

## Victoria Masters Long Course - 1/20/2024

## Results - Saturday

**Event 1 Women 18-24 400 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bergman, Tuesday Astrid	19	Victoria Masters Swim Club	5:11.50	4:55.41	20

**Event 1 Women 25-29 400 LC Meter Freestyle**

1	Ahluwalia, Hannah	26	Victoria Masters Swim Club	5:32.01	5:57.86	20
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**Event 1 Women 30-34 400 LC Meter Freestyle**

1	Buggey, Melanie	32	Nanaimo Ebttides	6:02.10	5:58.70	20
2	Ardizzi, Madison	31	English Bay Swim Club	7:59.40	6:56.30	17

**Event 1 Women 35-39 400 LC Meter Freestyle**

1	Rodriguez Dimitrescu, Alexan	39	Winskill Otters Masters	5:10.08	4:54.27	20
2	Uunila, Kathryn	39	Hyack Swim Club	5:16.20	5:05.85	17
3	Anderson, Catherine	38	WestShore Masters Swim Club	6:07.20	6:15.07	16
4	Fogg, Anna	36	Coast Swim Team	7:08.40	6:59.78	15
5	Deane, Marlaina	38	Squamish Titans Athletic Club	7:39.00	7:11.73	14
6	Arruda-Holder, Brittany	36	Nanaimo Ebttides	7:54.30	7:53.58	13

**Event 1 Women 45-49 400 LC Meter Freestyle**

1	Curran, Rhonda Lee	48	University of Alberta Masters	7:39.00	7:43.89	20
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**Event 1 Women 55-59 400 LC Meter Freestyle**

1	Atkey, Susan	55	Coast Swim Team	6:48.00	6:40.21	20
2	Milligan, Sandra	57	Campbell River Killer Whales	7:12.89	7:11.43	17

**Event 1 Women 60-64 400 LC Meter Freestyle**

1	Brown, Janis	63	Dogwood Masters Swim Club	6:17.40	5:49.40	20
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**Event 1 Women 70-74 400 LC Meter Freestyle**

1	Quick, Paula	72	Chilliwack Masters Swim Club	9:37.32	10:13.32	20
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**Event 1 Women 100-104 400 LC Meter Freestyle**

1	Brussel, Betty	100	White Rock Wave	12:49.67	12:50.30	20
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**Event 1 Men 30-34 400 LC Meter Freestyle**

1	Warren, Brandon	31	Breakwater Masters Swim Club	5:04.98	4:56.54	20
2	Batara, Magnus	33	Nanaimo Ebttides	7:06.46	5:52.90	17
3	Hiscock, Matthew	33	Victoria Masters Swim Club	6:07.20	6:00.98	16

**Event 1 Men 35-39 400 LC Meter Freestyle**

1	Monk, James	38	Winskill Otters Masters	5:05.99	4:50.58	20
2	Kenzikeyev, Klimentiy	38	Coast Swim Team	7:30.00	6:35.88	17
3	Chang, Johann	38	Coast Swim Team	8:09.60	8:06.41	16

**Event 1 Men 40-44 400 LC Meter Freestyle**

1	Lock, John	41	Hyack Swim Club	5:26.52	5:08.21	20
2	Chiu, Kelvin	42	Coast Swim Team	6:48.00	6:41.71	17
3	Arturo, Torres	42	Coast Swim Team	7:13.50	6:57.25	16

**Event 1 Men 50-54 400 LC Meter Freestyle**

1	Robinson, Dale	50	Victoria Masters Swim Club	5:57.00	5:30.08	20
2	Quezada, Jose	54	Coast Swim Team	8:27.96	8:20.13	17

**Event 1 Men 55-59 400 LC Meter Freestyle**

1	Reeve, Tim	58	Coast Swim Team	7:39.00	7:04.83	20
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**Event 1 Men 60-64 400 LC Meter Freestyle**

1	Lewis, Barry	62	Edmonton Masters Swim Club	4:57.84	5:08.33	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 1 Men 65-69 400 LC Meter Freestyle**

1	McGowan, Patrick	67	English Bay Swim Club	6:36.78	6:17.33	20
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**Event 1 Men 70-74 400 LC Meter Freestyle**

1	Carmichael, Rod	73	Victoria Masters Swim Club	6:06.18	6:01.01	20
2	Rasmussen, Steve	70	Winskill Otters Masters	7:23.70	6:23.81	17
3	Scanlon, Paul	72	White Rock Wave	7:44.10	7:29.07	16

**Event 1 Men 75-79 400 LC Meter Freestyle**

1	Dowling, Mike	77	North Shore Masters	6:56.78	6:58.85	20
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**Event 1 Men 80-84 400 LC Meter Freestyle**

1	Dykstra, Aldert	84	White Rock Wave	8:30.00	8:47.85	20
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**Event 2 Mixed 120-159 200 LC Meter Medley Relay**

1	Dogwood Masters Swim Club	A		2:45.00	2:35.61	40
	1) Neil, Lorne M52		3) Ramsay, George M25		4) Choy, Karen W42	

**Event 2 Mixed 160-199 200 LC Meter Medley Relay**

1	Hyack Swim Club	A		2:10.30	2:15.03	40
	1) Geisheimer, Kelly W41	2) Uunila, Kathryn W39	3) Lock, John M41		4) Mercer, Vance M49	
2	Breakwater Masters Swim Club	A		2:25.00	2:23.53	34
	1) Brick, Alan M44	2) Saulsgiver, Caitlin W31	3) Brod, Heloiza W37		4) Kitano, David M48	
3	WestShore Masters Swim Club	A		3:12.00	2:36.74	32
	1) Waters, Lianne W59	2) Darvill, Kathleen W43	3) Dolf, Scott M53		4) Kukovica, Jacob M31	
4	Coast Swim Team	A		2:54.00	2:49.25	30
	1) Pedley, Sarah W47	2) Chang, Johann M38	3) O'Connell, Meghan W40		4) Arturo, Torres M42	
5	Coast Swim Team	B		4:20.00	3:25.55	28
	1) Coombs, Katie W37	2) Chiu, Kelvin M42	3) Wallace, Victoria W56		4) Quezada, Jose M54	

**Event 2 Mixed 240-279 200 LC Meter Medley Relay**

1	Nanaimo Ebttides	A		3:20.00	2:50.15	40
	1) Ryan, Nancy W76	2) van Muijlwijk, Jesse M63	3) Burvill, Ian M78		4) Clapham, Karlene W55	
---	Chilliwack Masters Swim Club	A		3:17.00	DQ	
	1) Buckham, Lisa W60	2) Fortin, Jeff M66	3) Reeder, Neil M76		4) Quick, Paula W72	

**Event 2 Mixed 280-319 200 LC Meter Medley Relay**

1	White Rock Wave	A		3:45.00	4:22.41	40
	1) Scanlon, Paul M72	2) Gould, Ingrid W71	3) Dykstra, Aldert M84		4) Clarkson, Rita W70	

**Event 3 Men 160-199 200 LC Meter Medley Relay**

1	English Bay Swim Club	A		2:25.00	2:31.63	40
	1) Downing, Michael M56	2) McGowan, Patrick M67	3) Gibson, Ryan M29		4) Pond, Nicholas M37	
2	Nanaimo Ebttides	A		3:10.00	2:43.33	34
	1) Rea-Palmer, Simon M44	2) Batara, Magnus M33	3) Riddell, Marc M50		4) Davidson, Tyler M40	
3	Royal Masters Swim Club	A		3:20.00	3:02.64	32
	1) Basra, Nav M40	2) Liberati, Sergio M29	3) Bhogal, Amman M42		4) Meret, Paolo M70	

**Event 3 Men 200-239 200 LC Meter Medley Relay**

1	White Rock Wave	A		2:35.00	2:29.03	40
	1) Wilson, Russ M55	2) Uncles, Paul M71	3) Messcu, Will M23		4) Davies, Owen M57	

**Event 4 Women 100-119 200 LC Meter Medley Relay**

1	English Bay Swim Club	A		2:30.00	2:26.28	40
	1) Nielsen, Sadie W30	2) Brazier, Meghan W30	3) Garriock, Natalia W28		4) Ardizzi, Madison W31	

**Event 4 Women 120-159 200 LC Meter Medley Relay**

1	Nanaimo Ebttides	A		2:40.00	2:31.77	40
	1) Pendergast, Anna W20	2) Pendergast, Christina W47	3) Bugey, Melanie W32		4) Knox, Kylie W29	

**Victoria Masters Long Course - 1/20/2024****Results - Saturday****(Event 4 Women 120-159 200 LC Meter Medley Relay)**

2	Winskill Otters Masters	A	3:00.00	2:38.60	34
	1) Kolstad, Nicole W37	2) Mason, Nichola W46	3) Rodriguez Dimitrescu, Alexan W34	4) Winstanley, Kandice W46	
3	Royal Masters Swim Club	A	3:30.00	3:13.70	32
	1) Steele, Sarah W41	2) Arora, Rosy W30	3) Harper, Nicole W46	4) Wyatt, Sharon W58	

**Event 4 Women 160-199 200 LC Meter Medley Relay**

1	Coast Swim Team	A	3:20.00	3:15.11	40
	1) Furlanetto, Francesca W45	2) Atkey, Susan W55	3) Pedley, Nadia W47	4) Fogg, Anna W36	
---	Nanaimo Ebttides	A	3:30.00	DQ	
	1) Arruda-Holder, Brittany W36	2) Larsen, Kayla W31	3) Williams, Kristy W41	4) Colasanto, Jessica W56	

