

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 1 Women 30-34 1500 SC Meter Freestyle**

Name	Age	Team	Seed Time	Finals Time	Points
1 Dagg-Hall, Michelle	34	Kamloops Classic Swimming	25:00.00	23:35.30	20
41.64	1:27.88 (46.24)	2:14.32 (46.44)	3:01.27 (46.95)		
3:48.96 (47.69)	4:36.22 (47.26)	5:23.57 (47.35)	6:10.94 (47.37)		
6:58.44 (47.50)	7:45.21 (46.77)	8:32.04 (46.83)	9:19.03 (46.99)		
10:06.15 (47.12)	10:53.24 (47.09)	11:40.65 (47.41)	12:28.18 (47.53)		
13:15.57 (47.39)	14:03.49 (47.92)	14:50.91 (47.42)	15:38.65 (47.74)		
16:27.36 (48.71)	17:15.00 (47.64)	18:02.70 (47.70)	18:50.94 (48.24)		
19:38.74 (47.80)	20:26.13 (47.39)	21:13.14 (47.01)	22:00.99 (47.85)		
22:48.84 (47.85)	23:35.30 (46.46)				

Event 1 Women 45-49 1500 SC Meter Freestyle

1 Ouchi, Robynne	46	Vernon Masters Swim Club	22:00.28	21:04.20	20
34.61	1:14.19 (39.58)	1:55.53 (41.34)	2:37.88 (42.35)		
3:20.38 (42.50)	4:03.29 (42.91)	4:46.49 (43.20)	5:28.99 (42.50)		
6:11.63 (42.64)	6:54.57 (42.94)	7:37.57 (43.00)	8:19.94 (42.37)		
9:02.45 (42.51)	9:44.84 (42.39)	10:26.94 (42.10)	11:09.34 (42.40)		
11:52.41 (43.07)	12:35.37 (42.96)	13:17.83 (42.46)	14:00.65 (42.82)		
14:43.90 (43.25)	15:27.31 (43.41)	16:10.48 (43.17)	16:53.63 (43.15)		
17:37.11 (43.48)	18:19.92 (42.81)	19:02.31 (42.39)	19:43.78 (41.47)		
20:25.68 (41.90)	21:04.20 (38.52)				

Event 1 Women 55-59 1500 SC Meter Freestyle

1 Johnson-lee, Liz	57	Coast Swim Team	27:25.11	25:25.14	20
46.92	1:37.78 (50.86)	2:29.00 (51.22)	3:20.53 (51.53)		
4:11.17 (50.64)	5:02.26 (51.09)	5:53.31 (51.05)	6:45.18 (51.87)		
7:36.63 (51.45)	8:27.97 (51.34)	9:19.01 (51.04)	10:10.46 (51.45)		
11:03.18 (52.72)	11:54.85 (51.67)	12:45.78 (50.93)	13:37.41 (51.63)		
14:29.62 (52.21)	15:21.32 (51.70)	16:12.55 (51.23)	17:03.90 (51.35)		
17:55.62 (51.72)	18:46.10 (50.48)	19:37.78 (51.68)	20:28.88 (51.10)		
21:19.74 (50.86)	22:09.42 (49.68)	22:59.65 (50.23)	23:49.40 (49.75)		
24:38.85 (49.45)	25:25.14 (46.29)				
2 Hobbs, Sandra	57	Calgary Masters Swim Club	30:00.00	29:42.23	17
53.29	1:51.10 (57.81)	2:50.52 (59.42)	3:49.39 (58.87)		
4:48.44 (59.05)	5:47.44 (59.00)	6:46.72 (59.28)	7:46.36 (59.64)		
8:45.86 (59.50)	9:45.19 (59.33)	10:44.52 (59.33)	11:43.55 (59.03)		
12:43.01 (59.46)	13:43.06 (1:00.05)	14:42.83 (59.77)	15:42.94 (1:00.11)		
16:44.35 (1:01.41)	17:43.69 (59.34)	18:44.10 (1:00.41)	19:42.89 (58.79)		
20:42.34 (59.45)	21:42.55 (1:00.21)	22:43.03 (1:00.48)	23:42.39 (59.36)		
24:42.46 (1:00.07)	25:42.61 (1:00.15)	26:42.91 (1:00.30)	27:43.79 (1:00.88)		
28:44.72 (1:00.93)	29:42.23 (57.51)				
3 Tucker, Amy L	58	Kamloops Classic Swimming	NT	37:37.52	16
58.34	2:11.12 (1:12.78)	3:24.96 (1:13.84)	4:38.09 (1:13.13)		
5:51.79 (1:13.70)	7:04.81 (1:13.02)	8:17.61 (1:12.80)	9:30.10 (1:12.49)		
10:46.46 (1:16.36)	12:03.81 (1:17.35)	13:20.03 (1:16.22)	14:33.95 (1:13.92)		
15:49.75 (1:15.80)	17:06.12 (1:16.37)	18:22.12 (1:16.00)	19:39.03 (1:16.91)		
20:56.65 (1:17.62)	22:11.81 (1:15.16)	23:28.34 (1:16.53)	24:42.80 (1:14.46)		
25:57.63 (1:14.83)	27:14.15 (1:16.52)	28:33.25 (1:19.10)	29:53.02 (1:19.77)		
31:12.47 (1:19.45)	32:29.50 (1:17.03)	33:46.60 (1:17.10)	35:03.26 (1:16.66)		
36:22.21 (1:18.95)	37:37.52 (1:15.31)				

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 1 Women 60-64 1500 SC Meter Freestyle**

1	Brown, Janis	62	Okanagan Masters Swim Club	24:10.90	22:34.78	20
	41.70	1:26.36 (44.66)	2:11.39 (45.03)	2:56.49 (45.10)		
	3:42.19 (45.70)	4:27.40 (45.21)	5:12.60 (45.20)	5:57.70 (45.10)		
	6:42.82 (45.12)	7:27.98 (45.16)	8:13.11 (45.13)	8:58.68 (45.57)		
	9:44.44 (45.76)	10:30.14 (45.70)	11:15.47 (45.33)	12:00.68 (45.21)		
	12:45.48 (44.80)	13:30.54 (45.06)	14:15.62 (45.08)	15:01.14 (45.52)		
	15:46.63 (45.49)	16:32.05 (45.42)	17:18.15 (46.10)	18:04.09 (45.94)		
	18:49.99 (45.90)	19:35.76 (45.77)	20:21.20 (45.44)	21:06.23 (45.03)		
	21:50.77 (44.54)	22:34.78 (44.01)				
2	Condon, Anne	61	Coast Swim Team	43:00.00	39:36.13	17
	1:11.65	2:30.31 (1:18.66)	3:50.96 (1:20.65)	5:10.75 (1:19.79)		
	6:29.55 (1:18.80)	7:47.99 (1:18.44)	9:08.27 (1:20.28)	10:26.32 (1:18.05)		
	11:46.82 (1:20.50)	13:06.37 (1:19.55)	14:25.25 (1:18.88)	15:43.34 (1:18.09)		
	17:04.45 (1:21.11)	18:24.16 (1:19.71)	19:43.63 (1:19.47)	21:03.98 (1:20.35)		
	22:23.34 (1:19.36)	23:43.33 (1:19.99)	25:03.28 (1:19.95)	26:21.74 (1:18.46)		
	27:44.14 (1:22.40)	29:05.51 (1:21.37)	30:23.02 (1:17.51)	31:42.31 (1:19.29)		
	33:01.86 (1:19.55)	34:22.39 (1:20.53)	35:40.77 (1:18.38)	37:00.53 (1:19.76)		
	38:20.55 (1:20.02)	39:36.13 (1:15.58)				

Event 1 Women 70-74 1500 SC Meter Freestyle

1	Quick, Paula	71	Chilliwack Masters Swim Club	37:30.00	36:10.84	20
	1:05.44	2:15.94 (1:10.50)	3:27.23 (1:11.29)	4:40.84 (1:13.61)		
	5:53.51 (1:12.67)	7:06.79 (1:13.28)	8:19.06 (1:12.27)	9:30.71 (1:11.65)		
	10:42.95 (1:12.24)	11:55.70 (1:12.75)	13:08.29 (1:12.59)	14:21.33 (1:13.04)		
	15:33.25 (1:11.92)	16:46.54 (1:13.29)	17:59.67 (1:13.13)	19:11.59 (1:11.92)		
	20:25.58 (1:13.99)	21:37.72 (1:12.14)	22:49.83 (1:12.11)	24:02.63 (1:12.80)		
	25:16.03 (1:13.40)	26:28.74 (1:12.71)	27:41.29 (1:12.55)	28:53.70 (1:12.41)		
	30:06.29 (1:12.59)	31:20.43 (1:14.14)	32:33.60 (1:13.17)	33:45.12 (1:11.52)		
	35:00.18 (1:15.06)	36:10.84 (1:10.66)				

Event 1 Men 30-34 1500 SC Meter Freestyle

1	Dalke, Taylor D	30	Kamloops Classic Swimming	20:00.00	19:36.27	20
	33.15	1:09.69 (36.54)	1:47.36 (37.67)	2:25.75 (38.39)		
	3:04.05 (38.30)	3:42.80 (38.75)	4:22.20 (39.40)	5:01.23 (39.03)		
	5:40.55 (39.32)	6:19.98 (39.43)	6:59.35 (39.37)	7:39.50 (40.15)		
	8:19.45 (39.95)	8:59.29 (39.84)	9:39.65 (40.36)	10:19.71 (40.06)		
	10:59.92 (40.21)	11:40.31 (40.39)	12:21.58 (41.27)	13:01.97 (40.39)		
	13:41.98 (40.01)	14:22.42 (40.44)	15:02.56 (40.14)	15:42.00 (39.44)		
	16:21.82 (39.82)	17:01.87 (40.05)	17:41.29 (39.42)	18:21.32 (40.03)		
	19:01.10 (39.78)	19:36.27 (35.17)				

Event 1 Men 45-49 1500 SC Meter Freestyle

1	Robinson, Dale	49	Victoria Masters Swim Club	19:43.66	20:15.24	20
	36.01	1:16.51 (40.50)	1:57.92 (41.41)	2:38.93 (41.01)		
	3:20.27 (41.34)	4:01.70 (41.43)	4:43.13 (41.43)	5:24.62 (41.49)		
	6:05.74 (41.12)	6:46.88 (41.14)	7:27.82 (40.94)	8:09.17 (41.35)		
	8:50.35 (41.18)	9:31.54 (41.19)	10:12.52 (40.98)	10:53.82 (41.30)		
	11:35.00 (41.18)	12:16.05 (41.05)	12:56.84 (40.79)	13:37.80 (40.96)		
	14:18.48 (40.68)	14:58.90 (40.42)	15:39.27 (40.37)	16:19.52 (40.25)		
	16:59.47 (39.95)	17:39.30 (39.83)	18:18.83 (39.53)	18:58.27 (39.44)		
	19:37.44 (39.17)	20:15.24 (37.80)				

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 1 Men 50-54 1500 SC Meter Freestyle**

1	Buckley, Richard P	51	Winskill Otters Masters	22:30.00	22:07.28	20
	34.84	1:14.25 (39.41)	1:54.91 (40.66)	2:36.56 (41.65)		
	3:19.13 (42.57)	4:02.52 (43.39)	4:45.52 (43.00)	5:28.96 (43.44)		
	6:13.03 (44.07)	6:57.21 (44.18)	7:41.95 (44.74)	8:26.85 (44.90)		
	9:12.39 (45.54)	9:57.55 (45.16)	10:42.98 (45.43)	11:28.02 (45.04)		
	12:14.15 (46.13)	12:59.51 (45.36)	13:44.69 (45.18)	14:30.25 (45.56)		
	15:16.12 (45.87)	16:02.67 (46.55)	16:49.17 (46.50)	17:34.73 (45.56)		
	18:21.21 (46.48)	19:07.22 (46.01)	19:53.30 (46.08)	20:38.66 (45.36)		
	21:24.33 (45.67)	22:07.28 (42.95)				

Event 1 Men 60-64 1500 SC Meter Freestyle

1	Craig, Rod	62	Canadian Dolphin Swim Club	19:10.00	20:06.88	20
	35.81	1:15.16 (39.35)	1:55.36 (40.20)	2:35.78 (40.42)		
	3:15.98 (40.20)	3:55.85 (39.87)	4:36.11 (40.26)	5:16.27 (40.16)		
	5:56.72 (40.45)	6:37.14 (40.42)	7:17.57 (40.43)	7:57.82 (40.25)		
	8:38.07 (40.25)	9:18.50 (40.43)	9:59.05 (40.55)	10:39.76 (40.71)		
	11:20.26 (40.50)	12:00.70 (40.44)	12:41.69 (40.99)	13:22.47 (40.78)		
	14:02.65 (40.18)	14:43.20 (40.55)	15:24.38 (41.18)	16:05.48 (41.10)		
	16:46.03 (40.55)	17:26.46 (40.43)	18:06.75 (40.29)	18:47.41 (40.66)		
	19:28.38 (40.97)	20:06.88 (38.50)				

