

HOSTED BY WHITE ROCK WAVE

MSABC PROVINCIAL CHAMPIONSHIPS APRIL 19 - 21 2024

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ANNE WALSH
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TEAM AQUATIC
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RISE
swimsuits



FRIDAY, APRIL 19

WARM-UP 4:00 - 4:45 PM SPRINT/DIVE LANES OPEN 4:30 PM COMPETITION STARTS 5:00 PM		
EVENT NUMBER	EVENT	
1	1500 Freestyle	<i>Sponsored by Pacific Coast Distribution</i>
15 MINUTE BREAK *		
2	200 Breaststroke	<i>Sponsored by Invictus Games 2025</i>
15 MINUTE BREAK *		
3	400 Freestyle Relay—Mixed	<i>Sponsored by BC Fairs, Festivals, & Events</i>
4	400 Freestyle Relay—Female	<i>Sponsored by viaSport</i>
5	400 Freestyle Relay—Male	<i>Sponsored by Sport Surrey</i>

SATURDAY, APRIL 20

WARM-UP 9:00 - 9:45 AM SPRINT/DIVE LANES OPEN 9:30 AM COMPETITION STARTS 10:00 AM		
EVENT NUMBER	EVENT	
OPENING CEREMONIES		
6	400 Freestyle	<i>Sponsored by General Concrete</i>
15 MINUTE BREAK *		
7	100 Backstroke	<i>Sponsored by Val Eurton</i>
8	200 Butterfly	<i>Sponsored by City of Surrey</i>
9	200 Medley Relay—Mixed	<i>Sponsored by Pacific Sea Wolves</i>
10	200 Medley Relay—Female	<i>Sponsored by Anne Walsh Paintings</i>
11	200 Medley Relay—Male	<i>Sponsored by Ritz Catering</i>
30 MINUTE BREAK *		
12	100 Breaststroke	<i>Sponsored by Team Aquatic Supplies</i>
13	50 Freestyle	<i>Sponsored by Johnsen Archer LLP</i>
14	200 IM	<i>Sponsored by Pacific Coast Distribution</i>
15	50 Backstroke	<i>Sponsored by Aart Looye</i>
16	800 Freestyle Relay—Mixed	<i>Sponsored by Anne Walsh Paintings</i>
17	800 Freestyle Relay—Female	<i>Sponsored by Val Eurton</i>
18	800 Freestyle Relay—Male	<i>Sponsored by General Concrete</i>

SUNDAY, APRIL 21

WARM-UP 9:00 - 9:45 AM SPRINT/DIVE LANES OPEN 9:30 AM COMPETITION STARTS 10:00 AM		
EVENT NUMBER	EVENT	
19	800 Freestyle	<i>Sponsored by Hannah Walsh Films</i>
15 MINUTE BREAK *		
20	100 Butterfly	<i>Sponsored by O Swimwear</i>
21	200 Backstroke	<i>Sponsored by Open Water Graphics</i>
22	100 IM	<i>Sponsored by Physiomoves</i>
23	200 Freestyle	<i>Sponsored by Precision Graphics</i>
24	200 Freestyle Relay—Mixed	<i>Sponsored by Lululemon Morgan Crossing</i>
25	200 Freestyle Relay—Female	<i>Sponsored by Rise Swimsuits</i>
26	200 Freestyle Relay—Male	<i>Sponsored by Confetti Creative Celebrations</i>
30 MINUTE BREAK *		
27	50 Butterfly	<i>Sponsored by Sticker Mule</i>
28	400 IM	<i>Sponsored by Celia Hill</i>
29	50 Breaststroke	<i>Sponsored by LipsInc</i>
30	100 Freestyle	<i>Sponsored by Tingting Athletics</i>
31	400 Medley Relay—Mixed	<i>Sponsored by Ocean Park Safeway</i>
32	400 Medley Relay—Female	<i>Sponsored by Be Like Betty Fan Club</i>
33	400 Medley Relay—Male	<i>Sponsored by The Fast Guys</i>
*The Meet Manager reserves the right to adjust the timing & length of the breaks based on the progress of the meet.		

2024 MSABC PROVINCIAL CHAMPIONSHIPS

HOSTED BY WHITE ROCK WAVE AT GRANDVIEW HEIGHTS AQUATIC CENTRE

SCHEDULE OF EVENTS

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Event 2 Mixed 200 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
2	Buckham, Lisa	W60	CHIL	5:06.00
3	Conti, Valerie	W38	WRW	4:45.00
4	Furby, Susie	W62	WRW	4:15.00
5	Guevremont, MC	W56	CST	4:10.00
6	Stanley Wilson, Linda	W66	WRW	4:15.00
7	Komkov, Ivan	M36	ROYA	5:01.50
8	Holmwood, John	M70	VERN	4:32.81
9	Brichon, Alida	W83	WRW	5:06.47
Heat 2 of 5 Finals				
1	Reeder, Neil	M76	CHIL	4:00.00
2	Kay, Jane-Ann	W47	ROYA	3:55.00
3	Lauzé, Niki	W56	DRM	3:48.00
4	Atkey, Susan	W55	CST	3:38.00
5	Uncles, Paul	M71	WRW	3:35.00
6	Simpson, Gary	M65	CHIL	3:36.44
7	Wigzell, Katharine	W52	SKSC	3:40.00
8	Watson, Christa	W35	WIN	3:50.00
9	King, Justin	M26	RIDG	3:55.00
10	Buggey, Melanie	W32	NEBB	4:00.00
Heat 3 of 5 Finals				
1	Connolly, Aoife	W40	DRM	3:30.00
2	Harper, Nicole	W46	ROYA	3:30.00
3	Chang, Johann	M38	CST	3:28.00
4	Brewis, Mya	W37	EBMS	3:25.00
5	Hamed-Shamaei, Taghi	M68	CHIL	3:21.44
6	Gilman, Jonathan	M48	KISU	3:21.52
7	West, Alethea	W22	NEBB	3:27.79
8	Clapham, Karlene	W55	NEBB	3:28.81
9	Kim, Andrew	M34	LGCY	3:30.00
10	Mason, Nichola	W46	WIN	3:30.49
Heat 4 of 5 Finals				
1	Hartford, Doug	M61	VICM	3:15.00
2	Severns, Chris	M63	WRW	3:14.59
3	Howie, Sophia	W18	WRW	3:10.00
4	Tatlow, Dionne	W39	KISU	3:08.00
5	Langer, Mark	M55	CHIL	3:05.26
6	Uunila, Kathryn	W39	HYAC	3:06.24
7	Batara, Magnus	M33	NEBB	3:08.14
8	Hamilton, Gary	M64	LGCY	3:10.00
9	Bruce, Olwyn	W52	YGMS	3:15.00
10	Stark, Allen	M75	001-	3:20.15
Heat 5 of 5 Finals				
1	Pendergast, Christina	W47	NEBB	3:00.00
2	Aamodt, Tor	M51	CDSC	2:50.00
3	Lock, John	M41	HYAC	2:43.43
4	Freiberger, Brandon	M26	WIN	2:40.00
5	Benson, Andrew	M35	EBMS	2:38.70
6	Ramsay, George	M25	DOGW	2:40.00
7	Iliscupidez, Bryan	M34	HYAC	2:41.03
8	Yee, Albert	M40	EBMS	2:50.00
9	Score, Serge	M63	DOGW	2:50.50
10	Scott, Stewart	M41	CST	3:00.00

Event 3 Mixed 400 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
1	DRM	X280 A	6:08.00
	1) York, Teri W69	2) Ray, Arthur M83	
	3) Rogers, Jan W68	4) Hamm, Douglas M63	
2	DRM	X200 A	6:02.00
	1) Murray, Candace W54	2) Moore, David M73	
	3) Connolly, Aoife W40	4) Visser, Alex M36	
3	CST	X160 A	5:57.00
	1) Atkey, Susan W55	2) Pedley, Sarah W47	
	3) Torres, Arturo M42	4) Chang, Johann M38	
4	VERN	X240 A	4:35.00
	1) Long, David M65	2) Butler, Megan W59	
	3) Ouchi, Robynne W47	4) Stamhuis, Michael M71	
5	HYAC	X160 A	4:10.17
	1) Geisheimer, Kelly W41	2) Lock, John M41	
	3) Uunila, Kathryn W39	4) Mercer, Vance M49	
6	WIN	X120 A	4:15.79
	1) Freiberger, Brandon M26	2) Rodriguez Dimitrescu, Alexan W	
	3) Watson, Christa W35	4) Monk, James M38	
7	NSM	X160 A	5:23.22
	1) Toro, Esteban M30	2) Montoya, Pam W29	
	3) Lloyd, Megan W55	4) Dowling, Mike M77	
8	ROYA	X120 A	5:59.00
	1) Arora, Rosy W30	2) Komkov, Ivan M36	
	3) Steele, Sarah W41	4) Bhogal, Amman M42	
9	CHIL	X240 A	6:03.00
	1) Langer, Mark M55	2) Simpson, Gary M65	
	3) Quick, Paula W72	4) Bientjes, Kim W50	

Event 4 Women 400 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
4	WRW	W200 A	5:20.00
	1) Pozniak, Gail W64	2) Stanley Wilson, Linda W66	
	3) Eroglu, Biricik W40	4) Beer, Heike W56	
5	NEBB	W72 A	4:50.00
	1) West, Alethea W22	2) Pendergast, Anna W20	
	3) Buggey, Melanie W32	4) Carrier, Maya W21	
6	NEBB	W160 A	5:20.00
	1) Knox, Kylie W29	2) Clapham, Karlene W55	
	3) Colasanto, Jessica W56	4) Pendergast, Christina W47	
7	CST	W200 A	6:58.00
	1) Pedley, Nadia W47	2) Furlanetto, Francesca W45	
	3) Condon, Anne W62	4) Guevremont, MC W56	

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Event 5 Men 400 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
3	CHIL	M240 A	5:24.00
	1) Simpson, Gary M65	2) Hamed-Shamaei, Taghi M68	
	3) Reeder, Neil M76	4) Langer, Mark M55	
4	VERN	M160 A	4:46.00
	1) Lipinski, Sean M45	2) Holmwood, John M70	
	3) Long, Cameron M31	4) Ouchi, Kurt M49	
5	WRW	M160 A	4:14.00
	1) Sanchez, Carlos M49	2) Veldhoen, Nate M44	
	3) Scoffield, Trevor M50	4) Cropro, Steve M52	
6	CDSC	M240 A	4:40.00
	1) Tapp, Jay M65	2) Teskey, Mac M66	
	3) Johnson, Brian M62	4) Aamodt, Tor M51	
7	HYAC	M200 A	5:00.00
	1) O'Melinn, Lorcan M68	2) Frappell, Anders M54	
	3) Cumming, Garth M47	4) Iliscupidez, Bryan M34	

Event 6 Mixed 400 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 9 Finals				
1	Coombs, Katie	W37	CST	10:52.77
2	Quick, Paula	W72	CHIL	10:00.00
3	Cruz, Fernanda	W33	CST	9:00.00
4	Lebrun, James	M36	WRW	8:45.00
5	Gould, Ingrid	W71	WRW	8:06.24
6	Pease, Tony	M85	DRM	8:34.00
7	Dykstra, Aldert	M84	WRW	8:55.00
8	Papadopoulos, Kenna	W83	WIN	9:21.09
9	Condon, Anne	W62	CST	10:00.00
10	Brussel, Betty	W100	WRW	12:23.26
Heat 2 of 9 Finals				
1	Thrift, Erin	W47	LGCY	8:00.00
2	DeVos, Hannah	W27	DOGW	7:50.00
3	King, Justin	M26	RIDG	7:30.00
4	Klauke, Tim	M55	LGCY	7:20.00
5	Castello, Jose Alex	M33	ROYA	7:10.00
6	Scanlon, Paul	M72	WRW	7:15.00
7	Murray, Candace	W54	DRM	7:27.00
8	Stephens, Melanie	W54	KISU	7:44.44
9	Brown, Marnie	W61	CHIL	7:55.00
10	Davies, Owen	M57	WRW	8:00.00
Heat 3 of 9 Finals				
1	Lloyd, Megan	W55	NSM	7:00.00
2	Wong, Brian	M32	ROYA	7:00.00
3	Korban, Martine	W59	DOGW	6:55.00
4	Fogg, Anna	W36	CST	6:50.00
5	Schmelzel, Alan	M70	HYAC	6:49.95
6	Reid, Maddie	W33	LGCY	6:50.00
7	Cooke, Heather	W53	SOSC	6:54.91
8	Freedman, Robin	W46	CST	6:57.03
9	Adams, Keith	M53	EBMS	7:00.00
10	Donoghue, Karl	M84	DOGW	7:05.00

Heat 4 of 9 Finals

1	Hamm, Douglas	M63	DRM	6:47.76
2	Torres, Arturo	M42	CST	6:45.00
3	Murray, Deirdre	W33	CST	6:40.00
4	Atkey, Susan	W55	CST	6:36.00
5	Allan, Jennifer	W45	ROYA	6:25.00
6	McCutcheon, Jennifer	W62	WRW	6:30.00
7	Wallace, Victoria	W56	CST	6:40.00
8	Tootooni, Amirhossein	M26	ROYA	6:40.00
9	Myers, Mary Anne	W69	YGMS	6:45.00
10	Woo, Annabelle	W19	UBCM	6:48.86

Heat 5 of 9 Finals

1	Kang, Yoon	M57	DOGW	6:20.00
2	Boothroyd, James	M64	EBMS	6:20.00
3	Boothroyd, Sa	W63	NSM	6:08.00
4	Buggey, Melanie	W32	NEBB	6:00.00
5	Welbourn, Suzanne	W55	DOGW	6:00.00
6	Pond, Nicholas	M37	EBMS	6:00.00
7	Velraj, Niranjan	M29	LGCY	6:00.00
8	King, Sheena	W56	PNW	6:16.00
9	Clarke, Kelly	W46	SQUA	6:20.00
10	Johannesson, Shelley	W63	NEBB	6:24.62

Heat 6 of 9 Finals

1	Cooke, Mike	M55	SOSC	5:57.90
2	MacNeil, Angela	W56	YGMS	5:55.00
3	Karkling, Morgan	W35	DRM	5:52.04
4	Winstanley, Kandice	W46	WIN	5:45.06
5	Skoda, Susie	W54	LGCY	5:40.00
6	Bartle, Darlana	W40	VICM	5:43.00
7	Carmichael, Rod	M73	VICM	5:46.69
8	Freeman, Dale	W64	EBMS	5:53.36
9	McGowan, Patrick	M67	EBMS	5:56.11
10	Rasmussen, Steve	M70	WIN	5:59.00

Heat 7 of 9 Finals

1	Adams, Chris	M56	ROYA	5:35.00
2	Giesbrecht, Chantelle	W40	CDSC	5:30.00
3	Gomez-Duran, Daniel	M54	LGCY	5:30.00
4	Johnson, Brian	M62	CDSC	5:27.66
5	Kraus, Larissa	W34	EBMS	5:22.37
6	Kolstad, Nicole	W37	WIN	5:26.00
7	Buckley, Richard	M52	UBCM	5:29.58
8	Tatlow, Dionne	W39	KISU	5:30.00
9	Sexton, Danielle	W35	CST	5:32.40
10	Hartford, Doug	M61	VICM	5:40.00

Heat 8 of 9 Finals

1	Westmacott, Lauren	W45	VICM	5:20.00
2	Mercer, Vance	M49	HYAC	5:20.00
3	Schier, Catherine	W52	NSM	5:14.00
4	Johaneson, Darin	M55	VERN	5:09.00
5	Howie, Sophia	W18	WRW	5:00.00
6	Craig, Rod	M64	CDSC	5:05.15
7	Minielly, Ken	M37	HYAC	5:09.42
8	Stockstad, Danica	W32	EBMS	5:17.03
9	Montoya, Pam	W29	NSM	5:20.00
10	Kimberley, Tristan	M30	DRM	5:22.14

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 9 Finals (#6 Mixed 400 SC Meter Freestyle)