**Event 4 Women 200-239 200 LC Meter Medley Relay**

1	Coast Swim Team	A	3:26.00	3:18.85	40
	1) Guevremont, MC W56	2) Cruz, Fernanda W33	3) Clark, Julie W50	4) Tso, Phyllis W43	

**Event 4 Women 240-279 200 LC Meter Medley Relay**

1	White Rock Wave	A	2:53.00	3:03.78	40
	1) Stanley Wilson, Linda W66	2) Easton, Wendy W57	3) Beer, Heike W56	4) Steer, Carina W62	

**Event 5 Women 25-29 200 LC Meter Backstroke**

1	Garriock, Natalia	28	English Bay Swim Club	2:48.30	2:43.88	20
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**Event 5 Women 35-39 200 LC Meter Backstroke**

1	Anderson, Catherine	38	WestShore Masters Swim Club	3:03.60	3:09.74	20
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**Event 5 Women 40-44 200 LC Meter Backstroke**

1	Geisheimer, Kelly	41	Hyack Swim Club	2:54.10	2:44.72	20
2	Bartle, Darlana	40	Victoria Masters Swim Club	3:13.29	3:15.56	17

**Event 5 Women 45-49 200 LC Meter Backstroke**

1	Ouchi, Robynne	47	Vernon Masters Swim Club	3:03.60	3:05.98	20
2	Pedley, Sarah	47	Coast Swim Team	3:39.30	4:02.57	17

**Event 5 Women 55-59 200 LC Meter Backstroke**

1	Waters, Lianne	59	WestShore Masters Swim Club	3:49.50	3:46.49	20
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**Event 5 Women 60-64 200 LC Meter Backstroke**

1	Brown, Janis	63	Dogwood Masters Swim Club	3:14.62	3:06.25	20
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**Event 5 Women 65-69 200 LC Meter Backstroke**

1	Stanley Wilson, Linda	66	White Rock Wave	4:04.43	3:50.11	20
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**Event 5 Women 75-79 200 LC Meter Backstroke**

1	Ryan, Nancy	76	Nanaimo Ebttides	4:25.20	4:14.13	20
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**Event 5 Men 30-34 200 LC Meter Backstroke**

1	Hiscock, Matthew	33	Victoria Masters Swim Club	3:08.70	2:59.20	20
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**Event 5 Men 45-49 200 LC Meter Backstroke**

1	Gilman, Jonathan	48	Kisu Swim Club	4:04.80	3:54.81	20
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**Event 5 Men 65-69 200 LC Meter Backstroke**

1	Harvey, Neil	68	Dogwood Masters Swim Club	3:02.58	3:05.89	20
2	O'Melinn, Lorcan	68	Hyack Swim Club	3:39.30	3:34.19	17

**Event 5 Men 70-74 200 LC Meter Backstroke**

1	Stamhuis, Michael	71	Vernon Masters Swim Club	3:05.64	2:58.31	20
2	Carmichael, Rod	73	Victoria Masters Swim Club	3:24.00	3:13.31	17

**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 6 Women 18-24 100 LC Meter Breaststroke**

1	Bergman, Tuesday Astrid	19	Victoria Masters Swim Club	1:21.60	1:19.79	20
2	Pendergast, Anna	20	Nanaimo Ebbtides	1:34.86	1:32.59	17

**Event 6 Women 30-34 100 LC Meter Breaststroke**

1	Garriock, Tamara	32	Victoria Masters Swim Club	1:31.80	1:25.07	20
2	Saulsgiver, Caitlin	31	Breakwater Masters Swim Club	1:34.86	1:35.58	17

**Event 6 Women 40-44 100 LC Meter Breaststroke**

1	Darvill, Kathleen	43	WestShore Masters Swim Club	1:46.10	1:47.33	20
2	Langford, Keely	40	Coast Swim Team	1:56.28	1:53.74	17

**Event 6 Women 45-49 100 LC Meter Breaststroke**

1	Harper, Nicole	46	Royal Masters Swim Club	1:33.94	1:39.84	20
2	Westmacott, Lauren	45	Victoria Masters Swim Club	1:42.00	1:40.32	17
3	Mason, Nichola	46	Winskill Otters Masters	1:48.05	1:44.12	16

**Event 6 Women 55-59 100 LC Meter Breaststroke**

1	Atkey, Susan	55	Coast Swim Team	1:44.42	1:44.70	20
2	Clapham, Karlene	55	Nanaimo Ebbtides	1:48.12	1:46.03	17
3	Guevremont, MC	56	Coast Swim Team	1:58.32	1:54.68	16
4	Easton, Wendy	57	White Rock Wave	2:00.36	2:05.22	15

**Event 6 Women 65-69 100 LC Meter Breaststroke**

1	Rhodes, Avila	68	Victoria Masters Swim Club	1:42.00	1:39.55	20
2	Reade, Beth	67	Victoria Masters Swim Club	2:03.10	2:01.84	17

**Event 6 Men 25-29 100 LC Meter Breaststroke**

1	Foui, Emile	25	Pacific Coast Swimming	1:16.50	1:18.99	20
2	Liberati, Sergio	29	Royal Masters Swim Club	1:31.80	1:29.32	17

**Event 6 Men 30-34 100 LC Meter Breaststroke**

1	Batara, Magnus	33	Nanaimo Ebbtides	1:43.38	1:25.87	20
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**Event 6 Men 35-39 100 LC Meter Breaststroke**

1	Chang, Johann	38	Coast Swim Team	1:42.00	1:36.45	20
2	Pond, Nicholas	37	English Bay Swim Club	1:36.90	1:37.09	17

**Event 6 Men 40-44 100 LC Meter Breaststroke**

1	Yee, Albert	40	English Bay Swim Club	1:29.76	1:23.62	20
2	Rea-Palmer, Simon	44	Nanaimo Ebbtides	2:02.40	1:52.83	17

**Event 6 Men 50-54 100 LC Meter Breaststroke**

1	de Rosnay, Emile	51	Dogwood Masters Swim Club	1:26.70	1:22.19	20
2	Velikiy, Sergey	51	Aurora Master Ducks	1:45.00	1:42.53	17

**Event 6 Men 55-59 100 LC Meter Breaststroke**

1	Davies, Owen	57	White Rock Wave	2:00.36	1:55.59	20
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**Event 6 Men 60-64 100 LC Meter Breaststroke**

1	Lewis, Barry	62	Edmonton Masters Swim Club	1:24.15	1:26.05	20
2	van Muijlwijk, Jesse	63	Nanaimo Ebbtides	1:34.86	1:32.17	17
3	Downey, James	64	Victoria Masters Swim Club	1:44.04	1:44.08	16

**Event 6 Men 65-69 100 LC Meter Breaststroke**

1	McGowan, Patrick	67	English Bay Swim Club	1:43.02	1:39.46	20
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**Event 6 Men 70-74 100 LC Meter Breaststroke**

1	Uncles, Paul	71	White Rock Wave	1:40.51	1:36.45	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****(Event 6 Men 70-74 100 LC Meter Breaststroke)**

2	Huerta, Salvador	74	North Shore Masters	1:44.30	1:51.48	17
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**Event 7 Women 25-29 50 LC Meter Butterfly**

1	Ahluwalia, Hannah	26	Victoria Masters Swim Club	38.76	36.40	20
2	Knox, Kylie	29	Nanaimo Ebbtides	42.84	39.11	17

**Event 7 Women 30-34 50 LC Meter Butterfly**

1	Austin, Dominique	30	Squamish Titans Athletic Club	38.00	31.65	20
2	Brazier, Meghan	30	English Bay Swim Club	36.72	32.47	17
3	Garriock, Tamara	32	Victoria Masters Swim Club	35.70	32.70	16
4	Buggey, Melanie	32	Nanaimo Ebbtides	37.23	36.44	15
5	Ardizzi, Madison	31	English Bay Swim Club	37.74	37.23	14
6	Cruz, Fernanda	33	Coast Swim Team	1:01.20	57.85	13

**Event 7 Women 35-39 50 LC Meter Butterfly**

1	Brod, Heloiza	37	Breakwater Masters Swim Club	35.70	33.71	20
2	Deane, Marlaina	38	Squamish Titans Athletic Club	1:06.30	55.11	17

**Event 7 Women 40-44 50 LC Meter Butterfly**

1	Won, Jayne	40	WestShore Masters Swim Club	40.80	39.31	20
2	Williams, Kristy	41	Nanaimo Ebbtides	1:02.00	40.23	17

**Event 7 Women 45-49 50 LC Meter Butterfly**

1	Winstanley, Kandice	46	Winskill Otters Masters	36.95	35.93	20
2	Westmacott, Lauren	45	Victoria Masters Swim Club	37.74	37.52	17
3	Tucker, Kylie	49	Vernon Masters Swim Club	46.92	44.09	16
4	Pedley, Sarah	47	Coast Swim Team	46.92	51.34	15
5	Pedley, Nadia	47	Coast Swim Team	51.00	52.81	14
6	Furlanetto, Francesca	45	Coast Swim Team	1:11.40	1:01.05	13

**Event 7 Women 50-54 50 LC Meter Butterfly**

1	Clark, Julie	50	Coast Swim Team	41.82	40.41	20
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**Event 7 Women 55-59 50 LC Meter Butterfly**