Event 2 Women 18-24 200 SC Meter IM

1	Rankin, Erika	24	WestShore Masters Swim Club	3:03.21	2:55.35	20
	37.54	1:23.78 (46.24)	2:14.72 (50.94)	2:55.35 (40.63)		

Event 2 Women 30-34 200 SC Meter IM

1	Buggey, Melanie	31	Nanaimo Ebttides	3:01.83	3:04.89	20
	39.13	1:26.72 (47.59)	2:24.87 (58.15)	3:04.89 (40.02)		

Event 2 Women 40-44 200 SC Meter IM

1	Finlan, Michelle	43	Winskill Otters Masters	3:50.00	3:37.16	20
	45.40	1:44.46 (59.06)	2:43.80 (59.34)	3:37.16 (53.36)		
2	Furlanetto, Francesca	44	Coast Swim Team	4:20.00	4:10.50	17
	1:01.91	2:03.07 (1:01.16)	3:19.45 (1:16.38)	4:10.50 (51.05)		

Event 2 Women 45-49 200 SC Meter IM

1	Pendergast, Christina	46	Nanaimo Ebttides	2:55.00	2:44.76	20
	35.49	1:20.53 (45.04)	2:06.05 (45.52)	2:44.76 (38.71)		
2	Tucker, Kylie	48	Vernon Masters Swim Club	3:26.38	3:22.99	17
	43.28	1:36.01 (52.73)	2:34.29 (58.28)	3:22.99 (48.70)		

Event 2 Women 50-54 200 SC Meter IM

1	Clapham, Karlene	54	Nanaimo Ebttides	3:15.00	3:20.79	20
	42.66	1:36.81 (54.15)	2:31.51 (54.70)	3:20.79 (49.28)		

Event 2 Women 60-64 200 SC Meter IM

1	Brown, Janis	62	Okanagan Masters Swim Club	3:00.70	3:08.28	20
	42.45	1:30.81 (48.36)	2:25.01 (54.20)	3:08.28 (43.27)		

Event 2 Men 18-24 200 SC Meter IM

1	Peace, Regan	23	Kamloops Classic Swimming	2:21.83	2:19.87	20
	26.43	1:00.97 (34.54)	1:43.98 (43.01)	2:19.87 (35.89)		
2	Boll, Ryan	23	Kamloops Classic Swimming	2:30.32	2:24.37	17
	27.21	1:01.06 (33.85)	1:48.22 (47.16)	2:24.37 (36.15)		
3	Messcu, Will	22	White Rock Wave	2:28.02	2:26.41	16
	28.48	1:05.17 (36.69)	1:49.88 (44.71)	2:26.41 (36.53)		

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 2 Men 30-34 200 SC Meter IM**

1	Solis, Manuel	34	Calgary Masters Swim Club	2:50.26	2:52.30	20
	35.32	1:21.33 (46.01)	2:10.46 (49.13)	2:52.30 (41.84)		

Event 2 Men 40-44 200 SC Meter IM

1	Scott, Stewart	40	Coast Swim Team	3:00.00	2:45.20	20
	35.12	1:20.52 (45.40)	2:05.77 (45.25)	2:45.20 (39.43)		

Event 2 Men 45-49 200 SC Meter IM

1	Scofield, Trevor	49	White Rock Wave	2:39.00	2:33.25	20
	33.06	1:12.07 (39.01)	1:57.97 (45.90)	2:33.25 (35.28)		
2	Robinson, Dale	49	Victoria Masters Swim Club	2:40.00	2:47.67	17
	34.32	1:21.42 (47.10)	2:08.29 (46.87)	2:47.67 (39.38)		

Event 2 Men 50-54 200 SC Meter IM

1	Johaneson, Darin	54	Vernon Masters Swim Club	2:45.00	2:46.89	20
	34.66	1:17.94 (43.28)	2:07.98 (50.04)	2:46.89 (38.91)		

Event 2 Men 55-59 200 SC Meter IM

1	Hobbs, Brent	56	Okanagan Masters Swim Club	2:40.00	2:42.15	20
	33.23	1:13.60 (40.37)	2:04.03 (50.43)	2:42.15 (38.12)		
2	Orr, Christopher	55	Kamloops Classic Swimming	3:17.00	3:09.67	17
	37.66	1:30.73 (53.07)	2:25.69 (54.96)	3:09.67 (43.98)		

Event 2 Men 60-64 200 SC Meter IM

1	Daniel, Chris	63	Wild Rose Swim Club	2:40.00	2:31.23	20
	30.45	1:10.13 (39.68)	1:56.08 (45.95)	2:31.23 (35.15)		
2	Hartford, Doug	60	Victoria Masters Swim Club	2:48.05	2:44.84	17
	33.66	1:19.29 (45.63)	2:07.19 (47.90)	2:44.84 (37.65)		

Event 2 Men 65-69 200 SC Meter IM

1	Holmwood, John	69	Vernon Masters Swim Club	4:15.00	4:22.31	20
	57.83	2:09.98 (1:12.15)	3:21.85 (1:11.87)	4:22.31 (1:00.46)		

Event 3 Mixed 120-159 400 SC Meter Freestyle Relay

1	Vernon Masters Swim Club	A	5:12.00	5:29.11	40
	1) Tucker, Kylie W48	2) Holmwood, John M69	3) Ouchi, Robynne W46	4) Johaneson, Darin M54	
	40.45	1:24.60 (1:24.60)	2:15.76 (51.16)	3:12.50 (1:47.90)	
	3:45.25 (32.75)	4:19.96 (1:07.46)	4:52.55 (32.59)	5:29.11 (1:09.15)	
2	Kamloops Classic Swimming	A	4:43.63	5:50.25	34
	1) Tucker, Amy L W58	2) Dagg-Hall, Michelle W34	3) Hyslop, Mark M72	4) Sherwood, Alex A M37	
	55.16	2:07.35 (2:07.35)	2:42.66 (35.31)	3:22.54 (1:15.19)	
	4:02.62 (40.08)	4:46.23 (1:23.69)	5:16.57 (30.34)	5:50.25 (1:04.02)	

Event 4 Women 120-159 400 SC Meter Freestyle Relay

1	Coast Swim Team	A	6:41.00	7:11.46	40
	1) Johnson-lee, Liz W57	2) Krall, Karen W61	3) Condon, Anne W61	4) Furlanetto, Francesca W44	
	41.08	1:22.83 (1:22.83)	2:10.31 (47.48)	3:08.48 (1:45.65)	
	4:15.44 (1:06.96)	5:32.31 (2:23.83)	6:19.45 (47.14)	7:11.46 (1:39.15)	

Event 5 Men 72-99 400 SC Meter Freestyle Relay

1	Kamloops Classic Swimming	A	3:41.52	3:48.46	40
	1) Peace, Regan M23	2) Boll, Ryan M23	3) Savage, Jack B M23	4) Dalke, Taylor D M30	
	25.94	56.22 (56.22)	1:22.64 (26.42)	1:50.81 (54.59)	
	2:16.86 (26.05)	2:46.57 (55.76)	3:15.57 (29.00)	3:48.46 (1:01.89)	

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1 Rankin, Erika	24 WestShore Masters Swim Club	5:39.60	5:26.98	20
36.49	1:16.62 (40.13)	1:57.71 (41.09)	2:39.15 (41.44)	
3:21.19 (42.04)	4:03.41 (42.22)	4:45.91 (42.50)	5:26.98 (41.07)	

Event 6 Women 30-34 400 SC Meter Freestyle

1 Dagg-Hall, Michelle	34 Kamloops Classic Swimming	6:45.00	5:59.41	20
40.16	1:25.11 (44.95)	2:09.98 (44.87)	2:56.22 (46.24)	
3:42.10 (45.88)	4:28.47 (46.37)	5:14.35 (45.88)	5:59.41 (45.06)	

Event 6 Women 35-39 400 SC Meter Freestyle

1 Coombs, Katie	36 Squamish Titans Athletic Club	11:00.00	8:52.77	20
57.44	2:01.35 (1:03.91)	3:08.24 (1:06.89)	4:16.69 (1:08.45)	
5:25.64 (1:08.95)	6:35.13 (1:09.49)	7:45.26 (1:10.13)	8:52.77 (1:07.51)	

Event 6 Women 40-44 400 SC Meter Freestyle

1 Westmacott, Lauren	44 Victoria Masters Swim Club	5:18.27	5:21.16	20
35.41	1:15.00 (39.59)	1:55.50 (40.50)	2:36.73 (41.23)	
3:18.39 (41.66)	4:00.09 (41.70)	4:41.07 (40.98)	5:21.16 (40.09)	

Event 6 Women 50-54 400 SC Meter Freestyle

1 Cooke, Heather	52 Summerland Orca Masters	6:55.10	6:54.91	20
46.65	1:37.43 (50.78)	2:30.23 (52.80)	3:23.79 (53.56)	
4:17.91 (54.12)	5:11.71 (53.80)	6:04.56 (52.85)	6:54.91 (50.35)	

Event 6 Women 55-59 400 SC Meter Freestyle

1 Johnson-lee, Liz	57 Coast Swim Team	6:24.69	6:25.04	20
43.78	1:32.07 (48.29)	2:21.34 (49.27)	3:11.23 (49.89)	
4:01.07 (49.84)	4:50.64 (49.57)	5:39.37 (48.73)	6:25.04 (45.67)	
2 Korban, Martine	58 Dogwood Masters Swim Club	6:50.00	7:00.37	17
47.99	1:39.37 (51.38)	2:32.23 (52.86)	3:25.82 (53.59)	
4:17.62 (51.80)	5:11.94 (54.32)	6:07.26 (55.32)	7:00.37 (53.11)	
3 Tucker, Amy L	58 Kamloops Classic Swimming	NT	9:33.93	16
56.31	2:10.38 (1:14.07)	3:26.35 (1:15.97)	4:41.67 (1:15.32)	
5:57.00 (1:15.33)	7:12.95 (1:15.95)	8:24.78 (1:11.83)	9:33.93 (1:09.15)	

Event 6 Women 60-64 400 SC Meter Freestyle

1 Johannesson, Shelley	62 Nanaimo Ebttides	6:32.22	6:25.11	20
43.20	1:31.27 (48.07)	2:20.29 (49.02)	3:09.10 (48.81)	
3:58.31 (49.21)	4:47.72 (49.41)	5:37.37 (49.65)	6:25.11 (47.74)	
2 Condon, Anne	61 Coast Swim Team	9:45.00	10:08.23	17
1:08.60	2:24.20 (1:15.60)	3:40.76 (1:16.56)	4:57.31 (1:16.55)	
6:15.83 (1:18.52)	7:33.77 (1:17.94)	8:51.66 (1:17.89)	10:08.23 (1:16.57)	

Event 6 Women 70-74 400 SC Meter Freestyle

1 Quick, Paula	71 Chilliwack Masters Swim Club	8:55.00	9:39.83	20
1:05.40	2:16.25 (1:10.85)	3:30.45 (1:14.20)	4:44.35 (1:13.90)	
6:01.59 (1:17.24)	7:16.03 (1:14.44)	8:29.00 (1:12.97)	9:39.83 (1:10.83)	

Event 6 Women 95-99 400 SC Meter Freestyle

1 Brussel, Betty	99 White Rock Wave	12:00.00	12:24.14	20
1:20.39	2:57.53 (1:37.14)	4:36.23 (1:38.70)	6:11.02 (1:34.79)	
7:46.65 (1:35.63)	9:21.85 (1:35.20)	10:56.80 (1:34.95)	12:24.14 (1:27.34)	

Event 6 Men 18-24 400 SC Meter Freestyle

1 Skofteby, Ethan P	21 Kamloops Classic Swimming	4:03.37	4:36.56	20
30.39	1:03.47 (33.08)	1:37.17 (33.70)	2:11.36 (34.19)	
2:46.36 (35.00)	3:22.08 (35.72)	3:59.31 (37.23)	4:36.56 (37.25)	

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 6 Men 30-34 400 SC Meter Freestyle**

1	Dalke, Taylor D	30	Kamloops Classic Swimming	4:40.23	4:47.54	20
	32.37	1:08.34 (35.97)	1:45.18 (36.84)	2:22.43 (37.25)		
	3:00.20 (37.77)	3:37.22 (37.02)	4:14.02 (36.80)	4:47.54 (33.52)		
2	Solis, Manuel	34	Calgary Masters Swim Club	5:30.00	5:27.35	17
	36.38	1:16.72 (40.34)	1:57.98 (41.26)	2:39.79 (41.81)		
	3:21.67 (41.88)	4:03.80 (42.13)	4:45.88 (42.08)	5:27.35 (41.47)		

Event 6 Men 35-39 400 SC Meter Freestyle

1	Sherwood, Alex A	37	Kamloops Classic Swimming	NT	5:07.43	20
	34.79	1:13.66 (38.87)	1:52.86 (39.20)	2:32.86 (40.00)		
	3:12.11 (39.25)	3:51.47 (39.36)	4:29.95 (38.48)	5:07.43 (37.48)		

Event 6 Men 45-49 400 SC Meter Freestyle

1	Scofield, Trevor	49	White Rock Wave	4:45.00	4:46.33	20
	31.96	1:07.88 (35.92)	1:44.74 (36.86)	2:21.67 (36.93)		
	2:58.19 (36.52)	3:34.64 (36.45)	4:11.13 (36.49)	4:46.33 (35.20)		
2	Robinson, Dale	49	Victoria Masters Swim Club	4:54.55	5:08.34	17
	34.79	1:13.26 (38.47)	1:52.91 (39.65)	2:32.73 (39.82)		
	3:12.34 (39.61)	3:51.66 (39.32)	4:30.36 (38.70)	5:08.34 (37.98)		