1	Robinson, Dale	M50	VICM	4:58.00	___
2	Bergman, Tuesday Astrid	W19	VICM	4:47.03	___
3	Lock, John	M41	HYAC	4:45.27	___
4	Monk, James	M38	WIN	4:42.01	___
5	Toro, Esteban	M30	NSM	4:15.00	___
6	Lipinski, Sean	M45	VERN	4:40.00	___
7	Rodriguez Dimitrescu, Alex	W39	WIN	4:45.00	___
8	Uunila, Kathryn	W39	HYAC	4:46.30	___
9	Aamodt, Tor	M51	CDSC	4:55.00	___
10	Cosper, Scott	M55	VICM	4:59.00	___

Event 7 Mixed 100 SC Meter Backstroke

Lane	Name	Age	Team	Seed	Time
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Heat 1 of 9 Finals

4	Condon, Anne	W62	CST	2:45.00	___
5	Morinville, Carole	W67	VICM	2:15.09	___
6	Buckham, Lisa	W60	CHIL	2:24.15	___
7	Stark, Carol	W76	001-	2:54.88	___

Heat 2 of 9 Finals

1	Fox, John	M77	HYAC	2:00.00	___
2	Brooks, Tara	W47	LGCY	1:56.24	___
3	Visser, Gina	W30	DRM	1:54.65	___
4	Scanlon, Paul	M72	WRW	1:51.00	___
5	Basra, Nav	M40	ROYA	1:49.00	___
6	York, Teri	W69	DRM	1:50.00	___
7	Pozniak, Gail	W64	WRW	1:52.00	___
8	Rogers, Jan	W68	DRM	1:55.00	___
9	Murray, Candace	W54	DRM	1:58.50	___
10	Ho, Fernanda	W72	WIN	2:15.00	___

Heat 3 of 9 Finals

1	Dallin, Christopher	M61	WIN	1:45.00	___
2	Denham, Adrienne	W53	LGCY	1:45.00	___
3	Karim, Nafeesa	W43	WRW	1:45.00	___
4	Stanley Wilson, Linda	W66	WRW	1:42.00	___
5	Myers, Mary Anne	W69	YGMS	1:40.00	___
6	Furlanetto, Francesca	W45	CST	1:41.75	___
7	Huerta, Salvador	M74	NSM	1:43.73	___
8	Moore, Pru	W76	NSM	1:45.00	___
9	Panasenko, Yurii	M34	SKSC	1:45.00	___
10	Guevremont, MC	W56	CST	1:46.00	___

Heat 4 of 9 Finals

1	Massyn, Mark	M60	LGCY	1:38.00	___
2	O'Melinn, Lorcan	M68	HYAC	1:37.73	___
3	Chandler, Christine	W41	ROYA	1:36.51	___
4	Chiu, Kelvin	M42	CST	1:36.00	___
5	Brisbin, Montana	W37	DRM	1:35.00	___
6	Clark, Julie	W50	CST	1:35.00	___
7	Robichaud, Rebecca	W36	NEBB	1:36.15	___
8	King, Sheena	W56	PNW	1:37.00	___
9	Donoghue, Karl	M84	DOGW	1:38.00	___
10	Bryce, Ian	M41	LGCY	1:40.00	___

Heat 5 of 9 Finals

1	Muir, Alex	M68	NSM	1:33.00	___
2	Darvill, Kathleen	W43	WSM	1:31.99	___
3	Colasanto, Jessica	W56	NEBB	1:30.00	___
4	Murray, Deirdre	W33	CST	1:30.00	___
5	Freeman, Dale	W64	EBMS	1:29.33	___
6	Clapham, Karlene	W55	NEBB	1:29.54	___
7	Visser, Alex	M36	DRM	1:30.00	___
8	Welbourn, Suzanne	W55	DOGW	1:30.00	___
9	Cooke, Mike	M55	SOSC	1:32.95	___
10	Mumford, Margaret	W50	HYAC	1:35.00	___

Heat 6 of 9 Finals

1	Murray, Samuel	M35	SQUA	1:27.47	___
2	O'Connell, Meghan	W40	CST	1:26.78	___
3	Bayley, Natalie	W46	WRW	1:26.39	___
4	Slater, Craig	M64	WRW	1:24.77	___
5	Pendergast, Christina	W47	NEBB	1:23.56	___
6	Bartle, Darlana	W40	VICM	1:24.00	___
7	Stockstad, Danica	W32	EBMS	1:25.30	___
8	Graham, Kathy	W66	DOGW	1:26.57	___
9	Hiscock, Matthew	M33	VICM	1:27.00	___
10	Bonny, Jenny	W48	YGMS	1:28.00	___

Heat 7 of 9 Finals

1	Long, David	M65	VERN	1:21.78	___
2	Johnson, Brian	M62	CDSC	1:21.11	___
3	DiTomaso, Steven	M48	HYAC	1:20.00	___
4	Stamhuis, Michael	M71	VERN	1:19.50	___
5	Kraus, Larissa	W34	EBMS	1:18.00	___
6	Tapp, Jay	M65	CDSC	1:18.00	___
7	Giesbrecht, Chantelle	W40	CDSC	1:20.00	___
8	Long, Cameron	M31	VERN	1:20.00	___
9	Allan, Jennifer	W45	ROYA	1:21.32	___
10	Cumming, Garth	M47	HYAC	1:23.45	___

Heat 8 of 9 Finals

1	Pendergast, Anna	W20	NEBB	1:17.15	___
2	Heusel, Peter	M56	EBMS	1:17.00	___
3	Godding, Curtis Tyler	M54	NSM	1:16.29	___
4	Hamilton, Gary	M64	LGCY	1:16.00	___
5	Garrick, Natalia	W28	EBMS	1:15.00	___
6	West, Alethea	W22	NEBB	1:15.03	___
7	Marsh, Ian	M62	DRM	1:16.00	___
8	Minielly, Ken	M37	HYAC	1:16.53	___
9	Boon, Dalton	M30	WIN	1:17.00	___
10	Watson, Anne	W53	NSM	1:18.00	___

Heat 9 of 9 Finals

1	Carrier, Maya	W21	NEBB	1:13.00	___
2	Brazier, Meghan	W30	EBMS	1:10.00	___
3	Scofield, Trevor	M50	WRW	1:09.42	___
4	Ouchi, Kurt	M49	VERN	1:07.00	___
5	Kaul, Piyush	M19	SKSC	1:01.00	___
6	McCarthy, Ronan	M27	DOGW	1:06.97	___
7	Kaul, Ayush	M22	SKSC	1:09.00	___
8	Terrillon, Jason	M30	LGCY	1:10.00	___
9	Fraser, Alex	M31	UBCM	1:10.94	___
10	Wood, Graham	M45	HYAC	1:14.88	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Event 8 Mixed 200 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
4	Adams, Keith	M53	EBMS	4:27.00
5	Pedley, Nadia	W47	CST	4:10.00
6	Thrift, Erin	W47	LGCY	4:20.00
7	Dowling, Mike	M77	NSM	4:33.78
Heat 2 of 2 Finals				
1	Gilman, Jonathan	M48	KISU	4:00.00
2	Saxby, Tanis	W54	LGCY	3:57.80
3	Velraj, Niranjan	M29	LGCY	3:20.00
4	Langer, Mark	M55	CHIL	3:00.89
5	Monk, James	M38	WIN	2:44.01
6	Rodriguez Dimitrescu, Alex	W39	WIN	2:48.00
7	Scott, Stewart	M41	CST	3:01.08
8	Bientjes, Kim	W50	CHIL	3:24.95
9	Nicholson, Ross	M61	WRW	3:59.03
10	Figueroa, Pilar Maria	W28	ROYA	4:00.00

Event 9 Mixed 200 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	WRW	X320 A	3:38.00
	1) Scanlon, Paul M72	2) Brichon, Alida W83	
	3) Dykstra, Aldert M84	4) Brussel, Betty W100	
3	NSM	X240 A	3:20.22
	1) Moore, Pru W76	2) Muir, Alex M68	
	3) Boothroyd, Sa W63	4) Godding, Curtis Tyler M54	
4	ROYA	X200 A	2:54.00
	1) Chandler, Christine W41	2) Kay, Jane-Ann W47	
	3) Bhogal, Amman M42	4) Meret, Paola M70	
5	ROYA	X120 A	2:44.00
	1) Steele, Sarah W41	2) Tootooni, Amirhossein M26	
	3) Adams, Chris M56	4) Arora, Rosy W30	
6	CHIL	X200 A	2:51.00
	1) Buckham, Lisa W60	2) Hamed-Shamaei, Taghi M68	
	3) Langer, Mark M55	4) Ferguson, Alanaise W49	
7	VERN	X200 B	3:07.00
	1) Long, Cameron M31	2) Rajotte, Chantelle W36	
	3) Holmwood, John M70	4) Foukal, Marie W71	
8	CST	X160 A	3:23.00
	1) Scott, Stewart M41	2) Atkey, Susan W55	
	3) Torres, Arturo M42	4) Cruz, Fernanda W33	

Heat 2 of 2 Finals

1	ROYA	X100 A	2:38.00
	1) Wong, Brian M32	2) Ling-Lee, Vanessa W30	
	3) Figueroa, Pilar Maria W28	4) Trieu, Alex M29	
2	HYAC	X160 B	2:25.00
	1) Mumford, Margaret W50	2) Iliscupidez, Bryan M34	
	3) Beamish, Katie W44	4) Minielly, Ken M37	
3	NEBB	X120 A	2:20.00
	1) Buggey, Melanie W32	2) Batara, Magnus M33	
	3) Riddell, Marc M50	4) Robichaud, Rebecca W36	
4	VERN	X200 A	2:16.00
	1) Ouchi, Robynne W47	2) Goble, Bryan M53	
	3) Lipinski, Sean M45	4) Butler, Megan W59	
5	HYAC	X160 A	2:00.00
	1) Geisheimer, Kelly W41	2) Lock, John M41	
	3) Uunila, Kathryn W39	4) Mercer, Vance M49	
6	EBMS	X100 A	2:01.58
	1) Brazier, Meghan W30	2) Van Vliet, Ethan M20	
	3) Douglas, Kirsten W26	4) Kernot, Justin M31	
7	WIN	X120 A	2:17.00
	1) Smythies, Lauren W32	2) Freiburger, Brandon M26	
	3) Rodriguez Dimitrescu, Alexan W	4) Monk, James M38	
8	DRM	X120 A	2:22.50
	1) Karkling, Morgan W35	2) Visser, Alex M36	
	3) Kimberley, Tristan M30	4) Murray, Candace W54	
9	EBMS	X120 A	2:29.70
	1) Nielsen, Sadie W30	2) Pond, Nicholas M37	
	3) Garrett, Peter M28	4) Stockstad, Danica W32	
10	DRM	X200 A	2:39.00
	1) Brisbin, Montana W37	2) Connolly, Aoife W40	
	3) Marsh, Ian M62	4) Ray, Arthur M83	

Event 10 Women 200 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
3	CST	W160 A	3:53.00
	1) Furlanetto, Francesca W45	2) Coombs, Katie W37	
	3) Pedley, Nadia W47	4) Condon, Anne W62	
4	WRW	W240 A	3:07.00
	1) Pozniak, Gail W64	2) Easton, Wendy W57	
	3) Laul, Sarah W52	4) Clarkson, Rita W70	
5	NEBB	W200 A	3:00.00
	1) Johannesson, Shelley W63	2) Clapham, Karlene W55	
	3) Knox, Kylie W29	4) Colasanto, Jessica W56	
6	WRW	W240 B	3:05.00
	1) McCutcheon, Jennifer W62	2) Tandan, Tara W57	
	3) Furby, Susie W62	4) Gould, Ingrid W71	
7	NSM	W160 A	3:23.22
	1) Watson, Anne W53	2) Montoya, Pam W29	
	3) Schier, Catherine W52	4) Lloyd, Megan W55	

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 2 Finals (#10 Women 200 SC Meter Medley Relay)

1	YGMS	W200 A	2:55.00	_____
	1) Myers, Mary Anne W69		2) Bruce, Olwyn W52	
	3) Bonny, Jenny W48		4) MacNeil, Angela W56	
2	ROYA	W100 A	2:42.00	_____
	1) Carroll, Olive W22		2) Yeung, Jamie W29	
	3) Hernandez, Belen W23		4) Moreno-Succi, Natalia W31	
3	ROYA	W160 A	2:35.00	_____
	1) Allan, Jennifer W45		2) Harper, Nicole W46	
	3) Belanger-Finn, Melanie W33		4) Allan, Krysta W36	
4	EBMS	W120 A	2:23.80	_____
	1) Kraus, Larissa W34		2) Brewis, Mya W37	
	3) Foukal, Annick W38		4) Garriock, Natalia W28	
5	NEBB	W100 A	2:15.00	_____
	1) Pendergast, Anna W20		2) Pendergast, Christina W47	
	3) West, Alethea W22		4) Carrier, Maya W21	
6	WRW	W160 A	2:22.00	_____
	1) Gray, Sarah W51		2) Eroglu, Biricik W40	
	3) Hindmarch, Sofi W43		4) Dumont, Kelly W49	
7	WIN	W160 A	2:25.00	_____
	1) Kolstad, Nicole W37		2) Mason, Nichola W46	
	3) Watson, Christa W35		4) Finlan, Michelle W44	
8	WRW	W200 A	2:41.00	_____
	1) Stanley Wilson, Linda W66		2) Bayley, Natalie W46	
	3) Karim, Nafeesa W43		4) Beer, Heike W56	
9	CST	W160 B	2:48.00	_____
	1) O'Connell, Meghan W40		2) Guevremont, MC W56	
	3) Sexton, Danielle W35		4) Fogg, Anna W36	
10	DRM	W240 A	2:57.00	_____
	1) Rogers, Jan W68		2) Lauzé, Niki W56	
			4) York, Teri W69	

Event 11 Men 200 SC Meter Medley Relay

Lane	Team	Relay	Seed Time	
Heat 1 of 2 Finals				
4	DRM	M280 A	3:37.00	_____
	1) Moore, David M73		2) Visser, Syd M76	
	3) Hamm, Douglas M63		4) Pease, Tony M85	
5	WRW	M200 A	2:52.00	_____
	1) Lebrun, James M36		2) Hunter, James M61	
	3) Edmondson, Jonathan M51		4) Davies, Owen M57	
6	HYAC	M280 A	2:55.10	_____
	1) O'Melinn, Lorcan M68		2) Fox, John M77	
	3) Barnum, David M63		4) Lingley, David M74	

Heat 2 of 2 Finals

2	EBMS	M200 A	2:31.30	_____
	1) Williams, Gareth M57		2) Adams, Keith M53	
	3) Downing, Michael M56		4) Zokol, Ryan M41	
3	WIN	M200 A	2:28.00	_____
	1) Boon, Dalton M30		2) Topp, Martin M67	
	3) Dallin, Christopher M61		4) Rasmussen, Steve M70	
4	CDSC	M240 A	2:20.00	_____
	1) Tapp, Jay M65		2) Johnson, Brian M62	
	3) Teskey, Mac M66		4) Craig, Rod M64	
5	WRW	M160 A	1:54.50	_____
	1) Fry, Darian M27		2) Sanchez, Carlos M49	
	3) Cropo, Steve M52		4) Scoffield, Trevor M50	
6	VERN	M240 A	2:17.00	_____
	1) Stamhuis, Michael M71		2) Johaneson, Darin M55	
	3) Ouchi, Kurt M49		4) Long, David M65	
7	WRW	M200 B	2:20.00	_____
	1) Peatling, Andy M41		2) Severns, Chris M63	
	3) Scarth, Brian M56		4) Veldhoen, Nate M44	
8	HYAC	M200 A	2:30.00	_____
	1) Wood, Graham M45		2) Schmelzel, Alan M70	
	3) DiTomaso, Steven M48		4) Pinske, Christopher M51	
9	WRW	M240 A	2:40.00	_____
	1) Briggs, Sandy M58		2) Uncles, Paul M71	
	3) Slater, Craig M64		4) Weiss, Gary M62	