1	Colasanto, Jessica	56	Nanaimo Ebbtides	47.94	42.36	20
2	Wallace, Victoria	56	Coast Swim Team	44.00	42.82	17

**Event 7 Women 60-64 50 LC Meter Butterfly**

1	Chafe, Susan	64	Edmonton Masters Swim Club	40.06	36.94	20
2	Pozniak, Gail	64	White Rock Wave	52.02	49.98	17

**Event 7 Women 65-69 50 LC Meter Butterfly**

1	Gunn-Allard, Joan	69	Cochrane Masters Swim Club	45.90	44.87	20
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**Event 7 Women 80-84 50 LC Meter Butterfly**

1	Lopez, Georgina	80	North Shore Masters	53.58	51.47	20
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**Event 7 Men 25-29 50 LC Meter Butterfly**

1	Ramsay, George	25	Dogwood Masters Swim Club	28.56	27.13	20
2	Jakac-Sinclair, Michael	27	Dogwood Masters Swim Club	30.09	28.45	17
3	Milligan, Connor	28	Dogwood Masters Swim Club	35.70	33.41	16
4	Gibson, Ryan	29	English Bay Swim Club	36.72	36.61	15

**Event 7 Men 30-34 50 LC Meter Butterfly**

1	Kukovica, Jacob	31	WestShore Masters Swim Club	31.62	28.54	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 7 Men 35-39 50 LC Meter Butterfly**

1	Minielly, Ken	37	Hyack Swim Club	33.23	32.21	20
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**Event 7 Men 40-44 50 LC Meter Butterfly**

1	Brick, Alan	44	Breakwater Masters Swim Club	38.76	30.47	20
2	Bhogal, Amman	42	Royal Masters Swim Club	42.84	35.90	17
3	Davidson, Tyler	40	Nanaimo Ebbtides	46.50	41.54	16
4	Chiu, Kelvin	42	Coast Swim Team	38.00	44.32	15

**Event 7 Men 45-49 50 LC Meter Butterfly**

1	Ouchi, Kurt	49	Vernon Masters Swim Club	29.89	27.87	20
2	Mercer, Vance	49	Hyack Swim Club	33.66	31.68	17
3	Kitano, David	48	Breakwater Masters Swim Club	40.80	40.01	16

**Event 7 Men 50-54 50 LC Meter Butterfly**

1	Dolff, Scott	53	WestShore Masters Swim Club	34.68	33.57	20
2	So, Jack	51	Aurora Master Ducks	35.86	34.50	17
3	Neil, Lorne	52	Dogwood Masters Swim Club	39.78	34.56	16
4	Riddell, Marc	50	Nanaimo Ebbtides	36.72	35.60	15

**Event 7 Men 55-59 50 LC Meter Butterfly**

1	Saretsky, Barry	55	Edmonton Masters Swim Club	27.64	27.54	20
2	Cosper, Scott	55	Victoria Masters Swim Club	31.10	29.52	17
3	Downing, Michael	56	English Bay Swim Club	30.83	30.58	16
4	Wilson, Russ	55	White Rock Wave	32.64	32.43	15
5	Kremer, Peter	56	Victoria Masters Swim Club	38.76	51.41	14

**Event 7 Men 60-64 50 LC Meter Butterfly**

1	Hartford, Doug	61	Victoria Masters Swim Club	33.15	33.10	20
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**Event 7 Men 65-69 50 LC Meter Butterfly**

---	Fortin, Jeff	66	Chilliwack Masters Swim Club	39.27	DQ	
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**Event 7 Men 75-79 50 LC Meter Butterfly**

1	Burvill, Ian	78	Nanaimo Ebbtides	42.84	40.14	20
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**Event 8 Women 35-39 400 LC Meter IM**

1	Kolstad, Nicole	37	Winskill Otters Masters	6:46.34	6:40.65	20
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**Event 8 Women 40-44 400 LC Meter IM**

1	O'Connell, Meghan	40	Coast Swim Team	7:23.70	6:47.08	20
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**Event 8 Men 30-34 400 LC Meter IM**

1	Warren, Brandon	31	Breakwater Masters Swim Club	5:57.00	5:56.05	20
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**Event 8 Men 40-44 400 LC Meter IM**

1	Lock, John	41	Hyack Swim Club	5:48.44	5:52.22	20
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**Event 8 Men 55-59 400 LC Meter IM**

---	Reeve, Tim	58	Coast Swim Team	8:09.60	DQ	
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**Event 8 Men 75-79 400 LC Meter IM**

---	Dowling, Mike	77	North Shore Masters	8:34.43	DNF	
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**Event 9 Women 40-44 200 LC Meter Breaststroke**

1	Langford, Keely	40	Coast Swim Team	4:08.88	4:05.25	20
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**Event 9 Women 45-49 200 LC Meter Breaststroke**

1	Pendergast, Christina	47	Nanaimo Ebbtides	3:13.80	3:02.75	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 9 Women 55-59 200 LC Meter Breaststroke**

1	Clapham, Karlene	55	Nanaimo Ebbtides	3:50.52	3:48.17	20
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**Event 9 Women 60-64 200 LC Meter Breaststroke**

1	Chafe, Susan	64	Edmonton Masters Swim Club	4:17.30	3:59.13	20
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**Event 9 Men 25-29 200 LC Meter Breaststroke**

1	Foui, Emile	25	Pacific Coast Swimming	2:53.40	3:04.11	20
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**Event 9 Men 30-34 200 LC Meter Breaststroke**

1	Batara, Magnus	33	Nanaimo Ebbtides	3:49.50	3:08.64	20
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**Event 9 Men 35-39 200 LC Meter Breaststroke**

1	Chang, Johann	38	Coast Swim Team	3:39.30	3:33.45	20
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**Event 9 Men 50-54 200 LC Meter Breaststroke**

1	de Rosnay, Emile	51	Dogwood Masters Swim Club	3:11.03	3:02.00	20
2	Robinson, Dale	50	Victoria Masters Swim Club	3:34.20	3:15.45	17
3	Velikiy, Sergey	51	Aurora Master Ducks	4:05.00	3:56.45	16

**Event 9 Men 60-64 200 LC Meter Breaststroke**

1	van Muijlwijk, Jesse	63	Nanaimo Ebbtides	3:35.22	3:28.64	20
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**Event 9 Men 65-69 200 LC Meter Breaststroke**

1	McGowan, Patrick	67	English Bay Swim Club	3:31.14	3:40.23	20
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**Event 10 Women 30-34 100 LC Meter Butterfly**

1	Buggey, Melanie	32	Nanaimo Ebbtides	1:26.70	1:31.37	20
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**Event 10 Women 45-49 100 LC Meter Butterfly**

1	Tucker, Kylie	49	Vernon Masters Swim Club	1:46.08	1:44.77	20
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**Event 10 Men 18-24 100 LC Meter Butterfly**

1	Messcu, Will	23	White Rock Wave	1:06.30	1:05.81	20
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**Event 10 Men 35-39 100 LC Meter Butterfly**

1	Monk, James	38	Winskill Otters Masters	1:20.06	1:12.77	20
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**Event 10 Men 50-54 100 LC Meter Butterfly**

1	So, Jack	51	Aurora Master Ducks	1:37.23	1:37.92	20
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**Event 10 Men 55-59 100 LC Meter Butterfly**

1	Downing, Michael	56	English Bay Swim Club	1:12.42	1:13.58	20
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**Event 10 Men 60-64 100 LC Meter Butterfly**

1	Lewis, Barry	62	Edmonton Masters Swim Club	1:13.95	1:14.59	20
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**Event 11 Women 25-29 200 LC Meter IM**

1	Garriock, Natalia	28	English Bay Swim Club	2:48.30	2:45.62	20
2	Ahluwalia, Hannah	26	Victoria Masters Swim Club	2:53.40	3:12.01	17

**Event 11 Women 30-34 200 LC Meter IM**

1	Garriock, Tamara	32	Victoria Masters Swim Club	2:48.30	2:46.58	20
2	Brazier, Meghan	30	English Bay Swim Club	3:13.80	2:50.47	17

**Event 11 Women 35-39 200 LC Meter IM**

1	Uunila, Kathryn	39	Hyack Swim Club	2:53.40	2:45.65	20
2	Anderson, Catherine	38	WestShore Masters Swim Club	3:18.90	3:16.01	17
3	Deane, Marlaina	38	Squamish Titans Athletic Club	4:20.10	3:54.78	16

**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 11 Women 40-44 200 LC Meter IM**

1	Bartle, Darlana	40	Victoria Masters Swim Club	3:02.00	3:14.73	20
2	Won, Jayne	40	WestShore Masters Swim Club	3:24.23	3:17.29	17
3	Darvill, Kathleen	43	WestShore Masters Swim Club	3:27.20	3:25.37	16

**Event 11 Women 45-49 200 LC Meter IM**

1	Harper, Nicole	46	Royal Masters Swim Club	3:18.53	3:24.13	20
2	Pedley, Nadia	47	Coast Swim Team	4:15.00	4:25.18	17

**Event 11 Women 55-59 200 LC Meter IM**

1	Wallace, Victoria	56	Coast Swim Team	3:45.00	3:33.18	20
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**Event 11 Women 60-64 200 LC Meter IM**

1	Brown, Janis	63	Dogwood Masters Swim Club	3:14.31	3:12.41	20
2	Wilson, Dawn	64	Victoria Masters Swim Club	3:47.46	3:57.75	17
3	Pozniak, Gail	64	White Rock Wave	4:20.10	3:59.65	16

**Event 11 Women 65-69 200 LC Meter IM**

1	Rhodes, Avila	68	Victoria Masters Swim Club	3:44.40	3:21.32	20
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**Event 11 Men 25-29 200 LC Meter IM**

1	Liberati, Sergio	29	Royal Masters Swim Club	2:58.50	3:13.48	20
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**Event 11 Men 30-34 200 LC Meter IM**