Event 6 Men 50-54 400 SC Meter Freestyle

1	Buckley, Richard P	51	Winniskill Otters Masters	5:21.79	5:23.71	20
	34.64	1:13.82 (39.18)	1:54.19 (40.37)	2:35.54 (41.35)		
	3:16.79 (41.25)	3:59.19 (42.40)	4:42.50 (43.31)	5:23.71 (41.21)		
2	Cooke, Mike	54	Summerland Orca Masters	5:57.90	5:48.98	17
	39.91	1:23.55 (43.64)	2:07.91 (44.36)	2:52.77 (44.86)		
	3:37.69 (44.92)	4:22.17 (44.48)	5:06.19 (44.02)	5:48.98 (42.79)		

Event 6 Men 55-59 400 SC Meter Freestyle

1	Orr, Christopher	55	Kamloops Classic Swimming	5:52.00	5:35.51	20
	36.30	1:16.91 (40.61)	1:59.92 (43.01)	2:43.36 (43.44)		
	3:26.72 (43.36)	4:10.20 (43.48)	4:53.36 (43.16)	5:35.51 (42.15)		

Event 6 Men 60-64 400 SC Meter Freestyle

1	Craig, Rod	62	Canadian Dolphin Swim Club	4:53.00	4:59.15	20
	34.30	1:11.90 (37.60)	1:49.68 (37.78)	2:27.45 (37.77)		
	3:05.58 (38.13)	3:43.76 (38.18)	4:21.86 (38.10)	4:59.15 (37.29)		
2	Kendal, Keith	62	Victoria Masters Swim Club	5:46.25	5:44.19	17
	38.77	1:21.29 (42.52)	2:04.82 (43.53)	2:48.45 (43.63)		
	3:32.06 (43.61)	4:16.10 (44.04)	5:00.25 (44.15)	5:44.19 (43.94)		
3	Duyvewaardt, Stephen	62	Dogwood Masters Swim Club	5:45.00	6:04.89	16
	41.22	1:24.62 (43.40)	2:10.31 (45.69)	2:56.56 (46.25)		
	3:43.26 (46.70)	4:29.99 (46.73)	5:18.58 (48.59)	6:04.89 (46.31)		

Event 6 Men 65-69 400 SC Meter Freestyle

1	Horton, Stephen	68	Dogwood Masters Swim Club	6:18.00	6:06.29	20
	42.44	1:28.01 (45.57)	2:13.87 (45.86)	3:01.19 (47.32)		
	3:49.59 (48.40)	4:36.29 (46.70)	5:23.42 (47.13)	6:06.29 (42.87)		

Event 6 Men 70-74 400 SC Meter Freestyle

1	Carmichael, Rod	72	Victoria Masters Swim Club	6:02.00	5:46.69	20
	37.80	1:19.45 (41.65)	2:02.85 (43.40)	2:46.98 (44.13)		
	3:32.10 (45.12)	4:17.77 (45.67)	5:03.19 (45.42)	5:46.69 (43.50)		

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 6 Men 80-84 400 SC Meter Freestyle**

1	Donoghue, Karl	83	Dogwood Masters Swim Club	7:10.00	7:03.70	20
				48.20	1:40.72 (52.52)	2:33.97 (53.25)
				3:28.04 (54.07)	4:22.39 (54.35)	5:16.64 (54.25)
				6:10.98 (54.34)	7:03.70 (52.72)	

Event 7 Women 30-34 50 SC Meter Backstroke

1	Buggey, Melanie	31	Nanaimo Ebbitides	37.62	39.14	20
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Event 7 Women 35-39 50 SC Meter Backstroke

1	Fong, Megin M	39	Kamloops Classic Swimming	NT	55.68	20
2	Hoover, Elisa	38	Dogwood Masters Swim Club	1:05.23	1:02.81	17
3	Coombs, Katie	36	Squamish Titans Athletic Club	1:11.16	1:08.48	16

Event 7 Women 40-44 50 SC Meter Backstroke

1	Finlan, Michelle	43	Winskill Otters Masters	45.00	43.37	20
2	Furlanetto, Francesca	44	Coast Swim Team	46.16	47.63	17

Event 7 Women 45-49 50 SC Meter Backstroke

1	Ouchi, Robynne	46	Vernon Masters Swim Club	35.69	35.71	20
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Event 7 Women 50-54 50 SC Meter Backstroke

1	Kilborn, Tanya L	54	Kamloops Classic Swimming	NT	52.54	20
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Event 7 Women 55-59 50 SC Meter Backstroke

1	Beer, Heike	55	White Rock Wave	43.00	42.71	20
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Event 7 Women 60-64 50 SC Meter Backstroke

1	Brown, Janis	62	Okanagan Masters Swim Club	41.89	40.70	20
2	Erwood, Janet	62	Kamloops Classic Swimming	58.00	49.06	17
3	Krall, Karen	61	Coast Swim Team	58.90	57.70	16

Event 7 Women 65-69 50 SC Meter Backstroke

1	Graham, Kathy	65	Dogwood Masters Swim Club	37.71	37.78	20
2	Hall, Linda	68	Dogwood Masters Swim Club	50.00	49.02	17

Event 7 Women 70-74 50 SC Meter Backstroke

1	Ho, Fernanda	71	Winskill Otters Masters	53.00	52.28	20
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Event 7 Women 95-99 50 SC Meter Backstroke

1	Brussel, Betty	99	White Rock Wave	1:22.00	1:22.55	20
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Event 7 Men 18-24 50 SC Meter Backstroke

1	Peace, Regan	23	Kamloops Classic Swimming	26.18	26.08	20
2	Savage, Jack B	23	Kamloops Classic Swimming	27.65	27.84	17
3	Boll, Ryan	23	Kamloops Classic Swimming	28.60	27.98	16

Event 7 Men 25-29 50 SC Meter Backstroke

1	Fry, Darian	26	White Rock Wave	26.28	25.68	20
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Event 7 Men 35-39 50 SC Meter Backstroke

1	Sherwood, Alex A	37	Kamloops Classic Swimming	NT	33.39	20
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Event 7 Men 45-49 50 SC Meter Backstroke

1	Ouchi, Kurt	48	Vernon Masters Swim Club	30.50	29.41	20
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Event 7 Men 50-54 50 SC Meter Backstroke

1	Wicke, Daniel	52	Percy Norman Wave Masters	36.00	34.04	20
2	Cooke, Mike	54	Summerland Orca Masters	41.24	40.18	17

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 7 Men 55-59 50 SC Meter Backstroke**

1	Heusel, Peter	55	English Bay Swim Club	33.50	34.07	20
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Event 7 Men 60-64 50 SC Meter Backstroke

1	Hartford, Doug	60	Victoria Masters Swim Club	38.00	37.82	20
2	Dallin, Christopher	60	Winskill Otters Masters	38.00	38.11	17

Event 7 Men 75-79 50 SC Meter Backstroke

1	Ingenhorst, Rudi	75	Salmon Arm Waves Masters	42.90	41.50	20
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Event 7 Men 80-84 50 SC Meter Backstroke

1	Donoghue, Karl	83	Dogwood Masters Swim Club	50.00	45.45	20
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Event 7 Men 85-89 50 SC Meter Backstroke

1	Convey, John	85	Dogwood Masters Swim Club	56.00	57.08	20
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Event 8 Women 18-24 100 SC Meter Breaststroke

1	Kintzel, Anika	24	Vernon Masters Swim Club	1:24.53	1:29.53	20
	42.06		1:29.53 (47.47)			
2	Rankin, Erika	24	WestShore Masters Swim Club	1:38.00	1:35.76	17
	45.40		1:35.76 (50.36)			

Event 8 Women 30-34 100 SC Meter Breaststroke

1	Dagg-Hall, Michelle	34	Kamloops Classic Swimming	1:32.00	1:43.03	20
	49.35		1:43.03 (53.68)			

Event 8 Women 35-39 100 SC Meter Breaststroke

1	Eroglu, Biricik	39	White Rock Wave	1:30.31	1:29.84	20
	41.34		1:29.84 (48.50)			

Event 8 Women 45-49 100 SC Meter Breaststroke

1	Pendergast, Christina	46	Nanaimo Ebttides	1:24.21	1:20.60	20
	38.08		1:20.60 (42.52)			
2	Ferguson, Alanaise	48	Chilliwack Masters Swim Club	1:32.00	1:30.68	17
	42.80		1:30.68 (47.88)			
3	Sochanski, Barbara	46	Okanagan Masters Swim Club	1:34.13	1:31.09	16
	43.99		1:31.09 (47.10)			

Event 8 Women 50-54 100 SC Meter Breaststroke

1	Clapham, Karlene	54	Nanaimo Ebttides	1:37.00	1:39.39	20
	46.70		1:39.39 (52.69)			
2	Tuira, Cheryl	54	Kamloops Classic Swimming	2:00.00	1:59.77	17
	57.41		1:59.77 (1:02.36)			

Event 8 Women 60-64 100 SC Meter Breaststroke

1	McGrath, Ann	60	Victoria Masters Swim Club	1:36.00	1:32.19	20
	42.64		1:32.19 (49.55)			
2	Johannesson, Shelley	62	Nanaimo Ebttides	2:12.00	2:01.83	17
	57.22		2:01.83 (1:04.61)			
3	Condon, Anne	61	Coast Swim Team	3:00.00	2:54.49	16
	1:24.71		2:54.49 (1:29.78)			

Event 8 Women 65-69 100 SC Meter Breaststroke

1	Hall, Linda	68	Dogwood Masters Swim Club	1:46.00	1:47.10	20
	50.64		1:47.10 (56.46)			

Event 8 Women 70-74 100 SC Meter Breaststroke

1	Ho, Fernanda	71	Winskill Otters Masters	2:15.00	2:23.40	20
	1:08.53		2:23.40 (1:14.87)			

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 8 Men 40-44 100 SC Meter Breaststroke**

1	Scott, Stewart	40	Coast Swim Team	1:19.30	1:19.37	20
	37.40	1:19.37	(41.97)			

Event 8 Men 50-54 100 SC Meter Breaststroke

1	Johanesson, Darin	54	Vernon Masters Swim Club	1:25.00	1:27.98	20
	41.19	1:27.98	(46.79)			

Event 8 Men 60-64 100 SC Meter Breaststroke

1	Score, Serge	62	Dogwood Masters Swim Club	1:20.00	1:13.49	20
	35.09	1:13.49	(38.40)			
2	Daniel, Chris	63	Wild Rose Swim Club	1:20.00	1:19.16	17
	37.02	1:19.16	(42.14)			
3	Hartford, Doug	60	Victoria Masters Swim Club	1:21.90	1:22.63	16
	38.73	1:22.63	(43.90)			

Event 8 Men 70-74 100 SC Meter Breaststroke

1	Hyslop, Mark	72	Kamloops Classic Swimming	1:40.00	1:38.81	20
	47.84	1:38.81	(50.97)			

Event 8 Men 75-79 100 SC Meter Breaststroke

1	Jamieson, Sandy	76	Kamloops Classic Swimming	2:05.00	1:48.43	20
	50.98	1:48.43	(57.45)			
2	Reeder, Neil	75	Chilliwack Masters Swim Club	1:42.50	1:49.75	17
	49.53	1:49.75	(1:00.22)			

Event 9 Women 18-24 100 SC Meter Butterfly

1	Rankin, Erika	24	WestShore Masters Swim Club	1:25.00	1:24.73	20
	38.88	1:24.73	(45.85)			

Event 9 Women 25-29 100 SC Meter Butterfly

1	Douglas, Kirsten	25	English Bay Swim Club	1:02.67	1:04.81	20
	30.07	1:04.81	(34.74)			

Event 9 Women 30-34 100 SC Meter Butterfly

1	Buggey, Melanie	31	Nanaimo Ebbtides	1:27.81	1:25.93	20
	38.87	1:25.93	(47.06)			

Event 9 Women 40-44 100 SC Meter Butterfly

1	Westmacott, Lauren	44	Victoria Masters Swim Club	1:21.41	1:21.18	20
	37.17	1:21.18	(44.01)			

Event 9 Women 45-49 100 SC Meter Butterfly

1	Pendergast, Christina	46	Nanaimo Ebbtides	1:22.30	1:21.95	20
	37.95	1:21.95	(44.00)			
2	Sochanski, Barbara	46	Okanagan Masters Swim Club	1:22.00	1:27.48	17
	40.23	1:27.48	(47.25)			
3	Tucker, Kylie	48	Vernon Masters Swim Club	1:35.69	1:36.63	16
	42.87	1:36.63	(53.76)			

Event 9 Women 60-64 100 SC Meter Butterfly

1	Krall, Karen	61	Coast Swim Team	2:04.57	2:10.80	20
	59.49	2:10.80	(1:11.31)			

Event 9 Men 18-24 100 SC Meter Butterfly

1	Jensen, Ethan E	24	Kamloops Classic Swimming	54.54	59.47	20
	27.36	59.47	(32.11)			
2	Savage, Jack B	23	Kamloops Classic Swimming	1:01.77	1:00.07	17
	27.82	1:00.07	(32.25)			

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****(Event 9 Men 18-24 100 SC Meter Butterfly)**