Event 12 Mixed 100 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
Heat 1 of 9 Finals					
3	Tso, Phyllis	W43	CST	2:30.00	_____
4	Buckham, Lisa	W60	CHIL	2:25.00	_____
5	Pease, Tony	M85	DRM	2:20.00	_____
6	Brichon, Alida	W83	WRW	2:20.41	_____
7	Morinville, Carole	W67	VICM	2:27.63	_____
8	Komkov, Ivan	M36	ROYA	2:30.00	_____
Heat 2 of 9 Finals					
1	McLafferty, Frances	W68	LGCY	2:10.00	_____
2	Schmelzel, Alan	M70	HYAC	2:05.00	_____
3	Davies, Owen	M57	WRW	1:56.79	_____
4	York, Teri	W69	DRM	1:55.00	_____
5	Adams, Keith	M53	EBMS	1:52.00	_____
6	Ávila Foulkes, Luana	W44	WRW	1:54.00	_____
7	Topp, Martin	M67	WIN	1:56.27	_____
8	Moreno-Succi, Natalia	W31	ROYA	2:00.00	_____
9	Holmwood, John	M70	VERN	2:08.80	_____
10	Ho, Fernanda	W72	WIN	2:20.00	_____
Heat 3 of 9 Finals					
1	Huerta, Salvador	M74	NSM	1:51.48	_____
2	Rajotte, Chantelle	W36	VERN	1:50.89	_____
3	Kay, Jane-Ann	W47	ROYA	1:50.00	_____
4	Reeder, Neil	M76	CHIL	1:49.75	_____
5	O'Melinn, Lorcan	M68	HYAC	1:49.00	_____
6	Reid, Maddie	W33	LGCY	1:49.00	_____
7	Finlan, Michelle	W44	WIN	1:50.00	_____
8	Klauke, Tim	M55	LGCY	1:50.00	_____
9	Furby, Susie	W62	WRW	1:51.00	_____
10	Guevremont, MC	W56	CST	1:52.00	_____

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 4 Finals (#12 Mixed 100 SC Meter Breaststroke)

1	Bryce, Ian	M41	LGCY	1:45.00	___
2	Krebs, Donald	M60	HYAC	1:45.00	___
3	Hiscock, Matthew	M33	VICM	1:45.00	___
4	King, Sheena	W56	PNW	1:43.00	___
5	Darvill, Kathleen	W43	WSM	1:40.28	___
6	Score, Serge	M63	DOGW	1:41.00	___
7	MacNeil, Angela	W56	YGMS	1:44.07	___
8	Lauzé, Niki	W56	DRM	1:45.00	___
9	Chiu, Kelvin	M42	CST	1:45.00	___
10	Woo, Annabelle	W19	UBCM	1:48.46	___

Heat 5 of 9 Finals

1	Connolly, Aoife	W40	DRM	1:40.00	___
2	Mason, Nichola	W46	WIN	1:38.74	___
3	Atkey, Susan	W55	CST	1:38.00	___
4	Halton, Jane	W48	LGCY	1:36.90	___
5	Gomez-Duran, Daniel	M54	LGCY	1:35.00	___
6	Uncles, Paul	M71	WRW	1:36.45	___
7	Clapham, Karlene	W55	NEBB	1:36.93	___
8	McGowan, Patrick	M67	EBMS	1:38.48	___
9	Adams, Chris	M56	ROYA	1:40.00	___
10	Castello, Jose Alex	M33	ROYA	1:40.00	___

Heat 6 of 9 Finals

1	Harper, Nicole	W46	ROYA	1:35.00	___
2	Tootooni, Amirhossein	M26	ROYA	1:35.00	___
3	Brewis, Mya	W37	EBMS	1:33.84	___
4	Greenwood, Rob	M52	WRW	1:33.00	___
5	Bonny, Jenny	W48	YGMS	1:32.00	___
6	Clarke, Kelly	W46	SQUA	1:32.00	___
7	Bayley, Natalie	W46	WRW	1:33.20	___
8	Gilman, Jonathan	M48	KISU	1:34.22	___
9	Panasenko, Yurii	M34	SKSC	1:35.00	___
10	Pond, Nicholas	M37	EBMS	1:35.00	___

Heat 7 of 9 Finals

1	West, Alethea	W22	NEBB	1:31.59	___
2	Visser, Alex	M36	DRM	1:30.00	___
3	Pendergast, Anna	W20	NEBB	1:28.52	___
4	Bruce, Olwyn	W52	YGMS	1:28.00	___
5	Stark, Allen	M75	001-	1:25.67	___
6	Tatlow, Dionne	W39	KISU	1:28.00	___
7	Butler, Megan	W59	VERN	1:28.20	___
8	Murray, Samuel	M35	SQUA	1:28.55	___
9	Severns, Chris	M63	WRW	1:31.43	___
10	Hamed-Shamaei, Taghi	M68	CHIL	1:31.70	___

Heat 8 of 9 Finals

1	Howie, Sophia	W18	WRW	1:25.00	___
2	Sanchez, Carlos	M49	WRW	1:25.00	___
3	Yee, Albert	M40	EBMS	1:23.62	___
4	Nepogodin, Ilya	M39	LGCY	1:20.21	___
5	Stewart, Kevin	M33	SQUA	1:20.00	___
6	Batara, Magnus	M33	NEBB	1:20.04	___
7	Pendergast, Christina	W47	NEBB	1:23.38	___
8	Smythies, Lauren	W32	WIN	1:24.28	___
9	Trieu, Alex	M29	ROYA	1:25.00	___
10	Garcia Martinez, Hector	M39	DOGW	1:25.00	___

Heat 9 of 9 Finals

1	Fellows, Matthew	M45	LGCY	1:18.00	___
2	Freiberger, Brandon	M26	WIN	1:15.00	___
3	Van Vliet, Ethan	M20	EBMS	1:12.72	___
4	Kernot, Justin	M31	EBMS	1:12.00	___
5	Benson, Andrew	M35	EBMS	1:08.80	___
6	Ramsay, George	M25	DOGW	1:09.70	___
7	Iliscupidez, Bryan	M34	HYAC	1:12.55	___
8	Lock, John	M41	HYAC	1:13.61	___
9	Bergman, Tuesday Astrid	W19	VICM	1:18.00	___
10	Aamodt, Tor	M51	CDSC	1:18.00	___

Event 13 Mixed 50 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 20 Finals

4	Condon, Anne	W62	CST	1:02.00	___
5	Meret, Paola	M70	ROYA	59.04	___
6	Visser, Syd	M76	DRM	1:01.82	___
7	Brussel, Betty	W100	WRW	1:13.16	___

Heat 2 of 20 Finals

1	Coombs, Katie	W37	CST	55.36	___
2	Foukal, Marie	W71	VERN	57.00	___
3	McLafferty, Frances	W68	LGCY	52.76	___
4	Clarkson, Rita	W70	WRW	51.45	___
5	Lloyd, Megan	W55	NSM	50.00	___
6	Hashizume, Erika	W30	ROYA	50.00	___
7	Moore, David	M73	DRM	52.00	___
8	Buckham, Lisa	W60	CHIL	56.27	___
9	Papadopoulos, Kenna	W83	WIN	55.35	___
10	Quick, Paula	W72	CHIL	58.00	___

Heat 3 of 20 Finals

1	Cruz, Fernanda	W33	CST	49.00	___
2	Visser, Gina	W30	DRM	48.00	___
3	Conti, Valerie	W38	WRW	46.00	___
4	Pease, Tony	M85	DRM	45.00	___
5	Brooks, Tara	W47	LGCY	44.63	___
6	Sheard, Emily	W30	WRW	44.91	___
7	Korban, Martine	W59	DOGW	46.00	___
8	Tso, Phyllis	W43	CST	46.30	___
9	Tandan, Tara	W57	WRW	49.50	___
10	Dykstra, Aldert	M84	WRW	48.81	___

Heat 4 of 20 Finals

1	Fogg, Anna	W36	CST	43.36	___
2	Nicol, Claire	W65	HYAC	43.00	___
3	Carroll, Olive	W22	ROYA	43.00	___
4	Ray, Arthur	M83	DRM	42.00	___
5	Moore, Pru	W76	NSM	42.00	___
6	Lingley, David	M74	HYAC	42.00	___
7	Basra, Nav	M40	ROYA	42.35	___
8	Pedley, Nadia	W47	CST	43.00	___
9	Agnew, Leilani	W52	ROYA	43.00	___
10	Stephens, Melanie	W54	KISU	44.59	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 5 Finals (#13 Mixed 50 SC Meter Freestyle)

1	Allan, Krysta	W36	ROYA	41.00	___
2	Komkov, Ivan	M36	ROYA	40.39	___
3	Hernandez, Belen	W23	ROYA	40.15	___
4	Lebrun, James	M36	WRW	40.00	___
5	Dowling, Mike	M77	NSM	40.00	___
6	DeVos, Hannah	W27	DOGW	40.00	___
7	Findler, Patrick	M62	LGCY	40.00	___
8	Figueroa, Pilar Maria	W28	ROYA	40.35	___
9	Topp, Martin	M67	WIN	40.75	___
10	Easton, Wendy	W57	WRW	42.00	___

Heat 6 of 20 Finals

1	Rogers, Jan	W68	DRM	39.50	___
2	Steele, Sarah	W41	ROYA	39.00	___
3	Karim, Nafeesa	W43	WRW	39.00	___
4	Laul, Sarah	W52	WRW	39.00	___
5	Fox, John	M77	HYAC	38.50	___
6	Wong, Brian	M32	ROYA	38.99	___
7	Reid, Maddie	W33	LGCY	39.00	___
8	York, Teri	W69	DRM	39.00	___
9	Hunter, James	M61	WRW	39.50	___
10	Furlanetto, Francesca	W45	CST	39.95	___

Heat 7 of 20 Finals

1	Davies, Owen	M57	WRW	38.21	___
2	Belanger-Finn, Melanie	W33	ROYA	38.00	___
3	Guevremont, MC	W56	CST	38.00	___
4	Chandler, Christine	W41	ROYA	37.62	___
5	Mason, Nichola	W46	WIN	37.45	___
6	Ávila Foulkes, Luana	W44	WRW	37.50	___
7	Hamm, Douglas	M63	DRM	37.91	___
8	Boothroyd, Sa	W63	NSM	38.00	___
9	Kingston, Michael	M68	EBMS	38.10	___
10	Lopez, Georgina	W80	NSM	38.36	___

Heat 8 of 20 Finals

1	Wynne, Lindsay	W36	LGCY	37.26	___
2	Simpson, Gary	M65	CHIL	37.16	___
3	Freedman, Robin	W46	CST	37.08	___
4	King, Sheena	W56	PNW	37.00	___
5	Connolly, Aoife	W40	DRM	37.00	___
6	Finlan, Michelle	W44	WIN	37.00	___
7	Massyn, Mark	M60	LGCY	37.00	___
8	Schmelzel, Alan	M70	HYAC	37.13	___
9	Smith, Andrew	M50	LGCY	37.25	___
10	Robichaud, Rebecca	W36	NEBB	37.31	___

Heat 9 of 20 Finals

1	Severns, Chris	M63	WRW	36.90	___
2	Reeder, Neil	M76	CHIL	36.76	___
3	Rajotte, Chantelle	W36	VERN	36.60	___
4	Pedley, Sarah	W47	CST	36.50	___
5	Watson, Christa	W35	WIN	36.20	___
6	Colasanto, Jessica	W56	NEBB	36.27	___
7	Arora, Rosy	W30	ROYA	36.52	___
8	Klauke, Tim	M55	LGCY	36.62	___
9	Murray, Candace	W54	DRM	36.80	___
10	Weiss, Gary	M62	WRW	37.00	___

Heat 10 of 20 Finals

1	Yeung, Jamie	W29	ROYA	35.89	___
2	Robinson, Heather	W52	VICM	35.43	___
3	Tootooni, Amirhossein	M26	ROYA	35.00	___
4	Pond, Nicholas	M37	EBMS	35.00	___
5	Krebs, Donald	M60	HYAC	35.00	___
6	Williams, Gareth	M57	EBMS	35.00	___
7	Bryce, Ian	M41	LGCY	35.00	___
8	Visser, Alex	M36	DRM	35.38	___
9	Torres, Arturo	M42	CST	35.86	___
10	Darvill, Kathleen	W43	WSM	36.00	___

Heat 11 of 20 Finals

1	Brown, Marnie	W61	CHIL	35.00	___
2	Cumming, Garth	M47	HYAC	34.56	___
3	Clark, Julie	W50	CST	34.50	___
4	Briggs, Sandy	M58	WRW	34.40	___
5	Karkling, Morgan	W35	DRM	34.30	___
6	Dyck, Chantal	W56	VERN	34.30	___
7	Tatlow, Dionne	W39	KISU	34.47	___
8	Uncles, Paul	M71	WRW	34.54	___
9	Brisbin, Montana	W37	DRM	34.83	___
10	Murray, Deirdre	W33	CST	35.00	___

Heat 12 of 20 Finals

1	Graham, Kathy	W66	DOGW	34.00	___
2	Winstanley, Kandice	W46	WIN	33.61	___
3	Rasmussen, Steve	M70	WIN	33.50	___
4	Eroglu, Biricik	W40	WRW	33.20	___
5	Murray, Samuel	M35	SQUA	33.10	___
6	Moreno-Succi, Natalia	W31	ROYA	33.16	___
7	Bartle, Darlana	W40	VICM	33.30	___
8	Krzic, Maja	W61	UBCM	33.58	___
9	King, Justin	M26	RIDG	33.99	___
10	Kang, Yoon	M57	DOGW	34.00	___

Heat 13 of 20 Finals

1	Beaudin, Gilles	M70	EBMS	33.00	___
2	Chiu, Kelvin	M42	CST	33.00	___
3	Johnson, Brian	M62	CDSC	32.42	___
4	Carmichael, Rod	M73	VICM	32.11	___
5	Ferguson, Alanaise	W49	CHIL	32.00	___
6	Pinske, Christopher	M51	HYAC	32.00	___
7	Sexton, Danielle	W35	CST	32.12	___
8	Kraus, Larissa	W34	EBMS	32.46	___
9	Beer, Heike	W56	WRW	33.00	___
10	Buggey, Melanie	W32	NEBB	33.00	___

Heat 14 of 20 Finals

1	Gray, Sarah	W51	WRW	31.80	___
2	Adams, Chris	M56	ROYA	31.53	___
3	Wilson, Russ	M55	WRW	31.29	___
4	Brewis, Mya	W37	EBMS	31.09	___
5	Hiscock, Matthew	M33	VICM	31.00	___
6	Long, David	M65	VERN	31.06	___
7	Kolstad, Nicole	W37	WIN	31.19	___
8	Trieu, Alex	M29	ROYA	31.30	___
9	Dumont, Kelly	W49	WRW	31.60	___
10	Allan, Jennifer	W45	ROYA	31.88	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 15 Finals (#13 Mixed 50 SC Meter Freestyle)

1	Gomez-Duran, Daniel	M54	LGCY	31.00	___
2	Ouchi, Robynne	W47	VERN	30.57	___
3	Bhagal, Amman	M42	ROYA	30.35	___
4	Carpenter, Billy	M51	SQUA	30.27	___
5	Stamhuis, Michael	M71	VERN	30.20	___
6	Bergman, Tuesday Astrid	W19	VICM	30.25	___
7	Barnum, David	M63	HYAC	30.32	___
8	Foukal, Annick	W38	EBMS	30.50	___
9	Dallin, Christopher	M61	WIN	30.75	___
10	Riddell, Marc	M50	NEBB	31.00	___

Heat 16 of 20 Finals

1	Edmondson, Jonathan	M51	WRW	30.00	___
2	Abelson, Jason	M28	EBMS	30.00	___
3	Goble, Bryan	M53	VERN	29.96	___
4	Johaneson, Darin	M55	VERN	29.90	___
5	Smythies, Lauren	W32	WIN	29.76	___
6	Hindmarch, Sofi	W43	WRW	29.78	___
7	Wilkinson, Mark	M59	SKSC	29.95	___
8	Teskey, Mac	M66	CDSC	29.99	___
9	Tapp, Jay	M65	CDSC	30.00	___
10	Carrier, Maya	W21	NEBB	30.11	___

Heat 17 of 20 Finals

1	Yee, Albert	M40	EBMS	29.69	___
2	Brazier, Meghan	W30	EBMS	29.27	___
3	Peatling, Andy	M41	WRW	29.10	___
4	Cropo, Steve	M52	WRW	29.00	___
5	Terrillon, Jason	M30	LGCY	29.00	___
6	Veldhoen, Nate	M44	WRW	29.00	___
7	Garrett, Peter	M28	EBMS	29.00	___
8	Kim, Andrew	M34	LGCY	29.27	___
9	Geisheimer, Kelly	W41	HYAC	29.40	___
10	Godding, Curtis Tyler	M54	NSM	29.71	___

