

Victoria Masters Swim Club LCSM - 2023-01-21

Results - Saturday

Event 1 Women 18-24 400 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rankin, Erika	24	West Shore Masters	5:50.00	5:39.60	
	37.60	1:18.40	2:01.27	2:44.53	3:28.93	4:12.92
				4:57.52	5:39.60	

Event 1 Women 35-39 400 LC Meter Freestyle

1	Dimitrescu, Alexandra	38	Winskill Otters Masters	5:00.00	4:57.96	
	32.80	1:09.36	1:47.45	2:24.84	3:03.00	3:41.36
				4:19.87	4:57.96	

Event 1 Women 40-44 400 LC Meter Freestyle

1	Geisheimer, Kelly	40	Hyack	5:02.15	5:00.42	
	34.84	1:11.97	1:49.55	2:27.43	3:05.84	3:44.71
				4:22.67	5:00.42	

Event 1 Women 45-49 400 LC Meter Freestyle

1	Ryan, Victoria	47	Yukon Graylings Masters	5:30.00	5:27.39	
	35.09	1:15.22	1:56.31	2:38.90	3:20.84	4:04.05
				4:45.85	5:27.39	
2	Mason, Nichola	45	Winskill Otters Masters	7:15.00	6:51.24	
	1:35.24		3:21.83		5:09.40	6:02.90
					6:51.24	

Event 1 Women 50-54 400 LC Meter Freestyle

1	Skoda, Susie	53	Legacy Masters Swim Club	6:20.00	5:42.70	
	42.70	1:25.59	2:08.26	2:51.35	3:33.98	4:17.06
				5:00.46	5:42.70	

Event 1 Women 55-59 400 LC Meter Freestyle

1	Bird, Maggie	56	Victoria Masters Swim Club	6:16.00	6:07.64	
	41.33	1:26.70	2:13.61	3:00.14	3:47.38	4:33.98
				5:21.65	6:07.64	
2	Beer, Heike	55	White Rock Waves	6:45.00	6:13.67	
	41.10	1:28.12	2:16.39	3:05.25	3:53.82	4:40.92
				5:27.97	6:13.67	
3	Allin, Lynne	57	Victoria Masters Swim Club	7:10.00	6:52.83	
	45.29	1:36.39	2:29.60	3:23.48	4:16.85	5:09.48
				6:02.46	6:52.83	
4	Korban, Martine	58	Dogwood	7:00.00	7:06.66	
	46.65	1:39.22	2:33.62	3:28.88	4:22.55	5:18.79
				6:14.17	7:06.66	

Event 1 Women 60-64 400 LC Meter Freestyle

1	Condon, Anne	61	Coast Swim Team	10:30.00	10:23.32	
	1:13.19	2:31.65	3:53.16	5:07.94	6:30.40	7:46.42
				9:06.83	10:23.32	

Event 1 Women 95-99 400 LC Meter Freestyle

---	Brussel, Betty	99	White Rock Waves	12:00.00	DQ	
	1:18.86	3:18.94				

Event 1 Men 30-34 400 LC Meter Freestyle

1	Jones, Colin	33	Royal Masters	5:00.00	5:22.10	
	32.40	1:07.87		2:26.81		3:53.57
					5:22.10	
2	Jose Alex, Castello	32	Royal Masters	8:00.00	7:00.17	
	42.19	1:26.75	2:16.32	3:08.47	6:07.17	5:06.80
					7:00.17	

Event 1 Men 35-39 400 LC Meter Freestyle

1	Dee, Kevin	35	Langley Olympians Swim Club	4:30.00	4:42.67	
	31.78	1:06.21	1:42.03	2:18.03	2:54.69	3:31.29
				4:07.93	4:42.67	

Event 1 Men 40-44 400 LC Meter Freestyle

1	Lock, John	40	Hyack	4:59.50	5:26.52	
	31.17	1:04.90	1:41.56	2:19.31	3:06.98	3:51.85
				4:39.54	5:26.52	
2	Dallin, David	42	Navy Masters	5:45.00	6:07.05	
	37.34	1:19.15	2:03.89	2:50.45	3:39.15	4:28.46
				5:18.44	6:07.05	
3	Legault, Joel	44	Coast Swim Team	6:20.00	6:41.30	
	38.40	1:23.40	2:14.45	3:06.20	3:59.82	4:54.42
				6:41.30		

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 1 Men 45-49 400 LC Meter Freestyle**

1	Robinson, Dale	49	Victoria Masters Swim Club	5:15.00	5:15.43
	35.55	1:15.18	1:55.70	2:35.71	3:15.99
		3:56.33	4:36.71	5:15.43	

Event 1 Men 50-54 400 LC Meter Freestyle

1	Quezada, Jose	53	Coast Swim Team	7:54.00	8:18.00
	48.25	1:48.39	2:53.10	4:00.13	5:05.18
		6:11.62	7:15.95	8:18.00	

Event 1 Men 55-59 400 LC Meter Freestyle

1	Miller, Paul	55	Victoria Masters Swim Club	6:50.00	6:44.80
	46.31	1:36.06	2:27.01	3:19.53	4:12.98
		5:05.52	5:57.29	6:44.80	

Event 1 Men 65-69 400 LC Meter Freestyle

1	Rasmussen, Steve	69	Winskill Otters Masters	7:15.01	6:22.81
	43.62	1:31.54	2:20.61	3:09.59	3:58.13
		4:47.11	5:35.76	6:22.81	

Event 1 Men 70-74 400 LC Meter Freestyle

1	Allen, Steven	74	Victoria Masters Swim Club	7:40.00	7:49.38
	48.91	1:46.86	2:46.22	3:46.21	4:48.24
		5:49.21	6:51.86	7:49.38	

Event 1 Men 75-79 400 LC Meter Freestyle

1	McOrmond, Phil	76	Dogwood	6:31.00	6:25.32
	42.31	1:29.68	2:18.60	3:08.31	3:58.87
		4:48.71	5:37.96	6:25.32	
2	Dowling, Mike	76	North Shore Masters	6:50.00	6:43.93
	46.19	1:37.90	2:29.57	3:22.27	4:12.81
		5:04.14	5:54.11	6:43.93	

Event 1 Men 80-84 400 LC Meter Freestyle

1	Donoghue, Karl	83	Dogwood	7:10.00	7:01.24
	47.14	1:38.47	2:32.22	3:26.53	4:20.76
		5:14.80	6:09.19	7:01.24	
2	Dykstra, Aldert	83	Dogwood	8:00.00	8:34.52
	56.95	1:59.68	3:05.64	4:11.24	5:18.25
		6:24.54	7:30.82	8:34.52	

Event 2 Mixed 160-199 200 LC Meter Medley Relay

1	Victoria Masters Swim Club	A	2:25.00	2:18.83
	1) Bishop, Jeff M48	2) Dorrington, Lauren W38	3) Jara, David M49	4) Reid, Jen W40
	35.34	1:13.92	1:47.66	2:18.83
2	Hyack	A	2:25.00	2:19.72
	1) Geisheimer, Kelly W40	2) Lock, John M40	3) Uunila, Kathryn W38	4) Barnum, David M62
	38.14	1:13.48	1:49.47	2:19.72
---	Coast Swim Team	A	3:37.00	DQ
	1) Furlanetto, Francesca W44	2) Quezada, Jose M53	3) Freedman, Robin W45	4) Legault, Joel M44
	50.46	1:59.73	2:56.37	DQ

Event 2 Mixed 200-239 200 LC Meter Medley Relay

1	Coast Swim Team	A	3:02.00	2:53.72
	1) Le Moine, Jay M57	2) Guevremont, MC W55	3) Scott, Stewart M40	4) Johnson-Lee, Liz W57
	44.30	1:37.94	2:15.99	2:53.72
2	Victoria Masters Swim Club	A	3:15.00	3:22.24
		2) Jo, Tony M53	3) Kardash, Darlene W58	4) Robinson, Heather W51
	1:57.59	2:45.65	3:22.24	

Event 3 Men 120-159 200 LC Meter Medley Relay

---	Royal Masters	A	NT	X2:32.38
	1) Jones, Colin M33	3) Bhogal, Amman M41	4) Jose Alex, Castello M32	
	40.75	1:21.67	1:53.48	2:32.38

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 3 Men 160-199 200 LC Meter Medley Relay**

1	Victoria Masters Swim Club	A		2:20.00	2:11.23
	1) Cospers, Scott M54	2) Hartford, Doug M60	3) Robinson, Dale M49	4) Ross, Dylan M29	
	33.78	1:11.22	1:42.95	2:11.23	
2	White Rock Waves	A		2:21.00	2:27.12
	1) Messcu, William M22	2) Peatling, Andy M40	3) Nicholson, Ross M60	4) Wilson, Russ M54	
	30.41	1:07.26	1:54.79	2:27.12	

Event 3 Men 200-239 200 LC Meter Medley Relay

1	Victoria Masters Swim Club	A		2:30.00	2:27.81
	1) Downing, Michael M55	2) Hansen, Bjarne M58	3) Kerr, Ben M44	4) Meredith, Iain M44	
	33.59	1:23.33	1:58.00	2:27.81	
2	Victoria Masters Swim Club	B		2:55.00	2:54.03
	1) Hiscock, Matthew M32	2) Miller, Paul M55	3) Maitland, Michael M66	4) Canadensis, Finn M61	
	38.61	1:29.90	2:16.96	2:54.03	