3	Messcu, Will	22	White Rock Wave	1:08.08	1:04.45	16
	29.62		1:04.45 (34.83)			

Event 9 Men 45-49 100 SC Meter Butterfly

1	Ouchi, Kurt	48	Vernon Masters Swim Club	1:04.00	1:02.62	20
	29.80		1:02.62 (32.82)			

Event 9 Men 50-54 100 SC Meter Butterfly

1	Wicke, Daniel	52	Percy Norman Wave Masters	1:10.00	1:17.00	20
	35.67		1:17.00 (41.33)			

Event 9 Men 55-59 100 SC Meter Butterfly

1	Hobbs, Brent	56	Okanagan Masters Swim Club	1:13.50	1:13.13	20
	34.45		1:13.13 (38.68)			

Event 9 Men 60-64 100 SC Meter Butterfly

1	Craig, Rod	62	Canadian Dolphin Swim Club	1:10.00	1:11.62	20
	33.63		1:11.62 (37.99)			

Event 9 Men 65-69 100 SC Meter Butterfly

1	Holmwood, John	69	Vernon Masters Swim Club	2:00.00	2:03.88	20
	58.28		2:03.88 (1:05.60)			

Event 10 Women 160-199 200 SC Meter Freestyle Relay

1	Nanaimo Ebbtides	A		2:38.76	2:25.16	40
	1) Pendergast, Christina W46	2) Johannesson, Shelley W62	3) Clapham, Karlene W54	4) Buggiey, Melanie W31		
	32.97	1:13.80 (40.83)	1:35.21 (21.41)	2:25.16 (49.95)		

Event 10 Women 200-239 200 SC Meter Freestyle Relay

1	Kamloops Classic Swimming	A		3:30.23	3:01.81	40
	1) Laroche, Anne W57	2) Kilborn, Tanya L W54	3) Cotito, Carolyn D W51	4) Coleman, Diane J W58		
	48.80	1:32.40 (43.60)	2:10.43 (38.03)	3:01.81 (51.38)		
2	Coast Swim Team	A		3:02.00	3:10.25	34
	1) Johnson-lee, Liz W57	2) Krall, Karen W61	3) Condon, Anne W61	4) Furlanetto, Francesca W44		
	37.22	1:22.73 (45.51)	2:29.02 (1:06.29)	3:10.25 (41.23)		

Event 11 Men 72-99 200 SC Meter Freestyle Relay

1	Kamloops Classic Swimming	A		1:42.95	1:40.70	40
	1) Peace, Regan M23	2) Boll, Ryan M23	3) Jensen, Ethan E M24	4) Savage, Jack B M23		
	24.01	48.16 (24.15)	1:15.00 (26.84)	1:40.70 (25.70)		

Event 11 Men 120-159 200 SC Meter Freestyle Relay

1	Kamloops Classic Swimming	B		1:53.58	1:58.36	40
	1) Skofteby, Ethan P M21	2) Dalke, Taylor D M30	3) Sherwood, Alex A M37	4) Stewart, Keith H M62		
	26.27	54.14 (27.87)	1:22.95 (28.81)	1:58.36 (35.41)		

Event 11 Men 200-239 200 SC Meter Freestyle Relay

1	Vernon Masters Swim Club	A		2:10.00	2:20.90	40
	1) Johaneson, Darin M54	2) Holmwood, John M69	3) Goble, Bryan M52	4) Ouchi, Kurt M48		
	30.78	1:22.11 (51.33)	1:53.03 (30.92)	2:20.90 (27.87)		

Event 12 Women 18-24 100 SC Meter Freestyle

1	Rankin, Erika	24	WestShore Masters Swim Club	1:14.63	1:12.91	20
	34.95		1:12.91 (37.96)			

Event 12 Women 25-29 100 SC Meter Freestyle

1	Douglas, Kirsten	25	English Bay Swim Club	58.50	1:02.40	20
	29.29		1:02.40 (33.11)			

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 12 Women 30-34 100 SC Meter Freestyle**

1	Dagg-Hall, Michelle	34	Kamloops Classic Swimming	1:18.00	1:14.85	20
	35.27	1:14.85 (39.58)				

Event 12 Women 35-39 100 SC Meter Freestyle

1	Eroglu, Biricik	39	White Rock Wave	1:12.70	1:11.85	20
	34.37	1:11.85 (37.48)				
2	Lang, Courtney	38	Kamloops Classic Swimming	NT	1:12.53	17
	33.75	1:12.53 (38.78)				
3	Fong, Megin M	39	Kamloops Classic Swimming	NT	1:40.90	16
	45.51	1:40.90 (55.39)				

Event 12 Women 40-44 100 SC Meter Freestyle

1	Furlanetto, Francesca	44	Coast Swim Team	1:40.00	1:37.13	20
	46.22	1:37.13 (50.91)				

Event 12 Women 45-49 100 SC Meter Freestyle

1	Ouchi, Robynne	46	Vernon Masters Swim Club	1:08.34	1:07.93	20
	32.82	1:07.93 (35.11)				
2	Sochanski, Barbara	46	Okanagan Masters Swim Club	1:15.59	1:14.23	17
	35.53	1:14.23 (38.70)				

Event 12 Women 50-54 100 SC Meter Freestyle

1	Clapham, Karlene	54	Nanaimo Ebbtides	1:18.00	1:18.15	20
	36.80	1:18.15 (41.35)				
2	Robinson, Heather	51	Victoria Masters Swim Club	1:20.00	1:21.38	17
	39.37	1:21.38 (42.01)				

Event 12 Women 55-59 100 SC Meter Freestyle

1	Beer, Heike	55	White Rock Wave	1:14.00	1:12.87	20
	34.35	1:12.87 (38.52)				
2	Johnson-lee, Liz	57	Coast Swim Team	1:23.00	1:21.25	17
	40.32	1:21.25 (40.93)				
3	Korban, Martine	58	Dogwood Masters Swim Club	1:37.00	1:37.51	16
	47.65	1:37.51 (49.86)				

Event 12 Women 60-64 100 SC Meter Freestyle

1	McGrath, Ann	60	Victoria Masters Swim Club	1:14.36	1:14.47	20
	35.27	1:14.47 (39.20)				
2	Brown, Janis	62	Okanagan Masters Swim Club	NT	1:16.68	17
	36.65	1:16.68 (40.03)				
3	Johannesson, Shelley	62	Nanaimo Ebbtides	1:28.97	1:27.73	16
	41.11	1:27.73 (46.62)				

Event 12 Women 70-74 100 SC Meter Freestyle

1	Ho, Fernanda	71	Winskill Otters Masters	1:50.00	1:56.94	20
	55.41	1:56.94 (1:01.53)				

Event 12 Women 95-99 100 SC Meter Freestyle

1	Brussel, Betty	99	White Rock Wave	2:35.00	2:50.88	20
	1:18.79	2:50.88 (1:32.09)				

Event 12 Men 18-24 100 SC Meter Freestyle

1	Boll, Ryan	23	Kamloops Classic Swimming	55.80	53.66	20
	25.19	53.66 (28.47)				
2	Jensen, Ethan E	24	Kamloops Classic Swimming	53.51	57.48	17
	27.34	57.48 (30.14)				

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****(Event 12 Men 18-24 100 SC Meter Freestyle)**

3	Skofteby, Ethan P	21	Kamloops Classic Swimming	53.79	57.75	16
	27.35		57.75 (30.40)			

Event 12 Men 25-29 100 SC Meter Freestyle

1	Fry, Darian	26	White Rock Wave	53.37	52.97	20
	25.07		52.97 (27.90)			

Event 12 Men 30-34 100 SC Meter Freestyle

1	Dalke, Taylor D	30	Kamloops Classic Swimming	1:05.23	1:01.47	20
	29.69		1:01.47 (31.78)			
2	Solis, Manuel	34	Calgary Masters Swim Club	1:08.00	1:09.40	17
	32.46		1:09.40 (36.94)			

Event 12 Men 40-44 100 SC Meter Freestyle

1	Scott, Stewart	40	Coast Swim Team	1:06.55	1:06.83	20
	31.64		1:06.83 (35.19)			

Event 12 Men 45-49 100 SC Meter Freestyle

1	Scofield, Trevor	49	White Rock Wave	59.86	1:00.00	20
	28.28		1:00.00 (31.72)			

Event 12 Men 50-54 100 SC Meter Freestyle

1	Wicke, Daniel	52	Percy Norman Wave Masters	1:00.00	1:01.70	20
	29.32		1:01.70 (32.38)			

Event 12 Men 55-59 100 SC Meter Freestyle

1	Heusel, Peter	55	English Bay Swim Club	1:02.50	1:02.76	20
	30.35		1:02.76 (32.41)			
2	Orr, Christopher	55	Kamloops Classic Swimming	1:19.00	1:11.30	17
	34.02		1:11.30 (37.28)			

Event 12 Men 60-64 100 SC Meter Freestyle

1	Daniel, Chris	63	Wild Rose Swim Club	1:00.15	1:00.12	20
	28.92		1:00.12 (31.20)			
2	Hartford, Doug	60	Victoria Masters Swim Club	1:02.93	1:02.63	17
	30.07		1:02.63 (32.56)			
3	Craig, Rod	62	Canadian Dolphin Swim Club	1:04.00	1:04.18	16
	31.37		1:04.18 (32.81)			

Event 12 Men 65-69 100 SC Meter Freestyle

1	Triol, Bill	69	Dogwood Masters Swim Club	1:14.00	1:17.25	20
	37.04		1:17.25 (40.21)			
2	Horton, Stephen	68	Dogwood Masters Swim Club	1:18.00	1:17.69	17
	36.82		1:17.69 (40.87)			
3	Hall, Gregory	65	Dogwood Masters Swim Club	1:18.00	1:21.62	16
	36.49		1:21.62 (45.13)			

Event 12 Men 70-74 100 SC Meter Freestyle

1	Waterer, Carl	73	Dogwood Masters Swim Club	1:10.00	1:08.60	20
	33.08		1:08.60 (35.52)			
2	Dickson, Dave	70	Calgary Masters Swim Club	1:11.00	1:09.80	17
	33.09		1:09.80 (36.71)			
3	Carmichael, Rod	72	Victoria Masters Swim Club	1:21.00	1:14.50	16
	35.79		1:14.50 (38.71)			

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 12 Men 75-79 100 SC Meter Freestyle**

1	Jamieson, Sandy	76	Kamloops Classic Swimming	1:44.00	1:30.11	20
	41.39	1:30.11 (48.72)				
2	Reeder, Neil	75	Chilliwack Masters Swim Club	1:22.45	1:30.18	17
	44.00	1:30.18 (46.18)				

Event 12 Men 85-89 100 SC Meter Freestyle

1	Convey, John	85	Dogwood Masters Swim Club	1:50.00	1:57.65	20
	56.47	1:57.65 (1:01.18)				

Event 13 Women 40-44 400 SC Meter IM

1	Westmacott, Lauren	44	Victoria Masters Swim Club	6:08.84	6:11.68	20
	38.51	1:25.05 (46.54)	2:15.72 (50.67)	3:04.75 (49.03)		
	3:56.08 (51.33)	4:48.05 (51.97)	5:30.87 (42.82)	6:11.68 (40.81)		

Event 13 Women 65-69 400 SC Meter IM

1	Graham, Kathy	65	Dogwood Masters Swim Club	7:15.00	6:53.61	20
	41.14	1:31.52 (50.38)	2:24.29 (52.77)	3:18.51 (54.22)		
	4:17.77 (59.26)	5:19.12 (1:01.35)	6:06.98 (47.86)	6:53.61 (46.63)		

Event 13 Men 50-54 400 SC Meter IM

1	Buckley, Richard P	51	Winskill Otters Masters	7:30.00	6:57.18	20
	44.47	1:35.78 (51.31)	2:34.63 (58.85)	3:31.95 (57.32)		
	4:32.36 (1:00.41)	5:30.79 (58.43)	6:14.78 (43.99)	6:57.18 (42.40)		

Event 13 Men 55-59 400 SC Meter IM

1	Hobbs, Brent	56	Okanagan Masters Swim Club	5:40.00	5:49.64	20
	35.04	1:18.10 (43.06)	2:06.51 (48.41)	2:50.36 (43.85)		
	3:42.24 (51.88)	4:34.40 (52.16)	5:13.71 (39.31)	5:49.64 (35.93)		

Event 13 Men 65-69 400 SC Meter IM

1	Holmwood, John	69	Vernon Masters Swim Club	8:37.56	9:27.14	20
	1:01.10	2:13.05 (1:11.95)	3:34.06 (1:21.01)	4:47.77 (1:13.71)		
	6:05.38 (1:17.61)	7:20.23 (1:14.85)	8:28.24 (1:08.01)	9:27.14 (58.90)		

Event 14 Women 18-24 50 SC Meter Breaststroke

1	Kintzel, Anika	24	Vernon Masters Swim Club	36.96	40.18	20
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Event 14 Women 30-34 50 SC Meter Breaststroke

1	Buggey, Melanie	31	Nanaimo Ebbtides	46.99	45.36	20
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Event 14 Women 35-39 50 SC Meter Breaststroke

1	Eroglu, Biricik	39	White Rock Wave	40.37	40.96	20
2	Hoover, Elisa	38	Dogwood Masters Swim Club	1:06.78	1:01.29	17

Event 14 Women 40-44 50 SC Meter Breaststroke

1	Finlan, Michelle	43	Winskill Otters Masters	50.00	46.46	20
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Event 14 Women 45-49 50 SC Meter Breaststroke