Heat 18 of 20 Finals

1	Downing, Michael	M56	EBMS	28.77	___
2	Heusel, Peter	M56	EBMS	28.43	___
3	Zokol, Ryan	M41	EBMS	28.40	___
4	Kimberley, Tristan	M30	DRM	28.18	___
5	Garcia Martinez, Hector	M39	DOGW	28.00	___
6	Boon, Dalton	M30	WIN	28.00	___
7	Rafferty, Euan	M43	NSM	28.20	___
8	Southern, Dan	M46	UBCM	28.41	___
9	Arzate, Yannick	M33	DOGW	28.50	___
10	Hartford, Doug	M61	VICM	28.80	___

Heat 19 of 20 Finals

1	Garriock, Natalia	W28	EBMS	27.94	___
2	Farrell, Andrew	M46	TEMP	27.50	___
3	Douglas, Kirsten	W26	EBMS	27.36	___
4	Brekke, Trevor	M47	LOSC	27.00	___
5	Kaul, Ayush	M22	SKSC	27.00	___
6	Janzen, Nathaniel	M34	UBCM	27.00	___
7	Scofield, Trevor	M50	WRW	27.13	___
8	Mercer, Vance	M49	HYAC	27.46	___
9	Sanchez, Carlos	M49	WRW	27.80	___
10	Scarth, Brian	M56	WRW	28.00	___

Heat 20 of 20 Finals

1	Van Vliet, Ethan	M20	EBMS	26.83	___
2	Long, Cameron	M31	VERN	26.68	___
3	Rogaar, Mark	M36	OKAN	26.26	___
4	Kaul, Piyush	M19	SKSC	26.00	___
5	Fry, Darian	M27	WRW	23.09	___
6	Tisdall, Justin	M43	NSM	25.24	___
7	Kernot, Justin	M31	EBMS	26.07	___
8	Cosper, Scott	M55	VICM	26.50	___
9	Lipinski, Sean	M45	VERN	26.70	___
10	Wood, Graham	M45	HYAC	26.99	___

Event 14 Mixed 200 SC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 8 Finals

4	Torres, Arturo	M42	CST	4:20.00	___
5	Pedley, Nadia	W47	CST	4:10.00	___
6	Holmwood, John	M70	VERN	4:18.47	___

Heat 2 of 8 Finals

2	Krebs, Donald	M60	HYAC	3:50.00	___
3	Adams, Keith	M53	EBMS	3:44.00	___
4	Lauzé, Niki	W56	DRM	3:40.00	___
5	Myers, Mary Anne	W69	YGMS	3:35.00	___
6	Boothroyd, James	M64	EBMS	3:40.00	___
7	Pedley, Sarah	W47	CST	3:42.00	___
8	Finlan, Michelle	W44	WIN	3:45.00	___
9	Pozniak, Gail	W64	WRW	4:00.00	___

Heat 3 of 8 Finals

1	Woo, Annabelle	W19	UBCM	3:31.37	___
2	Yeung, Jamie	W29	ROYA	3:30.00	___
3	Betts, Angela	W58	CHIL	3:25.00	___
4	Cooke, Mike	M55	SOSC	3:22.76	___
5	Clapham, Karlene	W55	NEBB	3:20.79	___
6	Simpson, Gary	M65	CHIL	3:22.22	___
7	Wallace, Victoria	W56	CST	3:25.00	___
8	Watson, Christa	W35	WIN	3:26.69	___
9	Denham, Adrienne	W53	LGCY	3:30.00	___
10	Beamish, Katie	W44	HYAC	3:33.00	___

Heat 4 of 8 Finals

1	Mumford, Margaret	W50	HYAC	3:20.00	___
2	Halton, Jane	W48	LGCY	3:17.03	___
3	Bhagal, Amman	M42	ROYA	3:15.00	___
4	Freeman, Dale	W64	EBMS	3:14.23	___
5	Harper, Nicole	W46	ROYA	3:12.05	___
6	Brisbin, Montana	W37	DRM	3:13.00	___
7	Panasenko, Yurii	M34	SKSC	3:15.00	___
8	Skoda, Susie	W54	LGCY	3:16.04	___
9	Knox, Kylie	W29	NEBB	3:20.00	___
10	Winstanley, Kandice	W46	WIN	3:20.05	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 5 Finals (#14 Mixed 200 SC Meter IM)

1	Velraj, Niranjan	M29	LGCY	3:10.00	___
2	O'Connell, Meghan	W40	CST	3:01.02	___
3	Westmacott, Lauren	W45	VICM	3:00.00	___
4	Giesbrecht, Chantelle	W40	CDSC	3:00.00	___
5	Pendergast, Anna	W20	NEBB	2:56.16	___
6	Kolstad, Nicole	W37	WIN	2:56.56	___
7	Montoya, Pam	W29	NSM	3:00.00	___
8	Eroglu, Biricik	W40	WRW	3:00.50	___
9	Bruce, Olwyn	W52	YGMS	3:08.00	___
10	Bonny, Jenny	W48	YGMS	3:10.00	___

Heat 6 of 8 Finals

1	DiTomaso, Steven	M48	HYAC	2:55.00	___
2	Hamilton, Gary	M64	LGCY	2:52.00	___
3	Downing, Michael	M56	EBMS	2:50.00	___
4	Pendergast, Christina	W47	NEBB	2:50.00	___
5	Stockstad, Danica	W32	EBMS	2:46.94	___
6	Robinson, Dale	M50	VICM	2:48.00	___
7	Hartford, Doug	M61	VICM	2:50.00	___
8	Batara, Magnus	M33	NEBB	2:50.02	___
9	West, Alethea	W22	NEBB	2:53.61	___
10	Sexton, Danielle	W35	CST	2:55.00	___

Heat 7 of 8 Finals

1	Minielly, Ken	M37	HYAC	2:45.38	___
2	Fellows, Matthew	M45	LGCY	2:45.00	___
3	Garcia Martinez, Hector	M39	DOGW	2:44.46	___
4	Uunila, Kathryn	W39	HYAC	2:40.27	___
5	Cosper, Scott	M55	VICM	2:39.99	___
6	Howie, Sophia	W18	WRW	2:40.00	___
7	Nepogodin, Ilya	M39	LGCY	2:42.25	___
8	Godding, Curtis Tyler	M54	NSM	2:44.89	___
9	Scott, Stewart	M41	CST	2:45.20	___
10	Langer, Mark	M55	CHIL	2:45.84	___

Heat 8 of 8 Finals

1	Freiberger, Brandon	M26	WIN	2:35.00	___
2	Iliscupidez, Bryan	M34	HYAC	2:33.58	___
3	Lock, John	M41	HYAC	2:29.15	___
4	Janzen, Nathaniel	M34	UBCM	2:27.00	___
5	Ramsay, George	M25	DOGW	2:23.00	___
6	Benson, Andrew	M35	EBMS	2:25.12	___
7	McCarthy, Ronan	M27	DOGW	2:28.39	___
8	Kaul, Ayush	M22	SKSC	2:30.00	___
9	Aamodt, Tor	M51	CDSC	2:35.00	___
10	Sanchez, Carlos	M49	WRW	2:37.50	___

Event 15 Mixed 50 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 12 Finals

4	Meret, Paola	M70	ROYA	1:14.77	___
5	Coombs, Katie	W37	CST	1:11.39	___
6	Rafferty, Euan	M43	NSM	NT	___
7	Papadopoulos, Kenna	W83	WIN	1:13.00	___

Heat 2 of 12 Finals

1	Fogg, Anna	W36	CST	1:10.00	___
2	Brichon, Alida	W83	WRW	1:05.98	___
3	McLafferty, Frances	W68	LGCY	1:03.35	___
4	Tandan, Tara	W57	WRW	1:02.00	___
5	Hernandez, Belen	W23	ROYA	1:00.00	___
6	Buckham, Lisa	W60	CHIL	1:01.68	___
7	Morinville, Carole	W67	VICM	1:02.01	___
8	Clarkson, Rita	W70	WRW	1:04.00	___
9	Moore, David	M73	DRM	1:08.00	___
10	Condon, Anne	W62	CST	1:10.00	___

Heat 3 of 12 Finals

1	Ray, Arthur	M83	DRM	59.80	___
2	Wong, Brian	M32	ROYA	57.68	___
3	Brooks, Tara	W47	LGCY	56.57	___
4	Kay, Jane-Ann	W47	ROYA	55.00	___
5	Murray, Candace	W54	DRM	54.20	___
6	Boothroyd, Sa	W63	NSM	55.00	___
7	Tootooni, Amirhossein	M26	ROYA	55.00	___
8	Hashizume, Erika	W30	ROYA	57.00	___
9	Sheard, Emily	W30	WRW	59.76	___
10	Fox, John	M77	HYAC	1:00.00	___

Heat 4 of 12 Finals

1	Ho, Fernanda	W72	WIN	53.00	___
2	Scanlon, Paul	M72	WRW	52.00	___
3	Rogers, Jan	W68	DRM	51.00	___
4	Ling-Lee, Vanessa	W30	ROYA	50.00	___
5	York, Teri	W69	DRM	50.00	___
6	Allan, Krysta	W36	ROYA	50.00	___
7	Denham, Adrienne	W53	LGCY	50.00	___
8	Basra, Nav	M40	ROYA	51.00	___
9	Lingley, David	M74	HYAC	52.00	___
10	Visser, Gina	W30	DRM	53.92	___

Heat 5 of 12 Finals

1	Kingston, Michael	M68	EBMS	49.48	___
2	Ávila Foulkes, Luana	W44	WRW	49.00	___
3	Topp, Martin	M67	WIN	48.77	___
4	Williams, Gareth	M57	EBMS	48.00	___
5	Moore, Pru	W76	NSM	47.00	___
6	King, Justin	M26	RIDG	47.70	___
7	Lauzé, Niki	W56	DRM	48.00	___
8	Guevremont, MC	W56	CST	49.00	___
9	Laul, Sarah	W52	WRW	49.09	___
10	Conti, Valerie	W38	WRW	50.00	___

Heat 6 of 12 Finals

1	Carroll, Olive	W22	ROYA	47.00	___
2	Smith, Andrew	M50	LGCY	46.12	___
3	Wynne, Lindsay	W36	LGCY	46.00	___
4	Greenwood, Rob	M52	WRW	46.00	___
5	Belanger-Finn, Melanie	W33	ROYA	45.00	___
6	Beamish, Katie	W44	HYAC	45.21	___
7	Furlanetto, Francesca	W45	CST	46.00	___
8	Donoghue, Karl	M84	DOGW	46.00	___
9	Bryce, Ian	M41	LGCY	47.00	___
10	Kim, Andrew	M34	LGCY	47.00	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 7 Finals (#15 Mixed 50 SC Meter Backstroke)

1	Karim, Nafeesa	W43	WRW	45.00	___
2	Pinske, Christopher	M51	HYAC	45.00	___
3	Huerta, Salvador	M74	NSM	43.79	___
4	Colasanto, Jessica	W56	NEBB	43.52	___
5	Beer, Heike	W56	WRW	43.00	___
6	Chandler, Christine	W41	ROYA	43.28	___
7	O'Melinn, Lorcan	M68	HYAC	43.63	___
8	Chiu, Kelvin	M42	CST	44.00	___
9	Finlan, Michelle	W44	WIN	45.00	___
10	Garrett, Peter	M28	EBMS	45.00	___

Heat 8 of 12 Finals

1	Brisbin, Montana	W37	DRM	42.00	___
2	Murray, Deirdre	W33	CST	42.00	___
3	Moreno-Succi, Natalia	W31	ROYA	41.15	___
4	Robichaud, Rebecca	W36	NEBB	41.11	___
5	Veldhoen, Nate	M44	WRW	40.00	___
6	Bayley, Natalie	W46	WRW	40.16	___
7	Darvill, Kathleen	W43	WSM	41.12	___
8	Karkling, Morgan	W35	DRM	41.19	___
9	Muir, Alex	M68	NSM	42.00	___
10	Visser, Alex	M36	DRM	42.62	___

Heat 9 of 12 Finals

1	Dallin, Christopher	M61	WIN	40.00	___
2	Massyn, Mark	M60	LGCY	40.00	___
3	Bartle, Darlana	W40	VICM	39.50	___
4	Dumont, Kelly	W49	WRW	39.00	___
5	Ferguson, Alanaise	W49	CHIL	38.90	___
6	Carmichael, Rod	M73	VICM	39.00	___
7	O'Connell, Meghan	W40	CST	39.30	___
8	Arora, Rosy	W30	ROYA	40.00	___
9	Rajotte, Chantelle	W36	VERN	40.00	___
10	Tatlow, Dionne	W39	KISU	40.00	___

Heat 10 of 12 Finals

1	Watson, Anne	W53	NSM	38.06	___
2	Hiscock, Matthew	M33	VICM	38.00	___
3	Graham, Kathy	W66	DOGW	37.71	___
4	Nepogodin, Ilya	M39	LGCY	36.77	___
5	Boon, Dalton	M30	WIN	36.00	___
6	Long, Cameron	M31	VERN	36.70	___
7	Barnum, David	M63	HYAC	37.70	___
8	Kraus, Larissa	W34	EBMS	37.94	___
9	Giesbrecht, Chantelle	W40	CDSC	38.00	___
10	Clark, Julie	W50	CST	38.50	___

Heat 11 of 12 Finals

1	Peatling, Andy	M41	WRW	35.50	___
2	Downing, Michael	M56	EBMS	35.00	___
3	Geisheimer, Kelly	W41	HYAC	34.98	___
4	Janzen, Nathaniel	M34	UBCM	34.00	___
5	Brazier, Meghan	W30	EBMS	33.34	___
6	Fraser, Alex	M31	UBCM	33.89	___
7	Heusel, Peter	M56	EBMS	34.70	___
8	Tapp, Jay	M65	CDSC	35.00	___
9	Stewart, Kevin	M33	SQUA	35.00	___
10	Marsh, Ian	M62	DRM	36.00	___

Heat 12 of 12 Finals

1	Farrell, Andrew	M46	TEMP	32.50	___
2	Wood, Graham	M45	HYAC	31.97	___
3	Douglas, Kirsten	W26	EBMS	31.26	___
4	McCarthy, Ronan	M27	DOGW	29.76	___
5	Fry, Darian	M27	WRW	25.68	___
6	Kaul, Piyush	M19	SKSC	28.00	___
7	Ouchi, Kurt	M49	VERN	30.00	___
8	Garriock, Natalia	W28	EBMS	31.39	___
9	Scoffield, Trevor	M50	WRW	32.36	___
10	Terrillon, Jason	M30	LGCY	33.00	___

Event 16 Mixed 800 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

4	HYAC	X200 A	12:00.00	___
	1) Nicol, Claire W65		2) Pinske, Christopher M51	
	3) Mumford, Margaret W50		4) Cumming, Garth M47	
5	CST	X160 A	11:50.00	___
	1) Sexton, Danielle W35		2) Atkey, Susan W55	
	3) Torres, Arturo M42		4) Scott, Stewart M41	
6	DRM	X160 A	11:58.00	___
	1) Hamm, Douglas M63		2) Connolly, Aoife W40	
	3) Karkling, Morgan W35		4) Kimberley, Tristan M30	

Heat 2 of 2 Finals

1	VICM	X200 A	11:30.00	___
	1) Robinson, Heather W52		2) Carmichael, Rod M73	
	3) Hartford, Doug M61		4) Bartle, Darlana W40	
2	ROYA	X160 A	11:05.00	___
	1) Allan, Jennifer W45		2) Belanger-Finn, Melanie W33	
	3) Adams, Chris M56		4) Castello, Jose Alex M33	
3	VERN	X240 A	10:28.00	___
	1) Ouchi, Robynne W47		2) Butler, Megan W59	
	3) Long, David M65		4) Stamhuis, Michael M71	
4	EBMS	X120 A	10:01.80	___
	1) Kernot, Justin M31		2) Kraus, Larissa W34	
	3) Adams, Keith M53		4) Foukal, Annick W38	
5	HYAC	X160 A	9:30.00	___
	1) Uunila, Kathryn W39		2) Mercer, Vance M49	
	3) Geisheimer, Kelly W41		4) Lock, John M41	
6	WIN	X160 B	9:51.00	___
	1) Monk, James M38		2) Rodriguez Dimitrescu, Alexan W	
	3) Watson, Christa W35		4) Dallin, Christopher M61	
7	WIN	X160 A	10:25.00	___
	1) Boon, Dalton M30		2) Rasmussen, Steve M70	
	3) Kolstad, Nicole W37		4) Winstanley, Kandice W46	
8	VICM	X160 A	10:30.00	___
	1) Bergman, Tuesday Astrid W19		2) Robinson, Dale M50	
	3) Westmacott, Lauren W45		4) Cosper, Scott M55	
9	ROYA	X120 A	11:20.00	___
	1) Tootooni, Amirhossein M26		2) Yeung, Jamie W29	
	3) Bhogal, Amman M42		4) Harper, Nicole W46	