Event 4 Women 120-159 200 LC Meter Medley Relay

1	Winskill Otters Masters	A		2:38.00	2:41.39
	1) Kolstad, Nicole W36	2) Mason, Nichola W45	3) Dimitrescu, Alexandra W38	4) Finlan, Michelle W43	
	41.70	1:29.36	2:03.59	2:41.39	
2	West Shore Masters	A		2:45.00	2:46.31
	1) Yip, Cherie W28	2) Edney, Devon W31	3) Betanzo, Natalie W40	4) Rankin, Erika W24	
	41.15	1:29.66	2:11.44	2:46.31	

Event 4 Women 160-199 200 LC Meter Medley Relay

1	Victoria Masters Swim Club	A		2:36.00	2:39.37
	1) Catherine, de Groot-Hedlin W632)	Bartle, Darlana W39	3) Westmacott, Lauren W44	4) Gardner, Rachael W35	
	43.44	1:30.09	1:04.30	2:39.37	

Event 4 Women 200-239 200 LC Meter Medley Relay

1	Victoria Masters Swim Club	A		2:48.00	2:40.03
	1) Bird, Maggie W56	2) Rhodes, Avila W67	3) Mueller, Katelyn W36	4) Laszlo, Klaudia W42	
	44.16	1:28.37	2:05.62	2:40.03	
2	White Rock Waves	A		3:28.00	3:11.23
	1) Stanley Wilson, Linda W65	2) Laul, Sarah W51	3) Beer, Heike W55	4) Easton, Wendy W56	
	49.95	1:45.09	2:26.89	3:11.23	

Event 5 Women 25-29 200 LC Meter Backstroke

1	LePage, Alexandra	28	Victoria Masters Swim Club	NT	2:54.79
	39.29	1:22.29	2:08.23	2:54.79	
2	Yip, Cherie	28	West Shore Masters	3:10.00	3:18.35
	44.89	1:33.97	2:26.94	3:18.35	

Event 5 Women 30-34 200 LC Meter Backstroke

1	Stockstad, Danica	31	English Bay Masters	3:00.36	3:05.50
	42.00	1:29.10	2:17.80	3:05.50	

Event 5 Women 35-39 200 LC Meter Backstroke

1	Bartle, Darlana	39	Victoria Masters Swim Club	3:07.00	3:08.92
	43.89	1:32.27	2:21.59	3:08.92	

Event 5 Women 40-44 200 LC Meter Backstroke

1	Westmacott, Lauren	44	Victoria Masters Swim Club	3:30.00	3:21.32
	47.87	1:38.76	2:31.23	3:21.32	
2	Furlanetto, Francesca	44	Coast Swim Team	4:20.00	3:55.17
	55.82	1:56.41	2:57.00	3:55.17	

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 5 Women 60-64 200 LC Meter Backstroke**

1	Brown, Janis	62	Okanagan Masters	3:01.50	3:05.44
	44.33 1:30.80 2:18.80 3:05.44				
2	Freeman, Dale	63	English Bay Masters	3:33.54	3:24.70
	47.52 1:39.34 2:32.41 3:24.70				
3	Condon, Anne	61	Coast Swim Team	5:30.00	5:09.60
	1:15.92 2:37.95 3:56.01 5:09.60				

Event 5 Women 65-69 200 LC Meter Backstroke

1	Stanley Wilson, Linda	65	White Rock Waves	3:45.00	3:45.64
	52.59 1:50.46 2:50.40 3:45.64				
2	MacIntyre, Rhonda	67	Dogwood	3:52.00	3:46.83
	51.70 1:50.30 2:50.36 3:46.83				

Event 5 Men 30-34 200 LC Meter Backstroke

---	Hiscock, Matthew	32	Victoria Masters Swim Club	3:20.00	DQ
	1:29.51 DQ				

Event 5 Men 35-39 200 LC Meter Backstroke

1	Dee, Kevin	35	Langley Olympians Swim Club	2:25.00	2:28.82
	35.39 1:12.92 1:51.39 2:28.82				

Event 5 Men 45-49 200 LC Meter Backstroke

1	Bishop, Jeff	48	Victoria Masters Swim Club	2:45.00	2:46.15
	38.40 1:20.12 2:04.33 2:46.15				

Event 5 Men 80-84 200 LC Meter Backstroke

1	Donoghue, Karl	83	Dogwood	3:45.00	3:42.98
	53.22 1:50.75 2:48.21 3:42.98				

Event 6 Women 30-34 100 LC Meter Breaststroke

1	Simpson, Katherine	31	Victoria Masters Swim Club	1:50.00	1:33.27
	43.32 1:33.27				
2	Edney, Devon	31	West Shore Masters	3:00.00	1:43.81
	48.66 1:43.81				

Event 6 Women 35-39 100 LC Meter Breaststroke

1	Gardner, Rachael	35	Victoria Masters Swim Club	1:40.00	1:34.97
	46.26 1:34.97				

Event 6 Women 40-44 100 LC Meter Breaststroke

1	Betano, Natalie	40	West Shore Masters	1:35.00	1:37.68
	46.23 1:37.68				
2	Darvill, Kathleen	42	West Shore Masters	1:40.00	1:44.02
	48.77 1:44.02				
3	Finlan, Michelle	43	Winkill Otters Masters	1:50.00	1:46.28
	49.17 1:46.28				

Event 6 Women 45-49 100 LC Meter Breaststroke

1	Halton, Jane	47	Legacy Masters Swim Club	1:44.00	1:40.16
	47.62 1:40.16				

Event 6 Women 55-59 100 LC Meter Breaststroke

1	Guevremont, MC	55	Coast Swim Team	1:56.00	1:56.18
	55.30 1:56.18				

Event 6 Women 65-69 100 LC Meter Breaststroke

1	Rhodes, Avila	67	Victoria Masters Swim Club	1:36.00	1:39.62
	46.87 1:39.62				

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****(Event 6 Women 65-69 100 LC Meter Breaststroke)**

2	Reade, Beth	66	Victoria Masters Swim Club	2:15.00	2:00.69
	58.34 2:00.69				

Event 6 Women 70-74 100 LC Meter Breaststroke

1	Anderson, Karen	74	Victoria Masters Swim Club	2:15.00	2:20.95
	1:06.81 2:20.95				

Event 6 Men 25-29 100 LC Meter Breaststroke

1	King, Justin	25	Ridge Meadows Swim Club	2:01.51	1:51.94
	50.10 1:51.94				

Event 6 Men 30-34 100 LC Meter Breaststroke

1	Jose Alex, Castello	32	Royal Masters	2:00.00	1:32.04
	43.65 1:32.04				

Event 6 Men 40-44 100 LC Meter Breaststroke

1	Peatling, Andy	40	White Rock Waves	1:20.00	1:24.03
	37.66 1:24.03				
2	Scott, Stewart	40	Coast Swim Team	1:30.00	1:26.76
	41.57 1:26.76				

Event 6 Men 50-54 100 LC Meter Breaststroke

1	Cosper, Scott	54	Victoria Masters Swim Club	1:22.00	1:22.68
	37.98 1:22.68				

Event 6 Men 55-59 100 LC Meter Breaststroke

1	Miller, Paul	55	Victoria Masters Swim Club	1:45.00	1:46.49
	50.98 1:46.49				
2	Le Moine, Jay	57	Coast Swim Team	1:50.00	1:49.28
	50.92 1:49.28				

Event 6 Men 60-64 100 LC Meter Breaststroke

1	Canadensis, Finn	61	Victoria Masters Swim Club	1:45.00	1:44.85
	48.45 1:44.85				

Event 6 Men 70-74 100 LC Meter Breaststroke

1	Nasmith, Paul	72	Victoria Masters Swim Club	2:30.00	2:12.33
	1:03.51 2:12.33				

Event 7 Women 25-29 50 LC Meter Butterfly

1	Yip, Cherie	28	West Shore Masters	40.00	38.12
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Event 7 Women 35-39 50 LC Meter Butterfly

1	Dorrington, Lauren	38	Victoria Masters Swim Club	32.99	35.18
2	Mueller, Katelyn	36	Victoria Masters Swim Club	38.00	36.33
3	Won, Jayne	39	West Shore Masters	55.00	39.17

Event 7 Women 40-44 50 LC Meter Butterfly

1	Reid, Jen	40	Victoria Masters Swim Club	36.50	36.14
2	Laszlo, Klaudia	42	Victoria Masters Swim Club	40.00	38.76

Event 7 Women 45-49 50 LC Meter Butterfly

1	Halton, Jane	47	Legacy Masters Swim Club	47.00	40.92
2	Tucker, Kylie	48	Vernon Masters Swim Club	46.00	43.76
3	Davis, Shannon	48	West Shore Masters	50.00	44.82
4	Freedman, Robin	45	Coast Swim Team	55.00	51.72
5	Brooks, Tara	46	Legacy Masters Swim Club	1:15.00	53.70

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 7 Women 50-54 50 LC Meter Butterfly**

1	Laul, Sarah	51	White Rock Waves	50.00	45.88
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Event 7 Women 55-59 50 LC Meter Butterfly