1	Kukovica, Jacob	31	WestShore Masters Swim Club	2:30.96	2:29.65	20
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**Event 11 Men 35-39 200 LC Meter IM**

1	Minielly, Ken	37	Hyack Swim Club	2:49.63	2:45.38	20
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**Event 11 Men 40-44 200 LC Meter IM**

1	Lock, John	41	Hyack Swim Club	2:41.46	2:43.85	20
2	Arturo, Torres	42	Coast Swim Team	4:35.40	4:19.12	17

**Event 11 Men 45-49 200 LC Meter IM**

1	Kitano, David	48	Breakwater Masters Swim Club	3:34.20	3:24.90	20
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**Event 11 Men 50-54 200 LC Meter IM**

1	Robinson, Dale	50	Victoria Masters Swim Club	2:58.50	2:54.52	20
2	Neil, Lorne	52	Dogwood Masters Swim Club	2:55.44	3:04.36	17

**Event 11 Men 55-59 200 LC Meter IM**

1	Downing, Michael	56	English Bay Swim Club	3:03.60	2:59.39	20
2	Reeve, Tim	58	Coast Swim Team	4:04.80	3:53.24	17

**Event 11 Men 60-64 200 LC Meter IM**

1	Downey, James	64	Victoria Masters Swim Club	3:17.88	3:19.23	20
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**Event 11 Men 80-84 200 LC Meter IM**

1	Dykstra, Aldert	84	White Rock Wave	4:50.70	5:05.47	20
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**Event 12 Women 18-24 50 LC Meter Freestyle**

1	Pendergast, Anna	20	Nanaimo Ebbtides	34.68	34.18	20
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**Event 12 Women 25-29 50 LC Meter Freestyle**

1	Knox, Kylie	29	Nanaimo Ebbtides	38.76	36.03	20
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**Event 12 Women 30-34 50 LC Meter Freestyle**

1	Austin, Dominique	30	Squamish Titans Athletic Club	33.00	29.21	20
2	Brazier, Meghan	30	English Bay Swim Club	32.64	30.06	17



**Victoria Masters Long Course - 1/20/2024****Results - Saturday****(Event 12 Women 30-34 50 LC Meter Freestyle)**

3	Nielsen, Sadie	30	English Bay Swim Club	33.66	33.82	16
4	Ardizzi, Madison	31	English Bay Swim Club	34.44	34.78	15
5	Saulsgiver, Caitlin	31	Breakwater Masters Swim Club	35.70	35.64	14
6	Arora, Rosy	30	Royal Masters Swim Club	36.23	38.00	13
7	Larsen, Kayla	31	Nanaimo Ebbtides	40.80	40.33	12

**Event 12 Women 35-39 50 LC Meter Freestyle**

1	Brod, Heloiza	37	Breakwater Masters Swim Club	31.62	30.70	20
2	Kolstad, Nicole	37	Winskill Otters Masters	32.49	31.76	17
3	Fogg, Anna	36	Coast Swim Team	45.90	43.37	16
4	Arruda-Holder, Brittany	36	Nanaimo Ebbtides	56.10	45.13	15
5	Coombs, Katie	37	Coast Swim Team	56.47	59.18	14

**Event 12 Women 40-44 50 LC Meter Freestyle**

1	Won, Jayne	40	WestShore Masters Swim Club	36.72	35.43	20
2	Darvill, Kathleen	43	WestShore Masters Swim Club	35.51	37.11	17
3	Choy, Karen	42	Dogwood Masters Swim Club	41.00	39.02	16
4	Steele, Sarah	41	Royal Masters Swim Club	40.80	39.18	15
5	McHale, Kristin	42	Breakwater Masters Swim Club	53.00	40.77	14
6	Tso, Phyllis	43	Coast Swim Team	56.10	46.93	13

**Event 12 Women 45-49 50 LC Meter Freestyle**

1	Ouchi, Robynne	47	Vernon Masters Swim Club	31.18	31.57	20
2	Pendergast, Christina	47	Nanaimo Ebbtides	35.70	32.55	17
3	Winstanley, Kandice	46	Winskill Otters Masters	35.10	33.93	16
4	Pedley, Sarah	47	Coast Swim Team	37.87	38.02	15
5	Curran, Rhonda Lee	48	University of Alberta Masters	41.82	38.54	14
6	Mason, Nichola	46	Winskill Otters Masters	39.69	39.15	13
7	Furlanetto, Francesca	45	Coast Swim Team	42.61	44.47	12
8	Black, Shannon	46	Victoria Masters Swim Club	1:06.30	50.68	11

**Event 12 Women 55-59 50 LC Meter Freestyle**

1	Beer, Heike	56	White Rock Wave	35.70	34.15	20
2	Clapham, Karlene	55	Nanaimo Ebbtides	39.78	36.45	17
3	Colasanto, Jessica	56	Nanaimo Ebbtides	41.31	37.18	16
4	Norris, Tara	57	Victoria Masters Swim Club	40.00	38.01	15
5	Guevremont, MC	56	Coast Swim Team	39.27	40.16	14
6	Milligan, Sandra	57	Campbell River Killer Whales	43.24	43.72	13
7	Easton, Wendy	57	White Rock Wave	46.92	44.26	12
8	Wyatt, Sharon	58	Royal Masters Swim Club	57.12	51.20	11

**Event 12 Women 60-64 50 LC Meter Freestyle**

1	Gilewicz, Denise	61	Saskatoon Goldfins Swim Club	35.50	34.55	20
2	Chafe, Susan	64	Edmonton Masters Swim Club	35.97	35.73	17
3	Steer, Carina	62	White Rock Wave	39.78	35.81	16

**Event 12 Women 65-69 50 LC Meter Freestyle**

1	Rhodes, Avila	68	Victoria Masters Swim Club	37.74	35.25	20
2	Gunn-Allard, Joan	69	Cochrane Masters Swim Club	43.86	41.46	17
3	Reade, Beth	67	Victoria Masters Swim Club	45.90	47.41	16

**Event 12 Women 70-74 50 LC Meter Freestyle**

1	Clarkson, Rita	70	White Rock Wave	52.48	55.63	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 12 Women 75-79 50 LC Meter Freestyle**

1	Inglis, Morven	77	Victoria Masters Swim Club	56.45	56.16	20
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**Event 12 Women 80-84 50 LC Meter Freestyle**

1	Lopez, Georgina	80	North Shore Masters	39.73	38.36	20
2	Papadopoulos, Kenna	83	Winskill Otters Masters	56.46	57.78	17

**Event 12 Women 100-104 50 LC Meter Freestyle**

1	Brussel, Betty	100	White Rock Wave	1:16.00	1:25.22	20
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**Event 12 Men 18-24 50 LC Meter Freestyle**

1	Messcu, Will	23	White Rock Wave	26.84	26.91	20
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**Event 12 Men 25-29 50 LC Meter Freestyle**

1	Ramsay, George	25	Dogwood Masters Swim Club	26.52	25.65	20
2	Jakac-Sinclair, Michael	27	Dogwood Masters Swim Club	28.05	26.81	17
3	Gibson, Ryan	29	English Bay Swim Club	30.60	30.33	16
4	Milligan, Connor	28	Dogwood Masters Swim Club	33.66	31.40	15

**Event 12 Men 35-39 50 LC Meter Freestyle**

1	Kenzikeyev, Klimentiy	38	Coast Swim Team	38.00	32.70	20
2	Pond, Nicholas	37	English Bay Swim Club	35.70	33.69	17
3	Komkov, Ivan	36	Royal Masters Swim Club	47.94	41.75	16

**Event 12 Men 40-44 50 LC Meter Freestyle**

1	Brick, Alan	44	Breakwater Masters Swim Club	28.46	27.45	20
2	Yee, Albert	40	English Bay Swim Club	30.60	30.16	17
3	Bhogal, Amman	42	Royal Masters Swim Club	37.74	32.59	16
4	Chiu, Kelvin	42	Coast Swim Team	32.13	33.29	15
5	Arturo, Torres	42	Coast Swim Team	37.74	36.95	14
6	Rea-Palmer, Simon	44	Nanaimo Ebbtides	43.86	37.26	13
7	Basra, Nav	40	Royal Masters Swim Club	52.02	38.46	12

**Event 12 Men 45-49 50 LC Meter Freestyle**

1	Mercer, Vance	49	Hyack Swim Club	28.36	28.48	20
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**Event 12 Men 50-54 50 LC Meter Freestyle**

1	Kennedy, Mark	52	Ubc Masters Swim Club	28.05	26.97	20
2	Dolff, Scott	53	WestShore Masters Swim Club	30.60	29.71	17
3	Riddell, Marc	50	Nanaimo Ebbtides	32.64	30.43	16
4	Neil, Lorne	52	Dogwood Masters Swim Club	33.66	31.96	15
5	So, Jack	51	Aurora Master Ducks	32.93	32.34	14
6	Quezada, Jose	54	Coast Swim Team	46.31	44.19	13

**Event 12 Men 55-59 50 LC Meter Freestyle**

1	Saretsky, Barry	55	Edmonton Masters Swim Club	26.52	26.33	20
2	Cosper, Scott	55	Victoria Masters Swim Club	28.04	27.32	17
3	Davies, Owen	57	White Rock Wave	38.76	39.29	16
---	Wilson, Russ	55	White Rock Wave	31.62	DQ	

**Event 12 Men 60-64 50 LC Meter Freestyle**

1	Hartford, Doug	61	Victoria Masters Swim Club	29.89	29.19	20
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**Event 12 Men 65-69 50 LC Meter Freestyle**