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Event 17 Women 800 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
4	CST	W160 A	15:07.00
	1) Coombs, Katie W37	2) Pedley, Sarah W47	
	3) Freedman, Robin W46	4) Wallace, Victoria W56	
5	WRW	W200 A	10:45.00
	1) Dumont, Kelly W49	2) Stanley Wilson, Linda W66	
	3) Gray, Sarah W51	4) Hindmarch, Sofi W43	
6	NEBB	W120 A	11:00.00
	1) Pendergast, Christina W47	2) Buggiey, Melanie W32	
	3) Clapham, Karlene W55	4) Carrier, Maya W21	
7	NSM	W200 A	15:28.22
	1) Montoya, Pam W29	2) Boothroyd, Sa W63	
	3) Lloyd, Megan W55	4) Watson, Anne W53	

Event 18 Men 800 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
4	WRW	M200 A	10:35.00
	1) Veldhoen, Nate M44	2) Nicholson, Ross M61	
	3) Slater, Craig M64	4) Scoffield, Trevor M50	
5	VERN	M160 A	9:15.00
	1) Long, Cameron M31	2) Johanneson, Darin M55	
	3) Lipinski, Sean M45	4) Ouchi, Kurt M49	
6	CDSC	M240 A	9:59.00
	1) Aamodt, Tor M51	2) Tapp, Jay M65	
	3) Craig, Rod M64	4) Johnson, Brian M62	
7	HYAC	M280 A	13:56.70
	1) O'Melinn, Lorcan M68	2) Lingley, David M74	
	3) Fox, John M77	4) Schmelzel, Alan M70	

Event 20 Mixed 100 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 5 Finals				
3	Holmwood, John	M70	VERN	2:01.83
4	Pedley, Nadia	W47	CST	1:58.00
5	Bhogal, Amman	M42	ROYA	1:40.00
6	Krebs, Donald	M60	HYAC	1:41.00
7	Thrift, Erin	W47	LGCY	2:00.00
Heat 2 of 5 Finals				
1	Lebrun, James	M36	WRW	1:40.00
2	Woo, Annabelle	W19	UBCM	1:37.42
3	Saxby, Tanis	W54	LGCY	1:35.00
4	Graham, Kathy	W66	DOGW	1:30.00
5	Knox, Kylie	W29	NEBB	1:29.00
6	Ferguson, Alanaise	W49	CHIL	1:30.00
7	Cooke, Mike	M55	SOSC	1:31.73
8	Simpson, Gary	M65	CHIL	1:36.10
9	Tucker, Kylie	W49	VERN	1:39.00
10	Wallace, Victoria	W56	CST	1:40.00

Heat 3 of 5 Finals

1	Halton, Jane	W48	LGCY	1:25.25
2	Velraj, Niranjana	M29	LGCY	1:25.00
3	Westmacott, Lauren	W45	VICM	1:22.00
4	Gray, Sarah	W51	WRW	1:21.00
5	Scott, Stewart	M41	CST	1:18.00
6	Kimberley, Tristan	M30	DRM	1:18.52
7	West, Alethea	W22	NEBB	1:21.19
8	Schier, Catherine	W52	NSM	1:22.00
9	DiTomaso, Steven	M48	HYAC	1:25.00
10	Long, David	M65	VERN	1:25.80

Heat 4 of 5 Finals

1	Carrier, Maya	W21	NEBB	1:15.00
2	Fellows, Matthew	M45	LGCY	1:14.82
3	Robinson, Dale	M50	VICM	1:13.00
4	Hindmarch, Sofi	W43	WRW	1:12.00
5	Downing, Michael	M56	EBMS	1:10.03
6	Craig, Rod	M64	CDSC	1:11.62
7	Frappell, Anders	M54	HYAC	1:12.00
8	Nepogodin, Ilya	M39	LGCY	1:13.39
9	Minielly, Ken	M37	HYAC	1:14.96
10	Marsh, Ian	M62	DRM	1:16.00

Heat 5 of 5 Finals

1	Garriock, Natalia	W28	EBMS	1:10.00
2	Janzen, Nathaniel	M34	UBCM	1:07.00
3	Messcu, Will	M23	WRW	1:04.45
4	Douglas, Kirsten	W26	EBMS	1:02.64
5	Toro, Esteban	M30	NSM	1:00.36
6	Ouchi, Kurt	M49	VERN	1:02.00
7	Ramsay, George	M25	DOGW	1:04.04
8	Terrillon, Jason	M30	LGCY	1:05.00
9	Fraser, Alex	M31	UBCM	1:07.17
10	Cropo, Steve	M52	WRW	1:10.00

Event 21 Mixed 200 SC Meter Backstroke

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
4	Campbell, Marie	W50	LGCY	NT
5	Morinville, Carole	W67	VICM	4:50.13
6	Stark, Carol	W76	001-	5:59.99
Heat 2 of 4 Finals				
1	Chandler, Christine	W41	ROYA	3:50.00
2	Stanley Wilson, Linda	W66	WRW	3:43.00
3	Myers, Mary Anne	W69	YGMS	3:35.00
4	Donoghue, Karl	M84	DOGW	3:31.00
5	Rasmussen, Steve	M70	WIN	3:30.00
6	Yeung, Jamie	W29	ROYA	3:30.00
7	Brooks, Tara	W47	LGCY	3:33.00
8	Johannesson, Shelley	W63	NEBB	3:38.02
9	Furlanetto, Francesca	W45	CST	3:43.37
10	Buckham, Lisa	W60	CHIL	4:05.00

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 3 Finals (#21 Mixed 200 SC Meter Backstroke)

1	Karkling, Morgan	W35	DRM	3:30.00	___
2	Clapham, Karlene	W55	NEBB	3:21.39	___
3	Muir, Alex	M68	NSM	3:20.00	___
4	Carmichael, Rod	M73	VICM	3:05.00	___
5	Nielsen, Sadie	W30	EBMS	3:00.00	___
6	Hiscock, Matthew	M33	VICM	3:05.00	___
7	Freeman, Dale	W64	EBMS	3:14.45	___
8	Bientjes, Kim	W50	CHIL	3:21.15	___
9	O'Melinn, Lorcan	M68	HYAC	3:24.61	___
10	Denham, Adrienne	W53	LGCY	3:30.00	___

Heat 4 of 4 Finals

1	Langer, Mark	M55	CHIL	2:52.50	___
2	Johnson, Brian	M62	CDSC	2:45.00	___
3	Godding, Curtis Tyler	M54	NSM	2:43.42	___
4	Geisheimer, Kelly	W41	HYAC	2:38.63	___
5	Fraser, Alex	M31	UBCM	2:27.39	___
6	Scoffield, Trevor	M50	WRW	2:30.56	___
7	Uunila, Kathryn	W39	HYAC	2:41.73	___
8	Brazier, Meghan	W30	EBMS	2:45.00	___
9	Pendergast, Anna	W20	NEBB	2:45.95	___
10	O'Connell, Meghan	W40	CST	2:56.35	___

Event 22 Mixed 100 SC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 13 Finals

1	Ho, Fernanda	W72	WIN	2:18.00	___
2	Tso, Phyllis	W43	CST	2:40.00	___
3	Foukal, Marie	W71	VERN	2:30.00	___
4	Chang, Johann	M38	CST	2:10.00	___
5	Visser, Gina	W30	DRM	2:02.02	___
6	Stephens, Melanie	W54	KISU	2:06.18	___
7	Ray, Arthur	M83	DRM	2:15.00	___
8	Hooper, Amy	W26	EBMS	3:00.00	___
9	Cruz, Fernanda	W33	CST	2:30.00	___
10	Coombs, Katie	W37	CST	2:27.83	___

Heat 2 of 13 Finals

1	Garrett, Peter	M28	EBMS	2:00.00	___
2	Agnew, Leilani	W52	ROYA	2:00.00	___
3	Lingley, David	M74	HYAC	1:56.00	___
4	Nicol, Claire	W65	HYAC	1:55.00	___
5	Schmelzel, Alan	M70	HYAC	1:55.00	___
6	Fox, John	M77	HYAC	1:55.00	___
7	Furlanetto, Francesca	W45	CST	1:55.91	___
8	Brooks, Tara	W47	LGCY	1:59.38	___
9	McLafferty, Frances	W68	LGCY	2:00.00	___
10	Hernandez, Belen	W23	ROYA	2:00.00	___

Heat 3 of 13 Finals

1	Pinske, Christopher	M51	HYAC	1:50.00	___
2	Lopez, Georgina	W80	NSM	1:49.29	___
3	Torres, Arturo	M42	CST	1:48.15	___
4	McCutcheon, Jennifer	W62	WRW	1:48.00	___
5	Freedman, Robin	W46	CST	1:46.08	___
6	Williams, Gareth	M57	EBMS	1:48.00	___
7	Pedley, Nadia	W47	CST	1:48.00	___
8	York, Teri	W69	DRM	1:49.00	___
9	Sheard, Emily	W30	WRW	1:50.00	___
10	Rajotte, Chantelle	W36	VERN	1:50.00	___

Heat 4 of 13 Finals

1	Connolly, Aoife	W40	DRM	1:45.00	___
2	Karim, Nafeesa	W43	WRW	1:45.00	___
3	Wynne, Lindsay	W36	LGCY	1:45.00	___
4	Clark, Julie	W50	CST	1:43.00	___
5	Guevremont, MC	W56	CST	1:42.00	___
6	Furby, Susie	W62	WRW	1:42.00	___
7	Kingston, Michael	M68	EBMS	1:44.04	___
8	Denham, Adrienne	W53	LGCY	1:45.00	___
9	Reid, Maddie	W33	LGCY	1:45.00	___
10	Klauke, Tim	M55	LGCY	1:45.56	___

Heat 5 of 13 Finals

1	Krebs, Donald	M60	HYAC	1:41.00	___
2	Lauz�, Niki	W56	DRM	1:40.00	___
3	Pedley, Sarah	W47	CST	1:38.00	___
4	Murray, Deirdre	W33	CST	1:36.67	___
5	Simpson, Gary	M65	CHIL	1:35.40	___
6	Woo, Annabelle	W19	UBCM	1:35.89	___
7	Tonneman, Hannah	W32	EBMS	1:38.00	___
8	Figuerola, Pilar Maria	W28	ROYA	1:40.00	___
9	Muir, Alex	M68	NSM	1:40.00	___
10	Smith, Andrew	M50	LGCY	1:41.87	___

Heat 6 of 13 Finals

1	Belanger-Finn, Melanie	W33	ROYA	1:35.00	___
2	Bryce, Ian	M41	LGCY	1:35.00	___
3	Beamish, Katie	W44	HYAC	1:34.74	___
4	Watson, Christa	W35	WIN	1:34.00	___
5	Wallace, Victoria	W56	CST	1:33.02	___
6	Chambers, Gwen	W59	UBCM	1:33.37	___
7	Betts, Angela	W58	CHIL	1:34.00	___
8	Finlan, Michelle	W44	WIN	1:35.00	___
9	Massyn, Mark	M60	LGCY	1:35.00	___
10	Colasanto, Jessica	W56	NEBB	1:35.00	___

Heat 7 of 13 Finals

1	Uncles, Paul	M71	WRW	1:32.23	___
2	Darvill, Kathleen	W43	WSM	1:31.73	___
3	Brisbin, Montana	W37	DRM	1:30.00	___
4	Welbourn, Suzanne	W55	DOGW	1:30.00	___
5	Skoda, Susie	W54	LGCY	1:29.24	___
6	Freeman, Dale	W64	EBMS	1:29.76	___
7	Dallin, Christopher	M61	WIN	1:30.00	___
8	Visser, Alex	M36	DRM	1:31.45	___
9	Dyck, Chantal	W56	VERN	1:32.00	___
10	McGowan, Patrick	M67	EBMS	1:32.37	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 8 Finals (#22 Mixed 100 SC Meter IM)

1	Watson, Anne	W53	NSM	1:28.00	___
2	Bayley, Natalie	W46	WRW	1:27.37	___
3	Buckley, Richard	M52	UBCM	1:26.93	___
4	Beaudin, Gilles	M70	EBMS	1:25.00	___
5	Bonny, Jenny	W48	YGMS	1:25.00	___
6	Hiscock, Matthew	M33	VICM	1:25.00	___
7	Dumont, Kelly	W49	WRW	1:25.20	___
8	Mumford, Margaret	W50	HYAC	1:27.14	___
9	Chiu, Kelvin	M42	CST	1:28.00	___
10	Moreno-Succi, Natalia	W31	ROYA	1:28.10	___

Heat 9 of 13 Finals

1	Harper, Nicole	W46	ROYA	1:23.76	___
2	Bartle, Darlana	W40	VICM	1:23.50	___
3	Cumming, Garth	M47	HYAC	1:23.45	___
4	Westmacott, Lauren	W45	VICM	1:22.00	___
5	Velraj, Niranjan	M29	LGCY	1:21.82	___
6	Sexton, Danielle	W35	CST	1:21.90	___
7	Kraus, Larissa	W34	EBMS	1:22.82	___
8	Murray, Samuel	M35	SQUA	1:23.48	___
9	Wilson, Russ	M55	WRW	1:23.55	___
10	Kim, Andrew	M34	LGCY	1:24.81	___

Heat 10 of 13 Finals

1	Eroglu, Biricik	W40	WRW	1:21.19	___
2	Osidach, Bogdan	M47	UBCM	1:21.00	___
3	Gomez-Duran, Daniel	M54	LGCY	1:20.00	___
4	Tapp, Jay	M65	CDSC	1:20.00	___
5	Allan, Jennifer	W45	ROYA	1:20.00	___
6	Long, Cameron	M31	VERN	1:20.00	___
7	DiTomaso, Steven	M48	HYAC	1:20.00	___
8	Pendergast, Christina	W47	NEBB	1:20.99	___
9	Adams, Chris	M56	ROYA	1:21.09	___
10	Brewis, Mya	W37	EBMS	1:21.73	___

Heat 11 of 13 Finals

1	Van Vliet, Ethan	M20	EBMS	1:18.82	___
2	Abelson, Jason	M28	EBMS	1:18.00	___
3	West, Alethea	W22	NEBB	1:16.93	___
4	Hamilton, Gary	M64	LGCY	1:16.00	___
5	Frappell, Anders	M54	HYAC	1:16.00	___
6	Marsh, Ian	M62	DRM	1:16.00	___
7	Downing, Michael	M56	EBMS	1:16.48	___
8	Smythies, Lauren	W32	WIN	1:17.10	___
9	Barnum, David	M63	HYAC	1:18.67	___
10	Pendergast, Anna	W20	NEBB	1:19.52	___

Heat 12 of 13 Finals

1	Iliscupidez, Bryan	M34	HYAC	1:15.00	___
2	Boon, Dalton	M30	WIN	1:14.00	___
3	Foukal, Annick	W38	EBMS	1:12.30	___
4	Mercer, Vance	M49	HYAC	1:11.95	___
5	Nepogodin, Ilya	M39	LGCY	1:11.26	___
6	Minielly, Ken	M37	HYAC	1:11.92	___
7	Heusel, Peter	M56	EBMS	1:12.08	___
8	Wood, Graham	M45	HYAC	1:13.44	___
9	Hartford, Doug	M61	VICM	1:14.50	___
10	Stockstad, Danica	W32	EBMS	1:15.94	___