1	Bird, Maggie	56	Victoria Masters Swim Club	49.00	43.27
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Event 7 Women 60-64 50 LC Meter Butterfly

1	Catherine, de Groot-Hedlin	63	Victoria Masters Swim Club	39.50	38.21
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Event 7 Men 18-24 50 LC Meter Butterfly

1	Messcu, William	22	White Rock Waves	28.00	28.29
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Event 7 Men 25-29 50 LC Meter Butterfly

1	Fry, Darian	26	White Rock Waves	25.41	26.04
2	Ross, Dylan	29	Victoria Masters Swim Club	30.00	28.72

Event 7 Men 30-34 50 LC Meter Butterfly

1	Jones, Colin	33	Royal Masters	36.00	30.67
2	Hiscock, Matthew	32	Victoria Masters Swim Club	40.00	39.93

Event 7 Men 40-44 50 LC Meter Butterfly

1	Lock, John	40	Hyack	29.99	29.09
2	Meredith, Iain	44	Victoria Masters Swim Club	32.98	33.15

Event 7 Men 45-49 50 LC Meter Butterfly

1	Ouchi, Kurt	48	Vernon Masters Swim Club	30.00	28.04
2	Jara, David	49	Victoria Masters Swim Club	34.00	34.13

Event 7 Men 50-54 50 LC Meter Butterfly

1	Khovrin, Alexey	50	Legacy Masters Swim Club	29.00	27.16
2	Wilson, Russ	54	White Rock Waves	33.00	32.87
3	Castle, Matt	52	001-Psm	32.00	33.58
4	Jo, Tony	53	Victoria Masters Swim Club	50.00	44.79

Event 7 Men 55-59 50 LC Meter Butterfly

1	Downing, Michael	55	Victoria Masters Swim Club	32.00	30.23
2	Lightfoot, Tom	58	Dogwood	36.00	34.12
3	Hansen, Bjarne	58	Victoria Masters Swim Club	38.00	40.82
4	Krebs, Don	59	Hyack	50.00	41.85
5	Le Moine, Jay	57	Coast Swim Team	50.00	45.89
6	Davies, Owen	56	White Rock Waves	1:00.00	51.80

Event 7 Men 60-64 50 LC Meter Butterfly

1	Hartford, Doug	60	Victoria Masters Swim Club	33.40	32.67
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Event 8 Women 30-34 400 LC Meter IM

1	Buggey, Melanie	31	Nanaimo Ebbtides	6:34.00	6:52.50
	38.93	1:31.12	2:21.56	3:12.12	4:16.23
			5:21.29	6:06.74	6:52.50

Event 8 Women 35-39 400 LC Meter IM

1	Uunila, Kathryn	38	Hyack	6:00.00	5:53.74
	36.07	1:18.16	2:06.55	2:53.02	3:43.71
			4:35.10	5:15.75	5:53.74
2	Kolstad, Nicole	36	Winskill Otters Masters	6:45.00	6:38.37
	42.39	1:31.49	2:22.76	3:12.01	4:12.85
			5:12.44	5:55.66	6:38.37

Event 8 Women 40-44 400 LC Meter IM

1	Westmacott, Lauren	44	Victoria Masters Swim Club	6:30.00	6:31.24
	40.34	1:29.58	2:23.89	3:16.70	4:10.44
			5:03.99	5:48.59	6:31.24

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 8 Men 35-39 400 LC Meter IM**

1	Dee, Kevin	35	Langley Olympians Swim Club	5:10.00	5:19.09
	33.27	1:11.78	1:53.73	2:34.69	3:19.47
			4:05.20	4:43.36	5:19.09

Event 8 Men 45-49 400 LC Meter IM

1	Robinson, Dale	49	Victoria Masters Swim Club	6:05.00	5:53.68
	35.15	1:16.73	2:07.09	2:56.68	3:45.87
			4:35.43	5:16.79	5:53.68

Event 8 Men 60-64 400 LC Meter IM

1	Nicholson, Ross	60	White Rock Waves	7:45.80	8:24.64
	51.35	1:52.87	3:03.44	4:12.02	5:25.26
			6:38.31	7:31.11	8:24.64

Event 8 Men 75-79 400 LC Meter IM

1	Dowling, Mike	76	North Shore Masters	8:30.00	8:51.50
	1:03.35	2:16.73	3:29.48	4:39.42	5:54.41
			7:09.12	7:59.15	8:51.50

Event 8 Men 80-84 400 LC Meter IM

1	Dykstra, Aldert	83	Dogwood	11:00.00	10:33.29
	1:11.61	2:49.82		5:43.08	7:04.66
				8:28.58	9:30.68
				10:33.29	

Event 9 Women 45-49 200 LC Meter Breaststroke

1	Mason, Nichola	45	Winskill Otters Masters	3:30.00	3:40.19
	50.45	1:48.26	2:43.73	3:40.19	

Event 9 Men 25-29 200 LC Meter Breaststroke

1	King, Justin	25	Ridge Meadows Swim Club	4:35.27	4:09.47
	53.47	1:56.37	3:03.14	4:09.47	

Event 9 Men 40-44 200 LC Meter Breaststroke

1	Scott, Stewart	40	Coast Swim Team	3:10.00	3:16.84
	46.14	1:36.95	2:27.42	3:16.84	

Event 9 Men 50-54 200 LC Meter Breaststroke

1	de Rosnay, Emile	50	Dogwood	3:00.00	3:07.28
	40.95	1:27.83	2:17.34	3:07.28	

Event 10 Women 35-39 100 LC Meter Butterfly

1	Dimitrescu, Alexandra	38	Winskill Otters Masters	1:35.00	1:17.22
	35.16	1:17.22			

Event 10 Women 65-69 100 LC Meter Butterfly

1	Graham, Kathy	65	Dogwood	1:35.00	1:29.98
	40.50	1:29.98			

Event 10 Men 25-29 100 LC Meter Butterfly

1	Ross, Dylan	29	Victoria Masters Swim Club	1:10.00	1:10.43
	31.39	1:10.43			

Event 10 Men 40-44 100 LC Meter Butterfly

1	Lock, John	40	Hyack	1:09.99	1:08.85
	31.65	1:08.85			

Event 10 Men 45-49 100 LC Meter Butterfly

1	Ouchi, Kurt	48	Vernon Masters Swim Club	1:08.00	1:03.77
	30.33	1:03.77			

Event 10 Men 55-59 100 LC Meter Butterfly

1	Downing, Michael	55	Victoria Masters Swim Club	1:11.00	1:10.84
	32.42	1:10.84			

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 10 Men 60-64 100 LC Meter Butterfly**

1	Barnum, David	62	Hyack	1:21.00	1:24.00
	36.66	1:24.00			

Event 11 Women 18-24 200 LC Meter IM

1	Rankin, Erika	24	West Shore Masters	3:35.00	3:03.21
	38.73	1:27.58	2:20.65	3:03.21	

Event 11 Women 25-29 200 LC Meter IM

1	Yip, Cherie	28	West Shore Masters	3:10.00	3:15.97
	39.85	1:29.14	2:27.63	3:15.97	

Event 11 Women 30-34 200 LC Meter IM

1	Stockstad, Danica	31	English Bay Masters	2:49.45	2:52.68
	35.15	1:21.99	2:14.53	2:52.68	
2	Buggey, Melanie	31	Nanaimo Ebbtides	3:04.00	3:13.74
	40.34	1:31.75	2:32.56	3:13.74	

Event 11 Women 35-39 200 LC Meter IM

1	Gardner, Rachael	35	Victoria Masters Swim Club	3:30.00	3:00.90
	38.29	1:26.74	2:20.36	3:00.90	
2	Mueller, Katelyn	36	Victoria Masters Swim Club	3:06.13	3:09.93
	40.11	1:30.43	2:24.90	3:09.93	
3	Won, Jayne	39	West Shore Masters	3:55.00	3:19.23
	41.32	1:33.94	2:32.03	3:19.23	

Event 11 Women 40-44 200 LC Meter IM

1	Laszlo, Klaudia	42	Victoria Masters Swim Club	3:30.00	3:16.93
	39.80	1:33.37	2:32.32	3:16.93	
2	Darvill, Kathleen	42	West Shore Masters	3:15.00	3:23.14
	44.49	1:36.99	2:36.02	3:23.14	

Event 11 Women 45-49 200 LC Meter IM

1	Halton, Jane	47	Legacy Masters Swim Club	3:18.00	3:18.94
	41.34	1:35.47	2:31.89	3:18.94	
2	Tucker, Kylie	48	Vernon Masters Swim Club	3:40.00	3:29.99
	45.40	1:40.17	2:41.73	3:29.99	
3	Davis, Shannon	48	West Shore Masters	4:00.00	3:40.01
	52.24	1:52.01	2:53.44	3:40.01	
4	Freedman, Robin	45	Coast Swim Team	4:13.10	4:14.88
	57.98	2:08.68	3:21.75	4:14.88	