1	Harvey, Neil	68	Dogwood Masters Swim Club	35.70	34.37	20
2	Fortin, Jeff	66	Chilliwack Masters Swim Club	39.27	35.60	17
3	Evans, Philip	66	Ubc Masters Swim Club	36.72	36.07	16

**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 12 Men 70-74 50 LC Meter Freestyle**

1	Stamhuis, Michael	71	Vernon Masters Swim Club	31.62	30.46	20
2	Carmichael, Rod	73	Victoria Masters Swim Club	32.75	33.55	17
3	Rasmussen, Steve	70	Winskill Otters Masters	36.21	33.79	16
4	Uncles, Paul	71	White Rock Wave	35.64	34.70	15
5	Meret, Paolo	70	Royal Masters Swim Club	1:08.34	57.79	14

**Event 12 Men 75-79 50 LC Meter Freestyle**

1	Burvill, Ian	78	Nanaimo Ebbtides	40.80	36.41	20
2	Reeder, Neil	76	Chilliwack Masters Swim Club	37.50	37.64	17

**Event 13 Mixed 120-159 200 LC Meter Freestyle Relay**

1	Breakwater Masters Swim Club	A	1:59.00	2:00.46	40
	1) Brick, Alan M44	2) Warren, Brandon M31	3) Saulsgiver, Caitlin W31	4) Brod, Heloiza W37	
2	Victoria Masters Swim Club	A	2:14.00	2:03.89	34
	1) Robinson, Dale M50	2) Garriock, Tamara W32	3) Ahluwalia, Hannah W26	4) Cosper, Scott M55	
3	Dogwood Masters Swim Club	A	2:30.00	2:17.56	32
	1) Neil, Lorne M52	3) Choy, Karen W42	4) Ramsay, George M25		

**Event 13 Mixed 160-199 200 LC Meter Freestyle Relay**

1	Hyack Swim Club	A	1:55.00	1:55.37	40
	1) Lock, John M41	2) Uunila, Kathryn W39	3) Mercer, Vance M49	4) Geisheimer, Kelly W41	
2	WestShore Masters Swim Club	A	2:41.00	2:08.04	34
	1) Kukovica, Jacob M31	2) Anderson, Catherine W38	3) Dolf, Scott M53	4) Won, Jayne W40	

**Event 13 Mixed 240-279 200 LC Meter Freestyle Relay**

---	Nanaimo Ebbtides	A	2:35.79	DQ	
	1) Clapham, Karlene W55	2) van Muijlwijk, Jesse M63	3) Ryan, Nancy W76	4) Burvill, Ian M78	

**Event 13 Mixed 320-359 200 LC Meter Freestyle Relay**

1	White Rock Wave	A	3:45.00	3:49.70	40
	1) Dykstra, Aldert M84	2) Clarkson, Rita W70	3) Scanlon, Paul M72	4) Brussel, Betty W100	

**Event 14 Men 120-159 200 LC Meter Freestyle Relay**

1	English Bay Swim Club	A	2:05.00	2:03.74	40
	1) Downing, Michael M56	2) Yee, Albert M40	3) Pond, Nicholas M37	4) Gibson, Ryan M29	
2	Victoria Masters Swim Club	A	2:15.00	2:11.74	34
	1) Kremer, Peter M56	2) Carmichael, Rod M73	3) Hartford, Doug M61	4) Downey, James M64	

**Event 14 Men 160-199 200 LC Meter Freestyle Relay**

1	Nanaimo Ebbtides	A	2:25.85	2:14.19	40
	1) Riddell, Marc M50	2) Rea-Palmer, Simon M44	3) Batara, Magnus M33	4) Davidson, Tyler M40	
2	Coast Swim Team	A	2:46.00	2:31.33	34
	1) Chiu, Kelvin M42	2) Quezada, Jose M54	3) Chang, Johann M38	4) Kenzikeyev, Klimentiy M38	
3	Royal Masters Swim Club	A	2:54.00	2:56.51	32
	1) Liberati, Sergio M29	2) Meret, Paolo M70	3) Basra, Nav M40	4) Bhogal, Amman M42	

**Event 14 Men 200-239 200 LC Meter Freestyle Relay**

1	White Rock Wave	A	2:15.00	2:17.34	40
	1) Davies, Owen M57	2) Wilson, Russ M55	3) Uncles, Paul M71	4) Messcu, Will M23	

**Event 15 Women 100-119 200 LC Meter Freestyle Relay**

1	English Bay Swim Club	A	2:05.00	2:07.44	40
	1) Garriock, Natalia W28	2) Ardizzi, Madison W31	3) Brazier, Meghan W30	4) Nielsen, Sadie W30	

**Event 15 Women 120-159 200 LC Meter Freestyle Relay**

1	Winskill Otters Masters	A	2:20.00	2:15.33	40
	1) Winstanley, Kandice W46	2) Mason, Nichola W46	3) Kolstad, Nicole W37	4) Rodriguez Dimitrescu, Alexan W3	

**Victoria Masters Long Course - 1/20/2024****Results - Saturday****(Event 15 Women 120-159 200 LC Meter Freestyle Relay)**

2 Victoria Masters Swim Club	A	2:21.00	2:36.25	34
1) Bartle, Darlana W40	2) Black, Shannon W46	3) Rhodes, Avila W68	4) Westmacott, Lauren W45	
3 Nanaimo Ebbtides	A	2:40.36	2:39.68	32
1) Williams, Kristy W41	2) Arruda-Holder, Brittany W36	3) Colasanto, Jessica W56	4) Larsen, Kayla W31	

**Event 15 Women 160-199 200 LC Meter Freestyle Relay**

1 Nanaimo Ebbtides	A	2:20.74	2:16.71	40
1) Pendergast, Anna W20	2) Knox, Kylie W29	3) Bugey, Melanie W32	4) Pendergast, Christina W47	
2 Royal Masters Swim Club	A	3:40.00	2:42.74	34
1) Harper, Nicole W46	2) Wyatt, Sharon W58	3) Arora, Rosy W30	4) Steele, Sarah W41	
3 Coast Swim Team	B	2:48.00	2:53.84	32
1) Pedley, Sarah W47	2) Pedley, Nadia W47	3) Fogg, Anna W36	4) Furlanetto, Francesca W45	
4 Coast Swim Team	A	4:21.00	3:20.45	30
1) Coombs, Katie W37	2) Langford, Keely W40	3) Tso, Phyllis W43	4) Cruz, Fernanda W33	

**Event 15 Women 200-239 200 LC Meter Freestyle Relay**

1 Coast Swim Team	A	2:26.00	2:24.80	40
1) Wallace, Victoria W56	2) Clark, Julie W50	3) Guevremont, MC W56	4) O'Connell, Meghan W40	

**Event 15 Women 240-279 200 LC Meter Freestyle Relay**

1 White Rock Wave	A	2:55.00	2:51.79	40
1) Steer, Carina W62	2) Easton, Wendy W57	3) Gould, Ingrid W71	4) Beer, Heike W56	

**Event 16 Women 18-24 50 LC Meter Backstroke**

1 Pendergast, Anna	20 Nanaimo Ebbtides	38.76	38.06	20
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**Event 16 Women 30-34 50 LC Meter Backstroke**

1 Larsen, Kayla	31 Nanaimo Ebbtides	1:01.20	48.74	20
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**Event 16 Women 35-39 50 LC Meter Backstroke**

1 Coombs, Katie	37 Coast Swim Team	1:15.89	1:14.09	20
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**Event 16 Women 40-44 50 LC Meter Backstroke**

1 O'Connell, Meghan	40 Coast Swim Team	41.31	41.44	20
2 Bartle, Darlana	40 Victoria Masters Swim Club	40.50	42.23	17
3 McHale, Kristin	42 Breakwater Masters Swim Club	55.00	45.14	16
4 Choy, Karen	42 Dogwood Masters Swim Club	49.00	48.11	15

**Event 16 Women 45-49 50 LC Meter Backstroke**

1 Ouchi, Robynne	47 Vernon Masters Swim Club	36.40	37.99	20
2 Tucker, Kylie	49 Vernon Masters Swim Club	56.10	47.50	17
3 Curran, Rhonda Lee	48 University of Alberta Masters	49.98	50.47	16
4 Black, Shannon	46 Victoria Masters Swim Club	1:11.40	1:07.14	15

**Event 16 Women 50-54 50 LC Meter Backstroke**

1 Clark, Julie	50 Coast Swim Team	41.82	38.76	20
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**Event 16 Women 55-59 50 LC Meter Backstroke**

1 Colasanto, Jessica	56 Nanaimo Ebbtides	51.00	44.52	20
2 Beer, Heike	56 White Rock Wave	46.92	46.02	17
3 Atkey, Susan	55 Coast Swim Team	47.45	46.98	16
4 Waters, Lianne	59 WestShore Masters Swim Club	48.96	47.91	15
5 Guevremont, MC	56 Coast Swim Team	49.47	49.97	14
6 Milligan, Sandra	57 Campbell River Killer Whales	53.89	56.27	13
7 Wyatt, Sharon	58 Royal Masters Swim Club	1:11.40	1:18.53	12

**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 16 Women 60-64 50 LC Meter Backstroke**

1	Gilewicz, Denise	61	Saskatoon Goldfins Swim Club	45.55	44.70	20
2	Steer, Carina	62	White Rock Wave	48.96	49.36	17
3	Buckham, Lisa	60	Chilliwack Masters Swim Club	1:06.30	1:03.42	16

