.61	1:10.85	1:49.16	2:27.99	
	3:06.79	3:45.16	4:23.98	5:02.84	
	5:42.15	6:21.45	7:00.46	7:39.41	
	8:18.54	8:57.47	9:35.64	10:12.15	
3	Stone, Tracey	43	MUSK	11:47.12	16
	37.43	1:19.40	2:03.78	2:48.52	
	3:33.59	4:18.52	5:03.10	5:47.99	
	6:32.99	7:17.95	8:03.87	8:49.37	
	9:34.06	10:19.19	11:04.61	11:47.12	
4	Jacob, Casey	44	AURO	11:53.75	15
	39.26	1:23.53	2:09.28	2:55.41	
	3:40.93	4:26.78	5:12.67	5:58.38	
	6:43.63	7:29.11	8:15.02	9:00.74	
	9:45.80	10:29.74	11:12.44	11:53.75	
5	Simpson, Betsy	44	TECH	12:08.78	14
	39.10	1:23.91	2:09.71	2:57.07	
	3:43.76	4:30.36	5:16.99	6:03.78	
	6:49.49	7:36.18	8:22.25	9:08.15	
	9:53.68	10:39.99	11:25.45	12:08.78	

6	McDowell, Gillian	40	AURO	12:30.90	13
	40.87	1:26.57	2:14.38	3:02.03	
	3:50.38	4:38.16	5:25.68	6:13.59	
	7:01.33	7:49.58	8:36.82	9:24.39	
	10:12.54	10:59.35	11:46.88	12:30.90	
7	Toffolo, Robyn	40	NMKT	12:49.21	12
	41.63	1:28.13	2:16.09	3:04.13	
	3:52.18	4:41.21	5:29.53	6:18.41	
	7:07.52	7:56.43	8:45.72	9:35.78	
	10:24.71	11:13.70	12:02.31	12:49.21	
8	Spence, Nancy	40	BURL	12:56.18	11
	40.82	1:27.26	2:15.43	3:04.51	
	3:54.33	4:43.41	5:32.71	6:22.59	
	7:12.13	8:01.47	8:50.63	9:40.13	
	10:29.78	11:19.45	12:08.79	12:56.18	
9	Lowrie, Deborah	41	LSD	13:54.67	9
	43.16	1:32.42	2:24.56	3:18.74	
	4:12.84	5:07.06	6:00.64	6:54.35	
	7:48.60	8:41.40	9:35.14	10:28.36	
	11:20.38	12:12.53	13:04.28	13:54.67	
10	Steinberg, Jennifer	42	TECH	13:59.53	7
	46.74	1:39.39	2:31.66	3:25.06	
	4:18.69	5:12.36	6:05.78	6:59.13	
	7:52.57	8:46.22	9:39.23	10:32.37	
	11:25.89	12:19.06	13:11.12	13:59.53	
11	Fisher, Jennifer	44	BURL	15:47.05	6
	48.00	1:44.97	2:44.55	3:43.66	
	4:43.01	5:41.40	6:42.00	7:41.86	
	8:42.76		10:47.64	11:47.83	
	12:48.62	13:50.42	14:50.35	15:47.05	

**Women 40-44 1500 SC Meter Freestyle**

1	McArton, Jennifer	41	TECH	20:38.25	20
	38.30	1:19.47	2:01.68	2:44.14	
	3:25.32	4:07.11	4:48.30	5:30.22	
	6:12.37	6:54.81	7:36.71	8:18.92	
	9:00.87	9:42.38	10:23.86	11:05.22	
	11:46.25	12:28.01	13:09.21	13:50.67	
	14:31.82	15:13.31	15:54.10	16:35.49	
	17:16.20	17:56.52	18:37.32	19:18.39	
	19:59.04	20:38.25			
2	Pearce, Ralda	43	CLAR	23:34.25	17
	42.10	1:28.27	2:14.96	3:01.66	
	3:49.32	4:36.01	5:23.67	6:11.34	
	6:58.74	7:46.48	8:34.10	9:22.06	
	10:09.81	10:57.26	11:44.83	12:32.53	
	13:20.06	14:07.31	14:54.51	15:41.60	
	16:29.88	17:17.62	18:05.02	18:52.89	
	19:40.31	20:27.18	21:14.92	22:02.42	
	22:49.00	23:34.25			

## MSC Nationals 2009 Nationaux MNC

## Results

<b>(Women 40-44 1500 SC Meter Freestyle)</b>											
3	Simpson, Betsy	44	TECH	23:35.80	16	9	Steinberg, Jennifer	42	TECH	27:25.07	9
	38.03	1:21.07	2:06.91	2:52.47			50.02	1:44.67	2:41.05	3:37.20	
	3:39.16	4:24.74	5:11.14	5:57.29			4:32.73	5:28.02	6:23.70	7:19.02	
	6:43.62	7:31.70	8:18.67	9:05.81			8:14.17	9:18.58	10:05.36	11:01.46	
	9:53.68		11:29.64	12:17.72			11:56.17	12:51.02	13:46.49	14:42.57	
	13:05.72	13:54.49	14:14.87	15:32.66			15:37.96	16:33.23	17:28.70	18:23.55	
	16:20.71	17:10.00	17:57.93	18:46.84			19:19.58	20:15.20	21:10.46	22:05.02	
	19:36.97	20:21.83	21:12.87	22:01.56			22:59.67	23:54.20	24:48.33	25:41.73	
	22:49.63	23:35.80					26:36.02	27:25.07			
4	Hartmann, Lisa	42	BRNT	23:39.92	15	10	Dubord, Monique	44	ETOB	28:38.09	7
	39.50	1:24.44	2:10.63	2:57.86			48.45	1:42.95	2:39.66	3:37.45	
	3:44.70	4:32.00	5:19.34	6:06.32			4:35.41	5:35.01	6:32.45	7:31.32	
	6:53.70	7:41.53	8:28.57	9:16.52			8:30.21	9:28.41	10:26.13	11:23.82	
	10:03.57	10:52.06	11:40.09	12:27.87			12:21.22	13:18.50	14:16.19	15:14.03	
	13:15.38	14:03.34	14:51.06	15:38.18			16:12.31	17:10.46	18:07.16	19:05.16	
	16:27.55	17:15.79	18:04.26	18:52.09			20:01.78	20:59.78	21:58.53	22:56.13	
	19:40.61		21:16.94	22:05.52			23:54.56	24:52.19	25:49.88	26:48.19	
	22:52.45	23:39.92					27:45.07	28:38.09			
5	Wood, Sheila	41	TECH	24:21.08	14	11	Dhanvantari, Savita	44	LSD	29:29.13	6
	41.49	1:28.11	2:15.00	3:03.96			50.73	1:46.49	2:45.71	3:45.52	
	3:52.72	4:41.14	5:30.07	6:19.50			4:46.43	5:47.19	6:50.30	7:51.80	
	7:08.32	7:58.26	8:48.62	9:37.88			8:51.57	9:51.11	10:50.72	11:49.39	
	10:28.75	11:19.11	12:08.84	12:57.49			12:49.12	13:47.70	14:46.68	15:45.80	
	13:47.00	14:36.02	15:25.91	16:45.91			16:44.82	17:43.75	18:42.92	19:41.83	
	17:03.90	17:52.81	18:42.37	19:31.70			20:41.38	21:40.47	22:39.86	23:39.77	
	20:20.19	21:09.44	21:58.60	22:47.73			24:39.74	25:39.31	26:38.19	27:37.08	
	23:35.37	24:21.08					28:35.26	29:29.13			
6	Beddow, Anne	41	NT	24:54.78	13	<b>Women 40-44 50 SC Meter Backstroke</b>					
	44.70	1:33.76	2:33.56	3:13.76		1	Wright, Alison	41	NOR	35.22	20
	4:04.56	4:55.00	5:45.91	6:37.38		2	Tremblay, Sylvie	43	OAK	35.77	17
	7:28.45	8:19.26	9:09.66	10:00.42		3	Macdonald, Cathy	43	LSD	35.84	16
	10:51.39	11:41.89	12:32.18	13:23.00		4	Roman, Marisha	42	TECH	35.87	15
	14:12.77	15:02.79	15:53.03	16:43.06		5	Babits, Wendy	40	TYMS	36.00	14
	17:32.91	18:22.61	19:12.58	20:03.00		6	Wallace, Laurie	40	CMSC	36.50	13
	20:53.13	21:42.14	22:30.99	23:20.36		7	Newbold, Ellen	40	ETOB	37.40	12
	24:08.92	24:54.78				8	Pidhayny, Wilma	43	BB	40.93	11
7	Lowrie, Deborah	41	LSD	26:39.96	12	9	Kearney, Susan	44	AURO	41.79	9
	46.13	1:36.59	2:30.11	3:25.45		10	Ingleton, Sarah	44	ETOB	42.79	7
	4:20.11	5:14.10	6:08.24	7:02.46		11	Murphy, Katrina	42	MILT	44.55	6
	7:57.47	8:51.22	9:45.19	10:39.14		12	Campbell, Donna	41	BRNT	46.04	5
	11:32.91	12:27.11	13:21.23	14:15.59		13	Mason, Alanna	40	HALT	47.22	4
	15:08.63	16:03.16	16:56.10	17:49.89		14	Dawson, Anne	40	CLIP	48.95	3
	18:43.46	19:37.00	20:31.27	21:24.63		15	Foy, Donna	43	AURO	48.96	2
	22:17.37	23:09.63	24:03.29	24:56.52		16	Boudreau, Carolyn	44	AURO	51.59	1
	25:49.19	26:39.96				17	Fisher, Jennifer	44	BURL	52.44	
8	Levine, Jody	41	ATB	27:01.79	11	18	Bawden, Susan	42	LSD	57.36	
	47.73	1:38.81	2:32.63	3:26.33		---	Douglas, Joanna	44	AURO	DQ	
	4:20.57	5:15.48	6:09.04	7:03.87		<b>Women 40-44 100 SC Meter Backstroke</b>					
	7:57.91	8:51.86	9:45.89	10:41.20		1	Macdonald, Cathy	43	LSD	1:16.39	20
	11:35.86	12:31.53	13:26.26	14:20.22			37.84	1:16.39			
	15:10.46	16:09.41	17:03.74	17:58.60		2	Tremblay, Sylvie	43	OAK	1:16.62	17
	18:52.42	19:47.26	20:41.86	21:39.25			37.25	1:16.62			
	22:33.74	23:28.11	24:21.77	25:15.44		3	Roman, Marisha	42	TECH	1:17.28	16
	26:10.04	27:01.79					37.88	1:17.28			
						4	Babits, Wendy	40	TYMS	1:18.31	15
							37.83	1:18.31			

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 40-44 100 SC Meter Backstroke)**

5	McArton, Jennifer	41	TECH	1:18.53	14
	38.28	1:18.53			
6	Newbold, Ellen	40	ETOB	1:21.16	13
	39.08	1:21.16			
7	Simpson, Betsy	44	TECH	1:27.09	12
	41.87	1:27.09			
8	McDowell, Gillian	40	AURO	1:31.64	11
	44.84	1:31.64			
9	Murphy, Katrina	42	MILT	1:33.45	9
	46.01	1:33.45			
10	Wood, Sheila	41	TECH	1:34.03	7
	46.22	1:34.03			
11	Hickey, Jackie	44	UTMM	1:39.03	6
	46.37	1:39.03			
12	Bawden, Susan	42	LSD	2:12.46	5
	1:00.82	2:12.46			

**Women 40-44 200 SC Meter Backstroke**

1	Macdonald, Cathy	43	LSD	2:45.30	20
	39.28	1:20.86	2:02.44	2:45.30	
2	Tremblay, Sylvie	43	OAK	2:46.55	17
	38.86	1:21.69	2:04.62	2:46.55	
3	Babits, Wendy	40	TYMS	2:46.90	16
	38.26	1:19.91	2:03.39	2:46.90	
4	McArton, Jennifer	41	TECH	2:49.59	15
	39.78	1:23.02	2:07.01	2:49.59	
5	McConnell, Leanne	44	GHAC	2:55.65	14
	39.72	1:23.12	2:09.04	2:55.65	
6	Simpson, Betsy	44	TECH	3:04.56	13
	42.08	1:28.64	2:15.92	3:04.56	
7	Murphy, Katrina	42	MILT	3:16.31	12
	46.77	1:36.51	2:26.80	3:16.31	
8	McDowell, Gillian	40	AURO	3:16.61	11
	46.44	1:36.75	2:28.44	3:16.61	

**Women 40-44 50 SC Meter Breaststroke**

1	Tremblay, Sylvie	43	OAK	38.93	20
2	Drummond, Crystal	40	AURO	39.24	17
3	Jacob, Casey	44	AURO	40.37	16
4	Roman, Marisha	42	TECH	40.99	15
5	Wood, Sheila	41	TECH	43.96	14
6	Pidhayny, Wilma	43	BB	44.50	13
7	Barnet, Louanna	44	UNON	44.52	12
8	Mason, Alanna	40	HALT	44.82	11
9	Spence, Nancy	40	BURL	47.24	9
10	Ingleton, Sarah	44	ETOB	48.23	7
11	Lowrie, Deborah	41	LSD	49.20	6
12	Fisher, Jennifer	44	BURL	54.87	5
---	Dawson, Anne	40	CLIP	DQ	

**Women 40-44 100 SC Meter Breaststroke**

1	Hatherly, Jackie	44	OAK	1:22.75	20
	39.28	1:22.75			
2	Drummond, Crystal	40	AURO	1:24.06	17
	39.88	1:24.06			
3	Jacob, Casey	44	AURO	1:26.54	16
	40.87	1:26.54			

4	Wright, Alison	41	NOR	1:27.57	15
	1:27.64	1:27.57			
5	Pidhayny, Wilma	43	BB	1:35.80	14
	45.31	1:35.80			
6	Wood, Sheila	41	TECH	1:36.49	13
	45.77	1:36.49			
7	Mason, Alanna	40	HALT	1:38.42	12
	45.49	1:38.42			
8	Spence, Nancy	40	BURL	1:43.84	11
	48.80	1:43.84			
9	Lowrie, Deborah	41	LSD	1:45.84	9
	50.13	1:45.84			
10	Boudreau, Carolyn	44	AURO	1:58.74	7
	53.49	1:58.74			
11	Fisher, Jennifer	44	BURL	1:58.79	6
	56.00	1:58.79			
---	Bawden, Susan	42	LSD	DQ	
	58.75	DQ			

**Women 40-44 200 SC Meter Breaststroke**

1	Hatherly, Jackie	44	OAK	2:56.74	20
	40.41	1:24.81	2:10.42	2:56.74	
2	Drummond, Crystal	40	AURO	2:59.00	17
	40.32	1:25.25	2:11.22	2:59.00	
3	Jacob, Casey	44	AURO	3:11.20	16
	42.87	1:31.12	2:21.06	3:11.20	
4	Pidhayny, Wilma	43	BB	3:24.69	15
	46.05	1:37.22	2:30.69	3:24.69	
5	Lowrie, Deborah	41	LSD	3:48.49	14
	51.57	1:49.49	2:49.34	3:48.49	
6	Temple, Karen	43	AURO	3:48.92	13
	52.08	1:51.05	2:52.25	3:48.92	
7	Campbell, Donna	41	BRNT	3:57.87	12
	55.13	1:55.38	2:56.01	3:57.87	
8	Steinberg, Jennifer	42	TECH	4:09.98	11
	56.09	1:59.84	3:05.86	4:09.98	
9	Bawden, Susan	42	LSD	4:26.83	9
	59.13	2:06.75	3:16.94	4:26.83	
---	Mason, Alanna	40	HALT	DQ	
	47.05	1:40.36	2:35.52	DQ	

**Women 40-44 50 SC Meter Butterfly**

1	Sinden, Kathy	40	SWAM	32.54	20
2	McArton, Jennifer	41	TECH	32.71	17
3	Wallace, Laurie	40	CMSC	32.96	16
4	Harmer, Annelie	41	EBSC	33.60	15
5	Wright, Alison	41	NOR	33.81	14
6	Wood, Karen	42	MUSK	34.04	13
7	Pidhayny, Wilma	43	BB	37.65	12
8	Pearce, Ralda	43	CLAR	39.89	11
9	Spence, Nancy	40	BURL	44.27	9
10	Steinberg, Jennifer	42	TECH	44.53	7
11	Hickey, Jackie	44	UTMM	45.65	6
12	Chesser, Cathy	40	BURL	47.15	5
13	Dawson, Anne	40	CLIP	50.77	4
14	Pagani, Sandra	43	BURL	53.84	3

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## Results

Women 40-44 100 SC Meter Butterfly					
1	Sinden, Kathy	40	SWAM	1:11.88	20
	32.94	1:11.88			
2	Harmer, Annelle	41	EBSC	1:13.21	17
	34.03	1:13.21			
3	Hatherly, Jackie	44	OAK	1:13.66	16
	33.81	1:13.66			
4	Wallace, Laurie	40	CMSC	1:13.95	15
	33.83	1:13.95			
5	McArton, Jennifer	41	TECH	1:14.05	14
	35.19	1:14.05			
6	Pearce, Ralda	43	CLAR	1:33.34	13
	41.56	1:33.34			
7	Ingleton, Sarah	44	ETOB	1:44.06	12
8	Chesser, Cathy	40	BURL	1:47.70	11
	49.22	1:47.70			
Women 40-44 200 SC Meter Butterfly					
1	Wallace, Laurie	40	CMSC	2:53.75	20
	36.87	1:20.75	2:06.85	2:53.75	
2	Toffolo, Robyn	40	NMKT	3:27.16	17
	46.68	1:40.72	2:35.52	3:27.16	
3	Pearce, Ralda	43	CLAR	3:39.05	16
	46.08	1:39.69	2:39.96	3:39.05	
4	MacPherson, Nicole	43	ETOB	3:40.14	15
	47.18	1:42.18	2:41.81	3:40.14	
Women 40-44 100 SC Meter IM					
1	Hatherly, Jackie	44	OAK	1:13.73	20
	35.79	1:13.73			
2	Tremblay, Sylvie	43	OAK	1:14.72	17
	35.95	1:14.72			
3	Wright, Alison	41	NOR	1:17.06	16
	35.57	1:17.06			
4	Roman, Marisha	42	TECH	1:17.57	15
	35.86	1:17.57			
5	Wood, Karen	42	MUSK	1:17.63	14
	36.46	1:17.63			
6	Drummond, Crystal	40	AURO	1:18.27	13
	37.28	1:18.27			
7	Macdonald, Cathy	43	LSD	1:18.50	12
	37.44	1:18.50			
8	Newbold, Ellen	40	ETOB	1:19.32	11
	36.78	1:19.32			
9	Pidhayny, Wilma	43	BB	1:25.32	9
	39.03	1:25.32			
10	Stone, Tracey	43	MUSK	1:26.79	7
	39.81	1:26.79			
11	McDowell, Gillian	40	AURO	1:30.22	6
	43.51	1:30.22			
12	Pearce, Ralda	43	CLAR	1:32.83	5
	41.85	1:32.83			
13	Ingleton, Sarah	44	ETOB	1:34.27	4
	44.57	1:34.27			
14	Mason, Alanna	40	HALT	1:34.58	3
	44.64	1:34.58			
15	Spence, Nancy	40	BURL	1:36.69	2
	47.11	1:36.69			
16	Temple, Karen	43	AURO	1:37.86	1
	46.92	1:37.86			
17	Campbell, Donna	41	BRNT	1:38.98	
	45.75	1:38.98			
18	Steinberg, Jennifer	42	TECH	1:40.41	
	47.76	1:40.41			
19	Hickey, Jackie	44	UTMM	1:40.96	
	45.10	1:40.96			
20	Dawson, Anne	40	CLIP	1:46.96	
	50.40	1:46.96			
21	Fisher, Jennifer	44	BURL	1:51.74	
	51.15	1:51.74			
22	Pagani, Sandra	43	BURL	1:58.81	
	56.44	1:58.81			
Women 40-44 200 SC Meter IM					
1	Hatherly, Jackie	44	OAK	2:39.37	20
	35.15	1:16.71	2:01.87	2:39.37	
2	Wallace, Laurie	40	CMSC	2:48.55	17
	34.22	1:18.44	2:09.62	2:48.55	
3	Drummond, Crystal	40	AURO	2:50.30	16
	37.21	1:23.44	2:10.32	2:50.30	
4	Macdonald, Cathy	43	LSD	2:52.22	15
	39.53	1:23.36	2:12.54	2:52.22	
5	Roman, Marisha	42	TECH	2:52.76	14
	37.12	1:19.98	2:11.98	2:52.76	
6	Newbold, Ellen	40	ETOB	2:55.77	13
	38.29	1:22.61	2:13.93	2:55.77	
7	Stone, Tracey	43	MUSK	3:08.57	12
	40.62	1:28.46	2:25.05	3:08.57	
8	McDowell, Gillian	40	AURO	3:13.38	11
	43.37	1:33.74	2:29.35	3:13.38	
9	Murphy, Katrina	42	MILT	3:19.74	9
	44.14	1:35.05	2:34.28	3:19.74	
10	Pearce, Ralda	43	CLAR	3:20.10	7
	43.49	1:33.07	2:33.78	3:20.10	
11	Steinberg, Jennifer	42	TECH	3:39.23	6
	48.44	1:47.04	2:50.88	3:39.23	
Women 40-44 400 SC Meter IM					
1	Hatherly, Jackie	44	OAK	5:40.78	20
	37.06	1:17.34	2:02.04	2:47.03	
	3:33.36	4:21.08	5:01.65	5:40.78	
2	McArton, Jennifer	41	TECH	5:53.35	17
	37.62	1:18.12	2:05.26	2:53.17	
	3:43.56	4:35.98	5:13.87	5:53.35	
3	Wallace, Laurie	40	CMSC	5:56.85	16
	36.33	1:19.55	2:06.04	2:52.26	
	3:44.28	4:37.27	5:17.94	5:56.85	
4	Drummond, Crystal	40	AURO	6:06.09	15
	38.28	1:24.95	2:14.68	3:03.87	
	3:53.23	4:42.99	5:24.91	6:06.09	
5	Newbold, Ellen	40	ETOB	6:17.09	14
	39.92	1:27.05	2:16.16	3:03.25	
	3:56.80	4:50.74	5:34.63	6:17.09	
6	McDowell, Gillian	40	AURO	6:56.79	13
	45.81	1:41.65	2:36.46	3:30.91	
	4:26.49	5:23.74	6:12.62	6:56.79	

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## Results

**(Women 40-44 400 SC Meter IM)**

7	Toffolo, Robyn	40	NMKT	7:03.55	12
	45.77	1:39.09	2:33.17	3:25.47	
	4:26.40	5:28.19	6:15.91	7:03.55	
8	MacPherson, Nicole	43	ETOB	7:04.05	11
	46.06	1:41.38	2:38.98	3:34.62	
	4:30.83	5:27.28	6:16.34	7:04.05	
9	Steinberg, Jennifer	42	TECH	7:48.01	9
	52.77	1:53.27	2:56.52	3:57.64	
	5:01.85	6:06.81	7:00.22	7:48.01	

**Women 45-49 50 SC Meter Freestyle**

1	Macdonald, Sarah	49	MSBC	27.81	20
2	Osborne, Katie	46	GRAN	28.14	17
3	Delencourt, Sylvie	48	TECH	30.38	16
4	Brault, Andree	48	ENC	30.58	15
5	Wearmouth, Shelley	49	CLIP	31.50	14
6	Filion, Dominic	45	ELIT	32.22	13
7	Welds, Karen	46	CLAR	32.23	12
8	Menary, Susan	49	NT	32.38	11
9	Hughes, Michelle	45	BURL	34.94	9
10	Lowden, Fiona	48	BURL	36.11	7
11	Staples, Justine	45	ATB	36.64	6
12	Doucher, Carol Ann	47	AURO	37.26	5
13	Montgomery, Courtney	45	GOLD	38.03	4
14	Brankovsky, Martina	48	NYG	38.40	3
15	Unwin, Lianne	47	AURO	38.51	2
16	Russo, Monique	49	MSBC	39.49	1
17	Duckworth, Cheryl	48	AURO	40.36	
18	Mathewson, Wendy	49	EMSC	44.59	
19	Brookes, Heather	47	AURO	45.97	
20	Thompson, Pat	46	BRDN	47.92	
21	Finnear, Deborah	46	AURO	52.65	
22	McGowan, Ann	48	AURO	53.66	

**Women 45-49 100 SC Meter Freestyle**

1	Pipes-Neilsen, Karlyn	47	UNUS	59.16	20
	28.74	59.16			
2	Macdonald, Sarah	49	MSBC	1:01.17	17
	29.03	1:01.17			
3	Osborne, Katie	46	GRAN	1:03.04	16
	29.66	1:03.04			
4	Maylin, Sara	45	KING	1:08.30	15
	32.37	1:08.30			
5	Bennett, Nicole	45	AURO	1:09.48	14
	32.70	1:09.48			
6	Delencourt, Sylvie	48	TECH	1:09.65	13
	33.57	1:09.65			
7	Wearmouth, Shelley	49	CLIP	1:09.94	12
	33.05	1:09.94			
8	Brault, Andree	48	ENC	1:10.63	11
	33.57	1:10.63			
9	Filion, Dominic	45	ELIT	1:10.65	9
	33.90	1:10.65			
10	Menary, Susan	49	NT	1:11.95	7
	34.91	1:11.95			
11	Kane, Sheri-Lynn	45	GMM	1:12.21	6
	34.59	1:12.21			

12	Mitchell, Janet	49	AURO	1:13.95	5
	34.11	1:13.95			
13	Goodman, Laura	48	MILT	1:14.15	4
	35.02	1:14.15			
14	Bradley, Sara	47	ETOB	1:14.78	3
	35.35	1:14.78			
15	Welds, Karen	46	CLAR	1:16.40	2
	34.70	1:16.40			
16	Hughes, Michelle	45	BURL	1:18.64	1
	35.80	1:18.64			
17	King-Reimer, Sheryl	46	FOOT	1:18.90	
	37.40	1:18.90			
18	Gibbs, Heather	45	MASC	1:19.21	
	36.34	1:19.21			
19	Milford, Wendy	48	TECH	1:20.16	
	38.07	1:20.16			
20	Robertson, Kelly	46	TECH	1:20.33	
	38.39	1:20.33			
21	Gladstone, Sara	45	NYG	1:21.02	
	37.55	1:21.02			
22	Corso, Terri	46	AURO	1:21.57	
	38.69	1:21.57			
23	Staples, Justine	45	ATB	1:23.69	
	38.42	1:23.69			
24	Bonham, Karen	49	AURO	1:24.62	
	39.31	1:24.62			
25	Emery, Wendy	49	AURO	1:29.65	
	41.92	1:29.65			
26	Scott, Joanne	48	AURO	1:33.68	
	42.45	1:33.68			
27	Russo, Monique	49	MSBC	1:34.67	
	44.23	1:34.67			
28	Ruginis, Suzanne	47	BURL	1:35.40	
	43.66	1:35.40			
29	Brown, Darlene	48	MASC	1:44.63	
	49.60	1:44.63			
30	Thompson, Pat	46	BRDN	1:57.53	
	54.34	1:57.53			
---	Montgomery, Courtney	45	GOLD	DQ	
	43.79	DQ			

**Women 45-49 200 SC Meter Freestyle**

1	Stamp, Jane	47	GMM	2:21.56	20
	32.06	1:07.22	1:44.21	2:21.56	
2	Osborne, Katie	46	GRAN	2:23.88	17
	31.61	1:07.45	1:45.28	2:23.88	
3	Maylin, Sara	45	KING	2:29.13	16
	34.37	1:11.35	1:49.99	2:29.13	
4	Grant, Fiona	49	TECH	2:32.42	15
	34.41	1:12.65	1:52.54	2:32.42	
5	Pereira, Heather	45	CLAR	2:37.30	14
	35.86	1:14.92	1:56.52	2:37.30	
6	Filion, Dominic	45	ELIT	2:37.91	13
	35.35	1:15.20	1:56.52	2:37.91	
7	Lyons, Kelly	46	NYG	2:40.80	12
	37.08	1:17.56	1:59.70	2:40.80	
8	Goodman, Laura	48	MILT	2:48.48	11
	37.97	1:21.15	2:04.95	2:48.48	

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## Results

<b>(Women 45-49 200 SC Meter Freestyle)</b>					
9	King-Reimer, Sheryl	46	FOOT	2:50.65	9
	38.41	1:21.32	2:06.56	2:50.65	
10	Robertson, Kelly	46	TECH	2:53.07	7
	38.58	1:21.92	2:07.54	2:53.07	
11	Corso, Terri	46	AURO	2:54.58	6
	39.21	1:23.38	2:10.37	2:54.58	
12	McGowan, Kimberly	48	DAM	2:59.32	5
	40.19	1:24.81	2:11.63	2:59.32	
13	Milford, Wendy	48	TECH	3:01.99	4
	40.95	1:25.66	2:10.09	3:01.99	
14	Montgomery, Courtnay	45	GOLD	3:13.56	3
	48.62	1:36.96	2:27.52	3:13.56	
15	Staples, Justine	45	ATB	3:15.04	2
	39.80	1:27.38	2:21.46	3:15.04	
16	Thompson, Pat	46	BRDN	4:23.07	1
---	Tindale-Fox, Carmel	48	NOR	DQ	
	35.85	1:17.76	2:02.30	DQ	
<b>Women 45-49 400 SC Meter Freestyle</b>					
1	Pipes-Neilsen, Karlyn	47	UNUS	4:25.34	20
	30.95	1:04.59	1:38.95	2:13.30	
	2:47.31	3:20.90	3:53.52	4:25.34	
2	Stamp, Jane	47	GMM	5:12.84	17
	34.29	1:12.60	1:52.00	2:32.30	
	3:12.91	3:53.34	4:33.86	5:12.84	
3	Maylin, Sara	45	KING	5:13.68	16
	35.64	1:14.37	1:53.66	2:33.25	
	3:13.22	3:54.04	4:34.48	5:13.68	
4	Bennett, Nicole	45	AURO	5:18.08	15
	35.20	1:13.59	1:53.27	2:33.79	
	3:14.26	3:55.81	4:37.16	5:18.08	
5	Chafe, Susan	49	EMSC	5:19.84	14
	35.73	1:15.16	1:55.76	2:36.69	
	3:17.88	3:59.20	4:40.95	5:19.84	
6	Grant, Fiona	49	TECH	5:23.81	13
	36.47	1:16.15	1:57.48	2:39.27	
	3:20.48	4:02.18	4:43.30	5:23.81	
7	Pereira, Heather	45	CLAR	5:35.78	12
	37.94	1:19.81	2:02.76	2:45.86	
	3:28.63	4:11.82	4:55.44	5:35.78	
8	Lyons, Kelly	46	NYG	5:40.83	11
	39.11	1:21.16	2:04.12	2:47.23	
	3:30.85	4:13.97	4:57.61	5:40.83	
9	Tindale-Fox, Carmel	48	NOR	5:49.07	9
	38.53	1:22.80	2:08.71	2:53.79	
	3:38.63	4:23.08	5:07.38	5:49.07	
10	Henry, Katherine	45	FOOT	5:53.69	7
	39.75	1:23.72	2:08.78	2:54.14	
	3:38.93	4:24.11	5:09.61	5:53.69	
11	Miller, Joanne(Jody)	47	UTMM	6:01.27	6
	41.47	1:25.99	2:11.71	2:57.79	
	3:43.74	4:30.13	5:15.99	6:01.27	
12	Bradley, Sara	47	ETOB	6:03.20	5
	38.30	1:23.00	2:08.61	2:55.08	
	3:41.81	4:28.12	5:15.62	6:03.20	
13	Robertson, Kelly	46	TECH	6:03.79	4
	39.93	1:24.29	2:10.14	2:56.69	
	3:43.61	4:30.58	5:17.71	6:03.79	
14	Corso, Terri	46	AURO	6:12.64	3
15	Hebert, Helene	47	ELIT	6:13.26	2
	42.36	1:29.66	2:18.04	3:06.11	
	3:54.57	4:42.00	5:30.54	6:13.26	
16	McGowan, Kimberly	48	DAM	6:20.54	1
	41.61	1:27.93	2:16.84	3:06.60	
	3:57.03	4:47.41	5:34.55	6:20.54	
17	Downer, Janet	48	AURO	6:37.18	
	45.94	1:34.92	2:25.53	3:15.80	
	4:06.77	4:58.17	5:48.87	6:37.18	
18	Billing, Anita	47	ETOB	6:50.17	
	45.00	1:35.77	2:28.29	3:21.66	
	4:15.09	5:07.99	6:01.97	6:50.17	
19	Montgomery, Courtnay	45	GOLD	6:53.76	
	46.26	1:37.63	2:31.21	3:23.64	
	4:16.65	5:07.17	6:00.62	6:53.76	
20	Gibbs, Heather	45	MASC	7:00.55	
	45.83	1:39.24	2:35.08	3:32.39	
	4:30.00	5:24.95	6:16.61	7:00.55	
21	Thompson, Pat	46	BRDN	9:56.47	
	1:01.97	2:14.68	3:32.17	4:50.25	
	6:05.98	7:26.26	8:43.26	9:56.47	
<b>Women 45-49 800 SC Meter Freestyle</b>					
1	Osborne, Katie	46	GRAN	10:46.12	20
	36.11	1:14.98	1:55.41	2:35.86	
	3:16.13	3:56.91	4:37.86	5:19.08	
	6:00.51	6:41.40	7:22.43	8:03.95	
	8:45.08	9:26.59	10:07.60	10:46.12	
2	Grant, Fiona	49	TECH	11:05.85	17
	36.41	1:16.64	1:57.78	2:39.39	
	3:21.36	4:03.18	4:45.34	5:27.65	
	6:09.55	6:51.68	7:34.29	8:16.60	
	8:59.03	9:41.78	10:24.40	11:05.85	
3	Filion, Dominic	45	ELIT	11:51.97	16
	37.38	1:19.56	2:02.99	2:47.87	
	3:32.38	4:17.15	5:01.99	5:47.81	
	6:32.92	7:18.49	8:04.47	8:51.21	
	9:37.30	10:22.83	11:08.91	11:51.97	
4	Tindale-Fox, Carmel	48	NOR	11:53.45	15
	38.13	1:20.52	2:04.88	2:49.38	
	3:34.04	4:19.20	5:04.76	5:49.68	
	6:35.10	7:21.07	8:07.20	8:53.02	
	9:39.17	10:24.89	11:10.50	11:53.45	
5	Robertson, Kelly	46	TECH	12:28.58	14
	40.08	1:25.37	2:12.26	2:59.64	
	3:47.49	4:35.19	5:22.64	6:10.03	
	6:57.70	7:45.43	8:32.91	9:20.12	
	10:07.31	10:54.60	11:42.00	12:28.58	
6	Corso, Terri	46	AURO	12:45.20	13
	43.24	1:29.96	2:18.11	3:06.74	
	3:54.78	4:43.86	5:32.20	6:20.64	
	7:09.14	7:58.00	8:46.50	9:35.78	
	10:22.45	11:10.70	11:58.74	12:45.20	

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## Results

<b>(Women 45-49 800 SC Meter Freestyle)</b>												
7	Hughes, Michelle	45	BURL	13:23.39	12	4	Filion, Dominic	45	ELIT	23:22.40	15	
	41.60	1:29.70	2:19.51	3:10.19			40.33	1:24.40	2:10.06			
	4:01.82	4:53.52	5:45.41	6:38.02			3:41.81	4:27.68	5:13.06	5:59.21		
	7:29.56	8:21.63	9:13.25	10:04.57			6:45.59	7:31.84	8:18.43	9:04.74		
	10:55.60	11:46.08	12:37.11	13:23.39			9:51.30	10:38.47	11:26.15	12:13.84		
							13:01.09	13:48.90	14:36.90	15:25.03		
8	Quaiattinni, Susan	45	AURO	13:32.50	11		16:12.90	17:01.12	17:48.87	18:36.65		
	45.58	1:36.74	2:29.11	3:22.04			19:24.59	20:13.30	21:01.71	21:49.97		
	4:14.52	5:06.70	5:58.50	6:50.11			22:36.87	23:22.40				
	7:40.97	8:32.24	9:22.94	10:13.51		5	Miller, Joanne(Jody)	47	UTMM	23:27.69	14	
	11:04.10	11:54.66	12:44.63	13:32.50				2:18.83	3:06.63			
9	Billing, Anita	47	ETOB	13:53.36	9		3:53.93	4:42.29		6:17.67		
	46.08	1:38.95	2:32.42	3:24.62			7:05.41	7:52.69	8:39.27	9:26.76		
	4:17.45	5:10.88	6:04.83	6:58.49			10:14.03	11:01.81	11:49.63	12:36.95		
	7:51.54	8:44.34	9:37.43	10:29.75			13:24.09	14:11.64	14:57.94	15:44.78		
	11:22.15	12:14.04	13:05.85	13:53.36			16:30.98	17:17.08	18:04.01	18:50.03		
10	Gilfillan, Janet	45	THOR	15:07.82	7		19:37.47	20:22.88	21:09.85	21:56.44		
	1:50.18	2:46.69					23:27.69					
	5:39.37	6:36.09				6	Milford, Wendy	48	TECH	24:55.29	13	
	9:30.64		11:24.44				43.09	1:30.28	2:20.06	3:11.50		
			14:15.16	15:07.82			4:01.91	4:52.09	5:41.41	6:33.04		
11	King, Caroline	45	GRAN	15:26.54	6		7:23.68	8:14.22	9:04.14	9:54.27		
	50.96	1:48.06	2:47.44	3:46.69			10:45.07	11:35.50	12:25.98	13:16.30		
	4:46.01	5:44.91	6:43.76	7:42.81			14:06.55	14:57.56	15:47.84	16:38.61		
	8:41.65	9:40.72	10:39.80	11:37.84			17:28.74	18:19.27	19:10.83	20:01.24		
	12:35.33	13:33.46	14:31.06	15:26.54			20:51.05	21:40.34	22:31.18	23:20.69		
							24:09.13	24:55.29				
<b>Women 45-49 1500 SC Meter Freestyle</b>												
1	Pipes-Neilsen, Karlyn	47	UNUS	18:59.33	20	7	Bonham, Karen	49	AURO	25:18.09	12	
	1:05.61		2:15.25				42.12	1:30.29	2:20.32	3:10.85		
	2:50.42	3:25.69	4:00.94	4:36.19			4:02.20	4:53.76	5:45.70	6:37.35		
	5:11.12	5:46.05	6:21.19	6:56.13			7:28.56	8:19.39	9:10.84	10:01.46		
	7:30.65	8:04.95	8:38.93	9:11.37			10:52.44	11:43.22	12:34.24	13:24.88		
	10:11.11	11:00.27	11:45.10	12:26.18			14:15.67	15:06.54	15:57.95	16:49.08		
	13:08.60	13:50.84	14:34.95	15:17.82			17:40.40	18:32.17	19:22.74	20:13.53		
	15:57.64	16:35.83	17:13.56	17:48.66			21:05.07	21:50.31	22:46.84	23:39.00		
	18:24.23	18:59.33					24:28.66	25:18.09				
2	Grant, Fiona	49	TECH	21:25.40	17	8	Billing, Anita	47	ETOB	27:01.44	11	
	37.37	1:18.27	1:59.90	2:42.06			47.85	1:39.95	2:34.39			
	3:24.56	4:06.74	4:49.43	5:32.30			4:23.07	5:19.69	6:15.07	7:09.03		
	6:15.53	6:57.74	7:40.77	8:23.87			8:03.69	8:58.63	9:53.07	10:47.19		
	9:06.75	9:50.24	10:33.87	11:16.93			11:42.19	12:37.53	13:32.07	14:27.72		
	12:00.62	12:44.15	13:27.15	14:10.30			15:22.94	16:17.31	17:11.47	18:05.94		
	14:53.71	15:37.59	16:21.59	17:05.65			19:00.28	19:54.25	20:49.44	21:44.03		
		18:22.12	19:16.68	20:00.47			22:39.13	23:32.66	24:26.50	25:20.13		
	20:43.84	21:25.40					26:14.19	27:01.44				
3	Tindale-Fox, Carmel	48	NOR	23:11.24	16	<b>Women 45-49 50 SC Meter Backstroke</b>						
	40.32	1:25.49	2:12.13	2:58.57		1	Pipes-Neilsen, Karlyn	47	UNUS	30.61	20	
	3:45.35	4:32.13	5:19.14	6:06.00			2	Macdonald, Sarah	49	MSBC	33.62	17
	6:52.16	7:39.51	8:25.29	9:12.37			3	Dixon-Wells, Lisa	48	CLIP	34.04	16
	9:58.74	10:44.86	11:31.00	12:19.21			4	Chafe, Susan	49	EMSC	35.41	15
	13:05.21	13:50.77	14:37.04	15:22.02			5	Dawson-Jones, Kristin	48	CLIP	36.21	14
	16:09.27	16:51.45	17:43.63	18:31.28			6	Maylin, Sara	45	KING	37.26	13
	19:18.23	20:05.34	20:52.24	21:39.57			7	Black, Nancy	47	AURO	37.84	12
	23:11.24						8	Mitchell, Janet	49	AURO	38.23	11
							9	Deliencourt, Sylvie	48	TECH	38.30	9
							10	Welds, Karen	46	CLAR	38.49	7
							11	Goodman, Laura	48	MILT	38.65	6



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## Results

<b>(Women 45-49 50 SC Meter Backstroke)</b>					21 Russo, Monique	49 MSBC	2:16.57		
12 Brault, Andree	48 ENC	39.69	5		1:04.13	2:16.57			
13 Kosac, Marci	45 LSD	40.54	4						
14 Gibbs, Heather	45 MASC	40.82	3						
15 Baker, Tracey	49 LSD	40.98	2						
16 Bennett, Nicole	45 AURO	41.17	1						
17 Agnew, Jennifer	48 OAK	41.44							
18 Bonham, Karen	49 AURO	42.71							
19 Lowden, Fiona	48 BURL	43.95							
20 King-Reimer, Sheryl	46 FOOT	45.46							
21 Staples, Justine	45 ATB	46.44							
22 Montgomery, Courtney	45 GOLD	47.92							
23 Russo, Monique	49 MSBC	59.27							
24 Thompson, Pat	46 BRDN	1:09.28							
<b>Women 45-49 100 SC Meter Backstroke</b>					<b>Women 45-49 200 SC Meter Backstroke</b>				
1 Pipes-Neilsen, Karlyn	47 UNUS	1:04.79	20		1 Pipes-Neilsen, Karlyn	47 UNUS	2:18.95	20	
31.73	1:04.79				33.47	1:09.12	1:44.65	2:18.95	
2 Dixon-Wells, Lisa	48 CLIP	1:10.97	17		2 Dixon-Wells, Lisa	48 CLIP	2:38.56	17	
33.94	1:10.97				36.13	1:15.09	1:56.04	2:38.56	
3 Stamp, Jane	47 GMM	1:16.97	16		3 Shirriff, Janis	48 USM	2:53.07	16	
37.93	1:16.97				41.07	1:24.21	2:08.69	2:53.07	
4 Dawson-Jones, Kristin	48 CLIP	1:17.13	15		4 Maylin, Sara	45 KING	2:54.96	15	
37.72	1:17.13				40.24	1:23.75	2:09.58	2:54.96	
5 Chafe, Susan	49 EMSC	1:17.43	14		5 Dawson-Jones, Kristin	48 CLIP	2:58.56	14	
38.84	1:17.43				41.13	1:25.64	2:12.27	2:58.56	
6 Maylin, Sara	45 KING	1:19.98	13		6 Goodman, Laura	48 MILT	3:04.20	13	
39.34	1:19.98				44.88	1:32.16	2:18.82	3:04.20	
7 Black, Nancy	47 AURO	1:20.43	12		7 Baker, Tracey	49 LSD	3:12.15	12	
38.76	1:20.43				44.45	1:31.05	2:21.30	3:12.15	
8 Shirriff, Janis	48 USM	1:20.91	11		8 Kosac, Marci	45 LSD	3:12.63	11	
39.83	1:20.91				44.48	1:33.31	2:22.11	3:12.63	
9 Welds, Karen	46 CLAR	1:24.71	9		9 McGowan, Kimberly	48 DAM	3:18.89	9	
40.77	1:24.71				47.64	1:37.82	2:28.72	3:18.89	
10 Baker, Tracey	49 LSD	1:27.73	7		10 Bonham, Karen	49 AURO	3:19.94	7	
43.51	1:27.73				47.32	1:38.57	2:31.67	3:19.94	
11 Kosac, Marci	45 LSD	1:29.11	6		11 Montgomery, Courtney	45 GOLD	3:44.69	6	
43.32	1:29.11				52.37	1:50.54	2:49.83	3:44.69	
12 Lyons, Kelly	46 NYG	1:29.86	5		<b>Women 45-49 50 SC Meter Breaststroke</b>				
44.52	1:29.86				1 Macdonald, Sarah	49 MSBC	35.83	20	
13 Agnew, Jennifer	48 OAK	1:30.83	4		2 Dixon-Wells, Lisa	48 CLIP	38.50	17	
43.73	1:30.83				3 McKnight, Kathy	46 AURO	38.71	16	
14 Gibbs, Heather	45 MASC	1:33.49	3		4 Grant, Fiona	49 TECH	40.85	15	
43.61	1:33.49				5 Deliencourt, Sylvie	48 TECH	41.62	14	
15 McGowan, Kimberly	48 DAM	1:34.42	2		6 Wearmouth, Shelley	49 CLIP	41.74	13	
46.03	1:34.42				7 Brault, Andree	48 ENC	42.37	12	
16 King-Reimer, Sheryl	46 FOOT	1:35.74	1		8 Milford, Wendy	48 TECH	42.54	11	
46.57	1:35.74				9 Black, Nancy	47 AURO	42.79	9	
17 Montgomery, Courtney	45 GOLD	1:47.33			10 Doucher, Carol Ann	47 AURO	42.88	7	
52.74	1:47.33				11 Brankovsky, Martina	48 NYG	43.97	6	
18 Corso, Terri	46 AURO	1:47.93			12 Hughes, Michelle	45 BURL	44.47	5	
51.84	1:47.93				13 Deacon, Sue	47 AURO	44.57	4	
19 Brown, Darlene	48 MASC	1:50.59			14 Downer, Janet	48 AURO	44.65	3	
55.50	1:50.59				15 Turner, Elisabeth	45 ATB	45.89	2	
20 Brethet, Anne	47 NT	1:54.86			16 Unwin, Lianne	47 AURO	46.15	1	
55.39	1:54.86				17 Lowden, Fiona	48 BURL	46.51		
					18 Robertson, Kelly	46 TECH	47.94		
					19 Staples, Justine	45 ATB	49.33		
					20 Duckworth, Cheryl	48 AURO	50.35		
					21 Mathewson, Wendy	49 EMSC	55.20		
					22 Finniear, Deborah	46 AURO	56.10		
					23 Brookes, Heather	47 AURO	57.33		
					24 McGowan, Ann	48 AURO	1:08.20		
					<b>Women 45-49 100 SC Meter Breaststroke</b>				
					1 Macdonald, Sarah	49 MSBC	1:18.98	20	
					36.65	1:18.98			
					2 Dixon-Wells, Lisa	48 CLIP	1:23.62	17	
					39.49	1:23.62			

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<b>(Women 45-49 100 SC Meter Breaststroke)</b>											
3	McKnight, Kathy	46	AURO	1:24.10	16	10	Downer, Janet	48	AURO	3:31.36	7
	40.10	1:24.10					47.45	1:41.50	2:37.99	3:31.36	
4	Grant, Fiona	49	TECH	1:28.76	15	11	Brankovsky, Martina	48	NYG	3:35.15	6
	41.53	1:28.76					49.09	1:41.87	2:39.05	3:35.15	
5	Deliencourt, Sylvie	48	TECH	1:32.68	14	12	Robertson, Kelly	46	TECH	3:35.23	5
	44.19	1:32.68					49.91	1:44.50	2:40.07	3:35.23	
6	Wearmouth, Shelley	49	CLIP	1:32.90	13	13	Strickland, Susan	45	ETOB	3:35.65	4
	43.35	1:32.90					48.51	1:43.17	2:40.22	3:35.65	
7	Black, Nancy	47	AURO	1:33.00	12	14	Henry, Katherine	45	FOOT	3:40.62	3
	44.48	1:33.00					49.86	1:45.89	2:43.14	3:40.62	
8	Shirriff, Janis	48	USM	1:33.54	11	15	Ruginis, Suzanne	47	BURL	3:58.59	2
	44.62	1:33.54					50.34	1:51.20	2:55.34	3:58.59	
9	Milford, Wendy	48	TECH	1:34.65	9	<b>Women 45-49 50 SC Meter Butterfly</b>					
	44.92	1:34.65				1	Macdonald, Sarah	49	MSBC	30.49	20
10	Deacon, Sue	47	AURO	1:34.88	7	2	Osborne, Katie	46	GRAN	31.72	17
	43.52	1:34.88				3	Dawson-Jones, Kristin	48	CLIP	32.58	16
11	Doucher, Carol Ann	47	AURO	1:35.89	6	4	Chafe, Susan	49	EMSC	32.61	15
	45.92	1:35.89				5	McKnight, Kathy	46	AURO	32.75	14
12	Traxler, Delfina	49	AURO	1:37.27	5	6	Deliencourt, Sylvie	48	TECH	33.61	13
	45.56	1:37.27				7	Mitchell, Janet	49	AURO	34.20	12
13	Brankovsky, Martina	48	NYG	1:37.49	4	8	Brault, Andree	48	ENC	34.38	11
	46.63	1:37.49				9	Bennett, Nicole	45	AURO	35.51	9
14	Miller, Joanne(Jody)	47	UTMM	1:37.56	3	10	Bradley, Sara	47	ETOB	36.59	7
	46.23	1:37.56				11	Wearmouth, Shelley	49	CLIP	36.91	6
15	Downer, Janet	48	AURO	1:37.59	2	12	Deacon, Sue	47	AURO	38.35	5
	46.13	1:37.59				13	Henry, Katherine	45	FOOT	39.96	4
16	Hughes, Michelle	45	BURL	1:39.36	1	14	Strickland, Susan	45	ETOB	40.47	3
	46.47	1:39.36				15	Gladstone, Sara	45	NYG	41.31	2
17	Robertson, Kelly	46	TECH	1:43.17		16	Agnew, Jennifer	48	OAK	41.39	1
	50.55	1:43.17				17	Lowden, Fiona	48	BURL	41.52	
18	Unwin, Lianne	47	AURO	1:43.40		18	Hebert, Helene	47	ELIT	41.62	
	48.46	1:43.40				19	Turner, Elisabeth	45	ATB	43.15	
19	Ruginis, Suzanne	47	BURL	1:52.24		20	Clark, Diane	47	AURO	43.24	
	51.73	1:52.24				21	Staples, Justine	45	ATB	45.31	
---	Duckworth, Cheryl	48	AURO	DQ		22	Long, Suzanne	45	NYG	45.98	
	20.30	DQ				23	Billing, Anita	47	ETOB	47.84	
						24	Russo, Monique	49	MSBC	50.42	
<b>Women 45-49 200 SC Meter Breaststroke</b>						<b>Women 45-49 100 SC Meter Butterfly</b>					
1	Dixon-Wells, Lisa	48	CLIP	2:57.63	20	1	Osborne, Katie	46	GRAN	1:11.27	20
	40.86	1:25.62	2:11.37	2:57.63			32.66	1:11.27			
2	McKnight, Kathy	46	AURO	3:00.76	17	2	McKnight, Kathy	46	AURO	1:12.94	17
	40.60	1:26.24	2:13.27	3:00.76			34.46	1:12.94			
3	Grant, Fiona	49	TECH	3:15.72	16	3	Chafe, Susan	49	EMSC	1:14.57	16
	44.82	1:33.21	2:23.37	3:15.72			34.36	1:14.57			
4	Shirriff, Janis	48	USM	3:18.19	15	4	Dawson-Jones, Kristin	48	CLIP	1:17.00	15
	45.57	1:35.43	2:26.67	3:18.19			35.24	1:17.00			
5	Miller, Joanne(Jody)	47	UTMM	3:23.55	14	5	Kane, Sheri-Lynn	45	GMM	1:24.25	14
	47.28	1:39.07	2:31.70	3:23.55			38.68	1:24.25			
6	Deacon, Sue	47	AURO	3:23.77	13	6	Lyons, Kelly	46	NYG	1:29.68	13
	45.36	1:38.04	2:31.94	3:23.77			42.39	1:29.68			
7	Doucher, Carol Ann	47	AURO	3:28.22	12	7	Henry, Katherine	45	FOOT	1:32.78	12
	47.59	1:39.95	2:34.22	3:28.22			42.67	1:33.56			
8	Traxler, Delfina	49	AURO	3:28.76	11	8	King-Reimer, Sheryl	46	FOOT	1:33.56	11
	47.92	1:42.50	2:36.47	3:28.76			42.67	1:33.56			
9	Milford, Wendy	48	TECH	3:31.00	9	9	McGowan, Kimberly	48	DAM	1:37.14	9
	46.72	1:41.96	2:36.38	3:31.00			42.67	1:33.56			
						10	Hebert, Helene	47	ELIT	1:38.04	7
						11	Traxler, Delfina	49	AURO	1:51.96	6
							53.99	1:51.96			

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## Results

**Women 45-49 200 SC Meter Butterfly**

1	Chafe, Susan	49	EMSC	2:59.72	20
	39.28	1:24.98	2:13.37	2:59.72	
2	Kane, Sheri-Lynn	45	GMM	3:18.30	17
	39.63	1:27.22	2:22.31	3:18.30	
3	Hebert, Helene	47	ELIT	3:31.57	16
	45.45	1:38.99	2:34.94	3:31.57	
4	Billing, Anita	47	ETOB	3:52.42	15
	50.07	1:48.33	2:49.50	3:52.42	
5	Traxler, Delfina	49	AURO	3:54.59	14
	53.47	1:52.69	2:54.22	3:54.59	
6	King, Caroline	45	GRAN	4:47.27	13
	1:04.91	2:21.73	3:37.65	4:47.27	

**Women 45-49 100 SC Meter IM**

1	Macdonald, Sarah	49	MSBC	1:08.81	20
	31.77	1:08.81			
2	Stamp, Jane	47	GMM	1:14.94	17
	34.01	1:14.94			
3	McKnight, Kathy	46	AURO	1:15.50	16
	35.86	1:15.50			
4	Shirriff, Janis	48	USM	1:20.74	15
	37.71	1:20.74			
5	Deliencourt, Sylvie	48	TECH	1:21.08	14
	37.17	1:21.08			
6	Brault, Andree	48	ENC	1:22.32	13
	37.21	1:22.32			
7	Black, Nancy	47	AURO	1:22.58	12
	38.64	1:22.58			
8	Bennett, Nicole	45	AURO	1:22.70	11
	38.41	1:22.70			
9	Wearmouth, Shelley	49	CLIP	1:24.88	9
	40.24	1:24.88			
10	Menary, Susan	49	NT	1:25.18	7
	38.96	1:25.18			
11	Mitchell, Janet	49	AURO	1:26.13	6
	37.94	1:26.13			
12	Welds, Karen	46	CLAR	1:27.46	5
	40.40	1:27.46			
13	Bradley, Sara	47	ETOB	1:28.51	4
	40.02	1:28.51			
14	Deacon, Sue	47	AURO	1:28.65	3
	41.08	1:28.65			
15	Strickland, Susan	45	ETOB	1:30.33	2
	43.41	1:30.33			
16	Gibbs, Heather	45	MASC	1:30.50	1
	39.53	1:30.50			
17	King-Reimer, Sheryl	46	FOOT	1:31.02	
	44.46	1:31.02			
18	Agnew, Jennifer	48	OAK	1:32.25	
	42.31	1:32.25			
19	Lowden, Fiona	48	BURL	1:32.42	
	45.16	1:32.42			
20	Milford, Wendy	48	TECH	1:32.53	
	44.57	1:32.53			
21	Tory, Nicola	47	GRAN	1:32.58	
	41.17	1:32.58			

22	Hebert, Helene	47	ELIT	1:32.69	
	44.23	1:32.69			
23	Doucher, Carol Ann	47	AURO	1:33.47	
	44.86	1:33.47			
24	McGowan, Kimberly	48	DAM	1:34.10	
	43.27	1:34.10			
25	Clark, Diane	47	AURO	1:35.85	
	44.72	1:35.85			
26	Staples, Justine	45	ATB	1:38.10	
	45.89	1:38.10			
27	Kosac, Marci	45	LSD	1:38.21	
	43.97	1:38.21			
28	Gladstone, Sara	45	NYG	1:38.25	
	46.75	1:38.25			
29	Turner, Elisabeth	45	ATB	1:38.82	
	46.46	1:38.82			
30	Long, Suzanne	45	NYG	1:43.93	
	48.29	1:43.93			
31	Duckworth, Cheryl	48	AURO	1:50.21	
	52.38	1:50.21			
32	Brown, Darlene	48	MASC	1:52.10	
	53.57	1:52.10			
33	Russo, Monique	49	MSBC	1:58.71	
	55.09	1:58.71			
34	Brookes, Heather	47	AURO	2:00.86	
	56.25	2:00.86			

**Women 45-49 200 SC Meter IM**

1	Pipes-Neilsen, Karlyn	47	UNUS	2:21.55	20
	30.56	1:06.49	1:48.27	2:21.55	
2	Dixon-Wells, Lisa	48	CLIP	2:37.05	17
	34.39	1:12.66	1:59.14	2:37.05	
3	McKnight, Kathy	46	AURO	2:41.79	16
	33.87	1:16.07	2:03.33	2:41.79	
4	Chafe, Susan	49	EMSC	2:53.04	15
	36.13	1:19.46	2:14.76	2:53.04	
5	Shirriff, Janis	48	USM	2:55.61	14
	37.67	1:22.23	2:13.49	2:55.61	
6	Henry, Katherine	45	FOOT	3:13.81	13
	42.26	1:35.23	2:30.90	3:13.81	
7	Menary, Susan	49	NT	3:13.90	12
	44.00	1:36.59	2:33.41	3:13.90	
8	Miller, Joanne(Jody)	47	UTMM	3:14.77	11
	43.53	1:37.62	2:30.16	3:14.77	
9	Baker, Tracey	49	LSD	3:18.45	9
	43.21	1:31.81	2:29.57	3:18.45	
10	Hebert, Helene	47	ELIT	3:25.44	7
	44.60	1:38.93	2:39.34	3:25.44	
11	Tory, Nicola	47	GRAN	3:27.48	6
	41.28	1:36.10	2:36.78	3:27.48	
12	Lowden, Fiona	48	BURL	3:29.15	5
	44.51	1:43.36	2:41.50	3:29.15	
13	Doucher, Carol Ann	47	AURO	3:30.37	4
	47.78	1:43.27	2:40.26	3:30.37	
14	Brown, Darlene	48	MASC	3:57.30	3
	56.04	1:56.22	3:02.24	3:57.30	
15	King, Caroline	45	GRAN	4:08.45	2
	58.31	2:08.57	3:12.23	4:08.45	

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## Results

**Women 45-49 400 SC Meter IM**

1	Shirriff, Janis	48	USM	6:15.60	20
	39.65	1:26.38	2:14.63	3:01.52	
	3:54.05	4:47.86	5:32.31	6:15.60	
2	Miller, Joanne(Jody)	47	UTMM	6:46.75	17
	43.93	1:33.11	2:31.48	3:28.63	
	4:22.70	5:16.92	6:02.75	6:46.75	
3	Henry, Katherine	45	FOOT	6:56.56	16
	41.53	1:35.08	2:31.44	3:25.32	
	4:25.42	5:26.07	6:11.46	6:56.56	
4	McGowan, Kimberly	48	DAM	7:03.47	15
	43.98	1:35.80	2:29.16	3:03.59	
	3:23.68	4:24.03	5:25.81	7:03.47	
5	King, Caroline	45	GRAN	8:50.64	14
	1:03.52	2:18.00	4:40.85		
	5:46.26	6:53.32	7:53.08	8:50.64	

**Women 50-54 50 SC Meter Freestyle**

1	Cathro, Janet	50	EMSC	29.28	20
2	Hilland, Kathy	50	CLIP	30.61	17
3	Neal, Sue	54	GRAN	31.27	16
4	Oliver, Michele	52	NYG	31.59	15
5	Brault, Danielle	53	MSBC	32.64	14
6	Gibbs, Janice	50	OAK	32.73	13
7	Weir, Sue	53	TYMS	32.90	12
8	Iannucci, Judy	53	AURO	32.95	11
9	Buckner, Wendy	50	TECH	34.51	9
10	Fradette, Karen	52	EMSC	34.82	7
11	Hall, Dorothy	52	AURO	35.40	6
12	Flanagan, Colleen	53	TYMS	35.79	5
13	Auster, Ellen	52	TYMS	36.66	4
14	Leier, Susan	51	MMAC	37.05	3
15	Kelly, Joanne	52	AURO	37.61	2
16	Leung-Hagensteijn, Chungyee	54	AURO	39.98	1
17	Lopes, Sonia	53	OAK	42.82	
*18	Colgrove, Marlene	50	NT	43.77	
*18	Siebert, Evelyn	54	AURO	43.77	
20	Lombardo, Jamie	50	TECH	43.96	
21	Trattner, Paula	52	THOR	45.87	
22	Jordan, Marian	53	TECH	48.13	
23	Scheffler, Heike	53	TECH	48.37	
24	Moore, Catherine	54	TECH	54.55	

**Women 50-54 100 SC Meter Freestyle**

1	Carlsen, Jeanne	51	CMSC	1:05.48	20
	32.03	1:05.48			
2	Cathro, Janet	50	EMSC	1:06.24	17
	30.81	1:06.24			
3	Hilland, Kathy	50	CLIP	1:07.79	16
	32.37	1:07.79			
4	Neal, Sue	54	GRAN	1:10.86	15
	33.84	1:10.86			
5	Gibbs, Janice	50	OAK	1:12.00	14
	34.58	1:12.00			
6	Weir, Sue	53	TYMS	1:13.19	13
	35.27	1:13.19			
7	Iannucci, Judy	53	AURO	1:13.78	12
	34.90	1:13.78			