Event 11 Women 55-59 200 LC Meter IM

1	Kardash, Darlene	58	Victoria Masters Swim Club	3:45.10	3:51.21
	49.29	1:54.77	2:59.22	3:51.21	

Event 11 Women 60-64 200 LC Meter IM

1	Brown, Janis	62	Okanagan Masters	3:05.00	3:07.63
	42.24	1:30.58	2:25.13	3:07.63	
2	Catherine, de Groot-Hedlin	63	Victoria Masters Swim Club	3:15.00	3:11.59
	39.99	1:30.81	2:26.70	3:11.59	
3	Freeman, Dale	63	English Bay Masters	3:24.36	3:19.19
	43.21	1:35.72	2:34.79	3:19.19	

Event 11 Women 65-69 200 LC Meter IM

1	Rhodes, Avila	67	Victoria Masters Swim Club	3:30.00	3:20.83
	43.61	1:38.65	2:35.21	3:20.83	

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****(Event 11 Women 65-69 200 LC Meter IM)**

2	Reade, Beth	66	Victoria Masters Swim Club	4:30.00	4:19.43
	2:15.07	3:22.36	4:19.43		

Event 11 Men 30-34 200 LC Meter IM

1	Jones, Colin	33	Royal Masters	2:45.00	2:45.89
	32.65	1:15.07	2:04.94	2:45.89	

Event 11 Men 40-44 200 LC Meter IM

1	Meredith, Iain	44	Victoria Masters Swim Club	2:50.00	2:56.42
	34.44	1:21.43	2:15.86	2:56.42	
2	Scott, Stewart	40	Coast Swim Team	3:00.00	3:05.64
	38.86	1:29.72	2:19.20	3:05.64	

Event 11 Men 50-54 200 LC Meter IM

1	Cosper, Scott	54	Victoria Masters Swim Club	2:50.00	2:49.52
	35.45	1:19.06	2:10.80	2:49.52	
2	Castle, Matt	52	001-Psm	2:58.00	3:04.87
	36.39	1:28.78	2:21.90	3:04.87	
---	de Rosnay, Emile	50	Dogwood	2:50.00	DQ
	36.54	1:25.17	2:16.90	DQ	
---	Jo, Tony	53	Victoria Masters Swim Club	4:10.00	DQ
	45.10	1:52.24	2:58.99	DQ	

Event 11 Men 55-59 200 LC Meter IM

1	Lightfoot, Tom	58	Dogwood	3:00.00	2:57.16
	34.79	1:21.91	2:12.34	2:57.16	
2	Hansen, Bjarne	58	Victoria Masters Swim Club	3:37.00	3:25.14
	43.05	1:40.16	2:36.43	3:25.14	

Event 11 Men 65-69 200 LC Meter IM

1	O'Melinn, Lorcan	67	Hyack	3:15.00	3:43.86
	48.03	1:44.99	2:52.99	3:43.86	
---	Maitland, Michael	66	Victoria Masters Swim Club	3:00.00	DQ
	52.60	1:54.99	2:59.77	DQ	

Event 12 Women 18-24 50 LC Meter Freestyle

1	Rankin, Erika	24	West Shore Masters	37.00	34.20
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Event 12 Women 25-29 50 LC Meter Freestyle

1	LePage, Alexandra	28	Victoria Masters Swim Club	NT	32.09
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Event 12 Women 30-34 50 LC Meter Freestyle

1	Simpson, Katherine	31	Victoria Masters Swim Club	35.00	33.37
2	Edney, Devon	31	West Shore Masters	1:00.00	38.65

Event 12 Women 35-39 50 LC Meter Freestyle

1	Dorrington, Lauren	38	Victoria Masters Swim Club	28.99	29.16
2	Kolstad, Nicole	36	Winskill Otters Masters	34.00	31.85
3	Bartle, Darlana	39	Victoria Masters Swim Club	32.50	33.43
4	Won, Jayne	39	West Shore Masters	50.00	35.39
5	Coombs, Katie	36	Squamish Titans Swim Club	57.05	57.80

Event 12 Women 40-44 50 LC Meter Freestyle

1	Reid, Jen	40	Victoria Masters Swim Club	32.50	31.81
2	Betano, Natalie	40	West Shore Masters	37.00	35.69
3	Finlan, Michelle	43	Winskill Otters Masters	40.00	36.93

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****(Event 12 Women 40-44 50 LC Meter Freestyle)**

4	Steele, Sarah	40	Royal Masters	42.00	39.38
5	Furlanetto, Francesca	44	Coast Swim Team	1:00.00	44.38

Event 12 Women 45-49 50 LC Meter Freestyle

1	Ryan, Victoria	47	Yukon Graylings Masters	30.50	29.78
2	Ouchi, Robynne	46	Vernon Masters Swim Club	29.99	31.52
3	Mason, Nichola	45	Winskill Otters Masters	45.00	39.49

Event 12 Women 50-54 50 LC Meter Freestyle

1	Skoda, Susie	53	Legacy Masters Swim Club	38.90	34.60
2	Robinson, Heather	51	Victoria Masters Swim Club	45.00	36.77
3	Laul, Sarah	51	White Rock Waves	40.00	39.60

Event 12 Women 55-59 50 LC Meter Freestyle

1	Beer, Heike	55	White Rock Waves	35.00	33.61
2	Johnson-Lee, Liz	57	Coast Swim Team	37.00	38.67
3	Guevremont, MC	55	Coast Swim Team	44.00	40.12
4	Easton, Wendy	56	White Rock Waves	1:00.00	46.02

Event 12 Women 60-64 50 LC Meter Freestyle

1	Catherine, de Groot-Hedlin	63	Victoria Masters Swim Club	39.50	38.39
2	Dakers, Diane	61	Victoria Masters Swim Club	38.96	39.57
3	Insley, Beverly	63	Victoria Masters Swim Club	55.00	45.75

Event 12 Women 65-69 50 LC Meter Freestyle

1	Graham, Kathy	65	Dogwood	35.50	34.85
2	MacIntyre, Rhonda	67	Dogwood	42.00	41.30
3	Reade, Beth	66	Victoria Masters Swim Club	57.00	48.30

Event 12 Women 75-79 50 LC Meter Freestyle

1	Inglis, Morven	76	Victoria Masters Swim Club	49.00	53.45
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Event 12 Women 80-84 50 LC Meter Freestyle

1	Papadopoulos, Kenna	82	Winskill Otters Masters	56.30	54.31
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Event 12 Women 95-99 50 LC Meter Freestyle

1	Brussel, Betty	99	White Rock Waves	1:40.00	1:14.51
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Event 12 Men 18-24 50 LC Meter Freestyle

1	Messcu, William	22	White Rock Waves	26.00	26.31
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Event 12 Men 25-29 50 LC Meter Freestyle

1	Fry, Darian	26	White Rock Waves	24.12	24.81
2	Ross, Dylan	29	Victoria Masters Swim Club	28.00	27.14
3	King, Justin	25	Ridge Meadows Swim Club	34.93	36.58

Event 12 Men 30-34 50 LC Meter Freestyle

1	Tapp, Charles	33	Langley Olympians Swim Club	24.50	25.19
2	Jose Alex, Castello	32	Royal Masters	45.00	32.33

Event 12 Men 40-44 50 LC Meter Freestyle

1	Peatling, Andy	40	White Rock Waves	29.00	29.88
2	Meredith, Iain	44	Victoria Masters Swim Club	29.00	30.56
3	Bhogal, Amman	41	Royal Masters	32.00	30.95
4	Kerr, Ben	44	Victoria Masters Swim Club	29.99	31.18
5	Dallin, David	42	Navy Masters	34.80	31.62

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****(Event 12 Men 40-44 50 LC Meter Freestyle)**

6	Legault, Joel	44	Coast Swim Team	37.00	33.99
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Event 12 Men 45-49 50 LC Meter Freestyle

1	Jara, David	49	Victoria Masters Swim Club	34.00	33.98
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Event 12 Men 50-54 50 LC Meter Freestyle

1	Wilson, Russ	54	White Rock Waves	31.00	30.66
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Event 12 Men 55-59 50 LC Meter Freestyle

1	Downing, Michael	55	Victoria Masters Swim Club	31.00	29.78
2	Miller, Paul	55	Victoria Masters Swim Club	33.00	33.69
3	Davies, Owen	56	White Rock Waves	45.00	41.28

Event 12 Men 60-64 50 LC Meter Freestyle

1	Hartford, Doug	60	Victoria Masters Swim Club	29.00	28.62
2	Barnum, David	62	Hyack	29.80	30.85

Event 12 Men 65-69 50 LC Meter Freestyle

1	Schmelzel, Alan	69	Hyack	40.00	37.97
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Event 12 Men 70-74 50 LC Meter Freestyle

1	Allen, Steven	74	Victoria Masters Swim Club	42.00	41.90
2	Nasmith, Paul	72	Victoria Masters Swim Club	55.00	47.54

Event 12 Men 75-79 50 LC Meter Freestyle

1	McOrmond, Phil	76	Dogwood	38.70	36.19
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Event 12 Men 80-84 50 LC Meter Freestyle

1	Pease, Tony	84	White Rock Waves	44.00	46.22
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Event 13 Mixed 160-199 200 LC Meter Freestyle Relay