1	Pendergast, Christina	46	Nanaimo Ebbtides	38.91	37.54	20
2	Sochanski, Barbara	46	Okanagan Masters Swim Club	41.39	41.54	17

Event 14 Women 50-54 50 SC Meter Breaststroke

1	Clapham, Karlene	54	Nanaimo Ebbtides	48.32	46.20	20
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Event 14 Women 55-59 50 SC Meter Breaststroke

1	Hobbs, Sandra	57	Calgary Masters Swim Club	1:10.00	59.42	20
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2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 14 Women 60-64 50 SC Meter Breaststroke**

1	McGrath, Ann	60	Victoria Masters Swim Club	42.71	42.50	20
2	Condon, Anne	61	Coast Swim Team	1:30.00	1:21.33	17

Event 14 Women 65-69 50 SC Meter Breaststroke

1	Hall, Linda	68	Dogwood Masters Swim Club	48.00	47.25	20
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Event 14 Women 70-74 50 SC Meter Breaststroke

1	Ho, Fernanda	71	Winkill Otters Masters	59.00	1:01.56	20
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Event 14 Women 95-99 50 SC Meter Breaststroke

1	Brussel, Betty	99	White Rock Wave	1:35.00	1:56.19	20
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Event 14 Men 18-24 50 SC Meter Breaststroke

1	Boll, Ryan	23	Kamloops Classic Swimming	33.40	32.16	20
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Event 14 Men 30-34 50 SC Meter Breaststroke

1	Solis, Manuel	34	Calgary Masters Swim Club	38.62	39.54	20
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Event 14 Men 50-54 50 SC Meter Breaststroke

1	Goble, Bryan	52	Vernon Masters Swim Club	36.70	36.90	20
2	Johaneson, Darin	54	Vernon Masters Swim Club	39.00	40.52	17

Event 14 Men 55-59 50 SC Meter Breaststroke

1	Heusel, Peter	55	English Bay Swim Club	37.50	36.47	20
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Event 14 Men 60-64 50 SC Meter Breaststroke

1	Score, Serge	62	Dogwood Masters Swim Club	40.00	33.80	20
2	Daniel, Chris	63	Wild Rose Swim Club	35.59	35.75	17
3	Kendal, Keith	62	Victoria Masters Swim Club	50.00	44.36	16

Event 14 Men 70-74 50 SC Meter Breaststroke

1	Hyslop, Mark	72	Kamloops Classic Swimming	48.00	45.67	20
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Event 14 Men 75-79 50 SC Meter Breaststroke

1	Jamieson, Sandy	76	Kamloops Classic Swimming	52.00	48.28	20
2	Reeder, Neil	75	Chilliwack Masters Swim Club	42.92	48.50	17

Event 15 Women 35-39 100 SC Meter Backstroke

1	Coombs, Katie	36	Squamish Titans Athletic Club	2:35.02	2:31.91	20
				1:14.95	2:31.91 (1:16.96)	

Event 15 Women 40-44 100 SC Meter Backstroke

1	Furlanetto, Francesca	44	Coast Swim Team	1:41.75	1:45.93	20
				51.62	1:45.93 (54.31)	

Event 15 Women 45-49 100 SC Meter Backstroke

1	Ouchi, Robynne	46	Vernon Masters Swim Club	1:25.00	1:23.81	20
				40.59	1:23.81 (43.22)	
2	Ferguson, Alanaise	48	Chilliwack Masters Swim Club	1:30.00	1:24.25	17
				40.42	1:24.25 (43.83)	

Event 15 Women 50-54 100 SC Meter Backstroke

1	Clapham, Karlene	54	Nanaimo Ebbtides	1:35.00	1:33.31	20
				45.68	1:33.31 (47.63)	
2	Tuira, Cheryl	54	Kamloops Classic Swimming	2:00.00	1:55.87	17
				56.52	1:55.87 (59.35)	

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 15 Women 55-59 100 SC Meter Backstroke**

1	Beer, Heike	55	White Rock Wave	1:33.00	1:33.80	20
	46.09	1:33.80	(47.71)			

Event 15 Women 60-64 100 SC Meter Backstroke

1	Condon, Anne	61	Coast Swim Team	2:40.00	2:28.65	20
	1:14.37	2:28.65	(1:14.28)			

Event 15 Men 18-24 100 SC Meter Backstroke

1	Peace, Regan	23	Kamloops Classic Swimming	57.50	56.95	20
	27.58	56.95	(29.37)			
2	Messcu, Will	22	White Rock Wave	1:08.17	1:04.10	17
	30.11	1:04.10	(33.99)			

Event 15 Men 25-29 100 SC Meter Backstroke

1	Fry, Darian	26	White Rock Wave	1:00.03	59.23	20
	28.35	59.23	(30.88)			

Event 15 Men 35-39 100 SC Meter Backstroke

1	Sherwood, Alex A	37	Kamloops Classic Swimming	NT	1:12.90	20
	35.89	1:12.90	(37.01)			

Event 15 Men 45-49 100 SC Meter Backstroke

1	Ouchi, Kurt	48	Vernon Masters Swim Club	1:07.00	1:05.97	20
	31.99	1:05.97	(33.98)			
2	Scoffield, Trevor	49	White Rock Wave	1:09.42	1:13.35	17
	34.94	1:13.35	(38.41)			

Event 15 Men 50-54 100 SC Meter Backstroke

1	Wicke, Daniel	52	Percy Norman Wave Masters	1:15.00	1:16.78	20
	37.35	1:16.78	(39.43)			
2	Cooke, Mike	54	Summerland Orca Masters	1:29.55	1:27.67	17
	42.15	1:27.67	(45.52)			

Event 15 Men 70-74 100 SC Meter Backstroke

1	Carmichael, Rod	72	Victoria Masters Swim Club	1:40.00	1:27.96	20
	42.73	1:27.96	(45.23)			

Event 15 Men 75-79 100 SC Meter Backstroke

1	Ingenhorst, Rudi	75	Salmon Arm Waves Masters	1:38.98	1:33.15	20
	44.89	1:33.15	(48.26)			

Event 15 Men 80-84 100 SC Meter Backstroke

1	Donoghue, Karl	83	Dogwood Masters Swim Club	1:40.00	1:39.98	20
	48.68	1:39.98	(51.30)			

Event 16 Mixed 100-119 200 SC Meter Medley Relay

1	Kamloops Classic Swimming	B		2:20.23	2:16.11	40
	1) Peace, Regan M23	2) Dagg-Hall, Michelle W34	3) Skofteby, Ethan P M21	4) Lang, Courtney W38		
	28.66	1:14.81 (46.15)	1:43.32 (28.51)	2:16.11 (32.79)		

Event 16 Mixed 160-199 200 SC Meter Medley Relay

1	Vernon Masters Swim Club	A		NT	2:16.05	40
	1) Johaneson, Darin M54	2) Kintzel, Anika W24	3) Ouchi, Kurt M48	4) Ouchi, Robynne W46		
	36.91	1:17.65 (40.74)	1:45.93 (28.28)	2:16.05 (30.12)		

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 16 Mixed 240-279 200 SC Meter Medley Relay**

1	Kamloops Classic Swimming	A	3:00.23	3:13.55	40
	1) Erwood, Janet W62	2) Jamieson, Sandy M76	3) Stewart, Keith H M62	4) Tucker, Amy L W58	
	47.73	1:38.98 (51.25)	2:22.08 (43.10)	3:13.55 (51.47)	

Event 17 Women 30-34 800 SC Meter Freestyle

1	Dagg-Hall, Michelle	34	Kamloops Classic Swimming	14:45.00	12:39.85	20
	42.31	1:29.43 (47.12)	2:17.30 (47.87)	3:05.92 (48.62)		
	3:54.74 (48.82)	4:43.82 (49.08)	5:32.78 (48.96)	6:21.87 (49.09)		
	7:10.87 (49.00)	7:59.22 (48.35)	8:47.54 (48.32)	9:35.44 (47.90)		
	10:22.53 (47.09)	11:09.60 (47.07)	11:56.75 (47.15)	12:39.85 (43.10)		

Event 17 Women 35-39 800 SC Meter Freestyle

1	Lang, Courtney	38	Kamloops Classic Swimming	NT	11:46.53	20
	39.26	1:22.48 (43.22)	2:07.03 (44.55)	2:52.00 (44.97)		
	3:36.63 (44.63)	4:21.27 (44.64)	5:06.27 (45.00)	5:51.69 (45.42)		
	6:36.19 (44.50)	7:21.01 (44.82)	8:06.23 (45.22)	8:51.32 (45.09)		
	9:35.87 (44.55)	10:20.39 (44.52)	11:04.30 (43.91)	11:46.53 (42.23)		

Event 17 Women 40-44 800 SC Meter Freestyle

1	Westmacott, Lauren	44	Victoria Masters Swim Club	10:55.57	11:06.80	20
	37.86	1:19.41 (41.55)	2:01.47 (42.06)	2:43.26 (41.79)		
	3:25.69 (42.43)	4:07.72 (42.03)	4:49.92 (42.20)	5:31.92 (42.00)		
	6:14.18 (42.26)	6:56.62 (42.44)	7:39.43 (42.81)	8:21.71 (42.28)		
	9:03.96 (42.25)	9:46.25 (42.29)	10:27.40 (41.15)	11:06.80 (39.40)		

Event 17 Women 45-49 800 SC Meter Freestyle

1	Tucker, Kylie	48	Vernon Masters Swim Club	13:52.00	13:11.18	20
	42.84	1:31.01 (48.17)	2:21.10 (50.09)	3:11.66 (50.56)		
	4:02.44 (50.78)	4:52.45 (50.01)	5:42.44 (49.99)	6:33.39 (50.95)		
	7:23.72 (50.33)	8:13.91 (50.19)	9:03.46 (49.55)	9:54.16 (50.70)		
	10:45.27 (51.11)	11:35.83 (50.56)	12:24.78 (48.95)	13:11.18 (46.40)		

Event 17 Women 50-54 800 SC Meter Freestyle

1	Cooke, Heather	52	Summerland Orca Masters	14:16.00	14:12.84	20
	48.79	1:40.59 (51.80)	2:34.36 (53.77)	3:28.18 (53.82)		
	4:21.91 (53.73)	5:16.86 (54.95)	6:10.89 (54.03)	7:05.90 (55.01)		
	7:59.81 (53.91)	8:54.69 (54.88)	9:48.97 (54.28)	10:43.01 (54.04)		
	11:36.67 (53.66)	12:30.55 (53.88)	13:23.11 (52.56)	14:12.84 (49.73)		
2	Stephens, Melanie	53	Kisu Swim Club	16:04.84	15:45.79	17
	53.32	1:51.91 (58.59)	2:50.87 (58.96)	3:49.41 (58.54)		
	4:48.86 (59.45)	5:47.87 (59.01)	6:46.85 (58.98)	7:46.80 (59.95)		
	8:46.99 (1:00.19)	9:47.59 (1:00.60)	10:48.43 (1:00.84)	11:49.29 (1:00.86)		
	12:49.94 (1:00.65)	13:49.57 (59.63)	14:48.95 (59.38)	15:45.79 (56.84)		

Event 17 Women 55-59 800 SC Meter Freestyle

1	Johnson-lee, Liz	57	Coast Swim Team	13:48.70	13:26.47	20
	42.91	1:31.67 (48.76)	2:22.49 (50.82)	3:14.25 (51.76)		
	4:05.62 (51.37)	4:57.84 (52.22)	5:50.12 (52.28)	6:41.52 (51.40)		
	7:33.69 (52.17)	8:26.01 (52.32)	9:17.95 (51.94)	10:08.60 (50.65)		
	11:00.05 (51.45)	11:51.53 (51.48)	12:41.20 (49.67)	13:26.47 (45.27)		
2	Korban, Martine	58	Dogwood Masters Swim Club	13:50.00	14:04.43	17
	47.37	1:37.94 (50.57)	2:29.68 (51.74)	3:22.38 (52.70)		
	4:15.54 (53.16)	5:09.85 (54.31)	6:02.93 (53.08)	6:56.69 (53.76)		
	7:50.48 (53.79)	8:43.86 (53.38)	9:36.85 (52.99)	10:30.49 (53.64)		
	11:24.16 (53.67)	12:17.89 (53.73)	13:12.39 (54.50)	14:04.43 (52.04)		

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****(Event 17 Women 55-59 800 SC Meter Freestyle)**

3	Tucker, Amy L	58	Kamloops Classic Swimming	NT	19:33.36	16
	59.72	2:09.95 (1:10.23)	3:25.96 (1:16.01)	4:42.67 (1:16.71)		
	5:56.92 (1:14.25)	7:14.93 (1:18.01)	8:26.51 (1:11.58)	9:40.41 (1:13.90)		
	10:54.85 (1:14.44)	12:08.91 (1:14.06)	13:23.09 (1:14.18)	14:35.62 (1:12.53)		
	15:49.72 (1:14.10)	17:04.35 (1:14.63)	18:19.69 (1:15.34)	19:33.36 (1:13.67)		