8	Buckner, Wendy	50	TECH	1:16.31	11
	36.45	1:16.31			
9	Gable, Lisa	51	MILT	1:16.39	9
	36.00	1:16.39			
10	Blanchard, Katherine	54	TYMS	1:20.10	7
	38.34	1:20.10			
11	Reed, Susan	52	BURL	1:21.42	6
	38.72	1:21.42			
12	Ingle, Sharon	50	UTMM	1:26.90	5
	41.69	1:26.90			
13	Lombardo, Jamie	50	TECH	1:42.67	4
	49.19	1:42.67			
14	Hillis, Yvonne	51	LSD	1:43.90	3
	49.73	1:43.90			
15	Siebert, Evelyn	54	AURO	1:46.10	2
	45.58	1:46.10			
16	Jordan, Marian	53	TECH	1:52.22	1
	50.72	1:52.22			
17	Trattner, Paula	52	THOR	1:54.23	
	51.93	1:54.23			
18	Scheffler, Heike	53	TECH	1:55.30	
	54.68	1:55.30			
19	Moore, Catherine	54	TECH	2:07.62	
	1:01.18	2:07.62			

**Women 50-54 200 SC Meter Freestyle**

1	Carlsen, Jeanne	51	CMSC	2:19.52	20
	32.67	1:07.47	1:43.11	2:19.52	
2	Morley, Helen	51	CLIP	2:44.46	17
	38.84	1:19.90	2:02.31	2:44.46	
3	Gable, Lisa	51	MILT	2:52.06	16
	38.72	1:21.95	2:07.27	2:52.06	
4	Flanagan, Colleen	53	TYMS	2:53.82	15
	39.87	1:24.57	2:10.74	2:53.82	
5	Riley, Patricia	50	DAM	2:53.87	14
	40.03	1:23.00	2:08.33	2:53.87	
6	Robson, Christine	54	MASC	2:58.63	13
	39.97	1:25.32	2:12.45	2:58.63	
7	Blanchard, Katherine	54	TYMS	3:00.67	12
	40.93	1:26.60	2:14.48	3:00.67	
8	Reed, Susan	52	BURL	3:07.54	11
	42.60	1:29.98	2:18.91	3:07.54	
9	Lumsdon, Kim	52	THOR	3:09.84	9
	43.16	1:30.68	2:19.50	3:09.84	
10	Pearen, Susan	53	NYG	3:21.53	7
	44.03	1:35.45	2:30.11	3:21.53	
11	Hillis, Yvonne	51	LSD	3:48.31	6
	49.38	1:49.36	2:51.58	3:48.31	
12	Scheffler, Heike	53	TECH	4:14.25	5
	2:04.36	3:11.73	4:15.97	4:14.25	
13	Lee, Faith	50	MILT	4:25.23	4
	2:01.90	3:14.44	4:25.23		

**Women 50-54 400 SC Meter Freestyle**

1	Carlsen, Jeanne	51	CMSC	4:54.97	20
	34.21	1:10.78	1:47.84	2:25.16	
	3:02.49	3:39.98	4:17.38	4:54.97	

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## Results

<b>(Women 50-54 400 SC Meter Freestyle)</b>											
2	Morley, Helen	51	CLIP	5:47.51	17	4	Buckner, Wendy	50	TECH	12:40.75	15
	39.19	1:21.22	2:04.93	2:49.56			45.02	1:31.35	2:18.92	3:06.65	
	3:34.30	4:19.33	5:03.83	5:47.51			3:54.68	4:42.37	5:30.85	6:18.56	
3	Riley, Patricia	50	DAM	6:06.78	16		7:06.45	7:53.95	8:42.07	9:30.03	
	40.90	1:24.52	2:10.33	2:57.59			10:18.10	11:06.53	11:54.57	12:40.75	
	3:45.41	4:34.01	5:21.89	6:06.78		5	Graham, Kathy	51	WIN	12:59.06	14
4	Gable, Lisa	51	MILT	6:10.82	15		40.69	1:27.93	2:17.29	3:07.09	
	39.37	1:23.56	2:09.77	2:57.01			3:56.65	4:46.37	5:36.18	6:25.67	
	3:45.21	4:33.94	5:22.70	6:10.82			7:14.90	8:04.40	8:53.92	9:43.57	
5	Flanagan, Colleen	53	TYMS	6:12.77	14		10:32.90	11:21.94	12:11.42	12:59.06	
	42.54	1:29.17	2:17.04	3:04.70		6	Salmon, Anneke	53	LSD	13:14.98	13
	3:52.27	4:39.78	5:27.32	6:12.77			42.11	1:28.89	2:17.30	3:07.54	
6	Lumsdon, Kim	52	THOR	6:35.54	13		3:57.85	4:49.06	5:39.55	6:30.60	
	43.75	1:32.27	2:22.06	3:12.12			7:21.44	8:12.91	9:04.66	9:56.14	
	4:01.83	4:52.19	5:42.45	6:35.54			10:47.23	11:37.48	12:28.17	13:14.98	
7	Reed, Susan	52	BURL	6:36.55	12	7	Lumsdon, Kim	52	THOR	13:16.89	12
	44.23	1:32.58	2:22.69	3:13.79			44.12	1:32.18	2:22.38	3:12.17	
	4:04.99	4:56.47	5:47.68	6:36.55			4:02.74	4:53.49	5:44.22	6:35.03	
8	Rusu, Liliana	52	CARL	6:45.22	11		7:25.39	8:16.07	9:06.45	9:57.67	
	43.58	1:33.23	2:24.86	3:16.81			10:48.98	11:39.37	12:29.77	13:16.89	
	4:08.86	5:01.31	5:53.89	6:45.22		8	Ingle, Sharon	50	UTMM	13:56.65	11
9	Ingle, Sharon	50	UTMM	6:53.65	9		43.16	1:33.21	2:25.63	3:18.29	
	42.27	1:30.48	2:21.93	3:14.56			4:11.45	5:04.10	5:56.90	6:50.48	
	4:08.24	5:03.23	5:58.35	6:53.65			7:43.95	8:37.27	9:31.06	10:25.47	
10	Pearen, Susan	53	NYG	7:02.06	7		11:19.00	12:12.11	13:05.56	13:56.65	
	46.94	1:40.28	2:34.54	3:29.95		9	Jewett, Sue	51	NYG	16:04.48	9
	4:23.89	5:17.65	6:11.62	7:02.06			50.87	1:46.14	2:46.43	3:46.43	
11	Scheffler, Heike	53	TECH	8:47.79	6		4:47.30	5:49.45	6:49.01	7:50.74	
	1:00.15	2:06.40	3:14.07	4:22.02			8:53.15	9:54.63	10:57.76	12:00.87	
	5:29.69	6:37.35	7:43.93	8:47.79			13:03.74	14:04.50	15:07.47	16:04.48	
12	Jordan, Marian	53	TECH	8:52.20	5	10	Lombardo, Jamie	50	TECH	16:17.46	7
	55.01	1:57.63	3:04.61	4:12.93			54.43	1:54.20	2:55.78	3:58.31	
	5:25.76	6:36.79	7:46.02	8:52.20			4:59.95	6:01.20	7:03.94	8:06.13	
13	Moore, Catherine	54	TECH	10:07.82	4		9:07.88	10:09.93	11:12.75	12:14.69	
	1:05.26	2:19.61	3:36.40	4:54.64			13:16.42	14:19.84	15:21.04	16:17.46	
	6:15.25	7:31.71	8:50.00	10:07.82		11	Morinville, Carole	52	MSBC	16:34.99	6
							5:09.87		8:17.30		
									11:27.38		
									13:31.93		
									14:33.90		
									16:34.99		
						12	Scheffler, Heike	53	TECH	18:13.92	5
							59.70	2:07.03	3:16.02	4:24.22	
							5:34.38	6:41.77	7:51.52	9:00.50	
							10:10.08	11:19.45	12:29.00	13:38.77	
							14:48.54	15:58.08	17:07.07	18:13.92	
2	Morley, Helen	51	CLIP	12:01.32	17	13	Jordan, Marian	53	TECH	18:22.85	4
	39.66	1:21.90	2:05.58	2:50.91			53.97	1:58.40	3:07.43	4:17.34	
	3:36.85	4:22.13	5:08.16	5:53.98			5:26.80	6:38.56	7:49.82	9:01.50	
	6:40.12	7:26.63	8:12.61	8:59.31			10:14.55	11:26.38	12:37.79	13:48.06	
	9:45.95	10:31.86	11:17.56	12:01.32			14:59.28	16:08.47	17:17.36	18:22.85	
3	Flanagan, Colleen	53	TYMS	12:31.56	16	14	Moore, Catherine	54	TECH	21:20.78	3
	43.22	1:30.06	2:18.40	3:06.55			1:08.68		3:44.90	5:04.27	
	3:54.64	4:42.26	5:30.10	6:17.61			6:22.63	7:44.47		10:26.36	
	7:05.24	7:52.82	8:40.70	9:27.96					13:10.62	14:34.87	15:54.89
	10:14.60	11:01.47	11:48.40	12:31.56			17:16.97	18:39.63	20:01.76	21:20.78	

MSC Nationals 2009 Nationaux MNC

Results

Women 50-54 1500 SC Meter Freestyle											
1	Morley, Helen	51	CLIP	22:55.75	20	7	Waring, Jane	52	BARR	27:19.03	12
	40.35	1:22.89	2:07.23	2:53.29			43.33	1:30.59	2:21.12	3:13.81	
	3:38.63	4:24.10	5:09.76	5:55.76			4:06.37	4:59.71	5:53.06	6:46.62	
	6:41.48	7:28.01	8:14.18	9:00.89			7:41.15	8:37.06	9:32.84	10:29.09	
	9:46.86	10:34.04	11:20.10	12:06.36			11:25.43	12:20.84	13:17.71	14:12.56	
	12:52.67	13:39.23	14:25.54	15:12.00			15:07.71	16:04.74	17:01.15	17:57.37	
	15:57.89	16:44.35	17:31.32	18:17.79			18:53.81	19:50.65	20:46.71	21:42.87	
	19:04.13	19:51.01	20:38.04	21:25.04			22:40.09	23:36.87	24:33.77	25:29.90	
	22:11.54	22:55.75					27:19.03				
2	Flanagan, Colleen	53	TYMS	24:05.10	17	8	Blanshard, Joni	51	NOR	27:42.73	11
	42.63	1:29.63	2:17.60	3:06.42			46.54	1:35.65	2:27.06	3:19.89	
	3:54.89	4:43.45	5:31.63	6:19.13			4:12.99	5:06.00	5:59.11	6:52.32	
	7:03.67	7:55.01	8:43.35	9:31.60			7:44.70	8:37.64	9:31.71	10:24.50	
	10:19.60	11:07.32	11:54.57	12:42.86			11:18.29	12:11.70	13:05.86	13:59.74	
	13:30.92	14:19.26	15:07.83	15:56.29			14:52.69	15:45.83	16:38.85	17:32.37	
	16:44.86	17:43.13	18:22.92	19:11.42			18:26.31	19:20.45	20:13.99	21:07.23	
	20:00.35	20:48.92	21:38.01	22:26.69			22:03.00	22:53.81	23:47.30	24:41.31	
	23:16.23	24:05.10					25:34.40	27:42.73			
3	Gable, Lisa	51	MILT	24:38.53	16	9	Jewett, Sue	51	NYG	29:53.99	9
	40.21	1:25.57	2:13.12	3:01.54			51.35	1:50.22	2:50.56	3:51.08	
	3:51.27	4:41.11	5:31.29	6:21.16			4:51.27	5:51.70	6:52.52	7:52.48	
	7:11.35	8:01.60	8:52.35	9:42.20			8:52.15	9:51.70	10:51.34	11:50.46	
	10:32.63	11:22.98	12:13.34	13:03.48			12:49.14	13:49.34	14:50.67	15:50.70	
	13:53.57	14:44.16	15:34.13	16:24.49			16:51.44	17:52.83	18:54.02	19:54.42	
	17:14.31	18:04.39	18:59.98	19:43.51			20:53.93	21:53.58	22:55.04	23:55.67	
	20:33.16	21:23.27	22:12.81	23:02.16			24:56.70	25:57.33	26:58.08	27:59.17	
	23:50.39	24:38.53					28:59.59	29:53.99			
4	Salmon, Anneke	53	LSD	25:15.89	15	10	Gissing, Catherine	53	AURO	30:02.34	7
	42.55	1:28.83	2:16.58	3:05.99			53.56	1:52.09	2:53.07	3:55.45	
	3:55.70	4:45.49	5:35.67	6:27.36			4:58.32	6:01.70	7:05.25	8:06.33	
	7:16.61	8:07.52	8:58.27	9:48.83			9:07.86	10:10.54	11:09.80	12:09.09	
	10:40.36	11:30.93	12:21.05	13:11.70			13:08.64	14:08.53	15:08.63	16:08.85	
	14:03.52	14:54.58	15:46.08	16:37.14			17:08.63	18:08.49	19:08.49	20:08.53	
	17:28.23	18:19.33	19:11.87	20:04.52			21:09.37	22:09.80	23:09.64	24:11.42	
	20:56.73	21:49.08	22:40.96	23:32.02			25:10.15	26:09.78	27:08.89	28:07.72	
	24:25.83	25:15.89					29:06.63	30:02.34			
5	Lumsdon, Kim	52	THOR	25:48.06	14	11	Morinville, Carole	52	MSBC	31:24.05	6
	44.50	1:33.08	2:22.87	3:13.27			57.87	1:58.81	2:59.98	4:01.58	
	4:05.52	4:55.64	5:46.87	6:37.80			5:04.22	6:07.15	7:10.24	8:11.88	
	7:29.96	8:20.80	9:12.08	10:03.87			9:14.45	10:16.84	11:19.28	12:22.33	
	10:55.46	11:46.87	12:38.70	13:30.49			13:24.90	14:27.79	15:30.26	16:32.98	
	14:22.39	15:14.23	16:06.17	16:58.43			17:35.96	18:38.75	19:41.93	20:45.16	
	17:50.36	18:42.96	19:36.55	20:29.49			21:47.93	22:52.04	23:55.54	24:59.43	
	21:22.33	22:16.64	23:09.02	24:02.36			26:03.92	27:08.31	28:12.52	29:16.79	
	24:57.84	25:48.06					30:17.78	31:24.05			
6	Ingle, Sharon	50	UTMM	26:18.12	13	12	Verner, Lynn	53	BARR	31:36.15	5
	45.81	1:35.01	2:26.63	3:20.88			55.47	1:56.15	2:58.62	4:00.47	
	4:11.62	5:03.85	5:56.69	6:49.50			5:05.03	6:08.21	7:12.24	8:16.87	
	7:41.84	8:34.78	9:27.34	10:19.69			9:21.06	10:24.77	11:30.12	12:33.56	
	11:12.07	12:04.62	12:57.49	13:51.12			13:38.09	14:42.21	15:46.53	16:50.47	
	14:44.19	15:36.77	16:29.98	17:23.34			17:55.37	18:58.30	20:02.47	21:06.43	
	18:16.66	19:10.00	20:04.07	20:57.96			22:09.53	23:12.65	24:16.03	25:18.81	
	21:51.15	22:44.84	23:38.01	24:32.53			26:22.40	27:24.93	28:28.68	29:30.68	
	25:25.97	26:18.12					30:33.27	31:36.15			

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 50-54 1500 SC Meter Freestyle)**

13	Jordan, Marian	53	TECH	35:04.21	4
	55.19	2:00.07	3:08.69	4:18.37	
	5:28.82	6:37.19	7:47.82	8:57.94	
	10:07.75	11:19.25	12:29.41	13:40.88	
	14:51.85	16:02.82	17:13.69	18:25.13	
	19:36.41	20:46.94	21:59.88	23:11.37	
	24:22.69	25:33.69	26:45.97	27:57.13	
	29:08.19	30:20.94	31:34.97	32:45.31	
	33:55.91	35:04.21			
14	Scheffler, Heike	53	TECH	35:25.45	3
	1:01.58	2:09.04	3:18.93	4:27.89	
	5:37.16	6:47.18	7:57.27	9:08.95	
	10:20.69	11:31.79	12:43.18	13:53.84	
	15:05.32	16:16.03	17:27.55	18:39.52	
	19:50.77	21:01.10	22:13.57	23:25.08	
	24:36.49	25:48.47	26:58.77	28:10.54	
	29:22.66	30:35.63	31:46.93	33:00.20	
	34:14.90	35:25.45			

**Women 50-54 50 SC Meter Backstroke**

1	McCall, Janie	50	CMSC	35.09	20
2	Cathro, Janet	50	EMSC	36.11	17
3	Oliver, Michele	52	NYG	36.31	16
4	Hilland, Kathy	50	CLIP	36.36	15
5	Graham, Kathy	51	WIN	36.72	14
6	Weir, Sue	53	TYMS	37.93	13
7	Fradette, Karen	52	EMSC	39.83	12
8	Iannucci, Judy	53	AURO	40.67	11
9	Brault, Danielle	53	MSBC	40.82	9
10	Waring, Jane	52	BARR	41.09	7
11	Bantock, Shelagh	53	LSD	42.74	6
*12	Robson, Christine	54	MASC	42.82	4.5
*12	Salmon, Anneke	53	LSD	42.82	4.5
14	Hall, Dorothy	52	AURO	44.09	3
15	Scott, Valerie	53	OAK	44.73	2
16	Eberhard, Jeannette	52	LSD	47.18	1
17	Kelly, Joanne	52	AURO	49.75	
18	Leier, Susan	51	MMAC	49.84	
19	Morinville, Carole	52	MSBC	56.47	
20	Trattner, Paula	52	THOR	57.17	
21	Lombardo, Jamie	50	TECH	1:00.05	

**Women 50-54 100 SC Meter Backstroke**

1	McCall, Janie	50	CMSC	1:15.19	20
	36.78	1:15.19			
2	Hilland, Kathy	50	CLIP	1:17.69	17
	38.07	1:17.69			
3	Oliver, Michele	52	NYG	1:20.33	16
	39.26	1:20.33			
4	Graham, Kathy	51	WIN	1:22.60	15
	37.71	1:22.60			
5	Weir, Sue	53	TYMS	1:23.60	14
	40.56	1:23.60			
6	Fradette, Karen	52	EMSC	1:29.39	13
	41.34	1:29.39			
7	Salmon, Anneke	53	LSD	1:30.89	12
	43.87	1:30.89			

8	Robson, Christine	54	MASC	1:31.71	11
	44.47	1:31.71			
9	Waring, Jane	52	BARR	1:32.26	9
	44.77	1:32.26			
10	Bantock, Shelagh	53	LSD	1:33.95	7
	46.39	1:33.95			
11	Scott, Valerie	53	OAK	1:37.49	6
	46.82	1:37.49			
12	Morinville, Carole	52	MSBC	1:56.31	5
	57.06	1:56.31			

**Women 50-54 200 SC Meter Backstroke**

1	McCall, Janie	50	CMSC	2:45.67	20
	38.69	1:20.15	2:02.72	2:45.67	
2	Hilland, Kathy	50	CLIP	2:49.59	17
	40.05	1:22.79	2:06.76	2:49.59	
3	Oliver, Michele	52	NYG	2:55.13	16
	39.83	1:23.34	2:08.97	2:55.13	
4	Weir, Sue	53	TYMS	3:03.32	15
	42.27	1:27.96	2:15.84	3:03.32	
5	Fradette, Karen	52	EMSC	3:12.12	14
	43.70	1:31.43	2:21.44	3:12.12	
6	Salmon, Anneke	53	LSD	3:14.35	13
	46.25	1:35.87	2:26.79	3:14.35	
7	Iannucci, Judy	53	AURO	3:17.25	12
	47.37	1:37.61	2:28.60	3:17.25	
8	Waring, Jane	52	BARR	3:24.51	11
	44.97	1:35.91	2:31.14	3:24.51	
9	Scott, Valerie	53	OAK	3:38.61	9
	48.01	1:42.70	2:39.88	3:38.61	
10	Blanchard, Katherine	54	TYMS	3:47.33	7
	54.38	1:52.68	2:51.45	3:47.33	
11	Gissing, Catherine	53	AURO	3:54.16	6
	56.92	1:57.38	2:58.28	3:54.16	
12	Eberhard, Jeannette	52	LSD	3:55.95	5
	57.33	1:58.39	2:58.64	3:55.95	
13	Morinville, Carole	52	MSBC	4:04.26	4
	58.70	2:00.45	3:03.32	4:04.26	

**Women 50-54 50 SC Meter Breaststroke**

1	Brault, Danielle	53	MSBC	38.73	20
2	Hilland, Kathy	50	CLIP	40.23	17
3	Fradette, Karen	52	EMSC	41.05	16
4	McTavish, Sandie	54	LSD	43.20	15
5	Buckner, Wendy	50	TECH	43.54	14
6	Leier, Susan	51	MMAC	44.41	13
7	Eberhard, Jeannette	52	LSD	44.47	12
8	Hall, Dorothy	52	AURO	44.97	11
9	Iannucci, Judy	53	AURO	45.34	9
10	Lopes, Sonia	53	OAK	47.54	7
11	Leung-Hagensteijn, Chungyee	54	AURO	51.40	6
12	Lee, Faith	50	MILT	52.13	5
13	Kelly, Joanne	52	AURO	52.33	4
14	Siebert, Evelyn	54	AURO	54.72	3
15	Lombardo, Jamie	50	TECH	57.88	2
16	Jordan, Marian	53	TECH	1:09.41	1
17	Trattner, Paula	52	THOR	1:09.76	

## MSC Nationals 2009 Nationaux MNC

## Results

Women 50-54 100 SC Meter Breaststroke					
1	Hilland, Kathy	50	CLIP	1:28.87	20
	42.02	1:28.87			
2	Brault, Danielle	53	MSBC	1:29.08	17
	41.77	1:29.08			
3	Bryden-Cromwell, Susan	50	GMM	1:30.83	16
	43.32	1:30.83			
4	Fradette, Karen	52	EMSC	1:32.02	15
	42.10	1:32.02			
5	Buckner, Wendy	50	TECH	1:33.60	14
	45.05	1:33.60			
6	McTavish, Sandie	54	LSD	1:38.09	13
	46.17	1:38.09			
7	Rusu, Liliana	52	CARL	1:40.15	12
	47.02	1:40.15			
8	Eberhard, Jeannette	52	LSD	1:40.50	11
	48.28	1:40.50			
9	Robson, Christine	54	MASC	1:41.58	9
	48.91	1:41.58			
10	Hall, Dorothy	52	AURO	1:42.07	7
	48.99	1:42.07			
11	Blanchard, Katherine	54	TYMS	1:43.83	6
	48.55	1:43.83			
12	Leier, Susan	51	MMAC	1:46.10	5
	50.16	1:46.10			
13	Lopes, Sonia	53	OAK	1:47.30	4
	50.11	1:47.30			
14	Reed, Susan	52	BURL	1:47.43	3
	51.63	1:47.43			
15	Leung-Hagensteijn, Chungyee	54	AURO	1:50.84	2
	50.81	1:50.84			
16	Lee, Faith	50	MILT	1:51.19	1
	54.07	1:51.19			
17	Hillis, Yvonne	51	LSD	1:57.24	
	55.54	1:57.24			
18	Verner, Lynn	53	BARR	2:00.25	
	57.48	2:00.25			
19	Lombardo, Jamie	50	TECH	2:00.55	
	59.21	2:00.55			
20	Morinville, Carole	52	MSBC	2:09.86	
	1:02.58	2:09.86			
---	Jordan, Marian	53	TECH	DQ	
	1:06.80	DQ			
Women 50-54 200 SC Meter Breaststroke					
1	Bryden-Cromwell, Susan	50	GMM	3:17.83	20
	46.08	1:35.89	2:26.58	3:17.83	
2	Fradette, Karen	52	EMSC	3:25.60	17
	43.86	1:35.87	2:31.43	3:25.60	
3	Morley, Helen	51	CLIP	3:29.09	16
	46.57	1:39.50	2:34.39	3:29.09	
4	Rusu, Liliana	52	CARL	3:35.13	15
	48.26	1:42.93	2:39.21	3:35.13	
5	McTavish, Sandie	54	LSD	3:37.50	14
	49.68	1:44.33	2:40.32	3:37.50	
6	Eberhard, Jeannette	52	LSD	3:40.59	13
	50.40	1:46.65	2:44.55	3:40.59	
7	Scott, Valerie	53	OAK	3:41.71	12
	49.17	1:45.92	2:44.64	3:41.71	
8	Blanchard, Katherine	54	TYMS	3:44.47	11
	51.23	1:48.79	2:48.57	3:44.47	
9	Lopes, Sonia	53	OAK	3:52.20	9
	51.73	1:50.80	2:52.22	3:52.20	
10	Auster, Ellen	52	TYMS	4:02.22	7
	54.71	1:59.12	3:03.08	4:02.22	
11	Lee, Faith	50	MILT	4:04.90	6
	54.71	1:57.65	3:01.92	4:04.90	
12	Hillis, Yvonne	51	LSD	4:08.70	5
	55.66	2:00.02	3:04.96	4:08.70	
13	Verner, Lynn	53	BARR	4:10.28	4
	56.88	2:00.62	3:06.56	4:10.28	
Women 50-54 50 SC Meter Butterfly					
1	McCall, Janie	50	CMSC	31.85	20
2	Cathro, Janet	50	EMSC	33.32	17
3	Brault, Danielle	53	MSBC	36.01	16
4	Iannucci, Judy	53	AURO	36.25	15
5	Gibbs, Janice	50	OAK	36.29	14
6	Weir, Sue	53	TYMS	36.87	13
7	Buckner, Wendy	50	TECH	37.19	12
8	Riley, Patricia	50	DAM	37.90	11
9	Bryden-Cromwell, Susan	50	GMM	38.19	9
10	Bantock, Shelagh	53	LSD	44.53	7
11	Auster, Ellen	52	TYMS	46.06	6
12	Verner, Lynn	53	BARR	47.66	5
13	Lopes, Sonia	53	OAK	51.15	4
14	Lee, Faith	50	MILT	56.80	3
15	Hillis, Yvonne	51	LSD	58.41	2
Women 50-54 100 SC Meter Butterfly					
1	Carlsen, Jeanne	51	CMSC	1:11.46	20
	33.50	1:11.46			
2	Riley, Patricia	50	DAM	1:25.53	17
	40.27	1:25.53			
3	Buckner, Wendy	50	TECH	1:26.45	16
	39.11	1:26.45			
4	Neal, Sue	54	GRAN	1:26.91	15
	40.64	1:26.91			
5	Morley, Helen	51	CLIP	1:33.75	14
	42.75	1:33.75			
6	Bantock, Shelagh	53	LSD	1:37.66	13
	44.94	1:37.66			
7	McTavish, Sandie	54	LSD	1:46.82	12
	48.23	1:46.82			
8	Auster, Ellen	52	TYMS	1:51.66	11
	51.63	1:51.66			
9	Lee, Faith	50	MILT	2:24.75	9
	1:04.98	2:24.75			
Women 50-54 200 SC Meter Butterfly					
1	Carlsen, Jeanne	51	CMSC	2:46.48	20
	35.62	1:15.07	1:56.87	2:46.48	
2	Graham, Kathy	51	WIN	3:26.45	17
	45.11	1:38.22	2:32.80	3:26.45	
3	Weir, Sue	53	TYMS	3:28.09	16
	41.29	1:32.36	2:29.38	3:28.09	



## MSC Nationals 2009 Nationaux MNC

## Results

<b>(Women 50-54 200 SC Meter Butterfly)</b>						4	Waring, Jane	52	BARR	3:24.00	15	
4	Morley, Helen	51	CLIP	3:32.44	15	47.14	1:38.11	2:36.28	3:24.00			
	46.15	1:40.78	2:37.38	3:32.44								
5	Bantock, Shelagh	53	LSD	3:44.13	14	46.71	1:40.56	2:39.50	3:27.01		14	
	48.60	1:46.39	2:45.29	3:44.13								
6	Waring, Jane	52	BARR	3:46.28	13	50.69	1:42.58	2:41.69	3:29.93		13	
	48.90		2:47.71	3:46.28								
7	Rusu, Liliana	52	CARL	4:10.66	12	48.73	1:39.78	2:41.52	3:32.08			
	53.85	1:58.55	3:03.83	4:10.66								
<b>Women 50-54 100 SC Meter IM</b>						9	Auster, Ellen	52	TYMS	3:38.98	9	
1	McCall, Janie	50	CMSC	1:15.30	20	46.46	1:43.62	2:46.64	3:38.98			
	34.23	1:15.30										
2	Cathro, Janet	50	EMSC	1:17.03	17	50.22	1:53.90	2:58.65	3:49.76		7	
	35.12	1:17.03										
3	Brault, Danielle	53	MSBC	1:22.24	16	50.64	1:55.99	3:00.95	3:58.13		6	
	39.14	1:22.24										
4	Oliver, Michele	52	NYG	1:23.05	15	<b>Women 50-54 400 SC Meter IM</b>						
	38.74	1:23.05				1	Riley, Patricia	50	DAM	6:44.60	20	
5	Gibbs, Janice	50	OAK	1:23.98	14		41.82	1:29.15	2:23.94	3:17.96		
	38.87	1:23.98					4:16.33	5:15.35	6:00.44	6:44.60		
6	Graham, Kathy	51	WIN	1:26.37	13	2	Bantock, Shelagh	53	LSD	7:04.60	17	
	38.67	1:26.37					47.36	1:43.61	2:38.55	3:31.66		
7	Bryden-Cromwell, Susan	50	GMM	1:27.17	12		4:32.41	5:33.04	6:19.02	7:04.60		
	42.67	1:27.17				3	Waring, Jane	52	BARR	7:21.14	16	
8	Riley, Patricia	50	DAM	1:27.89	11		48.09	1:46.35	2:40.25	3:35.04		
	41.13	1:27.89					5:36.83	6:28.65	7:21.14			
9	Iannucci, Judy	53	AURO	1:27.93	9	4	Rusu, Liliana	52	CARL	7:34.32	15	
	39.75	1:27.93					52.78	1:56.21	2:53.81	3:50.83		
10	Eberhard, Jeannette	52	LSD	1:35.54	7		4:49.32	5:48.53	6:41.29	7:34.32		
	46.71	1:35.54				5	Auster, Ellen	52	TYMS	8:11.28	14	
11	Blanchard, Katherine	54	TYMS	1:35.70	6		51.18	1:55.41	3:03.51	4:07.79		
	48.06	1:35.70						7:17.67	8:11.28			
12	Auster, Ellen	52	TYMS	1:38.64	5	<b>Women 55-59 50 SC Meter Freestyle</b>						
	46.15	1:38.64				1	von Richthofen, Micaela	56	NT	30.10	20	
13	Ingle, Sharon	50	UTMM	1:43.64	4		2	Merritt, Cathy	57	NEP	30.90	17
	50.10	1:43.64					3	Dimitroff, Jennifer	55	NYG	33.98	16
14	Verner, Lynn	53	BARR	1:46.25	3		4	Garvie, Leigh	55	EMSC	35.01	15
	51.04	1:46.25					5	Zirger, Brigitte	57	NEP	35.69	14
15	Leung-Hagensteijn, Chungyee	54	AURO	1:54.97	2		6	Morrison, Adrienne	56	NYG	35.70	13
	56.23	1:54.97					7	Pankhurst, Debbie	57	CLAR	42.51	12
16	Morinville, Carole	52	MSBC	2:00.67	1		8	Chisholm, Lesley	57	NT	42.54	11
	56.39	2:00.67					9	Chappell, Carol	58	AURO	48.29	9
17	Lee, Faith	50	MILT	2:02.88			10	Brooks, Cathy	56	TECH	59.56	7
	59.03	2:02.88				<b>Women 55-59 100 SC Meter Freestyle</b>						
---	Trattner, Paula	52	THOR	DQ		1	Merritt, Cathy	57	NEP	1:07.09	20	
	59.92	DQ					32.47	1:07.09				
---	Kelly, Joanne	52	AURO	DQ		2	von Richthofen, Micaela	56	NT	1:10.46	17	
	52.24	DQ					33.72	1:10.46				
<b>Women 50-54 200 SC Meter IM</b>						3	Protzman, Barbara	55	GOLD	1:14.29	16	
1	Carlsen, Jeanne	51	CMSC	2:38.83	20		35.34	1:14.29				
	34.25	1:16.07	2:01.82	2:38.83		4	Garvie, Leigh	55	EMSC	1:18.26	15	
2	McCall, Janie	50	CMSC	2:49.11	17		38.24	1:18.26				
	33.33	1:15.68	2:06.12	2:49.11		5	Zirger, Brigitte	57	NEP	1:20.25	14	
3	Robson, Christine	54	MASC	3:18.90	16		37.85	1:20.25				
	44.26	1:36.25	2:32.54	3:18.90		6	Milne, Kathleen	58	TECH	1:21.86	13	
							38.70	1:21.86				



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**(Women 55-59 1500 SC Meter Freestyle)**

2	Zirger, Brigitte	57	NEP	24:38.03	17
	43.54	1:31.68	2:21.59	3:11.48	
	4:01.15	4:49.99	5:38.91	6:28.45	
	7:17.45	8:06.80	8:56.52	9:45.85	
	10:35.58	11:24.49	12:13.89	13:03.49	
	13:53.02	14:42.19	15:31.42	16:21.19	
	17:10.41	17:59.99	18:49.87	19:40.73	
	20:29.00	21:20.12	22:10.10	23:00.33	
	23:49.39	24:38.03			
3	Jones-Skinner, Janice	55	UNON	27:42.84	16
	47.51	1:40.78	2:34.37	3:28.52	
	4:23.57	5:18.45	6:14.36	7:10.10	
	8:06.83	9:02.47	9:58.99	10:55.26	
	11:51.90	12:47.40	13:44.66	14:40.13	
	15:35.98	16:32.73	17:29.54	18:27.31	
	19:22.67	20:18.31	21:14.56	22:11.09	
	23:06.83	24:03.13	24:58.38	25:54.31	
	26:49.97	27:42.84			
4	Chisholm, Lesley	57	NT	28:15.04	15
	50.15	1:45.03	2:41.15	3:37.71	
	4:33.43	5:29.90	6:25.87	7:22.30	
	8:18.74	9:15.53	10:12.33	11:09.21	
	12:06.03	13:02.34	13:59.87	14:56.43	
	15:53.43	16:50.33	17:46.81	18:44.09	
	19:40.77	20:37.97	21:35.43	22:33.15	
	23:30.81	24:28.87	25:26.81	26:24.97	
	27:22.68	28:15.04			
5	Shillington, Jan	55	LSD	28:20.07	14
	48.41	1:43.38		3:37.02	
	4:34.39	5:31.69	6:29.20	7:28.07	
	8:26.04	9:23.68	10:21.34	11:18.27	
	12:15.34	13:12.50	14:09.74	15:05.66	
	16:03.52	17:00.34	17:57.13	18:54.91	
	19:52.29	20:49.88	21:47.66	22:45.45	
	23:42.17	24:39.11	25:26.22	26:33.77	
	27:28.33	28:20.07			
6	McLean, Christine	58	THOR	32:25.74	13
	58.03	2:02.15	3:07.03	4:12.97	
	5:17.77	6:22.74	7:27.68	8:32.33	
	9:37.62	10:41.65	11:46.24	12:49.77	
	13:54.77	14:59.30	16:04.33	17:09.03	
	18:14.06	19:19.71	20:24.90	21:30.40	
	22:36.03	23:41.27	24:46.77	25:52.09	
	26:58.53	28:03.30	29:09.18	30:15.15	
	31:21.09	32:25.74			
7	Cole, Nancy	56	UNON	35:09.81	12
	52.06	1:57.97	3:09.39	4:20.34	
	5:31.32	6:40.93	7:52.20	9:12.21	
	10:12.52	11:22.77	12:33.00	13:42.57	
	14:53.35	16:03.77	17:13.98	18:25.31	
	19:36.20	20:48.27	22:01.71	23:12.66	
	24:26.72	25:37.06	26:47.99	28:01.24	
	29:13.91	30:25.91	31:38.32	32:50.58	
	34:01.94	35:09.81			

8	Grant, Diane	57	TECH	36:27.57	11
	1:01.06	2:10.62	3:23.20	4:36.89	
	5:51.29	7:04.64	8:18.20	9:30.33	
	10:44.11	11:58.02	13:11.74	14:26.04	
	15:39.81	16:55.09	18:08.80	19:20.67	
	20:33.33	21:46.25	23:00.19	24:14.77	
	25:31.13	26:45.10	28:00.75	29:14.94	
	30:29.89	31:42.52	32:55.59	34:01.97	
	35:18.32	36:27.57			
9	Brooks, Cathy	56	TECH	40:34.46	9
	1:07.23	2:25.84	3:45.74	5:05.77	
	6:26.52	7:48.49	9:10.82		
	11:52.92	13:15.11	14:38.52	16:00.16	
	17:21.88	18:44.38	20:06.55	21:28.17	
		24:12.77	25:35.88	26:59.44	
	28:21.34	29:43.77	31:06.70	32:30.02	
	33:52.48	35:15.09	36:36.67	37:59.25	
	39:19.63	40:34.46			

**Women 55-59 50 SC Meter Backstroke**

1	Hunt, Linda	55	HALT	36.73	20
2	von Richthofen, Micaela	56	NT	39.29	17
3	Babin, Dawn	58	ETOB	42.05	16
4	Cole, Nancy	56	UNON	53.28	15
5	Pankhurst, Debbie	57	CLAR	55.83	14
6	Grant, Diane	57	TECH	1:01.05	13
7	Brooks, Cathy	56	TECH	1:03.45	12
8	Kowalewski, Marnie	59	AURO	1:04.43	11
9	Strang, Shirley	58	UNON	1:04.82	9
10	Cummins, Deb	58	LSD	1:08.54	7

**Women 55-59 100 SC Meter Backstroke**

1	Hunt, Linda	55	HALT	1:21.96	20
	38.99	1:21.96			
2	Babin, Dawn	58	ETOB	1:29.27	17
	43.27	1:29.27			
3	Herbert, Carole	55	BURL	2:07.90	16
	1:02.22	2:07.90			
4	Brooks, Cathy	56	TECH	2:17.69	15
	1:07.67	2:17.69			
5	Grant, Diane	57	TECH	2:23.07	14
	1:06.03	2:23.07			
6	Kowalewski, Marnie	59	AURO	2:26.00	13
	1:10.49	2:26.00			
7	Cummins, Deb	58	LSD	2:37.03	12
	1:13.92	2:37.03			

**Women 55-59 200 SC Meter Backstroke**

1	Hunt, Linda	55	HALT	2:52.72	20
	39.48	1:21.95	2:06.86	2:52.72	
2	Merritt, Cathy	57	NEP	3:02.11	17
	42.49	1:27.65	2:14.67	3:02.11	
3	Babin, Dawn	58	ETOB	3:13.92	16
	46.46	1:35.21	2:25.15	3:13.92	
4	Zirger, Brigitte	57	NEP	3:33.14	15
	49.74	1:43.94	2:39.70	3:33.14	
5	Cole, Nancy	56	UNON	4:21.35	14
	58.29	2:03.57	3:14.67	4:21.35	

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**(Women 55-59 200 SC Meter Backstroke)**

6	Herbert, Carole	55	BURL	4:33.72	13
	1:04.23	2:12.64	3:25.20	4:33.72	
7	Grant, Diane	57	TECH	5:07.76	12
	1:10.30	2:32.80	3:50.21	5:07.76	
8	Brooks, Cathy	56	TECH	5:09.15	11
	1:09.50	2:29.16	3:50.49	5:09.15	

**Women 55-59 50 SC Meter Breaststroke**

1	Merritt, Cathy	57	NEP	40.75	20
2	Dimitroff, Jennifer	55	NYG	41.53	17
3	Morrison, Adrienne	56	NYG	47.76	16
4	Pankhurst, Debbie	57	CLAR	47.95	15
5	Hopkins, Mary-Helen	59	SCM	48.16	14
6	Shillington, Jan	55	LSD	48.22	13
7	Lam, Nancy	58	BURL	52.52	12
8	Chappell, Carol	58	AURO	55.79	11
9	Grant, Diane	57	TECH	1:05.19	9

**Women 55-59 100 SC Meter Breaststroke**

1	Merritt, Cathy	57	NEP	1:28.69	20
	42.28	1:28.69			
2	Milne, Kathleen	58	TECH	1:45.71	17
	48.85	1:45.71			
3	Pankhurst, Debbie	57	CLAR	1:46.47	16
	52.52	1:46.47			
4	Shillington, Jan	55	LSD	1:46.60	15
	51.70	1:46.60			
5	Hopkins, Mary-Helen	59	SCM	1:48.71	14
	51.30	1:48.71			
6	Lam, Nancy	58	BURL	1:55.60	13
	55.44	1:55.60			
7	Shimano, Lee	55	ATB	1:58.77	12
	55.50	1:58.77			
8	Chappell, Carol	58	AURO	2:03.94	11
	57.82	2:03.94			
9	Strang, Shirley	58	UNON	2:26.27	9
	1:09.17	2:26.27			

**Women 55-59 200 SC Meter Breaststroke**

1	Pankhurst, Debbie	57	CLAR	3:49.16	20
	52.42	1:50.22	2:49.23	3:49.16	
2	Lam, Nancy	58	BURL	4:10.30	17
	58.15	2:01.22	3:08.26	4:10.30	
3	Shimano, Lee	55	ATB	4:12.69	16
	57.60	2:01.94	3:08.34	4:12.69	
4	Chappell, Carol	58	AURO	4:24.41	15
	1:02.39	2:11.15	3:19.06	4:24.41	
5	Strang, Shirley	58	UNON	5:16.80	14
	1:11.35	2:34.41	3:56.63	5:16.80	
6	Grant, Diane	57	TECH	5:30.45	13
	1:14.56	2:38.41	4:05.00	5:30.45	

**Women 55-59 50 SC Meter Butterfly**

1	von Richthofen, Micaela	56	NT	36.91	20
2	Milne, Kathleen	58	TECH	39.12	17
3	Finnie, Barbara	56	FOOT	39.87	16
4	Morrison, Adrienne	56	NYG	41.97	15
5	Babin, Dawn	58	ETOB	44.51	14

6	Zirger, Brigitte	57	NEP	45.93	13
7	Chisholm, Lesley	57	NT	51.63	12
8	Lam, Nancy	58	BURL	51.65	11
9	Chappell, Carol	58	AURO	59.36	9
10	Strang, Shirley	58	UNON	1:06.90	7

**Women 55-59 100 SC Meter Butterfly**

1	Protzman, Barbara	55	GOLD	1:25.69	20
	38.58	1:25.69			
2	Finnie, Barbara	56	FOOT	1:36.13	17
	44.88	1:36.13			
3	Cole, Nancy	56	UNON	2:15.31	16
	58.05	2:15.31			

**Women 55-59 100 SC Meter IM**

1	Merritt, Cathy	57	NEP	1:18.25	20
	37.40	1:18.25			
2	Hunt, Linda	55	HALT	1:25.09	17
	40.17	1:25.09			
3	Protzman, Barbara	55	GOLD	1:25.41	16
	39.18	1:25.41			
4	Finnie, Barbara	56	FOOT	1:35.35	15
	45.37	1:35.35			
5	Babin, Dawn	58	ETOB	1:35.89	14
	43.72	1:35.89			
6	Morrison, Adrienne	56	NYG	1:37.17	13
	44.71	1:37.17			
7	Milne, Kathleen	58	TECH	1:37.48	12
	46.72	1:37.48			
8	Morris, Anna	56	MILT	1:42.08	11
	49.55	1:42.08			
9	Hopkins, Mary-Helen	59	SCM	1:43.66	9
	50.13	1:43.66			
10	Pankhurst, Debbie	57	CLAR	1:52.46	7
	57.42	1:52.46			
11	Strang, Shirley	58	UNON	2:11.03	6
	1:04.04	2:11.03			
12	Kowalewski, Marnie	59	AURO	2:21.13	5
	1:06.68	2:21.13			
13	Herbert, Carole	55	BURL	2:21.83	4
	1:06.82	2:21.83			

**Women 55-59 200 SC Meter IM**

1	Protzman, Barbara	55	GOLD	3:04.81	20
	39.39	1:27.99	2:23.20	3:04.81	
2	Hunt, Linda	55	HALT	3:08.17	17
	42.70	1:27.85	2:24.08	3:08.17	
3	Finnie, Barbara	56	FOOT	3:32.77	16
	45.60	1:43.34	2:43.94	3:32.77	
4	Lam, Nancy	58	BURL	4:17.76	15
	1:00.13	2:14.79	3:19.40	4:17.76	
5	Strang, Shirley	58	UNON	4:40.93	14
	1:10.18	2:22.50	3:39.15	4:40.93	
6	Herbert, Carole	55	BURL	5:02.46	13
	1:16.14	2:28.60	4:04.81	5:02.46	

**Women 55-59 400 SC Meter IM**

1	Protzman, Barbara	55	GOLD	6:43.54	20
	41.66	1:31.98	2:23.34	3:16.53	
	4:14.29	5:13.97	5:58.00	6:43.54	

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**(Women 55-59 400 SC Meter IM)**

2	Zirger, Brigitte	57	NEP	7:35.08	17
	50.55	1:51.06	2:52.02	3:50.50	
	4:53.18	5:55.83	6:46.68	7:35.08	
3	Cole, Nancy	56	UNON	9:56.52	16
	1:00.52	2:25.87	3:42.37	4:55.48	
	6:15.24	7:34.65	8:45.47	9:56.52	

**Women 60-64 50 SC Meter Freestyle**

1	Ryan, Nancy	61	MSBC	36.81	20
2	Wilson, Taina	60	NYG	42.56	17
3	Shinkowski, Martha	62	WIND	47.06	16
4	Salter, Peggy	61	ETOB	50.48	15
5	Barrett, Karen	63	NYG	53.10	14
6	Campbell, Sheila	64	MSBC	1:02.34	13
7	Herbert, Eileen	62	NS	1:03.77	12

**Women 60-64 100 SC Meter Freestyle**

1	Smith, Elizabeth	61	MSBC	1:15.51	20
	35.99	1:15.51			
2	Nelson, Colleen	60	MSBC	1:18.47	17
	37.77	1:18.47			
3	VanDyke, Catherine	61	ATB	1:31.16	16
	42.70	1:31.16			
4	Wilson, Taina	60	NYG	1:39.32	15
	47.97	1:39.32			
5	Westernacher, Valerie	61	THOR	2:00.67	14
	53.84	2:00.67			
6	Barrett, Karen	63	NYG	2:01.48	13
	57.48	2:01.48			
7	Campbell, Sheila	64	MSBC	2:24.02	12
	1:07.74	2:24.02			

**Women 60-64 200 SC Meter Freestyle**

1	Smith, Elizabeth	61	MSBC	2:49.41	20
	37.41	1:19.88	2:04.17	2:49.41	
2	Prebble, Juanita	61	UNBM	3:09.47	17
	43.36	1:31.52	2:20.97	3:09.47	
3	Wilson, Taina	60	NYG	3:44.38	16
	50.31	1:46.99	2:45.62	3:44.38	
4	Cardinal, Liliane	60	MPC	4:06.14	15
	1:59.45	3:03.05	4:06.12	4:06.14	
5	Westernacher, Valerie	61	THOR	4:18.16	14
	54.43	1:58.72	3:08.66	4:18.16	
6	Herbert, Eileen	62	NS	4:51.23	13

**Women 60-64 400 SC Meter Freestyle**

1	Smith, Elizabeth	61	MSBC	5:55.82	20
	39.22	1:22.88	2:07.69	2:53.63	
	3:39.94	4:26.68	5:11.78	5:55.82	
2	Prebble, Juanita	61	UNBM	6:51.33	17
	45.08	1:36.15	2:28.45	3:21.43	
	4:14.88	5:08.10	6:00.47	6:51.33	
3	Cardinal, Liliane	60	MPC	8:31.39	16
	57.91	2:02.75	3:08.45	4:12.33	
	5:18.32	6:23.18	7:28.45	8:31.39	
4	Westernacher, Valerie	61	THOR	9:13.42	15
	57.75	2:03.56	3:10.98		
	6:51.34	8:01.86	9:13.42		

5	Herbert, Eileen	62	NS	10:15.66	14
	1:09.79	2:24.36	3:41.52	5:00.28	
	6:18.08	7:37.71	8:57.45	10:15.66	

**Women 60-64 800 SC Meter Freestyle**

1	Smith, Elizabeth	61	MSBC	12:13.08	20
	38.57	1:23.15	2:08.77	2:55.09	
	3:41.77	4:28.85	5:15.23	6:01.55	
	6:47.78	7:34.04	8:20.84	9:07.77	
	9:54.42	10:41.28	11:28.74	12:13.08	
2	Lane, Virginia	63	LSD	18:59.66	17
	1:03.91	2:15.68	3:29.17	4:42.32	
	5:55.47	7:08.26	8:21.05	9:33.61	
	10:44.58	11:55.57	13:07.31	14:19.31	
	15:30.05	16:41.41	17:52.75	18:59.66	
3	Herbert, Eileen	62	NS	21:35.74	16
	1:13.29	2:28.38	3:45.88	5:05.45	
	6:26.16	7:47.07	9:07.20	10:27.54	
	11:47.63	13:08.33	14:28.03	15:47.35	
	17:05.92	18:26.89	20:08.99	21:35.74	

**Women 60-64 1500 SC Meter Freestyle**

1	Bakish, Margaret	60	TECH	24:11.64	20
	42.23	1:29.01	2:13.29	3:05.54	
	3:54.04	4:42.73	5:31.38	6:19.38	
	7:07.23	7:55.38	8:46.86	9:31.89	
	10:20.60	11:09.04	11:57.63	12:46.29	
	13:34.95	14:24.13	15:13.17	16:02.32	
	16:51.89	17:40.54	18:29.86	19:18.89	
	20:08.17	20:57.29	21:46.38	22:35.32	
	23:25.10	24:11.64			
2	Cardinal, Liliane	60	MPC	34:12.92	17
	1:01.34	2:07.01	3:15.67	4:24.76	
	5:33.66	6:43.95	7:53.77	9:03.87	
	10:13.11	11:22.77	12:31.40	13:39.53	
	14:48.51	15:57.62	17:06.85	18:15.71	
	19:24.58	20:33.33	21:42.70	22:51.13	
	23:59.54	25:09.41	26:18.81	27:27.16	
	28:35.70	29:44.06	30:52.67	32:01.00	
	33:10.66	34:12.92			
3	Lane, Virginia	63	LSD	35:18.00	16
	1:03.79		3:21.89	4:33.07	
	5:44.35	6:55.83	8:07.76	9:18.29	
	10:29.13	11:39.35	12:50.13	14:01.38	
	15:12.17	16:23.01	17:33.45	18:43.63	
	19:54.38	21:05.32	22:15.95	23:26.92	
	24:37.76	25:49.32	27:01.01	28:12.54	
	29:23.57	30:35.04	31:46.13	32:57.35	
	34:09.32	35:18.00			

**Women 60-64 50 SC Meter Backstroke**

1	Smith, Elizabeth	61	MSBC	41.36	20
2	Ryan, Nancy	61	MSBC	42.75	17
3	Salter, Peggy	61	ETOB	1:04.94	16
4	Cardinal, Liliane	60	MPC	1:08.50	15
5	Lane, Virginia	63	LSD	1:10.17	14
6	Barrett, Karen	63	NYG	1:10.26	13

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## Results

<b>Women 60-64 100 SC Meter Backstroke</b>					4	Piggott, Margie	62	LSD	5:35.96	15
1	Berry, Linda	64	ATB	1:38.22	20	1:08.20	2:32.79	4:07.25	5:35.96	
	47.63	1:38.22								
2	Ryan, Nancy	61	MSBC	1:39.15	17					
	47.42	1:39.15								
3	Prebble, Juanita	61	UNBM	1:43.95	16					
	50.88	1:43.95								
4	Piggott, Margie	62	LSD	2:29.88	15					
	1:09.56	2:29.88								
5	Salter, Peggy	61	ETOB	2:42.87	14					
	1:10.28	2:42.87								
6	Herbert, Eileen	62	NS	2:57.37	13					
	1:26.03	2:57.37								
<b>Women 60-64 200 SC Meter Backstroke</b>										
1	Smith, Elizabeth	61	MSBC	3:11.57	20					
	43.63	1:30.91	2:20.86	3:11.57						
2	Berry, Linda	64	ATB	3:33.82	17					
	48.71	1:42.48	2:38.44	3:33.82						
3	Prebble, Juanita	61	UNBM	3:43.26	16					
	52.07	1:48.63	2:46.93	3:43.26						
4	Lane, Virginia	63	LSD	5:07.83	15					
	1:15.22	2:34.28	3:53.06	5:07.83						
5	Piggott, Margie	62	LSD	5:42.32	14					
	2:44.82	4:12.43	5:42.32							
<b>Women 60-64 50 SC Meter Breaststroke</b>										
1	Cattrall, Yvonne	61	ETOB	41.02	20					
2	Nelson, Colleen	60	MSBC	43.50	17					
3	Shinkowski, Martha	62	WIND	56.87	16					
4	Campbell, Sheila	64	MSBC	59.84	15					
5	Piggott, Margie	62	LSD	1:03.55	14					
6	Barrett, Karen	63	NYG	1:11.23	13					
7	Lane, Virginia	63	LSD	1:31.93	12					
<b>Women 60-64 100 SC Meter Breaststroke</b>										
1	Cattrall, Yvonne	61	ETOB	1:34.09	20					
	45.36	1:34.09								
2	Bakish, Margaret	60	TECH	1:37.11	17					
	47.22	1:37.11								
3	Nelson, Colleen	60	MSBC	1:38.28	16					
	46.99	1:38.28								
4	Shinkowski, Martha	62	WIND	2:04.60	15					
	59.08	2:04.60								
5	Campbell, Sheila	64	MSBC	2:16.98	14					
	1:04.75	2:16.98								
6	Cardinal, Liliane	60	MPC	2:23.52	13					
	1:09.83	2:23.52								
7	Piggott, Margie	62	LSD	2:31.40	12					
	1:09.35	2:31.40								
<b>Women 60-64 200 SC Meter Breaststroke</b>										
1	Bakish, Margaret	60	TECH	3:27.26	20					
	47.23	1:38.52	2:32.84	3:27.26						
2	Shinkowski, Martha	62	WIND	4:35.86	17					
	1:02.27	2:13.63	3:26.23	4:35.86						
3	Campbell, Sheila	64	MSBC	4:52.91	16					
	1:05.40	2:22.55	3:40.01	4:52.91						
<b>Women 60-64 50 SC Meter Butterfly</b>										
1	Smith, Elizabeth	61	MSBC	39.18	20					
2	Nelson, Colleen	60	MSBC	39.96	17					
3	VanDyke, Catherine	61	ATB	47.17	16					
4	Barrett, Karen	63	NYG	1:09.46	15					
5	Lane, Virginia	63	LSD	1:21.05	14					
<b>Women 60-64 100 SC Meter Butterfly</b>										
1	Bakish, Margaret	60	TECH	1:34.19	20					
	44.35	1:34.19								
2	Nelson, Colleen	60	MSBC	1:37.84	17					
	44.56	1:37.84								
3	Prebble, Juanita	61	UNBM	1:41.33	16					
	47.36	1:41.33								
<b>Women 60-64 200 SC Meter Butterfly</b>										
1	Bakish, Margaret	60	TECH	3:27.71	20					
	46.59	1:38.52	2:32.71	3:27.71						
<b>Women 60-64 100 SC Meter IM</b>										
1	Nelson, Colleen	60	MSBC	1:32.38	20					
	45.51	1:32.38								
2	Berry, Linda	64	ATB	1:42.93	17					
	49.78	1:42.93								
3	VanDyke, Catherine	61	ATB	1:45.15	16					
	50.00	1:45.15								
4	Wilson, Taina	60	NYG	1:55.63	15					
	54.17	1:55.63								
5	Barrett, Karen	63	NYG	2:24.00	14					
	1:09.14	2:24.00								
<b>Women 60-64 200 SC Meter IM</b>										
1	Bakish, Margaret	60	TECH	3:15.29	20					
	44.62	1:37.46	2:30.13	3:15.29						
2	Nelson, Colleen	60	MSBC	3:24.01	17					
	45.63	1:43.46	2:38.18	3:24.01						
3	Prebble, Juanita	61	UNBM	3:43.47	16					
	46.10	1:45.45	2:53.19	3:43.47						
4	Lane, Virginia	63	LSD	5:52.38	15					
	1:27.23	2:50.57	4:40.75	5:52.38						
<b>Women 60-64 400 SC Meter IM</b>										
1	Bakish, Margaret	60	TECH	6:59.03	20					
	47.89	2:37.50	3:34.29	4:29.33						
		5:25.76	6:12.85	6:59.03						
<b>Women 65-69 50 SC Meter Freestyle</b>										
1	Bertelink, Tineke	67	ETOB	43.07	20					
2	Duck, Wendy	65	AURO	43.19	17					
3	Devine, Alexandra	69	SWYM	43.59	16					
4	Papadopoulos, Kenna	68	MSBC	47.77	15					
5	Hines, Elaine	66	BARR	47.83	14					
6	Puskas, Joan	69	BURL	49.91	13					
7	Oliver, Sandra	68	NYG	50.09	12					
8	Verth, Ann	67	BRNT	50.47	11					
9	Long, Pat	68	EMSC	51.11	9					
10	O'Brien, Sally	66	SOO	51.74	7					
11	Malloch, Barrie	68	UTMM	51.99	6					

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**(Women 65-69 50 SC Meter Freestyle)**

12	Burton, Linda	67	BURL	53.74	5
13	Adams, Shirley	68	EMSC	56.72	4
14	Kennedy, Vicki	69	MMAC	57.08	3

**Women 65-69 100 SC Meter Freestyle**

1	Quigley, Linda	68	LSD	1:30.63	20
	43.96	1:30.63			
2	Cumming, Peggy	65	OTTY	1:35.29	17
	45.03	1:35.29			
3	Bertelink, Tineke	67	ETOB	1:37.37	16
	46.91	1:37.37			
4	Devine, Alexandra	69	SWYM	1:40.41	15
	47.44	1:40.41			
5	Van Duermen, Christine	67	RYER	1:42.93	14
	50.01	1:42.93			
6	Papadopoulos, Kenna	68	MSBC	1:46.65	13
	49.40	1:46.65			
7	Malloch, Barrie	68	UTMM	1:53.15	12
	54.13	1:53.15			
8	Puskas, Joan	69	BURL	1:56.19	11
	57.32	1:56.19			
9	O'Brien, Sally	66	SOO	1:56.44	9
	56.28	1:56.44			
10	Verth, Ann	67	BRNT	1:57.03	7
	52.45	1:57.03			
11	Bishop, Millie	68	ETOB	2:05.79	6
	55.57	2:05.79			
12	Kennedy, Vicki	69	MMAC	2:06.85	5
	59.15	2:06.85			

**Women 65-69 200 SC Meter Freestyle**

1	Quigley, Linda	68	LSD	3:15.64	20
	45.90	1:35.87	2:27.25	3:15.64	
2	Cumming, Peggy	65	OTTY	3:27.53	17
	45.12	1:38.43	2:33.14	3:27.53	
3	Bertelink, Tineke	67	ETOB	3:34.18	16
	47.69	1:40.85	2:37.47	3:34.18	
4	Devine, Alexandra	69	SWYM	3:43.75	15
	49.21	1:45.82	2:45.12	3:43.75	
5	Van Duermen, Christine	67	RYER	3:50.57	14
	51.12	1:50.25	2:50.69	3:50.57	
6	Ratray, Kathryn	69	BURL	4:01.07	13
	58.14	1:58.95	3:00.87	4:01.07	
7	Hines, Elaine	66	BARR	4:02.40	12
	1:58.03	3:00.80	4:02.39	4:02.40	
8	Malloch, Barrie	68	UTMM	4:02.50	11
	53.25	1:55.29	2:59.15	4:02.50	
9	O'Brien, Sally	66	SOO	4:07.56	9
	57.56	2:00.42	3:04.38	4:07.56	
10	Puskas, Joan	69	BURL	4:14.34	7
	59.73	2:04.39	3:11.04	4:14.34	
11	Verth, Ann	67	BRNT	4:18.34	6
	56.83	2:03.33	3:12.30	4:18.34	
12	Kennedy, Vicki	69	MMAC	4:36.93	5
13	Adams, Shirley	68	EMSC	4:41.09	4
	1:03.41	2:14.36	3:28.16	4:41.09	

---	Papadopoulos, Kenna	68	MSBC		DNF
	50.95	1:50.56			

**Women 65-69 400 SC Meter Freestyle**

1	Angus, Pat	65	TECH	6:58.46	20
	48.01	1:42.55	2:37.95	3:31.85	
	4:24.87	5:17.20	6:09.08	6:58.46	
2	Bertelink, Tineke	67	ETOB	7:12.40	17
	47.87	1:40.82	2:35.33	3:29.68	
	4:25.75	5:21.81	6:17.40	7:12.40	
3	Jacques, Hélène	69	CMNQ	8:10.66	16
	56.97	1:57.86	3:00.00	4:03.08	
	5:05.25	6:07.26	7:10.48	8:10.66	
4	Ratray, Kathryn	69	BURL	8:20.83	15
	1:00.24	2:02.73	3:06.36	4:09.82	
	5:12.70	6:15.36	7:18.62	8:20.83	
5	Malloch, Barrie	68	UTMM	8:22.88	14
	57.85	1:59.36	3:02.58	4:07.71	
	5:12.08	6:15.81	7:21.27	8:22.88	
6	Hines, Elaine	66	BARR	8:25.44	13
	58.55	2:01.34	3:06.09	4:11.38	
	5:16.43	6:21.17	7:26.26	8:25.44	
7	Puskas, Joan	69	BURL	8:47.71	12
	1:02.62	2:09.73	3:17.75	4:25.18	
	5:32.07	6:39.23	7:45.31	8:47.71	

**Women 65-69 800 SC Meter Freestyle**

1	Angus, Pat	65	TECH	14:15.54	20
	47.24	1:41.13	2:36.19	3:30.30	
	4:24.36	5:17.98	6:11.93	7:06.18	
	7:59.74	8:53.41	9:47.28	10:41.22	
	11:34.92	12:29.20	13:23.81	14:15.54	
2	Hines, Elaine	66	BARR	16:40.79	17
	56.98	1:58.62	3:01.88	4:05.29	
	5:08.58	6:12.56	7:16.73	8:20.23	
	9:23.95	10:27.47	11:31.37	12:34.04	
	13:36.85	14:39.79	15:43.44	16:40.79	
3	Ratray, Kathryn	69	BURL	16:46.28	16
	1:00.71	2:05.15	3:07.14	4:09.61	
	5:12.90	6:15.55	7:18.88	8:23.31	
	9:24.90	10:29.73	11:33.41	12:36.28	
	13:40.18	14:44.40	15:48.31	16:46.28	
4	Burton, Linda	67	BURL	16:46.88	15
	59.72	2:03.33	3:07.38	4:11.04	
	5:15.36	6:20.40	7:25.05	8:29.77	
	9:33.96	10:37.38	11:40.93	12:43.23	
	13:46.18	14:48.59	15:49.82	16:46.88	
5	Malloch, Barrie	68	UTMM	17:06.57	14
	58.85	2:00.84	3:05.89	4:11.31	
	5:17.14	6:22.39	7:27.00	8:31.76	
	9:35.81	10:41.37	11:46.51	12:51.59	
	13:56.13	15:00.71	16:05.24	17:06.57	