1	Victoria Masters Swim Club	B	NT	2:11.99
	1) Downing, Michael M55	2) Canadensis, Finn M61	3) Simpson, Katherine W31	4) Mueller, Katelyn W36
	28.77 1:04.13 1:37.01	2:11.99		
2	Victoria Masters Swim Club	A	NT	2:24.47
	1) Allin, Lynne W57	2) Bartle, Darlana W39	3) Kerr, Ben M44	4) Miller, Paul M55
	42.77 1:17.78 1:49.47	2:24.47		
3	Victoria Masters Swim Club	C	NT	2:28.02
	1) Reid, Jen W40	2) Hiscock, Matthew M32	3) Insley, Beverly W63	4) Meredith, Iain M44
	31.95 1:05.67 1:50.43	2:28.02		

Event 13 Mixed 200-239 200 LC Meter Freestyle Relay

1	Victoria Masters Swim Club	D	NT	2:17.07
	1) Gardner, Rachael W35	2) Bishop, Jeff M48	3) Hansen, Bjarne M58	4) Dakers, Diane W61
	32.88 1:02.83 1:36.49	2:17.07		
2	Victoria Masters Swim Club	B	NT	2:19.15
	1) Laszlo, Klaudia W42	2) Rhodes, Avila W67	3) Maitland, Michael M66	4) Ross, Dylan M29
	35.71 1:12.30 2:19.15			
3	Victoria Masters Swim Club	C	NT	2:22.14
	1) Jo, Tony M53	2) Hartford, Doug M60	3) Westmacott, Lauren W44	4) Catherine, de Groot-Hedlin W63
	41.26 1:09.96 1:43.23	2:22.14		
4	Victoria Masters Swim Club	E	NT	2:28.38
	1) Reade, Beth W66	2) Jara, David M49	3) Robinson, Dale M49	4) Dorrington, Lauren W38
	44.50 1:18.13 1:48.82	2:28.38		
5	Victoria Masters Swim Club	A	NT	2:30.86
	1) Cospers, Scott M54	2) Robinson, Heather W51	3) Nasmith, Paul M72	4) Kardash, Darlene W58
	28.20 1:04.12 1:44.35	2:30.86		

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 13 Mixed 280-319 200 LC Meter Freestyle Relay**

1	Victoria Masters Swim Club	A			3:07.00	3:14.82
	1) Allen, Steven M74	2) Syroid, Dan M74	3) Inglis, Morven W76	4) Anderson, Karen W74		
	43.25	1:32.28	2:26.62	3:14.82		
2	White Rock Waves	A			3:35.00	3:21.00
	1) Beer, Heike W55	2) Pease, Tony M84	3) Davies, Owen M56	4) Brussel, Betty W99		
	35.43	1:22.54	2:06.06	3:21.00		

Event 14 Men 120-159 200 LC Meter Freestyle Relay

1	White Rock Waves	A			1:51.00	1:53.88
	1) Fry, Darian M26	2) Peatling, Andy M40	3) Wilson, Russ M54	4) Messcu, William M22		
	26.19	55.32	1:26.96	1:53.88		
---	Royal Masters	A			NT	X2:09.94
	1) Jones, Colin M33	3) Bhogal, Amman M41	4) Jose Alex, Castello M32			
	31.17	1:03.49	1:42.51	2:09.94		

Event 14 Men 160-199 200 LC Meter Freestyle Relay

1	Coast Swim Team	A			2:52.00	2:29.85
	1) Quezada, Jose M53	3) Le Moine, Jay M57	4) Legault, Joel M44			
	45.40	1:18.30	1:55.46	2:29.85		

Event 14 Men 240-279 200 LC Meter Freestyle Relay

1	Hyack	A			2:18.00	2:21.81
	1) Barnum, David M62	2) Schmelzel, Alan M69	3) Krebs, Don M59	4) O'Melinn, Lorcan M67		
	31.66	1:08.99	1:44.16	2:21.81		

Event 15 Women 120-159 200 LC Meter Freestyle Relay

1	Winskill Otters Masters	A			2:13.75	2:20.98
	1) Finlan, Michelle W43	2) Kolstad, Nicole W36	3) Mason, Nichola W45	4) Dimitrescu, Alexandra W38		
	37.05	1:08.93	1:48.24	2:20.98		
2	West Shore Masters	A			2:40.00	2:23.89
	1) Edney, Devon W31	2) Darvill, Kathleen W42	3) Betanzo, Natalie W40	4) Rankin, Erika W24		
	38.71	1:13.58	1:49.72	2:23.89		

Event 15 Women 200-239 200 LC Meter Freestyle Relay

1	Coast Swim Team	A			3:08.00	3:09.93
	1) Condon, Anne W61	2) Johnson-Lee, Liz W57	3) Furlanetto, Francesca W44	4) Freedman, Robin W45		
	1:03.57	1:41.58	1:24.29	3:09.93		

Event 16 Women 25-29 50 LC Meter Backstroke

1	LePage, Alexandra	28	Victoria Masters Swim Club	NT	37.31
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Event 16 Women 30-34 50 LC Meter Backstroke

1	Simpson, Katherine	31	Victoria Masters Swim Club	40.00	40.31
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Event 16 Women 35-39 50 LC Meter Backstroke

1	Bartle, Darlana	39	Victoria Masters Swim Club	39.00	39.90
2	Mueller, Katelyn	36	Victoria Masters Swim Club	40.00	40.79
3	Coombs, Katie	36	Squamish Titans Swim Club	1:11.16	1:15.28

Event 16 Women 40-44 50 LC Meter Backstroke

1	Reid, Jen	40	Victoria Masters Swim Club	37.00	39.94
2	Laszlo, Klaudia	42	Victoria Masters Swim Club	41.00	44.02
3	Furlanetto, Francesca	44	Coast Swim Team	1:05.00	48.20
4	Finlan, Michelle	43	Winskill Otters Masters	50.00	48.60
5	Steele, Sarah	40	Royal Masters	52.00	50.36

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 16 Women 45-49 50 LC Meter Backstroke**

1	Ouchi, Robynne	46	Vernon Masters Swim Club	35.41	38.76
2	Brooks, Tara	46	Legacy Masters Swim Club	1:05.00	50.87

Event 16 Women 55-59 50 LC Meter Backstroke

1	Bird, Maggie	56	Victoria Masters Swim Club	49.00	43.78
2	Beer, Heike	55	White Rock Waves	46.00	45.72
3	Guevremont, MC	55	Coast Swim Team	53.00	53.50
4	Johnson-Lee, Liz	57	Coast Swim Team	57.00	54.33

Event 16 Women 60-64 50 LC Meter Backstroke

1	Brown, Janis	62	Okanagan Masters	42.00	41.44
2	Catherine, de Groot-Hedlin	63	Victoria Masters Swim Club	47.00	45.41

Event 16 Women 65-69 50 LC Meter Backstroke

1	Graham, Kathy	65	Dogwood	38.50	39.67
2	MacIntyre, Rhonda	67	Dogwood	50.00	47.54
3	Stanley Wilson, Linda	65	White Rock Waves	46.00	48.96

Event 16 Women 75-79 50 LC Meter Backstroke

1	Inglis, Morven	76	Victoria Masters Swim Club	59.00	1:07.28
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Event 16 Women 80-84 50 LC Meter Backstroke

1	Papadopoulos, Kenna	82	Winskill Otters Masters	1:12.00	1:13.99
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Event 16 Women 95-99 50 LC Meter Backstroke

1	Brussel, Betty	99	White Rock Waves	1:40.00	1:20.42
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Event 16 Men 30-34 50 LC Meter Backstroke

1	Jones, Colin	33	Royal Masters	36.00	33.36
2	Hiscock, Matthew	32	Victoria Masters Swim Club	41.00	39.26

Event 16 Men 45-49 50 LC Meter Backstroke

1	Ouchi, Kurt	48	Vernon Masters Swim Club	33.00	32.29
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Event 16 Men 50-54 50 LC Meter Backstroke

1	Khovrin, Alexey	50	Legacy Masters Swim Club	30.00	30.03
2	Castle, Matt	52	001-Psm	35.00	37.44
3	Wilson, Russ	54	White Rock Waves	38.00	38.99
4	Quezada, Jose	53	Coast Swim Team	1:14.00	1:07.90

Event 16 Men 55-59 50 LC Meter Backstroke

1	Davies, Owen	56	White Rock Waves	1:00.00	51.34
2	Krebs, Don	59	Hyack	55.00	1:02.41

Event 16 Men 65-69 50 LC Meter Backstroke

1	O'Melinn, Lorcan	67	Hyack	47.18	47.30
2	Maitland, Michael	66	Victoria Masters Swim Club	55.00	53.44

Event 16 Men 70-74 50 LC Meter Backstroke

1	Nasmith, Paul	72	Victoria Masters Swim Club	1:15.00	1:02.38
2	Syroid, Dan	74	Victoria Masters Swim Club	1:05.01	1:06.23

Event 16 Men 75-79 50 LC Meter Backstroke

1	McOrmond, Phil	76	Dogwood	46.50	44.68
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Event 17 Men 35-39 200 LC Meter Butterfly

1	Dee, Kevin	35	Langley Olympians Swim Club	2:30.00	2:41.71
	32.46	1:12.12	1:56.42	2:41.71	

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 17 Men 55-59 200 LC Meter Butterfly**