Event 17 Women 70-74 800 SC Meter Freestyle

1	Quick, Paula	71	Chilliwack Masters Swim Club	18:45.00	20:32.90	20
	1:04.44	2:18.68 (1:14.24)	3:32.08 (1:13.40)	4:46.43 (1:14.35)		
	6:02.46 (1:16.03)	7:16.64 (1:14.18)	8:29.73 (1:13.09)	9:43.13 (1:13.40)		
	10:57.30 (1:14.17)	12:11.29 (1:13.99)	13:25.88 (1:14.59)	14:40.30 (1:14.42)		
	15:55.57 (1:15.27)	17:10.87 (1:15.30)	17:34.12 (23.25)	20:32.90 (2:58.78)		

Event 17 Men 30-34 800 SC Meter Freestyle

1	Dalke, Taylor D	30	Kamloops Classic Swimming	10:30.00	10:07.50	20
	32.62	1:08.51 (35.89)	1:45.95 (37.44)	2:23.95 (38.00)		
	3:02.31 (38.36)	3:41.14 (38.83)	4:20.20 (39.06)	4:59.65 (39.45)		
	5:38.68 (39.03)	6:18.24 (39.56)	6:56.94 (38.70)	7:36.13 (39.19)		
	8:14.89 (38.76)	8:53.76 (38.87)	9:31.92 (38.16)	10:07.50 (35.58)		

Event 17 Men 45-49 800 SC Meter Freestyle

1	Robinson, Dale	49	Victoria Masters Swim Club	10:11.30	10:27.35	20
	35.32	1:15.10 (39.78)	1:55.87 (40.77)	2:37.08 (41.21)		
	3:17.62 (40.54)	3:57.83 (40.21)	4:37.82 (39.99)	5:17.88 (40.06)		
	5:57.45 (39.57)	6:36.98 (39.53)	7:16.30 (39.32)	7:55.56 (39.26)		
	8:34.49 (38.93)	9:13.00 (38.51)	9:51.16 (38.16)	10:27.35 (36.19)		

Event 17 Men 50-54 800 SC Meter Freestyle

1	Buckley, Richard P	51	Winskill Otters Masters	11:45.00	11:23.82	20
	37.80	1:19.26 (41.46)	2:01.45 (42.19)	2:43.85 (42.40)		
	3:26.51 (42.66)	4:08.76 (42.25)	4:51.51 (42.75)	5:34.67 (43.16)		
	6:17.85 (43.18)	7:01.42 (43.57)	7:45.78 (44.36)	8:29.38 (43.60)		
	9:13.62 (44.24)	9:58.40 (44.78)	10:42.33 (43.93)	11:23.82 (41.49)		
2	Cooke, Mike	54	Summerland Orca Masters	12:23.57	11:56.37	17
	39.95	1:24.85 (44.90)	2:09.62 (44.77)	2:54.48 (44.86)		
	3:39.90 (45.42)	4:25.03 (45.13)	5:10.40 (45.37)	5:56.11 (45.71)		
	6:41.53 (45.42)	7:26.87 (45.34)	8:11.63 (44.76)	8:57.02 (45.39)		
	9:42.35 (45.33)	10:27.51 (45.16)	11:12.40 (44.89)	11:56.37 (43.97)		

Event 17 Men 55-59 800 SC Meter Freestyle

1	Orr, Christopher	55	Kamloops Classic Swimming	12:30.00	11:38.28	20
	35.53	1:16.89 (41.36)	2:01.03 (44.14)	2:45.43 (44.40)		
	3:29.36 (43.93)	4:13.73 (44.37)	4:58.11 (44.38)	5:43.21 (45.10)		
	6:27.50 (44.29)	7:12.58 (45.08)	7:57.68 (45.10)	8:42.16 (44.48)		
	9:26.48 (44.32)	10:10.58 (44.10)	10:54.45 (43.87)	11:38.28 (43.83)		

Event 17 Men 60-64 800 SC Meter Freestyle

1	Kendal, Keith	62	Victoria Masters Swim Club	11:50.65	11:49.03	20
	39.03	1:21.49 (42.46)	2:05.55 (44.06)	2:49.76 (44.21)		
	3:33.68 (43.92)	4:18.29 (44.61)	5:02.42 (44.13)	5:46.73 (44.31)		
	6:31.88 (45.15)	7:16.91 (45.03)	8:01.99 (45.08)	8:47.05 (45.06)		
	9:32.61 (45.56)	10:17.88 (45.27)	11:04.12 (46.24)	11:49.03 (44.91)		

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 17 Men 65-69 800 SC Meter Freestyle**

1	Horton, Stephen	68	Dogwood Masters Swim Club	13:45.00	12:58.24	20
	43.82	1:32.15 (48.33)	2:21.28 (49.13)	3:11.12 (49.84)		
	4:01.59 (50.47)	4:52.53 (50.94)	5:43.20 (50.67)	6:33.37 (50.17)		
	7:23.61 (50.24)	8:13.72 (50.11)	9:03.30 (49.58)	9:52.84 (49.54)		
	10:41.25 (48.41)	11:29.79 (48.54)	12:17.57 (47.78)	12:58.24 (40.67)		

Event 18 Women 25-29 50 SC Meter Freestyle

1	Douglas, Kirsten	25	English Bay Swim Club	27.26	27.66	20
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Event 18 Women 30-34 50 SC Meter Freestyle

1	Buggey, Melanie	31	Nanaimo Ebttides	33.20	33.06	20
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Event 18 Women 35-39 50 SC Meter Freestyle

1	Lang, Courtney	38	Kamloops Classic Swimming	NT	33.10	20
2	Hoover, Elisa	38	Dogwood Masters Swim Club	51.61	49.43	17
3	Coombs, Katie	36	Squamish Titans Athletic Club	57.50	54.36	16

Event 18 Women 40-44 50 SC Meter Freestyle

1	Finlan, Michelle	43	Winskill Otters Masters	40.00	35.84	20
2	Furlanetto, Francesca	44	Coast Swim Team	42.58	39.95	17

Event 18 Women 50-54 50 SC Meter Freestyle

1	Robinson, Heather	51	Victoria Masters Swim Club	35.00	37.25	20
2	Kilborn, Tanya L	54	Kamloops Classic Swimming	NT	42.67	17
3	Stephens, Melanie	53	Kisu Swim Club	44.98	45.57	16

Event 18 Women 55-59 50 SC Meter Freestyle

1	Beer, Heike	55	White Rock Wave	33.00	33.26	20
2	Johnson-lee, Liz	57	Coast Swim Team	35.75	36.49	17
3	Korban, Martine	58	Dogwood Masters Swim Club	48.00	45.87	16

Event 18 Women 60-64 50 SC Meter Freestyle

1	McGrath, Ann	60	Victoria Masters Swim Club	34.00	33.31	20
2	Brown, Janis	62	Okanagan Masters Swim Club	35.00	35.16	17
3	Erwood, Janet	62	Kamloops Classic Swimming	42.00	40.78	16

Event 18 Women 65-69 50 SC Meter Freestyle

1	Graham, Kathy	65	Dogwood Masters Swim Club	34.00	34.08	20
2	Hall, Linda	68	Dogwood Masters Swim Club	39.00	37.68	17

Event 18 Women 70-74 50 SC Meter Freestyle

1	Ho, Fernanda	71	Winskill Otters Masters	50.00	47.15	20
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Event 18 Women 95-99 50 SC Meter Freestyle

1	Brussel, Betty	99	White Rock Wave	1:10.00	1:18.21	20
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Event 18 Men 18-24 50 SC Meter Freestyle

1	Boll, Ryan	23	Kamloops Classic Swimming	24.80	24.03	20
2	Peace, Regan	23	Kamloops Classic Swimming	24.42	24.09	17
3	Messcu, Will	22	White Rock Wave	25.14	25.12	16

Event 18 Men 25-29 50 SC Meter Freestyle

1	Fry, Darian	26	White Rock Wave	23.21	23.09	20
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Event 18 Men 30-34 50 SC Meter Freestyle

1	Solis, Manuel	34	Calgary Masters Swim Club	29.93	30.60	20
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2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 18 Men 40-44 50 SC Meter Freestyle**

1	Scott, Stewart	40	Coast Swim Team	30.42	30.57	20
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Event 18 Men 50-54 50 SC Meter Freestyle

1	Wicke, Daniel	52	Percy Norman Wave Masters	27.50	26.98	20
2	Goble, Bryan	52	Vernon Masters Swim Club	30.67	29.96	17
3	Johaneson, Darin	54	Vernon Masters Swim Club	29.80	31.18	16

Event 18 Men 55-59 50 SC Meter Freestyle

1	Heusel, Peter	55	English Bay Swim Club	27.90	28.43	20
2	Hobbs, Brent	56	Okanagan Masters Swim Club	29.00	28.72	17
3	Orr, Christopher	55	Kamloops Classic Swimming	34.50	32.27	16

Event 18 Men 60-64 50 SC Meter Freestyle

1	Hartford, Doug	60	Victoria Masters Swim Club	27.68	27.72	20
2	Dallin, Christopher	60	Winkill Otters Masters	29.96	31.01	17
3	Duyvewaardt, Stephen	62	Dogwood Masters Swim Club	36.00	35.62	16

Event 18 Men 65-69 50 SC Meter Freestyle

1	Triol, Bill	69	Dogwood Masters Swim Club	33.00	33.04	20
2	Hall, Gregory	65	Dogwood Masters Swim Club	33.31	33.27	17

Event 18 Men 70-74 50 SC Meter Freestyle

1	Waterer, Carl	73	Dogwood Masters Swim Club	31.00	31.34	20
2	Dickson, Dave	70	Calgary Masters Swim Club	33.00	31.65	17
3	Carmichael, Rod	72	Victoria Masters Swim Club	35.00	32.11	16

Event 18 Men 75-79 50 SC Meter Freestyle

1	Ingenhorst, Rudi	75	Salmon Arm Waves Masters	37.50	36.81	20
2	Reeder, Neil	75	Chilliwack Masters Swim Club	35.22	37.34	17
3	Jamieson, Sandy	76	Kamloops Classic Swimming	39.00	37.78	16

Event 18 Men 85-89 50 SC Meter Freestyle

1	Convey, John	85	Dogwood Masters Swim Club	46.00	48.50	20
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Event 19 Women 35-39 200 SC Meter Backstroke

1	Coombs, Katie	36	Squamish Titans Athletic Club	7:00.00	5:20.63	20
1:12.49 2:33.86 (1:21.37) 3:57.44 (1:23.58) 5:20.63 (1:23.19)						

Event 19 Women 40-44 200 SC Meter Backstroke

1	Furlanetto, Francesca	44	Coast Swim Team	3:43.37	3:54.09	20
55.44 1:56.62 (1:01.18) 2:56.67 (1:00.05) 3:54.09 (57.42)						

Event 19 Women 45-49 200 SC Meter Backstroke

1	Pendergast, Christina	46	Nanaimo Ebttides	2:58.00	2:53.81	20
41.16 1:25.91 (44.75) 2:10.39 (44.48) 2:53.81 (43.42)						

Event 19 Women 50-54 200 SC Meter Backstroke

1	Tuira, Cheryl	54	Kamloops Classic Swimming	4:00.00	4:04.70	20
59.18 2:01.28 (1:02.10) 3:03.75 (1:02.47) 4:04.70 (1:00.95)						

Event 19 Women 60-64 200 SC Meter Backstroke

1	Johannesson, Shelley	62	Nanaimo Ebttides	3:40.70	3:38.02	20
50.43 1:46.04 (55.61) 2:42.79 (56.75) 3:38.02 (55.23)						

Event 19 Men 18-24 200 SC Meter Backstroke

1	Peace, Regan	23	Kamloops Classic Swimming	2:11.32	2:30.14	20
35.19 1:15.76 (40.57) 1:57.34 (41.58) 2:30.14 (32.80)						

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 19 Men 35-39 200 SC Meter Backstroke**

1	Sherwood, Alex A	37	Kamloops Classic Swimming	NT	2:43.64	20
	37.06	1:19.00 (41.94)	2:02.57 (43.57)	2:43.64 (41.07)		

Event 19 Men 45-49 200 SC Meter Backstroke

1	Scofield, Trevor	49	White Rock Wave	2:31.65	2:30.56	20
	35.15	1:14.09 (38.94)	1:53.03 (38.94)	2:30.56 (37.53)		

Event 19 Men 50-54 200 SC Meter Backstroke

1	Cooke, Mike	54	Summerland Orca Masters	3:19.10	3:11.60	20
	43.86	1:33.58 (49.72)	2:24.31 (50.73)	3:11.60 (47.29)		

Event 19 Men 70-74 200 SC Meter Backstroke

1	Carmichael, Rod	72	Victoria Masters Swim Club	3:25.00	3:08.63	20
	44.71	1:32.54 (47.83)	2:22.19 (49.65)	3:08.63 (46.44)		

Event 19 Men 80-84 200 SC Meter Backstroke

1	Donoghue, Karl	83	Dogwood Masters Swim Club	3:35.00	3:29.26	20
	48.42	1:40.84 (52.42)	2:35.27 (54.43)	3:29.26 (53.99)		

Event 20 Women 18-24 100 SC Meter IM

1	Kintzel, Anika	24	Vernon Masters Swim Club	1:18.64	1:20.73	20
	38.23	1:20.73 (42.50)				

Event 20 Women 30-34 100 SC Meter IM

1	Dagg-Hall, Michelle	34	Kamloops Classic Swimming	1:25.00	1:29.60	20
	42.57	1:29.60 (47.03)				

Event 20 Women 35-39 100 SC Meter IM

1	Eroglu, Biricik	39	White Rock Wave	1:22.44	1:21.29	20
	38.57	1:21.29 (42.72)				
2	Hoover, Elisa	38	Dogwood Masters Swim Club	2:11.58	2:09.42	17
	1:05.42	2:09.42 (1:04.00)				
3	Coombs, Katie	36	Squamish Titans Athletic Club	3:00.00	2:27.83	16
	1:13.03	2:27.83 (1:14.80)				