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**Women 65-69 1500 SC Meter Freestyle**

1	Angus, Pat	65	TECH	27:17.29	20
	49.83	1:44.58	2:49.74	3:35.21	
	4:29.16	5:23.45	6:20.65	7:14.75	
	8:09.22	9:03.99	9:58.63	10:53.85	
	11:48.98	12:44.01	13:46.00	14:35.57	
	15:31.59	16:26.05	17:20.88	18:15.75	
	19:10.25	20:04.81	20:59.15	21:53.99	
	22:49.47	23:44.30	24:38.75	25:33.29	
	26:27.58	27:17.29			
2	Jacques, Hélène	69	CMNQ	30:13.93	17
	57.02	1:57.52	2:57.64	3:57.27	
	4:56.80	5:56.61	6:57.49	7:57.80	
	8:58.83	9:59.83	11:00.14	12:00.96	
	13:01.36	14:02.08		16:03.61	
	17:04.77	18:05.27	19:05.39	20:06.14	
	21:07.33	22:08.11	23:08.55	24:10.02	
	25:10.52	26:11.80	27:12.36	28:12.17	
	29:12.55	30:13.93			
3	Devine, Alexandra	69	SWYM	30:19.05	16
	51.27	1:49.53	2:51.12	3:52.84	
	4:55.59	5:56.62	6:57.00	7:58.50	
	8:59.31	9:59.45	11:00.24	12:01.28	
	13:02.46	14:02.36	15:03.19	16:04.52	
	17:04.84	18:05.06	19:05.88	20:06.91	
	21:08.74	22:09.76	23:11.27	24:12.74	
	25:14.06	26:15.53	27:17.80	28:18.97	
	29:19.93	30:19.05			
4	Hines, Elaine	66	BARR	31:45.58	15
	57.97	2:02.25	3:06.86	4:10.76	
	5:16.14	6:19.55	7:23.77	8:27.31	
	9:30.46	10:33.60	11:37.46	12:41.24	
	13:45.07	14:48.45	15:52.52	16:55.96	
	17:58.75	19:01.41	20:03.31	21:08.16	
	22:11.56	23:15.70	24:19.67	25:23.98	
	26:27.76	27:31.66	28:36.35	29:40.49	
	30:45.61	31:45.58			
5	Malloch, Barrie	68	UTMM	32:03.48	14
	59.88	2:01.83	3:05.23	4:09.23	
	5:13.11	6:16.61	7:21.02	8:25.14	
	9:28.05	10:31.11	11:33.17	12:37.02	
	13:40.49	14:44.67	15:49.39	16:53.08	
	17:58.14	19:03.27	20:08.49	21:13.99	
	22:18.64	23:23.20	24:27.49	25:33.09	
	26:39.05	27:44.39	28:49.73	29:54.17	
	31:00.70	32:03.48			
6	Rattray, Kathryn	69	BURL	33:25.52	13
	1:02.95	2:09.41		4:22.95	
	5:30.54		7:44.63	8:51.43	
	9:57.73	11:05.16	12:11.60	13:18.08	
	14:24.97	15:31.93	16:39.84	17:47.72	
	18:55.24	20:02.85	21:10.35	22:18.58	
	23:26.79	24:33.42	25:40.50	26:47.81	
	27:55.70	29:01.27	30:08.06	31:13.89	
	32:19.37	33:25.52			

**Women 65-69 50 SC Meter Backstroke**

1	Bertelink, Tineke	67	ETOB	48.98	20
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2	Quigley, Linda	68	LSD	49.28	17
3	Duck, Wendy	65	AURO	51.44	16
4	Devine, Alexandra	69	SWYM	53.80	15
5	O'Brien, Sally	66	SOO	59.28	14
6	Puskas, Joan	69	BURL	1:00.74	13
7	Long, Pat	68	EMSC	1:06.25	12

**Women 65-69 100 SC Meter Backstroke**

1	Duck, Wendy	65	AURO	1:51.88	20
	53.92	1:51.88			
2	O'Brien, Sally	66	SOO	2:07.25	17
	1:03.14	2:07.25			
3	Van Duermen, Christine	67	RYER	2:07.50	16
	1:02.54	2:07.50			
4	Hines, Elaine	66	BARR	2:08.86	15
	1:03.63	2:08.86			
5	Puskas, Joan	69	BURL	2:22.79	14
	1:08.14	2:22.79			

**Women 65-69 200 SC Meter Backstroke**

1	Pronk, Bonnie	67	MSBC	3:09.27	20
	43.60	1:32.39	2:22.10	3:09.27	
2	Duck, Wendy	65	AURO	3:58.18	17
	52.83	1:52.39	2:55.52	3:58.18	
3	O'Brien, Sally	66	SOO	4:30.85	16
	1:04.43	2:14.94	3:24.70	4:30.85	
4	Hines, Elaine	66	BARR	4:42.44	15
	1:05.03	2:17.90	3:31.73	4:42.44	
5	Puskas, Joan	69	BURL	5:12.17	14
	1:13.18	2:33.05	3:53.60	5:12.17	

**Women 65-69 50 SC Meter Breaststroke**

1	Pronk, Bonnie	67	MSBC	41.40	20
2	Cumming, Peggy	65	OTTY	50.60	17
3	Papadopoulos, Kenna	68	MSBC	53.85	16
4	Van Duermen, Christine	67	RYER	55.05	15
5	Devine, Alexandra	69	SWYM	56.98	14
6	Adams, Shirley	68	EMSC	58.63	13
7	Long, Pat	68	EMSC	1:02.22	12
8	Kennedy, Vicki	69	MMAC	1:04.43	11
9	O'Brien, Sally	66	SOO	1:04.45	9
10	Oliver, Sandra	68	NYG	1:04.70	7

**Women 65-69 100 SC Meter Breaststroke**

1	Pronk, Bonnie	67	MSBC	1:34.49	20
	45.01	1:34.49			
2	Cumming, Peggy	65	OTTY	1:53.45	17
	52.81	1:53.45			
3	Jacques, Hélène	69	CMNQ	1:57.84	16
	58.84	1:57.84			
4	Van Duermen, Christine	67	RYER	1:58.20	15
	56.04	1:58.20			
5	Papadopoulos, Kenna	68	MSBC	2:04.81	14
	58.15	2:04.81			
6	Adams, Shirley	68	EMSC	2:16.42	13
	1:03.63	2:16.42			
7	Kennedy, Vicki	69	MMAC	2:21.70	12
	1:06.56	2:21.70			



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## Results

**Women 65-69 200 SC Meter Breaststroke**

1	Pronk, Bonnie	67	MSBC	3:31.64	20
	46.21	1:41.12	2:37.33	3:31.64	
2	Cumming, Peggy	65	OTTY	4:04.33	17
	56.80	1:59.20	3:02.10	4:04.33	
3	Jacques, H�el�ene	69	CMNQ	4:13.26	16
	1:02.44	2:07.34	3:11.46	4:13.26	
4	Van Duermen, Christine	67	RYER	4:17.30	15
	59.95	2:05.96	3:12.77	4:17.30	
5	Papadopoulos, Kenna	68	MSBC	4:33.80	14
	1:01.45	2:11.77	3:24.71	4:33.80	
6	Adams, Shirley	68	EMSC	4:54.06	13
	1:04.32	2:18.49	3:36.25	4:54.06	
7	Kennedy, Vicki	69	MMAC	5:08.83	12
	1:08.14	2:27.36	3:48.43	5:08.83	

**Women 65-69 50 SC Meter Butterfly**

1	Cumming, Peggy	65	OTTY	50.13	20
2	Duck, Wendy	65	AURO	53.11	17
3	Oliver, Sandra	68	NYG	1:00.57	16

**Women 65-69 100 SC Meter Butterfly**

1	Angus, Pat	65	TECH	1:51.49	20
	53.86	1:51.49			

**Women 65-69 200 SC Meter Butterfly**

1	Angus, Pat	65	TECH	4:07.53	20
	56.99	2:01.79	3:08.57	4:07.53	
2	Jacques, H�el�ene	69	CMNQ	4:51.44	17
	1:10.60	2:23.74	3:37.15	4:51.44	

**Women 65-69 100 SC Meter IM**

1	Pronk, Bonnie	67	MSBC	1:28.08	20
	41.03	1:28.08			
2	Cumming, Peggy	65	OTTY	1:46.31	17
	51.01	1:46.31			
3	Duck, Wendy	65	AURO	1:50.32	16
	51.60	1:50.32			
4	Devine, Alexandra	69	SWYM	1:59.02	15
	1:00.03	1:59.02			
5	Van Duermen, Christine	67	RYER	1:59.16	14
	1:01.47	1:59.16			
6	Malloch, Barrie	68	UTMM	2:16.42	13
	1:06.72	2:16.42			
7	Adams, Shirley	68	EMSC	2:26.70	12
	1:12.98	2:26.70			

**Women 65-69 200 SC Meter IM**

1	Pronk, Bonnie	67	MSBC	3:20.77	20
	47.38	1:37.09	2:33.34	3:20.77	
2	Angus, Pat	65	TECH	3:57.49	17
	52.28	1:59.50	3:09.59	3:57.49	
3	Duck, Wendy	65	AURO	4:09.39	16
	54.21	1:55.29	3:11.37	4:09.39	
4	Jacques, H�el�ene	69	CMNQ	4:25.70	15
	1:06.29	2:16.13	3:25.93	4:25.70	

**Women 65-69 400 SC Meter IM**

1	Angus, Pat	65	TECH	8:23.30	20
	55.04	1:57.36	3:06.20	4:16.42	
	5:28.47		7:33.36	8:23.30	
2	Jacques, H�el�ene	69	CMNQ	9:07.62	17
	1:06.17	2:17.06	3:28.47	4:40.08	
	5:53.14	7:04.42	8:07.52	9:07.62	

**Women 70-74 50 SC Meter Freestyle**

1	Davis, Nancy	73	CMSC	50.79	20
2	Bannerman, Joan	71	GRAN	1:02.42	17
3	St. Laurent, Ethel	74	ATB	1:10.14	16

**Women 70-74 100 SC Meter Freestyle**

1	Gogola, Laura	73	MICH	1:45.87	20
	52.85	1:45.87			
2	Davis, Nancy	73	CMSC	1:56.17	17
	56.17	1:56.17			
3	Steer, Sandy	70	SOO	2:00.50	16
	58.64	2:00.50			
4	Odlum, Jacqueline	70	ETOB	2:19.89	15
	1:07.66	2:19.89			
5	St. Laurent, Ethel	74	ATB	2:45.16	14
	1:22.66	2:45.16			

**Women 70-74 200 SC Meter Freestyle**

1	Steer, Sandy	70	SOO	4:15.33	20
	59.11	2:04.42	3:10.98	4:15.33	
2	Davis, Nancy	73	CMSC	4:30.71	17
	2:07.11	3:19.57	4:30.71		
3	Odlum, Jacqueline	70	ETOB	4:47.39	16
4	St. Laurent, Ethel	74	ATB	5:46.48	15

**Women 70-74 400 SC Meter Freestyle**

1	Gogola, Laura	73	MICH	8:21.86	20
	57.28	1:59.59	3:02.20	4:04.80	
	5:07.98	6:10.99	7:16.88	8:21.86	
2	Steer, Sandy	70	SOO	8:58.16	17
	1:03.66	2:12.15	3:20.72	4:29.46	
	5:37.48	6:45.33	7:52.25	8:58.16	
3	St. Laurent, Ethel	74	ATB	12:05.08	16
	1:24.74	3:00.13	4:34.45	6:08.24	
	7:41.52	9:13.73	10:45.81	12:05.08	

**Women 70-74 800 SC Meter Freestyle**

1	Dacey, Shirley	73	TYMS	17:06.76	20
	52.34	1:55.09	3:00.18	4:04.45	
	5:08.43	6:12.69	7:18.73	8:24.41	
	9:28.88	10:35.23	11:39.39	12:45.42	
	13:51.24	14:56.75	16:01.53	17:06.76	
2	Steer, Sandy	70	SOO	18:03.37	17
	1:02.04	2:09.09	3:16.97	4:24.77	
	5:33.62	6:42.02	7:50.00	8:58.63	
	10:06.94	11:14.82	12:23.82	13:31.42	
	14:40.26	15:49.31	16:57.75	18:03.37	
3	St. Laurent, Ethel	74	ATB	24:28.45	16
	1:22.14	2:55.19	4:27.18	6:01.89	
	7:35.21	9:09.32	10:40.99	12:14.28	
	13:49.29	15:22.68	16:55.52	18:29.12	
	20:02.15	21:35.45	23:07.04	24:28.45	

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## Results

<b>Women 70-74 1500 SC Meter Freestyle</b>					2 Steer, Sandy	70 SOO		5:01.98	17
1 Dacey, Shirley	73 TYMS		33:11.52	20	1:11.50	2:27.81	3:45.80	5:01.98	
		55.47	1:59.07	3:04.77	4:11.30				
		5:16.85	6:22.11	7:27.70	8:34.13				
		9:41.05	10:47.41	11:54.91	13:03.27				
		14:09.09	15:15.95	16:23.02	17:29.38				
		18:36.67	19:42.45	20:49.36	21:57.94				
		23:05.04	24:12.84	25:20.81	26:28.31				
		27:36.63	28:44.70	29:53.28	30:59.37				
		32:05.99	33:11.52						
2 Gogola, Laura	73 MICH		33:42.26	17					
		59.50	2:03.16	3:17.13	4:12.45				
		5:18.01	6:24.19	7:29.15	8:34.17				
		9:38.82	10:54.34		13:31.66				
		14:38.62	15:44.16	16:49.51	17:56.38				
		19:02.78	20:10.70	21:18.15	22:27.25				
		23:35.73	24:44.13	25:52.56	27:00.29				
		28:07.13	29:13.47	30:23.58	31:31.45				
		32:42.46	33:42.26						
<b>Women 70-74 50 SC Meter Backstroke</b>					1 Dacey, Shirley	73 TYMS		52.00	20
2 Odium, Jacqueline	70 ETOB			1:03.75	17				
3 Bannerman, Joan	71 GRAN			1:16.05	16				
<b>Women 70-74 100 SC Meter Backstroke</b>					1 Dacey, Shirley	73 TYMS		1:58.91	20
		58.04	1:58.91						
2 Odium, Jacqueline	70 ETOB			2:17.03	17				
		1:08.13	2:17.03						
3 Bannerman, Joan	71 GRAN			3:22.96	16				
		1:30.61	3:22.96						
<b>Women 70-74 200 SC Meter Backstroke</b>					1 Dacey, Shirley	73 TYMS		4:11.65	20
		58.44	2:01.91	3:07.45	4:11.65				
2 Gogola, Laura	73 MICH			4:30.02	17				
		1:00.90	2:08.09	3:18.81	4:30.02				
3 Odium, Jacqueline	70 ETOB			4:48.68	16				
		1:07.47	2:20.64	3:35.85	4:48.68				
<b>Women 70-74 50 SC Meter Breaststroke</b>					1 Davis, Nancy	73 CMSC		59.73	20
2 Steer, Sandy	70 SOO			1:06.92	17				
3 Bannerman, Joan	71 GRAN			1:08.40	16				
<b>Women 70-74 100 SC Meter Breaststroke</b>					1 Davis, Nancy	73 CMSC		2:14.01	20
		1:05.06	2:14.01						
2 Steer, Sandy	70 SOO			2:32.08	17				
		1:12.27	2:32.08						
3 Bannerman, Joan	71 GRAN			2:36.26	16				
		1:16.25	2:36.26						
4 Odium, Jacqueline	70 ETOB			2:36.29	15				
		1:14.92	2:36.29						
<b>Women 70-74 200 SC Meter Breaststroke</b>					1 Davis, Nancy	73 CMSC		4:54.45	20
		1:10.44	2:27.25	3:44.78	4:54.45				
<b>Women 70-74 50 SC Meter Butterfly</b>					1 Gogola, Laura	73 MICH		1:04.19	20
<b>Women 70-74 100 SC Meter IM</b>					1 Gogola, Laura	73 MICH		2:11.34	20
		1:04.56	2:11.34						
2 St. Laurent, Ethel	74 ATB			3:10.38	17				
		1:35.88	3:10.38						
<b>Women 70-74 200 SC Meter IM</b>					1 Dacey, Shirley	73 TYMS		4:46.33	20
		1:12.04	2:19.26	3:42.27	4:46.33				
<b>Women 70-74 400 SC Meter IM</b>					1 Gogola, Laura	73 MICH		10:01.66	20
		1:15.52	2:38.04	4:02.45	5:23.48				
		6:44.34	8:04.40	9:03.78	10:01.66				
2 Dacey, Shirley	73 TYMS			10:11.97	17				
			4:19.16	6:48.46	9:11.05		10:11.97		
<b>Women 75-79 50 SC Meter Freestyle</b>					1 Oliver, Judie	77 NYG		41.35	20
2 Niblett, Pat	77 TECH			45.67	17				
3 Stamhuis, Conny	77 MSBC			49.27	16				
4 Bryce, Glad	75 TYMS			53.06	15				
5 Thorne, Olive	78 EMSC			1:03.97	14				
6 Janelle, Henriette	78 BROS			1:14.06	13				
<b>Women 75-79 100 SC Meter Freestyle</b>					1 Oliver, Judie	77 NYG		1:31.69	20
		43.49	1:31.69						
2 Niblett, Pat	77 TECH			1:41.10	17				
		47.11	1:41.10						
3 Porasz, Agnes	76 NYG			1:59.49	16				
		59.59	1:59.49						
4 Thorne, Olive	78 EMSC			2:45.08	15				
		1:05.37	2:45.08						
5 Janelle, Henriette	78 BROS			2:45.57	14				
		1:19.86	2:45.57						
<b>Women 75-79 200 SC Meter Freestyle</b>					1 Niblett, Pat	77 TECH		3:50.34	20
		52.24	1:51.03	2:52.90	3:50.34				
2 McIntosh, Frances	76 GMM			4:00.73	17				
		57.29	1:58.52	3:00.86	4:00.73				
3 Porasz, Agnes	76 NYG			4:17.28	16				
		2:07.56	3:15.54	4:17.28	4:17.28				
4 Thorne, Olive	78 EMSC			5:05.94	15				
5 Janelle, Henriette	78 BROS			6:09.61	14				
<b>Women 75-79 400 SC Meter Freestyle</b>					1 Niblett, Pat	77 TECH		8:10.10	20
		54.29	1:53.76	2:57.29	4:00.70				
		5:04.93	6:08.55	7:11.50	8:10.10				

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## Results

**(Women 75-79 400 SC Meter Freestyle)**

2	McIntosh, Frances	76	GMM	8:16.96	17
	58.72	2:00.99	3:04.61	4:08.44	
	5:11.69	6:15.04	7:18.72	8:16.96	
3	Naiman, Sheila	79	MPC	8:52.86	16
	1:00.92	2:09.61	3:20.25	4:30.25	
	5:38.34	6:45.20	7:50.16	8:52.86	

**Women 75-79 800 SC Meter Freestyle**

1	McIntosh, Frances	76	GMM	16:41.58	20
	57.77	1:59.96	3:02.99	4:05.66	
	5:08.92	6:12.18	7:15.71	8:19.13	
	9:23.00	10:26.41	11:31.81	12:35.15	
	13:38.31	14:40.71	15:42.80	16:41.58	
2	Niblett, Pat	77	TECH	17:22.54	17
	56.21	1:57.50	3:02.19	4:07.04	
	5:12.93	6:18.19	7:24.86	8:31.21	
	9:38.89	10:46.28	11:54.15	13:01.25	
	14:08.06	15:15.99	16:22.26	17:22.54	
3	Naiman, Sheila	79	MPC	18:12.49	16
	10:15.40	10:59.19	11:23.89	12:32.78	
	13:41.93	14:51.31	15:59.85	18:12.49	
4	Swayze, Marney	75	BURL	24:29.69	15
	8:03.18	9:34.43	11:05.66	12:32.76	
	14:02.71	15:31.56	17:04.29		
	21:38.31	23:04.99	24:29.69		

**Women 75-79 1500 SC Meter Freestyle**

1	McIntosh, Frances	76	GMM	32:24.39	20
	58.49	2:01.96	3:05.87	4:10.39	
	5:14.58	6:18.77	7:23.43	8:29.14	
	9:32.33	11:45.02	12:49.27	14:12.49	
	13:53.97	14:59.36	16:05.08	17:12.49	
	18:18.02	19:23.52	20:29.99	21:36.43	
	22:42.36	23:49.20	24:53.55	25:58.11	
	27:02.61	28:09.11	29:14.39	30:19.52	
	31:23.11	32:24.39			
2	Porasz, Agnes	76	NYG	33:25.15	17
	58.18	2:07.67	3:16.55	4:24.89	
	5:32.76	6:40.55	7:48.27	8:56.43	
	10:04.44	11:11.58	12:19.75	13:28.85	
	14:36.04	15:43.58	16:49.66	17:55.89	
	19:03.21	20:09.01	21:15.73	22:23.13	
	23:29.11	24:35.77	25:43.52	26:51.19	
	27:57.91	29:03.94	30:10.70	31:16.65	
	32:23.86	33:25.15			
3	Naiman, Sheila	79	MPC	34:15.89	16
	1:01.08	2:11.50	3:23.68	4:35.30	
	5:46.55	6:55.16	8:04.46	9:12.30	
	10:20.54	11:30.17	12:39.96	13:47.25	
	14:57.67	16:06.58	17:14.70	18:23.88	
	19:32.88	20:41.20	21:49.67	23:00.04	
	24:09.58	25:17.70	26:26.12	27:33.96	
	28:42.86		30:59.97	32:06.65	
	33:12.38	34:15.89			

**Women 75-79 50 SC Meter Backstroke**

1	Oliver, Judie	77	NYG	48.78	20
2	Stamhuis, Conny	77	MSBC	53.43	17
3	Niblett, Pat	77	TECH	55.08	16
4	Bryce, Glad	75	TYMS	59.93	15
5	Naiman, Sheila	79	MPC	1:07.23	14
6	Thorne, Olive	78	EMSC	1:11.81	13
7	Janelle, Henriette	78	BROS	1:36.71	12

**Women 75-79 100 SC Meter Backstroke**

1	Oliver, Judie	77	NYG	1:43.27	20
	50.54	1:43.27			
2	Stamhuis, Conny	77	MSBC	1:55.75	17
	55.75	1:55.75			
3	Varty, Eulah	75	MSBC	2:02.96	16
	59.97	2:02.96			
4	Bryce, Glad	75	TYMS	2:03.64	15
	1:00.93	2:03.64			
5	McIntosh, Frances	76	GMM	2:19.72	14
	1:07.64	2:19.72			
6	Naiman, Sheila	79	MPC	2:20.90	13
	1:10.31	2:20.90			
7	Janelle, Henriette	78	BROS	3:20.09	12
	1:30.14	3:20.09			

**Women 75-79 200 SC Meter Backstroke**

1	Oliver, Judie	77	NYG	3:41.22	20
	51.60	1:47.48	2:44.80	3:41.22	
2	Stamhuis, Conny	77	MSBC	4:09.67	17
	55.56	1:58.92	3:04.51	4:09.67	
3	Varty, Eulah	75	MSBC	4:21.28	16
	59.94	2:05.90	3:14.57	4:21.28	
4	Bryce, Glad	75	TYMS	4:25.13	15
	59.79	2:06.90	3:16.86	4:25.13	
5	McIntosh, Frances	76	GMM	4:40.51	14
	1:05.89	2:16.76	3:29.50	4:40.51	
6	Naiman, Sheila	79	MPC	5:03.43	13
	1:10.96	2:29.18	3:48.12	5:03.43	
7	Thorne, Olive	78	EMSC	5:49.53	12
	1:20.65	2:52.28	4:24.15	5:49.53	

**Women 75-79 50 SC Meter Breaststroke**

1	Stamhuis, Conny	77	MSBC	55.67	20
2	Niblett, Pat	77	TECH	57.12	17
3	King, Doreen	75	ANC	57.62	16
4	Bryce, Glad	75	TYMS	1:04.24	15
5	Thorne, Olive	78	EMSC	1:18.86	14
6	Janelle, Henriette	78	BROS	1:27.81	13

**Women 75-79 100 SC Meter Breaststroke**

1	Varty, Eulah	75	MSBC	2:04.85	20
	1:00.02	2:04.85			
2	King, Doreen	75	ANC	2:05.43	17
	59.59	2:05.43			
3	Janelle, Henriette	78	BROS	3:13.22	16
	1:31.06	3:13.22			

**Women 75-79 200 SC Meter Breaststroke**

1	Varty, Eulah	75	MSBC	4:22.90	20
	1:00.55	2:10.53	3:17.87	4:22.90	

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## Results

<b>(Women 75-79 200 SC Meter Breaststroke)</b>						<b>Women 80-84 100 SC Meter IM</b>						
2	King, Doreen	75	ANC	4:44.00	17	1	Roper, Gail	80	ARIZ	1:44.95	20	
	1:02.77	2:16.75	3:33.13	4:44.00			51.28	1:44.95				
3	Naiman, Sheila	79	MPC	6:10.60	16	<b>Women 80-84 200 SC Meter IM</b>						
	1:23.98	3:00.81	4:37.18	6:10.60		1	Roper, Gail	80	ARIZ	3:55.51	20	
4	Thorne, Olive	78	EMSC	6:11.09	15		58.45	2:01.68	3:07.52	3:55.51		
	1:24.67	3:02.09	4:38.86	6:11.09		2	Eisele, Sylvia	80	ETOB	4:22.00	17	
							59.42	2:07.58	3:17.00	4:22.00		
<b>Women 75-79 50 SC Meter Butterfly</b>						<b>Women 85-89 1500 SC Meter Freestyle</b>						
1	Bryce, Glad	75	TYMS	1:05.19	20	1	Rasmussen, Kalis	85	ETOB	40:39.66	20	
2	Porasz, Agnes	76	NYG	1:10.59	17		1:07.99	2:25.00	3:42.50	4:59.97		
<b>Women 75-79 100 SC Meter Butterfly</b>							6:16.57	7:34.07	8:53.91	10:13.03		
1	Varty, Eulah	75	MSBC	2:23.04	20		11:31.44	12:49.37	14:08.57	15:28.22		
	1:05.51	2:23.04					16:46.72	18:06.19	19:26.85	20:47.07		
<b>Women 75-79 100 SC Meter IM</b>							22:07.75	23:29.07	24:53.37	26:19.50		
1	Oliver, Judie	77	NYG	1:44.02	20		27:43.63	29:07.47	30:31.13	31:56.53		
	48.30	1:44.02					33:21.34	34:52.53	36:17.75	37:45.28		
2	Bryce, Glad	75	TYMS	2:15.39	17		39:14.22	40:39.66				
	1:04.43	2:15.39				<b>Women 85-89 200 SC Meter Backstroke</b>						
<b>Women 75-79 200 SC Meter IM</b>						1	Rasmussen, Kalis	85	ETOB	5:01.59	20	
1	Varty, Eulah	75	MSBC	4:24.68	20		1:12.47	2:29.63	3:46.22	5:01.59		
	1:04.76	2:13.28	3:26.36	4:24.68		<b>Women 85-89 50 SC Meter Breaststroke</b>						
<b>Women 75-79 400 SC Meter IM</b>						1	Nochman, Lois	85	MICH	1:12.93	20	
1	Varty, Eulah	75	MSBC	9:17.54	20		<b>Women 85-89 100 SC Meter Breaststroke</b>					
	1:06.50	2:28.14	3:40.55	4:50.42		1	Rasmussen, Kalis	85	ETOB	2:31.34	20	
	6:03.02	7:13.81	8:14.95	9:17.54			1:14.70	2:31.34				
<b>Women 80-84 100 SC Meter Freestyle</b>						2	Nochman, Lois	85	MICH	2:39.10	17	
1	Rubin, Clarice	82	MMAC	2:35.13	20		1:09.81	2:39.10				
	1:13.18	2:35.13				<b>Women 85-89 50 SC Meter Butterfly</b>						
<b>Women 80-84 50 SC Meter Backstroke</b>						1	Nochman, Lois	85	MICH	1:03.34	20	
1	Rubin, Clarice	82	MMAC	1:15.59	20	<b>Women 85-89 100 SC Meter Butterfly</b>						
<b>Women 80-84 100 SC Meter Backstroke</b>						1	Nochman, Lois	85	MICH	2:21.77	20	
1	Rubin, Clarice	82	MMAC	2:39.43	20		1:04.08	2:21.77				
	1:15.71	2:39.43				<b>Women 85-89 200 SC Meter Butterfly</b>						
<b>Women 80-84 200 SC Meter Backstroke</b>						1	Nochman, Lois	85	MICH	5:09.48	20	
1	Rubin, Clarice	82	MMAC	5:44.24	20		1:05.12	2:24.64	3:47.75	5:09.48		
	2:45.89	4:15.90	5:44.24			<b>Women 85-89 100 SC Meter IM</b>						
<b>Women 80-84 100 SC Meter Breaststroke</b>						1	Nochman, Lois	85	MICH	2:22.66	20	
1	Eisele, Sylvia	80	ETOB	2:05.17	20		1:04.96	2:22.66				
	56.95	2:05.17				<b>Women 85-89 200 SC Meter IM</b>						
<b>Women 80-84 200 SC Meter Breaststroke</b>						1	Nochman, Lois	85	MICH	4:59.06	20	
1	Eisele, Sylvia	80	ETOB	4:32.23	20		1:07.57	2:22.68	3:49.18	4:59.06		
	56.85	2:08.60	3:22.07	4:32.23		---	Rasmussen, Kalis	85	ETOB	DQ		
<b>Women 80-84 50 SC Meter Butterfly</b>							1:20.40	2:39.73	4:14.92	DQ		
1	Roper, Gail	80	ARIZ	48.85	20	<b>Women 85-89 400 SC Meter IM</b>						
2	Eisele, Sylvia	80	ETOB	58.13	17	1	Rasmussen, Kalis	85	ETOB	11:51.00	20	
<b>Women 80-84 100 SC Meter Butterfly</b>							1:34.88	3:32.59	4:58.91	6:24.75		
1	Eisele, Sylvia	80	ETOB	2:17.23	20		7:59.49	9:27.51	10:40.98	11:51.00		
	1:02.23	2:17.23										

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## Results

**Men 18-24 50 SC Meter Freestyle**

1	Kowalczewski, Scott	24	UTMM	25.42	20
2	McCulloch, Marc	20	CFST	26.95	17
3	Percuklijevie, Stephen	22	MASC	27.13	16
4	Ross, Daniel	22	NYG	28.46	15
5	Palmer, Garrett	21	RMM	28.69	14
6	Lorrain, Alexandre	20	CMDG	29.23	13

**Men 18-24 100 SC Meter Freestyle**

1	Spencer, Dave	23	GRAN	54.31	20
	26.40	54.31			
2	Kowalczewski, Scott	24	UTMM	54.77	17
	26.25	54.77			
3	Bonham, Randal	20	AURO	57.52	16
	27.53	57.52			
4	McCulloch, Marc	20	CFST	59.54	15
	28.89	59.54			
5	Percuklijevie, Stephen	22	MASC	1:01.45	14
	30.07	1:01.45			
6	Palmer, Garrett	21	RMM	1:01.46	13
	28.99	1:01.46			
7	Lorrain, Alexandre	20	CMDG	1:05.71	12
	31.59	1:05.71			

**Men 18-24 200 SC Meter Freestyle**

1	Spencer, Dave	23	GRAN	1:58.11	20
	28.08	58.22	1:28.49	1:58.11	
2	Kowalczewski, Scott	24	UTMM	2:01.37	17
	28.36	58.91	1:29.82	2:01.37	
3	McCulloch, Marc	20	CFST	2:16.27	16
	30.49	1:04.14	1:40.47	2:16.27	
4	Mondoux, Dave	23	LSD	2:18.87	15
	30.45	1:05.44	1:42.47	2:18.87	
5	Percuklijevie, Stephen	22	MASC	2:26.48	14
	32.40	1:09.90	1:49.27	2:26.48	

**Men 18-24 400 SC Meter Freestyle**

1	Spencer, Dave	23	GRAN	4:15.82	20
	29.95	1:02.60	1:35.65	2:08.87	
	2:41.41	3:13.41	3:45.03	4:15.82	
2	McNeill, Devan	23	KING	4:30.32	17
	31.74	1:06.59	1:41.12	2:14.45	
	2:48.36	3:22.40	3:56.15	4:30.32	
3	Mondoux, Dave	23	LSD	4:54.67	16
	33.16	1:09.61	1:47.77	2:25.42	
	3:03.47	3:42.25	4:19.72	4:54.67	

**Men 18-24 800 SC Meter Freestyle**

1	Spencer, Dave	23	GRAN	8:47.86	20
	30.16	1:02.75	1:35.99	2:09.74	
	2:43.38	3:16.87	3:50.48	4:24.01	
	4:57.27	5:30.82	6:04.42	6:37.88	
	7:11.13	7:44.34	8:16.82	8:47.86	

**Men 18-24 1500 SC Meter Freestyle**

1	Bonham, Randal	20	AURO	17:43.85	20
	32.50	1:07.48	1:42.41	2:17.91	
	2:52.68	3:28.14	4:03.53	4:39.27	
	5:15.52	5:51.41	6:27.16	7:03.59	
	7:39.34	8:15.00	8:50.86	9:26.35	
	10:01.49	10:36.75	11:12.51	11:48.23	
	12:24.18	13:00.05	13:35.47	14:11.47	
	14:47.06	15:22.66	15:58.79	16:34.86	
	17:09.74	17:43.85			
2	McCulloch, Marc	20	CFST	18:05.07	17
	33.09	1:08.39	1:43.84	2:19.84	
	2:56.13	3:33.49	4:10.38	4:47.50	
	5:25.31	6:02.57	6:39.25	7:16.99	
	7:54.64	8:31.81	9:08.90	9:25.67	
				12:13.64	
	12:46.18	13:20.88	13:57.37	14:32.98	
	15:08.68	15:43.83	16:19.20	16:55.31	
	17:30.76	18:05.07			

**Men 18-24 50 SC Meter Backstroke**

1	Kowalczewski, Scott	24	UTMM	28.21	20
2	Bonham, Randal	20	AURO	29.85	17
3	McNeill, Devan	23	KING	30.22	16
4	McCulloch, Marc	20	CFST	32.38	15
5	Fernandez, Richard	24	THOR	32.51	14
6	Mondoux, Dave	23	LSD	32.60	13
7	Lorrain, Alexandre	20	CMDG	40.05	12

**Men 18-24 100 SC Meter Backstroke**

1	Kowalczewski, Scott	24	UTMM	1:01.79	20
	29.96	1:01.79			
2	McNeill, Devan	23	KING	1:03.56	17
	31.27	1:03.56			
3	Mondoux, Dave	23	LSD	1:10.97	16
	33.84	1:10.97			
4	Gonano, Bryan	24	ETOB	1:15.29	15

**Men 18-24 200 SC Meter Backstroke**

1	Bonham, Randal	20	AURO	2:16.76	20
	32.37	1:07.27	1:42.99	2:16.76	
2	McNeill, Devan	23	KING	2:16.82	17
	32.62	1:07.42	1:42.84	2:16.82	

**Men 18-24 50 SC Meter Breaststroke**

1	Ross, Daniel	22	NYG	35.13	20
2	Palmer, Garrett	21	RMM	35.15	17
3	Mondoux, Dave	23	LSD	35.22	16
4	Lorrain, Alexandre	20	CMDG	37.42	15

**Men 18-24 100 SC Meter Breaststroke**

1	Palmer, Garrett	21	RMM	1:17.95	20
	37.36	1:17.95			
2	Ross, Daniel	22	NYG	1:18.32	17
	36.80	1:18.32			
3	Lorrain, Alexandre	20	CMDG	1:22.23	16
	39.42	1:22.23			

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**Men 18-24 200 SC Meter Breaststroke**

1	Palmer, Garrett	21	RMM	2:47.48	20
	37.71	1:20.21	2:03.90	2:47.48	
2	Mondoux, Dave	23	LSD	3:01.80	17
	40.86	1:26.82	2:14.49	3:01.80	
3	Percuklijevie, Stephen	22	MASC	3:10.67	16
	41.69	1:30.03	2:20.70	3:10.67	

**Men 18-24 50 SC Meter Butterfly**

1	Ross, Daniel	22	NYG	30.45	20
2	Palmer, Garrett	21	RMM	30.66	17
3	Lorrain, Alexandre	20	CMDG	33.12	16

**Men 18-24 100 SC Meter Butterfly**

1	Kowalczewski, Scott	24	UTMM	1:00.20	20
2	Bonham, Randal	20	AURO	1:01.41	17
	28.87	1:01.41			
3	Palmer, Garrett	21	RMM	1:12.26	16
	31.19	1:12.26			

**Men 18-24 200 SC Meter Butterfly**

1	Kowalczewski, Scott	24	UTMM	2:17.85	20
	31.20	1:06.04	1:42.03	2:17.85	

**Men 18-24 100 SC Meter IM**

1	Ross, Daniel	22	NYG	1:10.29	20
	33.07	1:10.29			
2	Percuklijevie, Stephen	22	MASC	1:12.59	17
	32.57	1:12.59			
3	Lorrain, Alexandre	20	CMDG	1:15.60	16
	35.83	1:15.60			

**Men 18-24 200 SC Meter IM**

1	Bonham, Randal	20	AURO	2:21.17	20
	29.59	1:05.37	1:48.80	2:21.17	
2	McNeill, Devan	23	KING	2:27.01	17
	32.43	1:08.32	1:52.65	2:27.01	
3	Ross, Daniel	22	NYG	2:33.64	16
	30.83	1:11.90	1:56.79	2:33.64	
4	Fernandez, Richard	24	THOR	2:35.61	15
	29.55	1:07.62	1:55.75	2:35.61	
5	Mondoux, Dave	23	LSD	2:46.62	14
	33.64	1:16.50	2:06.98	2:46.62	

**Men 25-29 50 SC Meter Freestyle**

*1	Shivers, Mark	29	MUSK	24.05	18.5
*1	Lindquist, Daniel	29	AURO	24.05	18.5
3	Milliard, Daniel	28	AURO	25.24	16
4	Cressman, Christopher	26	WAA	25.63	15
5	Holloway, Brandon	29	MGM	26.61	14
6	Bouchard, Trevor	27	TYMS	27.04	13
7	Nasser, Ramiz	26	THOR	27.79	12
8	Morris, Daryl	26	MSBC	28.10	11
9	Dickinson, Koro	29	TECH	28.49	9
10	Cadden, Clint	28	WIND	28.68	7
11	Graves, Aaron	29	KING	29.51	6
12	Shane, Tyler	25	BURL	34.07	5
13	Lim, Henry Howard	28	BB	43.71	4

**Men 25-29 100 SC Meter Freestyle**

1	Lindquist, Daniel	29	AURO	53.06	20
	25.21	53.06			
2	Cressman, Christopher	26	WAA	56.42	17
	26.89	56.42			
3	Nasser, Ramiz	26	THOR	1:01.93	16
	29.44	1:01.93			
4	Dickinson, Koro	29	TECH	1:02.31	15
	29.18	1:02.31			
5	Graves, Aaron	29	KING	1:04.68	14
	31.05	1:04.68			

**Men 25-29 200 SC Meter Freestyle**

1	Wells, Daniel	29	AURO	2:02.94	20
	28.68	59.40	1:31.49	2:02.94	
2	Lindquist, Daniel	29	AURO	2:03.95	17
	28.54	1:00.45	1:32.28	2:03.95	
3	Van de Water, Chris	28	GRAN	2:04.32	16
	28.36	1:00.14	1:31.99	2:04.32	
4	Boulanger, Alexandre	27	NT	2:10.31	15
	29.53	1:01.56	1:35.37	2:10.31	
5	Graves, Aaron	29	KING	2:20.31	14
	32.16	1:07.60	1:44.03	2:20.31	
6	Morris, Daryl	26	MSBC	2:22.68	13
	32.00	1:08.02	1:45.06	2:22.68	
7	Hassanali, Khalil	26	TECH	2:30.02	12
	33.39	1:10.19	1:49.33	2:30.02	
8	Daniel, Wade	28	BURL	2:36.79	11
	35.98	1:14.28	1:54.53	2:36.79	
9	McGlashan, Robert	29	DSC	2:41.55	9
	33.39	1:12.68	1:56.70	2:41.55	

**Men 25-29 400 SC Meter Freestyle**

1	Wells, Daniel	29	AURO	4:17.31	20
	29.39	1:01.03	1:32.73	2:05.53	
	2:38.09	3:11.34	3:44.67	4:17.31	
2	Van de Water, Chris	28	GRAN	4:24.97	17
	29.88	1:02.65	1:35.89	2:09.60	
	2:43.64	3:17.90	3:51.79	4:24.97	
3	Wedlake, Jason	27	LSD	4:28.15	16
	30.79	1:04.69	1:38.64	2:12.50	
	2:46.60	3:20.70	3:55.16	4:28.15	
4	Lindquist, Daniel	29	AURO	4:45.29	15
	32.13	1:08.38	1:44.84	2:21.57	
	2:57.98	3:34.81	4:10.77	4:45.29	
5	Graves, Aaron	29	KING	4:59.24	14
	33.58	1:10.72	1:49.46	2:27.83	
	3:06.33	3:45.17	4:22.72	4:59.24	
6	Houde, David	27	CASO	5:29.09	13
	34.32	1:12.90	1:54.06	2:36.09	
	3:19.11	4:02.79	4:46.54	5:29.09	
7	McGlashan, Robert	29	DSC	5:44.99	12
	34.89	1:15.45	1:59.59	2:44.26	
	3:30.08	4:16.94	5:02.04	5:44.99	
8	Daniel, Wade	28	BURL	5:49.32	11
	40.84	1:24.29	2:07.80	2:51.81	
	3:36.13	4:20.83	5:06.87	5:49.32	

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## Results

**Men 25-29 800 SC Meter Freestyle**

1	Calnan, John	29	TYMS	8:38.32	20
	29.43	1:01.72	1:34.05	2:06.41	
	2:38.82	3:11.32	3:43.84	4:16.46	
	4:49.09	5:22.08	5:54.98	6:27.91	
	7:00.80	7:33.91	8:06.68	8:38.32	
2	Wells, Daniel	29	AURO	8:51.60	17
	29.88	1:02.12	1:34.82	2:07.37	
	2:40.37	3:13.99	3:47.29	4:20.92	
	4:54.88	5:28.82	6:02.90	6:37.33	
	7:11.82	7:45.78	8:19.71	8:51.60	
3	Bodi, Peter	28	NT	9:44.65	16
	31.41	1:06.60	1:42.97	2:19.68	
	2:56.41	3:33.40	4:10.82	4:48.15	
	5:25.75	6:03.56	6:41.07	7:18.68	
	7:56.53	8:33.45	9:10.31	9:44.65	
4	Houde, David	27	CASO	11:33.94	15
	35.16	1:16.29	1:59.23	2:42.69	
	3:26.19	4:10.06	4:54.36	5:39.15	
	6:24.80	7:09.13	7:53.86	8:39.12	
	9:24.09	10:08.85	10:54.84	11:33.94	
5	McGlashan, Robert	29	DSC	11:58.99	14
	35.08	1:17.61	2:02.15	2:48.14	
	3:33.64	4:18.59	5:05.88	5:52.61	
	6:40.82	7:26.18	8:13.01	8:59.20	
	9:45.30	10:31.97	11:16.84	11:58.99	

**Men 25-29 1500 SC Meter Freestyle**

1	Wells, Daniel	29	AURO	17:12.57	20
	31.55	1:04.57	1:38.41		
	2:46.44	3:20.50	3:55.22	4:29.53	
	5:03.52	5:37.82	6:12.82	6:47.72	
	7:22.13	7:56.82	8:31.72	9:06.28	
	9:41.13	10:15.94	10:51.07	11:25.94	
	12:00.57	12:35.28	13:10.25	13:45.03	
	14:19.47	14:54.69	15:28.91	16:04.15	
	16:39.93	17:12.57			
2	Van der Sluis, Jason	27	BRCK	17:17.83	17
	30.76	1:03.35	1:36.89	2:10.67	
	2:45.01	3:19.89	3:54.79	4:29.26	
	5:03.89	5:38.67	6:13.79	6:48.83	
	7:23.83	7:58.89	8:34.01	9:08.86	
	9:43.92	10:18.95	10:54.04	11:29.26	
	12:04.39	12:39.26	13:14.26	13:49.57	
	14:24.79	15:00.04	15:35.01	16:10.23	
	16:44.14	17:17.83			
3	Van de Water, Chris	28	GRAN	17:50.78	16
	31.32	1:07.22	1:42.82	2:19.66	
	2:55.72	3:31.69	4:07.34	4:43.03	
	5:18.22	5:53.88	6:30.13	7:05.66	
	7:41.25	8:16.85	8:52.44	9:27.72	
	10:03.47	10:38.97	11:15.19	11:51.56	
	12:27.75	13:03.97	13:40.13	14:16.19	
	14:52.27	15:27.97	16:04.41	16:40.69	
	17:16.19	17:50.78			

**(Men 25-29 1500 SC Meter Freestyle)**

4	Bodi, Peter	28	NT	19:09.31	15
	34.31	1:11.69	1:49.66	2:27.19	
	3:05.37	3:43.47	4:21.72	5:00.19	
		6:17.41	6:56.44	7:35.44	
	8:14.16	8:52.88	9:31.41	10:09.69	
	10:48.57	11:27.03	12:05.47	12:44.47	
	13:22.94	14:01.66	14:40.72	15:19.16	
	15:57.91	16:36.78	17:15.25	17:54.44	
	18:32.50	19:09.31			
5	Squire-Smith, Tristan	28	LSD	20:55.55	14
	39.27	1:21.36	2:03.70	2:45.96	
	3:28.77	4:11.14	4:53.49	5:36.05	
	6:18.05	7:01.58	7:43.83	8:26.11	
	9:08.55	9:51.17	10:33.02	11:15.33	
	11:57.23	12:39.20	13:21.83	14:04.61	
	14:46.49	15:27.64	16:09.33	16:51.33	
	17:32.99	18:14.67	18:56.08	19:31.02	
	20:16.83	20:55.55			
6	McGlashan, Robert	29	DSC	23:00.95	13
	34.12	1:13.56	1:56.06	2:39.90	
	3:24.59	4:11.30	4:56.53	5:43.15	
	6:28.18	7:16.37	8:01.84	8:49.65	
	9:34.37	10:21.90	11:08.59	11:55.15	
	12:41.71	13:31.21	14:19.47	15:06.93	
	15:56.71	16:40.09	17:28.27	18:18.33	
	19:06.56	19:52.90	20:41.90	21:28.62	
	22:15.47	23:00.95			

**Men 25-29 50 SC Meter Backstroke**

1	Wedlake, Jason	27	LSD	28.75	20
2	Cressman, Christopher	26	WAA	29.59	17
3	Lindquist, Daniel	29	AURO	31.40	16
4	Galego, Pedro	27	AURO	33.32	15
5	Graves, Aaron	29	KING	33.66	14
6	Morris, Daryl	26	MSBC	35.75	13
7	Daniel, Wade	28	BURL	37.34	12
8	Shane, Tyler	25	BURL	38.67	11

**Men 25-29 100 SC Meter Backstroke**

1	Wedlake, Jason	27	LSD	1:02.67	20
	30.15	1:02.67			
2	Cressman, Christopher	26	WAA	1:04.72	17
	31.66	1:04.72			
3	Lindquist, Daniel	29	AURO	1:09.17	16
4	Graves, Aaron	29	KING	1:13.23	15
	35.70	1:13.23			
5	Hassanali, Khalil	26	TECH	1:18.23	14
	37.13	1:18.23			
6	Daniel, Wade	28	BURL	1:24.36	13
	41.54	1:24.36			
7	Stevens, Jordan	26	LSD	1:24.82	12
	40.93	1:24.82			
8	Elsey, Mike	25	MASC	1:36.13	11
	48.03	1:36.13			

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**Men 25-29 200 SC Meter Backstroke**

1	Wedlake, Jason	27	LSD	2:13.60	20
	31.06	1:04.50	1:39.22	2:13.60	
2	Bodi, Peter	28	NT	2:25.78	17
	34.34	1:10.98	1:48.32	2:25.78	
3	Shane, Tyler	25	BURL	2:27.49	16
	35.42	1:12.03	1:49.70	2:27.49	
4	Lindquist, Daniel	29	AURO	2:28.32	15
	35.04	1:11.97	1:50.30	2:28.32	
5	Graves, Aaron	29	KING	2:39.08	14
	35.74	1:15.73	1:57.96	2:39.08	
6	Hassanali, Khalil	26	TECH	2:47.15	13
	38.04	1:19.33	2:02.41	2:47.15	
7	Stevens, Jordan	26	LSD	3:01.99	12
	41.45	1:26.27	2:13.89	3:01.99	

**Men 25-29 50 SC Meter Breaststroke**

1	Shivers, Mark	29	MUSK	29.85	20
2	Morris, Daryl	26	MSBC	31.94	17
3	Bouchard, Trevor	27	TYMS	31.96	16
4	Milliard, Daniel	28	AURO	32.35	15
5	Cadden, Clint	28	WIND	33.56	14
6	Squire-Smith, Tristan	28	LSD	35.40	13
7	Lim, Henry Howard	28	BB	55.34	12

**Men 25-29 100 SC Meter Breaststroke**

1	Milliard, Daniel	28	AURO	1:10.79	20
	33.22	1:10.79			
2	Boulanger, Alexandre	27	NT	1:11.43	17
	33.43	1:11.43			
3	Morris, Daryl	26	MSBC	1:12.76	16
	33.78	1:12.76			
4	Bouchard, Trevor	27	TYMS	1:13.68	15
	34.23	1:13.68			
5	Galego, Marco	27	AURO	1:14.76	14
	35.41	1:14.76			
6	Cadden, Clint	28	WIND	1:15.73	13
	34.54	1:15.73			
7	Squire-Smith, Tristan	28	LSD	1:18.69	12
	36.95	1:18.69			
8	Houde, David	27	CASO	1:18.90	11
	36.94	1:18.90			
9	Petrov, Mirko	26	ETOB	1:20.24	9
	36.39	1:20.24			
10	McGlashan, Robert	29	DSC	1:27.35	7
	40.45	1:27.35			
11	Stevens, Jordan	26	LSD	1:28.84	6
	41.85	1:28.84			
12	Daniel, Wade	28	BURL	1:30.01	5
	42.92	1:30.01			
---	Lim, Henry Howard	28	BB	DQ	
	57.28	DQ			

**Men 25-29 200 SC Meter Breaststroke**

1	Wells, Daniel	29	AURO	2:35.54	20
	35.39	1:14.33	1:54.53	2:35.54	
2	Boulanger, Alexandre	27	NT	2:37.77	17
	34.92	1:14.62	1:55.59	2:37.77	

**(Men 25-29 200 SC Meter Breaststroke)**

3	Milliard, Daniel	28	AURO	2:42.07	16
	37.18	1:18.21	2:00.71	2:42.07	
4	Cadden, Clint	28	WIND	2:46.84	15
	37.25	1:19.98	2:03.99	2:46.84	
5	Bouchard, Trevor	27	TYMS	2:49.22	14
	36.35	1:17.48	2:02.64	2:49.22	
6	Squire-Smith, Tristan	28	LSD	2:49.28	13
	38.46	1:21.89	2:06.25	2:49.28	
7	Houde, David	27	CASO	2:58.27	12
	39.54	1:23.90	2:10.64	2:58.27	
8	McGlashan, Robert	29	DSC	3:06.02	11
	41.11	1:28.53	2:18.12	3:06.02	
9	Stevens, Jordan	26	LSD	3:12.08	9
	43.52	1:31.86	2:23.04	3:12.08	

**Men 25-29 50 SC Meter Butterfly**

1	Milliard, Daniel	28	AURO	27.19	20
2	Bouchard, Trevor	27	TYMS	27.91	17
3	Cressman, Christopher	26	WAA	28.10	16
4	Galego, Marco	27	AURO	29.82	15
5	Nasser, Ramiz	26	THOR	30.19	14
6	Galego, Pedro	27	AURO	30.76	13
7	Elsey, Mike	25	MASC	41.10	12

**Men 25-29 100 SC Meter Butterfly**

1	Milliard, Daniel	28	AURO	1:00.52	20
	28.93	1:00.52			
2	Wedlake, Jason	27	LSD	1:01.54	17
	29.02	1:01.54			
3	Bouchard, Trevor	27	TYMS	1:04.93	16
	28.72	1:04.93			
4	Famin, Kanstantsin	28	NYG	1:05.27	15
	29.42	1:05.27			
5	Bodi, Peter	28	NT	1:07.51	14
	30.90	1:07.51			
6	Nasser, Ramiz	26	THOR	1:08.82	13
	31.56	1:08.82			
7	Hassanali, Khalil	26	TECH	1:20.25	12
	35.75	1:20.25			

**Men 25-29 200 SC Meter Butterfly**

1	Calnan, John	29	TYMS	2:11.10	20
	28.69	1:01.65	1:35.58	2:11.10	
2	Famin, Kanstantsin	28	NYG	2:31.71	17
	34.49	1:13.03	1:52.02	2:31.71	
3	Nasser, Ramiz	26	THOR	2:50.06	16
	36.27	1:19.43	2:05.88	2:50.06	
4	Hassanali, Khalil	26	TECH	3:11.13	15
	42.58	1:30.16	2:20.51	3:11.13	

**Men 25-29 100 SC Meter IM**

1	Wedlake, Jason	27	LSD	1:02.82	20
	29.08	1:02.82			
2	Milliard, Daniel	28	AURO	1:04.33	17
	29.45	1:04.33			
3	Bouchard, Trevor	27	TYMS	1:08.37	16
	31.47	1:08.37			



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4	Galego, Marco	27	AURO	1:08.95	15	<b>(Men 30-34 50 SC Meter Freestyle)</b>					
	32.36	1:08.95				11	Keffer, Shawn	32	MILT	29.17	6
5	Cadden, Clint	28	WIND	1:09.59	14	12	Cyr, Joe	31	YMCA	29.61	5
	33.01	1:09.59				13	Paddags, Mike	30	THOR	29.73	4
6	Morris, Daryl	26	MSBC	1:09.77	13	14	Chang, Simon	34	ETOB	37.48	3
	33.06	1:09.77				15	Martel, Len	33	MSBC	41.56	2
7	Galego, Pedro	27	AURO	1:12.37	12	16	Yip, Paul	34	LSD	43.01	1
	32.36	1:12.37				<b>Men 30-34 100 SC Meter Freestyle</b>					
8	Petrov, Mirko	26	ETOB	1:12.93	11	1	Howard, Jon	33	CFST	54.86	20
	34.11	1:12.93					26.18	54.86			
9	Squire-Smith, Tristan	28	LSD	1:13.33	9	2	Yuill, Erik	30	NT	55.02	17
	35.62	1:13.33					26.27	55.02			
10	Daniel, Wade	28	BURL	1:20.50	7	3	Kelly, Jim	33	CFST	56.40	16
	38.10	1:20.50					26.47	56.40			
11	Elsy, Mike	25	MASC	1:30.17	6	4	Statkevicius, Al	33	ETOB	56.76	15
	44.71	1:30.17					27.62	56.76			
<b>Men 25-29 200 SC Meter IM</b>						5	Marin, Thierry	34	MACC	57.66	14
1	Wedlake, Jason	27	LSD	2:17.20	20		27.74	57.66			
	29.58	1:03.62	1:45.02	2:17.20		6	Kennedy, Ian	32	NEP	57.85	13
2	Wells, Daniel	29	AURO	2:20.94	17		27.28	57.85			
	30.94	1:09.06	1:48.93	2:20.94		7	Saeed Kamil, Zaid	30	BURL	57.95	12
3	Cadden, Clint	28	WIND	2:33.70	16		27.98	57.95			
	32.17	1:13.60	1:57.15	2:33.70		8	Stewart, Tim	34	TAC	58.77	11
4	Squire-Smith, Tristan	28	LSD	2:47.12	15		28.18	58.77			
	36.75	1:21.65	2:07.29	2:47.12		9	Lau, Calvin	34	TYMS	59.71	9
5	Houde, David	27	CASO	2:47.20	14		28.98	59.71			
	34.84	1:19.47	2:08.01	2:47.20		10	Kimani, Joseph	31	LASL	59.87	7
6	Hassanali, Khalil	26	TECH	2:48.20	13		28.29	59.87			
	35.07	1:18.42	2:07.82	2:48.20		11	Vande Vooren, Ryan	33	ETOB	1:02.52	6
							30.44	1:02.52			
<b>Men 25-29 400 SC Meter IM</b>						12	Laroche, Remi	34	BURL	1:04.29	5
1	Wells, Daniel	29	AURO	4:55.73	20		29.93	1:04.29			
	31.37	1:07.59	1:48.14	2:28.21		13	Quattrociochi, Matthew	33	MASC	1:04.44	4
	3:08.01	3:49.91	4:23.66	4:55.73			30.11	1:04.44			
2	Squire-Smith, Tristan	28	LSD	5:49.54	17	14	Keffer, Shawn	32	MILT	1:04.85	3
	37.51	1:21.00	2:08.44	2:56.62			30.75	1:04.85			
	3:43.58	4:31.87	5:12.87	5:49.54		15	Chiang, Quincy	31	RMM	1:05.26	2
3	Houde, David	27	CASO	6:13.68	16		31.33	1:05.26			
	36.84	1:22.07	2:13.89	3:04.37		16	Cyr, Joe	31	YMCA	1:08.29	1
	3:56.22	4:47.60	5:31.64	6:13.68			33.84	1:08.29			
4	Hassanali, Khalil	26	TECH	6:24.81	15	17	Smith, Jason	32	BURL	1:09.45	
	38.41	1:25.04	2:11.79	2:59.59			34.01	1:09.45			
	3:56.00	4:53.35	5:39.24	6:24.81		18	Johnston, Iain	32	PKRG	1:10.71	
5	Stevens, Jordan	26	LSD	6:56.91	14		33.40	1:10.71			
	44.93	1:43.09	2:35.41	3:26.79		19	Cutajar, Mark	33	ETOB	1:14.66	
	4:23.89	5:19.47	6:11.55	6:56.91			37.96	1:14.66			
<b>Men 30-34 50 SC Meter Freestyle</b>						20	Chang, Simon	34	ETOB	1:22.96	
1	Howard, Jon	33	CFST	24.60	20		37.53	1:22.96			
2	Shivers, Todd	34	OOPS	25.49	17	21	Martel, Len	33	MSBC	1:29.49	
3	Kennedy, Ian	32	NEP	25.84	16		41.38	1:29.49			
4	Kimani, Joseph	31	LASL	26.71	15	22	Yip, Paul	34	LSD	1:34.13	
5	Saeed Kamil, Zaid	30	BURL	26.94	14		42.34	1:34.13			
6	James, Dave	32	CLAR	27.10	13	---	Hanzlik, Steve	30	OOPS	DQ	
7	Laroche, Remi	34	BURL	27.64	12		26.48	DQ			
8	Westernacher, Wayne	32	THOR	27.69	11						
9	Gregorio, J.P.	31	UTMM	28.09	9						
10	Quattrociochi, Matthew	33	MASC	28.91	7						

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## Men 30-34 200 SC Meter Freestyle

1	Marin, Thierry	34	MACC	2:04.16	20
	28.73	59.77	1:31.75	2:04.16	
2	Goodwin, David	30	ETOB	2:06.49	17
	28.91	1:00.32	1:33.17	2:06.49	
3	Saeed Kamil, Zaid	30	BURL	2:06.66	16
	29.74	1:01.51	1:34.20	2:06.66	
4	Howard, Jon	33	CFST	2:08.23	15
	28.83	1:00.41	1:33.70	2:08.23	
5	Kelly, Jim	33	CFST	2:12.44	14
	29.83	1:02.79	1:37.18	2:12.44	
6	Lau, Calvin	34	TYMS	2:19.42	13
	33.01	1:08.02	1:44.12	2:19.42	
7	Laroche, Remi	34	BURL	2:24.52	12
	32.90	1:08.18	1:46.20	2:24.52	
8	Wisner, Scott	30	MASC	2:39.43	11
	35.45	1:15.96	1:58.22	2:39.43	
9	Smith, Jason	32	BURL	2:40.57	9
	36.96	1:17.65	1:59.59	2:40.57	
10	Akshay, Kalle	30	THOR	2:45.33	7
	36.67	1:18.35	2:02.51	2:45.33	
11	Martel, Len	33	MSBC	3:25.19	6
	44.73	1:35.23	2:29.73	3:25.19	

## Men 30-34 400 SC Meter Freestyle

1	Hewerdine, Johnny	30	LSD	4:15.66	20
	30.01	1:02.21	1:34.68	2:07.24	
	2:39.86	3:12.54	3:44.85	4:15.66	
2	Marin, Thierry	34	MACC	4:26.85	17
	30.88	1:04.04	1:37.23	2:11.27	
	2:44.95	3:19.16	3:53.29	4:26.85	
3	Saeed Kamil, Zaid	30	BURL	4:33.57	16
	31.75	1:05.79	1:40.09	2:14.72	
	2:49.88	3:25.48	4:00.07	4:33.57	
4	Le Bihan, Patrice	33	EBSC	4:37.68	15
	31.84	1:06.06	1:40.44	2:16.03	
	2:51.03	3:26.74	4:02.40	4:37.68	
5	Laroche, Remi	34	BURL	5:21.07	14
	35.53	1:14.25	1:55.68	2:38.00	
	3:19.76	4:02.44	4:43.73	5:21.07	
6	Smith, Jason	32	BURL	5:49.75	13
	39.33	1:23.26	2:07.34	2:51.92	
	3:36.55	4:21.65	5:07.30	5:49.75	
7	Akshay, Kalle	30	THOR	6:04.17	12
	40.77	1:26.69	2:14.08	3:01.28	
	3:47.50	4:34.78	5:21.75	6:04.17	
8	Chang, Simon	34	ETOB	7:05.55	11
	44.30	1:33.57	2:27.31	3:22.05	
	4:17.51	5:13.98	6:10.90	7:05.55	
9	Martel, Len	33	MSBC	7:13.82	9
	46.69	1:37.92	2:31.75	3:27.47	
	4:23.99	5:21.04	6:17.22	7:13.82	