1	Lightfoot, Tom	58	Dogwood	3:35.00	3:32.24
	42.96	1:33.75	2:31.04	3:32.24	

Event 17 Men 60-64 200 LC Meter Butterfly

1	Nicholson, Ross	60	White Rock Waves	3:52.80	4:07.40
	54.90	1:59.83	3:04.72	4:07.40	

Event 17 Men 75-79 200 LC Meter Butterfly

1	Dowling, Mike	76	North Shore Masters	4:30.00	4:50.89
	1:04.20	2:18.98	3:36.05	4:50.89	

Event 18 Women 18-24 100 LC Meter Freestyle

1	Rankin, Erika	24	West Shore Masters	1:17.00	1:14.63
	36.29	1:14.63			

Event 18 Women 30-34 100 LC Meter Freestyle

1	Edney, Devon	31	West Shore Masters	2:30.00	1:28.17
	43.10	1:28.17			

Event 18 Women 35-39 100 LC Meter Freestyle

1	Dorrington, Lauren	38	Victoria Masters Swim Club	1:02.99	1:04.79
	31.31	1:04.79			
2	Uunila, Kathryn	38	Hyack	1:06.50	1:05.39
	31.24	1:05.39			
3	Kolstad, Nicole	36	Winskill Otters Masters	1:10.00	1:11.56
	34.72	1:11.56			
4	Won, Jayne	39	West Shore Masters	1:55.00	1:20.71
	38.98	1:20.71			
5	Coombs, Katie	36	Squamish Titans Swim Club	2:07.81	2:10.03
	1:00.27	2:10.03			

Event 18 Women 40-44 100 LC Meter Freestyle

1	Reid, Jen	40	Victoria Masters Swim Club	1:10.00	1:11.05
	34.39	1:11.05			
2	Darvill, Kathleen	42	West Shore Masters	1:22.00	1:20.73
	39.06	1:20.73			
3	Betano, Natalie	40	West Shore Masters	1:20.00	1:24.22
	39.04	1:24.22			
4	Steele, Sarah	40	Royal Masters	1:32.00	1:30.57
	44.38	1:30.57			

Event 18 Women 45-49 100 LC Meter Freestyle

1	Tucker, Kylie	48	Vernon Masters Swim Club	1:30.00	1:23.64
	38.65	1:23.64			
2	Davis, Shannon	48	West Shore Masters	1:45.00	1:29.75
	42.26	1:29.75			
3	Freedman, Robin	45	Coast Swim Team	1:40.00	1:33.79
	44.12	1:33.79			

Event 18 Women 50-54 100 LC Meter Freestyle

1	Laul, Sarah	51	White Rock Waves	1:40.00	1:31.97
	44.07	1:31.97			

Event 18 Women 55-59 100 LC Meter Freestyle

1	Beer, Heike	55	White Rock Waves	1:20.00	1:14.97
	35.58	1:14.97			

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****(Event 18 Women 55-59 100 LC Meter Freestyle)**

2	Johnson-Lee, Liz	57	Coast Swim Team	1:28.00	1:26.81
	42.41	1:26.81			
3	Kardash, Darlene	58	Victoria Masters Swim Club	1:33.10	1:30.84
	42.89	1:30.84			
4	Allin, Lynne	57	Victoria Masters Swim Club	1:35.00	1:36.16
	45.82	1:36.16			

Event 18 Women 60-64 100 LC Meter Freestyle

1	Dakers, Diane	61	Victoria Masters Swim Club	1:45.00	1:30.83
	43.86	1:30.83			
2	Insley, Beverly	63	Victoria Masters Swim Club	1:50.00	1:42.32
	50.17	1:42.32			

Event 18 Women 65-69 100 LC Meter Freestyle

1	Rhodes, Avila	67	Victoria Masters Swim Club	1:18.00	1:20.79
	38.44	1:20.79			

Event 18 Women 70-74 100 LC Meter Freestyle

1	Anderson, Karen	74	Victoria Masters Swim Club	1:48.00	1:43.42
	50.46	1:43.42			

Event 18 Women 75-79 100 LC Meter Freestyle

1	Inglis, Morven	76	Victoria Masters Swim Club	1:56.00	2:00.14
	57.10	2:00.14			

Event 18 Women 80-84 100 LC Meter Freestyle

1	Papadopoulos, Kenna	82	Winskill Otters Masters	2:08.30	2:08.81
	1:00.97	2:08.81			

Event 18 Men 25-29 100 LC Meter Freestyle

1	Ross, Dylan	29	Victoria Masters Swim Club	1:00.00	1:01.00
	28.80	1:01.00			

Event 18 Men 30-34 100 LC Meter Freestyle

1	Tapp, Charles	33	Langley Olympians Swim Club	55.00	57.18
	27.04	57.18			
2	Jose Alex, Castello	32	Royal Masters	1:30.00	1:16.50
	37.69	1:16.50			

Event 18 Men 40-44 100 LC Meter Freestyle

1	Lock, John	40	Hyack	59.98	1:01.14
	28.91	1:01.14			
2	Meredith, Iain	44	Victoria Masters Swim Club	1:03.00	1:07.07
	31.47	1:07.07			
3	Dallin, David	42	Navy Masters	1:13.00	1:12.21
	34.61	1:12.21			
4	Kerr, Ben	44	Victoria Masters Swim Club	1:07.00	1:12.47
	34.38	1:12.47			
5	Bhogal, Amman	41	Royal Masters	1:12.00	1:16.00
	36.68	1:16.00			
6	Legault, Joel	44	Coast Swim Team	1:20.00	1:16.89
	34.68	1:16.89			

Event 18 Men 50-54 100 LC Meter Freestyle

1	Cosper, Scott	54	Victoria Masters Swim Club	1:01.00	1:01.35
	29.44	1:01.35			

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****(Event 18 Men 50-54 100 LC Meter Freestyle)**

2	Jo, Tony	53	Victoria Masters Swim Club	1:45.00	1:38.00
	46.15	1:38.00			
3	Quezada, Jose	53	Coast Swim Team	1:43.00	1:49.84
	49.05	1:49.84			

Event 18 Men 55-59 100 LC Meter Freestyle

1	Downing, Michael	55	Victoria Masters Swim Club	1:07.00	1:06.88
	32.77	1:06.88			
2	Miller, Paul	55	Victoria Masters Swim Club	1:17.00	1:19.77
	38.55	1:19.77			
3	Krebs, Don	59	Hyack	1:50.00	1:29.82

Event 18 Men 60-64 100 LC Meter Freestyle

1	Hartford, Doug	60	Victoria Masters Swim Club	1:07.00	1:07.75
	32.98	1:07.75			
2	Barnum, David	62	Hyack	1:08.00	1:14.52
	34.76	1:14.52			
3	Canadensis, Finn	61	Victoria Masters Swim Club	1:25.00	1:24.58
	38.76	1:24.58			

Event 18 Men 65-69 100 LC Meter Freestyle

1	Rasmussen, Steve	69	Winskill Otters Masters	1:55.55	1:16.57
	36.78	1:16.57			
2	Schmelzel, Alan	69	Hyack	1:40.00	1:27.13
	43.54	1:27.13			
3	Maitland, Michael	66	Victoria Masters Swim Club	1:40.00	1:32.13
	44.46	1:32.13			

Event 18 Men 70-74 100 LC Meter Freestyle

1	Allen, Steven	74	Victoria Masters Swim Club	1:40.00	1:43.13
	48.11	1:43.13			
2	Nasmith, Paul	72	Victoria Masters Swim Club	2:10.00	1:49.48
	51.80	1:49.48			

Event 18 Men 80-84 100 LC Meter Freestyle

1	Pease, Tony	84	White Rock Waves	1:46.00	1:54.04
	55.14	1:54.04			

Event 19 Women 25-29 100 LC Meter Backstroke

1	LePage, Alexandra	28	Victoria Masters Swim Club	NT	1:19.49
	38.54	1:19.49			
2	Yip, Cherie	28	West Shore Masters	1:30.00	1:29.92
	43.55	1:29.92			

Event 19 Women 30-34 100 LC Meter Backstroke

1	Buggey, Melanie	31	Nanaimo Ebttides	1:21.00	1:26.00
	41.84	1:26.00			

Event 19 Women 35-39 100 LC Meter Backstroke

1	Bartle, Darlana	39	Victoria Masters Swim Club	1:25.00	1:28.96
	43.41	1:28.96			

Event 19 Women 40-44 100 LC Meter Backstroke

1	Laszlo, Klaudia	42	Victoria Masters Swim Club	1:42.00	1:34.10
	46.08	1:34.10			
2	Furlanetto, Francesca	44	Coast Swim Team	2:10.00	1:46.56
	51.74	1:46.56			

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 19 Women 65-69 100 LC Meter Backstroke**

1	Graham, Kathy	65	Dogwood	1:28.50	1:32.77
	43.63		1:32.77		
2	MacIntyre, Rhonda	67	Dogwood	1:50.00	1:46.11
	49.55		1:46.11		
3	Stanley Wilson, Linda	65	White Rock Waves	1:45.00	1:48.00
	52.36		1:48.00		