Event 20 Women 40-44 100 SC Meter IM

1	Westmacott, Lauren	44	Victoria Masters Swim Club	1:21.14	1:21.75	20
	38.95	1:21.75 (42.80)				
2	Finlan, Michelle	43	Winkskill Otters Masters	1:45.00	1:32.50	17
	41.49	1:32.50 (51.01)				
3	Furlanetto, Francesca	44	Coast Swim Team	1:57.52	1:57.53	16
	54.60	1:57.53 (1:02.93)				

Event 20 Women 45-49 100 SC Meter IM

1	Pendergast, Christina	46	Nanaimo Ebttides	1:21.76	1:17.04	20
	36.89	1:17.04 (40.15)				

Event 20 Women 50-54 100 SC Meter IM

1	Clapham, Karlene	54	Nanaimo Ebttides	1:34.00	1:31.19	20
	43.01	1:31.19 (48.18)				
2	Stephens, Melanie	53	Kisu Swim Club	2:03.36	2:06.18	17
	1:05.15	2:06.18 (1:01.03)				

Event 20 Women 60-64 100 SC Meter IM

1	McGrath, Ann	60	Victoria Masters Swim Club	1:27.39	1:23.90	20
	39.67	1:23.90 (44.23)				
2	Brown, Janis	62	Okanagan Masters Swim Club	1:22.46	1:24.90	17
	39.33	1:24.90 (45.57)				

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****(Event 20 Women 60-64 100 SC Meter IM)**

3	Johannesson, Shelley	62	Nanaimo Ebbtides	1:54.84	1:45.87	16
	51.26		1:45.87 (54.61)			

Event 20 Women 65-69 100 SC Meter IM

1	Graham, Kathy	65	Dogwood Masters Swim Club	1:25.21	1:24.65	20
	38.74		1:24.65 (45.91)			

Event 20 Women 70-74 100 SC Meter IM

1	Ho, Fernanda	71	Winskill Otters Masters	2:15.00	2:17.90	20
	1:09.64		2:17.90 (1:08.26)			

Event 20 Men 18-24 100 SC Meter IM

1	Peace, Regan	23	Kamloops Classic Swimming	1:00.75	59.39	20
	26.39		59.39 (33.00)			
2	Savage, Jack B	23	Kamloops Classic Swimming	1:08.42	1:02.65	17
	28.39		1:02.65 (34.26)			
3	Boll, Ryan	23	Kamloops Classic Swimming	1:04.23	1:02.93	16
	27.94		1:02.93 (34.99)			

Event 20 Men 30-34 100 SC Meter IM

1	Dalke, Taylor D	30	Kamloops Classic Swimming	1:20.00	1:09.84	20
	32.17		1:09.84 (37.67)			
2	Solis, Manuel	34	Calgary Masters Swim Club	1:16.50	1:18.02	17
	38.08		1:18.02 (39.94)			

Event 20 Men 50-54 100 SC Meter IM

1	Wicke, Daniel	52	Percy Norman Wave Masters	1:12.00	1:10.56	20
	33.84		1:10.56 (36.72)			

Event 20 Men 55-59 100 SC Meter IM

1	Heusel, Peter	55	English Bay Swim Club	1:11.50	1:12.56	20
	33.84		1:12.56 (38.72)			
2	Orr, Christopher	55	Kamloops Classic Swimming	1:37.00	1:26.89	17
	40.64		1:26.89 (46.25)			

Event 20 Men 60-64 100 SC Meter IM

1	Hartford, Doug	60	Victoria Masters Swim Club	1:12.60	1:15.37	20
	36.58		1:15.37 (38.79)			
2	Dallin, Christopher	60	Winskill Otters Masters	1:19.84	1:21.82	17
	37.66		1:21.82 (44.16)			
3	Duyvewaardt, Stephen	62	Dogwood Masters Swim Club	1:35.00	1:34.92	16
	45.51		1:34.92 (49.41)			

Event 20 Men 70-74 100 SC Meter IM

1	Dickson, Dave	70	Calgary Masters Swim Club	1:25.00	1:24.19	20
	39.09		1:24.19 (45.10)			
2	Hyslop, Mark	72	Kamloops Classic Swimming	1:35.00	1:35.69	17
	46.71		1:35.69 (48.98)			

Event 20 Men 75-79 100 SC Meter IM

1	Ingenhorst, Rudi	75	Salmon Arm Waves Masters	1:40.11	1:38.11	20
	44.83		1:38.11 (53.28)			

Event 20 Men 85-89 100 SC Meter IM

1	Convey, John	85	Dogwood Masters Swim Club	2:12.00	2:21.89	20
	1:07.76		2:21.89 (1:14.13)			

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 21 Women 30-34 200 SC Meter Butterfly**

1	Buggey, Melanie	31	Nanaimo Ebttides	3:21.56	3:22.01	20
	40.56	1:31.44 (50.88)	2:27.88 (56.44)	3:22.01 (54.13)		

Event 21 Women 45-49 200 SC Meter Butterfly

1	Tucker, Kylie	48	Vernon Masters Swim Club	3:48.34	3:45.28	20
	45.90	1:42.23 (56.33)	2:43.39 (1:01.16)	3:45.28 (1:01.89)		

Event 21 Men 50-54 200 SC Meter Butterfly

1	Cooke, Mike	54	Summerland Orca Masters	3:24.58	3:16.56	20
	42.58	1:33.03 (50.45)	2:25.86 (52.83)	3:16.56 (50.70)		

Event 21 Men 55-59 200 SC Meter Butterfly

1	Hobbs, Brent	56	Okanagan Masters Swim Club	2:45.00	2:46.21	20
	36.03	1:17.83 (41.80)	2:01.83 (44.00)	2:46.21 (44.38)		

Event 21 Men 60-64 200 SC Meter Butterfly

1	Daniel, Chris	63	Wild Rose Swim Club	2:45.00	2:41.01	20
	32.23	1:09.52 (37.29)	1:51.00 (41.48)	2:41.01 (50.01)		

Event 22 Mixed 120-159 200 SC Meter Freestyle Relay

1	White Rock Wave	A	NT	1:57.55	40
	1) Fry, Darian M26	2) Beer, Heike W55	3) Eroglu, Biricik W39	4) Messcu, Will M22	
	25.29	59.22 (33.93)	1:19.27 (20.05)	1:57.55 (38.28)	
2	Kamloops Classic Swimming	B	2:23.23	2:01.28	34
	1) Dalke, Taylor D M30	2) Skofteby, Ethan P M21	3) Dagg-Hall, Michelle W34	4) Lang, Courtney W38	
	28.78	54.87 (26.09)	1:28.84 (33.97)	2:01.28 (32.44)	

Event 22 Mixed 200-239 200 SC Meter Freestyle Relay

1	Vernon Masters Swim Club	A	NT	2:11.25	40
	1) Goble, Bryan M52	2) Tucker, Kylie W48	3) Ouchi, Robynne W46	4) Johanesson, Darin M54	
	30.67	1:09.91 (39.24)	1:39.98 (30.07)	2:11.25 (31.27)	

Event 22 Mixed 240-279 200 SC Meter Freestyle Relay

1	Kamloops Classic Swimming	A	2:20.23	2:51.15	40
	1) Tucker, Amy L W58	2) Jamieson, Sandy M76	3) Stewart, Keith H M62	4) Erwood, Janet W62	
	53.90	1:35.07 (41.17)	2:11.21 (36.14)	2:51.15 (39.94)	

Event 23 Women 160-199 200 SC Meter Medley Relay

1	Nanaimo Ebttides	A	2:25.38	2:41.67	40
	1) Johannesson, Shelley W62	2) Pendergast, Christina W46	3) Buggey, Melanie W31	4) Clapham, Karlene W54	
	49.68	1:28.12 (38.44)	2:06.22 (38.10)	2:41.67 (35.45)	

Event 23 Women 200-239 200 SC Meter Medley Relay

1	Kamloops Classic Swimming	A	2:45.23	3:29.84	40
	1) Kilborn, Tanya L W54	2) Cotito, Carolyn D W51	3) Laroche, Anne W57	4) Coleman, Diane J W58	
	51.38	1:40.04 (48.66)	2:39.70 (59.66)	3:29.84 (50.14)	
2	Coast Swim Team	A	3:29.00	3:33.45	34
	1) Furlanetto, Francesca W44	2) Condon, Anne W61	3) Krall, Karen W61	4) Johnson-lee, Liz W57	
	49.87	1:57.38 (1:07.51)	2:50.92 (53.54)	3:33.45 (42.53)	

Event 24 Men 72-99 200 SC Meter Medley Relay

1	Kamloops Classic Swimming	A	1:50.54	1:48.56	40
	1) Savage, Jack B M23	2) Peace, Regan M23	3) Jensen, Ethan E M24	4) Boll, Ryan M23	
	27.88	58.46 (30.58)	1:24.88 (26.42)	1:48.56 (23.68)	

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 24 Men 200-239 200 SC Meter Medley Relay**

1	Vernon Masters Swim Club	A		2:26.00	2:29.59	40
	1) Johaneson, Darin M54	2) Goble, Bryan M52	3) Ouchi, Kurt M48	4) Holmwood, John M69		
	37.16	1:15.01 (37.85)	1:42.18 (27.17)	2:29.59 (47.41)		

Event 24 Men 240-279 200 SC Meter Medley Relay

1	Kamloops Classic Swimming	B		2:21.40	2:46.65	40
	1) Stewart, Keith H M62	2) Jamieson, Sandy M76	3) Dalke, Taylor D M30	4) Hyslop, Mark M72		
	45.24	1:38.87 (53.63)	2:09.59 (30.72)	2:46.65 (37.06)		

Event 25 Women 35-39 200 SC Meter Freestyle

1	Coombs, Katie	36	Squamish Titans Athletic Club	5:00.00	4:31.50	20
	59.54	2:08.77 (1:09.23)	3:21.39 (1:12.62)	4:31.50 (1:10.11)		

Event 25 Women 50-54 200 SC Meter Freestyle

1	Cooke, Heather	52	Summerland Orca Masters	3:20.04	3:18.18	20
	45.83	1:36.57 (50.74)	2:28.90 (52.33)	3:18.18 (49.28)		
2	Tuira, Cheryl	54	Kamloops Classic Swimming	3:45.00	3:35.05	17
	47.20	1:41.77 (54.57)	2:38.99 (57.22)	3:35.05 (56.06)		
3	Stephens, Melanie	53	Kisu Swim Club	3:45.90	3:45.44	16
	52.09	1:50.69 (58.60)	2:50.12 (59.43)	3:45.44 (55.32)		

Event 25 Women 55-59 200 SC Meter Freestyle

1	Johnson-lee, Liz	57	Coast Swim Team	3:07.56	3:01.32	20
	41.51	1:27.30 (45.79)	2:14.82 (47.52)	3:01.32 (46.50)		
2	Korban, Martine	58	Dogwood Masters Swim Club	3:20.00	3:21.40	17
	45.20	1:36.53 (51.33)	2:29.44 (52.91)	3:21.40 (51.96)		
3	Coleman, Diane J	58	Kamloops Classic Swimming	NT	3:53.88	16
	54.88	1:54.98 (1:00.10)	2:55.87 (1:00.89)	3:53.88 (58.01)		

Event 25 Women 60-64 200 SC Meter Freestyle

1	Brown, Janis	62	Okanagan Masters Swim Club	2:39.80	2:42.64	20
	38.07	1:19.06 (40.99)	2:00.66 (41.60)	2:42.64 (41.98)		
2	McGrath, Ann	60	Victoria Masters Swim Club	2:50.00	2:44.42	17
	38.34	1:20.14 (41.80)	2:02.54 (42.40)	2:44.42 (41.88)		
3	Johannesson, Shelley	62	Nanaimo Ebttides	3:09.98	3:09.49	16
	42.89	1:31.71 (48.82)	2:21.45 (49.74)	3:09.49 (48.04)		

Event 25 Women 95-99 200 SC Meter Freestyle

1	Brussel, Betty	99	White Rock Wave	5:40.00	5:53.30	20
	1:16.30	2:47.51 (1:31.21)	4:22.30 (1:34.79)	5:53.30 (1:31.00)		

Event 25 Men 18-24 200 SC Meter Freestyle

1	Skofteby, Ethan P	21	Kamloops Classic Swimming	1:55.53	2:08.01	20
	28.60	1:00.12 (31.52)	1:33.32 (33.20)	2:08.01 (34.69)		

Event 25 Men 30-34 200 SC Meter Freestyle

1	Solis, Manuel	34	Calgary Masters Swim Club	2:32.23	2:35.46	20
	34.43	1:13.56 (39.13)	1:54.69 (41.13)	2:35.46 (40.77)		

Event 25 Men 35-39 200 SC Meter Freestyle

1	Sherwood, Alex A	37	Kamloops Classic Swimming	NT	2:25.89	20
	34.44	1:12.24 (37.80)	1:50.33 (38.09)	2:25.89 (35.56)		

Event 25 Men 45-49 200 SC Meter Freestyle

1	Robinson, Dale	49	Victoria Masters Swim Club	2:19.41	2:21.71	20
	33.18	1:09.60 (36.42)	1:46.53 (36.93)	2:21.71 (35.18)		

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 25 Men 50-54 200 SC Meter Freestyle**