**Event 16 Women 65-69 50 LC Meter Backstroke**

1	Gunn-Allard, Joan	69	Cochrane Masters Swim Club	47.94	46.36	20
2	Stanley Wilson, Linda	66	White Rock Wave	50.28	50.01	17
3	Morinville, Carole	67	Victoria Masters Swim Club	1:05.72	1:01.64	16
4	Reade, Beth	67	Victoria Masters Swim Club	1:10.00	1:03.16	15

**Event 16 Women 70-74 50 LC Meter Backstroke**

1	Clarkson, Rita	70	White Rock Wave	2:18.68	1:13.38	20
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**Event 16 Women 75-79 50 LC Meter Backstroke**

1	Ryan, Nancy	76	Nanaimo Ebttides	1:01.20	51.99	20
2	Inglis, Morven	77	Victoria Masters Swim Club	1:14.46	1:08.34	17

**Event 16 Women 80-84 50 LC Meter Backstroke**

1	Papadopoulos, Kenna	83	Winkill Otters Masters	1:19.56	1:18.05	20
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**Event 16 Women 100-104 50 LC Meter Backstroke**

1	Brussel, Betty	100	White Rock Wave	1:22.03	1:24.91	20
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**Event 16 Men 25-29 50 LC Meter Backstroke**

1	Jakac-Sinclair, Michael	27	Dogwood Masters Swim Club	40.80	34.50	20
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**Event 16 Men 30-34 50 LC Meter Backstroke**

1	Hiscock, Matthew	33	Victoria Masters Swim Club	38.76	37.64	20
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**Event 16 Men 35-39 50 LC Meter Backstroke**

1	Komkov, Ivan	36	Royal Masters Swim Club	1:08.34	1:01.02	20
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**Event 16 Men 45-49 50 LC Meter Backstroke**

1	Kitano, David	48	Breakwater Masters Swim Club	45.90	45.81	20
2	Gilman, Jonathan	48	Kisu Swim Club	51.00	48.56	17

**Event 16 Men 50-54 50 LC Meter Backstroke**

1	Dolff, Scott	53	WestShore Masters Swim Club	37.74	36.56	20
2	Neil, Lorne	52	Dogwood Masters Swim Club	40.80	39.58	17
3	Quezada, Jose	54	Coast Swim Team	1:09.26	1:12.38	16

**Event 16 Men 55-59 50 LC Meter Backstroke**

1	Saretsky, Barry	55	Edmonton Masters Swim Club	34.00	32.54	20
2	Davies, Owen	57	White Rock Wave	46.92	53.05	17

**Event 16 Men 65-69 50 LC Meter Backstroke**

1	Harvey, Neil	68	Dogwood Masters Swim Club	39.78	38.57	20
2	O'Melinn, Lorcan	68	Hyack Swim Club	45.04	44.85	17

**Event 16 Men 70-74 50 LC Meter Backstroke**

1	Huerta, Salavador	74	North Shore Masters	47.13	43.79	20
2	Uncles, Paul	71	White Rock Wave	45.90	48.86	17
3	Scanlon, Paul	72	White Rock Wave	52.00	54.72	16
4	Meret, Paolo	70	Royal Masters Swim Club	1:20.58	1:22.39	15

**Event 17 Women 35-39 200 LC Meter Butterfly**

1	Rodriguez Dimitrescu, Alexan	39	Winkill Otters Masters	3:14.31	2:50.67	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 17 Men 45-49 200 LC Meter Butterfly**

1	Ouchi, Kurt	49	Vernon Masters Swim Club	2:43.20	2:31.53	20
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**Event 17 Men 75-79 200 LC Meter Butterfly**

1	Dowling, Mike	77	North Shore Masters	4:39.26	4:58.61	20
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**Event 18 Women 25-29 100 LC Meter Freestyle**

1	Knox, Kylie	29	Nanaimo Ebbtides	1:26.70	1:22.34	20
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**Event 18 Women 30-34 100 LC Meter Freestyle**

1	Austin, Dominique	30	Squamish Titans Athletic Club	1:16.50	1:06.62	20
2	Buggey, Melanie	32	Nanaimo Ebbtides	1:15.48	1:13.67	17
3	Nielsen, Sadie	30	English Bay Swim Club	1:16.50	1:15.58	16
4	Saulsgiver, Caitlin	31	Breakwater Masters Swim Club	1:16.50	1:17.80	15
5	Arora, Rosy	30	Royal Masters Swim Club	1:42.00	1:27.44	14
6	Cruz, Fernanda	33	Coast Swim Team	2:02.40	1:56.73	13

**Event 18 Women 35-39 100 LC Meter Freestyle**

1	Fogg, Anna	36	Coast Swim Team	1:39.96	1:35.36	20
2	Coombs, Katie	37	Coast Swim Team	2:12.63	2:12.19	17

**Event 18 Women 40-44 100 LC Meter Freestyle**

1	Bartle, Darlana	40	Victoria Masters Swim Club	1:13.00	1:16.70	20
2	Darvill, Kathleen	43	WestShore Masters Swim Club	1:22.34	1:22.91	17
3	Steele, Sarah	41	Royal Masters Swim Club	1:32.31	1:29.70	16
4	Choy, Karen	42	Dogwood Masters Swim Club	1:35.00	1:31.27	15
5	Langford, Keely	40	Coast Swim Team	1:33.84	1:36.00	14
6	McHale, Kristin	42	Breakwater Masters Swim Club	2:00.00	1:38.09	13
7	Tso, Phyllis	43	Coast Swim Team	2:02.40	1:50.91	12

**Event 18 Women 45-49 100 LC Meter Freestyle**

1	Pendergast, Christina	47	Nanaimo Ebbtides	1:17.52	1:13.68	20
2	Winstanley, Kandice	46	Winskill Otters Masters	1:18.24	1:15.43	17
3	Harper, Nicole	46	Royal Masters Swim Club	1:21.61	1:20.18	16
4	Mason, Nichola	46	Winskill Otters Masters	1:29.83	1:32.94	15
5	Pedley, Sarah	47	Coast Swim Team	1:29.76	1:33.29	14
6	Furlanetto, Francesca	45	Coast Swim Team	1:47.10	1:41.03	13
7	Pedley, Nadia	47	Coast Swim Team	1:52.20	1:45.37	12
8	Black, Shannon	46	Victoria Masters Swim Club	3:03.60	2:08.67	11

**Event 18 Women 50-54 100 LC Meter Freestyle**

1	Clark, Julie	50	Coast Swim Team	1:15.79	1:14.00	20
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**Event 18 Women 55-59 100 LC Meter Freestyle**

1	Clapham, Karlene	55	Nanaimo Ebbtides	1:28.74	1:22.98	20
2	Wallace, Victoria	56	Coast Swim Team	1:29.00	1:26.54	17
3	Milligan, Sandra	57	Campbell River Killer Whales	1:34.30	1:37.05	16
4	Wyatt, Sharon	58	Royal Masters Swim Club	2:02.40	2:10.83	15

**Event 18 Women 60-64 100 LC Meter Freestyle**

1	Chafe, Susan	64	Edmonton Masters Swim Club	1:19.22	1:18.69	20
2	Gilewicz, Denise	61	Saskatoon Goldfins Swim Club	1:22.47	1:20.03	17

**Event 18 Women 65-69 100 LC Meter Freestyle**

1	Rhodes, Avila	68	Victoria Masters Swim Club	1:26.70	1:22.46	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 18 Women 70-74 100 LC Meter Freestyle**

1	Clarkson, Rita	70	White Rock Wave	1:16.50	2:15.15	20
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**Event 18 Women 75-79 100 LC Meter Freestyle**

1	Inglis, Morven	77	Victoria Masters Swim Club	2:33.00	2:00.45	20
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**Event 18 Women 80-84 100 LC Meter Freestyle**

1	Lopez, Georgina	80	North Shore Masters	1:34.10	1:38.29	20
2	Papadopoulos, Kenna	83	Winskill Otters Masters	2:07.11	2:14.88	17

**Event 18 Men 25-29 100 LC Meter Freestyle**

1	Ramsay, George	25	Dogwood Masters Swim Club	58.14	56.26	20
2	Gibson, Ryan	29	English Bay Swim Club	1:10.38	1:10.91	17
3	Milligan, Connor	28	Dogwood Masters Swim Club	1:13.44	1:13.13	16

**Event 18 Men 30-34 100 LC Meter Freestyle**

1	Kukovica, Jacob	31	WestShore Masters Swim Club	1:00.18	57.46	20
2	Warren, Brandon	31	Breakwater Masters Swim Club	1:03.24	1:01.67	17

**Event 18 Men 35-39 100 LC Meter Freestyle**

1	Minielly, Ken	37	Hyack Swim Club	1:04.14	1:04.54	20
2	Kenzikeyev, Klimentiy	38	Coast Swim Team	1:23.00	1:16.07	17
3	Pond, Nicholas	37	English Bay Swim Club	1:19.56	1:17.87	16
4	Komkov, Ivan	36	Royal Masters Swim Club	2:02.40	1:44.53	15

**Event 18 Men 40-44 100 LC Meter Freestyle**

1	Brick, Alan	44	Breakwater Masters Swim Club	1:03.24	1:01.76	20
2	Yee, Albert	40	English Bay Swim Club	1:16.50	1:11.58	17
3	Bhagal, Amman	42	Royal Masters Swim Club	1:16.50	1:15.19	16
4	Chiu, Kelvin	42	Coast Swim Team	1:18.54	1:18.14	15
5	Davidson, Tyler	40	Nanaimo Ebbtides	1:31.80	1:21.97	14
6	Rea-Palmer, Simon	44	Nanaimo Ebbtides	1:37.92	1:26.22	13
7	Basra, Nav	40	Royal Masters Swim Club	1:36.90	1:29.71	12