Event 19 Women 75-79 100 LC Meter Backstroke

1	Inglis, Morven	76	Victoria Masters Swim Club	2:04.00	2:27.32
	1:11.79		2:27.32		

Event 19 Men 18-24 100 LC Meter Backstroke

1	Messcu, William	22	White Rock Waves	1:05.00	1:07.87
	31.85		1:07.87		

Event 19 Men 30-34 100 LC Meter Backstroke

1	Hiscock, Matthew	32	Victoria Masters Swim Club	1:30.00	1:28.81
	43.19		1:28.81		

Event 19 Men 40-44 100 LC Meter Backstroke

1	Dallin, David	42	Navy Masters	1:29.00	1:34.24
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Event 19 Men 45-49 100 LC Meter Backstroke

1	Ouchi, Kurt	48	Vernon Masters Swim Club	1:12.00	1:10.23
	33.96		1:10.23		
2	Bishop, Jeff	48	Victoria Masters Swim Club	1:15.00	1:16.25
	37.54		1:16.25		

Event 19 Men 55-59 100 LC Meter Backstroke

1	Lightfoot, Tom	58	Dogwood	1:30.00	1:24.60
	41.10		1:24.60		
2	Le Moine, Jay	57	Coast Swim Team	1:43.00	1:43.30
	49.01		1:43.30		

Event 19 Men 65-69 100 LC Meter Backstroke

1	O'Melinn, Lorcan	67	Hyack	1:39.98	1:44.59
	49.82		1:44.59		

Event 19 Men 70-74 100 LC Meter Backstroke

1	Syroid, Dan	74	Victoria Masters Swim Club	2:15.01	2:26.24
	1:06.67		2:26.24		

Event 19 Men 80-84 100 LC Meter Backstroke

1	Dykstra, Aldert	83	Dogwood	2:50.00	2:28.92
	1:14.12		2:28.92		

Event 20 Women 30-34 200 LC Meter Freestyle

1	Stockstad, Danica	31	English Bay Masters	2:36.54	2:34.35
	34.65		1:13.42	1:54.43	2:34.35

Event 20 Women 35-39 200 LC Meter Freestyle

1	Dorrington, Lauren	38	Victoria Masters Swim Club	2:20.00	2:33.52
	33.67		1:12.39	1:53.10	2:33.52

Event 20 Women 40-44 200 LC Meter Freestyle

1	Darvill, Kathleen	42	West Shore Masters	3:00.00	3:01.59
	39.77		1:25.23	2:13.95	3:01.59

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 20 Women 45-49 200 LC Meter Freestyle**

1	Ryan, Victoria	47	Yukon Graylings Masters	2:30.00	2:29.06
	32.81	1:10.06	1:49.33	2:29.06	
2	Freedman, Robin	45	Coast Swim Team	3:39.00	3:34.03
	1:40.10	3:34.03			

Event 20 Women 55-59 200 LC Meter Freestyle

1	Allin, Lynne	57	Victoria Masters Swim Club	3:30.00	3:33.03
	49.38	1:43.86	2:39.51	3:33.03	

Event 20 Women 60-64 200 LC Meter Freestyle

1	Brown, Janis	62	Okanagan Masters	2:45.00	2:48.61
	37.95	1:20.09	2:03.98	2:48.61	
2	Freeman, Dale	63	English Bay Masters	2:52.45	3:04.73
	41.58	1:28.95	3:04.73		
3	Condon, Anne	61	Coast Swim Team	5:00.00	5:03.40
	1:12.96	2:32.80	3:47.59	5:03.40	

Event 20 Women 70-74 200 LC Meter Freestyle

1	Anderson, Karen	74	Victoria Masters Swim Club	3:38.00	3:37.53
	51.56	1:48.37	2:44.47	3:37.53	

Event 20 Women 80-84 200 LC Meter Freestyle

1	Papadopoulos, Kenna	82	Winskill Otters Masters	4:30.40	4:34.61
	1:04.51	2:14.78	3:27.92	4:34.61	

Event 20 Men 40-44 200 LC Meter Freestyle

1	Legault, Joel	44	Coast Swim Team	3:00.00	3:09.43
	38.81	1:27.44	2:20.23	3:09.43	

Event 20 Men 45-49 200 LC Meter Freestyle

1	Jara, David	49	Victoria Masters Swim Club	2:50.00	2:47.90
	38.18	1:19.86	2:04.23	2:47.90	

Event 20 Men 50-54 200 LC Meter Freestyle

1	de Rosnay, Emile	50	Dogwood	2:30.00	2:30.34
	35.13	1:12.93	1:52.35	2:30.34	
2	Quezada, Jose	53	Coast Swim Team	3:43.00	4:00.53
	50.39	1:51.49	2:57.88	4:00.53	

Event 20 Men 55-59 200 LC Meter Freestyle

1	Le Moine, Jay	57	Coast Swim Team	3:15.00	3:11.96
	41.30	1:30.21	2:20.97	3:11.96	

Event 20 Men 65-69 200 LC Meter Freestyle

1	O'Melinn, Lorcan	67	Hyack	3:03.00	3:14.98
	43.00	1:33.28	2:25.96	3:14.98	
2	Schmelzel, Alan	69	Hyack	3:45.00	3:20.89
	46.38	1:37.02	2:31.90	3:20.89	

Event 20 Men 70-74 200 LC Meter Freestyle

1	Allen, Steven	74	Victoria Masters Swim Club	3:40.00	3:46.43
	50.96	1:49.68	2:49.22	3:46.43	

Event 20 Men 80-84 200 LC Meter Freestyle

1	Pease, Tony	84	White Rock Waves	4:10.00	4:33.28
	1:01.86	2:13.99	3:24.40	4:33.28	

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 21 Women 30-34 50 LC Meter Breaststroke**

1	Simpson, Katherine	31	Victoria Masters Swim Club	45.00	42.92
2	Edney, Devon	31	West Shore Masters	1:20.00	48.66

Event 21 Women 35-39 50 LC Meter Breaststroke

1	Uunila, Kathryn	38	Hyack	39.50	41.49
2	Coombs, Katie	36	Squamish Titans Swim Club	1:30.00	1:21.22

Event 21 Women 40-44 50 LC Meter Breaststroke

1	Westmacott, Lauren	44	Victoria Masters Swim Club	45.00	44.69
2	Betano, Natalie	40	West Shore Masters	45.00	45.15
3	Finlan, Michelle	43	Winskill Otters Masters	50.00	49.02
4	Steele, Sarah	40	Royal Masters	55.00	54.34

Event 21 Women 45-49 50 LC Meter Breaststroke

1	Halton, Jane	47	Legacy Masters Swim Club	50.00	47.03
2	Mason, Nichola	45	Winskill Otters Masters	50.00	47.37
3	Tucker, Kylie	48	Vernon Masters Swim Club	52.00	50.70
4	Davis, Shannon	48	West Shore Masters	1:00.00	52.31
5	Brooks, Tara	46	Legacy Masters Swim Club	1:25.00	57.78

Event 21 Women 50-54 50 LC Meter Breaststroke

1	Laul, Sarah	51	White Rock Waves	54.00	56.16
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Event 21 Women 55-59 50 LC Meter Breaststroke

1	Guevremont, MC	55	Coast Swim Team	53.00	51.81
2	Easton, Wendy	56	White Rock Waves	1:10.00	55.08

Event 21 Women 60-64 50 LC Meter Breaststroke

1	Condon, Anne	61	Coast Swim Team	1:40.00	1:33.05
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Event 21 Women 65-69 50 LC Meter Breaststroke

1	Rhodes, Avila	67	Victoria Masters Swim Club	44.00	46.25
2	Stanley Wilson, Linda	65	White Rock Waves	54.00	52.35

Event 21 Women 95-99 50 LC Meter Breaststroke

1	Brussel, Betty	99	White Rock Waves	1:50.00	1:55.60
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Event 21 Men 25-29 50 LC Meter Breaststroke

1	King, Justin	25	Ridge Meadows Swim Club	47.90	46.13
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Event 21 Men 40-44 50 LC Meter Breaststroke

1	Peatling, Andy	40	White Rock Waves	35.50	35.99
2	Scott, Stewart	40	Coast Swim Team	40.00	37.27

Event 21 Men 50-54 50 LC Meter Breaststroke

1	Cosper, Scott	54	Victoria Masters Swim Club	36.00	36.18
2	Castle, Matt	52	001-Psm	37.00	38.40
3	Wilson, Russ	54	White Rock Waves	41.00	39.60
4	Jo, Tony	53	Victoria Masters Swim Club	1:00.00	58.65

Event 21 Men 55-59 50 LC Meter Breaststroke

1	Krebs, Don	59	Hyack	50.00	48.01
2	Davies, Owen	56	White Rock Waves	1:00.00	50.21

Event 21 Men 60-64 50 LC Meter Breaststroke

1	Hartford, Doug	60	Victoria Masters Swim Club	40.00	39.33
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Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 21 Men 65-69 50 LC Meter Breaststroke**

1	Schmelzel, Alan	69	Hyack	55.00	54.78
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Event 21 Men 80-84 50 LC Meter Breaststroke

1	Pease, Tony	84	White Rock Waves	1:08.00	1:09.83
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Event 22 Men 45-49 1500 LC Meter Freestyle

1	Robinson, Dale	49	Victoria Masters Swim Club	21:30.00	20:51.12			
	37.56	1:19.22	2:02.20	2:44.83	3:27.82	4:10.33	4:53.36	5:35.68
	6:18.10	6:59.98	7:42.08	8:23.77	9:06.04	9:47.42	10:29.62	11:11.08
	11:53.14	12:34.94	13:17.32	13:59.20	14:40.99	15:22.41	16:04.09	16:45.41
	17:27.08	18:08.24	18:49.94	19:31.12	20:12.21	20:51.12		