## Men 30-34 800 SC Meter Freestyle

1	Smith, Jason	32	BURL	12:05.92	20
	39.54	1:24.27	2:10.89	2:58.14	
	3:44.72	4:31.54	5:18.42	6:03.98	
	6:49.73	7:36.10	8:21.52	9:07.19	
	9:53.56	10:38.81	11:23.83	12:05.92	
2	Martel, Len	33	MSBC	14:48.87	17
	46.46	1:38.18	2:32.31	3:26.74	
	4:21.51	5:17.74	6:14.00	7:11.10	
	8:08.21	9:05.18	10:03.42	11:00.76	
	11:57.76	12:55.97	13:53.17	14:48.87	
3	Chang, Simon	34	ETOB	14:57.05	16
	49.65	1:43.34	2:39.36	3:36.28	
	4:33.65	5:31.68	6:29.32	7:26.07	
	8:23.55	9:20.71	10:17.57	11:14.57	
	12:11.74	13:09.17	14:05.85	14:57.05	

## Men 30-34 1500 SC Meter Freestyle

1	von Richter, Owen	34	ETOB	18:41.54	20
	33.81	1:09.40	1:45.47	2:21.59	
	2:58.40	3:35.37	4:12.30	4:50.12	
	5:27.40	6:04.90	6:42.90	7:20.33	
	7:57.54	8:35.56	9:13.24	9:49.00	
	10:28.24	11:06.43	11:44.03	12:21.74	
	13:00.18	13:38.18	14:16.27	14:54.27	
	15:32.15	16:10.33	16:48.84	17:26.60	
	18:04.64	18:41.54			
2	Robles, Carlos	31	AURO	18:43.48	17
	34.09	1:10.63	1:47.70	2:25.25	
	3:02.99	3:40.82	4:18.61	4:56.24	
	5:33.70	6:10.77	6:48.40	7:25.57	
	8:02.90	8:40.38	9:17.78	9:55.43	
	10:33.38	11:10.99	11:48.73	12:26.68	
	13:04.34	13:42.13	14:20.06	14:58.05	
	15:35.66	16:13.64	16:51.55	17:29.36	
	18:43.48				
3	Cheung, Ken	34	NYG	20:49.52	16
	36.55	1:16.23	1:57.14	2:39.05	
	3:21.49	4:03.77	4:45.99	5:27.87	
	6:09.55	6:51.49	7:32.76	8:14.49	
	8:55.87	9:37.17	10:18.70	11:00.46	
	11:42.14	12:24.18	13:05.93	13:48.36	
	14:30.17	15:12.33	15:54.20	16:36.67	
	17:18.93	18:00.77	18:43.52	19:26.39	
	20:08.78	20:49.52			
4	Akshay, Kalle	30	THOR	25:49.67	15
	46.40	1:35.77	2:27.84	3:23.18	
	4:13.12	5:07.18	5:59.60	6:52.95	
	7:46.54	8:39.02	9:32.02	10:24.01	
	11:15.46	12:07.98	12:59.98	13:51.87	
	14:42.61	15:34.88	16:27.66	17:19.80	
	18:11.70	19:04.13	19:55.80	20:47.20	
	21:39.47	22:30.70	23:20.57	24:10.84	
	25:49.67				

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5	Morris, Kenneth	32	ETOB	27:03.35	14
	46.45	1:36.07	2:27.48	3:20.29	
	4:12.95	5:04.17	5:55.89	6:48.29	
	7:41.35	8:33.89	9:26.67	10:19.42	
	11:13.57	12:17.13	13:01.13	13:54.43	
	14:47.89	15:41.26	16:36.29	17:30.35	
	18:23.45	19:16.13	21:01.23	21:53.89	
	22:45.23	23:37.67	24:29.67	25:22.07	
	26:16.32	27:03.35			
6	Lockett, Matthew	34	THOR	28:36.71	13
	49.66	1:49.25	3:03.95	3:59.55	
	4:56.09	5:52.98	6:50.64	7:47.23	
	8:49.45	9:40.46	10:37.03	11:34.34	
	12:32.28	13:26.86	14:23.00	15:22.15	
	16:18.94	17:14.36	18:11.20	19:07.74	
	20:04.04	21:03.18	22:01.06	22:38.92	
	23:55.88	24:35.01	25:54.13	26:54.75	
	27:50.09	28:36.71			

**Men 30-34 50 SC Meter Backstroke**

1	Yuill, Erik	30	NT	28.41	20
2	Shivers, Todd	34	OOPS	29.75	17
3	Goodwin, David	30	ETOB	30.83	16
4	Hewerdine, Johnny	30	LSD	30.97	15
5	Kimani, Joseph	31	LASL	31.57	14
6	Vande Vooren, Ryan	33	ETOB	33.40	13
7	Smith, Jason	32	BURL	43.23	12

**Men 30-34 100 SC Meter Backstroke**

1	Peden, Trent	32	NEP	1:01.10	20
	29.55	1:01.10			
2	Yuill, Erik	30	NT	1:02.00	17
	30.49	1:02.00			
3	Marin, Thierry	34	MACC	1:03.15	16
	30.76	1:03.15			
4	Goodwin, David	30	ETOB	1:04.66	15
5	Le Bihan, Patrice	33	EBSC	1:05.27	14
	32.25	1:05.27			
6	Vande Vooren, Ryan	33	ETOB	1:13.46	13
	35.41	1:13.46			
7	Dreger, Cameron	34	ETOB	1:14.11	12
	35.17	1:14.11			
8	Chiang, Quincy	31	RMM	1:17.30	11
	38.42	1:17.30			
9	Cutajar, Mark	33	ETOB	1:27.93	9
	43.19	1:27.93			

**Men 30-34 200 SC Meter Backstroke**

1	Marin, Thierry	34	MACC	2:14.53	20
	31.83	1:05.21	1:39.35	2:14.53	
2	Goodwin, David	30	ETOB	2:16.81	17
	31.68	1:05.64	1:40.90	2:16.81	
3	Peden, Trent	32	NEP	2:16.93	16
	32.03	1:07.19	1:42.67	2:16.93	
4	Le Bihan, Patrice	33	EBSC	2:21.76	15
	33.53	1:08.61	1:44.81	2:21.76	
5	Dreger, Cameron	34	ETOB	2:42.34	14
	35.84	1:16.49	1:59.97	2:42.34	

**(Men 30-34 200 SC Meter Backstroke)**

6	Chiang, Quincy	31	RMM	2:43.58	13
	39.38	1:20.41	2:01.96	2:43.58	

**Men 30-34 50 SC Meter Breaststroke**

1	James, Dave	32	CLAR	32.24	20
2	Kennedy, Ian	32	NEP	33.28	17
3	Kimani, Joseph	31	LASL	34.47	16
4	Quattrociochi, Matthew	33	MASC	34.48	15
5	Westernacher, Wayne	32	THOR	34.58	14
6	Gregorio, J.P.	31	UTMM	34.82	13
7	Saeed Kamil, Zaid	30	BURL	35.35	12
8	Keffer, Shawn	32	MILT	35.91	11
9	Diaz, Rodolfo	33	TYMS	36.89	9
10	Laroche, Remi	34	BURL	37.47	7
11	Paddags, Mike	30	THOR	37.55	6
12	Chang, Simon	34	ETOB	43.53	5
13	Yip, Paul	34	LSD	50.63	4
14	Martel, Len	33	MSBC	51.48	3
---	Shivers, Todd	34	OOPS	DQ	

**Men 30-34 100 SC Meter Breaststroke**

1	James, Dave	32	CLAR	1:08.94	20
	32.52	1:08.94			
2	Hewerdine, Johnny	30	LSD	1:12.61	17
	34.13	1:12.61			
3	Blaskovits, Peter	30	NT	1:13.98	16
	33.52	1:13.98			
4	Quattrociochi, Matthew	33	MASC	1:15.40	15
	34.58	1:15.40			
5	Kennedy, Ian	32	NEP	1:15.58	14
	35.41	1:15.58			
6	Statkevicius, Al	33	ETOB	1:15.62	13
	36.03	1:15.62			
7	Westernacher, Wayne	32	THOR	1:18.43	12
	35.24	1:18.43			
8	Diaz, Rodolfo	33	TYMS	1:19.05	11
	36.90	1:19.05			
9	Cheung, Ken	34	NYG	1:19.17	9
	38.65	1:19.17			
10	Keffer, Shawn	32	MILT	1:22.36	7
	39.97	1:22.36			
11	Paddags, Mike	30	THOR	1:25.31	6
	40.23	1:25.31			
12	Cutajar, Mark	33	ETOB	1:26.79	5
	41.12	1:26.79			
13	Chang, Simon	34	ETOB	1:35.98	4
	44.66	1:35.98			
14	Yip, Paul	34	LSD	1:52.27	3
	52.98	1:52.27			
---	Laroche, Remi	34	BURL	DQ	
	39.32	DQ			

**Men 30-34 200 SC Meter Breaststroke**

1	Blaskovits, Peter	30	NT	2:42.18	20
	34.60	1:14.49	1:57.10	2:42.18	
2	Keffer, Shawn	32	MILT	2:59.38	17
	40.60	1:26.73	2:13.67	2:59.38	





## MSC Nationals 2009 Nationaux MNC

## Results

11	Croy, Roger	39	UNON	2:15.76	6	<b>(Men 35-39 400 SC Meter Freestyle)</b>					
	31.11	1:05.04	1:39.98	2:15.76		11	Anfossi, Jamie	39	EBSC	5:11.27	6
12	Krozkin, Gabriel	35	ETOB	2:20.68	5		33.93	1:12.05	1:51.67	2:31.98	
	29.10	1:03.39	1:41.01	2:20.68			3:12.51	3:53.08	4:33.62	5:11.27	
13	Hooper, James	38	MSBC	2:20.88	4	12	Stewart, Matt	35	LSD	5:15.01	5
	33.01	1:08.83	1:45.85	2:20.88			33.09	1:12.50	1:53.24	2:34.34	
14	Grodski, Mark	36	BURL	2:21.85	3		3:15.73	3:56.88	4:36.82	5:15.01	
	32.26	1:07.05	1:43.86	2:21.85		13	Dale, Philip	35	ETOB	5:24.62	4
15	Marin, Etienne	37	SJER	2:22.76	2		34.23	1:12.98	1:53.64	2:34.80	
	32.09	1:07.70	1:45.20	2:22.76			3:17.36	4:00.01	4:43.20	5:24.62	
16	Odell, Derek	39	CLAR	2:23.54	1	14	Desbarats, Andy	38	AURO	5:49.34	3
	32.36	1:07.73	1:45.32	2:23.54			39.05	1:21.68	2:05.91	2:51.02	
17	Astolfi, Dean	37	LSD	2:49.56			3:35.73	4:21.12	5:05.57	5:49.34	
	36.86	1:18.14	2:03.16	2:49.56		15	Shaule, Eric	39	MASC	5:50.71	2
18	Stratton, Alan	37	ETOB	2:52.26			37.23	1:18.43	2:02.22	2:47.19	
	39.86	1:23.97	2:08.74	2:52.26			3:32.98	4:19.22	5:05.39	5:50.71	
19	Drew, Ian	37	ATB	2:55.52		16	Drew, Ian	37	ATB	6:04.21	1
	40.68	1:24.28	2:09.60	2:55.52			41.17	1:25.62	2:11.16	2:57.87	
20	Costa, Carlos	37	NS	3:05.56			3:44.61	4:31.46	5:18.34	6:04.21	
	42.77	1:29.57	2:18.01	3:05.56		17	Baker, Dale	39	TECH	6:34.70	
21	Baker, Dale	39	TECH	3:08.67			43.29	1:32.97	2:23.45	3:15.10	
	40.71	1:29.30	2:22.23	3:08.67			4:07.41	5:48.15	5:55.30	6:34.70	
---	MacNeil, Brett	38	CFST	DQ		18	Ullock, Andrew	36	BURL	6:49.79	
	28.72	1:00.86	1:34.70	DQ			45.81	1:34.53	2:25.18	3:17.18	
							4:10.63	5:04.27	5:58.60	6:49.79	
						19	Marsaw, Aaron	36	TECH	7:33.80	
							49.55	1:50.02	2:48.81	3:50.75	
							4:48.68	5:47.92	6:38.98	7:33.80	
<b>Men 35-39 400 SC Meter Freestyle</b>						<b>Men 35-39 800 SC Meter Freestyle</b>					
1	Rutledge, Michael	39	UTMM	4:16.89	20	1	Rutledge, Michael	39	UTMM	8:53.20	20
	29.75	1:01.94	1:34.38	2:07.23			29.82	1:02.01	1:35.29	2:08.76	
	2:40.01	3:12.79	3:45.83	4:16.89			2:42.15	3:15.90	3:49.83	4:23.53	
2	Welechuk, Jeff	39	CMSC	4:20.78	17		4:57.43	5:31.50	6:05.54	6:39.68	
	30.12	1:02.56	1:35.43	2:08.45			7:13.44	7:47.25	8:21.10	8:53.20	
	2:41.49	3:14.65	3:48.17	4:20.78		2	Dick, Scott	38	TECH	9:23.40	17
3	Dick, Scott	38	TECH	4:26.85	16		31.52	1:06.06	1:41.87	2:17.72	
	30.38	1:04.03	1:38.16	2:12.53			2:53.43	3:29.24	4:04.66	4:39.89	
	2:46.67	3:20.79	3:54.63	4:26.85			5:15.18	5:50.98	6:26.67	7:02.25	
4	MacNeil, Brett	38	CFST	4:36.80	15		7:37.92	8:12.85	8:48.04	9:23.40	
	31.63	1:05.72	1:40.53	2:15.63		3	Baker, Lee	36	BURL	9:40.61	16
	2:51.09	3:26.81	4:02.61	4:36.80			31.75	1:06.93	1:43.38	2:20.32	
5	Forsyth, Mark	38	ETOB	4:37.75	14		2:57.28	3:34.27	4:11.89	4:48.67	
	32.51	1:07.57	1:42.62	2:17.52			5:25.25	6:02.18	6:39.03	7:15.86	
	2:52.57	3:28.36	4:03.45	4:37.75			7:52.54	8:29.72	9:06.01	9:40.61	
6	Dufour, Nic	37	TECH	4:40.42	13	4	Tolley, Mark	36	BURL	10:00.17	15
	31.90	1:06.94	1:42.50	2:18.08			33.41	1:09.82	1:47.28	2:24.98	
	2:54.10	3:30.14	4:06.12	4:40.42			3:02.53	3:41.07	4:19.05	4:57.80	
7	Papai, Steve	35	NEP	4:41.16	12		5:36.32	6:14.50	6:52.83	7:31.50	
	32.12	1:07.07	1:42.70	2:18.64			8:09.52	8:47.51	9:24.71	10:00.17	
	2:54.34	3:30.15	4:05.69	4:41.16		5	Pardo, Manny	39	LSD	10:05.14	14
8	Taylor, Andrew	38	LSD	4:45.79	11		34.49	1:11.28	1:48.64	2:26.77	
	32.41	1:08.36	1:44.70	2:21.43			3:04.56	3:42.50	4:20.74	4:58.85	
	2:58.02	3:34.46	4:10.98	4:45.79			5:37.01	6:15.47	6:54.02	7:32.86	
9	Tolley, Mark	36	BURL	4:48.35	9		8:11.41	8:50.85	9:29.16	10:05.14	
	32.10	1:07.18	1:43.11	2:19.99							
	2:56.76	3:34.50	4:12.25	4:48.35							
10	Grodski, Mark	36	BURL	5:02.12	7						
	33.92	1:10.80	1:48.79	2:27.54							
	3:06.65	3:45.79	4:24.46	5:02.12							

MSC Nationals 2009 Nationaux MNC

Results

					<b>(Men 35-39 1500 SC Meter Freestyle)</b>						
6	Anfossi, Jamie	39	EBSC	10:35.05	13	3	Tolley, Mark	36	BURL	19:07.85	16
	33.56	1:11.69	1:51.47	2:31.77			34.31	1:11.22	1:48.19	2:25.78	
	3:12.83	3:53.60	4:34.03	5:14.99			3:03.97	3:42.37	4:20.69	4:59.50	
	5:55.60	6:36.08	7:16.40	7:57.18			5:37.97	6:16.69	6:55.72	7:34.53	
	8:37.48	9:17.63	9:57.26	10:35.05			8:13.22	8:52.16	9:30.91	10:09.69	
7	Odell, Derek	39	CLAR	10:44.98	12		10:47.88	11:26.66	12:05.85	12:44.47	
	37.21	1:17.46	1:58.55	2:40.16			13:22.63	14:01.22	14:39.75	15:18.66	
	3:22.38	4:04.10	4:45.74	5:26.83			15:57.25	16:36.07	17:14.50	17:53.31	
	6:06.90	6:47.02	7:26.94	8:06.79			18:31.37	19:07.85			
	8:46.74	9:26.81	10:06.61	10:44.98							
8	Stackhouse, Tony	35	LSD	11:13.78	11	4	Anfossi, Jamie	39	EBSC	20:29.11	15
	35.27	1:13.13	1:52.88	2:33.53		5	Stewart, Matt	35	LSD	21:28.19	14
	3:15.70	3:57.84	4:40.53	5:24.00			36.19	1:15.94	1:58.00	2:39.37	
	6:07.53	6:52.11	7:36.02	8:19.88			3:21.91	4:04.50	4:47.19	5:30.44	
	9:04.07	9:47.95	10:31.58	11:13.78			6:13.16	6:58.22	7:42.57	8:25.82	
9	Drew, Ian	37	ATB	12:34.97	9		9:09.47	9:52.72	10:36.34	11:20.19	
	42.38	1:28.46	2:16.51	3:03.33			12:03.44	12:47.03	13:29.85	14:13.41	
	3:52.55	4:39.54	5:26.23	6:13.03			14:56.85	15:39.63	16:22.78	17:06.72	
	7:00.51	7:47.77	8:34.76	9:23.35			17:50.44	18:34.69	19:19.78	20:04.25	
	10:11.28	10:59.92	11:47.72	12:34.97			20:48.57	21:28.19			
10	McLean, Tim	35	AURO	15:38.62	7	6	Odell, Derek	39	CLAR	21:31.37	13
	48.39	1:44.90	2:43.71	3:44.10		7	Stackhouse, Tony	35	LSD	21:48.34	12
	4:44.42	5:45.59	6:46.37	7:47.13			37.14	1:17.02	1:57.68	2:38.55	
	8:46.57	9:45.73	10:46.86	11:45.66			3:20.45	4:02.41	4:45.63	5:29.49	
	12:44.76	13:45.31	14:42.84	15:38.62			6:12.74	6:56.29	7:40.01	8:23.14	
11	Marsaw, Aaron	36	TECH	15:49.75	6		9:07.41	9:52.56	10:36.13	11:20.94	
	45.98	1:46.99	2:49.09	3:52.21			12:05.20	12:49.96	13:33.71	14:20.70	
	4:53.63	5:56.00	6:56.94	7:58.13			15:02.81	15:46.84	16:32.31	17:11.79	
	8:59.61	10:01.41	11:01.13	12:02.42			18:03.88	18:48.70	19:34.02	20:18.93	
	13:01.15	14:00.41	14:52.77	15:49.75			21:48.34				
12	Dixon, Lee	36	TECH	19:46.05	5	8	Austin, Jevon	35	LSD	22:30.16	11
	1:06.64	2:20.84	3:35.97	4:53.07			41.24	1:26.08	2:11.23	2:56.63	
	6:08.10	7:23.57	8:37.21	9:51.88			3:42.56	4:27.87	5:12.47	5:57.38	
	11:04.86	12:17.04	13:28.37	14:41.30			6:41.38	7:26.02	8:10.80	8:56.21	
	15:55.39	17:19.76	18:35.26	19:46.05			9:41.91	10:27.29	11:12.58	11:57.90	
							12:43.20	13:28.28	14:13.50	14:58.43	
							15:43.84	16:29.34	17:14.80	17:59.81	
							18:45.12	19:30.62	20:16.75	21:08.13	
							21:46.66	22:30.16			
						9	Pardo, Manny	39	LSD	22:31.33	9
							42.87	1:27.58	2:13.14	2:59.11	
							3:45.17	4:30.20	5:15.17	5:55.99	
							6:43.87	7:28.36	8:13.23	8:58.61	
							9:42.87	10:27.93	11:12.99	11:57.93	
							12:43.49	13:28.93	14:14.27	14:58.96	
							15:43.77	16:28.87	17:14.14	17:59.87	
							18:45.27	19:30.80	20:16.05	21:01.49	
							21:47.93	22:31.33			
						10	Desbarats, Andy	38	AURO	24:33.67	7
							40.56	2:11.02	2:48.49		
								5:16.50	6:04.50		
							6:51.28	7:37.91	8:23.88	9:10.16	
							9:56.13	10:41.85		12:13.70	
							12:59.76	13:44.77	14:30.66	15:16.39	
							16:02.41	16:47.62	17:32.83	18:18.78	
							19:03.79	19:50.41	20:37.04	21:22.02	
							24:33.67				

Men 35-39 1500 SC Meter Freestyle

## MSC Nationals 2009 Nationaux MNC

## Results

11	Stratton, Alan	37	ETOB	24:48.44	6						
	43.08	1:30.54	2:19.70	3:10.02		<b>(Men 35-39 50 SC Meter Backstroke)</b>					
	4:01.59	4:53.40	5:45.13	6:36.21		3	Clair, Tyler	39	AURO	29.99	16
	7:26.52	8:16.93	9:08.21	9:58.67		4	Flowers, Duane	38	HALT	31.04	15
	10:50.09	11:40.59	12:31.10	13:21.67		5	MacNeil, Brett	38	CFST	31.24	14
	14:11.38	15:01.16	15:50.45	16:38.81		6	Stewart, Matt	35	LSD	32.53	13
	17:28.71	18:18.34	19:08.23	19:58.76		7	Villeneuve, Yan	39	CMNQ	32.74	12
	20:48.86	21:38.61	22:27.09	23:16.42		8	Austin, Jevon	35	LSD	33.15	11
	24:04.09	24:48.44				9	Araujo, Carlos	36	NYG	33.23	9
						10	Barnes, Christopher	39	NT	34.18	7
12	Sullivan, John	38	AURO	26:34.84	5	11	Shaule, Eric	39	MASC	37.92	6
	45.08	1:34.39	2:25.59	3:18.38		12	Yousefi, Mojtaba	35	TYMS	40.64	5
	4:11.31	5:04.16	5:57.90	6:50.99		13	Fong, Ken	38	RMM	42.49	4
	7:44.76	8:38.58	9:32.32	10:26.74		14	Baker, Dale	39	TECH	51.47	3
	11:20.49	12:13.27	13:07.10	14:00.91		<b>Men 35-39 100 SC Meter Backstroke</b>					
	14:54.21	15:47.45	16:41.80	17:36.38		1	Welechuk, Jeff	39	CMSC	57.37	20
	18:31.16	19:25.51	20:19.81	21:13.70			27.22	57.37			
	22:07.77	23:01.16	23:54.63	24:48.65		2	Clair, Tyler	39	AURO	1:05.31	17
	25:42.78	26:34.84				3	Parenti, Gerry	37	TECH	1:05.53	16
13	Fowler, Allan	37	AURO	27:09.74	4		33.16	1:05.53			
	41.84	1:28.27	2:20.06	3:13.71		4	Sparkes, Adam	37	CBSC	1:06.08	15
	4:07.65	5:02.06	5:56.37	6:49.93			32.28	1:06.08			
	7:44.30	8:37.74	9:32.62	10:27.15		5	Milsom, Kent	35	UNBC	1:10.24	14
	11:22.15	12:18.30	13:14.09	14:09.43			34.52	1:10.24			
	15:03.09	15:59.59	16:54.77	17:49.84		6	Tolley, Mark	36	BURL	1:10.54	13
	18:47.87	19:43.74	20:40.27	21:37.59			33.88	1:10.54			
	22:36.47	23:32.06	24:28.12	25:24.12		7	Stewart, Matt	35	LSD	1:11.26	12
	26:18.37	27:09.74					34.77	1:11.26			
14	Eichler, David	35	VGHN	28:22.97	3	8	Villeneuve, Yan	39	CMNQ	1:11.74	11
	43.39	1:35.00	2:31.00	3:27.00		9	Dufour, Nic	37	TECH	1:13.06	9
	4:25.00	5:23.00	6:21.00	7:17.00			35.40	1:13.06			
	8:15.00	9:14.00	10:12.00	11:10.00		10	Yousefi, Mojtaba	35	TYMS	1:31.42	7
	12:09.00	13:08.00	14:07.00	15:05.00			43.99	1:31.42			
	16:04.00	17:02.00	17:59.00	18:58.00		11	Baker, Dale	39	TECH	1:54.18	6
	19:56.00	20:54.00	21:52.00	22:50.00			56.78	1:54.18			
	23:47.00	24:44.00	25:41.00	26:38.00		<b>Men 35-39 200 SC Meter Backstroke</b>					
	27:32.00	28:22.97				1	Welechuk, Jeff	39	CMSC	2:04.96	20
15	Marsaw, Aaron	36	TECH	29:39.21	2		28.69	1:00.02	1:31.81	2:04.96	
	51.02	1:49.72	2:49.38	3:50.30		2	Sparkes, Adam	37	CBSC	2:21.43	17
	4:49.24	5:49.70	6:48.66	7:48.80			32.54	1:07.91	1:44.76	2:21.43	
	8:49.31	9:48.45	10:48.09	11:47.62		3	Clair, Tyler	39	AURO	2:24.34	16
	12:46.75	13:44.30	14:44.90	15:44.28			33.36	1:09.61	1:46.43	2:24.34	
	16:45.39	17:43.95	18:45.32	19:43.29		4	Milsom, Kent	35	UNBC	2:28.95	15
	20:45.48	21:45.41	22:46.65	23:49.40			34.64	1:11.61	1:50.41	2:28.95	
	24:50.23	25:51.09	26:50.85	27:50.27		5	Tolley, Mark	36	BURL	2:30.32	14
	28:49.70	29:39.21					35.08	1:12.58	1:51.60	2:30.32	
16	Dixon, Lee	36	TECH	37:53.53	1	6	Villeneuve, Yan	39	CMNQ	2:38.18	13
	1:05.03	2:13.18	3:29.71	4:44.40			35.88	1:15.43	1:56.97	2:38.18	
	6:01.40	7:16.74	8:31.87	9:47.33		7	Stewart, Matt	35	LSD	2:38.38	12
	11:03.81	12:19.68	13:34.62	14:49.71			35.98	1:15.81	1:57.05	2:38.38	
	16:04.87	17:20.40	18:37.18	19:52.97		8	Stackhouse, Tony	35	LSD	2:46.89	11
	21:10.71	22:27.65	23:43.97	25:01.37			38.39	1:20.25	2:03.67	2:46.89	
	26:17.40	27:35.06	28:53.87	30:11.74		<b>Men 35-39 50 SC Meter Breaststroke</b>					
	31:29.71	32:48.33	34:08.21	35:25.71		1	Papai, Steve	35	NEP	31.06	20
	36:42.12	37:53.53				2	MacArthur, Richard	37	MASC	32.00	17
						3	Walker, Rory	35	MARK	32.28	16
<b>Men 35-39 50 SC Meter Backstroke</b>											
	1	Welechuk, Jeff	39	CMSC	26.82	20					
	2	Parenti, Gerry	37	TECH	29.10	17					



## MSC Nationals 2009 Nationaux MNC

## Results

4	MacNeil, Brett	38	CFST	33.53	15
5	Marin, Etienne	37	SJER	34.50	14
6	Rezk, Karim	38	NYG	34.99	13
7	Graham, Ian	38	CBSC	35.05	12
8	Astolfi, Dean	37	LSD	37.02	11
9	Dale, Philip	35	ETOB	38.32	9
10	Schmidt, Rob	38	THOR	39.27	7
11	Marsaw, Aaron	36	TECH	50.49	6

**Men 35-39 100 SC Meter Breaststroke**

1	Papai, Steve	35	NEP	1:09.90	20
	33.41	1:09.90			
2	MacArthur, Richard	37	MASC	1:10.74	17
	32.43	1:10.74			
3	Brown, Nicholas	38	BURL	1:16.16	16
	35.42	1:16.16			
4	Graham, Ian	38	CBSC	1:18.05	15
	36.40	1:18.05			
5	Dufour, Nic	37	TECH	1:18.60	14
	37.67	1:18.60			
6	Odell, Derek	39	CLAR	1:18.83	13
	37.10	1:18.83			
7	Marin, Etienne	37	SJER	1:19.67	12
	35.60	1:19.67			
8	Rezk, Karim	38	NYG	1:20.62	11
	36.65	1:20.62			
9	Astolfi, Dean	37	LSD	1:22.25	9
	37.44	1:22.25			
10	Dale, Philip	35	ETOB	1:23.86	7
	39.30	1:23.86			
11	Schmidt, Rob	38	THOR	1:24.50	6
	39.45	1:24.50			
12	Marsaw, Aaron	36	TECH	2:00.83	5
	53.57	2:00.83			

**Men 35-39 200 SC Meter Breaststroke**

1	MacArthur, Richard	37	MASC	2:36.29	20
	35.57	1:15.05	1:55.12	2:36.29	
2	Chambers, Mike	38	MMAC	2:41.99	17
	37.23	1:19.14	2:01.19	2:41.99	
3	Brown, Nicholas	38	BURL	2:47.13	16
	37.84	1:20.15	2:03.05	2:47.13	
4	Graham, Ian	38	CBSC	2:52.10	15
	36.60	1:19.64	2:05.68	2:52.10	
5	Odell, Derek	39	CLAR	2:57.16	14
	38.51	1:21.91	2:08.66	2:57.16	
6	Taylor, Andrew	38	LSD	2:57.41	13
	38.90	1:24.15	2:10.87	2:57.41	
7	Austin, Jevon	35	LSD	3:01.51	12
	41.35	1:28.54	2:16.06	3:01.51	
8	Astolfi, Dean	37	LSD	3:05.40	11
	41.75	1:27.86	2:15.64	3:05.40	
9	Stackhouse, Tony	35	LSD	3:08.06	9
	41.52	1:27.78	2:17.14	3:08.06	
10	Schmidt, Rob	38	THOR	3:09.37	7
	40.73	1:27.60	2:17.41	3:09.37	
11	Marsaw, Aaron	36	TECH	4:11.43	6
	52.20	1:57.55	3:06.45	4:11.43	

**(Men 35-39 200 SC Meter Breaststroke)**

---	Dixon, Lee	36	TECH		DQ
	1:20.24	2:47.56	4:13.26		DQ

**Men 35-39 50 SC Meter Butterfly**

*1	Parenti, Gerry	37	TECH	27.06	18.5
*1	Walker, Rory	35	MARK	27.06	18.5
3	Rutledge, Michael	39	UTMM	27.33	16
4	Flowers, Duane	38	HALT	27.56	15
5	Dick, Scott	38	TECH	27.98	14
6	Papai, Steve	35	NEP	28.10	13
7	Shenhar, Yehoram	39	TYMS	28.23	12
8	Chambers, Mike	38	MMAC	28.68	11
9	Baker, Lee	36	BURL	28.77	9
10	Clair, Tyler	39	AURO	28.85	7
11	Brown, Nicholas	38	BURL	28.99	6
12	Pardo, Manny	39	LSD	30.00	5
13	Marin, Etienne	37	SJER	30.76	4
14	Izyumov, Vlad	35	ETOB	30.97	3
15	Anfossi, Jamie	39	EBSC	31.93	2
16	Austin, Jevon	35	LSD	32.06	1
17	Dale, Philip	35	ETOB	32.59	
18	Yousefi, Mojtaba	35	TYMS	35.43	
19	Fong, Ken	38	RMM	36.73	
20	Ullock, Andrew	36	BURL	36.93	
21	Drew, Ian	37	ATB	39.41	
22	Costa, Carlos	37	NS	47.26	

**Men 35-39 100 SC Meter Butterfly**

1	Flowers, Duane	38	HALT	1:00.77	20
	28.57	1:00.77			
2	Walker, Rory	35	MARK	1:01.15	17
	28.59	1:01.15			
*3	Rutledge, Michael	39	UTMM	1:01.71	15.5
	28.54	1:01.71			
*3	Baker, Lee	36	BURL	1:01.71	15.5
	28.69	1:01.71			
5	Papai, Steve	35	NEP	1:02.41	14
	28.83	1:02.41			
6	Chambers, Mike	38	MMAC	1:02.63	13
	30.16	1:02.63			
7	Parenti, Gerry	37	TECH	1:03.69	12
	29.66	1:03.69			
8	Clair, Tyler	39	AURO	1:05.92	11
	29.98	1:05.92			
9	Shenhar, Yehoram	39	TYMS	1:06.26	9
	31.78	1:06.26			
10	Pardo, Manny	39	LSD	1:07.65	7
	30.09	1:07.65			
11	Brown, Nicholas	38	BURL	1:08.33	6
	30.97	1:08.33			
12	Fong, Ken	38	RMM	1:32.45	5
	40.26	1:32.45			

**Men 35-39 200 SC Meter Butterfly**

1	Dick, Scott	38	TECH	2:21.74	20
	32.29	1:08.26	1:45.40	2:21.74	

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## Results

2	Flowers, Duane	38	HALT	2:23.56	17	<b>(Men 35-39 200 SC Meter IM)</b>					
	29.55	1:03.57	1:39.95	2:23.56		4	Brown, Nicholas	38	BURL	2:30.61	15
3	Tolley, Mark	36	BURL	2:46.02	16		32.04	1:10.98	1:54.29	2:30.61	
	36.86	1:18.95	2:03.22	2:46.02		5	Dufour, Nic	37	TECH	2:32.10	14
4	Stackhouse, Tony	35	LSD	3:04.26	15		32.44	1:12.54	1:58.03	2:32.10	
	37.11	1:22.35	2:11.70	3:04.26		6	Grodski, Mark	36	BURL	2:39.14	13
							34.26	1:17.19	2:04.10	2:39.14	
<b>Men 35-39 100 SC Meter IM</b>						7	Anfossi, Jamie	39	EBSC	2:40.02	12
1	Levine, Martin	38	YMCA	1:02.34	20		32.96	1:15.54	2:04.80	2:40.02	
	29.32	1:02.34				8	Stackhouse, Tony	35	LSD	2:45.25	11
2	Walker, Rory	35	MARK	1:03.71	17		33.01	1:15.97	2:06.03	2:45.25	
	29.46	1:03.71				9	Shaule, Eric	39	MASC	3:00.33	9
3	Parenti, Gerry	37	TECH	1:03.86	16		35.99	1:22.51	2:15.01	3:00.33	
	29.27	1:03.86				10	Ullock, Andrew	36	BURL	3:45.43	7
4	Papai, Steve	35	NEP	1:04.66	15		42.83	1:43.74	2:52.90	3:45.43	
	30.60	1:04.66				<b>Men 35-39 400 SC Meter IM</b>					
5	Clair, Tyler	39	AURO	1:05.37	14	1	Welechuk, Jeff	39	CMSC	4:44.51	20
	29.89	1:05.37					29.30	1:02.80	1:40.72	2:16.84	
6	MacNeil, Brett	38	CFST	1:05.50	13		2:57.46	3:38.95	4:13.03	4:44.51	
	30.68	1:05.50				2	Dick, Scott	38	TECH	5:06.22	17
7	Croy, Roger	39	UNON	1:08.42	12		33.38	1:12.37	1:54.79	2:36.74	
	32.00	1:08.42				3	Dufour, Nic	37	TECH	5:21.61	16
8	Sparkes, Adam	37	CBSC	1:08.48	11		3:22.96	4:10.27	4:47.49	5:21.61	
	31.55	1:08.48				4	Tolley, Mark	36	BURL	5:38.10	15
9	Araujo, Carlos	36	NYG	1:08.49	9		34.65	1:15.22	1:56.96	2:38.08	
	32.11	1:08.49					3:30.07	4:23.64	5:01.66	5:38.10	
10	Brown, Nicholas	38	BURL	1:08.53	7	5	Stackhouse, Tony	35	LSD	5:59.37	14
	31.70	1:08.53					35.09	1:16.78	2:03.74	2:50.54	
11	Dufour, Nic	37	TECH	1:09.06	6		3:42.91	4:35.85	5:17.75	5:59.37	
	32.81	1:09.06				6	Shaule, Eric	39	MASC	6:26.56	13
12	Baker, Lee	36	BURL	1:09.27	5		40.66	1:29.25	2:18.22	3:06.45	
	32.70	1:09.27					4:00.51	4:55.88	5:43.40	6:26.56	
13	Villeneuve, Yan	39	CMNQ	1:12.46	4	<b>Men 40-44 50 SC Meter Freestyle</b>					
	33.59	1:12.46				1	Oliva, Stepan	43	TECH	24.33	20
14	Grodski, Mark	36	BURL	1:13.49	3	2	Oldham, Mark	40	EBSC	25.07	17
15	Austin, Jevon	35	LSD	1:13.72	2	3	Warburton, Sean	41	GRAN	25.58	16
	33.87	1:13.72				4	Van Greuning, Len	42	NYG	26.07	15
16	Graham, Ian	38	CBSC	1:15.56	1	5	Cosper, Scott	40	MSBC	26.26	14
	35.66	1:15.56				6	Phillips, Todd	42	NYG	27.29	13
17	Schmidt, Rob	38	THOR	1:15.94		7	Wyatt, David	44	BURL	27.38	12
	35.64	1:15.94				8	David, Iulian	42	TYMS	27.69	11
18	Dale, Philip	35	ETOB	1:16.77		9	Denstedt, Craig	40	MUSK	27.70	9
	35.73	1:16.77				10	Branton, Scott	42	CLAR	27.89	7
19	Shaule, Eric	39	MASC	1:20.83		11	Nesovic, Jake	42	TYMS	27.90	6
	36.25	1:20.83				12	Baker, Jeff	40	NT	28.80	5
20	Fong, Ken	38	RMM	1:27.63		13	Dodgson, Phil	42	AURO	28.98	4
	40.45	1:27.63				14	Cupidio, Chris	41	BB	29.17	3
21	Ullock, Andrew	36	BURL	1:33.29		15	O'Brien, Sean	42	NYG	30.10	2
	42.29	1:33.29				16	Doman, Greg	43	GRAN	30.57	1
22	Costa, Carlos	37	NS	1:45.79		17	Trandafilovski, Alex	43	EMSC	32.58	
	50.58	1:45.79				18	Cole, Seth	40	NYG	33.58	
<b>Men 35-39 200 SC Meter IM</b>						19	Gordon, Eric	42	AURO	38.19	
1	Papai, Steve	35	NEP	2:19.98	20	---	Ingo, Steve	42	KING	DQ	
	29.19	1:07.61	1:47.41	2:19.98		---	Andruchow, Grant	43	EMSC	DQ	
2	Chambers, Mike	38	MMAC	2:21.98	17						
	30.77	1:08.82	1:49.98	2:21.98							
3	Clair, Tyler	39	AURO	2:26.40	16						
	30.51	1:06.94	1:50.34	2:26.40							

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## Results

**Men 40-44 100 SC Meter Freestyle**

1	Ingo, Steve	42	KING	53.16	20
	25.68	53.16			
2	Saretsky, Barry	40	EMSC	53.81	17
	25.51	53.81			
3	Oliva, Stepan	43	TECH	53.84	16
	25.63	53.84			
4	Oldham, Mark	40	EBSC	54.58	15
	26.60	54.58			
5	Andruchow, Grant	43	EMSC	56.35	14
	26.54	56.35			
6	Cosper, Scott	40	MSBC	57.30	13
	27.42	57.30			
7	Warburton, Sean	41	GRAN	57.96	12
	27.80	57.96			
8	Weekes, Chris	40	TECH	58.05	11
	27.97	58.05			
9	Conde, Pablo	44	STE	58.18	9
	28.39	58.18			
10	Murchie, Derek	42	NT	58.61	7
	28.23	58.61			
11	Calle, Juan	44	NT	59.26	6
	28.04	59.26			
12	Nesovic, Jake	42	TYMS	1:00.15	5
	28.62	1:00.15			
13	Weisman, Herbert	43	GRAN	1:00.74	4
	28.32	1:00.74			
14	Ehlermann, Roy	40	ATB	1:01.02	3
	28.95	1:01.02			
15	Phillips, Todd	42	NYG	1:03.34	2
	28.99	1:03.34			
16	Wyatt, David	44	BURL	1:04.37	1
	29.83	1:04.37			
17	Baker, Jeff	40	NT	1:05.06	
	30.84	1:05.06			
18	O'Brien, Sean	42	NYG	1:06.99	
	31.26	1:06.99			
19	Bloom, Steve	40	NEP	1:07.29	
	32.63	1:07.29			
20	Plant, David	41	GMM	1:08.07	
	33.00	1:08.07			
21	Gaglietta, Todd	42	CLAR	1:09.09	
	32.38	1:09.09			
22	Collins, Peter	44	PNWM	1:09.36	
	33.49	1:09.36			
23	Penny, Charles	43	YMCA	1:10.35	
	33.59	1:10.35			
24	Goncalves, Louie	43	MASC	1:10.57	
	32.99	1:10.57			
25	Summers, Scott	42	EMSC	1:13.19	
	34.51	1:13.19			
26	Attieh, Ibrahim	43	ETOB	1:21.36	
	38.87	1:21.36			
27	Douglas, Steven	44	AURO	1:23.14	
	38.85	1:23.14			
28	Roman, Steve	42	LSD	1:25.16	
	21.08	1:25.16			

**(Men 40-44 100 SC Meter Freestyle)**

29	Gordon, Eric	42	AURO	1:30.10
	38.94	1:30.10		

**Men 40-44 200 SC Meter Freestyle**

1	Ingo, Steve	42	KING	1:57.93	20
	27.26	56.00	1:26.08	1:57.93	
2	Saretsky, Barry	40	EMSC	1:59.22	17
	27.14	57.82	1:28.78	1:59.22	
3	Oldham, Mark	40	EBSC	2:01.76	16
	29.27	1:00.56	1:32.16	2:01.76	
4	Oliva, Stepan	43	TECH	2:04.33	15
	28.43	59.94	1:32.21	2:04.33	
5	Carnegie, Mike	44	ANC	2:05.22	14
	29.00	1:00.35	1:32.73	2:05.22	
6	Van Greuning, Len	42	NYG	2:06.70	13
	28.75	59.65	1:32.60	2:06.70	
7	Weekes, Chris	40	TECH	2:10.29	12
	29.32	1:00.90	1:35.03	2:10.29	
8	Calle, Juan	44	NT	2:10.30	11
	30.14	1:03.01	1:36.21	2:10.30	
9	Nesovic, Jake	42	TYMS	2:12.32	9
	29.57	1:02.77	1:36.88	2:12.32	
10	Strang, John	44	BURL	2:15.75	7
	31.93	1:06.50	1:41.44	2:15.75	
11	Da Costa, Luis	41	YMCA	2:24.95	6
	34.22	1:11.08	1:48.32	2:24.95	
12	Vadillo, Miguel	40	GMM	2:26.32	5
	34.16	1:11.22	1:48.40	2:26.32	
13	Barber, Thomas	40	ATB	2:29.43	4
	33.80	1:11.03	1:51.10	2:29.43	
14	Penny, Charles	43	YMCA	2:33.32	3
	34.18	1:12.91	1:53.32	2:33.32	
15	Collins, Peter	44	PNWM	2:40.91	2
	38.65	1:20.26	2:01.49	2:40.91	
16	Summers, Scott	42	EMSC	2:45.32	1
	35.29	1:16.84	1:59.64	2:45.32	
17	Lewis, Greg	43	LSD	2:46.75	
	36.89	1:19.06	2:03.43	2:46.75	
18	Attieh, Ibrahim	43	ETOB	3:09.29	
	43.61	1:31.97	2:21.10	3:09.29	

**Men 40-44 400 SC Meter Freestyle**

1	McCarthy, Chris	42	TECH	4:32.80	20
	30.99	1:05.09	1:39.47	2:14.84	
	2:49.35	3:24.23	3:58.75	4:32.80	
2	Carnegie, Mike	44	ANC	4:33.36	17
	31.14	1:05.09	1:39.78	2:14.85	
	2:49.55	3:24.50	3:59.28	4:33.36	
3	Van Greuning, Len	42	NYG	4:33.56	16
	30.24	1:04.29	1:38.87	2:13.70	
	2:48.91	3:24.54	3:59.87	4:33.56	
4	Conde, Pablo	44	STE	4:41.76	15
	32.24	1:07.71	1:44.15	2:20.78	
	2:56.66	3:32.57	4:08.16	4:41.76	
5	Calle, Juan	44	NT	4:41.90	14
	32.03	1:07.67	1:43.85	2:20.36	
	2:55.92	3:32.10	4:07.93	4:41.90	

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## Results

6	Weekes, Chris	40	TECH	4:45.22	13	<b>(Men 40-44 800 SC Meter Freestyle)</b>					
	31.26	1:05.55	1:41.16	2:17.72		5	Strang, John	44	BURL	9:54.51	14
	2:54.62	3:32.01	4:10.00	4:45.22			33.63	1:10.40	1:47.80	2:25.72	
7	Strang, John	44	BURL	4:45.94	12		3:03.96	3:42.24	4:20.41	4:58.49	
	33.31	1:08.93	1:45.07	2:21.54			5:35.79	6:13.18	6:50.36	7:27.44	
	2:57.94	3:34.28	4:10.35	4:45.94			8:04.41	8:41.24	9:18.31	9:54.51	
8	Nesovic, Jake	42	TYMS	4:47.30	11	6	Seawright, Bud	43	ETOB	10:07.74	13
	31.64	1:06.24	1:42.37	2:19.74			33.05	1:09.72	1:47.24	2:24.89	
	2:56.85	3:34.23	4:11.75	4:47.30			3:02.63	3:40.60	4:18.68	4:56.73	
9	Seawright, Bud	43	ETOB	4:49.60	9		5:35.08	6:13.61	6:52.26	7:31.37	
	31.79	1:06.95	1:43.72	2:20.97			8:10.66	8:50.14	9:29.45	10:07.74	
	2:58.26	3:35.42	4:12.80	4:49.60		7	Mitchell, Scott	42	LSD	10:56.20	12
10	Babits, George	42	UTMM	4:50.06	7		36.65	1:15.97	1:56.35	2:37.75	
	32.32	1:07.27	1:43.33	2:20.16			3:19.64	4:02.01	4:43.91	5:25.87	
	2:56.92	3:34.59	4:12.81	4:50.06			6:07.45	6:49.09	7:30.85	8:12.73	
11	Mitchell, Scott	42	LSD	5:16.39	6		8:54.41	9:36.28	10:17.06	10:56.20	
	36.33	1:15.48	1:55.63	2:36.12		8	Parker, Michael	41	OAK	12:11.22	11
	3:16.85	3:57.97	4:38.69	5:16.39			38.00	1:21.48	2:06.19	2:51.71	
12	Barber, Thomas	40	ATB	5:31.25	5		3:37.48	4:23.67	5:10.33	5:56.92	
	35.85	1:15.26	1:56.46	2:38.76			6:43.98	7:30.98	8:17.66	9:05.62	
	3:21.87	4:05.93	4:50.19	5:31.25			9:52.87	10:39.87	11:26.93	12:11.22	
13	Collins, Peter	44	PNWM	5:41.76	4	9	Summers, Scott	42	EMSC	12:28.36	9
	38.56	1:19.94	2:02.77	2:46.61			39.73	1:23.23	2:08.79	2:55.45	
	3:31.26	4:15.40	4:59.19	5:41.76			3:43.00	4:31.68	5:20.91	6:09.50	
14	Summers, Scott	42	EMSC	5:58.75	3		6:58.04	7:47.00	8:35.27	9:23.63	
	37.64	1:20.40	2:05.81	2:52.36			10:12.13	11:00.23	11:48.42	12:28.36	
	3:39.47	4:26.92	5:14.36	5:58.75		10	Scanlan, Peter	44	TECH	13:06.50	7
15	Trandafilovski, Alex	43	EMSC	6:12.89	2		42.42	1:28.71	2:16.85	3:05.52	
	40.56	1:25.81	2:13.53	3:02.41			3:54.92	4:44.90	5:34.95	6:24.81	
	3:51.49	4:40.13	5:28.32	6:12.89			7:15.48	8:05.89	8:56.25	9:47.01	
16	Scanlan, Peter	44	TECH	6:17.07	1		10:37.61	11:28.05	12:18.75	13:06.50	
	41.41	1:27.18	2:14.14	3:02.46		11	Attieh, Ibrahim	43	ETOB	14:28.75	6
	3:51.47	4:40.85	5:30.32	6:17.07			45.70	1:38.46	3:27.10	4:22.24	
17	Attieh, Ibrahim	43	ETOB	6:59.86			6:13.76	7:09.37	8:58.52	9:54.99	
	46.54	1:38.70	2:32.59	3:25.31			10:49.32	14:28.75			
	4:18.56	5:13.38	6:07.91	6:59.86		<b>Men 40-44 1500 SC Meter Freestyle</b>					
<b>Men 40-44 800 SC Meter Freestyle</b>						1	McCarthy, Chris	42	TECH	18:25.13	20
1	McCarthy, Chris	42	TECH	9:35.80	20		32.43	1:07.46	1:43.14	2:19.61	
	33.02	1:08.93	1:45.53	2:22.15			2:55.86	3:32.07	4:08.21	4:44.52	
	2:58.59	3:35.11	4:10.94	4:47.00			5:21.13	5:57.87	6:34.73	7:12.25	
	5:23.43	6:00.05	6:37.27	7:14.03			7:49.41	8:26.41	9:03.98	9:41.59	
	7:50.56	8:26.88	9:02.34	9:35.80			10:18.74	10:55.92	11:33.53	12:11.29	
2	Custic, Dejan	41	TECH	9:37.22	17		12:48.53	13:26.06	14:03.25	14:40.18	
	34.63	1:10.89	1:47.43	2:24.58			15:17.63	15:54.91	16:32.57	17:09.74	
	3:01.06	3:37.91	4:14.71	4:50.94			17:47.62	18:25.13			
	5:27.24	6:03.96	6:40.34	7:17.06		2	Weekes, Chris	40	TECH	18:55.32	17
	7:53.29	8:29.38	9:04.33	9:37.22			33.01	1:09.66	1:47.47	2:25.22	
3	Weekes, Chris	40	TECH	9:44.62	16		3:03.34	3:41.03	4:18.63	4:56.19	
	32.93	1:08.98	1:45.84	2:22.82			5:34.16	6:11.94	6:49.19	7:26.31	
	3:00.27	3:37.87	4:16.12	4:53.46			8:04.03	8:42.03	9:20.19	9:58.47	
	5:30.60	6:07.50	6:43.95	7:21.30			10:56.28	11:15.19	11:53.69	12:31.82	
	7:58.27	8:34.56	9:10.73	9:44.62			13:10.59	13:48.19	14:27.03	15:05.53	
4	Babits, George	42	UTMM	9:54.08	15		15:44.15	16:23.72	17:02.15	17:41.07	
	34.30	1:11.33	1:48.70	2:25.87			18:19.88	18:55.32			
	3:02.73	3:40.12	4:17.30	4:54.73		3	Strang, John	44	BURL	19:01.99	16
	5:31.94	6:09.36	6:46.85	7:24.49							
	8:02.34	8:40.15	9:17.86	9:54.08							

MSC Nationals 2009 Nationaux MNC

Results

				<b>(Men 40-44 1500 SC Meter Freestyle)</b>							
4	Babits, George	42	UTMM	19:26.38	15	11	Summers, Scott	42	EMSC	23:36.69	6
	34.00	1:12.00	1:50.00	2:30.00			38.16	1:20.73	2:05.63	2:52.93	
	3:08.00	3:47.00	4:26.00	5:05.00			3:40.65	4:27.45	5:14.96	6:03.20	
	5:44.00	6:23.00	7:03.00	7:40.00			6:51.25	7:39.63	8:26.75	9:13.68	
	8:19.00	8:59.00	9:38.00	10:16.00			10:00.81	10:46.44	11:34.20	12:21.01	
	10:55.00	11:34.00	12:14.00	12:53.00			13:08.33	13:56.06	14:44.72	15:33.49	
	13:31.00	14:11.00	14:50.00	15:30.00			16:21.29	17:10.59	17:59.20	18:48.25	
	16:10.00	16:50.00	17:29.00	18:09.00			19:36.71	20:25.15	21:13.64	22:02.34	
	18:48.00	19:26.38					23:36.69				
5	Vadillo, Miguel	40	GMM	20:54.45	14	12	Collins, Peter	44	PNWM	23:39.28	5
	36.62	1:16.34	1:57.16	2:38.91			42.68	1:28.45	2:15.65	3:07.00	
	3:21.24	4:03.35	4:45.49	5:28.24			3:52.41	4:40.47	5:28.19	6:16.37	
	6:10.95	6:53.47	7:35.27	8:16.89			7:04.19	7:51.82	8:39.94	9:27.75	
	8:59.20	9:41.38	10:23.33	11:05.42				11:01.00	11:50.40	12:37.41	
	11:47.82	12:29.67	13:11.58	13:53.74			13:23.88	14:12.03	14:58.60	15:46.28	
	14:35.73	15:17.88	16:00.42	16:42.84			16:33.72	17:21.19	18:09.37	18:57.00	
	17:25.40	18:07.60	18:50.14	19:32.91			19:46.08	20:34.07	21:21.57	22:08.66	
	20:16.24	20:54.45					23:39.28				
6	Schiller, Adrian	43	VGHN	20:54.97	13	13	Parker, Michael	41	OAK	24:31.62	4
	35.55	1:16.93	1:57.61	2:39.11			40.34	1:25.77	2:13.85	3:01.99	
	3:21.17	4:03.73	4:46.11	5:28.61			3:51.02	4:40.43	5:29.74	6:20.04	
	6:11.08	6:53.61	7:36.49	8:19.05			7:09.55	7:58.98	8:48.75	9:38.39	
	9:01.08	9:43.02	10:25.27	11:07.77			10:28.29	11:18.52	12:08.72	12:58.32	
	11:49.77	12:32.46	13:14.52	13:56.55			13:47.65	14:36.95	15:25.91	16:16.35	
	14:38.83	15:21.02	16:03.58	16:46.08			17:06.32	17:54.99	18:44.47	19:34.34	
	17:28.55	18:10.55	18:52.80	19:34.58			20:23.84	21:13.38	22:03.53	22:54.23	
	20:15.99	20:54.97					23:44.82	24:31.62			
7	Branton, Scott	42	CLAR	20:58.53	12	14	Scanlan, Peter	44	TECH	25:30.76	3
	35.79		1:59.89				45.20	1:35.13	2:26.03	3:17.02	
	3:24.51	4:06.26	4:47.83	5:30.29			4:09.40	5:00.50	5:52.30	6:44.50	
	6:12.29	6:54.67	7:36.76	8:20.10			7:35.60	8:27.50	9:18.30	10:09.04	
	9:03.32	9:46.38	10:39.26	11:11.63			11:00.00	11:51.17	12:41.89	13:32.44	
	11:54.57	12:33.86	13:17.73	14:00.42			14:23.63	15:14.67	16:06.13	16:57.29	
	14:43.67	15:26.04	16:08.89	16:51.73			17:48.67	18:39.92	19:31.17	20:23.07	
	17:33.60		18:57.83	19:38.42			21:15.76	22:07.26	22:59.10	23:51.04	
	20:19.04	20:58.53					24:42.35	25:30.76			
8	Mitchell, Scott	42	LSD	21:16.34	11	15	Brenner, Ian	40	VGHN	25:52.24	2
							44.72	1:32.03	2:22.97	3:13.37	
	3:39.27	4:25.54	5:12.09	5:58.67			4:05.19	4:56.47	5:48.41	6:40.50	
	6:45.73	7:32.27	8:19.15	9:05.54			7:32.41	8:24.72	9:16.94	10:08.31	
	9:52.57	10:39.59	11:26.97	12:14.25			11:00.22	11:53.50	12:44.75	13:37.47	
	13:01.31	13:47.46	14:34.43	15:21.33			14:29.78	15:22.41	16:14.47	17:06.44	
	16:09.17	16:58.02	17:45.88	18:35.09			18:00.25	18:53.08	19:46.47	20:39.31	
	19:23.06	20:10.99	20:58.79	21:46.76			21:32.22	22:25.03	23:17.53		
	22:31.16	23:18.57					25:01.78	25:52.24			
10	Gaglietta, Todd	42	CLAR	23:31.54	7	16	Attieh, Ibrahim	43	ETOB	28:23.20	1
	43.21	1:29.37	2:16.65	3:03.93			48.87		2:37.96	3:35.67	
	3:51.03	4:38.43	5:25.55	6:11.94			4:32.48	5:27.70	6:21.64	7:16.49	
	6:58.54	7:45.55	8:32.85	9:19.47			8:11.96	9:07.14	10:04.73	11:02.58	
	10:07.27	10:56.30	11:43.27	12:30.56			11:59.08	12:56.02	13:53.67	14:50.87	
	13:18.87	14:06.71	14:53.40	15:41.53			15:48.14	16:46.08	17:44.11	18:43.20	
	16:29.68	17:17.06	18:05.81	18:51.77			19:40.83	20:40.99	21:40.33	22:40.02	
	19:38.81	20:25.84	21:14.09	22:01.65			23:38.73	24:38.02	25:35.17	26:31.27	
	22:47.47	23:31.54					27:30.64	28:23.20			

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## Results

17	Menzies, James	43	ETOB	29:21.99
	45.64	1:36.56	2:30.20	3:26.75
	4:22.78	5:19.82	6:18.68	7:16.55
	8:14.99	9:15.30	10:13.94	11:12.62
	12:11.63	13:10.91	14:09.33	15:08.91
	16:09.35	17:10.09	18:10.56	19:11.34
	20:10.76	21:11.84	22:16.99	23:17.66
	24:18.20	25:18.86	26:20.24	27:23.30
	28:24.59	29:21.99		

**Men 40-44 50 SC Meter Backstroke**

1	Saretsky, Barry	40	EMSC	28.52	20
2	Murchie, Derek	42	NT	29.31	17
3	Butler, Matt	44	WIND	30.16	16
4	Ingo, Steve	42	KING	30.73	15
5	Warburton, Sean	41	GRAN	30.76	14
6	Conde, Pablo	44	STE	32.43	13
7	Mitchell, Scott	42	LSD	32.68	12
8	David, Iulian	42	TYMS	32.69	11
9	Oliva, Stepan	43	TECH	32.70	9
10	Nesovic, Jake	42	TYMS	32.76	7
11	Bilton, David	41	BURL	33.00	6
12	Carson, Peter	44	MILT	35.21	5
13	Kindiak, Greg	43	MARK	35.55	4
14	Penny, Charles	43	YMCA	37.33	3

**Men 40-44 100 SC Meter Backstroke**

1	Butler, Matt	44	WIND	1:03.05	20
	30.40	1:03.05			
2	Murchie, Derek	42	NT	1:04.44	17
	31.31	1:04.44			
3	McCarthy, Chris	42	TECH	1:05.91	16
4	Andruchow, Grant	43	EMSC	1:07.04	15
	33.15	1:07.04			
5	Mackie, Dean	42	MARK	1:10.89	14
	34.27	1:10.89			
6	Mitchell, Scott	42	LSD	1:11.16	13
	34.21	1:11.16			
7	Bilton, David	41	BURL	1:13.76	12
	35.64	1:13.76			
8	Branton, Scott	42	CLAR	1:15.76	11
	37.11	1:15.76			
9	Strang, John	44	BURL	1:16.19	9
	37.41	1:16.19			
10	Carson, Peter	44	MILT	1:17.33	7
	37.15	1:17.33			

**Men 40-44 200 SC Meter Backstroke**

1	Butler, Matt	44	WIND	2:19.65	20
	31.84	1:06.39	1:42.41	2:19.65	
2	McCarthy, Chris	42	TECH	2:21.86	17
	33.10	1:08.11	1:44.53	2:21.86	
3	Mackie, Dean	42	MARK	2:33.06	16
	35.39	1:14.19	1:53.99	2:33.06	
4	Mitchell, Scott	42	LSD	2:39.08	15
	35.75	1:14.32	1:56.46	2:39.08	
5	Strang, John	44	BURL	2:40.69	14
	39.30	1:20.29	2:01.21	2:40.69	

**(Men 40-44 200 SC Meter Backstroke)**

---	Kindiak, Greg	43	MARK	DQ
	39.26	1:24.25	2:12.06	DQ

**Men 40-44 50 SC Meter Breaststroke**

1	Salpeter, Tim	44	EMSC	30.78	20
2	Cosper, Scott	40	MSBC	33.41	17
3	Da Costa, Luis	41	YMCA	33.57	16
4	Denstedt, Craig	40	MUSK	33.96	15
5	Amodeo, Rick	41	TYMS	34.03	14
6	Oliva, Stepan	43	TECH	34.15	13
7	Van Greuning, Len	42	NYG	34.33	12
8	Dodgson, Phil	42	AURO	35.23	11
9	Cupidio, Chris	41	BB	35.33	9
10	Palmer, Scott	44	DAM	35.81	7
11	Phillips, Todd	42	NYG	37.25	6
12	Doman, Greg	43	GRAN	37.87	5
13	O'Brien, Sean	42	NYG	38.40	4
14	Cole, Seth	40	NYG	38.98	3
15	Gordon, Eric	42	AURO	40.94	2
16	Scanlan, Peter	44	TECH	46.63	1

**Men 40-44 100 SC Meter Breaststroke**

1	Salpeter, Tim	44	EMSC	1:06.20	20
	31.29	1:06.20			
2	Oldham, Mark	40	EBSC	1:10.20	17
	32.97	1:10.20			
3	Cosper, Scott	40	MSBC	1:15.38	16
	35.47	1:15.38			
4	Van Greuning, Len	42	NYG	1:16.06	15
	36.81	1:16.06			
5	Da Costa, Luis	41	YMCA	1:16.25	14
	35.75	1:16.25			
6	Amodeo, Rick	41	TYMS	1:16.98	13
	38.17	1:16.98			
7	Denstedt, Craig	40	MUSK	1:17.42	12
	35.41	1:17.42			
8	Dodgson, Phil	42	AURO	1:18.72	11
	35.86	1:18.72			
9	Cupidio, Chris	41	BB	1:19.88	9
	37.35	1:19.88			
10	Palmer, Scott	44	DAM	1:20.59	7
	37.68	1:20.59			
11	Vadillo, Miguel	40	GMM	1:21.51	6
	38.83	1:21.51			
12	Plant, David	41	GMM	1:22.40	5
	39.10	1:22.40			
13	Veisman, Herbert	43	GRAN	1:22.76	4
	38.32	1:22.76			
14	Carson, Peter	44	MILT	1:23.53	3
	39.77	1:23.53			
15	O'Brien, Sean	42	NYG	1:23.88	2
	39.96	1:23.88			
16	Branton, Scott	42	CLAR	1:23.92	1
	39.29	1:23.92			
17	Doman, Greg	43	GRAN	1:24.82	
	39.89	1:24.82			