**Event 18 Men 50-54 100 LC Meter Freestyle**

1	Kennedy, Mark	52	Ubc Masters Swim Club	1:02.73	1:01.85	20
2	Quezada, Jose	54	Coast Swim Team	1:52.04	1:42.68	17

**Event 18 Men 55-59 100 LC Meter Freestyle**

1	Cosper, Scott	55	Victoria Masters Swim Club	1:02.22	1:00.44	20
2	Downing, Michael	56	English Bay Swim Club	1:08.34	1:08.90	17

**Event 18 Men 60-64 100 LC Meter Freestyle**

1	Hartford, Doug	61	Victoria Masters Swim Club	1:09.10	1:05.74	20
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**Event 18 Men 65-69 100 LC Meter Freestyle**

1	McGowan, Patrick	67	English Bay Swim Club	1:22.62	1:18.34	20
2	Evans, Philip	66	Ubc Masters Swim Club	1:29.76	1:24.75	17

**Event 18 Men 70-74 100 LC Meter Freestyle**

1	Meret, Paolo	70	Royal Masters Swim Club	2:27.90	2:18.86	20
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**Event 18 Men 75-79 100 LC Meter Freestyle**

1	Burvill, Ian	78	Nanaimo Ebbtides	1:45.06	1:34.22	20
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**Event 19 Women 18-24 100 LC Meter Backstroke**

1	Pendergast, Anna	20	Nanaimo Ebbtides	1:23.64	1:22.70	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 19 Women 25-29 100 LC Meter Backstroke**

1	Garriock, Natalia	28	English Bay Swim Club	1:16.50	1:15.89	20
2	Ahluwalia, Hannah	26	Victoria Masters Swim Club	1:35.17	1:28.41	17

**Event 19 Women 30-34 100 LC Meter Backstroke**

1	Nielsen, Sadie	30	English Bay Swim Club	1:26.70	1:26.52	20
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**Event 19 Women 35-39 100 LC Meter Backstroke**

1	Uunila, Kathryn	39	Hyack Swim Club	1:31.80	1:21.50	20
2	Kolstad, Nicole	37	Winskill Otters Masters	1:33.32	1:30.86	17

**Event 19 Women 40-44 100 LC Meter Backstroke**

1	O'Connell, Meghan	40	Coast Swim Team	1:27.21	1:27.52	20
---	McHale, Kristin	42	Breakwater Masters Swim Club	2:30.00	DQ	

**Event 19 Women 45-49 100 LC Meter Backstroke**

1	Ouchi, Robynne	47	Vernon Masters Swim Club	1:25.49	1:25.93	20
2	Furlanetto, Francesca	45	Coast Swim Team	1:48.69	1:54.24	17

**Event 19 Women 55-59 100 LC Meter Backstroke**

1	Norris, Tara	57	Victoria Masters Swim Club	1:52.20	1:40.93	20
2	Waters, Lianne	59	WestShore Masters Swim Club	1:52.20	1:45.57	17

**Event 19 Women 60-64 100 LC Meter Backstroke**

1	Brown, Janis	63	Dogwood Masters Swim Club	NT	1:29.47	20
2	Gilewicz, Denise	61	Saskatoon Goldfins Swim Club	1:41.58	1:40.85	17
3	Wilson, Dawn	64	Victoria Masters Swim Club	1:42.00	1:50.54	16
4	Pozniak, Gail	64	White Rock Wave	2:02.40	1:52.02	15

**Event 19 Women 65-69 100 LC Meter Backstroke**

1	Gunn-Allard, Joan	69	Cochrane Masters Swim Club	1:45.06	1:47.57	20
2	Stanley Wilson, Linda	66	White Rock Wave	1:51.06	1:48.92	17
3	Morinville, Carole	67	Victoria Masters Swim Club	2:23.11	2:14.35	16

**Event 19 Women 75-79 100 LC Meter Backstroke**

1	Ryan, Nancy	76	Nanaimo Ebbtides	2:10.00	1:58.25	20
2	Inglis, Morven	77	Victoria Masters Swim Club	2:43.20	2:27.45	17

**Event 19 Men 35-39 100 LC Meter Backstroke**

1	Komkov, Ivan	36	Royal Masters Swim Club	2:33.00	2:33.26	20
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**Event 19 Men 45-49 100 LC Meter Backstroke**

1	Gilman, Jonathan	48	Kisu Swim Club	1:52.20	1:45.34	20
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**Event 19 Men 50-54 100 LC Meter Backstroke**

1	de Rosnay, Emile	51	Dogwood Masters Swim Club	1:21.60	1:19.78	20
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**Event 19 Men 60-64 100 LC Meter Backstroke**

1	Downey, James	64	Victoria Masters Swim Club	1:32.36	1:35.54	20
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**Event 19 Men 65-69 100 LC Meter Backstroke**

1	Harvey, Neil	68	Dogwood Masters Swim Club	1:26.70	1:27.84	20
2	O'Melinn, Lorcan	68	Hyack Swim Club	1:42.00	1:42.78	17

**Event 19 Men 70-74 100 LC Meter Backstroke**

1	Huerta, Salvador	74	North Shore Masters	1:44.39	1:43.73	20
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**Event 20 Women 30-34 200 LC Meter Freestyle**

1	Garriock, Tamara	32	Victoria Masters Swim Club	2:33.00	2:29.79	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****(Event 20 Women 30-34 200 LC Meter Freestyle)**

2	Brazier, Meghan	30	English Bay Swim Club	2:33.00	2:33.84	17
3	Larsen, Kayla	31	Nanaimo Ebbtides	3:24.00	3:32.22	16
4	Cruz, Fernanda	33	Coast Swim Team	4:15.00	4:11.90	15

**Event 20 Women 35-39 200 LC Meter Freestyle**

1	Fogg, Anna	36	Coast Swim Team	3:29.10	3:24.15	20
2	Arruda-Holder, Brittany	36	Nanaimo Ebbtides	3:54.60	4:01.36	17

**Event 20 Women 40-44 200 LC Meter Freestyle**

1	Williams, Kristy	41	Nanaimo Ebbtides	3:00.00	3:15.27	20
2	Tso, Phyllis	43	Coast Swim Team	4:35.40	4:29.29	17

**Event 20 Women 45-49 200 LC Meter Freestyle**

1	Winstanley, Kandice	46	Winskill Otters Masters	2:55.60	2:52.37	20
2	Curran, Rhonda Lee	48	University of Alberta Masters	3:34.20	3:40.15	17

**Event 20 Women 55-59 200 LC Meter Freestyle**

1	Colasanto, Jessica	56	Nanaimo Ebbtides	3:13.80	3:11.98	20
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**Event 20 Men 30-34 200 LC Meter Freestyle**

1	Kukovica, Jacob	31	WestShore Masters Swim Club	2:12.60	2:13.71	20
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**Event 20 Men 35-39 200 LC Meter Freestyle**

1	Monk, James	38	Winskill Otters Masters	2:28.93	2:21.68	20
2	Pond, Nicholas	37	English Bay Swim Club	2:53.40	2:58.38	17
3	Kenzikeyev, Klimentiy	38	Coast Swim Team	3:00.00	3:00.35	16

**Event 20 Men 40-44 200 LC Meter Freestyle**

1	Davidson, Tyler	40	Nanaimo Ebbtides	3:24.00	3:08.09	20
2	Rea-Palmer, Simon	44	Nanaimo Ebbtides	3:31.80	3:16.39	17

**Event 20 Men 45-49 200 LC Meter Freestyle**

1	Mercer, Vance	49	Hyack Swim Club	2:23.91	2:28.35	20
2	Kitano, David	48	Breakwater Masters Swim Club	2:53.40	2:57.35	17

**Event 20 Men 50-54 200 LC Meter Freestyle**

1	So, Jack	51	Aurora Master Ducks	3:07.68	3:07.95	20
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**Event 20 Men 60-64 200 LC Meter Freestyle**

1	van Muijlwijk, Jesse	63	Nanaimo Ebbtides	3:13.80	3:23.45	20
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**Event 20 Men 65-69 200 LC Meter Freestyle**

1	O'Melinn, Lorcan	68	Hyack Swim Club	3:18.88	3:15.91	20
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**Event 20 Men 70-74 200 LC Meter Freestyle**

1	Rasmussen, Steve	70	Winskill Otters Masters	3:14.31	2:55.38	20
2	Scanlon, Paul	72	White Rock Wave	3:39.30	3:35.03	17

**Event 21 Women 25-29 50 LC Meter Breaststroke**

1	Garriock, Natalia	28	English Bay Swim Club	43.86	40.30	20
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**Event 21 Women 30-34 50 LC Meter Breaststroke**

1	Saulsgiver, Caitlin	31	Breakwater Masters Swim Club	43.35	43.99	20
2	Larsen, Kayla	31	Nanaimo Ebbtides	49.98	50.34	17
3	Cruz, Fernanda	33	Coast Swim Team	1:01.20	1:06.04	16

**Event 21 Women 35-39 50 LC Meter Breaststroke**

1	Brod, Heloiza	37	Breakwater Masters Swim Club	40.80	40.79	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****(Event 21 Women 35-39 50 LC Meter Breaststroke)**

2	Coombs, Katie	37	Coast Swim Team	1:19.78	1:20.02	17
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**Event 21 Women 40-44 50 LC Meter Breaststroke**