Event 22 Men 50-54 1500 LC Meter Freestyle

1	de Rosnay, Emile	50	Dogwood	21:00.00	22:20.79			
	37.88	1:19.06	2:01.83	2:45.15	3:29.30	4:13.27	4:58.61	5:43.51
	6:29.13	7:14.60	7:59.92	8:45.07	9:30.96	10:17.23	11:02.93	11:48.11
	12:33.27	13:18.72	14:04.41	14:50.31	15:35.74	16:20.99	17:06.40	17:52.66
	18:37.59	19:22.48	20:06.78	20:51.88	21:37.28	22:20.79		

Event 22 Men 60-64 1500 LC Meter Freestyle

1	Canadensis, Finn	61	Victoria Masters Swim Club	24:45.00	26:06.62			
	43.25	1:32.36	2:22.35	3:12.89	4:04.27	4:56.26	5:48.00	6:41.82
	7:33.85	8:25.99	9:19.44	10:11.90	11:03.94	11:56.17	12:48.94	13:41.91
	14:34.93	15:29.13	16:23.42	17:18.44	18:11.31	19:04.76	19:57.06	20:50.24
	21:43.78	22:37.52	23:31.10	24:24.81	25:17.04	26:06.62		

Event 22 Men 75-79 1500 LC Meter Freestyle

1	McOrmond, Phil	76	Dogwood	26:25.00	25:37.46			
	44.86	1:33.85	2:23.76	3:14.43	4:06.67	5:00.23	5:51.90	6:44.78
	7:36.97	8:28.97	9:20.81	10:12.09	11:03.45	11:55.31	12:45.55	13:36.95
	14:27.75	15:18.74	16:09.76	17:01.46	17:52.77	18:44.23	19:35.70	20:27.78
	21:20.05	22:12.15	23:04.22	23:57.19	24:47.76	25:37.46		
2	Dowling, Mike	76	North Shore Masters	25:30.00	26:05.27			
	49.59	1:41.86	2:34.46	3:26.34	4:20.26	5:12.21	6:04.24	6:56.16
	7:49.30	8:41.61	9:34.72	10:26.78	11:20.04	12:13.25	13:05.89	13:58.79
	14:52.13	15:43.95	16:36.54	17:30.60	18:23.47	19:15.59	20:08.01	21:00.40
	21:53.28	22:45.32	23:37.90	24:28.79	25:19.49	26:05.27		

Event 22 Men 80-84 1500 LC Meter Freestyle

1	Donoghue, Karl	83	Dogwood	27:30.00	27:58.20			
	49.62	1:44.90	2:40.08	3:36.88	4:32.59	5:29.21	6:25.47	7:21.54
	8:17.56	9:12.40	10:08.08	11:04.60	12:00.46	12:55.99	13:51.85	14:48.41
	15:45.07	16:41.78	17:38.16	18:35.06	19:31.59	20:27.65	21:24.13	22:20.76
	23:17.13	24:13.53	25:10.03	26:06.68	27:03.67	27:58.20		
2	Dykstra, Aldert	83	Dogwood	34:00.00	34:23.57			
	56.87	2:02.84	3:08.46	4:16.49	5:24.71	6:33.02	7:40.36	8:50.51
	9:55.31		12:13.41	13:22.75	14:30.56	15:40.67	16:49.20	17:59.66
	19:08.37	20:18.27	21:27.02	22:38.63	23:48.23	24:59.98	26:09.25	27:20.55
	29:43.59	30:53.29	32:04.74	33:13.37	34:23.57			

Event 23 Women 30-34 1500 LC Meter Freestyle

1	Buggey, Melanie	31	Nanaimo Ebbtides	25:00.00	24:14.58			
	39.81	1:26.25	2:14.41	3:04.25	3:54.02	4:43.88	5:33.63	6:24.56
	7:14.04	8:03.65	8:53.19	9:43.24	10:32.37	11:23.06	12:12.91	13:01.00
	13:49.46	14:38.31	15:26.59	16:15.48	17:04.39	17:52.28	18:41.78	19:30.24
	20:19.04	21:07.73	21:55.98	22:43.78	23:30.63	24:14.58		

Victoria Masters Swim Club LCSM - 2023-01-21**Results - Saturday****Event 23 Women 35-39 1500 LC Meter Freestyle**

1	Dimitrescu, Alexandra	38	Winskill Otters Masters	19:40.00	19:36.21
	34.45	1:12.72	1:51.98	2:31.38	3:10.26
	3:49.33	4:28.60	5:08.11	5:47.31	6:26.96
	7:06.45	7:46.27	8:25.51	9:05.17	9:44.70
	10:24.53	11:03.78	11:43.34	12:23.01	13:02.40
	13:42.26	14:21.73	15:01.34	15:40.63	16:20.07
	16:59.52	17:39.03	18:18.65	18:58.35	19:36.21

Event 23 Women 40-44 1500 LC Meter Freestyle

1	Geisheimer, Kelly	40	Hyack	19:55.67	20:02.24
	35.88	1:15.35	1:54.86	2:34.87	3:14.59
	3:54.66	4:34.58	5:14.73	5:54.89	6:35.14
	7:15.24	7:55.73	8:36.84	9:17.28	9:58.49
	10:38.93	11:20.24	12:00.61	12:41.48	13:21.19
	14:02.32	14:42.48	15:23.64	16:03.96	16:45.61
	17:26.08	18:06.93	18:45.89	19:25.18	20:02.24
2	Westmacott, Lauren	44	Victoria Masters Swim Club	22:30.00	22:18.31
	40.02	1:24.75	2:09.77	2:55.29	3:40.65
	4:25.85	5:11.67	5:56.67	6:42.72	7:27.10
	8:12.07	8:56.57	9:41.64	10:25.74	11:10.47
	11:54.89	12:39.73	13:24.35	14:09.57	14:54.47
	15:39.38	16:24.21	17:09.82	17:54.62	18:39.70
	19:24.13	20:09.09	20:52.96	21:37.10	22:18.31

Event 23 Women 45-49 1500 LC Meter Freestyle

1	Ouchi, Robynne	46	Vernon Masters Swim Club	21:30.00	22:00.28
	35.53	1:15.70	1:58.30	2:41.82	3:25.61
	4:10.21	4:55.07	5:40.15	6:24.57	7:10.10
	7:55.21	8:40.08	9:24.87	10:10.28	10:55.25
	11:39.44	12:23.97	13:08.19	13:52.63	14:37.56
	15:21.91	16:06.76	16:52.07	17:37.19	18:21.84
	19:07.13	19:50.87	20:35.26	21:18.59	22:00.28

Event 23 Women 55-59 1500 LC Meter Freestyle

1	Bird, Maggie	56	Victoria Masters Swim Club	25:00.00	24:28.28
	44.26	1:31.83	2:19.80	3:08.61	3:57.36
	4:46.39	5:35.82	6:24.86	7:14.33	8:03.96
	8:53.22	9:42.38	10:31.72	11:20.94	12:10.89
	13:00.35	13:49.69	14:39.68	15:29.22	16:18.49
	17:07.99	17:56.71	18:46.00	19:35.10	20:24.48
	21:14.02	22:03.48	22:52.35	23:40.88	24:28.28
2	Korban, Martine	58	Dogwood	27:00.00	27:24.63
	48.20	1:41.69	6:13.87	3:30.86	8:04.61
	5:19.42	9:54.60	7:09.57	13:34.86	8:59.82
	19:04.16	10:50.26	22:47.87	12:40.45	24:38.16
	14:30.24	16:19.81	18:09.86	20:01.38	21:52.55
	23:44.09	25:36.13	27:24.63		
3	Johnson-Lee, Liz	57	Coast Swim Team	28:00.00	27:25.11
	51.47	1:46.45	4:33.40	3:36.99	6:24.56
	5:28.15	10:06.28	7:19.44	11:58.53	9:10.88
	13:49.23	11:01.46	21:11.56	12:53.68	23:00.99
	24:50.43	16:36.20	18:27.35	20:16.48	22:05.76
	23:55.33	25:43.29	27:25.11		
4	Allin, Lynne	57	Victoria Masters Swim Club	29:00.00	27:49.70
	48.23	1:41.23	2:37.34	3:32.31	4:28.49
	5:24.09	6:20.67	7:15.97	8:12.76	9:08.18
	10:15.75	11:01.17	11:58.00	12:53.19	13:50.59
	14:46.03	15:43.25	16:37.92	17:35.31	18:30.31
	19:28.64	20:23.47	21:21.73	22:16.90	23:14.47
	24:09.64	25:07.17	26:02.35	26:59.12	27:49.70

Event 122 Men 75-79 800 LC Meter Freestyle

1	Dowling, Mike	76	North Shore Masters	NT	13:58.79
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Event 122 Men 80-84 800 LC Meter Freestyle

1	Donoghue, Karl	83	Dogwood	NT	14:48.41
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Event 123 Women 40-44 800 LC Meter Freestyle

1	Geisheimer, Kelly	40	Hyack	NT	10:38.93
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