Heat 13 of 13 Finals

1	Sanchez, Carlos	M49	WRW	1:08.80	___
2	Janzen, Nathaniel	M34	UBCM	1:07.00	___
3	Kaul, Piyush	M19	SKSC	1:06.00	___
4	Tisdall, Justin	M43	NSM	1:04.53	___
5	Flint, Nicolas	M28	HYAC	1:02.46	___
6	Benson, Andrew	M35	EBMS	1:03.80	___
7	Slivinski, Nikita	M20	HYAC	1:05.00	___
8	Lipinski, Sean	M45	VERN	1:06.64	___
9	Cosper, Scott	M55	VICM	1:08.00	___
10	Dendy, Richard	M64	DOGW	1:10.00	___

Event 23 Mixed 200 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 8 Finals

1	Papadopoulos, Kenna	W83	WIN	4:34.56	___
2	Brown, Marnie	W61	CHIL	4:30.00	___
3	Komkov, Ivan	M36	ROYA	4:29.01	___
4	Morinville, Carole	W67	VICM	4:20.00	___
5	Moore, David	M73	DRM	4:20.00	___
6	DeVos, Hannah	W27	DOGW	4:00.00	___
7	Tso, Phyllis	W43	CST	4:30.00	___
8	Dykstra, Aldert	M84	WRW	3:58.00	___
9	Coombs, Katie	W37	CST	4:29.96	___

Heat 2 of 8 Finals

1	Stephens, Melanie	W54	KISU	3:40.11	___
2	Scanlon, Paul	M72	WRW	3:32.00	___
3	Wong, Brian	M32	ROYA	3:30.00	___
4	Wynne, Lindsay	W36	LGCY	3:29.04	___
5	Murray, Candace	W54	DRM	3:23.50	___
6	Korban, Martine	W59	DOGW	3:25.00	___
7	Conti, Valerie	W38	WRW	3:30.00	___
8	Topp, Martin	M67	WIN	3:30.08	___
9	Reeder, Neil	M76	CHIL	3:36.97	___
10	Pease, Tony	M85	DRM	3:58.00	___

Heat 3 of 8 Finals

1	Donoghue, Karl	M84	DOGW	3:20.00	___
2	Cooke, Heather	W53	SOSC	3:18.18	___
3	Dowling, Mike	M77	NSM	3:14.45	___
4	Tonneman, Hannah	W32	EBMS	3:05.00	___
5	Wiggzell, Katharine	W52	SKSC	3:03.00	___
6	Atkey, Susan	W55	CST	3:03.00	___
7	Hamm, Douglas	M63	DRM	3:12.77	___
8	Arora, Rosy	W30	ROYA	3:16.14	___
9	Schmelzel, Alan	M70	HYAC	3:19.93	___
10	Fogg, Anna	W36	CST	3:20.00	___

Heat 4 of 8 Finals

1	Briggs, Sandy	M58	WRW	3:02.00	___
2	Belanger-Finn, Melanie	W33	ROYA	3:00.00	___
3	Boothroyd, Sa	W63	NSM	3:00.00	___
4	Pond, Nicholas	M37	EBMS	2:58.00	___
5	MacNeil, Angela	W56	YGMS	2:55.45	___
6	Robichaud, Rebecca	W36	NEBB	2:55.87	___
7	Kang, Yoon	M57	DOGW	3:00.00	___
8	Boothroyd, James	M64	EBMS	3:00.00	___
9	King, Justin	M26	RIDG	3:01.00	___
10	Colasanto, Jessica	W56	NEBB	3:02.64	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 5 Finals (#23 Mixed 200 SC Meter Freestyle)

1	Cooke, Mike	M55	SOSC	2:54.04	_____
2	Chris, Clibbon	M53	LGCY	2:52.00	_____
3	Karkling, Morgan	W35	DRM	2:47.82	_____
4	McGowan, Patrick	M67	EBMS	2:47.31	_____
5	Beer, Heike	W56	WRW	2:46.00	_____
6	Winstanley, Kandice	W46	WIN	2:46.43	_____
7	Krzic, Maja	W61	UBCM	2:47.75	_____
8	Clapham, Karlene	W55	NEBB	2:49.38	_____
9	Knox, Kylie	W29	NEBB	2:52.01	_____
10	Buggey, Melanie	W32	NEBB	2:55.00	_____

Heat 6 of 8 Finals

1	Nielsen, Sadie	W30	EBMS	2:40.00	_____
2	Van Vliet, Morgan	W42	ROYA	2:37.54	_____
3	Slater, Craig	M64	WRW	2:36.70	_____
4	Gomez-Duran, Daniel	M54	LGCY	2:35.00	_____
5	Kraus, Larissa	W34	EBMS	2:32.93	_____
6	Kolstad, Nicole	W37	WIN	2:33.00	_____
7	Sexton, Danielle	W35	CST	2:36.62	_____
8	Adams, Chris	M56	ROYA	2:37.17	_____
9	Johnson, Brian	M62	CDSC	2:40.00	_____
10	Skoda, Susie	W54	LGCY	2:45.00	_____

Heat 7 of 8 Finals

1	Stockstad, Danica	W32	EBMS	2:26.83	_____
2	Johanesson, Darin	M55	VERN	2:25.00	_____
3	Carrier, Maya	W21	NEBB	2:25.00	_____
4	Robinson, Dale	M50	VICM	2:22.00	_____
5	Bergman, Tuesday Astrid	W19	VICM	2:20.00	_____
6	Hindmarch, Sofi	W43	WRW	2:20.39	_____
7	Kimberley, Tristan	M30	DRM	2:24.16	_____
8	Garcia Martinez, Hector	M39	DOGW	2:25.00	_____
9	Montoya, Pam	W29	NSM	2:25.35	_____
10	Stamhuis, Michael	M71	VERN	2:32.00	_____

Heat 8 of 8 Finals

1	Rafferty, Euan	M43	NSM	2:18.00	_____
2	Craig, Rod	M64	CDSC	2:17.00	_____
3	Tisdall, Justin	M43	NSM	2:08.25	_____
4	Farrell, Andrew	M46	TEMP	2:04.95	_____
5	Toro, Esteban	M30	NSM	2:02.00	_____
6	Kernot, Justin	M31	EBMS	2:04.80	_____
7	McCarthy, Ronan	M27	DOGW	2:07.29	_____
8	Monk, James	M38	WIN	2:14.99	_____
9	Aamodt, Tor	M51	CDSC	2:18.00	_____
10	Smith, Victoria	W31	LGCY	2:19.59	_____

Event 24 Mixed 200 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
3	DRM	X240 B	3:05.00 _____
	1) Lauzé, Niki W56		2) Moore, David M73
	3) Visser, Syd M76		4) Brisbin, Montana W37
4	ROYA	X120 B	2:47.00 _____
	1) Hernandez, Belen W23		2) Komkov, Ivan M36
	3) Agnew, Leilani W52		4) Wong, Brian M32
5	WIN	X200 A	2:33.00 _____
	1) Watson, Christa W35		2) Finlan, Michelle W44
	3) Dallin, Christopher M61		4) Topp, Martin M67
6	DRM	X280 A	2:36.00 _____
	1) York, Teri W69		2) Rogers, Jan W68
	3) Ray, Arthur M83		4) Hamm, Douglas M63
7	ROYA	X120 C	2:53.00 _____
	1) Carroll, Olive W22		2) Meret, Paola M70
	3) Allan, Krysta W36		4) Trieu, Alex M29
Heat 2 of 2 Finals			
1	DRM	X240 A	2:29.00 _____
	1) Murray, Candace W54		
	3) Pease, Tony M85		4) Marsh, Ian M62
2	NEBB	X120 A	2:13.00 _____
	1) Pendergast, Christina W47		2) Batara, Magnus M33
	3) Pendergast, Anna W20		4) Riddell, Marc M50
3	ROYA	X120 A	2:11.00 _____
	1) Castello, Jose Alex M33		2) Arora, Rosy W30
	3) Belanger-Finn, Melanie W33		4) Adams, Chris M56
4	NSM	X160 A	2:00.22 _____
	1) Toro, Esteban M30		2) Boothroyd, Sa W63
	3) Schier, Catherine W52		4) Rafferty, Euan M43
5	HYAC	X160 A	1:54.00 _____
	1) Uunila, Kathryn W39		2) Mercer, Vance M49
	3) Geisheimer, Kelly W41		4) Wood, Graham M45
6	VERN	X200 A	1:57.00 _____
	1) Lipinski, Sean M45		2) Butler, Megan W59
	3) Ouchi, Robynne W47		4) Ouchi, Kurt M49
7	VERN	X160 A	2:09.00 _____
	1) Goble, Bryan M53		2) Rajotte, Chantelle W36
	3) Dyck, Chantal W56		4) Long, Cameron M31
8	DRM	X120 A	2:13.00 _____
	1) Visser, Alex M36		2) Connolly, Aoife W40
	3) Karkling, Morgan W35		4) Kimberley, Tristan M30
9	VERN	X240 A	2:29.00 _____
	1) Johanesson, Darin M55		2) Tucker, Kylie W49
	3) Foukal, Marie W71		4) Long, David M65
10	HYAC	X200 A	2:30.00 _____
	1) Beamish, Katie W44		2) Pinske, Christopher M51
	3) Nicol, Claire W65		4) Cumming, Garth M47

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Event 25 Women 200 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
2	WRW	W320 A	3:42.00
	1) Brussel, Betty W100	2) Stanley Wilson, Linda W66	
	3) Gould, Ingrid W71	4) Brichon, Alida W83	
3	CHIL	W200 A	2:51.00
	1) Buckham, Lisa W60	2) Betts, Angela W58	
	3) Brown, Marnie W61	4) Ferguson, Alanaise W49	
4	WRW	W160 B	2:47.00
	1) Ávila Foulkes, Luana W44	2) Sheard, Emily W30	
	3) Tandan, Tara W57	4) Conti, Valerie W38	
5	NEBB	W200 A	2:43.00
	1) Robichaud, Rebecca W36	2) Colasanto, Jessica W56	
	3) Clapham, Karlene W55	4) Johannesson, Shelley W63	
6	YGMS	W200 A	2:46.60
	1) MacNeil, Angela W56	2) Myers, Mary Anne W69	
	3) Bonny, Jenny W48	4) Bruce, Olwyn W52	
7	WRW	W200 B	2:47.00
	1) Furby, Susie W62	2) Easton, Wendy W57	
	3) Clarkson, Rita W70	4) Karim, Nafeesa W43	
8	CST	W160 B	3:15.00
	1) Coombs, Katie W37	2) Pedley, Sarah W47	
	3) Pedley, Nadia W47	4) Cruz, Fernanda W33	
Heat 2 of 2 Finals			
1	CST	W160 A	2:30.00
	1) Fogg, Anna W36	2) Guevremont, MC W56	
	3) Clark, Julie W50	4) Sexton, Danielle W35	
2	ROYA	W120 A	2:29.00
	1) Figueroa, Pilar Maria W28	2) Chandler, Christine W41	
	3) Steele, Sarah W41	4) Yeung, Jamie W29	
3	WRW	W160 A	2:08.00
	1) Dumont, Kelly W49	2) Eroglu, Biricik W40	
	3) Beer, Heike W56	4) Hindmarch, Sofi W43	
4	EBMS	W120 A	2:05.40
	1) Nielsen, Sadie W30	2) Foukal, Annick W38	
	3) Kraus, Larissa W34	4) Brewis, Mya W37	
5	EBMS	W100 A	1:55.90
	1) Garriock, Natalia W28	2) Brazier, Meghan W30	
	3) Stockstad, Danica W32	4) Douglas, Kirsten W26	
6	ROYA	W160 A	2:03.00
	1) Allan, Jennifer W45	2) Harper, Nicole W46	
	3) Moreno-Succi, Natalia W31	4) Van Vliet, Morgan W42	
7	WIN	W120 A	2:05.65
	1) Smythies, Lauren W32	2) Kolstad, Nicole W37	
	3) Rodriguez Dimitrescu, Alexan W	4) Winstanley, Kandice W46	
8	NEBB	W100 A	2:09.00
	1) Carrier, Maya W21	2) Knox, Kylie W29	
	3) Buggiey, Melanie W32	4) West, Alethea W22	
9	EBMS	W120 B	2:29.46
	1) Dohm, Keegan W30	2) Tonneman, Hannah W32	
	3) Hooper, Amy W26	4) Freeman, Dale W64	
10	WRW	W200 A	2:32.00
	1) Bayley, Natalie W46	2) McCutcheon, Jennifer W62	
	3) Laul, Sarah W52	4) Gray, Sarah W51	

Event 26 Men 200 SC Meter Freestyle Relay

Lane	Team	Relay	Seed Time
Heat 1 of 2 Finals			
3	WRW	M280 A	3:07.00
	1) Scanlon, Paul M72	2) Uncles, Paul M71	
	3) Dykstra, Aldert M84	4) Weiss, Gary M62	
4	EBMS	M240 A	2:34.80
	1) Boothroyd, James M64	2) Kingston, Michael M68	
	3) Adams, Keith M53	4) McGowan, Patrick M67	
5	CHIL	M240 A	2:23.00
	1) Simpson, Gary M65	2) Hamed-Shamaei, Taghi M68	
	3) Reeder, Neil M76	4) Langer, Mark M55	
6	HYAC	M280 A	2:30.00
	1) Barnum, David M63	2) Fox, John M77	
	3) Lingley, David M74	4) Schmelzel, Alan M70	
7	WRW	M200 B	2:41.00
	1) Greenwood, Rob M52	2) Davies, Owen M57	
	3) Lebrun, James M36	4) Briggs, Sandy M58	
Heat 2 of 2 Finals			
1	HYAC	M200 A	2:15.00
	1) O'Melinn, Lorcan M68	2) Frappell, Anders M54	
	3) Krebs, Donald M60	4) DiTomaso, Steven M48	
2	WRW	M200 A	2:03.00
	1) Edmondson, Jonathan M51	2) Slater, Craig M64	
	3) Severns, Chris M63	4) Peatling, Andy M41	
3	CDSC	M240 A	1:59.00
	1) Tapp, Jay M65	2) Teskey, Mac M66	
	3) Craig, Rod M64	4) Johnson, Brian M62	
4	HYAC	M100 A	1:48.00
	1) Flint, Nicolas M28	2) Minielly, Ken M37	
	3) Iliscupidez, Bryan M34	4) Slivinski, Nikita M20	
5	WRW	M160 A	1:47.50
	1) Sanchez, Carlos M49	2) Cropro, Steve M52	
	3) Scoffield, Trevor M50	4) Fry, Darian M27	
6	EBMS	M100 A	1:47.51
	1) Benson, Andrew M35	2) Van Vliet, Ethan M20	
	3) Garrett, Peter M28	4) Kernot, Justin M31	
7	WIN	M160 A	1:56.77
	1) Freiburger, Brandon M26	2) Monk, James M38	
	3) Boon, Dalton M30	4) Rasmussen, Steve M70	
8	EBMS	M120 A	2:01.30
	1) Zokol, Ryan M41	2) Yee, Albert M40	
	3) Pond, Nicholas M37	4) Abelson, Jason M28	
9	EBMS	M200 A	2:06.90
	1) Beaudin, Gilles M70	2) Williams, Gareth M57	
	3) Magneres, Joaquin M37	4) Downing, Michael M56	
10	CST	M160 A	2:18.00
	1) Torres, Arturo M42	2) Chiu, Kelvin M42	
	3) Scott, Stewart M41	4) Chang, Johann M38	

Event 27 Mixed 50 SC Meter Butterfly

Lane	Name	Age	Team	Seed Time
Heat 1 of 14 Finals				
4	Hooper, Amy	W26	EBMS	1:30.00
5	Hernandez, Belen	W23	ROYA	1:10.00
6	Meret, Paola	M70	ROYA	1:30.00

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 2 Finals (#27 Mixed 50 SC Meter Butterfly)

2	Dykstra, Aldert	M84	WRW	1:07.92	___
3	Stephens, Melanie	W54	KISU	1:01.13	___
4	Cruz, Fernanda	W33	CST	57.00	___
5	Thrift, Erin	W47	LGCY	55.00	___
6	Torres, Arturo	M42	CST	55.17	___
7	Brooks, Tara	W47	LGCY	59.98	___
8	Chang, Johann	M38	CST	1:05.00	___
9	Moore, David	M73	DRM	1:10.00	___