## MSC Nationals 2009 Nationaux MNC

## Results

18	Cole, Seth	40	NYG	1:28.86		
	40.45			1:28.86		
19	Gordon, Eric	42	AURO	1:33.69		
	45.66			1:33.69		
20	Scanlan, Peter	44	TECH	1:43.63		
	50.28			1:43.63		
21	Roman, Steve	42	LSD	1:45.35		
	48.97			1:45.35		
<b>Men 40-44 200 SC Meter Breaststroke</b>						
1	Salpeter, Tim	44	EMSC	2:27.70	20	
	32.90		1:47.97	2:27.70		
2	Oldham, Mark	40	EBSC	2:34.33	17	
	34.71		1:54.10	2:34.33		
3	Denstedt, Craig	40	MUSK	2:49.01	16	
	36.99		2:03.86	2:49.01		
4	Dodgson, Phil	42	AURO	2:49.49	15	
	37.99		2:03.63	2:49.49		
5	Da Costa, Luis	41	YMCA	2:52.38	14	
	40.41		2:08.00	2:52.38		
6	Palmer, Scott	44	DAM	3:05.31	13	
	39.31		2:14.45	3:05.31		
7	Branton, Scott	42	CLAR	3:05.63	12	
	41.10		2:17.72	3:05.63		
8	Doman, Greg	43	GRAN	3:11.58	11	
	41.84		2:20.90	3:11.58		
9	Lewis, Greg	43	LSD	3:18.35	9	
	43.76		2:25.92	3:18.35		
10	Cole, Seth	40	NYG	3:31.93	7	
	44.57		2:35.90	3:31.93		
11	Scanlan, Peter	44	TECH	3:40.49	6	
	53.12		2:45.90	3:40.49		
<b>Men 40-44 50 SC Meter Butterfly</b>						
1	Saretsky, Barry	40	EMSC	25.86	20	
2	Andruchow, Grant	43	EMSC	27.66	17	
3	Ingo, Steve	42	KING	27.91	16	
4	Cosper, Scott	40	MSBC	28.14	15	
5	Conde, Pablo	44	STE	28.37	14	
6	Oliva, Stepan	43	TECH	28.51	13	
*7	Murchie, Derek	42	NT	28.59	11.5	
*7	Warburton, Sean	41	GRAN	28.59	11.5	
9	Custic, Dejan	41	TECH	29.38	9	
10	Veisman, Herbert	43	GRAN	30.31	7	
11	Bilton, David	41	BURL	30.79	6	
12	Denstedt, Craig	40	MUSK	31.16	5	
13	Ehlermann, Roy	40	ATB	31.17	4	
14	Dallal, Ra'Ed	40	AURO	31.36	3	
15	Phillips, Todd	42	NYG	31.39	2	
16	O'Brien, Sean	42	NYG	31.93	1	
17	Bloom, Steve	40	NEP	33.02		
18	Goncalves, Louie	43	MASC	33.17		
19	Doman, Greg	43	GRAN	34.42		
20	Barber, Thomas	40	ATB	34.61		
21	Penny, Charles	43	YMCA	35.64		
22	Trandafilovski, Alex	43	EMSC	36.50		

**Men 40-44 100 SC Meter Butterfly**

1	Saretsky, Barry	40	EMSC	57.46	20	
	26.80			57.46		
2	Ingo, Steve	42	KING	59.82	17	
	28.65			59.82		
3	Oldham, Mark	40	EBSC	1:00.75	16	
	28.45			1:00.75		
4	Carnegie, Mike	44	ANC	1:01.08	15	
	28.60			1:01.08		
5	Andruchow, Grant	43	EMSC	1:01.66	14	
	28.28			1:01.66		
6	Cosper, Scott	40	MSBC	1:04.19	13	
	29.78			1:04.19		
7	Custic, Dejan	41	TECH	1:04.28	12	
	30.42			1:04.28		
8	Conde, Pablo	44	STE	1:06.25	11	
	30.52			1:06.25		
9	Weekes, Chris	40	TECH	1:07.11	9	
	30.20			1:07.11		
10	Veisman, Herbert	43	GRAN	1:11.32	7	
	32.35			1:11.32		
11	Dallal, Ra'Ed	40	AURO	1:14.12	6	
	33.13			1:14.12		
12	O'Brien, Sean	42	NYG	1:14.50	5	
	33.25			1:14.50		
13	Mackie, Dean	42	MARK	1:16.64	4	
	35.12			1:16.64		
14	Kindiak, Greg	43	MARK	1:18.21	3	
	35.16			1:18.21		
15	Trandafilovski, Alex	43	EMSC	1:33.25	2	
	37.85			1:33.25		
---	Barber, Thomas	40	ATB		DQ	
	36.09			DQ		

**Men 40-44 200 SC Meter Butterfly**

1	Saretsky, Barry	40	EMSC	2:15.61	20	
	28.59		1:02.52	1:38.37	2:15.61	
2	Oldham, Mark	40	EBSC	2:19.11	17	
	32.46		1:07.67	1:43.79	2:19.11	
3	Conde, Pablo	44	STE	2:20.28	16	
	31.61		1:07.76	1:44.09	2:20.28	
4	Custic, Dejan	41	TECH	2:27.91	15	
	33.73		1:11.97	1:49.66	2:27.91	
5	Weekes, Chris	40	TECH	2:33.67	14	
	33.04		1:11.71	1:51.98	2:33.67	
6	Carnegie, Mike	44	ANC	2:38.04	13	
	33.35		1:12.44	1:54.15	2:38.04	
7	Dallal, Ra'Ed	40	AURO	2:55.98	12	
	37.07		1:19.51	2:05.67	2:55.98	

**Men 40-44 100 SC Meter IM**

1	Saretsky, Barry	40	EMSC	59.98	20	
	27.24			59.98		
2	Ingo, Steve	42	KING	1:02.78	17	
	29.41			1:02.78		
3	Salpeter, Tim	44	EMSC	1:03.40	16	
	30.40			1:03.40		

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## Results

4	Oliva, Stepan	43	TECH	1:04.54	15	<b>(Men 40-44 200 SC Meter IM)</b>						
	31.10	1:04.54				4	Custic, Dejan	41	TECH	2:25.17	15	
5	Carnegie, Mike	44	ANC	1:04.58	14		30.70	1:09.71	1:52.11	2:25.17		
	30.10	1:04.58				5	McCarthy, Chris	42	TECH	2:27.44	14	
6	Andruchow, Grant	43	EMSC	1:06.43	13		30.34	1:05.94	1:52.89	2:27.44		
	30.16	1:06.43				6	Denstedt, Craig	40	MUSK	2:37.31	13	
7	Van Greuning, Len	42	NYG	1:06.80	12		33.31	1:16.86	2:00.56	2:37.31		
	32.82	1:06.80				7	Bilton, David	41	BURL	2:38.36	12	
8	Custic, Dejan	41	TECH	1:07.40	11		32.79	1:12.25	1:59.65	2:38.36		
	32.24	1:07.40				8	Vadillo, Miguel	40	GMM	2:41.30	11	
9	Cosper, Scott	40	MSBC	1:07.45	9		33.99	1:17.42	2:03.39	2:41.30		
	31.50	1:07.45				9	Branton, Scott	42	CLAR	2:41.97	9	
10	Conde, Pablo	44	STE	1:09.18	7		36.03	1:17.37	2:05.16	2:41.97		
	31.83	1:09.18				10	Da Costa, Luis	41	YMCA	2:42.82	7	
11	Veisman, Herbert	43	GRAN	1:12.23	6		35.20	1:20.69	2:04.67	2:42.82		
	33.13	1:12.23				11	Doman, Greg	43	GRAN	2:58.06	6	
12	Bilton, David	41	BURL	1:12.24	5		36.64	1:24.15	2:17.15	2:58.06		
	32.50	1:12.24				12	Gaglietta, Todd	42	CLAR	3:03.82	5	
13	Ehlermann, Roy	40	ATB	1:12.90	4		41.94	1:28.69	2:22.30	3:03.82		
	32.18	1:12.90				13	Goncalves, Louie	43	MASC	3:04.62	4	
14	Mackie, Dean	42	MARK	1:13.67	3		35.66	1:28.41	2:23.36	3:04.62		
	33.56	1:13.67				14	Summers, Scott	42	EMSC	3:11.53	3	
15	Vadillo, Miguel	40	GMM	1:14.29	2		41.19	1:32.41	2:28.53	3:11.53		
	36.38	1:14.29				15	Lewis, Greg	43	LSD	3:18.42	2	
16	O'Brien, Sean	42	NYG	1:14.55	1		43.58	1:38.37	2:36.08	3:18.42		
	35.51	1:14.55				16	Scanlan, Peter	44	TECH	3:31.10	1	
17	Da Costa, Luis	41	YMCA	1:14.68			49.84	1:48.71	2:46.72	3:31.10		
	36.91	1:14.68				17	Roman, Steve	42	LSD	3:56.52		
18	Baker, Jeff	40	NT	1:15.56			49.81	1:47.51	2:53.01	3:56.52		
	35.10	1:15.56				---	Plant, David	41	GMM	DQ		
19	Carson, Peter	44	MILT	1:16.12			34.32	1:20.78	2:08.18	DQ		
	35.55	1:16.12				<b>Men 40-44 400 SC Meter IM</b>						
20	Doman, Greg	43	GRAN	1:19.87			1	Carnegie, Mike	44	ANC	4:58.33	20
	37.13	1:19.87					30.01	1:05.22	1:45.66	2:25.40		
21	Bloom, Steve	40	NEP	1:20.58			3:07.04	3:49.57	4:24.69	4:58.33		
	37.85	1:20.58				2	Custic, Dejan	41	TECH	5:10.87	17	
22	Penny, Charles	43	YMCA	1:21.24			33.88	1:12.36	1:53.81	2:34.30		
	37.16	1:21.24					3:17.76	4:01.77	4:37.21	5:10.87		
23	Goncalves, Louie	43	MASC	1:22.53			3	McCarthy, Chris	42	TECH	5:21.00	16
	37.98	1:22.53					32.72	1:10.56	1:49.08	2:28.12		
24	Lewis, Greg	43	LSD	1:25.61			3:17.42	4:08.39	4:45.62	5:21.00		
	40.53	1:25.61				4	Strang, John	44	BURL	5:40.93	15	
25	Trandafilovski, Alex	43	EMSC	1:26.73			35.71	1:16.63	2:02.96	2:48.15		
	40.45	1:26.73					3:36.93	4:26.51	5:04.33	5:40.93		
26	Summers, Scott	42	EMSC	1:27.09			5	Mitchell, Scott	42	LSD	5:55.99	14
	42.18	1:27.09					37.11	1:18.88	2:02.45	2:45.66		
27	Collins, Peter	44	PNWM	1:28.17			3:39.25	4:32.87	5:16.05	5:55.99		
	42.99	1:28.17				6	Branton, Scott	42	CLAR	5:57.23	13	
28	Cole, Seth	40	NYG	1:31.65			39.68	1:28.26	2:13.79	2:59.03		
	42.69	1:31.65					3:49.16	4:39.63	5:21.05	5:57.23		
<b>Men 40-44 200 SC Meter IM</b>						<b>Men 45-49 50 SC Meter Freestyle</b>						
1	Carnegie, Mike	44	ANC	2:16.54	20	1	Deschenes, Gilles	45	CMDG	24.92	20	
	28.38	1:05.04	1:44.69	2:16.54		2	McKinnon, Peter	45	OOPS	25.36	17	
2	Salpeter, Tim	44	EMSC	2:19.14	17	3	Lewis, Barry	47	EMSC	25.94	16	
	29.69	1:06.33	1:45.37	2:19.14		4	Stothers, Steven	48	MMAC	26.24	15	
3	Van Greuning, Len	42	NYG	2:25.10	16	5	Barnet, Philip	46	UNON	26.34	14	
	30.80	1:08.81	1:51.62	2:25.10								



## MSC Nationals 2009 Nationaux MNC

## Results

6	Williamson, Matthew	45	TYMS	26.86	13	<b>(Men 45-49 100 SC Meter Freestyle)</b>					
7	Smelt, Chris	46	NT	27.61	12	19	Mathe, Sandor	49	TYMS	1:05.49	
*8	Landy, Andrew	47	KING	27.93	10		31.50	1:05.49			
*8	Degrigny, Bruno	46	ETOB	27.93	10	20	Dickey, Jim	47	GMM	1:06.34	
10	Asbil, Andrew	48	NT	27.99	7		31.71	1:06.34			
11	Brown, Lloyd	46	AURO	28.42	6	21	Ratchford, Faser	45	NOR	1:06.95	
*12	Diminutto, Morris	48	CLIP	28.56	4.5		32.11	1:06.95			
*12	Gallagher, Tim	49	GRAN	28.56	4.5	22	Ball, James	46	GMM	1:06.96	
14	Bauer, Don	46	BRDN	28.79	3		31.64	1:06.96			
15	Mitchell, Andy	48	AURO	29.51	2	23	Long, Patrick	45	PASM	1:07.54	
16	Dickey, Jim	47	GMM	29.75	1		31.99	1:07.54			
17	Long, Patrick	45	PASM	30.33		24	Mitchell, Andy	48	AURO	1:08.45	
18	Leger, Tom	48	AURO	30.42			32.28	1:08.45			
19	Lehmkuhl, Brian	48	TECH	30.44		25	Lehmkuhl, Brian	48	TECH	1:08.72	
20	Horonczyk, Mark	46	CASO	31.03			33.44	1:08.72			
21	Krumme, Ralph	47	BURL	31.48		26	Napast, Albert	46	NS	1:09.96	
22	Wyllie, Robert	47	MASC	35.03			33.33	1:09.96			
23	Blair, Robert	45	AURO	39.42		27	McCaw, Jim	46	TECH	1:11.03	
24	Richer, Vincent	49	TECH	1:12.34			33.77	1:11.03			
<b>Men 45-49 100 SC Meter Freestyle</b>						28	Horonczyk, Mark	46	CASO	1:11.09	
1	McKinnon, Peter	45	OOPS	54.31	20		32.50	1:11.09			
	26.47	54.31				29	Connerty, Bill	46	TECH	1:11.50	
2	Deschenes, Gilles	45	CMDG	55.17	17		34.73	1:11.50			
	26.34	55.17				30	Kubicki, Borys	48	MASC	1:12.86	
3	Lewis, Barry	47	EMSC	55.22	16		32.85	1:12.86			
	26.36	55.22				31	Gamm, Dieter	46	THOR	1:14.26	
4	Hasegawa, Brian	46	GHM	56.73	15		34.70	1:14.26			
	27.50	56.73				32	Peslar, Stephen	49	BB	1:16.62	
5	Perry, Robert	45	CBSC	57.23	14		37.42	1:16.62			
	27.57	57.23				33	Symes, Greg	49	BURL	1:16.66	
6	Stothers, Steven	48	MMAC	57.72	13		35.98	1:16.66			
	27.94	57.72				34	Bradshaw, Scott	48	GMM	1:21.59	
7	Barnet, Philip	46	UNON	58.33	12		38.29	1:21.59			
	27.99	58.33				35	Wyllie, Robert	47	MASC	1:24.42	
8	Raleigh, Jack	49	KING	1:00.06	11		36.88	1:24.42			
	28.28	1:00.06				36	Chrysochou, Stelios	47	AURO	1:25.39	
9	Naylor, Tom	47	ETOB	1:00.25	9		38.68	1:25.39			
	28.97	1:00.25				37	Parker, Craig	46	ATB	1:26.57	
10	Boisvert, Paul	47	MACC	1:00.68	7		38.88	1:26.57			
	28.92	1:00.68				38	MacMillan, Alex	46	CARL	1:28.29	
11	Peters, Richard	46	MILT	1:01.69	6		40.95	1:28.29			
	29.78	1:01.69				39	Dwyer, Craig	46	MASC	1:34.67	
12	Landy, Andrew	47	KING	1:01.85	5		41.91	1:34.67			
	30.03	1:01.85				40	Blair, Robert	45	AURO	1:36.42	
13	Brown, Lloyd	46	AURO	1:02.30	4		43.59	1:36.42			
	30.12	1:02.30				41	Richer, Vincent	49	TECH	2:31.22	
14	Rockwood, Paul	47	NT	1:02.63	3		1:10.94	2:31.22			
	29.91	1:02.63				<b>Men 45-49 200 SC Meter Freestyle</b>					
15	Coulson, Jeff	48	MGM	1:02.67	2	1	Deschenes, Gilles	45	CMDG	2:02.59	20
	29.57	1:02.67					27.91	57.79	1:29.45	2:02.59	
16	Diminutto, Morris	48	CLIP	1:02.94	1	2	Lewis, Barry	47	EMSC	2:03.79	17
	29.89	1:02.94					27.81	58.25	1:30.33	2:03.79	
17	Doucette, Barry	49	NEP	1:02.99		3	Hasegawa, Brian	46	GHM	2:07.59	16
	30.13	1:02.99					29.97	1:02.59	1:34.86	2:07.59	
18	Bauer, Don	46	BRDN	1:03.09		4	Perry, Robert	45	CBSC	2:07.68	15
	30.47	1:03.09					30.08	1:02.48	1:35.68	2:07.68	

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## Results

						<b>(Men 45-49 400 SC Meter Freestyle)</b>					
5	Naylor, Tom	47	ETOB	2:12.64	14	4	Naylor, Tom	47	ETOB	4:41.25	15
	31.36	1:04.89	1:39.14	2:12.64			32.44	1:06.73	1:41.75	2:17.13	
6	Raleigh, Jack	49	KING	2:14.61	13		2:52.69	3:28.93	4:05.41	4:41.25	
	30.95	1:04.88	1:39.11	2:14.61		5	Hamilton, Gary	49	AURO	4:51.57	14
7	MacDougall, Glenn	46	NEP	2:16.06	12		34.35	1:09.82	1:45.87	2:22.22	
	31.31	1:05.85	1:41.29	2:16.06			2:59.29	3:36.76	4:15.29	4:51.57	
8	Doucette, Barry	49	NEP	2:19.98	11	6	Boisvert, Paul	47	MACC	4:54.70	13
	31.42	1:06.19	1:42.27	2:19.98			32.66	1:08.21	1:44.44	2:21.18	
9	Landy, Andrew	47	KING	2:21.87	9		2:58.24	3:35.55	4:14.59	4:54.70	
	30.72	1:05.52	1:43.33	2:21.87		7	Doucette, Barry	49	NEP	4:58.96	12
10	Floyd, Tim	49	EMSC	2:23.01	7		33.86	1:10.85	1:48.35	2:26.31	
	32.51	1:09.00	1:46.59	2:23.01			3:04.17	3:42.17	4:20.57	4:58.96	
11	Sherman, Phil	46	RHM	2:24.56	6	8	Mathe, Sandor	49	TYMS	5:05.47	11
	31.73	1:07.70	1:45.61	2:24.56			33.41	1:10.30	1:48.61	2:27.53	
12	Cappa, Paul	46	LSD	2:26.30	5		3:07.26	3:47.20	4:27.09	5:05.47	
	32.92	1:09.81	1:48.21	2:26.30		9	Ball, Jeff	47	BURL	5:07.91	9
13	Mathe, Sandor	49	TYMS	2:26.39	4		33.29	1:11.23	1:50.11	2:29.83	
	32.93	1:08.96	1:47.41	2:26.39			3:09.59	3:49.88	4:29.81	5:07.91	
14	Ratchford, Faser	45	NOR	2:28.73	3	10	Sherman, Phil	46	RHM	5:13.66	7
	34.22	1:11.10	1:49.79	2:28.73			34.89	1:14.03	1:53.64	2:34.57	
15	Diminutto, Morris	48	CLIP	2:28.90	2		3:15.61	3:56.31	4:36.94	5:13.66	
	34.20	1:12.18	1:51.30	2:28.90		11	Cappa, Paul	46	LSD	5:16.20	6
16	Gilbert, Kevin	47	PKRG	2:30.06	1		35.49	1:14.59	1:55.03	2:35.89	
	35.16	1:12.92	1:51.75	2:30.06			3:16.79	3:57.31	4:37.90	5:16.20	
17	Palmer, Joel	47	NYG	2:34.13		12	Gilbert, Kevin	47	PKRG	5:31.45	5
	35.63	1:13.37	1:53.44	2:34.13			36.95	1:17.39	1:59.62	2:42.40	
18	Lehmkuhl, Brian	48	TECH	2:37.35			3:24.45	4:06.75	4:49.31	5:31.45	
	34.34	1:13.35	1:55.33	2:37.35		13	Palmer, Joel	47	NYG	5:34.38	4
19	Mitchell, Andy	48	AURO	2:39.58			38.48	1:19.67	2:01.36	2:43.49	
	34.41	1:15.02	1:57.15	2:39.58			3:26.40	4:09.46	4:52.70	5:34.38	
20	Connerty, Bill	46	TECH	2:42.88		14	Dawkins, Tim	49	CJET	5:50.84	3
	37.43	1:18.56	2:01.86	2:42.88			41.24	1:25.15	2:09.66	2:53.93	
21	Ball, James	46	GMM	2:43.36			3:38.49	4:23.11	5:07.75	5:50.84	
	32.41	1:10.65	1:54.39	2:43.36		15	Bonneville, Mark	47	ATB	5:52.56	2
22	Dawkins, Tim	49	CJET	2:45.48			39.94	1:21.97	2:06.36	2:51.87	
	39.06	1:20.71	2:03.41	2:45.48			3:37.16	4:22.89	5:09.03	5:52.56	
23	Gamm, Dieter	46	THOR	2:53.51		16	Mitchell, Andy	48	AURO	6:02.15	1
	38.00	1:22.13	2:09.14	2:53.51			39.37	1:24.08	2:10.29	2:57.90	
24	Peslar, Stephen	49	BB	2:54.13			3:45.53	4:32.77	5:19.10	6:02.15	
	38.31	1:23.94	2:11.33	2:54.13		17	Connerty, Bill	46	TECH	6:06.05	
25	Sorocky, Steve	49	ETOB	3:01.34			41.66	1:27.35	2:14.81	3:03.29	
	38.31		2:12.17	3:01.34			3:51.35	4:39.40	5:25.13	6:06.05	
26	Dwyer, Craig	46	MASC	3:53.32		18	Peslar, Stephen	49	BB	6:09.52	
	46.20	1:46.88	2:53.56	3:53.32			41.79	1:28.10	2:15.03	3:02.79	
27	Richer, Vincent	49	TECH	5:24.42			3:50.91	4:38.05	5:24.92	6:09.52	
	1:15.02	4:00.70	6:21.39	5:24.42		19	Gamm, Dieter	46	THOR	6:24.06	
							40.18	1:25.99	2:14.62	3:04.49	
							3:55.16	4:46.19	5:37.15	6:24.06	
<b>Men 45-49 400 SC Meter Freestyle</b>						20	Graziosi, Marco	45	NT	6:37.24	
1	Lewis, Barry	47	EMSC	4:22.59	20		40.52	1:29.35	2:20.13	3:13.04	
	29.78	1:02.72	1:36.29	2:09.78			4:04.25	4:56.31	5:48.22	6:37.24	
	2:43.45	3:17.12	3:50.46	4:22.59		21	Rebstock, Tom	48	OAK	6:49.34	
2	Stothers, Steven	48	MMAC	4:38.16	17		45.11	1:33.36	2:23.95	3:15.64	
	32.18	1:07.74	1:43.73	2:19.31			4:10.49	5:04.95	5:59.12	6:49.34	
	2:55.09	3:30.45	4:05.77	4:38.16							
3	Perry, Robert	45	CBSC	4:39.40	16						
	31.44	1:05.38	1:39.79	2:14.81							
	2:49.76	3:25.60	4:02.74	4:39.40							



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## Results

				<b>(Men 45-49 1500 SC Meter Freestyle)</b>					
5	McCaw, Jim	46 TECH	22:58.36	14	12	Minoo, Bahman	47 ETOB	26:53.02	5
	38.58	1:20.88	2:05.02	2:50.21		46.52	1:38.02	2:31.64	3:25.48
	3:36.27	4:21.81	5:08.08	5:53.66		4:20.59	5:15.73	6:10.23	7:04.38
	6:39.36	7:25.40		8:59.71		7:59.49	8:52.87	9:47.55	10:42.08
	9:45.17	10:31.81	11:18.37	12:04.31		13:26.55	14:20.39	15:14.39	16:09.23
	12:51.53	13:38.20	14:23.94	15:10.84		17:03.11	17:57.80	18:51.27	19:45.46
	15:57.31	16:43.27	17:29.02	18:17.25		20:39.73	21:32.96	22:27.83	23:20.93
	19:02.01	19:51.56	20:38.20	21:24.55		24:15.27	25:08.43	26:03.04	26:53.02
	22:10.45	22:58.36							
6	Peslar, Stephen	49 BB	23:14.87	13	13	Chrysochou, Stelios	47 AURO	27:35.23	4
7	Bonneville, Mark	47 ATB	23:38.60	12		44.12	1:34.12	2:28.74	3:23.59
	43.15	1:28.68	2:15.74	3:02.59		4:19.97	5:14.81	6:10.40	7:06.15
	3:50.37	4:38.21	5:25.37	6:11.71		8:02.30	8:58.21	9:54.56	10:50.59
	7:42.56	8:35.47	9:23.30	10:09.77		11:46.71	12:43.09	13:39.03	14:34.56
	10:52.06	11:44.87	12:32.06	13:18.62		15:40.53	16:26.97	17:22.30	18:18.50
	14:06.06	14:53.47	15:41.56	16:28.93		19:14.12	20:09.68	21:06.24	22:03.15
	17:16.47	18:04.03	18:51.84	19:39.93		22:59.40	23:55.53	24:51.62	25:46.90
	20:26.93	21:16.21	22:04.71			26:40.19	27:35.23		
	23:38.47	23:38.60			14	Levesque, Gilles	46 BROS	32:45.14	3
8	Dawkins, Tim	49 CJET	23:40.68	11		50.68	1:52.00	2:56.00	3:59.00
	43.09	1:29.25	2:15.88	3:03.18		5:04.00	6:08.00	7:14.00	8:19.00
	3:50.02	4:36.88	5:23.90	6:11.02		9:23.00	10:31.00	11:39.00	12:43.00
	6:58.34	7:45.37	8:31.81	9:18.63		13:46.00	14:52.00	15:59.00	17:07.00
	10:05.16	10:52.74	11:40.52	12:28.62		18:16.00	19:24.00	20:32.00	21:43.00
	13:16.58	14:05.52	15:54.67			22:53.00	24:04.00	25:14.00	26:23.00
	16:31.17	17:19.39	18:07.53	18:55.73		27:23.00	28:33.00	29:34.00	30:36.00
	19:43.83	20:31.95	21:19.93	22:07.86		31:44.00	32:45.14		
	22:55.66	23:40.68			15	Wong, Ed	45 NT	33:41.04	2
9	Lehmkuhl, Brian	48 TECH	24:40.10	9		51.29	1:51.00	2:55.13	4:00.23
	44.61	1:32.73	2:22.36	3:12.02		5:05.97	6:11.09	7:19.02	8:27.29
	4:02.05	4:56.02	5:41.70	6:30.52		9:36.92	10:44.14	11:51.35	13:00.04
	7:20.14	8:09.64	9:01.96	9:52.48		14:08.09	15:15.72	16:23.56	17:31.52
	10:42.39	11:31.67	12:19.93	13:08.99		18:41.10	19:51.24	20:58.77	22:07.86
	14:00.11	14:50.36	15:40.80	16:30.14		23:18.36	24:27.07	25:36.66	26:46.61
	17:19.27	18:08.49	18:57.93	19:48.73		27:55.61	29:04.55	30:12.70	31:22.02
	20:38.45	21:29.52	22:18.08	23:06.49		32:29.84	33:41.04		
	23:54.73	24:40.10			16	Dwyer, Craig	46 MASC	35:03.97	1
10	Connerty, Bill	46 TECH	24:58.10	7		52.94	1:56.44	3:04.88	4:13.94
	45.79	1:34.53	2:23.76	3:12.31		5:22.63	6:32.19	7:41.50	8:54.37
	4:04.00	4:55.87	5:46.32	6:36.53		10:05.37	11:16.15	12:27.57	13:38.19
	7:26.42	8:17.17	9:07.79	9:58.32		14:50.69	16:02.66	17:13.37	18:25.19
	10:48.42	11:38.42	12:28.73	13:19.95		19:36.88	20:48.57	22:01.13	23:10.32
	14:11.60	15:01.79	15:52.29	16:42.95		24:23.72	25:35.19	26:44.69	27:55.94
	17:34.45	18:25.76	19:15.95	20:06.26		29:09.03	30:22.19	31:35.16	32:48.44
	20:56.92	21:21.48	22:37.45	23:25.79		34:01.37	35:03.97		
	24:58.10				17	Richer, Vincent	49 TECH	43:10.81	
11	Gamm, Dieter	46 THOR	25:46.45	6		1:14.71	2:38.15	4:02.87	5:28.12
	43.05	1:35.13	2:26.03	3:17.90		6:55.12	8:24.30	9:51.15	11:18.24
	4:09.80	5:01.57	5:53.20	6:45.95		12:43.93	14:10.37	15:37.10	17:03.40
	7:37.45	8:29.01	9:20.57	10:13.29		18:30.71	19:56.65	21:23.87	22:52.74
	11:05.35	11:57.45	12:49.67	13:42.42		24:19.87	25:48.47	27:16.65	28:43.87
	14:35.35	15:27.51	16:19.29	17:10.51		30:10.59	31:36.84	33:05.09	34:33.03
	18:03.13	18:54.89	19:47.07	20:39.10		36:01.40	37:29.33	38:56.27	43:10.81
	21:30.67	22:22.83	23:14.63	24:06.05					
	24:58.76	25:46.45			---	Girard, Luc	46 CASO	DNF	
					<b>Men 45-49 50 SC Meter Backstroke</b>				
					1	McKinnon, Peter	45 OOPS	28.62	20

## MSC Nationals 2009 Nationaux MNC

## Results

2	Hamilton, Gary	49	AURO	29.92	17
3	Town, Dave	48	OOPS	30.20	16
4	Witton, Simon	46	NS	31.46	15
5	Stothers, Steven	48	MMAC	31.87	14
6	Lawson, Peter	46	MGM	32.06	13
7	Bauer, Don	46	BRDN	33.52	12
8	Ball, Jeff	47	BURL	34.04	11
9	Gallagher, Tim	49	GRAN	34.09	9
10	Brown, Lloyd	46	AURO	34.13	7
11	Landy, Andrew	47	KING	35.11	6
12	Dickey, Jim	47	GMM	38.19	5
13	Leger, Tom	48	AURO	39.33	4
14	Bonneville, Mark	47	ATB	39.83	3
15	Mitchell, Andy	48	AURO	39.95	2
16	Horonczyk, Mark	46	CASO	41.08	1
17	Symes, Greg	49	BURL	43.83	
18	Krumme, Ralph	47	BURL	43.88	
19	MacMillan, Alex	46	CARL	48.00	
20	Bradshaw, Scott	48	GMM	51.22	
---	Parker, Craig	46	ATB	DQ	

**Men 45-49 100 SC Meter Backstroke**

1	McKinnon, Peter	45	OOPS	1:01.73	20
	29.62	1:01.73			
2	Hamilton, Gary	49	AURO	1:05.03	17
	30.58	1:05.03			
3	Witton, Simon	46	NS	1:09.68	16
	34.03	1:09.68			
4	Lawson, Peter	46	MGM	1:09.88	15
5	Coulson, Jeff	48	MGM	1:12.00	14
	34.31	1:12.00			
6	Naylor, Tom	47	ETOB	1:12.69	13
	35.34	1:12.69			
7	Bauer, Don	46	BRDN	1:13.10	12
	34.88	1:13.10			
8	Peters, Richard	46	MILT	1:13.91	11
	35.51	1:13.91			
9	Ball, Jeff	47	BURL	1:16.02	9
	36.06	1:16.02			
10	Dickey, Jim	47	GMM	1:19.88	7
11	Landy, Andrew	47	KING	1:20.24	6
	37.95	1:20.24			
12	Cappa, Paul	46	LSD	1:21.57	5
	38.92	1:21.57			
13	Bonneville, Mark	47	ATB	1:27.47	4
	42.60	1:27.47			
14	Girard, Luc	46	CASO	1:31.62	3
	43.05	1:31.62			
15	MacMillan, Alex	46	CARL	1:45.59	2
	52.16	1:45.59			

**Men 45-49 200 SC Meter Backstroke**

1	McKinnon, Peter	45	OOPS	2:15.36	20
	31.10	1:04.45	1:39.24	2:15.36	
2	Hamilton, Gary	49	AURO	2:21.28	17
	32.18	1:06.65	1:43.55	2:21.28	
3	MacDougall, Glenn	46	NEP	2:32.32	16
	35.77	1:14.08	1:53.34	2:32.32	

**(Men 45-49 200 SC Meter Backstroke)**

4	Naylor, Tom	47	ETOB	2:34.89	15
	36.67	1:15.34	1:55.04	2:34.89	
5	Lawson, Peter	46	MGM	2:37.47	14
	35.49	1:14.44	1:55.20	2:37.47	
6	Peters, Richard	46	MILT	2:40.28	13
	36.75	1:17.50	1:59.08	2:40.28	
7	Brown, Lloyd	46	AURO	2:41.45	12
	38.66	1:19.40	2:01.17	2:41.45	
8	Parrish, Adam	47	EMSC	2:55.43	11
		1:25.97	2:11.23	2:55.43	
9	Levesque, Gilles	46	BROS	5:03.60	9
	1:08.02	2:24.29	3:45.66	5:03.60	

**Men 45-49 50 SC Meter Breaststroke**

1	Williamson, Matthew	45	TYMS	30.47	20
2	Rockwood, Paul	47	NT	31.93	17
3	Asbil, Andrew	48	NT	33.57	16
4	Floyd, Tim	49	EMSC	35.41	15
5	Degrigny, Bruno	46	ETOB	35.72	14
6	Bauer, Don	46	BRDN	35.96	13
7	Krumme, Ralph	47	BURL	36.30	12
8	Smelt, Chris	46	NT	36.88	11
9	Hache, John	49	BURL	37.07	9
10	Leger, Tom	48	AURO	37.99	7
11	Gallagher, Tim	49	GRAN	38.12	6
12	Oliver, Eric	46	AURO	39.64	5
13	Horonczyk, Mark	46	CASO	39.82	4
14	Feldman, Ian	48	THOR	40.01	3
15	Girard, Luc	46	CASO	44.36	2
16	Wyllie, Robert	47	MASC	46.98	1
17	Richer, Vincent	49	TECH	1:19.90	

**Men 45-49 100 SC Meter Breaststroke**

1	Williamson, Matthew	45	TYMS	1:08.42	20
	31.33	1:08.42			
2	Rockwood, Paul	47	NT	1:10.92	17
	33.04	1:10.92			
3	Asbil, Andrew	48	NT	1:13.18	16
	34.83	1:13.18			
4	Naylor, Tom	47	ETOB	1:15.60	15
	35.92	1:15.60			
5	MacDougall, Glenn	46	NEP	1:16.41	14
	35.95	1:16.41			
6	Floyd, Tim	49	EMSC	1:17.53	13
	36.45	1:17.53			
7	Degrigny, Bruno	46	ETOB	1:19.91	12
	36.34	1:19.91			
8	Hache, John	49	BURL	1:20.30	11
	37.57	1:20.30			
9	Ratchford, Faser	45	NOR	1:24.47	9
	40.03	1:24.47			
10	Krumme, Ralph	47	BURL	1:25.40	7
	40.04	1:25.40			
11	Oliver, Eric	46	AURO	1:27.59	6
	40.40	1:27.59			
12	Horonczyk, Mark	46	CASO	1:27.65	5
	42.57	1:27.65			

## MSC Nationals 2009 Nationaux MNC

## Results

13	Feldman, Ian	48	THOR	1:29.13	4	<b>(Men 45-49 50 SC Meter Butterfly)</b>					
	41.12	1:29.13				6	Lawson, Peter	46	MGM	30.09	13
14	McCaw, Jim	46	TECH	1:33.01	3	7	Foster, Nick	49	ETOB	30.18	12
	44.05	1:33.01				8	Raleigh, Jack	49	KING	30.31	11
15	Connerty, Bill	46	TECH	1:33.07	2	9	Hache, John	49	BURL	30.62	9
	45.27	1:33.07				10	Smelt, Chris	46	NT	30.63	7
16	Napast, Albert	46	NS	1:33.26	1	11	Asbil, Andrew	48	NT	30.80	6
	44.39	1:33.26				12	Brown, Lloyd	46	AURO	31.09	5
17	Kubicki, Borys	48	MASC	1:34.26		13	Diminutto, Morris	48	CLIP	32.10	4
	42.62	1:34.26				14	Leger, Tom	48	AURO	33.40	3
18	Girard, Luc	46	CASO	1:39.64		15	Long, Patrick	45	PASM	33.58	2
	46.18	1:39.64				16	Cappa, Paul	46	LSD	34.90	1
19	Bradshaw, Scott	48	GMM	1:42.98		17	Napast, Albert	46	NS	35.80	
	49.36	1:42.98				18	Kubicki, Borys	48	MASC	35.97	
20	Peslar, Stephen	49	BB	1:44.29		19	Oliver, Eric	46	AURO	35.99	
	49.57	1:44.29				20	Feldman, Ian	48	THOR	36.09	
21	MacMillan, Alex	46	CARL	1:45.68		21	Lehmkuhl, Brian	48	TECH	36.26	
	50.65	1:45.68				22	Symes, Greg	49	BURL	37.36	
---	Parrish, Adam	47	EMSC		DQ	23	Rebstock, Tom	48	OAK	38.11	
	38.88	DQ				24	Ball, James	46	GMM	38.55	
<b>Men 45-49 200 SC Meter Breaststroke</b>						25	Krumme, Ralph	47	BURL	39.57	
1	Williamson, Matthew	45	TYMS	2:31.80	20	26	Wyllie, Robert	47	MASC	42.38	
	33.57	1:11.94	1:51.52	2:31.80		27	Bradshaw, Scott	48	GMM	44.39	
2	Town, Dave	48	OOPS	2:34.84	17	28	Adamson, Anthony	49	VGHN	49.00	
	35.11	1:14.39	1:54.32	2:34.84		---	MacMillan, Alex	46	CARL	DQ	
3	Asbil, Andrew	48	NT	2:41.34	16	<b>Men 45-49 100 SC Meter Butterfly</b>					
	36.86	1:15.96	1:57.78	2:41.34		1	Town, Dave	48	OOPS	1:01.25	20
4	Rockwood, Paul	47	NT	2:42.19	15		29.08	1:01.25			
	34.62	1:15.00	1:57.94	2:42.19		2	Stothers, Steven	48	MMAC	1:01.26	17
5	Floyd, Tim	49	EMSC	2:52.29	14		28.62	1:01.26			
	37.89	1:21.44	2:06.66	2:52.29		3	Deschenes, Gilles	45	CMDG	1:02.41	16
6	Parrish, Adam	47	EMSC	2:55.52	13		28.62	1:02.41			
	39.39	1:23.37	2:09.16	2:55.52		4	Lewis, Barry	47	EMSC	1:02.69	15
7	Hache, John	49	BURL	3:01.81	12		29.33	1:02.69			
	41.19	1:28.06	2:15.24	3:01.81		5	MacDougall, Glenn	46	NEP	1:06.64	14
8	Ratchford, Faser	45	NOR	3:07.71	11		31.60	1:06.64			
	40.99	1:27.31	2:16.80	3:07.71		6	Barnet, Philip	46	UNON	1:07.90	13
9	Horonczyk, Mark	46	CASO	3:13.69	9		31.91	1:07.90			
	44.59	1:34.45	2:26.12	3:13.69		7	MacPherson, Michael	45	ETOB	1:09.34	12
10	Oliver, Eric	46	AURO	3:16.18	7		31.70	1:09.34			
	44.42	1:34.27	2:25.09	3:16.18		8	Smelt, Chris	46	NT	1:12.96	11
11	Girard, Luc	46	CASO	3:37.85	6		33.55	1:12.96			
	48.57	1:44.74	2:41.63	3:37.85		9	Mathe, Sandor	49	TYMS	1:15.64	9
12	Peslar, Stephen	49	BB	3:44.03	5		34.13	1:15.64			
	51.45	1:49.47	2:48.64	3:44.03		10	Napast, Albert	46	NS	1:21.65	7
13	MacMillan, Alex	46	CARL	3:53.40	4		36.95	1:21.65			
	53.39	1:52.61	2:52.21	3:53.40		11	McCaw, Jim	46	TECH	1:24.72	6
14	Levesque, Gilles	46	BROS	4:38.65	3		38.79	1:24.72			
	1:00.90	2:10.64	3:24.01	4:38.65		12	Day, John	45	ATB	1:26.30	5
---	Connerty, Bill	46	TECH		DQ		37.67	1:26.30			
	47.59	1:38.14	2:28.81		DQ	13	Symes, Greg	49	BURL	1:33.94	4
							39.83	1:33.94			
<b>Men 45-49 50 SC Meter Butterfly</b>						14	Girard, Luc	46	CASO	1:36.64	3
1	Deschenes, Gilles	45	CMDG	27.88	20		41.89	1:36.64			
2	Stothers, Steven	48	MMAC	28.34	17						
3	Barnet, Philip	46	UNON	29.59	16						
4	Lewis, Barry	47	EMSC	29.67	15						
5	Witton, Simon	46	NS	29.96	14						

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## Results

**Men 45-49 200 SC Meter Butterfly**

1	Stothers, Steven	48	MMAC	2:30.51	20
	33.54	1:12.24	1:52.17	2:30.51	
2	MacDougall, Glenn	46	NEP	2:39.46	17
	35.05	1:14.19	1:55.59	2:39.46	
3	MacPherson, Michael	45	ETOB	2:46.15	16
	37.34	1:20.96	2:04.71	2:46.15	
4	Parrish, Adam	47	EMSC	2:55.91	15
	36.60	1:20.63	2:08.11	2:55.91	
5	McCaw, Jim	46	TECH	3:17.46	14
	41.64	1:30.05	2:23.10	3:17.46	
6	Dawkins, Tim	49	CJET	3:33.33	13
	46.95	1:39.74	2:35.19	3:33.33	
7	Levesque, Gilles	46	BROS	5:09.69	12
	1:02.55	2:17.54	3:42.00	5:09.69	

**Men 45-49 100 SC Meter IM**

1	Town, Dave	48	OOPS	1:03.11	20
	29.13	1:03.11			
2	Deschenes, Gilles	45	CMDG	1:03.87	17
	29.89	1:03.87			
3	Hamilton, Gary	49	AURO	1:06.18	16
	30.39	1:06.18			
4	MacDougall, Glenn	46	NEP	1:08.52	15
	31.75	1:08.52			
5	Rockwood, Paul	47	NT	1:09.17	14
	33.01	1:09.17			
6	Witton, Simon	46	NS	1:09.80	13
	31.68	1:09.80			
7	Asbil, Andrew	48	NT	1:09.88	12
	33.38	1:09.88			
8	MacPherson, Michael	45	ETOB	1:10.27	11
	32.27	1:10.27			
9	Lawson, Peter	46	MGM	1:10.48	9
	31.89	1:10.48			
10	Smelt, Chris	46	NT	1:11.65	7
	33.58	1:11.65			
11	Foster, Nick	49	ETOB	1:12.40	6
	32.95	1:12.40			
12	Peters, Richard	46	MILT	1:13.22	5
	34.00	1:13.22			
13	Hache, John	49	BURL	1:13.43	4
	35.95	1:13.43			
14	Brown, Lloyd	46	AURO	1:13.62	3
	35.04	1:13.62			
15	Ball, Jeff	47	BURL	1:14.08	2
	33.75	1:14.08			
16	Bauer, Don	46	BRDN	1:15.20	1
	35.57	1:15.20			
17	Parrish, Adam	47	EMSC	1:15.34	
	36.52	1:15.34			
18	Cappa, Paul	46	LSD	1:17.88	
	36.39	1:17.88			
19	Ratchford, Faser	45	NOR	1:18.06	
	37.16	1:18.06			
20	Oliver, Eric	46	AURO	1:20.59	
	37.87	1:20.59			

**(Men 45-49 100 SC Meter IM)**

21	Leger, Tom	48	AURO	1:20.83	
	37.22	1:20.83			
22	Feldman, Ian	48	THOR	1:21.95	
	38.32	1:21.95			
23	Napast, Albert	46	NS	1:22.14	
	38.60	1:22.14			
24	Horonczyk, Mark	46	CASO	1:22.35	
	37.93	1:22.35			
25	Krumme, Ralph	47	BURL	1:25.54	
	42.60	1:25.54			
26	Lehmkuhl, Brian	48	TECH	1:28.48	
	41.76	1:28.48			
27	Mitchell, Andy	48	AURO	1:30.53	
	41.37	1:30.53			
28	Sorocky, Steve	49	ETOB	1:30.67	
	42.71	1:30.67			
29	Rebstock, Tom	48	OAK	1:30.71	
	43.17	1:30.71			
30	Symes, Greg	49	BURL	1:31.93	
	41.68	1:31.93			
31	Bradshaw, Scott	48	GMM	1:37.98	
	48.28	1:37.98			
32	Wyllie, Robert	47	MASC	1:39.34	
	47.51	1:39.34			
33	MacMillan, Alex	46	CARL	1:41.60	
	48.00	1:41.60			
34	Levesque, Gilles	46	BROS	2:05.91	
	1:02.03	2:05.91			

**Men 45-49 200 SC Meter IM**

1	Town, Dave	48	OOPS	2:16.45	20
	30.54	1:04.02	1:44.93	2:16.45	
2	Deschenes, Gilles	45	CMDG	2:18.29	17
	28.48	1:05.53	1:46.22	2:18.29	
3	Hamilton, Gary	49	AURO	2:23.55	16
	30.48	1:06.76	1:49.02	2:23.55	
4	MacDougall, Glenn	46	NEP	2:30.42	15
	32.01	1:10.78	1:54.83	2:30.42	
5	Witton, Simon	46	NS	2:33.03	14
	32.63	1:10.74	1:56.80	2:33.03	
6	Asbil, Andrew	48	NT	2:35.27	13
	31.70	1:12.60	1:55.71	2:35.27	
7	MacPherson, Michael	45	ETOB	2:35.96	12
	32.68	1:13.15	2:00.14	2:35.96	
8	Rockwood, Paul	47	NT	2:40.59	11
	34.69	1:18.47	2:02.96	2:40.59	
9	Parrish, Adam	47	EMSC	2:41.77	9
	35.31	1:19.72	2:03.97	2:41.77	
10	Ball, Jeff	47	BURL	2:42.74	7
	33.84	1:15.17	2:05.75	2:42.74	
11	Hache, John	49	BURL	2:45.10	6
	35.21	1:22.32	2:08.77	2:45.10	
12	Mathe, Sandor	49	TYMS	2:49.24	5
	34.58	1:18.90	2:11.53	2:49.24	
13	McCaw, Jim	46	TECH	3:01.66	4
	38.82	1:27.54	2:18.94	3:01.66	

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## Results

14	Ball, James	46	GMM	3:04.89	3	<b>(Men 50-54 100 SC Meter Freestyle)</b>					
	36.49	1:24.37	2:23.51	3:04.89		2	Patrick, Michael	53	CLAR	57.67	17
15	Bonneville, Mark	47	ATB	3:12.14	2		27.35	57.67			
	41.53	1:29.39	2:27.15	3:12.14		3	Thomas, Andrew	51	MESC	57.89	16
16	Levesque, Gilles	46	BROS	4:20.54	1		27.53	57.89			
	55.68	2:07.19	4:20.54			4	Brenner, Bill	51	SARA	59.29	15
							28.06	59.29			
<b>Men 45-49 400 SC Meter IM</b>						5	Town, Rob	51	OOPS	1:00.19	14
1	Town, Dave	48	OOPS	4:54.90	20		28.15	1:00.19			
	30.82	1:06.05	1:43.44	2:20.38		6	Coles, Steve	50	TECH	1:00.52	13
	3:02.06	3:44.40	4:20.15	4:54.90			28.76	1:00.52			
2	Hamilton, Gary	49	AURO	5:12.69	17	7	Leier, Brian	51	MMAC	1:00.68	12
	32.64	1:10.14	1:51.84	2:33.06			29.35	1:00.68			
	3:17.21	4:01.29	4:37.58	5:12.69		8	Keeler, Philip	51	UNON	1:01.45	11
3	Parrish, Adam	47	EMSC	5:56.75	16		29.16	1:01.45			
	36.76	1:21.13	2:10.26	2:58.31		9	Horton, Hobe	52	CLIP	1:01.69	9
	3:46.06	4:35.83	5:16.58	5:56.75			29.14	1:01.69			
4	Mathe, Sandor	49	TYMS	6:05.57	15	10	Rieper, Ralph	50	NYG	1:02.36	7
	37.16	1:19.43	2:05.74	2:51.96			30.34	1:02.36			
	3:47.63	4:44.71	5:25.58	6:05.57		11	Chisholm, Bill	54	NT	1:03.28	6
5	Hache, John	49	BURL	6:05.83	14		30.08	1:03.28			
	39.81	1:27.65	2:17.67	3:06.17		12	Gilbert, Nick	53	LSD	1:04.18	5
	3:57.06	4:46.28	5:26.58	6:05.83			30.99	1:04.18			
6	McCaw, Jim	46	TECH	6:24.45	13	13	Wilson, Phil	54	TECH	1:05.15	4
	40.36	1:28.72	2:21.80	3:12.97			31.03	1:05.15			
	4:05.13	4:59.00	5:42.05	6:24.45		14	Kokai, Tibor	53	NYG	1:08.51	3
7	Levesque, Gilles	46	BROS	9:10.90	12		33.34	1:08.51			
	1:02.47	2:17.93	3:33.53	4:47.59		15	Obal, Michael	53	TAC	1:09.28	2
	6:02.46	7:17.92	8:11.53	9:10.90			36.93	1:09.28			
<b>Men 50-54 50 SC Meter Freestyle</b>						16	Bartulovic, Vuk	54	MPC	1:09.39	1
1	Khodko, Dmitri	50	TSS	24.85	20		32.78	1:09.39			
2	Freeman, Dave	52	AURO	26.20	17	17	Porten, Hans	53	DOR	1:10.21	
3	Patrick, Michael	53	CLAR	26.57	16		33.61	1:10.21			
4	Doig, Peter	50	MMAC	26.86	15	18	Proctor, Greg	50	MASC	1:11.74	
5	Brenner, Bill	51	SARA	27.01	14		1:11.64	1:11.74			
6	Horton, Hobe	52	CLIP	27.29	13	19	McConnell, Bradley	52	BARR	1:12.43	
7	Coles, Steve	50	TECH	27.48	12		34.85	1:12.43			
8	Leier, Brian	51	MMAC	27.58	11	20	Beaton, Mark	50	AURO	1:12.74	
9	McKinty, Will	53	OAK	27.66	9		34.42	1:12.74			
10	Keeler, Philip	51	UNON	27.76	7	21	Gemmink, Paul	51	PKRG	1:13.86	
11	Gilbert, Nick	53	LSD	28.96	6		36.31	1:13.86			
12	Milligan, Robert	51	OOPS	29.76	5	22	Salmon, Bill	54	LSD	1:14.70	
13	Korchuk, Jonathan	52	LSD	30.49	4		35.77	1:14.70			
14	Thurlbeck, Gregg	51	ATB	30.58	3	23	Dacuk, John C.	53	NYG	1:15.55	
15	Obal, Michael	53	TAC	30.79	2		36.05	1:15.55			
16	Proctor, Greg	50	MASC	31.11	1	24	Borenstein, Jack	51	THOR	1:29.33	
17	Bartulovic, Vuk	54	MPC	31.12			38.32	1:29.33			
18	McConnell, Bradley	52	BARR	31.77		25	Cappelletti, John	50	AURO	1:39.04	
19	Stibrany, John	50	MASC	33.30			44.76	1:39.04			
20	Salmon, Bill	54	LSD	33.51		---	Dupuis, Mike	54	TECH	DQ	
21	Borenstein, Jack	51	THOR	36.87			30.42	DQ			
22	Doyle, Michael	50	MARK	41.05		---	Erickson, Tim	53	FLA	DNF	
---	Town, Rob	51	OOPS	DQ			28.35				
<b>Men 50-54 100 SC Meter Freestyle</b>						<b>Men 50-54 200 SC Meter Freestyle</b>					
1	Khodko, Dmitri	50	TSS	54.73	20	1	Erickson, Tim	53	FLA	2:07.08	20
	26.14	54.73					29.74	1:02.44	1:35.26	2:07.08	



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## Results

2	Patrick, Michael	53	CLAR	2:08.76	17	<b>(Men 50-54 400 SC Meter Freestyle)</b>					
	28.76	1:00.77	1:33.92	2:08.76		5	Brenner, Bill	51	SARA	4:37.59	14
3	Thomas, Andrew	51	MESC	2:09.97	16		32.04	1:06.08	1:40.77	2:16.01	
	29.59	1:02.67	1:36.52	2:09.97			2:51.52	3:27.00	4:02.99	4:37.59	
4	Leier, Brian	51	MMAC	2:14.67	15	6	Thomas, Andrew	51	MESC	4:42.81	13
	32.14	1:05.98	1:40.88	2:14.67			32.31	1:08.12	1:44.70	2:20.97	
5	Freeman, Dave	52	AURO	2:16.32	14		2:56.59	3:32.42	4:08.24	4:42.81	
	31.27	1:05.29	1:40.69	2:16.32		7	Horton, Hobe	52	CLIP	4:55.43	12
6	Coles, Steve	50	TECH	2:17.94	13		33.10	1:09.43	1:46.65	2:24.42	
	30.32	1:04.70	1:41.02	2:17.94			3:02.64	3:41.34	4:19.11	4:55.43	
7	Horton, Hobe	52	CLIP	2:18.32	12	8	Leier, Brian	51	MMAC	4:55.51	11
	31.73	1:07.22	1:43.34	2:18.32			33.97	1:10.05	1:46.59	2:23.34	
8	Chisholm, Bill	54	NT	2:19.32	11		3:00.35	3:38.36	4:17.55	4:55.51	
	31.89	1:07.13	1:42.77	2:19.32		9	Chisholm, Bill	54	NT	4:58.12	9
9	Wilson, Phil	54	TECH	2:22.48	9		33.26	1:10.04	1:48.02	2:25.47	
	32.05	1:07.38	1:45.09	2:22.48			3:03.70	3:41.29	4:19.13	4:58.12	
10	Rieper, Ralph	50	NYG	2:25.29	7	10	Macdonald, Ian	51	ETOB	5:03.09	7
	32.40	1:07.95	1:46.09	2:25.29			33.33	1:09.44	1:46.35	2:24.06	
11	Weber, Peter	50	BURL	2:25.80	6		3:02.75	3:42.18	4:22.69	5:03.09	
	34.72	1:11.28	1:47.94	2:25.80		11	Weber, Peter	50	BURL	5:11.24	6
12	Gilbert, Nick	53	LSD	2:29.88	5		37.40	1:15.97	1:54.84	2:34.25	
	33.70	1:11.00	1:50.15	2:29.88			3:12.95	3:52.12	4:31.93	5:11.24	
13	Porten, Hans	53	DOR	2:32.54	4	12	Dixon, Brent	50	STIT	5:15.75	5
	33.95	1:11.58	1:52.05	2:32.54			33.39	1:10.11	1:49.31	2:30.20	
14	Manahan, Andy	51	PKRG	2:34.50	3		3:11.62	3:53.22	4:34.71	5:15.75	
	35.61	1:14.44	1:54.75	2:34.50		13	Porten, Hans	53	DOR	5:24.06	4
15	Cox, Al	51	ETOB	2:34.68	2		36.55	1:16.38	1:57.67	2:39.58	
	35.72	1:14.39	1:54.23	2:34.68			3:20.93	4:44.67	5:24.17	5:24.06	
16	Kokai, Tibor	53	NYG	2:35.33	1	14	Gilbert, Nick	53	LSD	5:32.76	3
	35.16	1:14.26	1:55.10	2:35.33			37.60	1:18.20	2:00.83	2:43.75	
17	Thurlbeck, Gregg	51	ATB	2:37.20			3:26.40	4:09.43	4:52.31	5:32.76	
	34.52	1:13.51	1:55.10	2:37.20		15	Bartulovic, Vuk	54	MPC	5:48.64	2
18	Gemmink, Paul	51	PKRG	2:46.44			39.91	1:23.52	2:08.76	2:53.90	
	37.34	1:19.67	2:04.56	2:46.44			3:38.74	4:23.29	5:07.34	5:48.64	
19	Salmon, Bill	54	LSD	2:49.47		16	Rudolph, Manfred	54	BURL	5:48.86	1
	37.46	1:19.62	2:04.08	2:49.47			43.19	1:27.80	2:13.44	2:58.72	
20	Borenstein, Jack	51	THOR	3:23.41			3:41.77	4:25.12	5:08.34	5:48.86	
	42.48	1:34.49	2:28.23	3:23.41		17	Salmon, Bill	54	LSD	6:00.25	
21	Dupuis, Mike	54	TECH	3:26.32			38.46	1:21.62	2:06.98	2:54.24	
	41.92	1:32.76	2:29.47	3:26.32			3:40.63	4:29.16	5:15.81	6:00.25	
---	Bartulovic, Vuk	54	MPC	DQ		18	Borenstein, Jack	51	THOR	6:55.99	
	36.38	1:16.54	1:58.63	DQ			43.82	1:33.31	2:25.43	3:18.69	
							4:13.17	5:08.17	6:04.22	6:55.99	
<b>Men 50-54 400 SC Meter Freestyle</b>						19	Dupuis, Mike	54	TECH	7:23.12	
1	Erickson, Tim	53	FLA	4:31.67	20		44.15	1:35.32	2:31.29	3:28.61	
	31.38	1:05.63	1:40.11	2:14.85			4:27.22	5:26.43	6:25.24	7:23.12	
	2:49.33	3:23.72	3:57.75	4:31.67		<b>Men 50-54 800 SC Meter Freestyle</b>					
2	Carlsen, Glenn	52	CMSC	4:33.38	17	1	Carlsen, Glenn	52	CMSC	9:28.62	20
	32.28	1:07.26	1:42.45	2:17.30			33.51	1:09.17	1:44.88	2:20.83	
	2:52.23	3:26.78	4:00.53	4:33.38			2:57.08	3:32.87	4:08.64	4:44.60	
3	Patrick, Michael	53	CLAR	4:35.14	16		5:20.06	5:55.72	6:31.56	7:07.21	
	32.10	1:08.01	1:43.86	2:18.61			7:42.94	8:18.81	8:54.50	9:28.62	
	2:53.70	3:28.98	4:02.66	4:35.14							
4	Musial, Wes	52	TYMS	4:35.25	15						
	31.33	1:05.15	1:40.00	2:15.17							
	2:50.70	3:26.00	4:01.14	4:35.25							