1	Langford, Keely	40	Coast Swim Team	53.04	51.27	20
2	Choy, Karen	42	Dogwood Masters Swim Club	53.00	54.33	17
3	McHale, Kristin	42	Breakwater Masters Swim Club	1:00.00	55.12	16
4	Tso, Phyllis	43	Coast Swim Team	1:31.80	1:11.58	15

**Event 21 Women 45-49 50 LC Meter Breaststroke**

1	Pendergast, Christina	47	Nanaimo Ebbtides	45.90	39.28	20
2	Harper, Nicole	46	Royal Masters Swim Club	48.04	46.06	17
3	Westmacott, Lauren	45	Victoria Masters Swim Club	45.90	46.20	16
4	Mason, Nichola	46	Winskill Otters Masters	50.68	48.95	15
5	Tucker, Kylie	49	Vernon Masters Swim Club	59.16	52.33	14
6	Pedley, Nadia	47	Coast Swim Team	56.10	58.74	13

**Event 21 Women 50-54 50 LC Meter Breaststroke**

1	Clark, Julie	50	Coast Swim Team	49.98	48.14	20
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**Event 21 Women 55-59 50 LC Meter Breaststroke**

1	Guevremont, MC	56	Coast Swim Team	51.51	49.99	20
2	Wallace, Victoria	56	Coast Swim Team	56.00	50.04	17
3	Easton, Wendy	57	White Rock Wave	56.10	57.17	16

**Event 21 Women 60-64 50 LC Meter Breaststroke**

1	Buckham, Lisa	60	Chilliwack Masters Swim Club	1:24.66	1:22.66	20
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**Event 21 Women 65-69 50 LC Meter Breaststroke**

1	Stanley Wilson, Linda	66	White Rock Wave	55.37	55.68	20
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**Event 21 Women 70-74 50 LC Meter Breaststroke**

---	Clarkson, Rita	70	White Rock Wave	1:16.50	DQ	
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**Event 21 Women 80-84 50 LC Meter Breaststroke**

1	Lopez, Georgina	80	North Shore Masters	56.36	56.59	20
2	Papadopoulos, Kenna	83	Winskill Otters Masters	1:14.46	1:14.98	17

**Event 21 Women 100-104 50 LC Meter Breaststroke**

1	Brussel, Betty	100	White Rock Wave	1:57.91	1:56.22	20
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**Event 21 Men 25-29 50 LC Meter Breaststroke**

1	Ramsay, George	25	Dogwood Masters Swim Club	32.64	31.60	20
2	Jakac-Sinclair, Michael	27	Dogwood Masters Swim Club	39.78	36.17	17
3	Liberati, Sergio	29	Royal Masters Swim Club	39.78	40.52	16
4	Milligan, Connor	28	Dogwood Masters Swim Club	44.88	44.08	15
5	Gibson, Ryan	29	English Bay Swim Club	41.82	44.16	14

**Event 21 Men 30-34 50 LC Meter Breaststroke**

1	Batara, Magnus	33	Nanaimo Ebbtides	46.33	36.64	20
2	Hiscock, Matthew	33	Victoria Masters Swim Club	47.94	49.52	17

**Event 21 Men 35-39 50 LC Meter Breaststroke**

1	Chang, Johann	38	Coast Swim Team	45.90	42.44	20
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**Event 21 Men 40-44 50 LC Meter Breaststroke**

1	Yee, Albert	40	English Bay Swim Club	45.90	38.26	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 21 Men 50-54 50 LC Meter Breaststroke**

1	Kennedy, Mark	52	Ubc Masters Swim Club	36.62	35.25	20
2	Dolff, Scott	53	WestShore Masters Swim Club	38.76	37.88	17
3	Velikiy, Sergey	51	Aurora Master Ducks	46.00	44.54	16

**Event 21 Men 55-59 50 LC Meter Breaststroke**

1	Cosper, Scott	55	Victoria Masters Swim Club	36.20	35.10	20
2	Saretsky, Barry	55	Edmonton Masters Swim Club	35.19	36.19	17
3	Davies, Owen	57	White Rock Wave	47.94	52.09	16

**Event 21 Men 60-64 50 LC Meter Breaststroke**

1	Lewis, Barry	62	Edmonton Masters Swim Club	37.89	38.38	20
2	Hartford, Doug	61	Victoria Masters Swim Club	39.52	40.16	17
3	van Muijlwijk, Jesse	63	Nanaimo Ebttides	42.84	44.16	16

**Event 21 Men 70-74 50 LC Meter Breaststroke**

1	Uncles, Paul	71	White Rock Wave	44.26	42.70	20
2	Huerta, Salvador	74	North Shore Masters	46.23	49.46	17

**Event 21 Men 75-79 50 LC Meter Breaststroke**

1	Burvill, Ian	78	Nanaimo Ebttides	45.90	50.37	20
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**Event 22 Men 18-24 1500 LC Meter Freestyle**

1	Messcu, Will	23	White Rock Wave	20:24.00	22:15.71	20
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**Event 22 Men 30-34 1500 LC Meter Freestyle**

1	Warren, Brandon	31	Breakwater Masters Swim Club	20:24.00	20:16.28	20
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**Event 22 Men 35-39 1500 LC Meter Freestyle**

1	Monk, James	38	Winskill Otters Masters	21:24.19	19:21.55	20
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**Event 22 Men 40-44 1500 LC Meter Freestyle**

1	Lock, John	41	Hyack Swim Club	22:00.00	21:41.28	20
2	Davidson, Tyler	40	Nanaimo Ebttides	35:42.00	27:55.94	17
3	Arturo, Torres	42	Coast Swim Team	30:24.78	28:25.23	16

**Event 22 Men 45-49 1500 LC Meter Freestyle**

1	Gilman, Jonathan	48	Kisu Swim Club	26:31.20	27:01.85	20
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**Event 22 Men 50-54 1500 LC Meter Freestyle**

1	Robinson, Dale	50	Victoria Masters Swim Club	22:11.10	21:28.50	20
2	de Rosnay, Emile	51	Dogwood Masters Swim Club	22:47.61	22:13.45	17

**Event 22 Men 55-59 1500 LC Meter Freestyle**

1	Reeve, Tim	58	Coast Swim Team	29:34.80	28:09.79	20
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**Event 22 Men 60-64 1500 LC Meter Freestyle**

1	Downey, James	64	Victoria Masters Swim Club	24:10.44	24:22.09	20
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**Event 22 Men 70-74 1500 LC Meter Freestyle**

1	Stamhuis, Michael	71	Vernon Masters Swim Club	23:17.40	22:56.57	20
2	Scanlon, Paul	72	White Rock Wave	29:50.10	29:55.00	17

**Event 22 Men 75-79 1500 LC Meter Freestyle**

1	Dowling, Mike	77	North Shore Masters	26:59.10	26:57.13	20
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**Event 22 Men 80-84 1500 LC Meter Freestyle**

1	Dykstra, Aldert	84	White Rock Wave	35:42.00	34:40.20	20
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**Victoria Masters Long Course - 1/20/2024****Results - Saturday****Event 23 Women 35-39 1500 LC Meter Freestyle**

1	Rodriguez Dimitrescu, Alexan	39	Winskill Otters Masters	20:34.32	19:39.86	20
2	Deane, Marlaina	38	Squamish Titans Athletic Club	28:33.60	27:44.31	17
3	Arruda-Holder, Brittany	36	Nanaimo Ebbtides	33:39.60	31:58.85	16

**Event 23 Women 40-44 1500 LC Meter Freestyle**

1	Geisheimer, Kelly	41	Hyack Swim Club	20:26.69	19:58.57	20
2	Williams, Kristy	41	Nanaimo Ebbtides	27:00.00	26:26.66	17

**Event 23 Women 45-49 1500 LC Meter Freestyle**

1	Westmacott, Lauren	45	Victoria Masters Swim Club	23:12.30	23:17.83	20
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**Event 23 Women 55-59 1500 LC Meter Freestyle**

1	Atkey, Susan	55	Coast Swim Team	28:33.60	27:44.07	20
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**Event 23 Women 60-64 1500 LC Meter Freestyle**

1	Pozniak, Gail	64	White Rock Wave	30:20.70	28:15.62	20
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**Event 23 Women 70-74 1500 LC Meter Freestyle**

1	Gould, Ingrid	71	White Rock Wave	34:10.20	31:37.25	20
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**Event 522 Men 70-74 800 LC Meter Freestyle**

1	Stamhuis, Michael	71	Vernon Masters Swim Club	NT	12:13.04	
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**Combined Team Scores****Combined Team Scores - Through Event 522**

1.	Coast Swim Team	1512	2.	Nanaimo Ebbtides	1287
3.	Victoria Masters Swim Club	1220	4.	White Rock Wave	997
5.	English Bay Swim Club	762	6.	Dogwood Masters Swim Club	650
7.	Royal Masters Swim Club	545	8.	Winskill Otters Masters	524
9.	Breakwater Masters Swim Club	469	10.	WestShore Masters Swim Club	452
11.	Hyack Swim Club	445	12.	Vernon Masters Swim Club	247
13.	Edmonton Masters Swim Club	234	14.	North Shore Masters	214
15.	Squamish Titans Athletic Club	124	16.	Aurora Master Ducks	120
17.	Ubc Masters Swim Club	93	18.	Chilliwack Masters Swim Club	90
19.	Kisu Swim Club	77	19.	Cochrane Masters Swim Club	77
21.	Saskatoon Goldfins Swim Club	74	22.	University of Alberta Masters	67
23.	Campbell River Killer Whales	59	24.	Pacific Coast Swimming	40