1	Wicke, Daniel	52	Percy Norman Wave Masters	2:23.00	2:21.51	20
	33.11	1:09.75 (36.64)	1:47.18 (37.43)	2:21.51 (34.33)		
2	Buckley, Richard P	51	Winskill Otters Masters	2:34.49	2:31.92	17
	34.02	1:12.00 (37.98)	1:52.03 (40.03)	2:31.92 (39.89)		
3	Cooke, Mike	54	Summerland Orca Masters	2:54.00	2:49.82	16
	38.96	1:22.61 (43.65)	2:07.14 (44.53)	2:49.82 (42.68)		

Event 25 Men 55-59 200 SC Meter Freestyle

1	Heusel, Peter	55	English Bay Swim Club	2:21.50	2:22.18	20
	33.30	1:09.74 (36.44)	1:46.77 (37.03)	2:22.18 (35.41)		
2	Orr, Christopher	55	Kamloops Classic Swimming	2:46.00	2:39.00	17
	35.45	1:15.81 (40.36)	1:58.25 (42.44)	2:39.00 (40.75)		

Event 25 Men 60-64 200 SC Meter Freestyle

1	Hartford, Doug	60	Victoria Masters Swim Club	2:35.00	2:30.44	20
	34.10	1:12.39 (38.29)	1:52.68 (40.29)	2:30.44 (37.76)		

Event 25 Men 65-69 200 SC Meter Freestyle

1	Horton, Stephen	68	Dogwood Masters Swim Club	3:00.00	2:54.89	20
	42.07	1:26.68 (44.61)	2:12.24 (45.56)	2:54.89 (42.65)		

Event 25 Men 70-74 200 SC Meter Freestyle

1	Dickson, Dave	70	Calgary Masters Swim Club	2:32.21	2:36.71	20
	35.08	1:13.99 (38.91)	1:55.16 (41.17)	2:36.71 (41.55)		
2	Waterer, Carl	73	Dogwood Masters Swim Club	2:35.00	2:39.46	17
	36.13	1:15.87 (39.74)	1:58.28 (42.41)	2:39.46 (41.18)		
3	Carmichael, Rod	72	Victoria Masters Swim Club	2:58.00	2:43.01	16
	38.13	1:20.64 (42.51)	2:03.10 (42.46)	2:43.01 (39.91)		

Event 25 Men 75-79 200 SC Meter Freestyle

1	Jamieson, Sandy	76	Kamloops Classic Swimming	4:05.00	3:39.08	20
	43.92	1:37.03 (53.11)	2:38.45 (1:01.42)	3:39.08 (1:00.63)		

Event 25 Men 80-84 200 SC Meter Freestyle

1	Donoghue, Karl	83	Dogwood Masters Swim Club	3:25.00	3:18.89	20
	44.35	1:35.56 (51.21)	2:28.30 (52.74)	3:18.89 (50.59)		

Event 26 Women 18-24 50 SC Meter Butterfly

1	Kintzel, Anika	24	Vernon Masters Swim Club	34.49	36.99	20
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Event 26 Women 25-29 50 SC Meter Butterfly

1	Douglas, Kirsten	25	English Bay Swim Club	28.30	28.61	20
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Event 26 Women 30-34 50 SC Meter Butterfly

1	Buggey, Melanie	31	Nanaimo Ebbtides	35.87	35.86	20
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Event 26 Women 35-39 50 SC Meter Butterfly

1	Eroglu, Biricik	39	White Rock Wave	36.46	36.86	20
2	Lang, Courtney	38	Kamloops Classic Swimming	NT	37.93	17
3	Hoover, Elisa	38	Dogwood Masters Swim Club	1:10.11	1:05.50	16

Event 26 Women 40-44 50 SC Meter Butterfly

1	Westmacott, Lauren	44	Victoria Masters Swim Club	35.63	35.44	20
2	Finlan, Michelle	43	Winskill Otters Masters	45.00	39.58	17
3	Furlanetto, Francesca	44	Coast Swim Team	53.74	51.99	16

Event 26 Women 45-49 50 SC Meter Butterfly

1	Tucker, Kylie	48	Vernon Masters Swim Club	42.70	42.95	20
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2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 26 Women 50-54 50 SC Meter Butterfly**

1	Stephens, Melanie	53	Kisu Swim Club	NT	1:01.13	20
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Event 26 Women 55-59 50 SC Meter Butterfly

1	Beer, Heike	55	White Rock Wave	40.00	40.94	20
2	Tucker, Amy L	58	Kamloops Classic Swimming	NT	1:09.89	17

Event 26 Women 60-64 50 SC Meter Butterfly

1	Krall, Karen	61	Coast Swim Team	49.18	50.88	20
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Event 26 Women 65-69 50 SC Meter Butterfly

1	Graham, Kathy	65	Dogwood Masters Swim Club	36.41	36.14	20
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Event 26 Men 18-24 50 SC Meter Butterfly

1	Peace, Regan	23	Kamloops Classic Swimming	27.67	26.05	20
2	Boll, Ryan	23	Kamloops Classic Swimming	27.23	26.46	17
3	Jensen, Ethan E	24	Kamloops Classic Swimming	24.76	26.47	16

Event 26 Men 25-29 50 SC Meter Butterfly

1	Fry, Darian	26	White Rock Wave	24.72	25.11	20
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Event 26 Men 45-49 50 SC Meter Butterfly

1	Scofield, Trevor	49	White Rock Wave	31.00	29.67	20
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Event 26 Men 55-59 50 SC Meter Butterfly

1	Orr, Christopher	55	Kamloops Classic Swimming	36.50	37.04	20
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Event 26 Men 60-64 50 SC Meter Butterfly

1	Dallin, Christopher	60	Winskill Otters Masters	34.60	33.78	20
2	Stewart, Keith H	62	Kamloops Classic Swimming	37.00	41.96	17

Event 26 Men 65-69 50 SC Meter Butterfly

1	Triol, Bill	69	Dogwood Masters Swim Club	35.00	36.42	20
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Event 26 Men 70-74 50 SC Meter Butterfly

1	Dickson, Dave	70	Calgary Masters Swim Club	36.00	40.35	20
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Event 27 Women 45-49 200 SC Meter Breaststroke

1	Pendergast, Christina	46	Nanaimo Ebttides	3:01.31	2:53.65	20
				39.60	1:23.92 (44.32)	2:08.53 (44.61)
						2:53.65 (45.12)

Event 27 Women 50-54 200 SC Meter Breaststroke

1	Clapham, Karlene	54	Nanaimo Ebttides	3:40.00	3:30.96	20
				47.72	1:41.46 (53.74)	2:35.84 (54.38)
						3:30.96 (55.12)
2	Tuira, Cheryl	54	Kamloops Classic Swimming	4:00.00	4:15.29	17
				59.00	2:04.54 (1:05.54)	3:12.20 (1:07.66)
						4:15.29 (1:03.09)

Event 27 Men 40-44 200 SC Meter Breaststroke

1	Scott, Stewart	40	Coast Swim Team	2:56.00	2:54.25	20
				39.33	1:23.11 (43.78)	2:08.34 (45.23)
						2:54.25 (45.91)

Event 27 Men 50-54 200 SC Meter Breaststroke

1	Johaneson, Darin	54	Vernon Masters Swim Club	2:59.00	3:13.89	20
				41.58	1:29.96 (48.38)	2:20.94 (50.98)
						3:13.89 (52.95)
2	Buckley, Richard P	51	Winskill Otters Masters	3:00.00	3:25.94	17
				46.55	1:38.54 (51.99)	2:32.88 (54.34)
						3:25.94 (53.06)

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****Event 27 Men 55-59 200 SC Meter Breaststroke**

1	Hobbs, Brent	56	Okanagan Masters Swim Club	3:00.00	3:01.31	20
	40.58	1:26.75 (46.17)	2:14.14 (47.39)	3:01.31 (47.17)		

Event 27 Men 60-64 200 SC Meter Breaststroke

1	Score, Serge	62	Dogwood Masters Swim Club	2:40.34	2:42.85	20
	36.86	1:18.92 (42.06)	2:00.63 (41.71)	2:42.85 (42.22)		
2	Daniel, Chris	63	Wild Rose Swim Club	3:05.00	2:57.03	17
	40.69	1:26.20 (45.51)	2:12.09 (45.89)	2:57.03 (44.94)		
3	Kendal, Keith	62	Victoria Masters Swim Club	3:50.00	3:29.81	16
	47.45	1:40.97 (53.52)	2:35.85 (54.88)	3:29.81 (53.96)		

Event 27 Men 65-69 200 SC Meter Breaststroke

1	Holmwood, John	69	Vernon Masters Swim Club	4:20.17	4:32.81	20
	1:01.51	2:13.05 (1:11.54)	3:25.51 (1:12.46)	4:32.81 (1:07.30)		

Event 27 Men 70-74 200 SC Meter Breaststroke

1	Hyslop, Mark	72	Kamloops Classic Swimming	3:30.00	3:40.03	20
	50.36	1:46.52 (56.16)	2:43.50 (56.98)	3:40.03 (56.53)		

Event 27 Men 75-79 200 SC Meter Breaststroke

1	Jamieson, Sandy	76	Kamloops Classic Swimming	4:20.00	4:23.09	20
	56.50	2:01.75 (1:05.25)	3:11.90 (1:10.15)	4:23.09 (1:11.19)		

Event 28 Mixed 160-199 400 SC Meter Medley Relay

1	Vernon Masters Swim Club	A	6:08.00	6:25.66	40
	1) Johaneson, Darin M54	2) Kintzel, Anika W24	3) Tucker, Kylie W48	4) Holmwood, John M69	
	40.29	1:24.17 (1:24.17)	2:07.59 (43.42)	2:55.05 (1:30.88)	
	3:40.93 (45.88)	4:34.83 (1:39.78)	5:28.05 (53.22)	6:25.66 (1:50.83)	

Event 29 Women 160-199 400 SC Meter Medley Relay

1	Kamloops Classic Swimming	A	5:30.23	7:22.29	40
	1) Taira, Cheryl W54	2) Dagg-Hall, Michelle W34	3) Lang, Courtney W38	4) Tucker, Amy L W58	
	58.71	2:00.02 (2:00.02)	2:48.89 (48.87)	3:43.12 (1:43.10)	
	4:23.55 (40.43)	5:12.01 (1:28.89)	6:12.37 (1:00.36)	7:22.29 (2:10.28)	

Event 30 Men 72-99 400 SC Meter Medley Relay

1	Kamloops Classic Swimming	A	4:10.40	4:02.12	40
	1) Savage, Jack B M23	2) Peace, Regan M23	3) Jensen, Ethan E M24	4) Boll, Ryan M23	
	29.48	1:01.91 (1:01.91)	1:33.22 (31.31)	2:09.24 (1:07.33)	
	2:36.98 (27.74)	3:09.36 (1:00.12)	3:34.06 (24.70)	4:02.12 (52.76)	

Combined Team ScoresCombined Team Scores - Through Event 30

1.	Kamloops Classic Swimming	2141	2.	Dogwood Masters Swim Club	884
3.	Vernon Masters Swim Club	763	4.	Coast Swim Team	682
5.	Victoria Masters Swim Club	675	6.	White Rock Wave	671
7.	Winskill Otters Masters	449	8.	Okanagan Masters Swim Club	315
9.	Calgary Masters Swim Club	262	10.	English Bay Swim Club	200
11.	Summerland Orca Masters	184	12.	Chilliwack Masters Swim Club	162

Scores - WomenWomen - Team Rankings - Through Event 30

1.	Kamloops Classic Swimming	648	2.	Nanaimo Ebbtides	605
3.	Coast Swim Team	582	4.	Dogwood Masters Swim Club	356

2023 MSABC Provincial Championships - 2023-06-16 to 2023-06-18**Results****(Scores - Women)**

5. White Rock Wave	320	6. Victoria Masters Swim Club	274
7. Vernon Masters Swim Club	253	8. Winskill Otters Masters	234
9. Okanagan Masters Swim Club	198	10. Squamish Titans Athletic Club	142
11. WestShore Masters Swim Club	97	12. Chilliwack Masters Swim Club	94
13. Kisu Swim Club	86	14. English Bay Swim Club	80
15. Summerland Orca Masters	60	16. Calgary Masters Swim Club	37

Scores - MenMen - Team Rankings - Through Event 30

1. Kamloops Classic Swimming	1305	2. Dogwood Masters Swim Club	528
3. Victoria Masters Swim Club	401	4. Vernon Masters Swim Club	350
5. White Rock Wave	311	6. Calgary Masters Swim Club	225
7. Winskill Otters Masters	215	8. Percy Norman Wave Masters	140
9. Summerland Orca Masters	124	10. English Bay Swim Club	120
11. Okanagan Masters Swim Club	117	12. Wild Rose Swim Club	111
13. Coast Swim Team	100	14. Salmon Arm Waves Masters	80
15. Canadian Dolphin Swim Club	76	16. Chilliwack Masters Swim Club	68