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2	Patrick, Michael	53	CLAR	9:35.46	17	<b>(Men 50-54 800 SC Meter Freestyle)</b>					
	31.36	1:06.75	1:43.28	2:19.90		13	Stibrany, John	50	MASC	14:19.38	4
	2:56.82	3:33.41	4:09.92	4:46.63			44.49	1:35.21	2:28.39	3:22.58	
	5:23.30	5:59.65	6:36.47	7:13.71			4:17.05	5:11.69	6:06.14	7:01.39	
	7:50.32	8:26.73	9:02.01	9:35.46			7:57.82	8:54.13	9:49.98	10:45.72	
3	Brenner, Bill	51	SARA	9:37.89	16		11:41.68	12:36.86	13:31.42	14:19.38	
	32.39	1:07.20	1:42.10	2:17.98		14	Borenstein, Jack	51	THOR	14:39.29	3
	2:54.30	3:30.22	4:06.50	4:43.66			43.00	1:33.83	2:28.70	3:26.91	
	5:21.08	5:58.13	6:35.24	7:12.42			4:23.36	5:20.33	6:17.04	7:13.83	
	7:49.87	8:26.94	9:03.33	9:37.89			8:10.00	9:06.85	10:02.20	10:58.19	
4	Vanderby, Doug	50	NT	9:56.65	15		11:53.34	12:49.22	13:45.12	14:39.29	
	34.17	1:10.09	1:46.36	2:23.03		15	Dupuis, Mike	54	TECH	15:39.25	2
	2:59.96	3:37.48	4:14.97	4:52.66			43.99	1:37.76	2:32.39	3:29.14	
	5:30.46	6:08.83	6:47.23	7:26.04			4:26.79	5:24.61	6:24.72	7:24.92	
	8:03.76	8:41.84	9:19.64	9:56.65			8:27.04	9:29.56	10:31.48	11:33.26	
5	Leier, Brian	51	MMAC	9:59.09	14		12:36.80	13:38.87	14:42.08	15:39.25	
	35.28	1:12.36	1:49.08	2:26.68		16	Dabrowa, Jerzy	51	UNON	15:49.44	1
	3:04.40	3:42.75	4:20.72	4:58.91			46.51	1:40.62	3:36.02		
	5:36.87	6:14.72	6:52.77	7:31.14			8:39.96	9:40.76	10:41.56	11:42.33	
	8:09.16	8:47.13	9:24.36	9:59.09			12:45.00	13:45.72	15:49.44		
6	Macdonald, Ian	51	ETOB	10:09.49	13	<b>Men 50-54 1500 SC Meter Freestyle</b>					
	35.03	1:13.07	1:51.20	2:29.61		1	Carlsen, Glenn	52	CMSC	18:09.76	20
	3:08.23	3:46.83	4:25.13	5:03.71			34.57	1:11.41	1:47.48	2:24.07	
	5:41.55	6:19.86	6:58.23	7:36.52			3:00.29	3:36.23	4:12.48	4:48.54	
	8:14.47	8:52.93	9:31.15	10:09.49			5:24.42	6:00.42	6:36.35	7:12.48	
7	Horton, Hobe	52	CLIP	10:24.56	12		7:48.95	8:25.57	9:02.38	9:38.83	
	34.71	1:12.05	1:51.42	2:31.17			10:15.23	10:51.83	11:28.26	12:04.92	
	3:10.69	3:50.94	4:31.44	5:11.29			12:41.42	13:18.04	13:54.86	14:31.32	
	5:51.66	6:30.94	7:11.11	7:50.97			15:07.67	15:44.29	16:20.63	16:57.32	
	8:30.27	9:09.28	9:48.65	10:24.56			17:33.67	18:09.76			
8	Chisholm, Bill	54	NT	10:32.05	11	2	Patrick, Michael	53	CLAR	18:18.03	17
	35.40	1:14.06	1:52.53	2:31.51			32.03	1:07.43	1:43.47	2:20.03	
	3:11.05	3:50.68	4:31.13	5:11.42			2:56.53	3:32.37	4:08.62	4:45.37	
	5:51.41	6:31.18	7:10.85	7:51.47			5:21.74	5:58.59	6:35.53	7:12.30	
	8:31.42	9:11.74	9:51.87	10:32.05			7:49.18	8:26.47	9:03.62	9:40.47	
9	Beaton, Mark	50	AURO	12:20.21	9		10:17.59	10:54.93	11:32.15	12:09.56	
	38.13	1:22.66	2:10.27	2:58.19			12:46.27	13:23.40	14:00.24	14:37.77	
	3:45.72	4:32.97	5:20.50	6:08.09			15:14.71	15:51.59	16:29.43	17:06.62	
	6:55.31	7:42.42	8:30.26	9:16.94			17:43.78	18:18.03			
	10:03.99	10:50.84	11:37.65	12:20.21		3	Leier, Brian	51	MMAC	19:05.79	16
10	Salmon, Bill	54	LSD	12:40.88	7		33.27	1:09.34	1:47.56	2:24.63	
	40.70	1:25.02	2:11.21	2:58.13			3:02.99	3:41.17	4:19.49	4:57.82	
	3:46.52	4:34.64	5:22.69	6:10.88			5:36.23	6:14.57	6:53.26	7:31.69	
	6:58.71	7:47.79	8:37.16	9:26.20			8:10.74	8:49.84	9:28.67		
	10:15.25	11:04.61	11:53.13	12:40.88			10:47.66		12:03.15	12:41.46	
11	Hall, Tom	54	AURO	12:51.05	6		13:20.08	13:58.63	14:37.46	15:16.83	
	40.83	1:25.01	2:10.68	2:57.96			15:55.24	16:33.91	17:12.80	17:51.88	
	3:46.95	4:35.95	5:26.01	6:14.56			18:30.33	19:05.79			
	7:02.76	7:55.20	8:45.06	9:34.81							
	10:24.44	11:14.35	12:03.11	12:51.05							
12	Jenkins, Bill	51	AURO	12:52.95	5						
	41.84	1:28.41	2:16.98	3:05.91							
	3:54.21	4:44.32	5:32.75	6:21.89							
	7:10.98	7:59.62	8:49.79	9:38.76							
	10:28.06	11:18.22	12:07.48	12:52.95							



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## Results

**Men 50-54 100 SC Meter Backstroke**

1	Musial, Wes	52	TYMS	1:01.86	20
	30.23	1:01.86			
2	Thomas, Andrew	51	MESC	1:08.46	17
	32.87	1:08.46			
3	Cox, Al	51	ETOB	1:16.97	16
4	Wilson, Phil	54	TECH	1:17.03	15
	37.38	1:17.03			
5	Sodonis, Frank	53	AURO	1:20.29	14
	39.13	1:20.29			
6	Weber, Peter	50	BURL	1:23.83	13
	41.42	1:23.83			
7	Bartulovic, Vuk	54	MPC	1:27.88	12
	42.97	1:27.88			

**Men 50-54 200 SC Meter Backstroke**

1	Musial, Wes	52	TYMS	2:13.05	20
	31.15	1:04.58	1:38.66	2:13.05	
2	Thomas, Andrew	51	MESC	2:32.48	17
	35.56	1:15.16	1:54.38	2:32.48	
3	Cox, Al	51	ETOB	2:49.72	16
	39.78	1:22.43	2:05.81	2:49.72	
4	Weber, Peter	50	BURL	2:52.88	15
	42.80	1:25.90	2:09.31	2:52.88	
5	Rudolph, Manfred	54	BURL	2:59.71	14
	45.89	1:31.89	2:16.81	2:59.71	
6	Bartulovic, Vuk	54	MPC	3:06.80	13
	44.23	1:32.31	2:20.24	3:06.80	
7	Scafe, Ronald	54	LSD	3:18.81	12
	47.39	1:38.70	2:30.63	3:18.81	

**Men 50-54 50 SC Meter Breaststroke**

1	Vanderby, Doug	50	NT	31.81	20
2	Khodko, Dmitri	50	TSS	32.02	17
3	Brenner, Bill	51	SARA	32.60	16
4	Freeman, Dave	52	AURO	33.47	15
5	Vehovec, Henry	51	GRAN	34.10	14
6	McKinty, Will	53	OAK	34.38	13
7	Milligan, Robert	51	OOPS	37.76	12
8	Thurlbeck, Gregg	51	ATB	39.98	11
9	Stibrany, John	50	MASC	42.32	9
10	Jenkins, Bill	51	AURO	42.47	7
11	Salmon, Bill	54	LSD	43.66	6
12	Doyle, Michael	50	MARK	45.59	5

**Men 50-54 100 SC Meter Breaststroke**

1	Vanderby, Doug	50	NT	1:10.04	20
	32.94	1:10.04			
2	Freeman, Dave	52	AURO	1:12.87	17
	33.84	1:12.87			
3	Brenner, Bill	51	SARA	1:13.36	16
	34.22	1:13.36			
4	Doig, Peter	50	MMAC	1:14.42	15
	36.01	1:14.42			
5	Korchuk, Jonathan	52	LSD	1:24.90	14
	40.14	1:24.90			
6	Dixon, Brent	50	STIT	1:24.92	13
	39.95	1:24.92			

**(Men 50-54 100 SC Meter Breaststroke)**

7	Milligan, Robert	51	OOPS	1:27.34	12
	38.35	1:27.34			
8	Shutov, Vlad	54	ETOB	1:29.34	11
	43.46	1:29.34			
9	Scafe, Ronald	54	LSD	1:29.45	9
	43.02	1:29.45			
10	Jenkins, Bill	51	AURO	1:32.78	7
	43.59	1:32.78			
11	Thurlbeck, Gregg	51	ATB	1:32.98	6
	41.12	1:32.98			
12	Stibrany, John	50	MASC	1:34.97	5
	44.44	1:34.97			

**Men 50-54 200 SC Meter Breaststroke**

1	Vanderby, Doug	50	NT	2:37.74	20
	35.67	1:14.92	1:55.53	2:37.74	
2	Freeman, Dave	52	AURO	2:42.25	17
	36.03	1:16.54	1:59.21	2:42.25	
3	Brenner, Bill	51	SARA	2:46.83	16
	36.83	1:18.00	2:01.51	2:46.83	
4	Korchuk, Jonathan	52	LSD	3:07.41	15
	41.61	1:28.26	2:16.79	3:07.41	
5	Scafe, Ronald	54	LSD	3:09.68	14
	44.33	1:31.82	2:20.95	3:09.68	
6	Rudolph, Manfred	54	BURL	3:13.84	13
	44.44	1:33.59	2:23.82	3:13.84	
7	Milligan, Robert	51	OOPS	3:15.66	12
	43.53	1:33.15	2:25.27	3:15.66	
8	Shutov, Vlad	54	ETOB	3:19.75	11
	44.85	1:35.11	2:27.24	3:19.75	
9	Hutchison, Robert	52	ETOB	3:26.83	9
	45.82	1:36.47	2:29.83	3:26.83	
10	Jenkins, Bill	51	AURO	3:28.27	7
	47.57	1:40.02	2:34.50	3:28.27	
11	Thurlbeck, Gregg	51	ATB	3:29.78	6
	46.13	1:39.77	2:36.52	3:29.78	
12	Gemmink, Paul	51	PKRG	3:38.21	5
	47.72	1:42.61	2:41.68	3:38.21	

**Men 50-54 50 SC Meter Butterfly**

1	Thompson, Dan	53	AURO	25.49	20
2	Khodko, Dmitri	50	TSS	28.16	17
3	McKinty, Will	53	OAK	29.52	16
4	Grace, Chuck	52	LSD	30.02	15
5	Doig, Peter	50	MMAC	30.20	14
6	Chisholm, Bill	54	NT	31.32	13
7	Keeler, Philip	51	UNON	32.11	12
8	Wilson, Phil	54	TECH	32.15	11
9	Manahan, Andy	51	PKRG	32.87	9
10	Coles, Steve	50	TECH	33.24	7
11	Gilbert, Nick	53	LSD	33.27	6
12	Korchuk, Jonathan	52	LSD	33.82	5
13	Weber, Peter	50	BURL	34.85	4
14	Shutov, Vlad	54	ETOB	36.84	3
15	Kokai, Tibor	53	NYG	36.94	2
16	Milligan, Robert	51	OOPS	37.19	1
17	Jenkins, Bill	51	AURO	40.90	



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## Results

8	Scafe, Ronald	54	LSD	7:09.55	11						
	48.96	1:45.86	2:42.37	3:38.34							
	4:34.78	5:30.64	6:20.64	7:09.55							
<b>Men 55-59 50 SC Meter Freestyle</b>						<b>Men 55-59 400 SC Meter Freestyle</b>					
1	Wilkin, Dave	57	AURO	26.99	20	1	Morrow, Mike	59	CMSC	4:51.40	20
2	Blackwood, Mike	55	BURL	28.89	17		32.96	1:09.40	1:46.45	2:23.63	
3	Shulman, Geoff	55	TMU	29.01	16		3:00.74	3:37.53	4:14.84	4:51.40	
4	Read, Robert	55	TECH	29.10	15	2	Culp, Joseph	57	FYAM	5:06.45	17
5	Rogers, Phil	59	TECH	29.66	14		35.43	1:13.79	1:52.92	2:32.20	
6	Beaudin, Gilles	55	EBSC	29.95	13		3:11.24	3:50.45	4:29.09	5:06.45	
7	McManus, John	55	CFST	30.21	12	3	Shannon, Patrick	58	UNON	5:33.06	16
8	McFarlane, Brian	57	NYG	31.87	11		37.59	1:18.31	2:01.04	2:43.60	
9	Hardy, Jim	59	AURO	33.86	9		3:27.27	4:10.44	4:53.47	5:33.06	
10	Scapillato, Tim	55	TECH	35.21	7	4	Blackwood, Mike	55	BURL	5:35.67	15
11	Howes, David	57	UNON	35.43	6		35.74	1:14.59	1:56.43	2:40.03	
12	Yip, Terry	59	NEP	43.86	5		3:24.10	4:08.84	4:53.28	5:35.67	
<b>Men 55-59 100 SC Meter Freestyle</b>						5	McFarlane, Brian	57	NYG	6:17.06	14
1	Wilkin, Dave	57	AURO	1:00.02	20		40.32	1:24.71	2:10.90	2:58.80	
	28.86	1:00.02					3:47.62	4:36.97	5:26.99	6:17.06	
2	Graham, Donald	55	PNWM	1:00.40	17	6	Howes, David	57	UNON	6:39.46	13
	30.03	1:00.40					42.87	1:32.17	2:23.39	3:14.64	
3	Read, Robert	55	TECH	1:04.30	16		4:05.58	4:58.30	5:49.65	6:39.46	
	30.74	1:04.30				7	Rastan, Homayoun	58	TECH	6:41.98	12
4	Blackwood, Mike	55	BURL	1:05.12	15		43.70	1:32.51	2:23.72	3:15.90	
	30.37	1:05.12					4:08.10	4:59.71	5:51.30	6:41.98	
5	Shulman, Geoff	55	TMU	1:06.61	14	8	LeBlanc, Jean-Guy	56	MNBO	6:42.05	11
6	Boulding, Paul	58	MMAC	1:06.87	13		43.86	1:32.38	2:22.63	3:14.29	
7	McManus, John	55	CFST	1:07.22	12		4:07.03	4:59.78	5:49.33	6:42.05	
	32.22	1:07.22				9	Scapillato, Tim	55	TECH	6:45.15	9
8	Rogers, Phil	59	TECH	1:09.52	11		42.76	1:32.82	2:24.03	3:15.98	
	32.69	1:09.52					4:09.41	5:03.07	5:55.25	6:45.15	
9	McFarlane, Brian	57	NYG	1:12.54	9	---	Alexander, Laurence	59	NYG	DNF	
10	Scapillato, Tim	55	TECH	1:18.29	7		45.03	1:38.66			
11	Howes, David	57	UNON	1:20.11	6	<b>Men 55-59 800 SC Meter Freestyle</b>					
<b>Men 55-59 200 SC Meter Freestyle</b>						1	Shannon, Patrick	58	UNON	11:22.28	20
1	Morrow, Mike	59	CMSC	2:17.34	20		36.74	1:17.79	2:00.17	2:43.27	
	31.51	1:05.93	1:41.28	2:17.34			3:27.02	4:10.65	4:54.40	5:38.12	
2	Beaudin, Gilles	55	EBSC	2:22.32	17		6:21.88	7:05.76	7:49.27	8:32.60	
	34.27	1:10.83	1:47.13	2:22.32			9:16.18	9:59.43	10:42.41	11:22.28	
3	McManus, John	55	CFST	2:29.59	16	2	Twohig, John	59	BURL	11:33.72	17
	34.12	1:11.74	1:50.93	2:29.59			40.10	1:22.26	2:05.20	2:49.01	
4	Blackwood, Mike	55	BURL	2:31.20	15		3:32.85	4:16.66	5:00.35	5:43.99	
	33.47	1:10.15	1:50.99	2:31.20			6:27.75	7:11.88	7:56.21	8:39.81	
5	Shannon, Patrick	58	UNON	2:36.34	14		9:23.82	10:07.95	10:51.62	11:33.72	
	36.05	1:15.41	1:56.29	2:36.34		3	Rastan, Homayoun	58	TECH	12:51.51	16
6	Lindquist, Les	58	AURO	2:44.75	13		42.10	1:28.16	2:15.76	3:05.52	
	36.95	1:19.00	2:02.61	2:44.75			3:55.44	4:45.43	5:34.21	6:23.49	
7	Rottmann, Nick	58	AURO	3:02.75	12		7:13.21	8:02.09	8:50.95	9:39.94	
	39.64	1:23.18	2:11.17	3:02.75			10:28.36	11:16.63	12:05.25	12:51.51	
8	Scapillato, Tim	55	TECH	3:04.20	11	4	Howes, David	57	UNON	13:48.25	15
	38.88	1:23.95	2:13.44	3:04.20			8:36.98	9:30.59	10:22.55	11:14.13	
9	Howes, David	57	UNON	3:04.95	9		12:05.65	12:58.49	13:48.25		
	40.69	1:27.36	2:16.91	3:04.95		5	Scapillato, Tim	55	TECH	14:02.59	14
							45.24	1:35.20	2:26.95	3:19.81	
							4:12.31	5:04.46	5:57.54	6:51.93	
							7:47.07	8:42.34	9:36.93	10:29.92	
							11:23.01	12:18.75	13:11.37	14:02.59	

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## Results

6 Lindquist, Les	58 AURO	14:06.43	13	<b>(Men 55-59 1500 SC Meter Freestyle)</b>						
52.49	1:49.45	2:46.25	3:44.48	7 Rastan, Homayoun	58 TECH	26:31.90	12			
4:40.17	5:34.70	6:28.98	7:22.65	45.96	1:37.33	2:29.73	3:21.87			
8:16.39	9:10.13	10:03.66	10:58.15	4:15.87	5:10.17	6:04.89	6:59.17			
11:46.70	12:32.61	13:18.86	14:06.43	7:53.33	8:47.08	9:40.87	10:34.43			
<b>Men 55-59 1500 SC Meter Freestyle</b>				11:28.20	12:21.11	13:14.87	14:08.02			
1 Culp, Joseph	57 FYAM	20:08.75	20	15:01.46	15:53.87	16:47.49	17:41.20			
2 McManus, John	55 CFST	20:36.29	17	18:33.99	19:26.93	20:19.96	21:12.87			
35.79	1:54.73	2:36.04		22:07.36	23:01.61	23:56.20	24:50.23			
3:16.54	3:57.13	4:38.13	5:19.89	25:43.05	26:31.90					
6:00.89	6:42.57	7:24.38	8:06.28	8 Scapillato, Tim	55 TECH	27:02.63	11			
8:49.07	9:31.33	10:13.10	10:55.01	45.05	1:34.16	2:26.10	3:20.19			
11:36.83	12:19.42	13:01.60	13:44.04	4:14.59	5:08.80	6:04.10	6:58.63			
14:24.35	15:06.35	15:47.48	16:24.89	7:53.85	8:49.31	9:44.16	10:39.01			
17:11.76	17:53.01	18:34.89	19:16.51	11:34.34	12:30.00	13:26.86	14:22.91			
20:36.29				15:18.09	16:13.88	17:08.69	18:03.77			
3 Shannon, Patrick	58 UNON	21:32.21	16	18:58.51	19:52.66	20:47.48	21:42.21			
37.97	1:19.03	2:01.74	2:44.81	22:36.43	23:31.27	24:26.13	25:20.11			
3:27.68	4:10.81	4:54.09	5:37.87	26:14.60	27:02.63					
6:21.30	7:04.53	7:47.90	8:31.47	<b>Men 55-59 50 SC Meter Backstroke</b>						
9:15.15	9:58.47	10:41.68	11:25.27	1 Djang, Philipp	55 NMMS	29.82	20			
12:08.43	12:51.77	13:35.12	14:18.30	2 Wilkin, Dave	57 AURO	31.26	17			
15:45.09	16:28.59	17:11.62	17:55.15	3 Graham, Donald	55 PNWM	31.64	16			
18:38.74	19:22.43	20:05.90	21:32.21	4 Culp, Joseph	57 FYAM	32.61	15			
4 Wright, Jim	57 TECH	21:50.85	15	5 Wright, Jim	57 TECH	33.67	14			
37.11	1:12.85	1:55.62	2:39.74	6 Read, Robert	55 TECH	35.48	13			
3:23.56	4:07.98	4:51.48	5:37.17	7 Twohig, John	59 BURL	35.73	12			
6:20.16	7:05.15	7:49.37	8:34.88	8 Blackwood, Mike	55 BURL	36.19	11			
9:19.05	10:03.71	10:48.28	11:33.13	9 McManus, John	55 CFST	37.89	9			
12:17.89	13:01.74	13:48.02	14:29.74	10 Stoddart, Robert	59 LSD	38.15	7			
15:14.78	16:00.04	16:44.61	17:28.05	11 Alexander, Laurence	59 NYG	39.55	6			
18:13.80	18:56.37	19:41.24	20:25.55	12 McFarlane, Brian	57 NYG	43.22	5			
21:10.31	21:50.85			13 Rogers, Phil	59 TECH	45.26	4			
5 Mayes, John	57 MILT	23:33.70	14	<b>Men 55-59 100 SC Meter Backstroke</b>						
41.34	1:26.13	2:12.70	2:59.29	1 Djang, Philipp	55 NMMS	1:04.24	20			
3:46.03	4:32.97	5:19.84	6:07.49	31.08	1:04.24					
6:54.78	7:42.54	8:30.37	9:17.42	2 Culp, Joseph	57 FYAM	1:12.93	17			
10:04.88	10:52.70	11:40.23	12:28.48	36.49	1:12.93					
13:16.42	14:04.12	14:52.04	15:39.64	3 McConnell, Wes	55 LSD	1:19.25	16			
16:27.51	17:15.29	18:02.92	18:50.63	39.20	1:19.25					
19:38.20	20:26.13	21:14.37	22:02.18	4 Twohig, John	59 BURL	1:19.65	15			
22:49.46	23:33.70			38.25	1:19.65					
6 Howes, David	57 UNON	25:39.35	13	5 Alexander, Laurence	59 NYG	1:34.30	14			
45.79	1:34.53	2:23.76	3:12.59	45.70	1:34.30					
4:06.63	4:57.42	5:48.92	6:40.79	6 Baxter, Dorian	59 AURO	1:36.58	13			
7:32.26	8:23.76	9:15.60	10:09.07	44.38	1:36.58					
11:01.67	11:52.95	12:44.57	13:34.95	<b>Men 55-59 200 SC Meter Backstroke</b>						
14:27.07	15:19.04	16:09.95	17:01.38	1 Djang, Philipp	55 NMMS	2:20.81	20			
17:53.38	18:44.86	19:37.17	20:29.51	32.47	1:07.43	1:43.74	2:20.81			
21:21.01	22:12.56	23:04.29	23:56.60	2 Culp, Joseph	57 FYAM	2:33.39	17			
24:49.20	25:39.35			36.82	1:16.11	1:55.01	2:33.39			
				3 Morrow, Mike	59 CMSC	2:38.17	16			
				37.48	1:17.63	1:57.88	2:38.17			
				4 Stoddart, Robert	59 LSD	3:02.64	15			
				42.24	1:28.34	2:16.05	3:02.64			

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## Results

5	Wright, Jim	57	TECH	3:07.94	14
		1:28.94	2:18.90	3:07.94	
6	Lindquist, Les	58	AURO	3:11.13	13
		44.93	2:22.23	3:11.13	
7	Alexander, Laurence	59	NYG	3:27.09	12
		48.86	2:36.84	3:27.09	
8	Baxter, Dorian	59	AURO	3:39.02	11
		45.72	2:38.91	3:39.02	

**Men 55-59 50 SC Meter Breaststroke**

1	Wilkin, Dave	57	AURO	34.95	20
2	Beaudin, Gilles	55	EBSC	35.56	17
3	Russell, Cecil	56	NT	35.61	16
4	Boulding, Paul	58	MMAC	36.28	15
5	Stoddart, Robert	59	LSD	36.68	14
6	Read, Robert	55	TECH	37.11	13
7	Rottmann, Nick	58	AURO	40.41	12
8	Hardy, Jim	59	AURO	40.70	11
9	Norris, Bob	55	ETOB	41.03	9
10	Yip, Terry	59	NEP	50.28	7

**Men 55-59 100 SC Meter Breaststroke**

1	Beaudin, Gilles	55	EBSC	1:17.55	20
		36.74	1:17.55		
2	Boulding, Paul	58	MMAC	1:21.32	17
		38.96	1:21.32		
3	Stoddart, Robert	59	LSD	1:21.79	16
		37.78	1:21.79		
4	Wright, Jim	57	TECH	1:22.30	15
		38.68	1:22.30		
5	Rottmann, Nick	58	AURO	1:29.78	14
		41.28	1:29.78		
6	Shannon, Patrick	58	UNON	1:29.89	13
		42.06	1:29.89		
7	Norris, Bob	55	ETOB	1:30.53	12
		41.38	1:30.53		
8	Douglas, Rob	55	MASC	1:38.67	11
		45.96	1:38.67		
9	Scapillato, Tim	55	TECH	1:45.77	9
		50.08	1:45.77		

**Men 55-59 200 SC Meter Breaststroke**

1	Beaudin, Gilles	55	EBSC	2:47.94	20
		38.74	1:21.17	2:03.98	2:47.94
2	Boulding, Paul	58	MMAC	3:01.21	17
		40.48	1:25.61	2:12.07	3:01.21
3	Stoddart, Robert	59	LSD	3:02.88	16
		40.92	1:27.75	2:15.44	3:02.88
4	Lindquist, Les	58	AURO	3:18.37	15
		46.26	1:37.22	2:28.30	3:18.37
5	Wright, Jim	57	TECH	3:18.79	14
		43.19	1:32.50	2:25.11	3:18.79
6	McManus, John	55	CFST	3:19.02	13
		44.75	1:34.81	2:26.79	3:19.02
7	Norris, Bob	55	ETOB	3:24.61	12
		44.93	1:36.78	2:30.70	3:24.61
8	Rottmann, Nick	58	AURO	3:30.57	11
		44.61	1:34.97	2:30.85	3:30.57

**Men 55-59 50 SC Meter Butterfly**

1	Graham, Donald	55	PNWM	28.10	20
2	Wilkin, Dave	57	AURO	29.04	17
3	McConnell, Wes	55	LSD	31.58	16
4	Twohig, John	59	BURL	31.73	15
5	Wright, Jim	57	TECH	32.07	14
6	Stoddart, Robert	59	LSD	32.79	13
7	Read, Robert	55	TECH	33.14	12
8	Shulman, Geoff	55	TMU	34.03	11
9	Boulding, Paul	58	MMAC	34.97	9
10	Rogers, Phil	59	TECH	37.20	7
11	McFarlane, Brian	57	NYG	37.97	6
12	Douglas, Rob	55	MASC	40.51	5
13	LeBlanc, Jean-Guy	56	MNBO	46.64	4
14	Yip, Terry	59	NEP	48.23	3

**Men 55-59 100 SC Meter Butterfly**

1	McConnell, Wes	55	LSD	1:12.48	20
		33.68	1:12.48		
2	Twohig, John	59	BURL	1:14.94	17
		33.11	1:14.94		
3	Stoddart, Robert	59	LSD	1:15.95	16
		34.63	1:15.95		
4	Read, Robert	55	TECH	1:20.88	15
		35.08	1:20.88		
5	Rastan, Homayoun	58	TECH	1:34.81	14
		41.28	1:34.81		

**Men 55-59 200 SC Meter Butterfly**

1	Morrow, Mike	59	CMSC	2:43.70	20
		36.83	1:18.48	2:01.40	2:43.70
2	Twohig, John	59	BURL	3:07.05	17
		38.89	1:24.64	2:15.26	3:07.05
3	Boulding, Paul	58	MMAC	3:07.27	16
		41.59	1:28.23	2:17.24	3:07.27
4	Rastan, Homayoun	58	TECH	3:31.94	15
		45.90	1:38.21	2:34.85	3:31.94

**Men 55-59 100 SC Meter IM**

1	Djang, Philipp	55	NMMS	1:06.86	20
		30.42	1:06.86		
2	Graham, Donald	55	PNWM	1:08.88	17
		32.61	1:08.88		
3	Wilkin, Dave	57	AURO	1:10.57	16
		31.65	1:10.57		
4	Beaudin, Gilles	55	EBSC	1:12.66	15
		35.61	1:12.66		
5	Wright, Jim	57	TECH	1:13.06	14
		33.91	1:13.06		
6	Read, Robert	55	TECH	1:14.17	13
		34.02	1:14.17		
7	McConnell, Wes	55	LSD	1:15.96	12
		35.77	1:15.96		
8	Blackwood, Mike	55	BURL	1:18.97	11
		37.21	1:18.97		
9	Boulding, Paul	58	MMAC	1:19.81	9
		38.07	1:19.81		
10	Shannon, Patrick	58	UNON	1:23.13	7
		41.31	1:23.13		



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## Results

11	Lindquist, Les	58	AURO	1:23.56	6	<b>(Men 60-64 50 SC Meter Freestyle)</b>					
	39.28	1:23.56				4	Leach, Peter	64	TECH	30.81	15
12	McFarlane, Brian	57	NYG	1:24.20	5	5	Sheridan, Brian	64	ETOB	32.67	14
	39.37	1:24.20				6	Hibbert, Richard	64	TYMS	32.70	13
13	Rottmann, Nick	58	AURO	1:25.83	4	7	Whalen, John	61	HALT	34.97	12
	40.31	1:25.83				8	Spencer, Douglas	61	LSD	35.89	11
14	Hardy, Jim	59	AURO	1:27.67	3	<b>Men 60-64 100 SC Meter Freestyle</b>					
	41.79	1:27.67				1	Heck, Steve	60	MOST	1:00.72	20
15	Douglas, Rob	55	MASC	1:33.76	2	2	Gruber, Glenn	60	VC	1:01.17	17
	42.58	1:33.76				3	Macartney, Joe	63	UNON	1:05.96	16
16	LeBlanc, Jean-Guy	56	MNBO	1:37.87	1	4	Terkel, Lawrence	62	OHIO	1:09.74	15
	45.47	1:37.87				5	Von Zuben, Chuck	60	TYMS	1:10.72	14
17	Baxter, Dorian	59	AURO	1:38.39		6	Leach, Peter	64	TECH	1:11.56	13
	41.37	1:38.39				7	Whalen, John	61	HALT	1:13.64	12
<b>Men 55-59 200 SC Meter IM</b>						8	Hibbert, Richard	64	TYMS	1:13.67	11
1	Djang, Philipp	55	NMMS	2:23.60	20		35.99	1:13.67			
	30.90	1:06.50	1:49.84	2:23.60		9	Gray, Ian	64	BRDN	1:14.41	9
2	Morrow, Mike	59	CMSC	2:36.79	17		35.89	1:15.62			
	33.38	1:15.76	2:00.68	2:36.79		10	Ryder, Iain	62	TECH	1:15.62	7
3	Culp, Joseph	57	FYAM	2:39.18	16		50.84	1:50.68			
	34.48	1:14.20	2:02.83	2:39.18		11	Kowalewski, John	63	AURO	1:50.68	6
4	Beaudin, Gilles	55	EBSC	2:39.64	15	<b>Men 60-64 200 SC Meter Freestyle</b>					
	34.53	1:18.03	2:02.45	2:39.64		1	Heck, Steve	60	MOST	2:14.14	20
5	Twohig, John	59	BURL	2:48.62	14		30.89	1:04.57	1:38.67	2:14.14	
	36.27	1:18.21	2:09.42	2:48.62		2	Gruber, Glenn	60	VC	2:18.00	17
6	Shannon, Patrick	58	UNON	2:58.42	13		32.21	1:06.19	1:42.42	2:18.00	
	39.09	1:27.28	2:18.76	2:58.42		3	O'Brien, Peter	60	CMSC	2:31.27	16
7	Lindquist, Les	58	AURO	3:04.01	12		35.29	1:13.30	1:52.46	2:31.27	
	39.20	1:28.99	2:20.53	3:04.01		4	Whalen, John	61	HALT	2:37.54	15
8	Rastan, Homayoun	58	TECH	3:30.60	11		36.50	1:16.65	1:58.00	2:37.54	
	46.85	1:45.57	2:43.26	3:30.60		5	Von Zuben, Chuck	60	TYMS	2:44.20	14
9	LeBlanc, Jean-Guy	56	MNBO	3:37.66	9		36.58	1:16.12	1:59.30	2:44.20	
	47.77	1:43.95	2:49.92	3:37.66		6	Leach, Peter	64	TECH	2:47.23	13
<b>Men 55-59 400 SC Meter IM</b>							35.37	1:16.61	2:02.09	2:47.23	
1	Djang, Philipp	55	NMMS	5:22.33	20		37.52	1:19.76	2:05.06	2:49.00	
	36.21	1:17.13	1:57.39	2:36.91		7	Hibbert, Richard	64	TYMS	2:49.00	12
	3:24.17	4:11.59	4:47.67	5:22.33		8	Bobbett, Larry	64	AURO	2:58.33	11
2	Morrow, Mike	59	CMSC	5:30.82	17		38.53	1:23.31	2:11.42	2:58.33	
	1:15.64					<b>Men 60-64 400 SC Meter Freestyle</b>					
	3:29.58	4:16.47	4:54.51	5:30.82		1	Gruber, Glenn	60	VC	4:55.71	20
3	McManus, John	55	CFST	6:22.64	16		34.73	1:11.79	1:49.66	2:28.05	
	40.18	1:28.48	2:15.96	3:03.39			3:05.80	3:43.33	4:20.29	4:55.71	
	4:00.78	5:00.12	5:42.01	6:22.64		2	Whalen, John	61	HALT	5:32.51	17
4	Blackwood, Mike	55	BURL	6:37.09	15		36.93	1:17.88	2:01.04	2:43.27	
	37.92	1:25.03	2:17.31	3:10.40			3:26.14	4:08.89	4:51.63	5:32.51	
	4:10.86	5:09.93	5:53.57	6:37.09		3	Magin, Randy	60	SWIM	5:34.95	16
5	Lindquist, Les	58	AURO	6:40.51	14		37.57	1:19.87	2:01.87	2:44.49	
	44.32	1:37.89	2:31.13	3:22.30			3:28.17	4:10.41	4:53.27	5:34.95	
	4:14.50	5:08.35	5:56.31	6:40.51		4	Murphy, David	60	UNON	6:04.28	15
6	Mayes, John	57	MILT	6:45.13	13		39.58	1:24.08	2:09.62	2:56.08	
	46.13	1:41.58	2:32.28	3:22.57			3:43.26	4:31.24	5:18.67	6:04.28	
	4:18.71	5:16.99	6:02.65	6:45.13		5	Hibbert, Richard	64	TYMS	6:04.30	14
<b>Men 60-64 50 SC Meter Freestyle</b>							38.15	1:21.95	2:08.09	2:56.14	
1	Gruber, Glenn	60	VC	27.58	20		3:43.92	4:31.48	5:18.77	6:04.30	
2	Macartney, Joe	63	UNON	28.62	17						
3	Terkel, Lawrence	62	OHIO	30.06	16						





## MSC Nationals 2009 Nationaux MNC

## Results

5	Colpitts, Charles	65	NEP	2:56.49	14
	38.27	1:21.40	2:08.11	2:56.49	
6	Olsen, Mike	67	TECH	2:59.65	13
	39.00	1:24.08	2:12.41	2:59.65	
7	MacLean, Robert	65	ATB	3:16.36	12
	40.32	1:27.93	2:21.78	3:16.36	

## Men 65-69 400 SC Meter Freestyle

1	Pivovarov, Ivan	66	UNAB	5:32.91	20
	37.32	1:17.45	2:00.33	2:43.58	
	3:27.19	4:09.99	4:53.24	5:32.91	
2	Kemp, Nigel	65	HALT	5:41.31	17
	37.61	1:19.17	2:02.30	2:46.13	
	3:30.45	4:15.16	5:00.03	5:41.31	
3	Heath Eves, Mike	67	TECH	5:50.93	16
	38.97	1:23.13	2:07.98	2:53.67	
	3:38.64	4:23.97	5:08.62	5:50.93	
4	Olsen, Mike	67	TECH	6:12.14	15
	42.57	1:30.27	2:18.80	3:07.27	
	3:54.84	4:41.76	5:28.22	6:12.14	
5	MacLean, Robert	65	ATB	6:59.37	14
	45.73	1:35.38	2:28.30	3:21.62	
	4:15.61	5:12.48	6:07.09	6:59.37	
6	Barker, Roger	66	ETOB	10:15.74	13
	1:08.62		3:49.40	5:40.50	
	6:27.89	7:47.11	10:15.74		

## Men 65-69 800 SC Meter Freestyle

1	Pivovarov, Ivan	66	UNAB	11:36.05	20
	38.89	1:21.12	2:04.13	2:48.71	
	3:34.67	4:18.38	5:02.74	5:46.35	
	6:31.60	7:16.83	7:59.98	8:44.15	
	9:27.78	10:11.17	10:55.19	11:36.05	
2	Kemp, Nigel	65	HALT	11:38.63	17
	38.90	1:22.64	2:07.33	2:51.87	
	3:37.27	4:22.54	5:06.62	5:51.53	
	6:36.16	7:19.95	8:04.04	8:48.88	
	9:33.18	10:17.74	11:00.73	11:38.63	
3	Heath Eves, Mike	67	TECH	11:58.29	16
	37.37	1:20.22	2:05.07	2:50.49	
	3:35.66	4:22.70	5:08.73	5:55.35	
	6:41.79	7:27.76	8:13.74	8:59.47	
	9:45.52	10:30.73	11:15.88	11:58.29	
4	Olsen, Mike	67	TECH	13:11.34	15
	44.67	1:33.98	2:23.54	3:13.69	
	4:02.81	4:52.24	5:42.30	6:32.08	
	7:20.94	8:09.37	8:58.30	9:46.66	
	10:34.68	11:24.29	12:24.14	13:11.34	

## Men 65-69 1500 SC Meter Freestyle

1	Heath Eves, Mike	67	TECH	23:03.49	20
	38.11	1:20.87	2:05.80	2:51.80	
	3:38.58	4:25.36	5:11.70	5:58.58	
	6:45.77	7:31.52	8:18.49	9:05.99	
	9:52.33	10:39.49	11:26.23	12:12.83	
	13:00.39	13:46.61	14:32.87	15:18.67	
	16:05.34	16:52.55	17:38.83	18:25.49	
	19:11.49	19:56.99	20:44.93	21:31.36	
	22:19.05	23:03.49			

## (Men 65-69 1500 SC Meter Freestyle)

2	Olsen, Mike	67	TECH	24:51.80	17
	44.00	1:32.99	2:23.31	3:13.63	
	4:04.27	4:54.65	5:44.09	6:35.29	
	7:24.77	8:15.13	9:05.02	9:55.34	
	10:45.53	11:34.02	12:22.03	13:12.91	
	14:03.71	14:54.70	15:45.38	16:36.21	
	17:26.57	18:17.31	19:07.74	19:57.84	
	20:48.02	21:37.02	22:26.91	23:17.09	
	24:51.80				
3	Legallais, Dave	69	AURO	24:56.78	16
	51.50		2:30.75	3:22.13	
	4:13.19	5:04.57	5:55.63	6:46.57	
	7:36.91	8:27.37	9:17.57	10:07.53	
	10:57.31	11:47.19	12:37.44	13:27.34	
	14:17.19	15:07.13	15:57.25	16:47.13	
	17:36.66	18:26.50	19:15.88	20:05.19	
	20:54.22	21:43.37	22:32.28	23:21.19	
	24:09.07	24:56.78			
4	Wolfel, Gerhard	69	PKRG	28:20.64	15

## Men 65-69 50 SC Meter Backstroke

1	Van Baalen, Vinus	67	ORMA	32.88	20
2	Bannerman, Bob	69	GRAN	40.47	17
3	Jack, Robert	68	SWYM	44.21	16
4	Mosienko, Nick	65	RMSC	45.21	15
5	Colpitts, Charles	65	NEP	46.35	14

## Men 65-69 100 SC Meter Backstroke

1	Lokensgard, Erik	67	MICH	1:20.78	20
	39.28	1:20.78			
2	Bannerman, Bob	69	GRAN	1:33.06	17
	43.69	1:33.06			
3	Hurlburt, Brian	65	NYG	1:36.62	16
	47.00	1:36.62			
4	Mosienko, Nick	65	RMSC	1:38.86	15
	48.97	1:38.86			
5	Gulidov, Viktor	68	UNON	1:50.30	14
	53.70	1:50.30			

## Men 65-69 200 SC Meter Backstroke

1	Van Baalen, Vinus	67	ORMA	2:50.06	20
	39.66	1:22.80	2:07.69	2:50.06	
2	Lokensgard, Erik	67	MICH	2:55.54	17
	41.52	1:26.08	2:10.91	2:55.54	
3	Kemp, Nigel	65	HALT	3:09.48	16
	43.22	1:30.91	2:20.69	3:09.48	
4	Finlay, Bryan	66	LSD	3:14.96	15
	44.68	1:34.84	2:25.24	3:14.96	
5	Mosienko, Nick	65	RMSC	3:29.65	14
	48.69	1:41.74	2:36.82	3:29.65	
6	Hurlburt, Brian	65	NYG	3:30.66	13
	49.09	1:42.65	2:38.37	3:30.66	
7	Colpitts, Charles	65	NEP	3:35.31	12
	50.68	1:42.86	2:38.24	3:35.31	

## Men 65-69 50 SC Meter Breaststroke

1	Haites, Erik	66	TAC	37.33	20
2	Finlay, Bryan	66	LSD	39.29	17

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3	Olsen, Mike	67	TECH	42.54	16
4	MacLean, Robert	65	ATB	44.00	15
5	Colpitts, Charles	65	NEP	44.01	14
6	Gulidov, Viktor	68	UNON	47.69	13

**Men 65-69 100 SC Meter Breaststroke**

1	Haites, Erik	66	TAC	1:23.03	20
	39.67	1:23.03			
2	Finlay, Bryan	66	LSD	1:27.74	17
	42.32	1:27.74			
3	Mosienko, Nick	65	RMSC	1:36.65	16
	45.87	1:36.65			
4	Jack, Robert	68	SWYM	1:39.56	15
	47.59	1:39.56			
5	Wolfel, Gerhard	69	PKRG	1:51.09	14
	51.95	1:51.09			

**Men 65-69 200 SC Meter Breaststroke**

1	Finlay, Bryan	66	LSD	3:18.75	20
	46.93	1:37.78	2:30.27	3:18.75	
2	Colpitts, Charles	65	NEP	3:38.42	17
	50.14	1:45.48	2:41.96	3:38.42	
3	Mosienko, Nick	65	RMSC	3:40.40	16
	49.81	1:46.61	2:44.18	3:40.40	
4	Jack, Robert	68	SWYM	3:41.18	15
	50.80	1:47.58	2:45.20	3:41.18	
5	Gulidov, Viktor	68	UNON	4:10.46	14
	56.39	2:02.17	3:11.42	4:10.46	
6	Barker, Roger	66	ETOB	4:49.19	13
	1:04.77	2:19.88	3:35.85	4:49.19	

**Men 65-69 50 SC Meter Butterfly**

1	Smith, Ian	68	YMCA	30.80	20
2	Van Baalen, Vinus	67	ORMA	32.89	17
3	Pivovarov, Ivan	66	UNAB	34.39	16
4	Jack, Robert	68	SWYM	40.30	15
5	Hurlburt, Brian	65	NYG	41.24	14
6	Gulidov, Viktor	68	UNON	51.57	13

**Men 65-69 100 SC Meter Butterfly**

1	Pivovarov, Ivan	66	UNAB	1:15.70	20
	35.38	1:15.70			
2	Kemp, Nigel	65	HALT	1:25.36	17
	41.15	1:25.36			
3	Lokensgard, Erik	67	MICH	1:29.23	16
	41.80	1:29.23			
4	Hurlburt, Brian	65	NYG	1:35.79	15
	45.08	1:35.79			

**Men 65-69 200 SC Meter Butterfly**

1	Pivovarov, Ivan	66	UNAB	3:02.94	20
	39.68	1:25.72	2:14.70	3:02.94	
2	Lokensgard, Erik	67	MICH	3:17.79	17
	45.05	1:37.00	2:27.41	3:17.79	
3	Finlay, Bryan	66	LSD	3:19.84	16
	46.10	1:38.44	2:30.57	3:19.84	
4	Gulidov, Viktor	68	UNON	4:33.93	15
	59.85	2:08.76	3:22.12	4:33.93	

**Men 65-69 100 SC Meter IM**

1	Van Baalen, Vinus	67	ORMA	1:14.56	20
	33.22	1:14.56			
2	Haites, Erik	66	TAC	1:19.10	17
	38.31	1:19.10			
3	Heath Eves, Mike	67	TECH	1:29.38	16
	41.77	1:29.38			
4	Jack, Robert	68	SWYM	1:32.11	15
	42.92	1:32.11			
5	Hurlburt, Brian	65	NYG	1:32.61	14
	44.73	1:32.61			
6	Mosienko, Nick	65	RMSC	1:37.55	13
	48.18	1:37.55			
7	Gulidov, Viktor	68	UNON	1:50.26	12
	53.32	1:50.26			

**Men 65-69 200 SC Meter IM**

1	Pivovarov, Ivan	66	UNAB	3:01.09	20
	38.31	1:24.93	2:20.26	3:01.09	
2	Lokensgard, Erik	67	MICH	3:01.44	17
	38.60	1:22.12	2:17.14	3:01.44	
3	Kemp, Nigel	65	HALT	3:05.56	16
	36.90	1:25.25	2:24.50	3:05.56	
4	Finlay, Bryan	66	LSD	3:10.44	15
	43.99	1:32.39	2:24.31	3:10.44	
5	Jack, Robert	68	SWYM	3:21.88	14
	41.43	1:36.68	2:35.44	3:21.88	

**Men 65-69 400 SC Meter IM**

1	Lokensgard, Erik	67	MICH	6:39.82	20
	42.79	1:32.80	2:20.54	3:08.17	
	4:07.52	5:08.42	5:55.45	6:39.82	
2	Finlay, Bryan	66	LSD	6:45.56	17
	46.61	1:39.16	2:32.34	3:24.10	
	4:18.46	5:12.75	6:00.43	6:45.56	
3	Kemp, Nigel	65	HALT	6:50.71	16
	42.62	1:35.30	2:28.31	3:21.01	
	4:24.72	5:27.10	6:11.52	6:50.71	
4	Gulidov, Viktor	68	UNON	8:37.36	15
	54.90	2:01.45	3:07.30	4:10.54	
	5:20.91	6:31.10	7:35.21	8:37.36	

**Men 70-74 50 SC Meter Freestyle**

1	Verth, Tom	71	BRNT	30.77	20
2	Liepner, Michael	71	OAK	34.20	17
3	Ats, Jenö	73	MPC	34.42	16
4	Kohler, Eric	73	NYG	37.51	15
5	Hemmings, David	74	MILT	38.63	14

**Men 70-74 100 SC Meter Freestyle**

1	Verth, Tom	71	BRNT	1:11.25	20
	34.43	1:11.25			
2	Liepner, Michael	71	OAK	1:20.99	17
	1:20.94	1:20.99			
3	Durr, Larry	70	TECH	1:21.05	16
	39.07	1:21.05			
4	Braaksma, Harry	70	NT	1:28.36	15
	40.52	1:28.36			

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5	Lane, Charlie	71	ETOB	1:29.63	14	<b>(Men 70-74 800 SC Meter Freestyle)</b>						
	43.96	1:29.63				3	Lane, Charlie	71	ETOB	14:38.64	16	
6	Carter, Tim	70	UNON	1:33.29	13		46.15	1:38.44	2:33.01	3:28.16		
	43.12	1:33.29					4:23.38	5:19.59	6:15.70	7:05.79		
7	Kohler, Eric	73	NYG	1:35.56	12		8:09.07	9:05.33	10:01.35	10:58.25		
	41.62	1:35.56					11:54.24	12:50.32	13:45.85	14:38.64		
8	Tierney, Larry	71	UNON	1:35.75	11	4	McKinnon, Robert	72	MM	15:26.00	15	
	44.48	1:35.75					50.16	1:46.80	2:46.11	3:43.69		
<b>Men 70-74 200 SC Meter Freestyle</b>							4:43.83	5:42.62	6:41.41	7:40.27		
1	Verth, Tom	71	BRNT	2:45.14	20		8:39.03	9:38.91	10:38.18	11:36.97		
	37.78	1:18.46	2:01.68	2:45.14			12:34.52	13:32.87	14:32.46	15:26.00		
2	Braaksma, Harry	70	NT	3:04.36	17	<b>Men 70-74 1500 SC Meter Freestyle</b>						
	41.50	1:28.68	2:17.29	3:04.36		1	Braaksma, Harry	70	NT	25:55.18	20	
3	Durr, Larry	70	TECH	3:04.51	16		43.92	1:33.49	2:25.56	3:17.70		
	41.62	1:27.96	2:15.99	3:04.51			4:10.02	5:03.71	5:56.20	6:48.34		
4	Shibata, Mark	70	MPC	3:08.46	15		7:40.88	8:33.67	9:26.82	10:19.49		
	44.23	1:32.14	2:21.59	3:08.46			11:11.72	12:03.74	12:56.56	13:49.40		
5	Liepner, Michael	71	OAK	3:09.31	14		14:41.88	15:34.56	16:27.18	17:17.94		
	38.48	1:24.35	2:17.00	3:09.31			18:10.69	19:03.28	19:55.68	20:48.12		
6	Lane, Charlie	71	ETOB	3:16.72	13		21:40.55	22:32.85	23:24.14	24:16.03		
	45.22	1:35.46	2:26.90	3:16.72			25:06.97	25:55.18				
7	Christie, Ian	72	BRCK	3:20.94	12	2	Shibata, Mark	70	MPC	26:04.74	17	
	46.96	1:37.22	2:29.71	3:20.94			45.03	1:34.83	2:27.20	3:19.71		
8	Tierney, Larry	71	UNON	3:37.55	11		4:12.33	5:04.32	5:56.65	6:48.45		
	51.96	1:49.54	2:46.73	3:37.55			7:40.66	8:32.45	9:25.10	10:17.53		
<b>Men 70-74 400 SC Meter Freestyle</b>							11:09.68	12:01.87	12:54.16	13:47.07		
1	Braaksma, Harry	70	NT	6:35.93	20		14:39.36	15:31.93	16:24.28	17:16.77		
	44.09	1:33.69	2:24.64	3:15.61			18:09.13	19:01.82	19:54.57	20:46.91		
	4:05.94	4:57.27	5:47.59	6:35.93			21:39.47	22:32.49	23:24.99	24:18.88		
2	Shibata, Mark	70	MPC	6:38.57	17		25:13.02	26:04.74				
	45.59	1:35.51	2:27.12	3:19.21		3	Simone, Andrew	71	NOR	32:28.87	16	
	4:11.26	5:02.36	5:52.81	6:38.57			59.52	2:06.88	3:12.77	4:18.09		
3	Durr, Larry	70	TECH	6:44.26	16		5:23.49	6:28.18	7:31.47	8:36.40		
	43.47	1:30.71	2:19.53	3:10.36			9:41.51	10:46.81	11:51.34	12:56.64		
	4:01.53	4:54.58	5:49.33	6:44.26			14:02.54	15:07.13	16:13.99			
4	Lane, Charlie	71	ETOB	7:11.30	15		18:24.73	19:29.35	20:35.19	21:40.97		
	48.66	1:43.05	2:38.80	3:35.15			22:46.24	23:50.47	24:55.22	25:59.27		
	4:30.47	5:24.38	6:19.62	7:11.30			27:04.16	28:09.32	29:14.83	30:20.24		
5	Tierney, Larry	71	UNON	8:07.78	14		31:26.19	32:28.87				
	54.04	1:54.18	2:58.30	4:02.07		<b>Men 70-74 50 SC Meter Backstroke</b>						
	5:05.18	6:07.97	7:08.73	8:07.78		1	Verth, Tom	71	BRNT	37.01	20	
<b>Men 70-74 800 SC Meter Freestyle</b>							2	Martin, Ray	72	MICH	37.39	17
1	Shibata, Mark	70	MPC	13:23.03	20		3	Ats, Jenö	73	MPC	40.56	16
	45.03	1:35.32	2:25.96	3:16.50			4	Durr, Larry	70	TECH	43.41	15
	4:08.44	5:00.69	5:51.45	6:43.08			5	Braaksma, Harry	70	NT	44.85	14
	7:34.03	8:24.97	9:15.14	10:05.52			6	Carter, Tim	70	UNON	46.16	13
	10:55.66	11:46.12	12:35.79	13:23.03		<b>Men 70-74 100 SC Meter Backstroke</b>						
2	Henne, Wally	74	TYMS	14:19.54	17	1	Martin, Ray	72	MICH	1:21.76	20	
	46.78	1:38.80	2:32.97	3:27.92			39.68	1:21.76				
	4:23.07	5:18.69	6:14.40	7:10.01			2	Verth, Tom	71	BRNT	1:22.35	17
	8:04.90	9:00.28	9:55.14	10:49.62			40.32	1:22.35				
	11:42.76	12:36.45	13:29.32	14:19.54			3	Durr, Larry	70	TECH	1:32.99	16
							44.78	1:32.99				
							4	Braaksma, Harry	70	NT	1:37.70	15
							48.98	1:37.70				

## MSC Nationals 2009 Nationaux MNC

## Results

**Men 70-74 200 SC Meter Backstroke**

1	Martin, Ray	72	MICH	3:07.00	20
	41.79	1:28.14	3:07.00		
2	Verth, Tom	71	BRNT	3:08.49	17
	43.85	1:31.15	2:20.45	3:08.49	
3	Braaksmma, Harry	70	NT	3:28.64	16
	47.71	1:41.42	2:36.35	3:28.64	
4	Ats, Jenno	73	MPC	3:38.18	15
	48.08	1:43.36	2:43.81	3:38.18	
5	Shibata, Mark	70	MPC	3:46.72	14
	53.30	1:50.20	2:49.18	3:46.72	
6	Simone, Andrew	71	NOR	4:36.49	13
	1:05.42	2:19.20	3:29.64	4:36.49	

**Men 70-74 50 SC Meter Breaststroke**

1	Henne, Wally	74	TYMS	44.37	20
2	Maruki, Hideo	74	NYG	47.65	17
3	Kohler, Eric	73	NYG	49.59	16
4	Nomura, Yoshihiko	72	TMU	50.60	15

**Men 70-74 100 SC Meter Breaststroke**

1	Henne, Wally	74	TYMS	1:39.66	20
	46.85	1:39.66			
2	Maruki, Hideo	74	NYG	2:08.06	17
	1:07.03	2:08.06			

**Men 70-74 200 SC Meter Breaststroke**

1	Henne, Wally	74	TYMS	3:39.10	20
	48.01	1:43.45	2:41.77	3:39.10	
2	Martin, Ray	72	MICH	3:50.33	17
	49.80	1:46.34	2:47.81	3:50.33	
3	Simone, Andrew	71	NOR	4:45.67	16
	1:04.59	2:18.87	3:33.84	4:45.67	
4	Maruki, Hideo	74	NYG	4:58.78	15
	1:16.50	2:38.70	3:56.59	4:58.78	

**Men 70-74 50 SC Meter Butterfly**

1	Ats, Jenno	73	MPC	39.40	20
2	Liepner, Michael	71	OAK	40.50	17
3	Lane, Charlie	71	ETOB	45.43	16
4	Carter, Tim	70	UNON	49.12	15
5	Kohler, Eric	73	NYG	52.06	14

**Men 70-74 100 SC Meter Butterfly**

1	Ats, Jenno	73	MPC	1:42.23	20
	50.32	1:42.23			
2	Henne, Wally	74	TYMS	1:48.05	17
	50.67	1:48.05			
3	Christie, Ian	72	BRCK	1:52.26	16
	51.80	1:52.26			
4	Kohler, Eric	73	NYG	2:05.42	15
	57.78	2:05.42			
5	Simone, Andrew	71	NOR	2:18.55	14
	1:04.90	2:18.55			
---	Nomura, Yoshihiko	72	TMU	DQ	
	1:11.26	DQ			

**Men 70-74 200 SC Meter Butterfly**

1	Christie, Ian	72	BRCK	4:05.67	20
	53.11	1:56.86	3:03.67	4:05.67	

**(Men 70-74 200 SC Meter Butterfly)**

2	McKinnon, Robert	72	MM	4:40.40	17
	1:01.15	2:12.85	3:27.88	4:40.40	
3	Simone, Andrew	71	NOR	5:13.90	16
	1:08.87	2:28.54	3:53.30	5:13.90	

**Men 70-74 100 SC Meter IM**

1	Martin, Ray	72	MICH	1:25.39	20
2	Liepner, Michael	71	OAK	1:36.11	17
	43.91	1:36.11			
3	Henne, Wally	74	TYMS	1:38.66	16
	50.27	1:38.66			
4	Ats, Jenno	73	MPC	1:41.73	15
	49.54	1:41.73			
5	Shibata, Mark	70	MPC	1:42.32	14
	52.43	1:42.32			
6	Nomura, Yoshihiko	72	TMU	1:54.74	13
	1:02.16	1:54.74			
---	Maruki, Hideo	74	NYG	DQ	
	1:13.33	DQ			

**Men 70-74 200 SC Meter IM**

1	Martin, Ray	72	MICH	3:23.82	20
	37.23	1:30.13	2:35.95	3:23.82	
2	Nomura, Yoshihiko	72	TMU	4:18.53	17
	1:12.57	2:18.71	3:23.23	4:18.53	
3	Simone, Andrew	71	NOR	4:30.94	16
	1:05.00	2:17.49	3:34.51	4:30.94	
---	Henne, Wally	74	TYMS	DQ	
	51.89	1:54.00	2:52.36	DQ	
---	Liepner, Michael	71	OAK	DQ	
	44.82	1:43.76	2:56.84	DQ	

**Men 70-74 400 SC Meter IM**

1	McKinnon, Robert	72	MM	8:29.17	20
	58.15	2:05.19	3:10.80	4:20.30	
	5:28.41	6:39.01	7:35.42	8:29.17	
2	Simone, Andrew	71	NOR	9:23.03	17
	1:06.25	2:22.06	3:36.56	4:50.72	
	6:05.11	7:21.28	8:24.51	9:23.03	

**Men 75-79 50 SC Meter Freestyle**

1	Rodrigues, Larry	75	NYG	47.75	20
2	Josey, Denny	76	UNNS	58.54	17

**Men 75-79 100 SC Meter Freestyle**

1	Milne, George	77	TYMS	1:27.33	20
	41.82	1:27.33			
2	Martin, Stuart	75	GHM	1:33.98	17
	44.74	1:33.98			
3	Rodrigues, Larry	75	NYG	1:52.61	16
	52.00	1:52.61			
4	Glatt, Harvey	75	TECH	2:13.16	15
5	Josey, Denny	76	UNNS	2:21.50	14
	1:04.25	2:21.50			

**Men 75-79 200 SC Meter Freestyle**

1	Smith, Christopher	77	TYMS	3:06.39	20
	42.32	1:30.00	2:19.10	3:06.39	

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## Results

2	Milne, George	77	TYMS	3:16.80	17					
	44.77	1:33.96	2:26.17	3:16.80						
3	Martin, Stuart	75	GHM	3:31.43	16					
	49.04	1:41.73	2:36.75	3:31.43						
4	Jeffrey, Grant	79	ATB	3:37.70	15					
	51.65	1:45.66	2:42.53	3:37.70						
<b>Men 75-79 400 SC Meter Freestyle</b>										
1	Smith, Christopher	77	TYMS	6:40.47	20					
	45.72	1:36.11	2:27.63	3:19.33						
	4:10.86	5:02.21	5:52.80	6:40.47						
2	Milne, George	77	TYMS	7:07.44	17					
	48.12	1:40.78	2:34.80	3:28.82						
	4:22.44	5:18.97	6:13.28	7:07.44						
3	Martin, Stuart	75	GHM	7:36.83	16					
	51.85	1:50.50	2:50.80	3:49.32						
	4:47.37	5:44.85	6:42.17	7:36.83						
4	Jeffrey, Grant	79	ATB	7:42.53	15					
	53.22	1:50.30	2:50.09	4:48.67						
	5:47.89	6:46.93	7:42.53	7:42.53						
<b>Men 75-79 800 SC Meter Freestyle</b>										
1	Jeffrey, Grant	79	ATB	15:58.90	20					
	52.76	1:49.87	2:48.95	3:48.55						
	4:48.28	5:48.85	6:50.00	7:50.69						
	8:52.17	9:53.09	10:54.35	11:55.71						
	12:57.21	13:58.35	14:59.61	15:58.90						
<b>Men 75-79 1500 SC Meter Freestyle</b>										
1	Smith, Christopher	77	TYMS	26:11.47	20					
	47.20	1:38.46	2:30.23	3:21.43						
	4:13.02	5:04.61	5:56.27	6:47.77						
	7:39.87	8:32.49	9:24.49	10:16.96						
	11:09.61	12:01.27	12:53.93	13:46.39						
	14:39.43	15:32.36	16:25.52	17:18.49						
	18:11.73	19:04.49	19:58.27	20:51.05						
	21:45.17	22:37.96	23:31.96	24:25.96						
	25:19.43	26:11.47								
<b>Men 75-79 50 SC Meter Backstroke</b>										
1	Carviel, Ross	79	MSBC	50.12	20					
2	Jeffrey, Grant	79	ATB	52.40	17					
3	Rodrigues, Larry	75	NYG	1:20.68	16					
<b>Men 75-79 100 SC Meter Backstroke</b>										
1	Carviel, Ross	79	MSBC	1:53.42	20					
	53.53	1:53.42								
2	Howlett, Kenneth	79	ATB	4:30.45	17					
	1:59.22	4:30.45								
<b>Men 75-79 200 SC Meter Backstroke</b>										
1	Carviel, Ross	79	MSBC	4:35.84	20					
	53.14	1:57.81	3:12.88	4:35.84						
2	Howlett, Kenneth	79	ATB	9:37.57	17					
<b>Men 75-79 50 SC Meter Breaststroke</b>										
1	Carviel, Ross	79	MSBC	49.90	20					
2	Monne, John	79	ATB	50.39	17					
3	Jeffrey, Grant	79	ATB	59.71	16					
4	Josey, Denny	76	UNNS	1:27.34	15					
5	Howlett, Kenneth	79	ATB	1:39.38	14					
<b>Men 75-79 100 SC Meter Breaststroke</b>										
1	Monne, John	79	ATB	1:55.93	20					
	55.32	1:55.93								
2	Carviel, Ross	79	MSBC	2:03.08	17					
	58.27	2:03.08								
3	Josey, Denny	76	UNNS	3:20.68	16					
	1:34.24	3:20.68								
<b>Men 75-79 200 SC Meter Breaststroke</b>										
1	Monne, John	79	ATB	4:10.31	20					
	57.66	2:02.46	3:09.42	4:10.31						
2	Carviel, Ross	79	MSBC	4:57.50	17					
	1:03.79	2:19.83	3:39.60	4:57.50						
3	Josey, Denny	76	UNNS	7:16.58	16					
	1:39.30	3:26.86	5:26.19	7:16.58						
4	Howlett, Kenneth	79	ATB	9:12.12	15					
	1:44.97	4:24.19	6:44.83	9:12.12						
<b>Men 75-79 50 SC Meter Butterfly</b>										
1	Jeffrey, Grant	79	ATB	53.52	20					
2	Rodrigues, Larry	75	NYG	1:23.99	17					
<b>Men 75-79 100 SC Meter Butterfly</b>										
---	Rodrigues, Larry	75	NYG	DQ						
	1:31.10	DQ								
<b>Men 75-79 100 SC Meter IM</b>										
1	Smith, Christopher	77	TYMS	1:43.11	20					
2	Jeffrey, Grant	79	ATB	1:57.88	17					
	54.58	1:57.88								
3	Carviel, Ross	79	MSBC	2:12.84	16					
	57.60	2:12.84								
4	Rodrigues, Larry	75	NYG	2:45.17	15					
	1:28.67	2:45.17								
<b>Men 75-79 200 SC Meter IM</b>										
1	Smith, Christopher	77	TYMS	3:41.68	20					
	56.84	1:54.02	2:55.16	3:41.68						
2	Rodrigues, Larry	75	NYG	5:58.86	17					
	1:28.00	4:59.81	5:58.86							
<b>Men 75-79 400 SC Meter IM</b>										
1	Smith, Christopher	77	TYMS	7:57.31	20					
	56.50	2:04.67	3:02.79	4:02.57						
	5:08.30	6:14.19	7:06.75	7:57.31						
<b>Men 80-84 50 SC Meter Freestyle</b>										
1	Roach, Ted	84	ATB	50.52	20					
2	Boddington, Jack	83	EMSC	1:07.24	17					
<b>Men 80-84 100 SC Meter Freestyle</b>										
1	Boddington, Jack	83	EMSC	2:38.94	20					
	1:16.03	2:38.94								
<b>Men 80-84 200 SC Meter Freestyle</b>										
1	Johnson, Bill	80	ATB	4:24.98	20					
	59.06	2:03.59	3:13.19	4:24.98						
2	Boddington, Jack	83	EMSC	5:47.44	17					
	4:20.61	5:47.44								
<b>Men 80-84 50 SC Meter Backstroke</b>										
1	Roach, Ted	84	ATB	1:00.30	20					