Heat 3 of 14 Finals

1	Furlanetto, Francesca	W45	CST	51.99	___
2	Lopez, Georgina	W80	NSM	51.47	___
3	Denham, Adrienne	W53	LGCY	50.00	___
4	Smith, Andrew	M50	LGCY	49.04	___
5	Campbell, Marie	W50	LGCY	49.00	___
6	Pedley, Nadia	W47	CST	49.00	___
7	Greenwood, Rob	M52	WRW	50.00	___
8	Lebrun, James	M36	WRW	50.00	___
9	Sheard, Emily	W30	WRW	51.50	___
10	Johannesson, Shelley	W63	NEBB	52.25	___

Heat 4 of 14 Finals

1	O'Melinn, Lorcan	M68	HYAC	47.71	___
2	Laul, Sarah	W52	WRW	46.52	___
3	Karim, Nafeesa	W43	WRW	45.00	___
4	Belanger-Finn, Melanie	W33	ROYA	45.00	___
5	Tucker, Kylie	W49	VERN	44.00	___
6	Betts, Angela	W58	CHIL	44.00	___
7	Figueroa, Pilar Maria	W28	ROYA	45.00	___
8	Chandler, Christine	W41	ROYA	45.04	___
9	Ray, Arthur	M83	DRM	47.00	___
10	Furby, Susie	W62	WRW	48.00	___

Heat 5 of 14 Finals

1	Woo, Annabelle	W19	UBCM	43.27	___
2	Brisbin, Montana	W37	DRM	43.00	___
3	Krebs, Donald	M60	HYAC	42.00	___
4	Beamish, Katie	W44	HYAC	41.98	___
5	Hamm, Douglas	M63	DRM	41.34	___
6	Simpson, Gary	M65	CHIL	41.63	___
7	Finlan, Michelle	W44	WIN	42.00	___
8	Colasanto, Jessica	W56	NEBB	42.36	___
9	Murray, Deirdre	W33	CST	43.00	___
10	Rajotte, Chantelle	W36	VERN	43.78	___

Heat 6 of 14 Finals

1	Hiscock, Matthew	M33	VICM	40.00	___
2	Cooke, Mike	M55	SOSC	40.00	___
3	O'Connell, Meghan	W40	CST	39.58	___
4	Knox, Kylie	W29	NEBB	39.21	___
5	Chambers, Gwen	W59	UBCM	39.16	___
6	Pendergast, Anna	W20	NEBB	39.19	___
7	Clark, Julie	W50	CST	39.50	___
8	Chiu, Kelvin	M42	CST	40.00	___
9	Magneres, Joaquin	M37	EBMS	40.00	___
10	Pond, Nicholas	M37	EBMS	40.00	___

Heat 7 of 14 Finals

1	Weiss, Gary	M62	WRW	39.00	___
2	Massyn, Mark	M60	LGCY	39.00	___
3	Bartle, Darlana	W40	VICM	38.50	___
4	Kang, Yoon	M57	DOGW	38.00	___
5	Harper, Nicole	W46	ROYA	37.43	___
6	Buckley, Richard	M52	UBCM	37.79	___
7	Halton, Jane	W48	LGCY	38.26	___
8	Chris, Clibbon	M53	LGCY	39.00	___
9	Moreno-Succi, Natalia	W31	ROYA	39.00	___
10	Mumford, Margaret	W50	HYAC	39.11	___

Heat 8 of 14 Finals

1	Dumont, Kelly	W49	WRW	37.00	___
2	Ferguson, Alanaise	W49	CHIL	37.00	___
3	Eroglu, Biricik	W40	WRW	36.55	___
4	Watson, Christa	W35	WIN	36.42	___
5	Allan, Jennifer	W45	ROYA	36.33	___
6	Winstanley, Kandice	W46	WIN	36.41	___
7	Kraus, Larissa	W34	EBMS	36.50	___
8	Bhogal, Amman	M42	ROYA	36.75	___
9	Graham, Kathy	W66	DOGW	37.00	___
10	Gray, Sarah	W51	WRW	37.33	___

Heat 9 of 14 Finals

1	Riddell, Marc	M50	NEBB	36.00	___
2	Foukal, Annick	W38	EBMS	36.00	___
3	Krzic, Maja	W61	UBCM	35.87	___
4	Wilkinson, Mark	M59	SKSC	35.22	___
5	Dallin, Christopher	M61	WIN	35.00	___
6	Long, Cameron	M31	VERN	35.00	___
7	Sexton, Danielle	W35	CST	35.70	___
8	Carmichael, Rod	M73	VICM	36.00	___
9	Westmacott, Lauren	W45	VICM	36.00	___
10	Beaudin, Gilles	M70	EBMS	36.00	___

Heat 10 of 14 Finals

1	Carpenter, Billy	M51	SQUA	34.89	___
2	Velraj, Niranjana	M29	LGCY	34.17	___
3	Edmondson, Jonathan	M51	WRW	34.00	___
4	Kim, Andrew	M34	LGCY	33.95	___
5	Van Vliet, Morgan	W42	ROYA	33.33	___
6	Godding, Curtis Tyler	M54	NSM	33.55	___
7	Osidach, Bogdan	M47	UBCM	34.00	___
8	Abelson, Jason	M28	EBMS	34.00	___
9	Long, David	M65	VERN	34.65	___
10	Hamilton, Gary	M64	LGCY	35.00	___

Heat 11 of 14 Finals

1	Garcia Martinez, Hector	M39	DOGW	33.19	___
2	DiTomaso, Steven	M48	HYAC	33.00	___
3	Barnum, David	M63	HYAC	32.70	___
4	Mercer, Vance	M49	HYAC	32.33	___
5	Zokol, Ryan	M41	EBMS	32.15	___
6	Minielly, Ken	M37	HYAC	32.21	___
7	Kimberley, Tristan	M30	DRM	32.37	___
8	Fellows, Matthew	M45	LGCY	32.88	___
9	Boon, Dalton	M30	WIN	33.00	___
10	Wilson, Russ	M55	WRW	33.20	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 12 Finals (#27 Mixed 50 SC Meter Butterfly)

1	Hartford, Doug	M61	VICM	32.00	___
2	Smith, Victoria	W31	LGCY	32.00	___
3	Craig, Rod	M64	CDSC	31.88	___
4	Nepogodin, Ilya	M39	LGCY	31.29	___
5	Brick, Alan	M44	BWM	30.47	___
6	Marsh, Ian	M62	DRM	31.00	___
7	Hindmarch, Sofi	W43	WRW	31.34	___
8	Teskey, Mac	M66	CDSC	32.00	___
9	Dendy, Richard	M64	DOGW	32.00	___
10	Frappell, Anders	M54	HYAC	32.00	___

Heat 13 of 14 Finals

1	Sanchez, Carlos	M49	WRW	30.20	___
2	Janzen, Nathaniel	M34	UBCM	30.00	___
3	Terrillon, Jason	M30	LGCY	30.00	___
4	Wood, Graham	M45	HYAC	29.99	___
5	Iliscupidez, Bryan	M34	HYAC	29.10	___
6	Garriock, Natalia	W28	EBMS	29.19	___
7	Kernot, Justin	M31	EBMS	30.00	___
8	Cropo, Steve	M52	WRW	30.00	___
9	Fraser, Alex	M31	UBCM	30.07	___
10	Downing, Michael	M56	EBMS	30.20	___

Heat 14 of 14 Finals

1	Rogaar, Mark	M36	OKAN	29.00	___
2	Douglas, Kirsten	W26	EBMS	28.19	___
3	Ouchi, Kurt	M49	VERN	27.50	___
4	Toro, Esteban	M30	NSM	27.23	___
5	Fry, Darian	M27	WRW	24.72	___
6	Ramsay, George	M25	DOGW	26.62	___
7	Flint, Nicolas	M28	HYAC	27.50	___
8	Freiberger, Brandon	M26	WIN	28.00	___
9	Slivinski, Nikita	M20	HYAC	29.00	___
10	Cosper, Scott	M55	VICM	29.00	___

Event 28 Mixed 400 SC Meter IM

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 2 Finals

2	Dowling, Mike	M77	NSM	8:24.34	___
3	Nicholson, Ross	M61	WRW	8:07.81	___
4	Adams, Keith	M53	EBMS	7:58.00	___
5	Wallace, Victoria	W56	CST	7:40.00	___
6	Watson, Christa	W35	WIN	7:45.00	___
7	Gilman, Jonathan	M48	KISU	8:00.00	___
8	Pedley, Sarah	W47	CST	8:15.00	___
9	Holmwood, John	M70	VERN	9:27.14	___

Heat 2 of 2 Finals

1	Bruce, Olwyn	W52	YGMS	6:30.00	___
2	Van Vliet, Morgan	W42	ROYA	6:15.00	___
3	Stockstad, Danica	W32	EBMS	6:05.36	___
4	Uunila, Kathryn	W39	HYAC	5:41.12	___
5	Lock, John	M41	HYAC	5:24.59	___
6	Aamodt, Tor	M51	CDSC	5:25.00	___
7	Langer, Mark	M55	CHIL	5:58.89	___
8	Scott, Stewart	M41	CST	6:06.06	___
9	Robinson, Dale	M50	VICM	6:30.00	___
10	Bientjes, Kim	W50	CHIL	6:58.36	___

Event 29 Mixed 50 SC Meter Breaststroke

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 12 Finals

3	Buckham, Lisa	W60	CHIL	1:20.00	___
4	Ray, Arthur	M83	DRM	1:12.00	___
5	Pease, Tony	M85	DRM	1:10.00	___
6	Morinville, Carole	W67	VICM	1:10.45	___
7	Coombs, Katie	W37	CST	1:14.05	___
8	Brussel, Betty	W100	WRW	1:57.78	___

Heat 2 of 12 Finals

1	Papadopoulos, Kenna	W83	WIN	1:08.00	___
2	Sheard, Emily	W30	WRW	1:04.78	___
3	Visser, Syd	M76	DRM	1:02.29	___
4	Findler, Patrick	M62	LGCY	1:00.00	___
5	Brown, Marnie	W61	CHIL	1:00.00	___
6	Allan, Krysta	W36	ROYA	1:00.00	___
7	Hernandez, Belen	W23	ROYA	1:00.00	___
8	Brichon, Alida	W83	WRW	1:03.75	___
9	Cruz, Fernanda	W33	CST	1:06.00	___
10	Clarkson, Rita	W70	WRW	1:10.00	___

Heat 3 of 12 Finals

1	McLafferty, Frances	W68	LGCY	59.17	___
2	Lopez, Georgina	W80	NSM	56.59	___
3	Karim, Nafeesa	W43	WRW	56.00	___
4	Belanger-Finn, Melanie	W33	ROYA	55.00	___
5	Easton, Wendy	W57	WRW	54.00	___
6	Schmelzel, Alan	M70	HYAC	54.05	___
7	Fox, John	M77	HYAC	55.00	___
8	Conti, Valerie	W38	WRW	56.00	___
9	Cooke, Heather	W53	SOSC	56.98	___
10	Brooks, Tara	W47	LGCY	59.78	___

Heat 4 of 12 Finals

1	Murray, Candace	W54	DRM	53.20	___
2	Ho, Fernanda	W72	WIN	53.00	___
3	Carroll, Olive	W22	ROYA	52.00	___
4	Furby, Susie	W62	WRW	51.20	___
5	York, Teri	W69	DRM	51.00	___
6	Reid, Maddie	W33	LGCY	51.00	___
7	Dohm, Keegan	W30	EBMS	51.93	___
8	Topp, Martin	M67	WIN	53.00	___
9	Wynne, Lindsay	W36	LGCY	53.00	___
10	Laul, Sarah	W52	WRW	53.38	___

Heat 5 of 12 Finals

1	Williams, Gareth	M57	EBMS	50.00	___
2	Basra, Nav	M40	ROYA	50.00	___
3	Greenwood, Rob	M52	WRW	50.00	___
4	Huerta, Salvador	M74	NSM	49.46	___
5	King, Sheena	W56	PNW	49.00	___
6	Guevremont, MC	W56	CST	49.00	___
7	Kay, Jane-Ann	W47	ROYA	49.65	___
8	Klauke, Tim	M55	LGCY	50.00	___
9	Darvill, Kathleen	W43	WSM	50.00	___
10	Ávila Foulkes, Luana	W44	WRW	50.20	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 6 Finals (#29 Mixed 50 SC Meter Breaststroke)

1	Lauzé, Niki	W56	DRM	48.00	___
2	MacNeil, Angela	W56	YGMS	47.70	___
3	Dyck, Chantal	W56	VERN	47.15	___
4	Davies, Owen	M57	WRW	46.71	___
5	Mason, Nichola	W46	WIN	46.20	___
6	Visser, Alex	M36	DRM	46.58	___
7	Clark, Julie	W50	CST	47.00	___
8	Magneres, Joaquin	M37	EBMS	47.55	___
9	Finlan, Michelle	W44	WIN	48.00	___
10	Smith, Andrew	M50	LGCY	48.54	___

Heat 7 of 12 Finals

1	Halton, Jane	W48	LGCY	45.10	___
2	Krebs, Donald	M60	HYAC	45.00	___
3	Brewis, Mya	W37	EBMS	45.00	___
4	Robinson, Heather	W52	VICM	45.00	___
5	Connolly, Aoife	W40	DRM	44.30	___
6	Reeder, Neil	M76	CHIL	44.73	___
7	King, Justin	M26	RIDG	45.00	___
8	Yeung, Jamie	W29	ROYA	45.00	___
9	Buckley, Richard	M52	UBCM	45.00	___
10	Cumming, Garth	M47	HYAC	45.67	___

Heat 8 of 12 Finals

1	Rajotte, Chantelle	W36	VERN	44.00	___
2	Briggs, Sandy	M58	WRW	43.50	___
3	Score, Serge	M63	DOGW	43.00	___
4	Simpson, Gary	M65	CHIL	42.74	___
5	Bayley, Natalie	W46	WRW	42.20	___
6	Uncles, Paul	M71	WRW	42.68	___
7	Chiu, Kelvin	M42	CST	43.00	___
8	Harper, Nicole	W46	ROYA	43.17	___
9	Van Vliet, Morgan	W42	ROYA	43.52	___
10	Atkey, Susan	W55	CST	44.11	___

Heat 9 of 12 Finals

1	Adams, Chris	M56	ROYA	42.00	___
2	Chang, Johann	M38	CST	42.00	___
3	Severns, Chris	M63	WRW	41.50	___
4	Hamed-Shamaei, Taghi	M68	CHIL	41.14	___
5	Osidach, Bogdan	M47	UBCM	41.00	___
6	Gomez-Duran, Daniel	M54	LGCY	41.00	___
7	Butler, Megan	W59	VERN	41.22	___
8	Dumont, Kelly	W49	WRW	41.88	___
9	Beaudin, Gilles	M70	EBMS	42.00	___
10	Bonny, Jenny	W48	YGMS	42.00	___

Heat 10 of 12 Finals

1	Eroglu, Biricik	W40	WRW	40.15	___
2	Johnson, Brian	M62	CDSC	39.77	___
3	Wilson, Russ	M55	WRW	39.39	___
4	Kim, Andrew	M34	LGCY	39.30	___
5	Long, Cameron	M31	VERN	39.00	___
6	Bruce, Olwyn	W52	YGMS	39.00	___
7	Smythies, Lauren	W32	WIN	39.39	___
8	Murray, Samuel	M35	SQUA	39.61	___
9	Gilman, Jonathan	M48	KISU	40.00	___
10	Boon, Dalton	M30	WIN	40.50	___

Heat 11 of 12 Finals

1	Marsh, Ian	M62	DRM	39.00	___
2	Yee, Albert	M40	EBMS	38.26	___
3	Stark, Allen	M75	001-	38.16	___
4	Zokol, Ryan	M41	EBMS	37.47	___
5	Fellows, Matthew	M45	LGCY	37.14	___
6	Batara, Magnus	M33	NEBB	37.25	___
7	Pendergast, Christina	W47	NEBB	38.14	___
8	Goble, Bryan	M53	VERN	38.20	___
9	DiTomaso, Steven	M48	HYAC	38.61	___
10	Abelson, Jason	M28	EBMS	39.00	___