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## Results

<b>Women 72-99 200 SC Meter Freestyle Relay</b>				2	UTMM	A	2:02.40	34
1	CFST	A	1:54.79	40	1) Paton, Erin W23	2) Robinson, Caitlin W18		
	1) Shallhorn, Rachael W21	2) Gordon, Michelle W27			3) Godfrey, Andrea W38	4) Fowler, Stephanie W23		
	3) Palmer, Serena W20	4) Bigelow, Stephanie W23			32.50	1:03.21	1:32.48	2:02.40
	29.58	57.00	1:25.82	1:54.79				
2	AURO	A	2:03.06	34	3	ETOB	A	2:04.16
	1) Gonzalez, Juliana W23	2) Sodonis, Andrea W26			1) Petrone, Juli W20	2) Campbell, Jocelyn W20		
	3) Wells, Lauren W27	4) Courtemanche, Amy W20			3) Tipler, Allison W27	4) Bertelink, Cindy W34		
	29.79	1:01.42	1:31.87	2:03.06	28.66	59.84	1:37.15	2:04.16
3	TECH	A	2:08.72	32	4	NT	B	2:04.69
	1) Ostojic, Aleksandra W19	2) Perron, Kathleen W20			1) Reid, Kathryn W27	2) Simonetti, Suzy W32		
	3) Pearce, Anne Marie W23	4) Ruel, Marie Carmel W35			3) Baird, Haelie W27	4) Kwok, Heather W29		
	30.72	1:01.41	1:33.75	2:08.72	32.04	1:02.69	1:33.09	2:04.69
4	AURO	B	2:20.48	30	5	LSD	B	2:05.44
	1) Mitchell, Kirsten W19	2) Iannucci, Cassandra W22			1) Nichols, Laura W27	2) Wedlake, Julie W26		
	3) Jenkins, Hilary W20	4) Coley, Blaire W20			3) Moran, Erika W26	4) Gritke, Jenny W27		
	30.91	1:07.24	1:47.18	2:20.48	32.08	1:04.23	1:34.64	2:05.44
5	THOR	A	2:23.27	28	6	TECH	B	2:23.84
	1) Westernacher, Eileen W27	2) Gyarmati, Andrea W27			1) Lemieux, Valerie W36	2) Randall, Kristine W28		
	3) Buyamusky, Laura W25	4) McKenna, Tracey W20			3) Brown, Carolyn W25	4) Desmarais, Catherine W29		
	33.44	1:10.31	1:49.49	2:23.27	35.18	1:10.26	1:49.07	2:23.84
6	LSD	A	2:25.22	26	<b>Women 100-119 200 SC Meter Medley Relay</b>			
	1) Salmon, Bailey W21	2) Goode, Miranda W30			1	ETOB	A	2:11.66
	3) Furlong, Kali W24	4) Rich, Kristi W23			1) Gribben, Nancy W38	2) Campbell, Jocelyn W20		
	35.25	1:12.70	1:48.32	2:25.22	3) Petrone, Juli W20	4) Bertelink, Cindy W34		
<b>Women 72-99 200 SC Meter Medley Relay</b>								
1	CFST	A	2:12.08	40	2	LSD	B	2:17.63
	1) Gordon, Michelle W27	2) Bigelow, Stephanie W23			1) Nichols, Laura W27	2) Wedlake, Julie W26		
	3) Shallhorn, Rachael W21	4) Palmer, Serena W20			3) Moran, Erika W26	4) Gritke, Jenny W27		
	33.22	1:10.67	1:42.43	2:12.08	35.50	1:16.36	1:47.43	2:17.63
2	UTMM	A	2:20.31	34	3	NT	B	2:17.70
	1) Robinson, Caitlin W18	2) Chong, Lori W21			1) Abgarov, Alisa W26	2) Black-Allen, Caitlin W28		
	3) Wu, Lucy W21	4) Paton, Erin W23			3) Kwok, Heather W29	4) Sliemers, Stephanie W25		
	33.84	1:14.80	1:47.01	2:20.31	34.45	1:14.48	1:48.32	2:17.70
3	AURO	A	2:21.66	32	4	BURL	B	2:19.94
	1) Mitchell, Kirsten W19	2) Courtemanche, Amy W20			1) Haneberry, Petra W34	2) Rodgers, Lynn W38		
	3) Sodonis, Andrea W26	4) Wells, Lauren W27			3) Fraser, Amanda W26	4) MacLennan, Caroleene W20		
	34.84	1:17.99	1:50.73	2:21.66	34.65	1:15.10	1:49.59	2:19.94
4	TECH	A	2:22.24	30	5	TECH	B	2:39.45
	1) Perron, Kathleen W20	2) Pearce, Anne Marie W23			1) Randall, Kristine W28	2) Brown, Carolyn W25		
	3) Ostojic, Aleksandra W19	4) Ruel, Marie Carmel W35			3) Lemieux, Valerie W36	4) Desmarais, Catherine W29		
	33.79	1:15.49	1:48.83	2:22.24	40.63	1:26.05	2:39.45	
5	LSD	A	2:47.54	28	<b>Women 120-159 200 SC Meter Freestyle Relay</b>			
	1) Salmon, Bailey W21	2) Goode, Miranda W30			1	NT	A	1:56.55
	3) Rich, Kristi W23	4) Furlong, Kali W24			1) Primorac, Marijana W30	2) Samkova, Zuzana W33		
	39.88	1:29.05	2:10.64	2:47.54	3) Sliemers, Stephanie W25	4) Woodworth, Amy W33		
---	THOR	A	DQ		28.59	57.29	1:27.18	1:56.55
	1) Westernacher, Eileen W27	2) Gyarmati, Andrea W27			2	BURL	B	2:05.89
	3) McKenna, Tracey W20	4) Buyamusky, Laura W25			1) MacLennan, Caroleene W20	2) Rodgers, Lynn W38		
	39.02	1:25.66	2:10.74	DQ	3) Poot, Corinne W36	4) Fraser, Amanda W26		
<b>Women 100-119 200 SC Meter Freestyle Relay</b>					30.58	1:02.31	1:35.11	2:05.89
1	BURL	A	1:58.93	40	3	LSD	C	2:09.84
	1) Haneberry, Petra W34	2) van Warmerdam, Christine W19			1) Macdonald, Cathy W43	2) Nolan, Kara W37		
	3) Chiki, Colleen W36	4) Kerr, Jenn W30			3) St John, Meaghan W34	4) Driediger, Molly W31		
	30.54	59.95	1:29.90	1:58.93	32.20	1:05.91	1:38.12	2:09.84

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## Results

<b>(Women 120-159 200 SC Meter Freestyle Relay)</b>			
4	MUSK	A	2:11.85 30
	1) Parkhill, Nancy W37	2) Parkhill, Yvonne W37	
	3) Stone, Tracey W43	4) Wood, Karen W42	
	32.56 1:07.13	1:41.30 2:11.85	
5	CLAR	A	2:11.91 28
	1) Welds, Karen W46	2) Key, Amber W25	
	3) Pearce, Ralda W43	4) Pereira, Heather W45	
	32.12 1:04.54	1:39.14 2:11.91	
6	MASC	A	2:13.16 26
	1) Robson, Christine W54	2) Chin, Lisa W28	
	3) Gibbs, Heather W45	4) Blakelock, Joanna W31	
	36.54 1:07.88	1:42.60 2:13.16	
7	AURO	A	2:16.71 24
	1) Edwards, Tania W38	2) Bayne, Kate W31	
	3) Greenwood, Shelagh W37	4) Rosevear, Lena W36	
	34.99 1:08.60	1:41.42 2:16.71	
8	TYMS	B	2:18.41 22
	1) Auster, Ellen W52	2) Grodzevich, Olena W24	
	3) Chan, Sarah W23	4) Blanchard, Katherine W54	
	36.65 1:15.94	1:43.36 2:18.41	
9	NYG	D	2:19.85 18
	1) Wilson, Katherine W25	2) Camacho, Liliana W25	
	3) Brankovsky, Martina W48	4) Pietschmann, Suzanne W31	
	33.78 1:11.87	1:50.70 2:19.85	
10	TECH	D	2:40.44 14
	1) Ayotte, Nathalie W34	2) McIlwaine, Tracey W38	
	3) Al Hertani, Walla W31	4) Allison, Jennifer W38	
	36.79 1:10.43	2:02.59 2:40.44	
11	AURO	B	2:56.44 12
	1) Ross, Erin W28	2) Spicer, Christine W35	
	3) Bates, Sharon W26	4) Gerritsen, Diana W31	
	46.34 1:29.50	2:18.46 2:56.44	
---	LSD	D	DQ
	1) Cullen, Wendy W35	2) Evans, Janice W37	
	3) Bawden, Susan W42	4) Lowrie, Deborah W41	
	46.15 1:24.63	2:03.57 DQ	
<b>Women 120-159 200 SC Meter Medley Relay</b>			
1	NT	A	2:11.95 40
	1) Woodworth, Amy W33	2) Primorac, Marijana W30	
	3) Samkova, Zuzana W33	4) Baird, Haelie W27	
	34.09 1:11.23	1:42.14 2:11.95	
2	BURL	A	2:16.65 34
	1) van Warmerdam, Christine W19	2) Price, Melanie W37	
	3) Chiki, Colleen W36	4) Kerr, Jenn W30	
	35.20 1:15.15	1:47.59 2:16.65	
3	AURO	A	2:18.04 32
	1) Haws, Lori W38	2) Drummond, Crystal W40	
	3) McKnight, Kathy W46	4) Gonzalez, Juliana W23	
	35.12 1:14.83	1:48.56 2:18.04	
4	LSD	C	2:27.53 30
	1) Macdonald, Cathy W43	2) Nolan, Kara W37	
	3) St John, Meaghan W34	4) Driediger, Molly W31	
	37.01 1:17.05	1:56.05 2:27.53	
5	TYMS	B	2:34.06 28
	1) Stephenson, Frances W25	2) Chan, Sarah W23	
	3) Grodzevich, Olena W24	4) Auster, Ellen W52	
	34.54 1:15.29	1:56.62 2:34.06	
6	MASC	A	2:35.43 26
	1) Robson, Christine W54	2) Bandelj, Regina W34	
	3) Cameron, Nina W31	4) Bowie, Alison W25	
	42.46 1:26.33	2:00.31 2:35.43	
7	BURL	C	2:37.60 24
	1) Poot, Corinne W36	2) Hughes, Michelle W45	
	3) Cowling, Denyse W37	4) Piccioli, Michelle W34	
	39.51 1:24.51	2:02.52 2:37.60	
8	ETOB	B	2:47.01 22
	1) Seawright, Cheryl W36	2) Ingleton, Sarah W44	
	3) MacPherson, Nicole W43	4) Tipler, Allison W27	
	41.09 1:29.21	2:10.30 2:47.01	
9	NYG	D	2:50.77 18
	1) Wilson, Katherine W25	2) Winter, Beatriz W36	
	3) Camacho, Liliana W25	4) Stewart, Jennifer W38	
	40.98 1:28.18	2:12.50 2:50.77	
10	TECH	D	3:06.75 14
	1) McIlwaine, Tracey W38	2) Martin, Laetitia W27	
	3) Ayotte, Nathalie W34	4) Allison, Jennifer W38	
	43.18 1:41.42	2:28.34 3:06.75	
<b>Women 160-199 200 SC Meter Freestyle Relay</b>			
1	TECH	C	2:02.52 40
	1) Bond, Whitney W39	2) McArton, Jennifer W41	
	3) Roman, Marisha W42	4) Deliencourt, Sylvie W48	
	31.12 1:01.58	1:32.44 2:02.52	
2	CLIP	A	2:02.85 34
	1) Hilland, Kathy W50	2) Wearmouth, Shelley W49	
	3) Dawson-Jones, Kristin W48	4) Dixon-Wells, Lisa W48	
	30.92 1:02.18	1:32.82 2:02.85	
3	AURO	C	2:03.09 32
	1) Freixa, Julia W38	2) Haws, Lori W38	
	3) Drummond, Crystal W40	4) McKnight, Kathy W46	
	28.41 59.46	1:31.43 2:03.09	
4	OAK	A	2:07.63 30
	1) Agnew, Jennifer W48	2) Tremblay, Sylvie W43	
	3) Gibbs, Janice W50	4) Hatherly, Jackie W44	
	36.05 1:05.79	1:37.84 2:07.63	
5	AURO	B	2:09.55 28
	1) Bennett, Nicole W45	2) Black, Nancy W47	
	3) Rey, Irene W32	4) Jacob, Casey W44	
	31.85 1:04.50	1:37.75 2:09.55	
6	BURL	C	2:17.80 26
	1) Price, Melanie W37	2) Cowling, Denyse W37	
	3) Reed, Susan W52	4) Piccioli, Michelle W34	
	32.22 1:06.95	1:42.48 2:17.80	
7	NYG	C	2:21.82 24
	1) Fleming, Karen W47	2) Gladstone, Sara W45	
	3) Kofman, Irina W43	4) Lyons, Kelly W46	
	35.81 1:11.99	1:45.60 2:21.82	
8	ETOB	B	2:22.03 22
	1) Gribben, Nancy W38	2) Bradley, Sara W47	
	3) Ingleton, Sarah W44	4) McLeish, Cindy W40	
	31.96 1:05.76	1:41.74 2:22.03	

## MSC Nationals 2009 Nationaux MNC

## Results

<b>(Women 160-199 200 SC Meter Freestyle Relay)</b>					6	AURO	A	2:37.05	26
9	BURL	D	2:22.58	18	1)	Black, Nancy W47	2)	Doucher, Carol Ann W47	
	1) Hughes, Michelle W45	2)	Woods, Tanya W37		3)	Deacon, Sue W47	4)	Clark, Diane W47	
	3) Lowden, Fiona W48	4)	Spence, Nancy W40			37.96	1:22.01	2:00.52	2:37.05
	35.33	1:09.54	1:45.77	2:22.58	7	CLAR	A	2:38.70	24
10	LSD	E	2:28.21	14	1)	Welds, Karen W46	2)	Pankhurst, Debbie W57	
	1) Gregson, Sabrina W34	2)	Dhanvantari, Savita W44		3)	Pereira, Heather W45	4)	Pearce, Ralda W43	
	3) Kosac, Marci W45	4)	Shillington, Jan W55			39.11	1:25.67	2:05.33	2:38.70
	33.47	1:11.22	1:49.25	2:28.21	8	NYG	C	2:42.05	22
11	AURO	F	2:30.71	12	1)	Fleming, Karen W47	2)	Brankovsky, Martina W48	
	1) Duckworth, Cheryl W48	2)	Doucher, Carol Ann W47		3)	Gladstone, Sara W45	4)	Lyons, Kelly W46	
	3) McDowell, Gillian W40	4)	Temple, Karen W43			39.51	1:24.36	2:05.85	2:42.05
	40.18	1:18.27	1:54.93	2:30.71	9	LSD	E	2:48.27	18
12	AURO	E	2:30.76	10	1)	Kosac, Marci W45	2)	Shillington, Jan W55	
	1) Clark, Diane W47	2)	Downer, Janet W48		3)	Gregson, Sabrina W34	4)	Dhanvantari, Savita W44	
	3) Corso, Terri W46	4)	Sedgewick, Shauna W36			42.91	1:31.84	2:10.81	2:48.27
	37.40	1:17.38	1:54.49	2:30.76	10	AURO	D	2:54.94	14
13	AURO	H	2:33.85	8	1)	Corso, Terri W46	2)	Downer, Janet W48	
	1) Teague, Melony W38	2)	Kelly, Joanne W52		3)	Sedgewick, Shauna W36	4)	Rey, Irene W32	
	3) Bonham, Karen W49	4)	Norwell, Judy W49			50.59	1:35.53	2:21.56	2:54.94
	37.21	1:14.78	1:52.56	2:33.85	11	AURO	C	2:57.08	12
14	AURO	D	2:36.83	6	1)	Jacob, Casey W44	2)	Quaiattinni, Susan W45	
	1) Scott, Joanne W48	2)	Emery, Wendy W49		3)	Traxler, Delfina W49	4)	Gerritsen, Diana W31	
	3) Unwin, Lianne W47	4)	Quaiattinni, Susan W45			40.17	1:29.05	2:18.10	2:57.08
	41.84	1:20.26	1:59.70	2:36.83	12	BURL	D	3:02.93	10
15	AURO	A	2:37.32	4	1)	Koloditzky, Susan W36	2)	Lam, Nancy W58	
	1) Foy, Donna W43	2)	Boudreau, Carolyn W44		3)	Lowden, Fiona W48	4)	Woods, Tanya W37	
	3) Douglas, Joanna W44	4)	Kearney, Susan W44			51.54	1:45.48	2:27.88	3:02.93
	41.95	1:21.01	2:04.48	2:37.32	13	AURO	F	3:04.73	8
16	BURL	F	2:53.90	2	1)	Kelly, Joanne W52	2)	Unwin, Lianne W47	
	1) Koloditzky, Susan W36	2)	Heuft, Jennifer W34		3)	Greenwood, Shelagh W37	4)	Bates, Sharon W26	
	3) Fisher, Jennifer W44	4)	Herbert, Carole W55			51.86	1:38.28	2:16.05	3:04.73
	39.95	1:22.79	2:09.43	2:53.90	14	AURO	E	3:08.84	6
<b>Women 160-199 200 SC Meter Medley Relay</b>					1)	Emery, Wendy W49	2)	Teague, Melony W38	
1	CMSC	A	2:17.98	40	3)	Kearney, Susan W44	4)	Scott, Joanne W48	
	1) McCall, Janie W50	2)	Wortley, Michelle W33			51.12	1:43.76	2:28.30	3:08.84
	3) Wallace, Laurie W40	4)	Carlsen, Jeanne W51		15	BURL	E	3:20.48	4
	35.27	1:14.76	1:47.20	2:17.98	1)	Heuft, Jennifer W34	2)	Ruginis, Suzanne W47	
2	TECH	C	2:19.94	34	3)	Pagani, Sandra W43	4)	Fisher, Jennifer W44	
	1) Roman, Marisha W42	2)	Bond, Whitney W39			53.11	1:42.15	2:37.36	3:20.48
	3) McArton, Jennifer W41	4)	Delicourt, Sylvie W48		16	LSD	D	3:34.34	2
	35.97	1:18.02	1:50.29	2:19.94	1)	Cummins, Deb W58	2)	Evans, Janice W37	
3	CLIP	A	2:21.49	32	3)	Hillis, Yvonne W51	4)	Lowrie, Deborah W41	
	1) Hilland, Kathy W50	2)	Dixon-Wells, Lisa W48			1:56.18	2:56.62	3:34.34	
	3) Dawson-Jones, Kristin W48	4)	Wearmouth, Shelley W49		17	AURO	G	3:49.99	
	36.82	1:16.45	1:50.36	2:21.49	1)	Ross, Erin W28	2)	Siebert, Evelyn W54	
4	NYG	B	2:25.27	30	3)	Finnear, Deborah W46	4)	Spicer, Christine W35	
	1) Oliver, Michele W52	2)	Bruce, Heather W39			3:06.51	3:49.99		
	3) Pietschmann, Suzanne W31	4)	Kofman, Irina W43		<b>Women 200-239 200 SC Meter Freestyle Relay</b>				
	38.00	1:20.34	1:52.03	2:25.27	1	MSBC	A	2:05.69	40
5	AURO	B	2:34.19	28	1)	Macdonald, Sarah W49	2)	Smith, Elizabeth W61	
	1) McDowell, Gillian W40	2)	Edwards, Tania W38		3)	Nelson, Colleen W60	4)	Bauer, Kristin W33	
	3) Bennett, Nicole W45	4)	Freixa, Julia W38			27.53	1:01.49	1:35.97	2:05.69
	43.67	1:28.97	2:05.66	2:34.19	2	EMSC	A	2:08.43	34
					1)	Cathro, Janet W50	2)	Fradette, Karen W52	
					3)	Chafe, Susan W49	4)	Garvie, Leigh W55	
						29.18	1:03.73	1:33.46	2:08.43

## MSC Nationals 2009 Nationaux MNC

## Results

**(Women 200-239 200 SC Meter Freestyle Relay)**

3	NYG	B	2:14.20	32
	1) Oliver, Michele W52	2) Dimitroff, Jennifer W55		
	3) Morrison, Adrienne W56	4) Bruce, Heather W39		
	31.44 1:05.59	1:41.70 2:14.20		
4	TECH	F	2:15.43	30
	1) Grant, Fiona W49	2) Buckner, Wendy W50		
	3) Bakish, Margaret W60	4) Simpson, Betsy W44		
	32.81 1:07.33	1:43.21 2:15.43		
5	AURO	B	2:18.79	28
	1) Iannucci, Judy W53	2) Hall, Dorothy W52		
	3) Mitchell, Janet W49	4) Deacon, Sue W47		
	33.41 1:09.71	1:43.32 2:18.79		
6	TYMS	A	2:25.71	26
	1) Dacey, Shirley W73	2) Flanagan, Colleen W53		
	3) Weir, Sue W53	4) Stephenson, Frances W25		
	47.41 1:22.64	1:56.04 2:25.71		
7	LSD	F	2:28.50	24
	1) Salmon, Anneke W53	2) McTavish, Sandie W54		
	3) Baker, Tracey W49	4) Bantock, Shelagh W53		
	37.82 1:13.75	1:51.36 2:28.50		
8	NYG	E	2:39.23	22
	1) Wilson, Taina W60	2) Pearen, Susan W53		
	3) Jewett, Sue W51	4) Long, Suzanne W45		
	44.06 1:22.83	2:01.54 2:39.23		
9	TECH	E	2:45.19	18
	1) Robertson, Kelly W46	2) Grant, Diane W57		
	3) Lombardo, Jamie W50	4) Milford, Wendy W48		
	36.75 1:23.90	2:14.35 2:45.19		
10	AURO	C	3:01.59	14
	1) Siebert, Evelyn W54	2) McGowan, Ann W48		
	3) Brookes, Heather W47	4) Leung-Hagensteijn, Chungyee W		
	43.47 1:35.29	2:21.52 3:01.59		
11	THOR	B	3:03.85	12
	1) Lumsdon, Kim W52	2) Trattner, Paula W52		
	3) Westernacher, Valerie W61	4) McLean, Christine W58		
	40.30 1:26.58	2:18.07 3:03.85		
12	BURL	E	3:05.12	10
	1) Puskas, Joan W69	2) Ruginis, Suzanne W47		
	3) Lam, Nancy W58	4) Pagani, Sandra W43		
	51.12 1:32.07	2:17.74 3:05.12		
13	ATB	A	3:06.28	8
	1) Staples, Justine W45	2) Jessop, Katie W40		
	3) St. Laurent, Ethel W74	4) VanDyke, Catherine W61		
	37.45 1:15.68	2:25.24 3:06.28		
14	TECH	G	3:13.10	6
	1) Steinberg, Jennifer W42	2) Scheffler, Heike W53		
	3) Jordan, Marian W53	4) Moore, Catherine W54		
	40.27 1:29.82	2:21.59 3:13.10		
15	AURO	D	3:22.18	4
	1) Duck, Wendy W65	2) Chappell, Carol W58		
	3) Kowalewski, Marnie W59	4) Finniear, Deborah W46		
	44.46 1:36.75	2:31.08 3:22.18		

**Women 200-239 200 SC Meter Medley Relay**

1	EMSC	A	2:26.02	40
	1) Cathro, Janet W50	2) Fradette, Karen W52		
	3) Chafe, Susan W49	4) Garvie, Leigh W55		
	35.88 1:17.48	1:50.51 2:26.02		
2	TECH	F	2:34.53	34
	1) Simpson, Betsy W44	2) Bakish, Margaret W60		
	3) Buckner, Wendy W50	4) Grant, Fiona W49		
	39.92 1:24.75	2:01.90 2:34.53		
3	AURO	A	2:38.52	32
	1) Bonham, Karen W49	2) Hall, Dorothy W52		
	3) Mitchell, Janet W49	4) Iannucci, Judy W53		
	44.21 1:30.37	2:04.75 2:38.52		
4	OAK	A	2:38.76	30
	1) Scott, Valerie W53	2) Lopes, Sonia W53		
	3) Gibbs, Janice W50	4) Hatherly, Jackie W44		
	45.15 1:32.76	2:08.95 2:38.76		
5	LSD	F	2:41.24	28
	1) Salmon, Anneke W53	2) McTavish, Sandie W54		
	3) Baker, Tracey W49	4) Bantock, Shelagh W53		
	42.94 1:27.68	2:06.41 2:41.24		
6	AURO	B	3:08.06	26
	1) Duck, Wendy W65	2) Norwell, Judy W49		
	3) Temple, Karen W43	4) Duckworth, Cheryl W48		
	53.03 1:40.71	2:30.57 3:08.06		
7	ATB	A	3:09.27	24
	1) Turner, Elisabeth W45	2) Shimano, Lee W55		
	3) VanDyke, Catherine W61	4) Levine, Jody W41		
	46.32 1:40.52	2:29.90 3:09.27		
8	MSBC	A	3:20.07	22
	1) Morinville, Carole W52	2) Campbell, Sheila W64		
	3) Russo, Monique W49	4) Macdonald, Sarah W49		
	56.04 1:57.30	2:47.24 3:20.07		
9	TECH	E	3:20.08	18
	1) Lombardo, Jamie W50	2) Milford, Wendy W48		
	3) Robertson, Kelly W46	4) Grant, Diane W57		
	59.73 1:43.96	2:33.26 3:20.08		
10	BURL	F	3:26.13	14
	1) Puskas, Joan W69	2) Reed, Susan W52		
	3) Spence, Nancy W40	4) Herbert, Carole W55		
	1:01.14 1:53.67	2:38.22 3:26.13		
11	THOR	B	3:54.20	12
	1) McLean, Christine W58	2) Trattner, Paula W52		
	3) Lumsdon, Kim W52	4) Westernacher, Valerie W61		
	57.61 2:07.85	3:02.71 3:54.20		
12	TECH	G	3:56.77	10
	1) Brooks, Cathy W56	2) Jordan, Marian W53		
	3) Steinberg, Jennifer W42	4) Scheffler, Heike W53		
	1:03.96 2:18.65	3:05.11 3:56.77		
---	NYG	E		DQ
	1) Dimitroff, Jennifer W55	2) Pearen, Susan W53		
	3) Morrison, Adrienne W56	4) Jewett, Sue W51		
	43.42 1:37.49	2:19.98	DQ	

## MSC Nationals 2009 Nationaux MNC

## Results

<b>Women 240-279 200 SC Meter Freestyle Relay</b>				2	NYG	A	3:19.45	34	
1	MSBC	B	2:43.57	40	1) Oliver, Judie W77	2) Oliver, Sandra W68			
	1) Brault, Danielle W53	2) Russo, Monique W49			3) Porasz, Agnes W76	4) Barrett, Karen W63			
	3) Ryan, Nancy W61	4) Stamhuis, Conny W77			42.86	1:31.21	2:25.94	3:19.45	
	33.51	1:14.10	1:51.50	2:43.57					
2	TECH	H	2:44.04	34	<b>Women 280-319 200 SC Meter Medley Relay</b>				
	1) Niblett, Pat W77	2) Wood, Sheila W41			1	MSBC	C	3:29.14	40
	3) Angus, Pat W65	4) Milne, Kathleen W58				1) Ryan, Nancy W61	2) Papadopoulos, Kenna W68		
	44.87	1:18.46	2:05.05	2:44.04		3) Varty, Eulah W75	4) Stamhuis, Conny W77		
3	ETOB	D	2:55.97	32		43.30	1:37.42	2:39.27	3:29.14
	1) Cattrall, Yvonne W61	2) Bertelink, Tineke W67			2	ETOB	E	3:32.27	34
	3) Bishop, Millie W68	4) Billing, Anita W47				1) Rasmussen, Kalis W85	2) Eisele, Sylvia W80		
	38.08	1:21.71	2:16.70	2:55.97		3) Bradley, Sara W47	4) Bishop, Millie W68		
4	LSD	G	3:20.79	30		1:16.07	1:59.36	2:37.94	3:32.27
	1) Piggott, Margie W62	2) Lane, Virginia W63			3	NYG	A	3:34.16	32
	3) Quigley, Linda W68	4) Eberhard, Jeannette W52				1) Wilson, Taina W60	2) Oliver, Sandra W68		
	1:03.26	1:58.20	2:42.29	3:20.79		3) Oliver, Judie W77	4) Porasz, Agnes W76		
5	EMSC	B	3:22.80	28		53.88	1:55.98	2:42.45	3:34.16
	1) Hansler, Christine W38	2) Long, Pat W68							
	3) Adams, Shirley W68	4) Thorne, Olive W78							
	29.51	1:22.42	2:19.86	3:22.80					
6	MSBC	C	3:31.16	26					
	1) Papadopoulos, Kenna W68	2) Varty, Eulah W75							
	3) Morinville, Carole W52	4) Campbell, Sheila W64							
	48.36	1:35.51	2:28.97	3:31.16					
<b>Women 240-279 200 SC Meter Medley Relay</b>									
1	MSBC	B	2:35.53	40					
	1) Pronk, Bonnie W67	2) Brault, Danielle W53							
	3) Nelson, Colleen W60	4) Smith, Elizabeth W61							
	40.69	1:20.01	2:01.72	2:35.53					
2	ETOB	D	2:54.09	34					
	1) Shields, Colleen W58	2) Cattrall, Yvonne W61							
	3) Babin, Dawn W58	4) Bertelink, Tineke W67							
	42.47	1:24.76	2:10.28	2:54.09					
3	TECH	H	3:02.20	32					
	1) Wood, Sheila W41	2) Milne, Kathleen W58							
	3) Angus, Pat W65	4) Niblett, Pat W77							
	42.30	1:28.41	2:17.89	3:02.20					
4	LSD	G	3:46.01	30					
	1) Lane, Virginia W63	2) Piggott, Margie W62							
	3) Eberhard, Jeannette W52	4) Quigley, Linda W68							
	1:09.68	2:16.74	3:46.01						
5	EMSC	B	3:46.59	28					
	1) Long, Pat W68	2) Adams, Shirley W68							
	3) Hansler, Christine W38	4) Thorne, Olive W78							
	1:07.03	2:08.89	2:42.10	3:46.59					
---	TYMS	A		DQ					
	1) Bryce, Glad W75	2) Blanchard, Katherine W54							
	3) Weir, Sue W53	4) Dacey, Shirley W73							
	1:06.78	1:52.97	2:30.16	DQ					
<b>Women 280-319 200 SC Meter Freestyle Relay</b>									
1	ETOB	E	3:04.00	40					
	1) Rasmussen, Kalis W85	2) Eisele, Sylvia W80							
	3) Babin, Dawn W58	4) Shields, Colleen W58							
	54.05	1:47.03	2:25.44	3:04.00					

## MSC Nationals 2009 Nationaux MNC

## Results

**Men 72-99 200 SC Meter Freestyle Relay**

1	AURO	A	1:39.69	40
	1) Milliard, Daniel M28	2) Iannucci, Guido M20		
	3) Bonham, Randal M20	4) Lindquist, Daniel M29		
	25.42	50.02	1:15.92	1:39.69

**Men 72-99 200 SC Meter Medley Relay**

1	AURO	A	1:59.61	40
	1) Iannucci, Guido M20	2) Galego, Marco M27		
	3) Galego, Pedro M27	4) Hosu, Andrei M19		
	31.19	1:03.50	1:33.95	1:59.61

**Men 100-119 200 SC Meter Freestyle Relay**

1	NT	B	1:43.73	40
	1) Yuill, Erik M30	2) Blaskovits, Peter M30		
	3) Bodi, Peter M28	4) Boulanger, Alexandre M27		
	25.15	51.61	1:17.42	1:43.73
2	AURO	A	1:47.81	34
	1) Galego, Marco M27	2) Galego, Pedro M27		
	3) Hosu, Andrei M19	4) Wells, Daniel M29		
	27.28	55.65	1:21.66	1:47.81
3	THOR	A	1:53.03	32
	1) Fernandez, Richard M24	2) Nasser, Ramiz M26		
	3) Paddags, Mike M30	4) Westernacher, Wayne M32		
	28.41	55.98	1:25.52	1:53.03

**Men 100-119 200 SC Meter Medley Relay**

1	AURO	A	1:53.72	40
	1) Clair, Tyler M39	2) Milliard, Daniel M28		
	3) Bonham, Randal M20	4) Lindquist, Daniel M29		
	29.99	1:01.63	1:29.56	1:53.72
2	LSD	A	1:58.84	34
	1) Wedlake, Jason M27	2) Squire-Smith, Tristan M28		
	3) Hewerdine, Johnny M30	4) Mondoux, Dave M23		
	28.84	1:04.51	1:31.82	1:58.84
3	THOR	A	2:06.09	32
	1) Fernandez, Richard M24	2) Westernacher, Wayne M32		
	3) Nasser, Ramiz M26	4) Paddags, Mike M30		
	31.80	1:06.11	1:36.30	2:06.09

**Men 120-159 200 SC Meter Freestyle Relay**

1	GRAN	A	1:39.86	40
	1) Garofalo, Robert M29	2) Van de Water, Chris M28		
	3) Warburton, Sean M41	4) Spencer, Dave M23		
	25.04	50.39	1:15.26	1:39.86
2	CFST	A	1:44.41	34
	1) MacNeil, Brett M38	2) Howard, Jon M33		
	3) Kelly, Jim M33	4) McCulloch, Marc M20		
	26.83	52.23	1:17.66	1:44.41
3	LSD	A	1:44.42	32
	1) Pardo, Manny M39	2) Wedlake, Jason M27		
	3) Stewart, Matt M35	4) Hewerdine, Johnny M30		
	26.55	52.05	1:19.88	1:44.42
4	NEP	A	1:45.34	30
	1) Kennedy, Ian M32	2) Papai, Steve M35		
	3) Bloom, Steve M40	4) Peden, Trent M32		
	26.31	51.92	1:21.05	1:45.34

**(Men 120-159 200 SC Meter Freestyle Relay)**

5	ETOB	A	1:47.77	28
	1) Statkevicius, Al M33	2) Krozkin, Gabriel M35		
	3) Goodwin, David M30	4) Petrov, Mirko M26		
	26.55	53.84	1:20.38	1:47.77
6	NYG	B	1:47.79	26
	1) Famin, Kanstantsin M28	2) Van Greuning, Len M42		
	3) Ross, Daniel M22	4) Phillips, Todd M42		
	26.97	52.31	1:20.81	1:47.79
7	BURL	A	1:48.35	24
	1) Tolley, Mark M36	2) Baker, Lee M36		
	3) Strang, John M44	4) Saeed Kamil, Zaid M30		
	27.25	54.13	1:22.32	1:48.35
8	MASC	A	1:51.04	22
	1) MacArthur, Richard M37	2) Quattrociocchi, Matthew M33		
	3) Proctor, Greg M50	4) Percuklijevic, Stephen M22		
	26.25	54.62	1:24.82	1:51.04
9	TECH	C	1:52.71	18
	1) Weekes, Chris M40	2) Dickinson, Koro M29		
	3) Dufour, Nic M37	4) Hassanali, Khalil M26		
	27.50	57.10	1:24.19	1:52.71
10	ETOB	B	1:53.80	14
	1) Dale, Philip M35	2) Vande Vooren, Ryan M33		
	3) Churcher, Jed M36	4) Dreger, Cameron M34		
	29.04	56.63	1:26.05	1:53.80
11	TYMS	A	1:54.62	12
	1) Mathe, Sandor M49	2) Amodeo, Rick M41		
	3) Diaz, Rodolfo M33	4) Bouchard, Trevor M27		
	29.56	57.77	1:26.08	1:54.62
12	LSD	B	1:56.39	10
	1) Mondoux, Dave M23	2) Stackhouse, Tony M35		
	3) Astolfi, Dean M37	4) Squire-Smith, Tristan M28		
	27.87	56.59	1:27.62	1:56.39
13	LSD	D	2:25.09	8
	1) Lewis, Greg M43	2) Stevens, Jordan M26		
	3) Roman, Steve M42	4) Yip, Paul M34		
	32.05	1:06.07	1:40.60	2:25.09

**Men 120-159 200 SC Meter Medley Relay**

1	NT	B	1:59.47	40
	1) Bodi, Peter M28	2) Boulanger, Alexandre M27		
	3) Blaskovits, Peter M30	4) Barnes, Christopher M39		
	31.39	1:03.25	1:32.55	1:59.47
2	ETOB	A	1:59.53	34
	1) Goodwin, David M30	2) Petrov, Mirko M26		
	3) Statkevicius, Al M33	4) Galberg, Christopher M36		
	30.69	1:03.77	1:33.46	1:59.53
3	CFST	A	2:02.70	32
	1) McCulloch, Marc M20	2) MacNeil, Brett M38		
	3) Kelly, Jim M33	4) McManus, John M55		
	32.52	1:06.11	1:33.09	2:02.70
4	BURL	A	2:05.30	30
	1) Tolley, Mark M36	2) Saeed Kamil, Zaid M30		
	3) Baker, Lee M36	4) Grodski, Mark M36		
	32.88	1:07.69	1:36.15	2:05.30

## MSC Nationals 2009 Nationaux MNC

## Results

5	AURO	A	2:06.98	28	<b>(Men 160-199 200 SC Meter Freestyle Relay)</b>				
	1) Brown, Lloyd M46	2) Dodgson, Phil M42			6	EBSC	A	1:47.84	26
	3) Dallal, Ra'Ed M40	4) Wells, Daniel M29				1) Oldham, Mark M40	2) Anfossi, Jamie M39		
	34.19 1:08.74	1:40.23 2:06.98				3) Beaudin, Gilles M55	4) Le Bihan, Patrice M33		
6	NYG	B	2:07.83	26		25.02 52.97	1:21.91 1:47.84		
	1) Rieper, Ralph M50	2) Ross, Daniel M22			7	CLAR	A	1:49.73	24
	3) Famin, Kanstantsin M28	4) Winter, Hans M39				1) Odell, Derek M39	2) Gaglietta, Todd M42		
	35.17 1:10.32	1:39.69 2:07.83				3) Branton, Scott M42	4) Patrick, Michael M53		
7	KING	A	2:07.84	24		27.61 56.20	1:23.53 1:49.73		
	1) Graves, Aaron M29	2) McNeill, Devan M23			8	ETOB	C	1:50.28	22
	3) Raleigh, Jack M49	4) Landy, Andrew M47				1) Forsyth, Mark M38	2) Seawright, Bud M43		
	34.05 1:09.08	1:40.13 2:07.84				3) Galberg, Christopher M36	4) Degrigny, Bruno M46		
8	LSD	B	2:10.59	22		27.57 55.93	1:22.34 1:50.28		
	1) Mitchell, Scott M42	2) Astolfi, Dean M37			9	MGM	A	1:50.70	18
	3) Austin, Jevon M35	4) Stewart, Matt M35				1) Holloway, Brandon M29	2) Norris, Andrew M48		
	33.59 1:10.53	1:42.79 2:10.59				3) Lawson, Peter M46	4) Coulson, Jeff M48		
9	TECH	C	2:11.40	18		26.71 55.37	1:23.20 1:50.70		
	1) Dufour, Nic M37	2) Hassanali, Khalil M26			10	NT	A	1:51.00	14
	3) Weekes, Chris M40	4) Dickinson, Koro M29				1) Smelt, Chris M46	2) Calle, Juan M44		
	35.35 1:12.68	1:43.04 2:11.40				3) Barnes, Christopher M39	4) Chisholm, Bill M54		
10	ETOB	B	2:11.88	14		28.33 1:00.64	1:31.31 1:51.00		
	1) Vande Vooren, Ryan M33	2) Cutajar, Mark M33			11	BURL	C	1:52.88	12
	3) Izyumov, Vlad M35	4) Krozkin, Gabriel M35				1) Grodski, Mark M36	2) Wyatt, David M44		
	34.76 1:13.27	1:43.75 2:11.88				3) Laroche, Remi M34	4) Ball, Jeff M47		
11	ETOB	C	2:18.66	12		29.73 57.35	1:24.82 1:52.88		
	1) Dreger, Cameron M34	2) Chang, Simon M34			12	AURO	C	1:54.86	10
	3) Dale, Philip M35	4) Churcher, Jed M36				1) Dallal, Ra'Ed M40	2) Mitchell, Andy M48		
	34.54 1:15.74	1:48.23 2:18.66				3) Oliver, Eric M46	4) Dodgson, Phil M42		
12	LSD	D	2:52.60	10		27.97 57.32	1:27.24 1:54.86		
	1) Stevens, Jordan M26	2) Lewis, Greg M43			13	NYG	C	1:55.91	8
	3) Roman, Steve M42	4) Yip, Paul M34				1) Araujo, Carlos M36	2) Cheung, Ken M34		
	39.04 1:20.31	2:08.31 2:52.60				3) McFarlane, Brian M57	4) Rezk, Karim M38		
13	TECH	D	3:15.42	8		27.65 56.21	1:27.64 1:55.91		
	1) Baker, Dale M39	2) Marsaw, Aaron M36			14	YMCA	A	1:56.32	6
	3) Scanlan, Peter M44	4) Dixon, Lee M36				1) Smith, Ian M68	2) Cyr, Joe M31		
	51.54 1:41.69	2:26.69 3:15.42				3) Da Costa, Luis M41	4) Penny, Charles M43		
<b>Men 160-199 200 SC Meter Freestyle Relay</b>						27.33 57.01	1:25.66 1:56.32		
1	TECH	A	1:39.72	40	15	LSD	C	2:01.99	4
	1) Dick, Scott M38	2) Oliva, Stepan M43				1) Mitchell, Scott M42	2) Scafe, Ronald M54		
	3) Parenti, Gerry M37	4) McCarthy, Chris M42				3) Taylor, Andrew M38	4) Austin, Jevon M35		
	25.27 49.37	1:13.98 1:39.72				29.91 1:02.84	1:31.59 2:01.99		
2	OOPS	A	1:40.38	34	16	BURL	D	2:02.79	2
	1) Hanzlik, Steve M30	2) McKinnon, Peter M45				1) Brown, Nicholas M38	2) Smith, Jason M32		
	3) Town, Rob M51	4) Shivers, Todd M34				3) Symes, Greg M49	4) Rudolph, Manfred M54		
	25.10 49.74	1:15.89 1:40.38				27.39 59.00	1:32.11 2:02.79		
3	EMSC	A	1:42.28	32	17	NYG	D	2:05.71	
	1) Saretsky, Barry M40	2) Andruchow, Grant M43				1) O'Brien, Sean M42	2) Dacuk, John C. M53		
	3) Floyd, Tim M49	4) Lewis, Barry M47				3) Alexander, Laurence M59	4) Winter, Hans M39		
	24.51 49.90	1:17.37 1:42.28				30.28 1:03.22	1:38.33 2:05.71		
4	MMAC	A	1:45.54	30	18	AURO	A	2:05.74	
	1) Doig, Peter M50	2) Leier, Brian M51				1) Desbarats, Andy M38	2) Haffenden, Paul M53		
	3) Stothers, Steven M48	4) Chambers, Mike M38				3) Fowler, Allan M37	4) Beaton, Mark M50		
	26.77 53.81	1:20.03 1:45.54				30.14 1:00.98	1:34.32 2:05.74		
5	KING	A	1:47.76	28	19	ETOB	D	2:06.12	
	1) Raleigh, Jack M49	2) Landy, Andrew M47				1) Izyumov, Vlad M35	2) Cutajar, Mark M33		
	3) Graves, Aaron M29	4) Ingo, Steve M42				3) McManus, Frank M52	4) Shutov, Vlad M54		
	26.92 54.63	1:23.68 1:47.76				29.37 1:00.24	1:32.99 2:06.12		





## MSC Nationals 2009 Nationaux MNC

## Results

4	AURO	D	1:56.33	30
	1) Brown, Lloyd M46	2) Hamilton, Gary M49		
	3) Hamilton, Derrick M52	4) Sodonis, Frank M53		
	28.93	57.83	1:27.82	1:56.33
5	LSD	E	1:57.67	28
	1) Gilbert, Nick M53	2) Korchuk, Jonathan M52		
	3) Cappa, Paul M46	4) Grace, Chuck M52		
	29.38	1:00.49	1:29.78	1:57.67
6	ETOB	E	1:58.25	26
	1) Foster, Nick M49	2) Naylor, Tom M47		
	3) Macdonald, Ian M51	4) Norris, Bob M55		
	29.36	1:00.79	1:30.63	1:58.25
7	OAK	A	2:03.70	24
	1) Liepner, Michael M71	2) Parker, Michael M41		
	3) Hurd, Gordon M60	4) McKinty, Will M53		
	36.31	1:06.91	1:36.99	2:03.70
8	ATB	B	2:04.43	22
	1) Thurlbeck, Gregg M51	2) Ehlermann, Roy M40		
	3) MacLean, Robert M65	4) Day, John M45		
	30.68	58.01	1:34.74	2:04.43
9	TYMS	B	2:04.69	18
	1) Yousefi, Mojtaba M35	2) Von Zuben, Chuck M60		
	3) Hibbert, Richard M64	4) Nesovic, Jake M42		
	30.98	1:03.22	1:36.57	2:04.69
10	AURO	B	2:10.69	14
	1) Jenkins, Bill M51	2) Sandhar, Marcus M38		
	3) Iannucci, Livio M55	4) Hardy, Jim M59		
	35.04	1:05.78	1:37.97	2:10.69
11	AURO	E	2:14.95	12
	1) Talbot, Jim M61	2) Leger, Tom M48		
	3) Rottmann, Nick M58	4) Lindquist, Les M58		
	35.42	1:06.27	1:40.68	2:14.95
12	TECH	E	2:17.82	10
	1) Scapillato, Tim M55	2) Connerty, Bill M46		
	3) Dupuis, Mike M54	4) McCaw, Jim M46		
	40.18	1:07.75	1:43.85	2:17.82
13	ETOB	F	2:40.00	8
	1) Sheridan, Brian M64	2) Lane, Charlie M71		
	3) Hutchison, Robert M52	4) Cox, Al M51		
	34.13	1:14.08	2:09.08	2:40.00
14	EMSC	B	2:42.85	6
	1) Boddington, Jack M83	2) Trandafilovski, Alex M43		
	3) Parrish, Adam M47	4) Summers, Scott M42		
	1:09.14	1:40.77	2:11.64	2:42.85
15	ATB	C	3:28.31	4
	1) Bonneville, Mark M47	2) Parker, Craig M46		
	3) Drew, Ian M37	4) Howlett, Kenneth M79		
	33.22	1:11.30	1:44.77	3:28.31

**Men 200-239 200 SC Meter Medley Relay**

1	AURO	B	1:53.96	40
	1) Hamilton, Gary M49	2) Hamilton, Derrick M52		
	3) Thompson, Dan M53	4) Freeman, Dave M52		
	29.87	1:02.88	1:28.05	1:53.96
2	MMAC	A	2:04.34	34
	1) Doig, Peter M50	2) Boulding, Paul M58		
	3) Stothers, Steven M48	4) Leier, Brian M51		
	33.28	1:09.09	1:37.27	2:04.34

**(Men 200-239 200 SC Meter Medley Relay)**

3	LSD	E	2:07.60	32
	1) Grace, Chuck M52	2) Stoddart, Robert M59		
	3) Gilbert, Nick M53	4) Pardo, Manny M39		
	32.93	1:09.44	1:41.57	2:07.60
*4	GRAN	A	2:11.18	29
	1) Bannerman, Bob M69	2) Vehovec, Henry M51		
	3) Aboud, Mark M53	4) Van de Water, Chris M28		
	41.04	1:14.46	1:45.33	2:11.18
*4	BURL	C	2:11.18	29
	1) Ball, Jeff M47	2) Krumme, Ralph M47		
	3) Twohig, John M59	4) Hache, John M49		
	34.86	1:11.49	1:42.82	2:11.18
6	TECH	B	2:11.19	26
	1) Wilson, Phil M54	2) Custic, Dejan M41		
	3) Read, Robert M55	4) Coles, Steve M50		
	35.01	1:11.03	1:43.82	2:11.19
7	ETOB	E	2:18.21	24
	1) Cox, Al M51	2) Norris, Bob M55		
	3) Macdonald, Ian M51	4) Seawright, Bud M43		
	35.67	1:15.53	1:49.69	2:18.21
8	AURO	C	2:28.14	22
	1) Baxter, Dorian M59	2) Gordon, Eric M42		
	3) Haffenden, Paul M53	4) Oliver, Eric M46		
	40.83	1:22.88	1:58.02	2:28.14
9	AURO	A	2:29.20	18
	1) Mitchell, Andy M48	2) Hardy, Jim M59		
	3) Lindquist, Les M58	4) Desbarats, Andy M38		
	41.30	1:21.50	1:59.09	2:29.20
10	NYG	D	2:30.61	14
	1) McFarlane, Brian M57	2) Cheung, Ken M34		
	3) Hurlburt, Brian M65	4) Kokai, Tibor M53		
	42.37	1:17.96	1:59.91	2:30.61
11	LSD	F	2:38.00	12
	1) Spencer, Douglas M61	2) Finlay, Bryan M66		
	3) Korchuk, Jonathan M52	4) Salmon, Bill M54		
	45.96	1:26.68	2:03.33	2:38.00
---	TECH	E	DQ	
	1) Scapillato, Tim M55	2) Connerty, Bill M46		
	3) McCaw, Jim M46	4) Dupuis, Mike M54		
	50.72	1:32.13	2:10.89	DQ

**Men 240-279 200 SC Meter Freestyle Relay**

1	TECH	F	2:03.23	40
	1) Rogers, Phil M59	2) Wright, Jim M57		
	3) Rastan, Homayoun M58	4) Heath Eves, Mike M67		
	29.76	59.28	1:31.81	2:03.23
2	TECH	G	2:06.76	34
	1) Ryder, Iain M62	2) Leach, Peter M64		
	3) Leamen, Paul M66	4) Lehmkuhl, Brian M48		
	31.88	1:03.59	1:36.02	2:06.76
3	NYG	A	2:17.43	32
	1) Rieper, Ralph M50	2) Hurlburt, Brian M65		
	3) Kokai, Tibor M53	4) Kohler, Eric M73		
	29.53	1:03.80	1:34.86	2:17.43

## MSC Nationals 2009 Nationaux MNC

## Results

4	LSD	F	2:18.33	30
	1) Stoddart, Robert M59	2) Spencer, Douglas M61		
	3) Finlay, Bryan M66	4) Salmon, Bill M54		
	31.63	1:07.81	1:44.09	2:18.33
<b>Men 240-279 200 SC Meter Medley Relay</b>				
1	AURO	A	2:20.45	40
	1) Wilkin, Dave M57	2) Rottmann, Nick M58		
	3) Talbot, Jim M61	4) Bobbett, Larry M64		
	31.96	1:11.56	1:48.54	2:20.45
2	TECH	F	2:31.11	34
	1) Rogers, Phil M59	2) Wright, Jim M57		
	3) Rastan, Homayoun M58	4) Heath Eves, Mike M67		
	45.17	1:23.33	1:59.21	2:31.11
3	TECH	G	2:36.10	32
	1) Ryder, Iain M62	2) Olsen, Mike M67		
	3) Lehmkuhl, Brian M48	4) Leamen, Paul M66		
	38.78	1:28.24	2:03.10	2:36.10
4	ETOB	F	2:48.32	30
	1) McManus, Frank M52	2) Lane, Charlie M71		
	3) Sheridan, Brian M64	4) Shutov, Vlad M54		
	42.15	1:32.10	2:15.03	2:48.32
<b>Men 280-319 200 SC Meter Freestyle Relay</b>				
1	TECH	H	3:21.88	40
	1) Sinclair, Grant M72	2) Glatt, Harvey M75		
	3) Durr, Larry M70	4) Olsen, Mike M67		
	1:08.68	2:06.95	3:21.88	
<b>Men 280-319 200 SC Meter Medley Relay</b>				
1	TYMS	A	2:55.62	40
	1) Smith, Christopher M77	2) Henne, Wally M74		
	3) Von Zuben, Chuck M60	4) Milne, George M77		
	51.51	1:36.67	2:15.34	2:55.62
2	NYG	A	3:12.48	34
	1) Alexander, Laurence M59	2) Maruki, Hideo M74		
	3) Kohler, Eric M73	4) Rodrigues, Larry M75		
	40.86	1:31.14	2:25.25	3:12.48
3	TECH	H	4:01.55	32
	1) Sinclair, Grant M72	2) Durr, Larry M70		
	3) Leach, Peter M64	4) Glatt, Harvey M75		
	1:35.36	2:19.39	3:02.71	4:01.55
<b>Men 320-359 200 SC Meter Freestyle Relay</b>				
1	ATB	A	3:14.50	40
	1) Roach, Ted M84	2) Monne, John M79		
	3) Johnson, Bill M80	4) Jeffrey, Grant M79		
	51.65	2:28.85	3:14.50	
<b>Men 320-359 200 SC Meter Medley Relay</b>				
1	ATB	A	3:40.83	40
	1) Roach, Ted M84	2) Monne, John M79		
	3) Johnson, Bill M80	4) Jeffrey, Grant M79		
	59.53	1:51.91	2:55.71	3:40.83

## MSC Nationals 2009 Nationaux MNC

## Results

**Mixed 72-99 200 SC Meter Freestyle Relay**

1	ETOB	A	1:53.65	40
	1) Campbell, Jocelyn W20	2) Petrone, Juli W20		
	3) Petrov, Mirko M26	4) Goodwin, David M30		
	31.23 59.57	1:26.86 1:53.65		
2	AURO	A	1:54.64	34
	1) Hosu, Andrei M19	2) Mitchell, Kirsten W19		
	3) Courtemanche, Amy W20	4) Iannucci, Guido M20		
	26.62 57.99	1:29.17 1:54.64		
3	UTMM	A	1:55.67	32
	1) Kowalczewski, Scott M24	2) Gregorio, J.P. M31		
	3) Lee, Jorgina W23	4) Mazalica, Antonija W20		
	25.51 53.33	1:24.61 1:55.67		
4	LSD	A	2:06.45	30
	1) Mondoux, Dave M23	2) Squire-Smith, Tristan M28		
	3) Rich, Kristi W23	4) Salmon, Bailey W21		
	28.62 57.71	1:32.25 2:06.45		
5	TECH	A	2:08.87	28
	1) Ostojic, Aleksandra W19	2) Brown, Carolyn W25		
	3) Hassanali, Khalil M26	4) Dickinson, Koro M29		
	30.97 1:11.16	1:40.08 2:08.87		

**Mixed 72-99 400 SC Meter Freestyle Relay**

1	CFST	B	4:06.56	40
	1) Palmer, Serena W20	2) Shallhorn, Rachael W21		
	3) Kelly, Jim M33	4) McCulloch, Marc M20		
	31.48 1:05.93	1:36.17 2:10.22		
	2:37.07 3:07.28	3:35.50 4:06.56		
2	THOR	A	4:38.71	34
	1) Fernandez, Richard M24	2) Westernacher, Eileen W27		
	3) Nasser, Ramiz M26	4) McKenna, Tracey W20		
	31.29 1:04.68	1:40.26 2:18.71		
	2:48.95 3:22.87	4:00.65 4:38.71		
3	LSD	A	4:44.86	32
	1) Mondoux, Dave M23	2) Squire-Smith, Tristan M28		
	3) Rich, Kristi W23	4) Salmon, Bailey W21		
	31.00 1:05.09	1:37.54 2:11.88		
	2:48.76 3:28.72	4:05.11 4:44.86		
4	TECH	A	4:47.23	30
	1) Ostojic, Aleksandra W19	2) Brown, Carolyn W25		
	3) Hassanali, Khalil M26	4) Dickinson, Koro M29		
	32.09 1:06.52	1:48.13 2:36.34		
	3:07.98 3:44.01	4:14.09 4:47.23		

**Mixed 72-99 200 SC Meter Medley Relay**

1	ETOB	A	2:05.33	40
	1) Goodwin, David M30	2) Petrov, Mirko M26		
	3) Petrone, Juli W20	4) Campbell, Jocelyn W20		
	30.65 1:03.88	1:34.75 2:05.33		
2	UTMM	A	2:10.05	34
	1) Kowalczewski, Scott M24	2) Lee, Jorgina W23		
	3) Gregorio, J.P. M31	4) Mazalica, Antonija W20		
	28.77 1:07.85	1:39.25 2:10.05		
3	TECH	A	2:22.89	32
	1) Hassanali, Khalil M26	2) Brown, Carolyn W25		
	3) Ostojic, Aleksandra W19	4) Dickinson, Koro M29		
	35.34 1:21.61	1:54.54 2:22.89		

**(Mixed 72-99 200 SC Meter Medley Relay)**

4	LSD	A	2:25.21	30
	1) Mondoux, Dave M23	2) Squire-Smith, Tristan M28		
	3) Salmon, Bailey W21	4) Rich, Kristi W23		
	34.98 1:11.27	1:51.87 2:25.21		

**Mixed 72-99 400 SC Meter Medley Relay**

1	CFST	B	4:36.29	40
	1) McCulloch, Marc M20	2) Palmer, Serena W20		
	3) Howard, Jon M33	4) Shallhorn, Rachael W21		
	32.27 1:05.41	1:46.12 2:31.47		
	2:59.15 3:32.86	4:02.57 4:36.29		
2	TECH	A	5:18.48	34
	1) Hassanali, Khalil M26	2) Brown, Carolyn W25		
	3) Ostojic, Aleksandra W19	4) Dickinson, Koro M29		
	37.79 1:19.04	2:06.01 3:02.79		
	3:37.02 4:15.59	4:45.29 5:18.48		
3	LSD	A	5:27.45	32
	1) Mondoux, Dave M23	2) Squire-Smith, Tristan M28		
	3) Salmon, Bailey W21	4) Rich, Kristi W23		
	36.88 1:17.02	1:55.02 2:37.70		
	3:20.06 4:11.49	4:46.94 5:27.45		

**Mixed 100-119 200 SC Meter Freestyle Relay**

1	AURO	B	1:47.70	40
	1) Lindquist, Daniel M29	2) Freixa, Julia W38		
	3) Gonzalez, Juliana W23	4) Milliard, Daniel M28		
	24.53 52.92	1:22.22 1:47.70		
2	CFST	A	1:48.79	34
	1) Howard, Jon M33	2) Shallhorn, Rachael W21		
	3) Gordon, Michelle W27	4) McCulloch, Marc M20		
	25.25 54.30	1:21.58 1:48.79		
3	NT	A	1:52.72	32
	1) Baird, Haelie W27	2) Boulanger, Alexandre M27		
	3) Sliemers, Stephanie W25	4) Bodi, Peter M28		
	30.31 56.47	1:26.62 1:52.72		
4	BURL	A	1:53.94	30
	1) van Warmerdam, Christine W19	2) MacLennan, Caroleene W20		
	3) Brown, Nicholas M38	4) Laroche, Remi M34		
	30.58 1:00.65	1:26.84 1:53.94		
5	TECH	C	1:55.62	28
	1) Parenti, Gerry M37	2) Dufour, Nic M37		
	3) Pearce, Anne Marie W23	4) Perron, Kathleen W20		
	25.21 52.65	1:25.45 1:55.62		
6	AURO	A	1:57.21	26
	1) Galego, Marco M27	2) Wells, Lauren W27		
	3) Sodonis, Andrea W26	4) Galego, Pedro M27		
	27.16 57.56	1:29.20 1:57.21		
---	LSD	B	DQ	
	1) Wedlake, Jason M27	2) Moran, Erika W26		
	3) Gritke, Jenny W27	4) Hewerdine, Johnny M30		
	25.66 56.02	1:26.28 DQ		

## MSC Nationals 2009 Nationaux MNC

## Results

**Mixed 100-119 400 SC Meter Freestyle Relay**

1	BURL	A	4:13.67	40
	1) van Warmerdam, Christine W19	2) MacLennan, Caroleene W20		
	3) Brown, Nicholas M38	4) Laroche, Remi M34		
	31.89 1:06.10	1:38.60 2:13.38		
	2:41.31 3:12.61	3:41.99 4:13.67		
2	LSD	B	4:15.08	34
	1) Wedlake, Jason M27	2) Moran, Erika W26		
	3) Gritke, Jenny W27	4) Hewerdine, Johnny M30		
	28.36 58.00	1:31.37 2:08.53		
	2:42.00 3:18.49	3:45.65 4:15.08		
3	TECH	C	4:15.83	32
	1) Parenti, Gerry M37	2) Dufour, Nic M37		
	3) Pearce, Anne Marie W23	4) Perron, Kathleen W20		
	27.96 58.42	1:27.65 1:58.96		
	2:32.88 3:09.20	3:29.98 4:15.83		
4	THOR	C	5:09.10	30
	1) Westernacher, Wayne M32	2) Buyamusky, Laura W25		
	3) Paddags, Mike M30	4) Gyarmati, Andrea W27		
	30.00 1:03.92	1:48.82 2:37.32		
	3:09.82 3:45.45	4:24.64 5:09.10		
5	LSD	F	5:54.04	28
	1) Yip, Paul M34	2) Stevens, Jordan M26		
	3) Cullen, Wendy W35	4) Furlong, Kali W24		
	47.56 1:41.74	2:18.96 3:01.28		
	3:44.27 4:32.26	5:11.75 5:54.04		

**Mixed 100-119 200 SC Meter Medley Relay**

1	CFST	A	2:03.72	40
	1) Gordon, Michelle W27	2) Bigelow, Stephanie W23		
	3) Kelly, Jim M33	4) Howard, Jon M33		
	33.64 1:11.73	1:39.04 2:03.72		
2	NT	C	2:06.52	34
	1) Woodworth, Amy W33	2) Boulanger, Alexandre M27		
	3) Kwok, Heather W29	4) Blaskovits, Peter M30		
	34.43 1:06.11	1:40.05 2:06.52		
3	LSD	B	2:07.09	32
	1) Wedlake, Jason M27	2) Wedlake, Julie W26		
	3) Moran, Erika W26	4) Hewerdine, Johnny M30		
	29.37 1:10.62	1:41.88 2:07.09		
4	TECH	C	2:10.50	30
	1) Perron, Kathleen W20	2) Pearce, Anne Marie W23		
	3) Parenti, Gerry M37	4) Dufour, Nic M37		
	34.38 1:15.87	1:43.10 2:10.50		
5	BURL	D	2:14.07	28
	1) Bilton, David M41	2) Laroche, Remi M34		
	3) van Warmerdam, Christine W19	4) MacLennan, Caroleene W20		
	32.68 1:10.08	1:43.91 2:14.07		
6	NYG	F	2:16.58	26
	1) Araujo, Carlos M36	2) Pietschmann, Suzanne W31		
	3) Ross, Daniel M22	4) Wilson, Katherine W25		
	34.02 1:12.81	1:42.97 2:16.58		
7	AURO	A	2:23.86	24
	1) Courtemanche, Amy W20	2) Hosu, Andrei M19		
	3) Sodonis, Andrea W26	4) Fowler, Allan M37		
	39.55 1:15.66	1:51.13 2:23.86		

**Mixed 100-119 400 SC Meter Medley Relay**

1	UTMM	A	4:31.52	40
	1) Robinson, Caitlin W18	2) Babits, George M42		
	3) Wu, Lucy W21	4) Gregorio, J.P. M31		
	34.53 1:11.37	1:46.22 2:27.61		
	2:59.73 3:36.52	4:02.33 4:31.52		
2	BURL	A	4:36.89	34
	1) Kerr, Jenn W30	2) Brown, Nicholas M38		
	3) Saeed Kamil, Zaid M30	4) van Warmerdam, Christine W19		
	35.67 1:13.32	1:48.73 2:30.02		
	2:58.50 3:31.65	4:02.10 4:36.89		
3	TECH	C	4:44.29	32
	1) Perron, Kathleen W20	2) Pearce, Anne Marie W23		
	3) Parenti, Gerry M37	4) Dufour, Nic M37		
	35.03 1:12.68	1:55.67 2:42.75		
	3:11.02 3:44.80	4:13.08 4:44.29		
4	THOR	A	4:45.27	30
	1) Fernandez, Richard M24	2) Westernacher, Eileen W27		
	3) Nasser, Ramiz M26	4) Buyamusky, Laura W25		
	35.37 1:12.08	1:57.13 2:47.98		
	3:21.78 4:01.51	4:45.27		
5	ETOB	E	4:45.65	28
	1) Goodwin, David M30	2) Dale, Philip M35		
	3) Petrone, Juli W20	4) Campbell, Jocelyn W20		
	31.54 1:04.41	1:43.65 2:28.43		
	3:00.26 3:38.51	4:10.12 4:45.65		
6	LSD	B	5:10.42	26
	1) Wedlake, Jason M27	2) Hewerdine, Johnny M30		
	3) Moran, Erika W26	4) Gritke, Jenny W27		
	38.58 1:19.58	1:59.04 2:42.00		
	3:17.06 3:58.90	4:32.92 5:10.42		

**Mixed 120-159 200 SC Meter Freestyle Relay**

1	BURL	B	1:52.28	40
	1) Saeed Kamil, Zaid M30	2) Chiki, Colleen W36		
	3) Baker, Lee M36	4) Kerr, Jenn W30		
	26.83 56.93	1:23.55 1:52.28		
2	ETOB	B	1:52.62	34
	1) Bertelink, Cindy W34	2) Gribben, Nancy W38		
	3) Statkevicius, Al M33	4) Vande Vooren, Ryan M33		
	27.78 58.51	1:24.81 1:52.62		
3	WIND	A	1:53.46	32
	1) Cadden, Clint M28	2) Archambeault, Lianne W38		
	3) Zarins, Stephanie W29	4) Butler, Matt M44		
	28.11 58.25	1:27.19 1:53.46		
4	AURO	C	1:54.29	30
	1) Clair, Tyler M39	2) Drummond, Crystal W40		
	3) Haws, Lori W38	4) Wells, Daniel M29		
	25.89 57.04	1:28.21 1:54.29		
5	CFST	B	1:55.01	28
	1) MacNeil, Brett M38	2) McManus, John M55		
	3) Palmer, Serena W20	4) Bigelow, Stephanie W23		
	26.29 56.51	1:26.25 1:55.01		
6	NT	B	1:58.21	26
	1) Black-Allen, Caitlin W28	2) Baker, Jeff M40		
	3) Reid, Kathryn W27	4) Barnes, Christopher M39		
	30.38 58.61	1:30.42 1:58.21		

## MSC Nationals 2009 Nationaux MNC

## Results

7	BURL	C	1:59.27	24	<b>(Mixed 120-159 200 SC Meter Freestyle Relay)</b>				
	1) Haneberry, Petra W34	2) Fraser, Amanda W26			21	YMCA	B	2:16.47	
	3) Grodski, Mark M36	4) Tolley, Mark M36				1) Penny, Charles M43	2) Hall, Kate W32		
	30.82 1:02.38	1:31.78 1:59.27				3) Cheng, Yvonne W32	4) Da Costa, Luis M41		
8	LSD	D	2:00.24	22		30.86 1:08.84	1:48.04 2:16.47		
	1) Stewart, Matt M35	2) Nolan, Kara W37			22	BURL	H	2:24.39	
	3) Wedlake, Julie W26	4) Pardo, Manny M39				1) Heuft, Jennifer W34	2) Koloditzky, Susan W36		
	28.03 1:01.23	1:33.51 2:00.24				3) Smith, Jason M32	4) Daniel, Wade M28		
9	MASC	A	2:01.13	18		42.85 1:21.84	1:53.14 2:24.39		
	1) Gibbs, Heather W45	2) Quattrociocchi, Matthew M33			23	AURO	D	2:27.40	
	3) Chin, Lisa W28	4) Percuklijevic, Stephen M22				1) Leger, Tom M48	2) Clark, Diane W47		
	34.53 1:03.37	1:34.41 2:01.13				3) Jenkins, Hilary W20	4) Gordon, Eric M42		
10	YMCA	D	2:02.85	14		30.60 1:08.30	1:47.69 2:27.40		
	1) Levine, Martin M38	2) Evans, Meredith W26			24	LSD	F	2:32.87	
	3) Levett, Jennifer W37	4) Cyr, Joe M31				1) Yip, Paul M34	2) Stevens, Jordan M26		
	24.51 57.36	1:33.21 2:02.85				3) Furlong, Kali W24	4) Evans, Janice W37		
11	AURO	A	2:03.11	12		44.13 1:19.00	1:54.96 2:32.87		
	1) Dodgson, Phil M42	2) Greenwood, Shelagh W37			25	TECH	F	2:42.19	
	3) Coley, Blaire W20	4) Dallal, Ra'Ed M40				1) Marsaw, Aaron M36	2) Dixon, Lee M36		
	28.77 1:02.61	1:35.56 2:03.11				3) Desmarais, Catherine W29	4) Randall, Kristine W28		
12	NYG	D	2:04.61	10		42.65 1:29.62	2:06.73 2:42.19		
	1) Famin, Kanstantsin M28	2) Dimitroff, Jennifer W55			<b>Mixed 120-159 400 SC Meter Freestyle Relay</b>				
	3) Lyons, Kelly W46	4) Ross, Daniel M22			1	ETOB	A	3:57.31	40
	27.46 1:01.36	1:36.42 2:04.61				1) Krozkin, Gabriel M35	2) Bertelink, Cindy W34		
13	NYG	E	2:05.59	8		3) Statkevicius, Al M33	4) Petrone, Juli W20		
	1) O'Brien, Sean M42	2) Kofman, Irina W43				28.05 59.66	1:28.44 1:59.38		
	3) Wilson, Katherine W25	4) Winter, Hans M39				2:26.78 2:56.41	3:25.29 3:57.31		
	30.42 1:04.08	1:37.87 2:05.59			2	EBSC	A	3:58.40	34
14	ETOB	D	2:06.01	6		1) Le Bihan, Patrice M33	2) Hadd, Valerie W31		
	1) Tipler, Allison W27	2) Seawright, Cheryl W36				3) Harmer, Annelle W41	4) Oldham, Mark M40		
	3) Dreger, Cameron M34	4) Galberg, Christopher M36				28.28 58.35	1:27.59 1:59.05		
	37.50 1:11.99	1:40.15 2:06.01				2:30.18 3:04.32	3:30.75 3:58.40		
15	LSD	C	2:06.53	4	3	UTMM	A	4:02.87	32
	1) St John, Meaghan W34	2) Korchuk, Jonathan M52				1) Kowalczewski, Scott M24	2) Fowler, Stephanie W23		
	3) Austin, Jevon M35	4) Pus, Laura W26				3) Babits, George M42	4) Godfrey, Andrea W38		
	32.38 1:03.21	1:32.59 2:06.53				27.31 55.76	1:26.60 1:59.40		
16	LSD	G	2:09.99	2		2:27.75 2:59.78	3:30.51 4:02.87		
	1) Nichols, Laura W27	2) Stackhouse, Tony M35			4	NT	A	4:03.13	30
	3) Gregson, Sabrina W34	4) Roman, Steve M42				1) Yuill, Erik M30	2) Primorac, Marijana W30		
	32.50 1:02.25	1:35.43 2:09.99				3) Murchie, Derek M42	4) Samkova, Zuzana W33		
17	EMSC	A	2:10.36			27.25 55.44	1:25.41 1:59.50		
	1) Houston, Colleen W28	2) Summers, Scott M42				2:27.22 2:57.91	3:28.62 4:03.13		
	3) Moe, Birget W26	4) Trandafilovski, Alex M43			5	BURL	B	4:05.26	28
	33.39 1:05.44	1:38.09 2:10.36				1) Saeed Kamil, Zaid M30	2) Chiki, Colleen W36		
*18	GMM	A	2:12.83			3) Baker, Lee M36	4) Kerr, Jenn W30		
	1) Harvie, Andrea W37	2) Kellenberger, Lisa W23				28.28 58.21	1:29.52 2:03.55		
	3) Bradshaw, Scott M48	4) Ball, James M46				2:31.70 3:01.85	3:32.00 4:05.26		
	35.19 1:08.01	1:43.30 2:12.83			6	CFST	A	4:12.02	26
*18	AURO	B	2:12.83			1) Howard, Jon M33	2) McManus, John M55		
	1) Bonham, Karen W49	2) Iannucci, Livio M55				3) Gordon, Michelle W27	4) Bigelow, Stephanie W23		
	3) Iannucci, Cassandra W22	4) Bonham, Randal M20				27.12 57.21	1:29.20 2:05.42		
	38.03 1:09.89	1:44.92 2:12.83				2:34.47 3:07.02	3:38.01 4:12.02		
20	NYG	H	2:12.99						
	1) Cheung, Ken M34	2) Gladstone, Sara W45							
	3) Stewart, Jennifer W38	4) Rezk, Karim M38							
	28.82 1:05.18	1:44.37 2:12.99							

## MSC Nationals 2009 Nationaux MNC

## Results

7	BURL	C	4:22.42	24
	1) Haneberry, Petra W34	2) Fraser, Amanda W26		
	3) Grodski, Mark M36	4) Tolley, Mark M36		
	32.30 1:07.87	1:41.55 2:17.36		
	2:48.90 3:22.54	3:50.97 4:22.42		
8	NT	B	4:26.99	22
	1) Simonetti, Suzy W32	2) O'Keefe, Erin W32		
	3) Barnes, Christopher M39	4) Baker, Jeff M40		
	32.72 1:07.76	1:41.09 2:18.52		
	2:50.37 3:24.73	3:54.68 4:26.99		
9	AURO	A	4:30.84	18
	1) Iannucci, Guido M20	2) Mitchell, Janet W49		
	3) Iannucci, Judy W53	4) Galego, Marco M27		
	28.10 58.89	1:33.01 2:13.52		
	2:48.77 3:29.11	3:58.96 4:30.84		
10	AURO	E	4:32.65	14
	1) Dallal, Ra'Ed M40	2) Sodonis, Andrea W26		
	3) Black, Nancy W47	4) Hosu, Andrei M19		
	30.17 1:02.78	1:36.63 2:13.93		
	2:49.54 3:31.68	4:01.12 4:32.65		
11	AURO	G	4:32.75	12
	1) Wells, Daniel M29	2) Freixa, Julia W38		
	3) Gerritsen, Diana W31	4) Milliard, Daniel M28		
	27.91 57.61	1:30.08 2:06.05		
	2:46.79 3:32.60	4:01.29 4:32.75		
12	AURO	F	4:32.95	10
	1) Lindquist, Daniel M29	2) Coley, Blaire W20		
	3) Courtemanche, Amy W20	4) Lindquist, Les M58		
	27.17 56.37	1:30.31 2:10.17		
	2:42.75 3:19.46	3:54.82 4:32.95		
13	AURO	D	4:35.79	8
	1) Galego, Pedro M27	2) Drummond, Crystal W40		
	3) McDowell, Gillian W40	4) Dodgson, Phil M42		
	29.95 1:04.82	1:37.36 2:13.81		
	2:52.72 3:32.81	4:01.90 4:35.79		
14	AURO	C	4:35.84	6
	1) Hamilton, Gary M49	2) Gonzalez, Juliana W23		
	3) Rey, Irene W32	4) Sandhar, Marcus M38		
	30.64 1:03.36	1:35.92 2:09.22		
	2:45.41 3:27.12	3:59.65 4:35.84		
15	CLAR	B	4:37.32	4
	1) James, Dave M32	2) Key, Amber W25		
	3) Pearce, Ralda W43	4) Odell, Derek M39		
	28.66 1:00.32	1:35.84 2:18.13		
	2:54.84 3:36.70	4:05.36 4:37.32		
16	AURO	B	4:37.94	2
	1) Bonham, Randal M20	2) Wells, Lauren W27		
	3) Rosevear, Lena W36	4) Oliver, Eric M46		
	29.18 1:02.24	1:34.39 2:10.16		
	2:47.02 3:27.63	3:51.03 4:37.94		
17	LSD	D	4:42.80	
	1) Stewart, Matt M35	2) Nolan, Kara W37		
	3) Wedlake, Julie W26	4) Pardo, Manny M39		
	31.66 1:05.07	1:41.74 2:22.15		
	2:58.07 3:38.57	4:09.21 4:42.80		

**(Mixed 120-159 400 SC Meter Freestyle Relay)**

18	NYG	C	4:43.08
	1) Famin, Kanstantsin M28	2) Kofman, Irina W43	
	3) Lyons, Kelly W46	4) Ross, Daniel M22	
	29.94 1:02.24	1:38.71 2:20.89	
	2:59.79 3:41.02	4:10.14 4:43.08	
19	BURL	H	4:54.76
	1) Woods, Tanya W37	2) Piccioli, Michelle W34	
	3) Smith, Jason M32	4) Daniel, Wade M28	
	36.70 1:18.03	1:54.78 2:35.82	
	3:10.01 3:46.41	4:20.27 4:54.76	
20	LSD	C	4:59.82
	1) St John, Meaghan W34	2) Astolfi, Dean M37	
	3) Austin, Jevon M35	4) Driediger, Molly W31	
	36.27 1:15.43	1:51.58 2:31.71	
	3:05.59 3:41.74	4:20.13 4:59.82	
21	THOR	D	5:21.12
	1) Lumsdon, Kim W52	2) Schmidt, Rob M38	
	3) Akshay, Kalle M30	4) Dixon, Trudy W34	
	4:34.21 5:21.12	3:13.22 3:51.00	
22	TECH	F	6:14.20
	1) Marsaw, Aaron M36	2) Dixon, Lee M36	
	3) Desmarais, Catherine W29	4) Randall, Kristine W28	
	46.14 1:39.90	2:33.20 3:31.75	
	4:11.34 4:54.23	5:32.03 6:14.20	
---	LSD	G	DNF
	1) Nichols, Laura W27	2) Stackhouse, Tony M35	
	3) Gregson, Sabrina W34	4) Gribble, Paul M38	
	33.80 1:10.91	1:42.76 2:18.03	
	3:06.21 3:54.31		

**Mixed 120-159 200 SC Meter Medley Relay**

1	NT	B	1:59.74	40
	1) Yuill, Erik M30	2) Rockwood, Paul M47		
	3) Samkova, Zuzana W33	4) Primorac, Marijana W30		
	28.31 1:00.30	1:31.45 1:59.74		
2	MSBC	A	2:04.47	34
	1) Macdonald, Sarah W49	2) Morris, Daryl M26		
	3) Cosper, Scott M40	4) Bauer, Kristin W33		
	33.20 1:06.10	2:04.47 2:04.47		
3	WIND	A	2:04.57	32
	1) Butler, Matt M44	2) Cadden, Clint M28		
	3) Zarins, Stephanie W29	4) Archambeault, Lianne W38		
	29.76 1:02.70	1:34.97 2:04.57		
4	BURL	A	2:04.99	30
	1) Kerr, Jenn W30	2) Brown, Nicholas M38		
	3) Saeed Kamil, Zaid M30	4) Chiki, Colleen W36		
	34.08 1:07.72	1:35.28 2:04.99		
5	ETOB	B	2:08.73	28
	1) Gribben, Nancy W38	2) Bertelink, Cindy W34		
	3) Forsyth, Mark M38	4) Statkevicius, Al M33		
	34.27 1:09.69	1:40.71 2:08.73		
6	AURO	C	2:11.97	26
	1) Gonzalez, Juliana W23	2) Freixa, Julia W38		
	3) Galego, Marco M27	4) Sandhar, Marcus M38		
	34.36 1:12.93	1:42.58 2:11.97		

MSC Nationals 2009 Nationaux MNC

Results

7	BURL	B	2:12.00	24
	1) Haneberry, Petra W34	2) Price, Melanie W37		
	3) Baker, Lee M36	4) Grodski, Mark M36		
	34.91 1:15.20	1:43.29 2:12.00		
8	AURO	B	2:13.70	22
	1) Ross, Erin W28	2) Hamilton, Gary M49		
	3) Iannucci, Guido M20	4) Siebert, Evelyn W54		
	1:01.70 1:28.39	1:51.65 2:13.70		
9	LSD	D	2:13.99	18
	1) Mitchell, Scott M42	2) Nolan, Kara W37		
	3) Gritke, Jenny W27	4) Pardo, Manny M39		
	33.13 1:13.27	1:47.33 2:13.99		
10	CFST	B	2:14.19	14
	1) McManus, John M55	2) MacNeil, Brett M38		
	3) Shallhorn, Rachael W21	4) Palmer, Serena W20		
	38.48 1:11.25	1:43.83 2:14.19		
11	KING	A	2:15.41	12
	1) Brown, Angela W34	2) Ingo, Steve M42		
	3) Hansen, Johanna W26	4) Landy, Andrew M47		
	37.35 1:11.53	1:48.10 2:15.41		
12	TECH	F	2:19.49	10
	1) Randall, Kristine W28	2) Marsaw, Aaron M36		
	3) Desmarais, Catherine W29	4) Dixon, Lee M36		
	41.29 1:35.58	1:55.86 2:19.49		
13	AURO	D	2:22.67	8
	1) Dallal, Ra'Ed M40	2) Bayne, Kate W31		
	3) Bonham, Randal M20	4) McKnight, Kathy W46		
	37.03 1:22.97	1:51.61 2:22.67		
14	BURL	F	2:22.90	6
	1) Poot, Corinne W36	2) Krumme, Ralph M47		
	3) Tolley, Mark M36	4) Woods, Tanya W37		
	40.06 1:17.54	1:48.57 2:22.90		
15	MASC	A	2:26.17	4
	1) Proctor, Greg M50	2) Bandelj, Regina W34		
	3) Cameron, Nina W31	4) Goncalves, Louie M43		
	39.20 1:23.36	1:57.65 2:26.17		
16	AURO	A	2:26.99	2
	1) Milliard, Daniel M28	2) Iannucci, Cassandra W22		
	3) Wells, Daniel M29	4) Duckworth, Cheryl W48		
	31.47 1:17.82	1:47.64 2:26.99		
17	LSD	C	2:27.02	
	1) St John, Meaghan W34	2) Astolfi, Dean M37		
	3) Pus, Laura W26	4) Austin, Jevon M35		
	40.89 1:18.69	1:57.58 2:27.02		
18	LSD	G	2:32.21	
	1) Nichols, Laura W27	2) Gregson, Sabrina W34		
	3) Stackhouse, Tony M35	4) Yip, Paul M34		
	36.21 1:16.60	1:49.19 2:32.21		
19	AURO	E	2:49.51	
	1) Douglas, Steven M44	2) Wells, Lauren W27		
	3) Chrysochou, Stelios M47	4) Rosevear, Lena W36		
	52.21 1:33.94	2:29.44 2:49.51		
20	LSD	F	2:51.23	
	1) Roman, Steve M42	2) Stevens, Jordan M26		
	3) Furlong, Kali W24	4) Cullen, Wendy W35		
	49.86 1:31.52	2:13.09 2:51.23		

**(Mixed 120-159 200 SC Meter Medley Relay)**

21	ETOB	D	2:54.10	
	1) McLeish, Cindy W40	2) Chang, Simon M34		
	3) Cutajar, Mark M33	4) So, Angelina W35		
	52.98 1:34.89	2:10.57 2:54.10		
22	TECH	P	3:55.43	
	1) Al Hertani, Walla W31	2) Scanlan, Peter M44		
	3) Ayotte, Nathalie W34	4) Richer, Vincent M49		
	9.39 1:10.27	1:53.48 3:55.43		

**Mixed 120-159 400 SC Meter Medley Relay**

1	EBSC	A	4:26.46	40
	1) Hadd, Valerie W31	2) Oldham, Mark M40		
	3) Le Bihan, Patrice M33	4) Harmer, Annelie W41		
	33.16 1:07.22	2:16.99 2:46.14		
		3:20.14 3:51.60	4:26.46	
2	EMSC	A	4:38.89	34
	1) Houston, Colleen W28	2) Salpeter, Tim M44		
	3) Andruchow, Grant M43	4) Moe, Birget W26		
	38.57 1:19.37	1:50.19 2:25.50		
		2:53.51 3:26.45	4:01.23 4:38.89	
3	CFST	A	4:49.63	32
	1) Gordon, Michelle W27	2) MacNeil, Brett M38		
	3) Bigelow, Stephanie W23	4) McManus, John M55		
	34.95 1:13.10	1:48.51 2:27.88		
		2:59.79 3:37.19	4:12.00 4:49.63	
4	BURL	B	4:58.70	30
	1) MacLennan, Caroleene W20	2) Hache, John M49		
	3) Chiki, Colleen W36	4) Wyatt, David M44		
	37.88 1:17.86	1:57.65 2:42.68		
		3:16.23 3:55.27	4:23.87 4:58.70	
5	CLAR	A	5:10.20	28
	1) Pereira, Heather W45	2) James, Dave M32		
	3) Pearce, Ralda W43	4) Odell, Derek M39		
	43.10 1:28.29	2:00.88 2:38.53		
		3:21.17 4:10.06	4:37.64 5:10.20	
6	GMM	A	5:12.38	26
	1) Stamp, Jane W47	2) Kellenberger, Lisa W23		
	3) Plant, David M41	4) Dickey, Jim M47		
	37.27 1:16.26	1:59.42 2:48.70		
		3:23.25 4:04.25	4:26.80 5:12.38	
7	KING	A	5:13.43	24
	1) McNeill, Devan M23	2) Graves, Aaron M29		
	3) Hansen, Johanna W26	4) Maylin, Sara W45		
	31.65 1:04.17	1:46.08 2:32.27		
		3:13.22 4:05.23	4:37.18 5:13.43	
8	AURO	C	5:23.89	22
	1) Doucher, Carol Ann W47	2) Wells, Lauren W27		
	3) Hamilton, Derrick M52	4) Wells, Daniel M29		
	50.69 1:44.49	2:27.44 3:15.29		
		3:47.89 4:24.96	4:53.18 5:23.89	
9	AURO	B	5:25.49	18
	1) Rey, Irene W32	2) Drummond, Crystal W40		
	3) Brown, Lloyd M46	4) Lindquist, Daniel M29		
	48.39 1:39.67	2:21.45 3:07.97		
		4:23.67 4:51.98	5:25.49	







MSC Nationals 2009 Nationaux MNC

Results

19	NYG	H	5:18.77
	1) Dacuk, John C. M53	2) Araujo, Carlos M36	
	3) Stewart, Jennifer W38	4) Pearen, Susan W53	
	36.34 1:16.87	1:44.40 2:20.36	
	3:02.43 3:50.45	4:31.94 5:18.77	
20	LSD	E	5:24.10
	1) Kosac, Marci W45	2) Lewis, Greg M43	
	3) Mitchell, Scott M42	4) Dhanvantari, Savita W44	
	41.14 1:27.70	2:02.15 2:39.81	
	3:13.11 3:48.78	4:33.55 5:24.10	
21	TECH	B	5:24.48
	1) McIlwaine, Tracey W38	2) Robertson, Kelly W46	
	3) Baker, Dale M39	4) McCaw, Jim M46	
	38.53 1:18.57	1:57.67 2:41.12	
	3:20.51 4:06.23	4:43.22 5:24.48	
22	BURL	I	5:53.03
	1) Ruginis, Suzanne W47	2) Fisher, Jennifer W44	
	3) Symes, Greg M49	4) Krumme, Ralph M47	
	45.65 1:37.51	2:23.87 3:16.39	
	3:54.09 4:36.00	5:11.70 5:53.03	
23	TECH	P	6:58.95
	1) Scanlan, Peter M44	2) Richer, Vincent M49	
	3) Allison, Jennifer W38	4) Ayotte, Nathalie W34	
	39.42 1:21.66	1:44.71 2:34.97	
	3:55.72 4:39.70	5:38.30 6:58.95	
<b>Mixed 160-199 200 SC Meter Medley Relay</b>			
1	CMSC	A	2:05.92 40
	1) Welechuk, Jeff M39	2) Morrow, Mike M59	
	3) Wallace, Laurie W40	4) Wortley, Michelle W33	
	26.72 1:03.27	1:36.28 2:05.92	
2	EMSC	A	2:06.07 34
	1) Houston, Colleen W28	2) Salpeter, Tim M44	
	3) Andruchow, Grant M43	4) Chafe, Susan W49	
	37.63 1:07.85	1:35.17 2:06.07	
3	GRAN	A	2:06.78 32
	1) Woodford, Shareen W30	2) Warburton, Sean M41	
	3) Veisman, Herbert M43	4) Osborne, Katie W46	
	35.05 1:08.40	1:38.90 2:06.78	
4	TECH	E	2:09.96 30
	1) Roman, Marisha W42	2) Bond, Whitney W39	
	3) Dick, Scott M38	4) Oliva, Stepan M43	
	36.51 1:17.75	1:45.35 2:09.96	
5	CLAR	A	2:12.72 28
	1) Welds, Karen W46	2) James, Dave M32	
	3) Patrick, Michael M53	4) Pereira, Heather W45	
	39.21 1:10.78	1:39.96 2:12.72	
6	GRAN	B	2:13.20 26
	1) Gallagher, Tim M49	2) Garofalo, Robert M29	
	3) Weind, Sarah W32	4) Neal, Sue W54	
	34.63 1:05.28	1:41.96 2:13.20	
7	CLIP	A	2:13.95 24
	1) Dixon-Wells, Lisa W48	2) Horton, Hobe M52	
	3) Dawson-Jones, Kristin W48	4) Diminutto, Morris M48	
	34.63 1:10.97	1:45.45 2:13.95	

<b>(Mixed 160-199 200 SC Meter Medley Relay)</b>				
8	NYG	C	2:17.30	22
	1) Oliver, Michele W52	2) Bruce, Heather W39		
	3) Van Greuning, Len M42	4) Phillips, Todd M42		
	37.75 1:20.43	1:49.86 2:17.30		
9	ETOB	E	2:20.55	18
	1) Seawright, Cheryl W36	2) Degrigny, Bruno M46		
	3) Bradley, Sara W47	4) Galberg, Christopher M36		
	40.89 1:16.63	1:53.89 2:20.55		
10	AURO	B	2:20.58	14
	1) Thompson, Dan M53	2) Jacob, Casey W44		
	3) Lindquist, Daniel M29	4) Boudreau, Carolyn W44		
	32.01 1:12.26	1:41.48 2:20.58		
11	BURL	E	2:22.06	12
	1) Ball, Jeff M47	2) Hache, John M49		
	3) Fraser, Amanda W26	4) Hughes, Michelle W45		
	34.25 1:10.92	1:45.95 2:22.06		
12	TECH	G	2:22.26	10
	1) McCarthy, Chris M42	2) Lemieux, Valerie W36		
	3) Weekes, Chris M40	4) Simpson, Betsy W44		
	30.76 1:19.02	1:49.73 2:22.26		
13	GMM	A	2:23.40	8
	1) Dickey, Jim M47	2) Vadillo, Miguel M40		
	3) Kane, Sheri-Lynn W45	4) Bryden-Cromwell, Susan W50		
	37.25 1:13.14	1:49.64 2:23.40		
14	AURO	H	2:26.12	6
	1) Leger, Tom M48	2) Unwin, Lianne W47		
	3) Clair, Tyler M39	4) Haws, Lori W38		
	40.09 1:25.39	1:54.20 2:26.12		
15	ETOB	F	2:26.92	4
	1) Vande Vooren, Ryan M33	2) Ingleton, Sarah W44		
	3) Naylor, Tom M47	4) MacPherson, Nicole W43		
	34.02 1:20.27	1:50.56 2:26.92		
16	CLAR	B	2:27.08	2
	1) Branton, Scott M42	2) Pankhurst, Debbie W57		
	3) Key, Amber W25	4) Gaglietta, Todd M42		
	32.45 1:20.09	1:57.52 2:27.08		
17	TECH	H	2:27.26	
	1) Ruel, Marie Carmel W35	2) Connerty, Bill M46		
	3) Custic, Dejan M41	4) Wood, Sheila W41		
	40.83 1:23.89	1:53.18 2:27.26		
18	AURO	E	2:27.29	
	1) Gordon, Eric M42	2) Clark, Diane W47		
	3) Oliver, Eric M46	4) Foy, Donna W43		
	48.97 2:27.29			
19	ETOB	C	2:28.20	
	1) Tipler, Allison W27	2) Cattrall, Yvonne W61		
	3) Krozkin, Gabriel M35	4) Seawright, Bud M43		
	43.77 1:27.76	1:59.50 2:28.20		
20	AURO	G	2:32.71	
	1) Haffenden, Paul M53	2) Temple, Karen W43		
	3) Galego, Pedro M27	4) Bonham, Karen W49		
	40.35 1:25.30	1:55.35 2:32.71		
21	NYG	D	2:35.07	
	1) Rieper, Ralph M50	2) Brankovsky, Martina W48		
	3) Famin, Kanstantsin M28	4) Dimitroff, Jennifer W55		
	36.20 1:20.83	1:49.86 2:35.07		



## MSC Nationals 2009 Nationaux MNC

## Results

12	AURO	E	6:12.42	10	<b>(Mixed 200-239 200 SC Meter Freestyle Relay)</b>				
	1) Desbarats, Andy M38	2) Sedgewick, Shauna W36			10	AURO	C	2:09.09	14
	3) Traxler, Delfina W49	4) Beaton, Mark M50				1) Haffenden, Paul M53	2) Mitchell, Janet W49		
	46.13 1:32.36	2:19.54 3:12.29				3) Deacon, Sue W47	4) Sodonis, Frank M53		
	4:04.87 5:00.77	5:33.76 6:12.42				31.52 1:05.07	1:40.57 2:09.09		
13	TECH	B	6:26.49	8	11	BURL	E	2:11.12	12
	1) Baker, Dale M39	2) McIlwaine, Tracey W38				1) Twohig, John M59	2) Hache, John M49		
	3) Robertson, Kelly W46	4) Lehmkuhl, Brian M48				3) Hughes, Michelle W45	4) Lowden, Fiona W48		
	53.92 1:53.43	2:38.38 3:31.11				30.08 58.20	1:34.58 2:11.12		
	4:20.65 5:16.73	5:50.41 6:26.49			12	ETOB	G	2:11.33	10
14	THOR	C	6:29.51	6		1) Babin, Dawn W58	2) Cattrall, Yvonne W61		
	1) McLean, Christine W58	2) Paddags, Mike M30				3) Naylor, Tom M47	4) Degrigny, Bruno M46		
	3) Schmidt, Rob M38	4) Lumsdon, Kim W52				37.55 1:15.37	1:42.98 2:11.33		
	1:02.46 2:23.83	2:46.77 3:33.84			13	NYG	G	2:14.13	8
	4:10.02 4:58.42	5:20.00 6:29.51				1) Kokai, Tibor M53	2) Bruce, Heather W39		
15	NYG	G	6:39.45	4		3) Morrison, Adrienne W56	4) McFarlane, Brian M57		
	1) McFarlane, Brian M57	2) Winter, Beatriz W36				32.14 1:05.39	2:14.13		
	3) Stewart, Jennifer W38	4) Rezk, Karim M38			14	LSD	I	2:15.84	6
	48.54 1:38.17	2:27.68 3:27.41				1) Grace, Chuck M52	2) McTavish, Sandie W54		
	4:23.99 5:34.51	6:03.59 6:39.45				3) Macdonald, Cathy W43	4) Gilbert, Nick M53		
						31.58 1:08.16	1:41.95 2:15.84		
<b>Mixed 200-239 200 SC Meter Freestyle Relay</b>					15	LSD	J	2:16.34	4
1	NT	C	1:53.28	40		1) Salmon, Anneke W53	2) Salmon, Bill M54		
	1) Vanderby, Doug M50	2) von Richthofen, Micaela W56				3) Bantock, Shelagh W53	4) Cappa, Paul M46		
	3) Garay, Judy W49	4) Scott, John M48				37.65 1:11.48	1:47.05 2:16.34		
	27.54 57.46	1:27.54 1:53.28			16	NYG	F	2:20.46	2
2	AURO	A	1:54.86	34		1) Rieper, Ralph M50	2) Brankovsky, Martina W48		
	1) Wilkin, Dave M57	2) McKnight, Kathy W46				3) Fleming, Karen W47	4) Alexander, Laurence M59		
	3) Bennett, Nicole W45	4) Thompson, Dan M53				30.03 1:09.85	1:44.37 2:20.46		
	27.72 58.25	1:30.08 1:54.86			17	AURO	D	2:21.64	
3	OAK	A	1:56.34	32		1) Lindquist, Les M58	2) Kearney, Susan W44		
	1) McKinty, Will M53	2) Tremblay, Sylvie W43				3) McDowell, Gillian W40	4) Rottmann, Nick M58		
	3) Hatherly, Jackie W44	4) Hurd, Gordon M60				33.56 1:10.16	1:47.31 2:21.64		
	27.35 57.04	1:26.64 1:56.34			18	LSD	K	2:23.49	
4	EMSC	B	1:56.79	30		1) Eberhard, Jeannette W52	2) Spencer, Douglas M61		
	1) Floyd, Tim M49	2) Garvie, Leigh W55				3) Astolfi, Dean M37	4) Shillington, Jan W55		
	3) Cathro, Janet W50	4) Lewis, Barry M47				36.23 1:12.41	1:44.52 2:23.49		
	28.46 1:03.20	1:31.81 1:56.79			19	BURL	F	2:25.01	
*5	GRAN	A	1:58.99	27		1) Rudolph, Manfred M54	2) Blackwood, Mike M55		
	1) Osborne, Katie W46	2) Neal, Sue W54				3) Reed, Susan W52	4) Pagani, Sandra W43		
	3) Vehovec, Henry M51	4) Gallagher, Tim M49				31.42 1:01.36	1:37.99 2:25.01		
	28.67 1:00.11	1:29.74 1:58.99			20	ETOB	H	2:27.40	
*5	TECH	J	1:58.99	27		1) Dubord, Monique W44	2) Billing, Anita W47		
	1) Deliencourt, Sylvie W48	2) Grant, Fiona W49				3) Shutov, Vlad M54	4) Norris, Bob M55		
	3) Read, Robert M55	4) Coles, Steve M50				42.45 1:22.20	1:55.65 2:27.40		
	30.31 1:02.68	1:31.71 1:58.99			21	TECH	L	2:29.61	
7	AURO	B	2:00.18	24		1) Rogers, Phil M59	2) Lehmkuhl, Brian M48		
	1) Hamilton, Derrick M52	2) Black, Nancy W47				3) Steinberg, Jennifer W42	4) Scheffler, Heike W53		
	3) Iannucci, Judy W53	4) Freeman, Dave M52				29.80 1:02.04	1:41.63 2:29.61		
	28.05 1:00.95	1:33.98 2:00.18			22	AURO	G	2:37.27	
8	CLIP	A	2:03.88	22		1) Blair, Robert M45	2) Scott, Joanne W48		
	1) Hilland, Kathy W50	2) Morley, Helen W51				3) Emery, Wendy W49	4) Talbot, Jim M61		
	3) Diminutto, Morris M48	4) Horton, Hobe M52				41.61 1:24.76	2:02.75 2:37.27		
	31.15 1:07.56	1:28.44 2:03.88			23	MMAC	A	2:40.15	
9	TECH	I	2:06.43	18		1) Leier, Brian M51	2) Leier, Susan W51		
	1) Wright, Jim M57	2) Milford, Wendy W48				3) Chambers, Mike M38	4) Rubin, Clarice W82		
	3) McArton, Jennifer W41	4) Wilson, Phil M54				28.15 1:07.11	1:32.78 2:40.15		
	30.38 1:05.73	1:36.79 2:06.43							

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Results

24	AURO	E	2:44.75	
	1) Baxter, Dorian M59	2) Kelly, Joanne W52		
	3) Chappell, Carol W58	4) Chrysochou, Stelios M47		
	35.50 1:14.69	2:05.39 2:44.75		
25	BURL	I	2:46.70	
	1) Puskas, Joan W69	2) Herbert, Carole W55		
	3) Symes, Greg M49	4) Krumme, Ralph M47		
	51.93 1:41.16	2:15.16 2:46.70		
26	MSBC	B	2:48.80	
	1) Ryan, Nancy W61	2) Russo, Monique W49		
	3) Martel, Len M33	4) Carviel, Ross M79		
	37.78 1:18.49	2:00.88 2:48.80		
27	LSD	H	2:50.93	
	1) Hillis, Yvonne W51	2) Cummins, Deb W58		
	3) Scafe, Ronald M54	4) Taylor, Andrew M38		
	45.22 1:48.17	2:21.82 2:50.93		
28	TECH	D	2:57.01	
	1) Moore, Catherine W54	2) Scapillato, Tim M55		
	3) Jordan, Marian W53	4) Dupuis, Mike M54		
	51.22 1:28.15	2:21.16 2:57.01		
---	ATB	A	DQ	
	1) Bonneville, Mark M47	2) Staples, Justine W45		
	3) Drew, Ian M37	4) St. Laurent, Ethel W74		
	33.42 1:10.08	1:43.93 DQ		

Mixed 200-239 400 SC Meter Freestyle Relay

1	GRAN	B	4:21.64	40
	1) Neal, Sue W54	2) Osborne, Katie W46		
	3) Gallagher, Tim M49	4) Aboud, Mark M53		
	33.27 1:10.50	1:40.63 2:14.14		
	2:46.06 3:20.71	3:49.59 4:21.64		
2	TECH	I	4:36.20	34
	1) Wright, Jim M57	2) Grant, Fiona W49		
	3) McArton, Jennifer W41	4) Wilson, Phil M54		
	33.27 1:07.68	1:41.77 2:19.86		
	2:41.39 3:28.55	4:00.78 4:36.20		
3	TECH	J	4:45.04	32
	1) Deliencourt, Sylvie W48	2) Milford, Wendy W48		
	3) Read, Robert M55	4) Coles, Steve M50		
	33.65 1:11.95	1:50.04 2:32.99		
	3:06.76 3:43.20	4:12.88 4:45.04		
4	BURL	E	4:57.56	30
	1) Twohig, John M59	2) Hache, John M49		
	3) Hughes, Michelle W45	4) Lowden, Fiona W48		
	33.78 1:08.80	1:29.41 2:14.00		
	2:52.05 3:35.87	3:56.07 4:57.56		
5	LSD	I	4:59.47	28
	1) Gilbert, Nick M53	2) McTavish, Sandie W54		
	3) Macdonald, Cathy W43	4) Grace, Chuck M52		
	35.85 1:13.38	1:53.11 2:35.60		
	3:11.78 3:50.35	4:23.02 4:59.47		
6	BURL	F	5:09.26	26
	1) Rudolph, Manfred M54	2) Blackwood, Mike M55		
	3) Reed, Susan W52	4) Spence, Nancy W40		
	37.17 1:15.12	1:47.76 3:03.03		
	3:46.80 4:25.74	5:09.22 5:09.26		

(Mixed 200-239 400 SC Meter Freestyle Relay)

7	NYG	F	5:28.28	24
	1) Kokai, Tibor M53	2) Brankovsky, Martina W48		
	3) Morrison, Adrienne W56	4) McFarlane, Brian M57		
	36.11 1:13.39	1:56.37 3:27.55		
	4:14.04	4:48.54 5:28.28		
8	AURO	C	5:29.16	22
	1) Talbot, Jim M61	2) Emery, Wendy W49		
	3) Corso, Terri W46	4) Douglas, Steven M44		
	37.54 1:16.43	1:36.62 1:58.78		
	2:45.54 3:25.05	4:07.77 5:29.16		
9	AURO	D	5:32.99	18
	1) Desbarats, Andy M38	2) Duckworth, Cheryl W48		
	3) Hall, Dorothy W52	4) Bobbett, Larry M64		
	34.50 1:10.74	1:58.19 3:33.71		
	4:17.93 4:52.75	5:32.99		
10	LSD	K	5:34.76	14
	1) Eberhard, Jeannette W52	2) Spencer, Douglas M61		
	3) Korchuk, Jonathan M52	4) Shillington, Jan W55		
	39.71 1:24.14	2:05.41 2:49.75		
	3:25.61 4:04.12	5:34.76 5:34.76		
11	AURO	A	5:35.32	12
	1) Hardy, Jim M59	2) Doucher, Carol Ann W47		
	3) Unwin, Lianne W47	4) Leger, Tom M48		
	35.52 1:16.18	1:57.42 2:44.49		
	3:29.56 4:20.29	4:55.61 5:35.32		
12	AURO	B	5:42.42	10
	1) Rottmann, Nick M58	2) Quaiattinni, Susan W45		
	3) Duck, Wendy W65	4) Fowler, Allan M37		
	37.77 1:19.98	2:01.32 2:45.51		
	3:30.35 4:21.05	4:57.71 5:42.42		
13	AURO	F	5:43.23	8
	1) Jenkins, Bill M51	2) Temple, Karen W43		
	3) Norwell, Judy W49	4) Baxter, Dorian M59		
	37.82 1:18.13	1:43.47 2:42.55		
	3:27.08 4:19.06	4:42.94 5:43.23		
14	LSD	H	5:52.16	6
	1) Salmon, Bill M54	2) Lowrie, Deborah W41		
	3) Hillis, Yvonne W51	4) Scafe, Ronald M54		
	38.60 1:19.25	2:01.93 2:48.48		
	3:37.36 4:37.10	5:52.16 5:52.16		
15	TECH	L	6:09.67	4
	1) Rogers, Phil M59	2) Dupuis, Mike M54		
	3) Steinberg, Jennifer W42	4) Scheffler, Heike W53		
	33.45 1:13.53	1:53.18 2:39.96		
	3:24.08 4:09.92	5:06.65 6:09.67		
16	AURO	E	6:18.88	2
	1) Kowalewski, John M63	2) Sedgewick, Shauna W36		
	3) Leung-Hagensteijn, Chungyee W	4) Chrysochou, Stelios M47		
	52.95 1:51.63	2:31.74 3:15.20		
	4:00.36 4:55.41	5:32.74 6:18.88		
17	AURO	G	6:28.15	
	1) Beaton, Mark M50	2) Kowalewski, Marnie W59		
	3) Downer, Janet W48	4) Blair, Robert M45		
	35.02 1:14.00	2:12.79 3:24.81		
	4:03.84 4:49.20	5:34.46 6:28.15		



## MSC Nationals 2009 Nationaux MNC

## Results

6	BURL	C	5:31.40	26
	1) Blackwood, Mike M55	2) Rodgers, Lynn W38		
	3) Twohig, John M59	4) Lowden, Fiona W48		
	41.14 1:22.29	2:04.71 2:52.56		
	3:27.09 4:08.74	4:48.04 5:31.40		
7	ETOB	F	5:34.96	24
	1) Cox, Al M51	2) Catrall, Yvonne W61		
	3) McManus, Frank M52	4) Ingleton, Sarah W44		
	37.66 1:20.34	2:08.18 3:00.05		
	3:33.83 4:12.98	4:51.73 5:34.96		
8	HALT	A	5:41.57	22
	1) Hunt, Linda W55	2) Mason, Alanna W40		
	3) Kemp, Nigel M65	4) Whalen, John M61		
	39.07 1:20.07	2:05.67 2:58.13		
	3:38.13 4:27.49	5:03.10 5:41.57		
9	LSD	L	5:45.68	18
	1) Salmon, Anneke W53	2) Lowrie, Deborah W41		
	3) Stoddart, Robert M59	4) Korchuk, Jonathan M52		
	43.86 1:30.56	2:20.50 3:15.63		
	3:50.54 4:31.01	5:07.24 5:45.68		
10	AURO	C	6:04.06	14
	1) Iannucci, Judy W53	2) Jenkins, Bill M51		
	3) Mitchell, Andy M48	4) Hall, Dorothy W52		
	44.78 1:32.65	2:15.70 3:04.86		
	3:46.86 4:38.95	5:19.00 6:04.06		
11	NYG	H	6:40.35	12
	1) Alexander, Laurence M59	2) Long, Suzanne W45		
	3) Hurlburt, Brian M65	4) Morrison, Adrienne W56		
	48.63 1:38.10	1:59.36 2:31.37		
	3:34.73 3:58.95	4:20.46 6:40.35		
12	TECH	D	7:32.78	10
	1) Moore, Catherine W54	2) Scapillato, Tim M55		
	3) Steinberg, Jennifer W42	4) Dupuis, Mike M54		
	1:11.37 2:33.24	3:23.67 4:19.05		
	5:09.15 6:07.09	6:27.52 7:32.78		
13	TECH	L	7:46.35	8
	1) Rogers, Phil M59	2) Jordan, Marian W53		
	3) McCaw, Jim M46	4) Scheffler, Heike W53		
	50.31 1:46.92	3:00.60 4:19.12		
	4:59.55 5:47.51	6:45.72 7:46.35		
---	MSBC	A	DNF	
	1) Pronk, Bonnie W67			
	43.22 1:27.82			

**Mixed 240-279 200 SC Meter Freestyle Relay**

1	NEP	A	2:12.00	40
	1) Thomson, Eric M61	2) Zirger, Brigitte W57		
	3) Colpitts, Charles M65	4) Merritt, Cathy W57		
	32.08 1:07.07	1:41.68 2:12.00		
2	TECH	M	2:13.54	34
	1) Bakish, Margaret W60	2) Leach, Peter M64		
	3) Buckner, Wendy W50	4) Heath Eves, Mike M67		
	36.19 1:07.16	1:41.80 2:13.54		
3	AURO	A	2:24.69	32
	1) Bobbett, Larry M64	2) Duck, Wendy W65		
	3) Hall, Dorothy W52	4) Hardy, Jim M59		
	32.26 1:15.29	1:51.97 2:24.69		

**(Mixed 240-279 200 SC Meter Freestyle Relay)**

4	LSD	L	2:26.46	30
	1) Baker, Tracey W49	2) Finlay, Bryan M66		
	3) Stoddart, Robert M59	4) Quigley, Linda W68		
	36.90 1:13.48	1:44.74 2:26.46		
5	TECH	N	2:32.16	28
	1) Lombardo, Jamie W50	2) Olsen, Mike M67		
	3) Leamen, Paul M66	4) Milne, Kathleen W58		
	45.64 1:20.24	1:54.15 2:32.16		
6	GRAN	B	2:36.76	26
	1) Bannerman, Joan W71	2) Bannerman, Bob M69		
	3) Tory, Nicola W47	4) Aboud, Mark M53		
	1:01.18 1:34.47	2:08.55 2:36.76		
7	TECH	O	2:58.99	24
	1) Rastan, Homayoun M58	2) Brooks, Cathy W56		
	3) Grant, Diane W57	4) Durr, Larry M70		
	36.48 1:34.76	2:19.35 2:58.99		
8	ETOB	I	3:05.90	22
	1) Shields, Colleen W58	2) Bishop, Millie W68		
	3) Barker, Roger M66	4) Cox, Al M51		
	39.67	2:34.42 3:05.90		

**Mixed 240-279 400 SC Meter Freestyle Relay**

1	TECH	M	5:07.44	40
	1) Bakish, Margaret W60	2) Leach, Peter M64		
	3) Buckner, Wendy W50	4) Heath Eves, Mike M67		
	38.04 1:19.88	1:53.83 2:34.26		
	3:55.39 4:29.97	5:07.42 5:07.44		
2	LSD	L	5:27.70	34
	1) Baker, Tracey W49	2) Finlay, Bryan M66		
	3) Stoddart, Robert M59	4) Quigley, Linda W68		
	39.26 1:21.67	2:01.06 2:43.32		
	3:16.48 4:38.50	5:27.70		
3	TECH	N	5:51.87	32
	1) Lombardo, Jamie W50	2) Olsen, Mike M67		
	3) Leamen, Paul M66	4) Milne, Kathleen W58		
	49.30 1:44.25	2:22.71 3:04.60		
	3:42.22 4:25.24	5:05.93 5:51.87		
4	TECH	O	6:53.86	30
	1) Rastan, Homayoun M58	2) Brooks, Cathy W56		
	3) Grant, Diane W57	4) Durr, Larry M70		
	36.42 1:16.04	1:39.66 2:17.86		
	3:33.53 3:53.73	4:25.13 6:53.86		
---	MSBC	A	DQ	
	1) Nelson, Colleen W60	2) Martel, Len M33		
	3) Papadopoulos, Kenna W68	4) Carviel, Ross M79		

**Mixed 240-279 200 SC Meter Medley Relay**

1	LSD	L	2:35.31	40
	1) Baker, Tracey W49	2) Finlay, Bryan M66		
	3) Stoddart, Robert M59	4) Quigley, Linda W68		
	42.28 1:21.39	1:53.86 2:35.31		
2	TECH	M	2:36.61	34
	1) Leach, Peter M64	2) Bakish, Margaret W60		
	3) Buckner, Wendy W50	4) Heath Eves, Mike M67		
	42.63 1:32.54	2:04.45 2:36.61		



MSC Nationals 2009 Nationaux MNC

Results

3	MMAC	A	2:57.86	32
	1) Rubin, Clarice W82	2) Boulding, Paul M58		
	3) Doig, Peter M50	4) Leier, Susan W51		
	1:14.02 1:50.72	2:20.93 2:57.86		
4	TECH	N	2:58.10	30
	1) Lombardo, Jamie W50	2) Olsen, Mike M67		
	3) Milne, Kathleen W58	4) Leamen, Paul M66		
	59.25 1:43.97	2:24.64 2:58.10		
5	MSBC	B	3:05.01	28
	1) Stamhuis, Conny W77	2) Carviel, Ross M79		
	3) Smith, Elizabeth W61	4) Martel, Len M33		
	53.22 1:44.26	2:23.98 3:05.01		
6	TECH	O	3:28.60	26
	1) Durr, Larry M70	2) Grant, Diane W57		
	3) Rastan, Homayoun M58	4) Brooks, Cathy W56		
	45.06 1:49.59	2:26.85 3:28.60		
7	LSD	K	3:31.90	24
	1) Piggott, Margie W62	2) Spencer, Douglas M61		
	3) Salmon, Bill M54	4) Lane, Virginia W63		
	1:09.34 1:55.87	2:37.20 3:31.90		
8	EMSC	B	3:59.78	22
	1) Boddington, Jack M83	2) Adams, Shirley W68		
	3) Parrish, Adam M47	4) Thorne, Olive W78		
	1:15.81 2:20.22	2:55.70 3:59.78		
---	ETOB	I	DQ	
	1) Rasmussen, Kalis W85	2) Hutchison, Robert M52		
	3) Churcher, Jed M36	4) Bertelink, Tineke W67		
	1:04.21 1:47.06	2:22.65 DQ		
<b>Mixed 240-279 400 SC Meter Medley Relay</b>				
1	NEP	A	5:40.93	40
	1) Merritt, Cathy W57	2) Colpitts, Charles M65		
	3) Thomson, Eric M61	4) Zirger, Brigitte W57		
	41.37 1:24.19	2:10.02 3:03.12		
	3:38.76 4:21.23	4:58.75 5:40.93		
2	TECH	M	5:49.03	34
	1) Leach, Peter M64	2) Bakish, Margaret W60		
	3) Buckner, Wendy W50	4) Heath Eves, Mike M67		
	46.21 1:34.20	2:20.84 3:13.84		
	3:52.80 4:38.49	5:12.44 5:49.03		
3	TECH	N	6:52.69	32
	1) Lombardo, Jamie W50	2) Olsen, Mike M67		
	3) Milne, Kathleen W58	4) Leamen, Paul M66		
	1:04.28 2:12.40	2:57.86 3:51.19		
	4:39.42 5:36.14	6:12.13 6:52.69		
4	TECH	O	7:56.92	30
	1) Durr, Larry M70	2) Grant, Diane W57		
	3) Rastan, Homayoun M58	4) Brooks, Cathy W56		
	49.97 1:40.62	2:50.81 4:08.65		
	4:46.65 5:38.09	5:58.05 7:56.92		
<b>Mixed 280-319 200 SC Meter Freestyle Relay</b>				
1	TYMS	A	2:38.95	40
	1) Dacey, Shirley W73	2) Milne, George M77		
	3) Smith, Christopher M77	4) Flanagan, Colleen W53		
	48.30 1:27.18	1:54.54 2:38.95		

<b>(Mixed 280-319 200 SC Meter Freestyle Relay)</b>				
2	NYG	A	2:41.16	34
	1) Oliver, Judie W77	2) Oliver, Sandra W68		
	3) Hurlburt, Brian M65	4) Kohler, Eric M73		
	42.56 1:29.49	2:03.52 2:41.16		
3	ETOB	J	2:52.32	32
	1) Bertelink, Tineke W67	2) Eisele, Sylvia W80		
	3) Sheridan, Brian M64	4) Lane, Charlie M71		
	45.74 1:38.29	2:12.95 2:52.32		
4	TECH	K	3:37.21	30
	1) Angus, Pat W65	2) Glatt, Harvey M75		
	3) Sinclair, Grant M72	4) Niblett, Pat W77		
	48.14 1:47.05	3:37.21		
5	NYG	B	3:38.76	28
	1) Rodrigues, Larry M75	2) Porasz, Agnes W76		
	3) Maruki, Hideo M74	4) Barrett, Karen W63		
	50.14 1:44.76	2:44.10 3:38.76		
<b>Mixed 280-319 400 SC Meter Freestyle Relay</b>				
1	TYMS	A	6:07.06	40
	1) Dacey, Shirley W73	2) Milne, George M77		
	3) Smith, Christopher M77	4) Flanagan, Colleen W53		
	49.50 1:44.13	2:27.98 3:18.73		
	4:01.28 4:47.91	5:25.69 6:07.06		
2	NYG	A	6:45.78	34
	1) Oliver, Judie W77	2) Wilson, Taina W60		
	3) Rodrigues, Larry M75	4) Kohler, Eric M73		
	46.78 1:36.61	2:27.30 3:22.35		
	4:13.21 5:09.75	5:52.75 6:45.78		
3	TECH	K	8:26.59	32
	1) Angus, Pat W65	2) Glatt, Harvey M75		
	3) Sinclair, Grant M72	4) Niblett, Pat W77		
	50.65 1:42.15	2:02.70 2:47.85		
	4:02.34	7:33.28 8:26.59		
<b>Mixed 280-319 200 SC Meter Medley Relay</b>				
1	NYG	A	3:09.93	40
	1) Wilson, Taina W60	2) Maruki, Hideo M74		
	3) Oliver, Judie W77	4) Kohler, Eric M73		
	54.70 1:46.87	2:32.94 3:09.93		
2	TYMS	A	3:11.75	34
	1) Bryce, Glad W75	2) Henne, Wally M74		
	3) Smith, Christopher M77	4) Blanchard, Katherine W54		
	1:02.96 1:47.19	2:37.42 3:11.75		
3	NYG	B	3:54.78	32
	1) Rodrigues, Larry M75	2) Oliver, Sandra W68		
	3) Hurlburt, Brian M65	4) Porasz, Agnes W76		
	1:17.54 1:45.62	2:20.41 3:54.78		
4	TECH	K	4:33.66	30
	1) Sinclair, Grant M72	2) Niblett, Pat W77		
	3) Angus, Pat W65	4) Glatt, Harvey M75		
	1:34.44 2:35.56	3:33.82 4:33.66		

## MSC Nationals 2009 Nationaux MNC

## Results

**Mixed 280-319 400 SC Meter Medley Relay**

1	ETOB	H	7:05.40	40
	1) Bertelink, Tineke W67	2) Eisele, Sylvia W80		
	3) Sheridan, Brian M64	4) Lane, Charlie M71		
	52.04	1:49.57	2:45.29	3:53.94
	4:37.95	5:34.51	6:18.24	7:05.40
2	NYG	A	7:50.25	34
	1) Wilson, Taina W60	2) Maruki, Hideo M74		
	3) Oliver, Judie W77	4) Kohler, Eric M73		
	59.93	2:02.21	3:07.14	4:09.32
	5:03.28	6:03.41	6:51.00	7:50.25
3	TECH	K	10:07.44	32
	1) Sinclair, Grant M72	2) Niblett, Pat W77		
	3) Angus, Pat W65	4) Glatt, Harvey M75		
	6:42.00	7:43.90	8:51.58	10:07.44

**Combined Team Scores - Through Event 44**

1.	Technosport	6326.5
2.	Aurora Master Ducks	5027.5
3.	London Silver Dolphins	4272.5
4.	Burlington Masters S. C.	3611.5
5.	Etobicoke Olympium Masters	3218
6.	North Toronto Masters SC	2542.5
7.	North York Gators	2419
8.	Trillium Y Masters S C	2229
9.	Edmonton Masters S. C.	1915
10.	MsbC Provincial Team	1760
11.	Canadian Forces S. T.	1237
12.	UofT Mississauga Masters	1230.5
13.	Calgary Masters S C	1165
14.	Nepean Masters Swim Club	1071
15.	Alderwood Teddy Bares	959
16.	Unattached Ontario	938
17.	Granite Masters S T	915
18.	Clarington Masters	811
19.	Mississauga Masters	766.5
20.	Thornhill Masters	754
21.	Manitoba Masters A C	744
22.	English Bay S C	743
23.	Calgary Winter Club Clippers	719.5
24.	Oakville Masters S C	705
25.	Kingston Masters Aquatics	667
26.	Halifax Trojan Masters	574
27.	Maîtres Pointe-Claire	513
28.	Guelph Marlin Masters	494
29.	Michigan Masters	492
30.	Windsor Essex Masters S T	447
31.	Orillia Old Poops Swimming	434
32.	Westmount YMCA Masters	362
33.	C M Dauphine de Gatineau	341
34.	Milton Masters Aquatic Club	324
35.	Muskoka Masters	269.5
36.	Norseman Masters A. C.	247
37.	Barrie Trojan Masters	222
38.	Rocky Mountain Masters	206
39.	Soo Polar Bears Master	202
40.	Ottawa Swimming West Y Master	196
41.	Ancaster Masters S C	193
42.	Newmarket Stingrays	184
43.	Brantford Masters	177
44.	C M N de Québec	160

45.	Markham Masters S C	159.5
46.	Montréal À Contre-Courant	159
47.	Dufferin Aquatic Masters	157
48.	Beach Baracudas	154
48.	Winskil Otters Masters S C	154
50.	TO Masters of the Universe	148
51.	Gold Coast Master	142
52.	Unattached Usms	140
52.	Foothills Masters S C	140
52.	Victoria Crystal Silver Streak	140
55.	Maroon & Grey Masters	136
55.	Unattached Alberta	136
57.	La Vague de Brossard	134
58.	Cornerbrook S C	133
59.	Borden Enduro	128
60.	Niagara Brock Masters	126
61.	Ottawa Y	122
62.	New Mexico Masters	120
63.	Masters of South Texas	117
64.	C Aquatique Sud Ouest	114
65.	Orenda Masters	111
65.	TabySim Sweeden	111
67.	Ventura County	110
68.	Unattached Nova Scotia	107
68.	Sarasota YMCA Sharks	107
70.	Toronto Athletic Club	105
71.	Ryerson University Masters	103
72.	U of Saskatchewan Masters	102
72.	Fredericton Y Ancient Mariner	102
74.	Elite Longueuil	98
74.	Newmarket Masters	98
74.	U N B Masters Swim Club	98
77.	Maine Masters	95
77.	St Albert Masters S C	95
77.	S W I M Florida Masters	95
80.	Pickering Master Splashers SC	91
81.	Dorado Stars	90
82.	Regina Masters Swim Club	89
82.	Fort Lauderdale Aquatics	89
84.	M N Ste-Eustache	85
85.	Wilmot Aquatic Aces	82
85.	Carleton Place	82
87.	Pacific Northwest Masters	81
88.	Assiniboine Masters S C	80
88.	Golden Hawks Masters	80
90.	Maîtres Lasalle	74
91.	Ohio Masters	73
92.	E de N Cowansville	67
93.	Downtown Swim Club	66
94.	Thunder Rays	64
95.	Swan City Masters	60
95.	Arizona Masters	60
97.	South Western Aquatic Masters	55
98.	Owen Sound Masters	52
98.	Montana Masters	52
100.	Summerside Masters	47
101.	Richmond Hill Masters SC	44
102.	Stittsville Vicious Fish Mast	43
103.	Vaughan Masters A C	42
104.	Cambridge Aquajets	40
105.	Cornwall Sea Lions Masters	37
106.	Maîtres St-Jérôme	32
107.	Unattached BC	29
108.	M-N Bleu et Or	25

**MSC Nationals 2009 Nationaux MNC****Results**

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109. Fundy Masters S C	23
110. Golden Horseshoe A C	14
111. Prince Albert Masters	2