Heat 12 of 12 Finals

1	Dendy, Richard	M64	DOGW	36.00	___
2	Van Vliet, Ethan	M20	EBMS	33.61	___
3	Iliscupidez, Bryan	M34	HYAC	32.31	___
4	Ramsay, George	M25	DOGW	31.28	___
5	Brekke, Trevor	M47	LOSC	29.55	___
6	Benson, Andrew	M35	EBMS	30.80	___
7	Sanchez, Carlos	M49	WRW	32.20	___
8	Freiberger, Brandon	M26	WIN	33.00	___
9	Peatling, Andy	M41	WRW	34.50	___
10	Nepogodin, Ilya	M39	LGCY	36.70	___

Event 30 Mixed 100 SC Meter Freestyle

Lane	Name	Age	Team	Seed Time	
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Heat 1 of 17 Finals

2	Meret, Paola	M70	ROYA	2:18.86	___
3	McLafferty, Frances	W68	LGCY	2:10.00	___
4	Morinville, Carole	W67	VICM	2:06.33	___
5	Hoopar, Amy	W26	EBMS	2:00.00	___
6	Allan, Krysta	W36	ROYA	2:10.00	___
7	Papadopoulos, Kenna	W83	WIN	2:04.62	___
8	Coombs, Katie	W37	CST	2:10.03	___

Heat 2 of 17 Finals

1	Brichon, Alida	W83	WRW	1:55.25	___
2	Tso, Phyllis	W43	CST	1:50.00	___
3	Weiss, Gary	M62	WRW	1:45.00	___
4	Easton, Wendy	W57	WRW	1:45.00	___
5	Stephens, Melanie	W54	KISU	1:41.12	___
6	Komkov, Ivan	M36	ROYA	1:44.53	___
7	Pease, Tony	M85	DRM	1:45.00	___
8	Foukal, Marie	W71	VERN	1:50.00	___
9	Moore, David	M73	DRM	1:55.00	___
10	Cruz, Fernanda	W33	CST	1:56.00	___

Heat 3 of 17 Finals

1	Thrift, Erin	W47	LGCY	1:40.00	___
2	Ray, Arthur	M83	DRM	1:39.00	___
3	Scanlon, Paul	M72	WRW	1:38.00	___
4	Furlanetto, Francesca	W45	CST	1:37.13	___
5	Topp, Martin	M67	WIN	1:35.17	___
6	Korban, Martine	W59	DOGW	1:37.00	___
7	Moore, Pru	W76	NSM	1:38.00	___
8	Lopez, Georgina	W80	NSM	1:38.29	___
9	Davies, Owen	M57	WRW	1:40.00	___
10	Findler, Patrick	M62	LGCY	1:40.00	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 4 Finals (#30 Mixed 100 SC Meter Freestyle)

1	Pedley, Nadia	W47	CST	1:35.00	___
2	Basra, Nav	M40	ROYA	1:34.06	___
3	Fogg, Anna	W36	CST	1:33.00	___
4	Donoghue, Karl	M84	DOGW	1:32.00	___
5	Lingley, David	M74	HYAC	1:31.00	___
6	Hernandez, Belen	W23	ROYA	1:31.31	___
7	Rogers, Jan	W68	DRM	1:33.00	___
8	Nicol, Claire	W65	HYAC	1:34.00	___
9	Carroll, Olive	W22	ROYA	1:35.00	___
10	Chandler, Christine	W41	ROYA	1:35.00	___

Heat 5 of 17 Finals

1	Conti, Valerie	W38	WRW	1:30.00	___
2	Tonneman, Hannah	W32	EBMS	1:30.00	___
3	Massyn, Mark	M60	LGCY	1:30.00	___
4	Dowling, Mike	M77	NSM	1:29.08	___
5	Steele, Sarah	W41	ROYA	1:29.00	___
6	Fox, John	M77	HYAC	1:29.00	___
7	Lebrun, James	M36	WRW	1:30.00	___
8	York, Teri	W69	DRM	1:30.00	___
9	DeVos, Hannah	W27	DOGW	1:30.00	___
10	Reeder, Neil	M76	CHIL	1:30.17	___

Heat 6 of 17 Finals

1	Wong, Brian	M32	ROYA	1:27.83	___
2	Klauke, Tim	M55	LGCY	1:27.13	___
3	Reid, Maddie	W33	LGCY	1:27.00	___
4	Laul, Sarah	W52	WRW	1:26.77	___
5	Freedman, Robin	W46	CST	1:26.23	___
6	Wynne, Lindsay	W36	LGCY	1:26.63	___
7	King, Justin	M26	RIDG	1:27.00	___
8	Pedley, Sarah	W47	CST	1:27.08	___
9	Johannesson, Shelley	W63	NEBB	1:27.73	___
10	Murray, Candace	W54	DRM	1:28.40	___

Heat 7 of 17 Finals

1	Severns, Chris	M63	WRW	1:25.27	___
2	Hunter, James	M61	WRW	1:25.00	___
3	Rajotte, Chantelle	W36	VERN	1:23.16	___
4	Connolly, Aoife	W40	DRM	1:23.00	___
5	Mason, Nichola	W46	WIN	1:21.91	___
6	Wigzell, Katharine	W52	SKSC	1:23.00	___
7	Wallace, Victoria	W56	CST	1:23.00	___
8	Arora, Rosy	W30	ROYA	1:24.05	___
9	Ávila Foulkes, Luana	W44	WRW	1:25.00	___
10	Schmelzel, Alan	M70	HYAC	1:25.57	___

Heat 8 of 17 Finals

1	Colasanto, Jessica	W56	NEBB	1:21.38	___
2	King, Sheena	W56	PNW	1:21.00	___
3	Figueroa, Pilar Maria	W28	ROYA	1:20.06	___
4	Williams, Gareth	M57	EBMS	1:20.00	___
5	Brisbin, Montana	W37	DRM	1:20.00	___
6	Chambers, Gwen	W59	UBCM	1:20.00	___
7	Bonny, Jenny	W48	YGMS	1:20.00	___
8	Robinson, Heather	W52	VICM	1:21.00	___
9	Kingston, Michael	M68	EBMS	1:21.20	___
10	Mumford, Margaret	W50	HYAC	1:21.56	___

Heat 9 of 17 Finals

1	Visser, Alex	M36	DRM	1:20.00	___
2	Graham, Kathy	W66	DOGW	1:19.00	___
3	Murray, Deirdre	W33	CST	1:18.00	___
4	Krzic, Maja	W61	UBCM	1:18.00	___
5	Knox, Kylie	W29	NEBB	1:17.17	___
6	Darvill, Kathleen	W43	WSM	1:17.21	___
7	Moreno-Succi, Natalia	W31	ROYA	1:18.00	___
8	Robichaud, Rebecca	W36	NEBB	1:18.71	___
9	Woo, Annabelle	W19	UBCM	1:19.41	___
10	Pinske, Christopher	M51	HYAC	1:20.00	___

Heat 10 of 17 Finals

1	Pond, Nicholas	M37	EBMS	1:17.00	___
2	Clark, Julie	W50	CST	1:16.00	___
3	Dallin, Christopher	M61	WIN	1:15.00	___
4	Carmichael, Rod	M73	VICM	1:14.50	___
5	Osidach, Bogdan	M47	UBCM	1:14.20	___
6	Murray, Samuel	M35	SQUA	1:14.22	___
7	Kang, Yoon	M57	DOGW	1:15.00	___
8	Gilman, Jonathan	M48	KISU	1:15.00	___
9	Dyck, Chantal	W56	VERN	1:16.36	___
10	Clapham, Karlene	W55	NEBB	1:17.08	___

Heat 11 of 17 Finals

1	Skoda, Susie	W54	LGCY	1:14.00	___
2	Beer, Heike	W56	WRW	1:13.50	___
3	Magneres, Joaquin	M37	EBMS	1:13.23	___
4	Buggey, Melanie	W32	NEBB	1:13.00	___
5	Johnson, Brian	M62	CDSC	1:12.69	___
6	Saxby, Tanis	W54	LGCY	1:13.00	___
7	Rasmussen, Steve	M70	WIN	1:13.00	___
8	Winstanley, Kandice	W46	WIN	1:13.35	___
9	Harper, Nicole	W46	ROYA	1:13.82	___
10	Chris, Clibbon	M53	LGCY	1:14.00	___

Heat 12 of 17 Finals

1	Yee, Albert	M40	EBMS	1:11.58	___
2	Ferguson, Alanaise	W49	CHIL	1:10.68	___
3	Bhagal, Amman	M42	ROYA	1:10.06	___
4	Brewis, Mya	W37	EBMS	1:09.78	___
5	Adams, Chris	M56	ROYA	1:08.86	___
6	Kolstad, Nicole	W37	WIN	1:09.00	___
7	Gomez-Duran, Daniel	M54	LGCY	1:10.00	___
8	Sexton, Danielle	W35	CST	1:10.60	___
9	Pendergast, Anna	W20	NEBB	1:11.55	___
10	Pendergast, Christina	W47	NEBB	1:12.64	___

Heat 13 of 17 Finals

1	Montoya, Pam	W29	NSM	1:07.79	___
2	Johaneson, Darin	M55	VERN	1:07.00	___
3	Stamhuis, Michael	M71	VERN	1:06.00	___
4	Downing, Michael	M56	EBMS	1:05.28	___
5	Garrett, Peter	M28	EBMS	1:05.00	___
6	Smith, Victoria	W31	LGCY	1:05.00	___
7	Carrier, Maya	W21	NEBB	1:05.42	___
8	Foukal, Annick	W38	EBMS	1:06.10	___
9	Smythies, Lauren	W32	WIN	1:07.10	___
10	West, Alethea	W22	NEBB	1:08.30	___

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Heat 14 Finals (#30 Mixed 100 SC Meter Freestyle)

1	Arzate, Yannick	M33	DOGW	1:04.73	___
2	Zokol, Ryan	M41	EBMS	1:04.49	___
3	Garcia Martinez, Hector	M39	DOGW	1:04.21	___
4	Hindmarch, Sofi	W43	WRW	1:04.00	___
5	Brazier, Meghan	W30	EBMS	1:03.96	___
6	Long, Cameron	M31	VERN	1:04.00	___
7	Craig, Rod	M64	CDSC	1:04.18	___
8	Geisheimer, Kelly	W41	HYAC	1:04.32	___
9	Godding, Curtis Tyler	M54	NSM	1:04.54	___
10	Southern, Dan	M46	UBCM	1:04.85	___

Heat 15 of 17 Finals

1	Kimberley, Tristan	M30	DRM	1:03.02	___
2	Heusel, Peter	M56	EBMS	1:02.76	___
3	Fraser, Alex	M31	UBCM	1:02.21	___
4	Mercer, Vance	M49	HYAC	1:01.79	___
5	Rafferty, Euan	M43	NSM	1:00.60	___
6	Brick, Alan	M44	BWM	1:01.76	___
7	Dendy, Richard	M64	DOGW	1:02.00	___
8	Minielly, Ken	M37	HYAC	1:02.61	___
9	Cropo, Steve	M52	WRW	1:03.00	___
10	Hartford, Doug	M61	VICM	1:03.75	___

Heat 16 of 17 Finals

1	Wood, Graham	M45	HYAC	1:00.01	___
2	Rogaar, Mark	M36	OKAN	1:00.00	___
3	Sanchez, Carlos	M49	WRW	59.20	___
4	Terrillon, Jason	M30	LGCY	59.00	___
5	Van Vliet, Ethan	M20	EBMS	58.71	___
6	Cosper, Scott	M55	VICM	59.00	___
7	Lipinski, Sean	M45	VERN	59.20	___
8	Scoffield, Trevor	M50	WRW	59.86	___
9	Janzen, Nathaniel	M34	UBCM	1:00.00	___
10	Garriock, Natalia	W28	EBMS	1:00.56	___

Heat 17 of 17 Finals

1	Slivinski, Nikita	M20	HYAC	58.00	___
2	McCarthy, Ronan	M27	DOGW	57.63	___
3	Kernot, Justin	M31	EBMS	56.72	___
4	Toro, Esteban	M30	NSM	55.25	___
5	Fry, Darian	M27	WRW	52.97	___
6	Tisdall, Justin	M43	NSM	54.94	___
7	Ramsay, George	M25	DOGW	55.32	___
8	Flint, Nicolas	M28	HYAC	57.00	___
9	Farrell, Andrew	M46	TEMP	57.90	___
10	Lock, John	M41	HYAC	58.45	___

Event 31 Mixed 400 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	WRW	X320 A	10:05.00
	1) Brussel, Betty W100		2) Brichon, Alida W83
	3) Nicholson, Ross M61		4) Dykstra, Aldert M84
3	ROYA	X120 A	6:05.00
	1) Yeung, Jamie W29		2) Moreno-Succi, Natalia W31
	3) Bhogal, Amman M42		4) Wong, Brian M32
4	VERN	X240 A	5:25.00
	1) Ouchi, Robynne W47		2) Butler, Megan W59
	3) Long, David M65		4) Stamhuis, Michael M71
5	EBMS	X120 A	4:42.10
	1) Stockstad, Danica W32		2) Benson, Andrew M35
	3) Douglas, Kirsten W26		4) Abelson, Jason M28
6	HYAC	X160 A	4:46.21
	1) Geisheimer, Kelly W41		2) Lock, John M41
	3) Uunila, Kathryn W39		4) Mercer, Vance M49
7	WRW	X200 A	5:42.00
	1) Stanley Wilson, Linda W66		2) Severns, Chris M63
	3) Cropo, Steve M52		4) Beer, Heike W56
8	VERN	X200 A	6:10.00
	1) Long, Cameron M31		2) Holmwood, John M70
	3) Tucker, Kylie W49		4) Dyck, Chantal W56

Event 32 Women 400 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	CST	W160 A	6:45.00
	1) Furlanetto, Francesca W45		2) Freedman, Robin W46
	3) O'Connell, Meghan W40		4) Wallace, Victoria W56
3	WIN	W160 A	5:55.00
	1) Kolstad, Nicole W37		2) Mason, Nichola W46
	3) Watson, Christa W35		4) Winstanley, Kandice W46
4	NEBB	W100 A	5:30.00
	1) Carrier, Maya W21		2) Pendergast, Anna W20
	3) Buggey, Melanie W32		4) Knox, Kylie W29
5	EBMS	W120 A	4:53.50
	1) Nielsen, Sadie W30		2) Dohm, Keegan W30
	3) Garriock, Natalia W28		4) Tonneman, Hannah W32
6	ROYA	W160 A	5:13.00
	1) Allan, Jennifer W45		2) Harper, Nicole W46
	3) Van Vliet, Morgan W42		4) Belanger-Finn, Melanie W33
7	NEBB	W160 A	5:45.00
	1) West, Alethea W22		2) Clapham, Karlene W55
	3) Pendergast, Christina W47		4) Robichaud, Rebecca W36
8	ROYA	W120 A	6:33.00
	1) Steele, Sarah W41		2) Kay, Jane-Ann W47
	3) Figueroa, Pilar Maria W28		4) Arora, Rosy W30

2024 MSABC Provincial Championship - 4/19/2024 to 4/21/2024

Meet Program

Event 33 Men 400 SC Meter Medley Relay

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	HYAC	M280 A	7:44.76
	1) Lingley, David M74	2) Schmelzel, Alan M70	
	3) O'Melinn, Lorcan M68	4) Fox, John M77	
3	CST	M160 A	5:58.00
	1) Chiu, Kelvin M42	2) Chang, Johann M38	
	3) Scott, Stewart M41	4) Torres, Arturo M42	
4	CDSC	M240 A	5:10.00
	1) Tapp, Jay M65	2) Johnson, Brian M62	
	3) Aamodt, Tor M51	4) Craig, Rod M64	
5	HYAC	M100 A	4:30.00
	1) Slivinski, Nikita M20	2) Iliscupidez, Bryan M34	
	3) Flint, Nicolas M28	4) Minielly, Ken M37	
6	VERN	M200 A	4:39.00
	1) Ouchi, Kurt M49	2) Goble, Bryan M53	
	3) Lipinski, Sean M45	4) Johaneson, Darin M55	
7	HYAC	M160 A	5:20.00
	1) Wood, Graham M45	2) DiTomaso, Steven M48	
	3) Frappell, Anders M54	4) Pinske, Christopher M51	
8	WIN	M200 A	6:16.00
	1) Boon, Dalton M30	2) Rasmussen, Steve M70	
	3) Dallin, Christopher M61	4) Topp, Martin M67	